



# Jeshua: The Personal Christ Vol. 7

## Chapter 18 -The Expanding Universe

### Study Guide

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Volume 7, Chapter 18

“Your physical universe is expanding, forever renewing and pushing out new frontiers. Your inner universe parallels the physical, forever expanding and renewing, pushing out into new frontiers, new ideas, new perceptions. Know that the outer mirrors the inner, and vice versa.” *Jeshua*

## Introduction

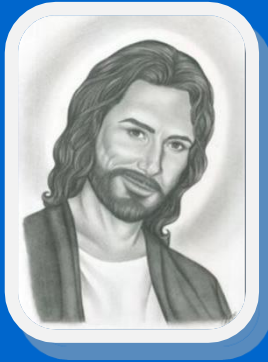
Jeshua gives us a sequel to the previous chapter on **the Basic Law of the Universe which is Expansion**. The first paragraph is a whirlwind description of creation, in which the **Oneness that we are** “called forth the universe.” This moment of creation, is known as the Big Bang or recently “the Big Breath”, and the universe has been growing and expanding ever since.

Another interesting piece of information is that “the relative distance between objects of density is expanding. And that which is in between the more dense objects is the *energy of divinity* expanding upon Itself”. Source energy is forever creating and growing. We, in our divinity, are forever creating. Jeshua assures us that “if you will be **forthright about what you want to see** and what you want to experience, it has to come to you; **it has to manifest**. Allow yourself to get excited about it. Live with that dream as if you already have it, because you do. Let your consciousness expand into the dream of Love.”

He gives us the formula for manifesting as: “abide with it, play with it, know it to be true and it happens.” The feeling of already having it, visualizing it and truly believing before seeing, is the key to creating from the nonphysical or spirit dimension into the physical dimension. He tells us that the “physical universe is expanding and the universe within you is expanding” as we are “open to new ideas and possibilities”.

### The power principles of “The Expanding Universe?”:

- **We existed, witnessed and participated in the creation of the universe.**
- **“The physical universe is expanding and the universe within you is expanding.”**
- **There is no void in the universe. What looks like space to us is energy.**
- **In our inner universe there is also expansion, a “space in between ideas, in between thoughts”.**
- **“Feel the peace and the trust that is in the expanding universe within yourself.”**
- **We manifest our experiences: getting an idea, playing with it, believing that it is possible, getting excited about it and seeing it happen.**
- **Abide in peace so that you can allow new ideas and the guidance from the divine Self to come through. Breathe in Peace and openness.**



### Affirmation for the Week:

**“I am Divine  
Energy, forever  
allowing,  
creating and  
expanding in  
Peace and  
Love.”**  
*Jeshua*

- **Be your own best friend and encourage yourself to dream big.**

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## Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination? Changes how you understand yourself and your life?
- Explore the idea that “the Universe is expanding, that the relative distance between objects of density is expanding. The energy of divinity is expanding upon Itself. **You are the expanding universe itself.**” Can you feel the truth of this, perhaps in your meditation time, or perhaps in your waking life? What does this mean to you in your daily life? How have you expanded in your inner world? Consider where you were a few years ago. How has your life expanded? Give an example. Discuss with your partner.
- Jeshua tells us plainly that “there is nothing, no-thing, no-one who is standing in the way of what you want to create; only yourself as you have said, “Well, this is what I want to create, but I’m going to hold it a little bit away from myself for a while, and then I’ll allow it to come closer and closer.” Have you had the experience of holding back on what you really want? What have been your thought barriers to manifesting your dreams? Are you willing to follow the steps to embrace them and make them happen? Take Jeshua’s encouragement to heart “There is no accident to anything that you have a desire for. It has come to you for a reason. Abide with it. See it developing and forming, even if it seems to be quite impossible. You do not have to wait longer. That which you want to manifest is truly right in front of you.” Share your thoughts with a trusted friend.

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## Assignments

- Jeshua gives us a clear path to align ourselves with the energy or vibration of creation. “Look into the future and dream how you would like it to be; how expansive your beliefs about yourself and others and what the world can and will be. Let your consciousness expand into the dream of Love.” Other steps involved are: playing with these ideas, feeling them, believing them, getting excited about them. And most importantly “Live with that dream as if you already have it.” Move from “possibility to probability”. Have you done this practice in your life? What kind of results have you had? Try it again, believing that you are One with the ever expanding creative energy of Love and see what you manifest. “Get started with whatever needs to be at the beginning, and you will be surprised at how the other parts come together.” Keep a journal to track your progress, just for the fun of it.

- How do you feel about the Jeshua’s idea that our inner universe is expanding? “In that space is peace. Abide often with the expansion within yourself and feel the space in between ideas, in between thoughts. Feel the peace and the trust that is in the expanding universe within yourself.” This sounds like an invitation to meditation in which you quiet your mind and listen to the Divine Self in a space of Peace. If you do not have a regular meditation practice, now is a good time to begin. Use one of the previously recorded meditations for this volume and allow yourself to step into the expanded Self of you. Peace be with you.
  
- In the first paragraph of this chapter Jeshua refers to another planet that exploded. Though he doesn’t name it here, he has told us before about the planet Maldek, on which some of us first lived. It was blown up by “great energy experimentation” and the remnants now form the asteroid belt. It might be something that you want to intuit and see if you resonate with this experience in the far distant past. Write down your insights. Here is a transcript from a session when Jeshua spoke more about the planet Maldek: <https://oakbridgeuniversity.org//cms-data/depot/Teachings2001/2001-07-17-Jeshua-Speaks-of-Maldek.pdf>
  
- **Affirmations for the Week:**
  - I AM Divine Energy.
  - I Am Creating.
  - I Am allowing.
  - I choose to abide in Peace and Love.

## NOTES: