



# Jeshua: The Personal Christ Vol. 5

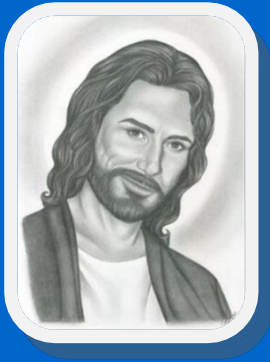
## Chapter 3 - Stages of Empowerment 1

### Study Guide

October 24, 2018

Volume 5, Chapter 3

“You are but one people, one Christ; in many bodies, yes, with many cultural heritages behind you, many lifetimes of experience behind you, but you are one people.” Jeshua



#### Affirmation for the Week:

“I know that life is ongoing and creative. I am an extension of the creative One. I have the power to create.”

## Introduction

The next three chapters revolve around the idea of empowerment. Jeshua lays out for us a brief history of how we came from knowing our Oneness with the creative God Mind to participating in creating bodies, to feeling powerless in our limited thinking and restricted lives. It is fascinating that such a huge reversal in consciousness happened when creativity was released and pride of creation was born and distorted. I suspect that we agreed to experience powerlessness, explored it thoroughly and we are now done with it. Jeshua is urging us to awaken to the retrieval of our power after many lifetimes of **“general malaise, guilt and hopelessness”**.

The nagging thought that **“there must be something more”** is an alarm clock set for our return **“My seeking is truly coming from my holy Self, which is leading me back Home.”**

It is also interesting that Jeshua comments on the deception of corrupt authorities and religious institutions to keep us insecure, dependent and even willing to kill others “for the people’s good.” He is disdainful of the control over all aspects of our lives from **“what you could eat, where you could go, what you could think”** as well as of the borders and boundaries used to separate people. His words are so appropriate to what we are experiencing at the present time regarding our fears of anyone who is not from this geo-political grouping (as he says).

## Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- How could we have gone from being One with God Mind to questioning where we would live if the body temple was destroyed? Speculate.
- Why did we become so insecure and think that we would cease to BE? Did we lose the memory of ongoing and immortal consciousness? What do you remember about it?
- How do you think this fear of ceasing to Be after death, affects the mental health of our society or the quality of life?

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## Assignments

1. Have you ever felt powerless in your life? Do you still? If so in what areas of your life? Think about what beliefs caused you to feel that way. Discuss with a trusted friend or loved one. Take notes. Then turn the powerless thoughts into positive affirmations.
2. Jeshua asks us “**Who has power over you?**” Make a list of who you think has power over you, then ask yourself if that is really true. How can you reclaim your power?
3. Jeshua gives an interesting example of a dialogue that we could have with someone from another culture – Juan, the coffee farmer. (page 24) In this week, make an effort to have a conversation with someone that you would not usually speak with. See what you can find out about his or her perspective on their life. What did you learn about them and yourself? What do you have in common?
4. Use this affirmation daily: “I know that life is ongoing and creative. I am an extension of the creative One. I have the power to create.” Enjoy!

### NOTES