



# Jeshua: The Personal Christ Vol. 7

## Chapter 10 - Moving into Light Consciousness

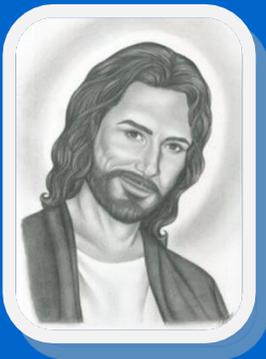
### Study Guide

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Volume 7, Chapter 10

“As you are moving into Light consciousness, you will be moving into more awareness of the divine Intelligence of you, the expandedness of you. Our holy Mother, the Earth, is also making this shift into more Light consciousness.”

*Jeshua*



## Introduction

What an important reminder this chapter is of our deliberate choice to be in the world at this time of monumental shifts and changes, for the “acceleration of the evolution of Light awareness within and around the Earth. You have volunteered to be the presence of peace, to be the presence of Light consciousness.” This is not the first time that he has told us our mission for this incarnation, but this time it is more urgent as he said “I am impressing that upon you. Breathe Peace.”

We are in this together with our Holy Mother, the Earth. And the light that he refers to is not just physical light but “Light as Intelligence”. I remember in 1979 when the book The Gaia Hypothesis by James Lovelock was first published. The idea of the earth as a living intelligent system was very radical, yet, completely resounded in me as true. It is still controversial, because, if it was accepted, then those with motives to only exploit Mother Earth, would have to reconsider what they are doing to a living being.

Jeshua addresses that as well “You are seeing now much resistance to change, to new thinking. Ego which believes itself to be separate from its Source does not trust change.” He is definitely preparing us for the both earth changes and the “uprisings to the place of boiling point” that come from denying our Oneness with all our brothers and sisters and the Earth.

Throughout he is imploring us to remember to be a “battery of peace”. To stand in the knowing of the Light of Consciousness and to do so lightly.

### The power principles of “Moving into Light Consciousness”:

- **We have volunteered to be here during the times of changes on many levels and fronts.**
- **The earth is “also a consciousness and is also evolving, allowing more and more of the Light to be acknowledged, radiated into outer space.”**
- **“There is a new contemplation of expandability, fluidity, and Light as Intelligence.”**
- **Breathe Peace into all the situations and experiences that are coming your way.**
- **“Remember that you are so loved that you are the presence of love.”**

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## Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- Does it seem to you that in this chapter Jeshua has a lot more serious tone about our purpose in life than in the previous chapter, where he said that the true meaning of Life is “the simple joy of being”? Do you think that there is a contradiction? If not, how do you interpret his warning of “there are going to be uprisings, for there has been a growing frustration.” This certainly seems to be written for our times of a new civil rights movement and revolutions across the planet. Discuss the implications.
- Is there a part of you that is uncomfortable or actively resists changes or new thinking? Old familiar patterns of thinking are sometimes difficult for all of us. What can you do to become more expansive and welcoming of new creations and situations? Can you recognize how you are supportive of changes in the world as well? Take one of the crises that Jeshua mentions and discuss in terms of how it is serving the greater awakening and your role in this process. Can you do anything differently?

### Affirmation for the Week:

**“I Am a battery of Peace, a Presence of Peace.”**

*Jeshua*

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## Assignments

- Jeshua tells us that in order to take things lightly, we need to “use a bit of discipline”, which seems counterintuitive. Yet, he is referring to the Law of Attraction as he says that “it gets easier to see the Light in every occurrence” with practice and the same is true for attracting misery if that is what we focus on. So take his suggestion to heart and become aware of where your thoughts are taking you – lightness or struggle. Make an effort for a month to do affirmations for the truth of Peace, Love and Joy in your life. Use the affirmations suggested below if you get stuck in negative thinking. Watch the results of the feedback loop of positive thought manifestations – Breathe Peace!
- The ground breaking book [The Gaia Hypothesis](#) is an interesting (more scientific) read. You might be interested to watch a short video about the author James Lovelock: <https://www.youtube.com/watch?v=44yiTg7cOVI> or a little quirky video explaining the hypothesis and still questioning it: <https://www.youtube.com/watch?v=dQIqo6CIhGM>
- Also an interesting video about Consciousness is now on YouTube: “Connecting with Universal Consciousness.”

- Jeshua says that “there is not much thought that there could be Light within and around our holy Mother the Earth, but there is because She is Light coalesced into form, the same as your body.” He has mentioned this before in greater detail. Here is an article about the possibility of Inner Earth people: <http://www.joanocean.com/innerpeeps.html> Look it up and see what you think.
  
- **Affirmations for the Week:**
  - I Breathe Peace.
  - I Am a battery of Peace, a Presence of Peace.
  - I am greatly loved, because I am the Presence of Love itself.
  - I AM the flow of Divine Intelligence.
  - I live in the Light and I take myself Lightly.

## NOTES: