



# Jeshua: The Personal Christ Vol. 6

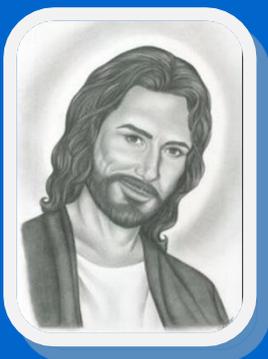
## Chapter 3 Energy

### Study Guide

October 23, 2019

Volume 6, Chapter 3

“Everything is energy, everything is changeable and is changing. Nothing is ever set, except Love. Allow yourself to live in joy. Allow yourself to wake up in the morning laughing.” Jeshua



## Introduction

This is truly a mind-expanding chapter, especially if you have not encountered these powerful messages about the nature of our reality before. Jeshua informs us that “everything is happening at the same time, which is a non-time.” Also, that once we realize that we are not bound by time “time will no longer exist”. These are concepts to really boggle the mind.

He is helping us push out the boundaries of our thinking by showing us that we are energy and have fashioned bodies of energy. “There is nothing solid about the body, nothing that cannot be changed”. That gives us great freedom to create not just our bodies, but all our thoughts, which then create our reality. We have the choice in how we see our creations, whom we attract into our lives (soul group), relationships and conditions. “You are the maker of you and if you do not like what you are experiencing, change the script.” All this is possible because we are energy and have great power.

***“Nothing is ever set, except Love.”***

**The power principles in this chapter are:**

- **Start with a willingness** to see things differently.
- **Release the old paradigm** and limitations.
- **Visualize yourself as a ball of energy** that is forever changing.
- **Act - Fashion the form** that you truly want.
- **Trust and Count your blessings**, especially for the gift of Life and the Divine Energy which creates everything.
- **Live in Joy and Laughter for all the miracles in your Life.**

### Affirmation for the Week:

*“This day is going to be full of blessings and laughter!”*

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## Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- Jeshua challenges us to “Look at the positive side of everything. If you do not see the positive side of something right away, flip it. Look at it from all angles. If it is not apparent right away, search until you find the blessing in it; it will not be hidden from you”. Is there a situation in your life that you are having a hard time seeing as positive? Give an example. What would it be like if you “flipped it”? How can you make this situation positive?
- When you read the Power Principles of: **Willingness, Release, Visualize, Act, Know, Trust, Count your blessings, and Live in Joy**, which ones present a challenge to moving forward in your appreciation of your strength and Divine power? Give examples. Then Flip the challenge to become a strength! What does that look like?

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## Assignments

1. Start a daily practice of keeping a Gratitude Journal (or continue doing the one you have). Make notes in the following categories: What is the best thing that happened or that I observed today, for which I am grateful? What troubling attitude or situation did I “flip” today? I am grateful for these Blessings. List at least three each day.
2. I love it when Jeshua gives such clear assignments: “Wake yourself up tomorrow morning laughing at a dream that you may or may not remember, but wake up laughing. And say to yourself “This day is going to be full of laughter. It’s going to be full of blessings. It is going to mirror back to me the affirmation of my self-worth as to how worthy I am to be the divine holy innocent Child living the human experience.”

