



Jeshua: The Personal Christ Vol. 6

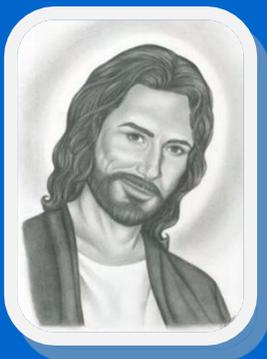
Chapter 19 Fifth Dimensional Perspective

Study Guide

March 4, 2020

Volume 6, Chapter 19

“All of you have volunteered to be here to help with bringing in the consciousness of 5th dimension. When you live in that consciousness of peace and innocence, it leads to a most wonderful gift known as joy: Joy that the world does not know.” *Jeshua*



Introduction

Many think of the fifth dimension as an ideal existence. Jeshua adds new aspects to this consciousness, that of “innocence” and knowing that “always you are taken care of.” Peace is its defining essence that leads us to Joy. “There is nothing and no one who can challenge you or make you have an experience that you cannot call good.” Wow! What a beautiful refuge from the troubles that we experience in this third dimension. And it is available to us beginning with “taking the deep breath”.

Jeshua also gives us another perspective on the concept of “disaster”. He had spoken before about humanity blaming gods in the stars/heavens for calamities. But he reminds us about the fact that we are star beings (star seeds) and so also responsible of the manifestations of disasters. It’s a way to remind us of our power as co-creators.

“Allow yourself to practice living in fifth dimensional perspective, the place of the heart that trusts, that knows peace even in the midst of chaos, that knows that truly everything does work together for good.”

The power principles of “Fifth Dimensional Perspective” are:

- **Abide in the 5th Dimensional Consciousness as often as possible. Live from the heart.**
- **Give up worry and struggle. Breathe Peace.**
- **Trust that truly you are always taken care of and guided.**
- **Be in the place of the Beholder “standing back from whatever is going on and watch the interplay of the circumstance, all of the options and the people involved.”**
- **Live in the Now. Live in simplicity.**
- **If the world is too much with you, take yourself out into Nature and tap into the process of Life.**
- **Live in the energy of Joy, laughter, light-heartedness!**

Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- Worrying about something is not actually “doing” anything about it, as we have been taught. It is not a job description. So why are we so much in the habit of worrying? What has been your experience with it? What is your antidote or “self-talk” that gets you out of it when it is happening?
- Jeshua tells us that “You are going to morph; you are going to change. The world is going to change. The world is in a place now where it has come up against the brick wall where choices have to be made, and some of those changes are going to be seen, at first, to be threatening. Trust. Breathe peace. Know that truly you are always guided.” How does it make you feel to know the inevitability of change in your life and also the support that is always there for you? Have you been through significant changes in your life that at first looked threatening and have turned out for your higher good? If so, give an example.

Affirmation for the Week:

“I Trust. I Breathe. I know that I am always guided and always taken care of.”

Jeshua

Assignments

- Jeshua tells us to stop worrying and release struggle. What affirmations can you create out of the advice he gives us in this chapter, which can help you break this habit (if it is a problem for you)? One affirmation might be “Everything truly does work together for good, for the realization of harmony and Oneness.” Write down at least three more affirmations that are meaningful to you.
- Jeshua gives us an assignment: Whenever you see what is called the disaster, whenever you see the world seemingly going through trials and tribulations, call it all as good and say, “Yes, I agreed to that.” You may be wide-eyed about it and say, “Wow, I agreed to that? Yes, you agreed to that because you know the light at the end of the

tunnel.” Journal about it this practice. It’s enlightening.

- When the world is too much with you – take yourself, if it is possible, physically out into nature and be One with the process of Life itself, with the trees, the bushes, the grass, the flowers and see how they do not worry. They only know life process.” If you cannot go out into nature, use a live plant or flower that you can focus on. Beautiful photos of nature are also a way to catch the spirit of peace. Practice stepping into the 5th dimension by way of nature.
- Jeshua tells us that “Before any incarnation, you put together a plan that is going to bring about the best for you and for the brothers and sisters with whom you are going to be interacting. You set up appointments with other ones that you will meet with them at a certain time in the lifetime and that you will work together with them on certain projects.” Take a look at who is in your life (or perhaps needs to be). Meditate and ask for a remembrance of what projects you had agreed to work with them on. Is it time to talk about the projects and begin the work? Be honest with yourself and then begin the project.
- Enjoy this video regarding examination of Divine consciousness (zero point quantum field) from Gaia:
<https://www.gaia.com/video/connecting-universal-consciousness?fullplayer=feature>

Or if the above does not work, try this time sensitive link:

- [https://www.gaia.com/share/ck710d6ld001l0inx3r5vhyppy?language\[\]=en](https://www.gaia.com/share/ck710d6ld001l0inx3r5vhyppy?language[]=en)
Consider the implications and how is the information that is presented by Jeshua.
- Transcending through the 5th Dimension video:
<https://www.gaia.com/video/transcending-through-5th-dimension?fullplayer=feature>
- Metanoia: A New Vision of Nature:
<https://www.gaia.com/video/metanoia-new-vision-nature?fullplayer=feature>

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- **Affirmation: ““I Trust. I Breathe. I know that I am always guided and always taken care of.”**

Notes:

