

## MOTHER MARY: LOVING YOUR CHILDREN

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Gentle ones, blessed ones, children of the Most High. I am the one known as Mary, mother of Christ, and I am, and you are also mother of Christ, the Christ of you. You are birthing that Christ in your awareness.

Always and before time you have been the Christ, the Light, the gentle Light, forever on-going. But you are birthing it in your consciousness, coming to a place where you truly feel loved. It is what you have searched for many, many lifetimes. It is what you have prayed for. You have prayed to me on bended knee many, many lifetimes; not that it necessary, but it was your teaching that you would go on the bended knee until finally you had the callouses from being on the knees all the time. It was not that I asked it of you, but it was your teaching that said that was to pay homage to me, to say that I was greater than you. In truth, I am not greater than you. Or let me put it this way: you are as great as I am.

So that which you have held in your mind as a picture of the Christ being, that is you when you fully awaken to the being and the energy of love. I come to you in this time in love to bring you blessing. You have been searching. You have been asking. You have been praying. You have wanted to know, "What reason is there for being, for living? What should I be doing? Where should I be? What should I have as credentials that will tell the world this is who I am?"

Indeed, the credentials that you need, that you will use most profitably, are the credentials of being love, the emissary of love, coming forth to love the friends, all of the ones who perhaps feel that they are not worthy of love. You come and befriend them. You are as friend to them, and consciously or unconsciously they feel that if someone such as you is paying attention to them, there must be value, maybe just a small bit of value, and they begin to see themselves differently. They begin to have hope.

Many of your friends wrestle silently with judgment that they have had, perceived from other ones. The judgment may have been there, or not, but they have perceived that they were being judged and found wanting, that they were not good enough. Many of you have come through feelings of not being good enough, because you have heard from parents or from friends or from religious leaders that you were lower than the dust of the Earth.

That was never my message. I have gathered you to my heart lifetime after lifetime because I have remembered you from when you were this tall and played in the neighborhood with my son, the one you know as Yesu.

Many ones now incarnate want to be acknowledged as love. Your sole purpose is to be that which you are. It is to be love, to look into the eyes of another one and truly see Who and What they are, and then to reflect that back to them with a smile, with friendship.

The greatest gift you can give to another one is friendship. It is to acknowledge that you want to be friends with them, that they have value, and that you are paying attention to them. That is the most important thing that you can do in a lifetime, is to acknowledge the true being of each one who comes into your presence. You do not have to put it in words, because oftentimes ones will hold the words at a distance from themselves and they will not acknowledge. So you just smile at them. You befriend them, and they begin to feel their value, their reason for being. And they feel good when they are with you.

You do not have to set out with certain ritual or even certain words, but you uplift them by the friendship. And a miracle happens for you, because you begin to feel the love that you are feeling for them; you begin to feel that for yourself, and there is a change that happens. You become softer in your judgment of self. You become selfless to the point where you understand that each one walking, each one trying to find their way is of the Light.

Even the ones who choose to act out in a way that is unloving are of the Light, and they have sometimes volunteered to play a certain part so that you can see what is loving and what is not loving, so there can be a change in the shared consciousness.

That is happening in this day and time, where you have a certain well-defined energy that does not feel loving. You have other ones coming together who want to help. They are not worried about status. They are not worried about monetary gain. They want to be equal. They want to help, and there does not need to be the exchange of golden coins, the money of it. That helps to sometimes make things go a bit faster and easier.

It was the same in my day and time. But in truth, you look to the heart of each one that you interact with and you call in their angels to help them, because each and every one walking the face of our holy Mother, the Earth, have angels on their shoulders, whether they know it or not. It is the extension of the Light that they are and that all truly is.

Holy Mother Earth is surrounded through and through with Light. This is coming to be known by your scientists who can measure frequency, and they are well on their way to understanding that everything created is of the Light; otherwise it could not be created. So that is why I have asked my friend, the one you know as Judith, to title this evening, "Loving Your Children", because all of your creations are your children.

As you will understand that, there will be a change in the consciousness that will truly own the creations and know that you are creating, and you are loving that which you create. Allow yourself to move into that space of loving your children, your creations, even the ones that you say, "Oh, I can't understand that behavior. I can't understand those choices, etc."

It is the same as any family. You have ones who are easier to understand and you have the other ones who really push the buttons—I have learned that expression—and push you to a place of having to choose anew, to choose to love them, to say there must be a gift in this somewhere. There must be a gift, and the gift is that you love them. You come to that place of saying, "This is here to show me something, and I thank it for being here. Now let me see why and what."

In time the precious gift of creation that you make for yourself—time—will become evident to you. It will come and show itself, the gifting in it. Then you can be as this one loves to be, in joy. That is what life is all about, to be in joy, to enjoy it. You are creating it. Why not enjoy it?

Even when there seems to be a difficulty, allow yourself to say, "Well, look how creative I am. Look at what I am creating, even if I think it's not the greatest, in truth it is," because you are creating it. And if you can create it, you have the gift of understanding it. In other words, you are not thrust into something that you don't understand, that you can't understand. You may be. At first you don't, but you can.

Miracles happen even in this day. Ones have said that the age of miracles is long gone and past, and it is not, as you have had evidence of this just in this evening, of one who a year ago was thought to be finished in this lifetime and is still with you activating the body and improving the body. Ones would say this is a miracle, and in some ways it is.

Life itself is a miracle. Life itself that you are creating is a miracle, and the love that you find in it, that is a gift of a miracle, because you find acceptance, you find love, and the heart opens. The smile comes on the face and the eyes twinkle a bit, because Light feels good, does it not? Absolutely. Light does tickle.

The age of miracles is alive and well. The age of miracles in every day is with you, because you are creating the awakening. You are creating that which you have said you want to experience. Sometimes you will create and you will experience, and you will say, "Huh, well, that wasn't really what I thought I was creating."

But as you sit with it, you can see that it may be a small bit, but there has been something good that has come out of it and that will continue to come out of it. So never write off something as having been a failure. In truth, there are no failures.

There were ones in my lifetime who said that my son was a failure. Why did he allow himself to be crucified? They knew him to have power. He raised the dead and made them alive again. He gave forth healing. If he did that for other ones, why did he not do it for himself, as they looked upon him or heard news that he had been crucified. They said that if one such as he could not save himself, what hope was there for the rest of ones.

Well, as you know the story, he did not stay upon the cross. He did not stay in the tomb. He knew the power of life, as you do. You know every morning you do a miracle. Every morning you open the eyes and there you are. You are right back in the same room, the same bed probably—well, not always; sometimes it's a different bed—and you activate the body once again; maybe not in the same way that he did it, but quite similarly, yes. Because you are activating the body even as you sit here. Even as you are listening to these words, you are doing a miracle, activating the body.

When I saw my son, my first-born, on the cross...we had talked about the possibility that he would lay down the body at some time and that he would resurrect it. We had discussed this in the family, and we knew it to be possible. The masters he had studied with in what you call the Far East had shared with him how to allow the body to be at a very low vibration which would be interpreted by other ones as being dead.

He knew how to take his consciousness out of the body. When he was upon the cross he tried being in the body, with the body, but it did not feel all that great, so he took himself above it and watched what was happening, because he had practiced to that point. Deceasing the body and then bringing it back again he knew to be possible, but he had not practiced it yet.

So when I saw him upon the cross, there was a heaviness that I felt, a very big question mark. I knew he had studied. I knew we had talked. I knew, as you do from time to time, something in the mind. But did I know it here? No, I didn't know it in the heart for sure, so there was great sadness, because part of me was doing what sometimes I

see you doing, crossing the fingers and hoping. And yet at the same time, the mind was telling me, "This is a dead body," as we took the body down from the cross.

