

## DISSOLVING THE VEIL

2015-03-07

Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you as you have chosen once again to call me forth. Great joy of reunion. Good to see you with the physical eyes. Always, truly, we walk together, but it is good to behold you in this fashion.

Speaking of fashion, the chapeau is most wondrous. May I borrow it? (Rob: Please) Thank you. How did you know? Just right. Just right. How is that for style? Wonderful style, most definitely. A bit different than what I ever wore. As is depicted in your painting, quite often I did not wear the headdress. But when the sandstorms would come up, there was always a bit of the robe that could go up over the head and across the face to keep out the sand. You do not have that problem in this area, because you have enough soil and enough moisture that it will keep down the sand. I suppose you have sand out by your water, but you don't have the sandstorm. Thank you, beloved brother. Most wonderful.

The new one [14 month old Kalani in the audience] is most wondrous. Remember when you were that size? Not really. Your mother would remember, yes, as you will remember all the young days of this one. Most wondrous. I have said often to become as the small child, without judgment, with no preconceived ideas, wondrous being that is taking in everything, wants to know what everything feels like. What does everything taste like? Yes, that is a small tree.

Whoops, you are learning to balance, something that is most necessary as you walk through life; the balance of the physical being and the balance within the thoughts, balancing them with the spirit of you. Sometimes there is much of the mind that is happening, and sometimes you become quiet and you listen to the voice of spirit. Always there is that underlying voice that will guide you as you will tune in to it.

New life; what fits in? I think this one is going to be a builder. He is going to see what fits together. That is the round candle in the round hole? Doesn't fit on the sides of the candle holder. Most wonderful to behold. And I said to you that life is truly an adventure. Allow yourself to be as the small child and to look at everything in a new way. For truly, as you become a bit taller and the hair changes its color and you become more set perhaps in your ways—I'm not speaking to any of you, because that doesn't happen to

any of you (Laughter)—but as you become a little more set in your perceptions of things, it is good to remind self of the newness of life every day, as you awaken to every day, and to ask of self, “Self, where are we going to go today? What are we going to experience? Who are we going to talk with?”

Yes, Kalani, there is a star up there, a great light; a star up in the window. It gets your attention, as the star did many, many years ago. You are fascinated. You are very cute. I have learned that word from my beloved friend and teacher, the one you know as Judith. We did not have the word “cute” two thousand years ago. I love your language. I have said to you many times that I find your language, the American English, and then the colloquial idioms that you have, most fascinating. So I make a study of them, and I don’t always use them in the right way.

And beloved holy scribe, when he is working with some of the words that I twist around a bit...if you were to see his face; he doesn’t know, but he grimaces from time to time as he has to transcribe what I am saying and how I am twisting the words around, because they are not my language. But it is a wonderful language, and you have had to learn it.

This evening I have had a request to speak about how to look through the veil of separation, how to move from this dimension that seems so very real into the Reality—capital “R”—beyond the veil of appearances. You want to know, “Who am I? Why am I? Where am I? What is this all about?” The same as the small child has to ask the questions and to experience. You are having the question marks of how life can be, and you are wondering, “Is there more to life than just what I am experiencing?” And you know that the answer is, “Yes, there is much more.”

So I say unto you, the first step of dissolving the veil is to know, to believe, to accept that there is more. Now, there are many of the brothers and sister who will say to you, “This is all there is. You’re born, you grow up, you live a certain number of years, and then, if you are lucky, you may de cease the body in the bed peacefully.”

If not, you may have what is called an accident or something that happens to you. In truth, nothing ever happens to you that you have not already invited to be in your experience. But as you will acknowledge that perhaps there is something much more to life and just what you see in front of you with the physical eyes, you have already made the first step to acknowledging that the veil, as I have called it, is there and that it is truly growing thinner every time you have what is called the awakening experience.

(I see that you have a climber. He is definitely going to be the adventurer. Yes, you enjoy finding out new things. Maybe the parents—it keeps them very busy—maybe they’re

not quite so sure that they want to experience everything that you do, but you're finding out by testing, by trying, and that is how you walk through the veil of separation, is by testing and trying different things.)

Step number 2—Step 1 was to acknowledge that there is more—Step 2 is to spend time in meditation, to spend time outside of the realm of appearances, to go within. I have said to you to spend at least fifteen minutes in meditation every day. And hopefully, as I have said many times, when you spend fifteen minutes, it will feel so good that you will want more, and you will spend a half hour.

Now, I know that all of you have busy schedules, and you may have employers who expect you to put in at least eight hours every day and probably more, but I would say that truly the one who is employing you—in other words, the higher Self of you—would suggest that you put in at least fifteen minutes, half an hour, perhaps even extend it to an hour if you can; after a while, not at first.

It's like all of the exercises that you do. You start out with the short exercise time, and then you build up the time that you can keep doing the exercise. So the same thing with meditation, because when one sits quietly and goes within, it feels very strange from what you have been brought up to experience. Sometimes you get a bit antsy and you want to be up and doing, because that is what you have always experienced.

