



# Jeshua: The Personal Christ Vol. 5

## Chapter 6 - Rx for Changing Times

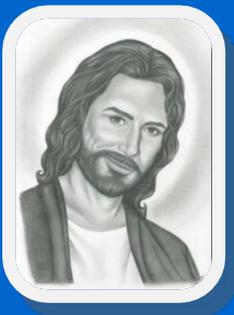
### Study Guide

November 14, 2018

Volume 5, Chapter 6

“Breathe. Allow yourself to be in the place of nonattachment, just for a moment. The place of nonjudgment is your divine nature, and in Truth, you know it well.”

Jeshua



## Introduction

One of the experiences that we all have in common is living in times of great change. Jeshua acknowledges these stressful times and shares with us ways in which we can survive and even thrive in them.

He tells us that ***“Many of you are sensitives. You are ones who have come in this time for a specific purpose. You volunteered to be here to transmute the collective energy; to feel it and then to release it to the Light.”***

Jeshua reveals information about a grid of Light around the Earth, which continues into the next chapter as well.

But he places the most emphasis on the practice of being the Beholder and taking ourselves into a higher dimension, to behold the holy vision, the bigger picture and to practice nonjudgment and nonattachment. That alters everything and attracts miracles to us.

## Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- Jeshua reveals that we are points of light, in a Grid of Light, which surrounds not only around our planet, but that ***“It connects with a grid of Intelligence and Light around the other planets of this solar system, and it extends out into what you call outer space to connect with grids of Intelligence of other star systems.”*** What does the Intelligence of other star systems imply to you? Space

brothers and sisters, who are also points of light? Does it feel more empowering to know that we are part of collective consciousness that extends to other planets? If not, why not?

**Affirmation for the Week:**

“I celebrate all the changes in my life. They are part of the Divine Plan.”

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## Assignments

1. Perform the Ritual of the Beholder.
  - Take a deep breath.
  - Remove yourself, in imagination to a place of beholding, just for a moment.
  - Stand back with no attachment, no vested interest.
  - Watch, as the Father does, that which is unfolding.
  - Listen to the guidance to take action, or not.
  - Remember your purpose/mission of this lifetime.
  - Feel the heaviness lifting from you and give it to the grid of Light.
  - Experience your Divine Nature. Know that there is a divine order and divine plan working in everything.
2. What is the benefit in your life of **“taking yourself apart from the multitudes.”** as Jeshua sometimes did? Take time for to nurture your spiritual and physical health. Connect with the Grid of Light. Journal about this practice and your experiences in nonattachment and beholding.
3. Use this affirmation daily: “I celebrate all the changes in my life. They are part of the Divine Plan.” Enjoy!

## NOTES