But it did not stay that way. He was able to activate the Light that he is—present tense—and the Light that you are that allows you to activate your body, to make decisions, to create;. That is what this evening is all about, is going within and knowing your power of activation, your power of choice, your power to be that which you truly are.

So he went within and activated the Light that resides always within the heart, and he brought it forward to the place where he was able to activate everything in the body. Then he came and walked with his disciples upon the road to Emmaus, and he was so full of Light that they thought they recognized him, but they weren't quite sure, because he was so in joy.

His demonstration is not the only demonstration that has ever been made. In other threads of belief system, there have been ones who have done the same. He happens to be the one that you are reading about, studying about, and feel a similarity, a closeness with. And I will say to you something that perhaps you have wondered about, thought about, felt. You knew him in that lifetime. You have played with him as children in that lifetime or as the mother next door who saw him growing up.

So there is what you would call in your wording a closeness, a remembrance, and you call upon it from time to time, because it is not a far away long time ago. As you remember something, you bring it right to you, right into the present, and he is with you now. You sometime will feel that quite strongly in your meditation. You open the eyes and look around because you know he's there somewhere. You do not see him with the physical eyes, but you feel him with the heart.

You know that he walks with you, because he does. You know that he speaks to you and gives you a message to go somewhere or to say something, because he does. And as you practice...you have a saying in your world that I like very much: practice, my boy, practice; that is how you get to a famous hall somewhere, by practice.

So as you practice in your meditation, in your time when you are perhaps working on something. It doesn't take all of the mind to be working on something, and there is part of you that is expanding. You begin to feel his presence with you, and you wonder, "Can this be? Where are you?" And he is with you.

You were speaking of miracles earlier, and he is very much with this one who is exhibiting the healing. He is very much with this one, because, again, it is as you would say the closeness of them. This one who had the life-threatening experience has gone to a place of expansion where he knows, truly knows, that miracles can happen, that miracles truly are a natural course.

The human mind and the human eyes will look upon something and say, "Oh, that can't be." And yet it is right in front of them and they see it. So then the mind plays with it and says, "This can't be. This really can't be." And yet the eyes tell you that something unusual is happening.

Healing is quite natural. The body knows how to heal. As you will believe and allow it, the body will heal, even without the knife to cut out the part that seems to be not functioning quite right. If there is true belief, strong belief, that part of the body that has been almost sleeping for a while will come awake again, because the body's natural state is to be whole.

And if it does not seem to be—and understand the use of that word—if it does not seem to be whole, allow yourself to say, "I welcome healing. I know it to be the truth of my being. I welcome healing. I know it to be the truth of my being."

Because, as I have spoken, love your creations. Love your children. Fall in love with your children, your child. Allow yourself to come alive and play with that child and to say, "Welcome. Hey, I'm glad you're back again. I want to play. I want to have the life that feels good, happy, easy. I want to know the Light that I am."

When you do that, the body says, "Oh, he wants to go with Light; okay, we can do that." And it begins to immediately heal. That which you—I will use the word that you use in your terminology in this day—when you program the mind to be in a healing mode in the place that says, "I know that the body knows what to do, I will allow and encourage the body to heal, the body says, "Oh, great, okay, that heaviness is gone."

And once the heaviness is gone, guess what? The light comes on, quite literally sometimes. There will be the feeling of, "Oh, wow," and that is your Light that has always been there, but sometimes you put on the sunshades and say, "I can't see any light. It's very, very dark. I can't see any light. Oh, there's the light." You take off the sunshades, sometimes you blink the eyes, a bit light, very light, and what comes next? The joy of healing.

As I said, we had talked about the possibility of raising the body. We had talked about the knowing of the body as Light and that nothing could impede it, nothing could

keep the Light from coming back on, but I wasn't quite sure. Being the mother of this one who could heal others, I knew that the power of healing was there. I knew that he had it within his being. I trusted. I prayed. I hoped. And yet there was a small part of me that wanted to see, to see the body being activated again, to see him resurrect the body and come and join us.