So to go within to that quiet space, the mind will say to you that you are "wasting time." You should be up doing something. But that is the way of the world, and that is the language of the world. So you say to that voice, "Okay, later." And then you sit there for a while and you listen.

That is all you have to do. It is simplicity itself, to sit in a comfortable position; don't make it so that you are uncomfortable and you want to get out of that position. I know that there are certain positions that are supposedly more holy than others, but I say unto you that if it is not comfortable, the body is going to start screaming at you, and then you have to pay attention to the body. Therefore, find a comfortable position where you can be quiet and you can go within and listen.

I know that, at first, this is something that I had to practice. At first you are going to not maybe have any great revelations. You're going to say, "Well, I don't know if that was worth anything. Nothing really came to me, except I thought about my cousin Harold and I thought about my great aunt and I thought about my friend who is going through a certain adventure or challenge."

All of the ideas and thoughts, whatever, run through the mind at first. That is okay. Don't try to stop those ideas and those thoughts, because if you do, you're going to be focusing on trying to stop all the ideas, and the mind will be getting very, very busy. So allow all the thoughts to run through. Don't spend overtime with them, but allow them to run through. Allow the mind to exhaust itself, and then you will reach that quiet place.

And as I have said, the first few times, maybe even more than a few, when you try to do this, you're going to have a lot of different ideas and thoughts that want your attention, the same as what you are feeling right now. So do not get short with yourself; in other words, allow. And as you will practice this, as you will know that this is truly a gift that you give to yourself, a gift of quiet time, even if you don't have any great revelations at first, at least you have allowed the body to rest, and there is a lot of benefit in that.

Later on you will find that you will hear a voice, you will hear an idea. There will be something that comes to you that was not programmed according to the activity of the mind. It will be something that just suggests itself to you. Listen. Don't try to analyze; just listen, or just see, because some of you are visual, and you will have visual experiences. A lot of you are auditory, and you may hear something.

But most of you are just mindful. It will come to the mind and you can take note of it, and then you can let it pass. If it is important, it will come back to you. If it isn't important and it is just passing, it will pass on through. As you allow yourself to be in the space of receptivity, there is much that can come to you and will come to you after a while.

At first, as I have said, like it is with anything new, it will feel strange. It will feel like, "Why am I spending time doing this when I could be up doing something else?" But as you allow yourself to go deeper with that quietness and the quiet voice, there are revelations of new worlds that come to you. At first, new worlds, and then later on there will be the empty space, the space of just healing, the space of just knowing, the space that doesn't have to get filled with thoughts. You will abide there for some time, and it feels very good.

When you have achieved that feeling of no thought, no being, no questions, just being empty and feeling comfortable, you are moving through the veil that you have set up for yourself, the veil that says, "This is all there is, just the appearances, just all of the activities that all of my friends and I are going through."

You have set an experience for yourself which is more important. You have experienced that place that is beyond the knowing of this—lower case "r"—reality. You are

already, when you are in that space of what seems to be emptiness, and yet is as outer space, which you call deep space between all of the universes and solar systems, you are going into what feels to be unknown territory, and yet it is a state that you know well. It is a space of love, a space where you find yourself accepted in love.

You may bring into that space an idea of someone else, but in truth, it is love of Self, the holy Self that you are, and you will feel an overwhelming sense of happiness, of joy, of okayness.

Now, as I have said, don't be short with yourself. If it doesn't come within the first day, week, month, do not say, "Oh, well, I tried it, and it didn't work." That is often what I see with ones. It takes a certain bit of discipline, a certain space of saying, "Yes, this is worthwhile. I will persevere with it."

I will share with you that it is worthwhile. It was something that I knew when I was a small one, and yet it was something that I had to renew in my experience. I was very fortunate in that I had parents, friends, and teachers who knew the value of very quiet, deep meditation. They said to me, even when I was that age, that it is okay just to be quiet. Now, young ones don't really like to be quiet. They like to have attention right away, and they like to experiment with the voice.

(And as you have seen with this young one, there is much of experimentation that goes on, much of sounds, much of volume from time to time, and if there is a bit of the... whoops! Almost fell over that time...any of the frustrations; then the volume grows even higher, until there is a certain bit of comfort that then brings the volume down.)

As I have said, do not be short with self. Do not be impatient. Know that truly it is a prize worth gaining. I know that you are not taught this in your world. Your world says that you must do, you must achieve, you must be. But in truth, I say to you that the important thing that you will take with you after you have released the body is a knowing of the love that you are held in all of the time.

For truly, when you go unto your own Light when you release the body, you go to love, and love is waiting all the time for your acceptance. Love is waiting in that meditative state and wants to gift you with the feeling of acceptance, the feeling of worthiness that the world doesn't know, that the world will not gift you. But in that space you will find your true Self.

After you have been in that space for some time...and it may take a while or it may not, so I will not say to you that it takes one month or one year. It takes doing,

2015

practice, abiding in that space. And then after a while you will find your true Self that goes beyond any appearance, any description.

We can use words to describe the space of love, but the experience of love is something else, is it not? When you get into that space and you just love everyone, you have found your true Self, a Self that the world does not appreciate, does not value; you don't get a reward from the world for living in love. Just the opposite is true, as you see your world in this day.

