



Jeshua: The Personal Christ Vol. 5

Chapter 10 - The Council of One

Study Guide

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Volume 5, Chapter 10

“It is necessary for your world to come alive in a higher vibration. What you must do is counteract it with your own uplifted vibration.”

Joseph/St
Germain



Introduction

This is a very interesting chapter with a channeled message from Joseph in his St. Germain personality. I remember the tone and energy of this session as being quite intense. He wanted our attention to be focused on action, yet did not want to frighten us, especially with the warning that “this planet is undergoing much of transformation. It is at the threshold of either stepping into more Light or holding back. It is a time of decision.”

The concept of the Council of One is a paradoxical one to understand, as he talks about the ascended masters whose purpose is to “watch over the consciousness of this planet” and at the same time he includes each of us in this equation. The higher self of each of us is also part of this council. Oneness!

In our Oneness we are urged to awaken and work together “to support, sustain, and encourage each other, to hold each other in prayer, in meditation, and to reach out in compassion to meet human needs”. This is our soul purpose and mission said very clearly “It is necessary for your world to come alive in a higher vibration. Allow yourself to know that you are part of the Council of One and realize that what you envision will become manifest.”

Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- St Germain is telling us that we must counteract the heaviness of the world with our own uplifted vibration. How

Affirmation for the Week:

“As the spark of Divine Light that I am, I behold the miracles all around me. I am awake to my soul purpose.”

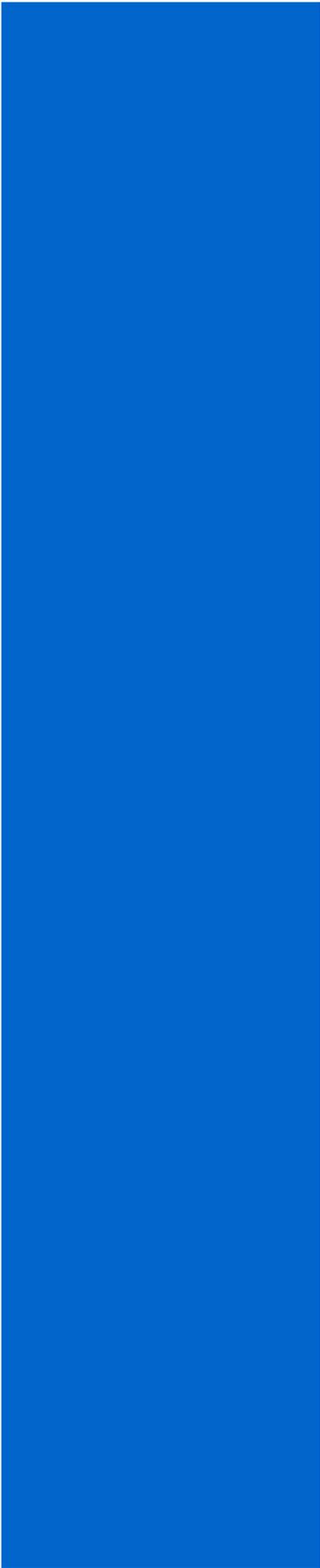
Joseph/St.Germain

do you think that we can do that?

- St Germain has a good sense of humor when he says that “there is the light of the dawn and you are the ones who are heralding the dawn, but you have to be awake to do it.” Let’s talk about the ways that we can be more awake and also awaken our brothers and sisters to the choices and manifesting that needs to be done, now.

Assignments

1. Joseph as St Germain urges us to take an active part in creating our future by our choices and gives us an assignment to clearly envision what we truly want to see and write it down. Here are the questions he asks us: What do you want to see in the next six months, in the next year? For your children and grandchildren? Do you want to see ones laying down their weapons? An end to war, jealousy, judgements? What question moves your heart?
2. St Germain is an ascended master who is still working in the physical world dimension (just as Jeshua is) and there are several intentional communities that take the teachings of ascension seriously and practice the I AM Presence. One is around Mt. Shasta in California and there’s another in Seattle. Here is an introductory video from the St. Germain Foundation: https://www.saintgermainfoundation.org/SGF_07a_Videos.html There is much to explore in this website and also their alignment with Jeshua’s teachings. They are strong in their belief in angels. And they have the writings of their founder, who experienced the presence of St. Germain. Interesting to explore. I find a lot of similarities with the Children of the Sun Foundation information.
3. Use this affirmation daily: “I choose to look upon everything with new eyes and see the good in everything.” Enjoy!



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