



Jeshua: The Personal Christ Vol. 6

Chapter 18 Positive Ions

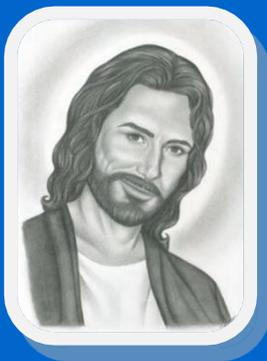
Study Guide

February 19, 2020

Volume 6, Chapter 18

“All is energy, and as you will accentuate the positive ions, it allows an ascension of consciousness – yours first and also the collective consciousness as it is touched by the energy.”

Jeshua



Introduction

This chapter brings us back to the practicality of transforming our day-to-day human life, while living our greater purpose. It is to remember our divinity, and expand our individual selves and our souls.

“You have come as a great ray of Light. You have come to share your Light. I speak unto you that you are the ascended master; otherwise that concept would not be within your realm of knowing.”

Jeshua is quite direct in telling us to not judge others, because “that which you see them doing now, you recognize, because you have done it yourself in another lifetime.” So we say instead “Bless you on your journey.” We do this not only to spread the light, but to also understand that “there is a brother or sister who does not yet know their divinity.” That shift in our understanding allows them their experience, while providing peace to ourselves.

“Accentuate the Positive” that is our ultimate joy because “ultimately it will uplift all of humanity”.

The power principles of “Positive Ions” are:

- **Remember your purpose is to “share your light”.**
- **Breathe through the dark night of the soul when it comes up for healing.**
- **Release all judgement of others and show compassion instead to those who have forgotten their divinity.**
- **“Accentuate the positive ions, it allows an ascension of consciousness, your consciousness first”.**
- **“Allow other to know that there is another way to look at everything.”**
- **Give the smile and spread positive ions, eliminate the negative and let your laughter be contagious.**

Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- There is so much injustice happening in the world that it feels almost impossible not to judge it. How do we square this recommendation that we not judge and still take action to make things better as Jeshua recommended in a previous chapter on multiculturalism?
- Jeshua tells us that “over the past few decades the positive energy has been growing to a place where you have many ones who bring forth the message of ascension, ascending for a moment or so out of the worldly cares, sometimes ascending for an hour, even for a day, a week, or perhaps longer.” Has this been your experience? Are you aware of your own moments of ascension? If so, give an example.

Affirmation for the Week:

“I am a divine. I Am from the one creative Source; otherwise I would not be.”

Jeshua

Assignments

- Jeshua gives us a wonderful assignment of sharing with him what is going on in our lives. He says to talk to him, sing to him and even to tell him a joke and then to listen to his response. Do so consciously at least once a day. Try this dialogue with Jeshua. It takes practice to do the listening back, and trust the answer. It may not always take the form you expect. But be patient with yourself as you allow the master self of you to communicate with him. Journal about it the answers and results that you get. It’s enlightening.
- Jeshua mentions orbs in this chapter. Some as positive ions and others as loved ones or masters that are here to remind us of our light. Orbs have been showing up in photographs in the past few decades as digital cameras have become available. Check your own photos and see how many have balls of light in them, especially around people or water. These orbs have nothing to do with camera lens distortions. Here are links to videos about orbs that you might be interested in.

- Orb Video: Lifting of the Veil
<https://www.gaia.com/video/orbs-veil-lifting?fullplayer=feature>
- Angels of Atlantis with Stewart Pearce:
<https://www.gaia.com/video/angels-atlantis-stewart-pearce?fullplayer=feature>
- Jeshua gently convinces us “put forth the positive ions everywhere you go. Give a smile; it cost nothing and it feels good. It spreads. It is contagious.” Consciously do this for a month and then it will become natural to you. Let your light shine.
- **Affirmation: “I am that which I Am. I Am truly indestructible.”**



My daughter, her then boyfriend and the orbs all around them in the forest of the Olympic National Park, by Merymere Falls.
It was not raining or snowing.