There was great rejoicing when this happened. It was truly what we acknowledged as a miracle. But miracles happen naturally as you allow them. Miracles want to happen. If you are wrestling with something, if there is a question that you have or a seeming problem of some sort, it can be running around in the mind a lot, and you get to a certain point where you say, "Stop already." And you go to that quiet place and say, "I know that which seems to be unfinished truly has an answer. That which has been plaguing me has an answer. Otherwise it would not be a question. It would not seem to be a problem.

But there has to be an answer, because no problem ever comes without a solution. It has to be. They are of the same ilk, of the same material. As you seem to see a problem, the answer is waiting in the wings right there with it; truly no separation except how you measure time. But the answer has to be there; otherwise, there isn't a problem.

So if you perceive a problem, give thanks, because the answer has to be right there with it. It is sometimes like the question of the chicken and the egg, which comes first, and how do you find the answer. That can be a bit of a knotty problem. The human mind loves to play with questions. "But how do I do, how do I solve, what's the best answer for this?" The mind is a powerful thing, but there are times when you have to put it up on the shelf and tell it to be quiet. And then the answer comes. And the answer is usually quite joyful.

Because truly there is no problem that does not have an answer; otherwise, it would not be a problem. It would just go smoothly. Now, I know human life. I had many lifetimes as a human, many lifetimes as a mother. You know one of my lifetimes because it has been well publicized. But the purpose of that lifetime was for me the same as the purpose of this lifetime is for you: to come to the place of knowing my divinity, knowing my true Self—capital "S"—knowing that everything is what I am creating; therefore, love it, be happy with it.

Know that if it seems to be a real problem, look how creative you are being to make it seem so huge. Having your first-born be condemned to die in the most horrendous way—and it was at that time; since then you have devised other horrendous methods of releasing the body, but in that day and time it was a horrendous way to go. It took a while.

And the dying was not from the loss of blood. The dying was from the loss of the body being able to breathe; it collapses on itself. The breath of life was extinguished; not the breath of Light, because that exists always and forever, but the breath of life in the human extension can happen, but it can also be reversed.

And the same thing with any knotty problem. There is some reason that some of the problems that you seem to work with seem to be more twisted and more entwined into themselves than other ones. Note the word "seems." Because in truth, everything is already perfect. But the appearance of it can be different, and the way you accept it and perceive it can be quite intricate. But always and forever you are loved.

So even if there is a problem and it sounds like it's going to be really, really bad to have to deal with, know that you are the Light. If by any means you are condemned by your peers and it looks like you are going to have to spend some time doing something you don't want to do, know that you take your Light wherever you go. That is why I say, "Love your children. Love all of your friends. Love every circumstance that you find yourself in. Know that everything that happens, you have created; therefore, love that which you are creating, and create only joy.

What I am speaking to you this evening was not where I was before the crucifixion and the resurrection. I was, as you, wanting to believe, wanting to know that, yes, this could happen to someone else. I know it's possible. Other ones can achieve this, I'm sure, and I did know that, because I knew the stories of the masters of what you now call the Far East.

But I didn't know that it could be done right in my own household and be really true, until it was done, and then I believed, and then I rejoiced.

So love your creations. Love your children as you go along. Bless every creation, everything that happens. Even if it seems like it is the worst thing ever, know that it has a gift in it, because everything does, and it will work out for you. You can take my word on that. I have been there, done that, and experienced it.

That is why I can speak to you in this evening and tell you how much I love you. You are my children. If you will receive it, all of you within this room, within the sound of my voice, have been at some time my child. It may have been the famous lifetime. It may have been another lifetime.

Never do you meet a stranger. Always you meet a loved one. Allow yourself to love your children, your creations, whether they are small or they are tall, slender or bigger. Love them as yourself, because they are.

Go in love. Hug each other. Welcome each other as you have done in times past, and know that always I am with you. Bless you, my child. So be it.

Judith: Yes. She is saying, "That was fun. Can I do that again? Can we do that again?"