



# Jeshua: The Personal Christ Vol. 6

## Chapter 12 The New Decade

### Study Guide

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Volume 6, Chapter 12

“You are all ascended masters who have agreed one more time that you will descent into this reality that is not your home, to bring your energy and your Light and your laughter into this reality that believes itself so seriously to have to judge, to have to struggle.”

*Joseph/St. Germain*



## Introduction

How appropriate that we are also at the beginning of a new decade “the 2020s” and this chapter is the one we are studying. Joseph begins this chapter and moves into the “vantage point” of his incarnation as St. Germain, who is involved in the evolution and awakening of our consciousness. He brings us this reassuring message from the Council of One. The information is timeless and applies to changes happening every year and indeed every new day that we have before us, when we are aware that we have the power to create.

He brings up several key principles and much optimism from his wise perspective. He reminds us that within the drama of duality we are constantly experiencing “a balancing ...to a place where the enlightenment and the darkness have interchanged with each other at various times. But you are going to know how to keep your balance, to keep your feeling of joy in the face of others who are finishing or completing their dramas.” As we are One, we have the capacity to affect changes, which we all desire to experience at some level.

“Awareness of Energy is going to be the most pivotal point of the next decade.” He explains that as our intuition and sensitivity to energy evolves, we will be interacting with beings from other lifetimes and dimensions and experiencing our Oneness with Intelligence. He confirms that humans are influencing Climate Change, but that “Nothing is ever lost. The forms may change. The Species may change, and things may look different. Flow with it. Welcome it. Look for new species of flowers, trees, plants, animals, even humankind. It is all creative Principle.”

**The power principles of The New Decade are:**

- **Accept the fact that humankind has asked for evolutionary changes. “There is always change which is happening.”** Part of that process is climate change and global warming. Keep your balance.

- **Develop your intuition and sensitivity to your nature as an ascended master**, who experiences the world in nontraditional ways, happily alive in joy and love, because you know that you are not the body or the personality.
- **Be consciously aware that we are all the extension of the one creative Principle, and we will keep on creating.**
- **“Build up your self-esteem and feel the expansion of your energy, be at peace with yourself and with others.”**
- **Believe that our energy “reaches the farthest galaxies, because there is no separation in Mind.”**

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## Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- What is your reaction to the Council of One’s perspective of climate change and global warming as part of evolutionary changes that we have asked for? “The global warming comes because you are stepping up your **vibratory rate** as the collective. There is no judgment in it. It is an experience.”
- St. Germain tells us to expect evolutionary changes “even humankind”. What kind of changes would you like to see in the evolution of humankind? These can be physical, emotional, spiritual – let yourself image.

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## Assignments

- Do you experience yourself differently from a decade ago? Is the way you see the world any different? Are you more balanced? Do you still get caught up in other people’s dramas? Are you happier? Are you more intuitive and sensitive to energies? Let yourself journal about this topic. Remember – No Judgment.
- St. Germaine gives us an example of interacting with energy patterns “There has been an intensity of energy patterns swirling around this planet. Those patterns come from the collective consciousness. Where

### Affirmation for the Week:

**“I am truly alive as the moving, loving, living Energy of the Presence of God.”**  
*St. Germain*

else could they come from if all is One? They also come from your directive; in other words, you can direct a storm away from where you are if you know that you can do this, and you can.” Have you ever done this kind of storm redirection? If so, write about it and share in class. If you have the opportunity to do so, practice the power principles of manifestation and visualize moving a storm out of sea, or up into the upper atmosphere. “You can direct it, because it is connected to your energy. All is one.” In the beginning, it is helpful to do this with another person or a group in order to multiply the strength of the intention.

- You can practice recognizing energy patterns, if you are in a public place, since each person has their own signature energy. Can you tell what emotional energies others express, even when no words are exchanged? Even if you don’t know the specifics, can you recognize the energetic clues that others exhibit? Make notes on what you observe. You can also practice by watching television actors with the sound turned off. (Though sometimes this does not work if the actors are not that skilled.) Write down what you think is going on, emotions, energies etc., then rewind the show and then listen to the dialog to see how accurate you are. Notice what kind of clues you zeroed in on. What else could you watch for? What does your intuition pick up? This is one way to build empathy and understanding of others whether they articulate their feelings or not.
- Another way of picking up energy sensitivity is to listen intently to what another person is saying without giving advice or commentary. Just focus on the emotions and energies of the speaker and develop your listening skills. Only give feedback when asked, by paraphrasing what the speaker just said to you. You will be pleasantly surprised by how people can solve their own problems in the presence of a listener who can be a mirror to them and hold the space for their energies to be acknowledged. Reading energies is a great skill for successful relationships.
- **Affirmation:** I am truly alive as the moving, loving, living Energy of the Presence of God.