But I say unto you, have hope, because as you are finding love within yourself, and as you experience love of higher Self, you are putting out that vibration even into the world that does not understand and does not value, and you are changing the world itself.

So there is coming a time when you will remember and the brothers and sisters will remember how it feels to live in love; not to have to achieve, not to have to be competitive and step upon other ones as you climb the ladder of life, but just to abide in that space where everyone is okay.

Everyone is loved with an everlasting love that has been from before time began, and that love will abide even after the purpose of time has been fulfilled. Time does have a purpose, and it will not always be. There will come a time, outside of time, when you will no longer need the concept of time and the constraints that time puts upon you, where you will just be the divine Self that you are, in love, accepted for Who and What you are, the divine Self; not the identity that the world gives to you, for that is passing and fleeting and usually full of judgment, but the Self of you that abides forever and abides in love forever.

That is Who you are, and that is what you will come to realize, to make real in your awareness as you do the practice of meditation. The same as the small one practices how it feels to take a step, how to balance, how to fall over, how to get up again. That is truly what you are asking to know. You want to know what more there is of me, what more can I feel, experience, realize.

You get into that space that I have just described, the space of love, where you love yourself, you love everyone, you just don't even have to have object of love, but it is just a sea of love. You abide there for some time, because it feels so good. Then you begin to realize that outside of the dictates of the world, there is a whole other realm that only knows love, and you move into the space of being able to experience, to call forth other ones who have moved into that realm, perhaps by releasing the body so that they did not have to drag the body around, did not have to clothe it, feed it, and be attentive to all of its needs.

And they find themselves to be in a space of great love. That is why you have heard stories of ones who have had the "near-death experience" where they didn't want to come back to the human lifetime, because it felt so good, and yet they knew that there was something left in the world, in the experience of humanness that they either wanted to or felt that they had to fulfill, ones who were asking of them that they would be with them to complete whatever the experience would be.

In that space of great love, you can commune with anyone that you want to communicate with—loved ones who have gone on, as it is called, and yet they go nowhere away from you or apart from you. They are in that great space of love as they will open themselves to it. Masters from other times, ones that you have said, "If I could only have a short visit with someone that I have admired, a teacher perhaps," and you can do this in that time of meditation even while you are allowing the body to function.

Because, as I will share with you, when you are in that space of very deep meditation, the body knows how to take care of itself. The heart will keep beating. All of the organs will do exactly what they are supposed to do. The blood will keep circulating. The digestive system will keep on working.

And then when you come back to pick it up and have to do something with it, it will be waiting for you, although as a footnote to that, there are great masters who have gone into very deep meditation and have decided that they didn't want to reactivate the body, so they did not need to. But that is the exception, and that is not what is going to happen for you. So you don't have to feel that if you get very deeply into meditation and forget who you are, then everything is going to dissolve, and where will you be.

You will be in love. But in truth, that will not happen for you. You will always keep a small...what you call the silver cord, the attachment to the body until you are finished with the body. The body is always voluntarily given up. It is never taken from you, although there may be great persuasion given to you as in ones who are in the activities of warfare.

There may be the seeming invitation that you would release the body, but to release the body is always a choice. It cannot be taken from you. You have to give your agreement to it, although as I have said, sometimes there is great persuasion. But you have your stories of ones on the battlefield who, since they are not choosing to give up the body, the brother next to them may lay down the body, the brother on the other side may lay down the body, but in truth, it is always a choice.

(Such a delight, the small one, wondering around to experiment, to find out what is behind the chair, what is behind the sofa, what is...all of the questions. It doesn't even

have to be, as you have seen, formulated into words; just an idea. I want to know. I want to feel.)

In the meditative experience, you will be at first wanting to feel, and you will feel the great love that has, in truth, no description, but is a feeling, a great gift. And as I have said, once you reach that place of great love, you can speak with loved ones, and they will be very much alive with you, the same as when you knew them.

It has been said to you, and it is a great truth, that when ones release the body, they take unto themselves the knowing of how they were in their prime; not how they were in the last few weeks before they released the body, which may have been most tragic looking, but they go to a place where they are in their prime, and that is how you will know them. They will appear to you as you do know them, and if you only knew them the last few weeks before they released the body, then at first they will show you that appearance.

But quite often for themselves, they go to the place where they are quite joyful, quite alive—because they are, the same as you are—and they will be in the prime of life, the spirit life, not fearing. You see, one of the things that wears down the body, and also the person, is fear, worry, thinking that you have to do whatever the employer has said to you, whatever the fears have said you have to be, whatever the parents said to you in your growing up time that you had to be a certain way—stand up straight, put the head up, never look down, never look back, etc., all of the things that are “good for you.”

But in truth, sometimes all of the disciplines of growing up can be a bit wearing on the spirit. That is why I remind you from time to time to become as the little child, the small one who is excited about life, who is very much out there in life. Life is all there is, and they want to know more about it.

You want to know more about the ongoingness of life. You want to know, how do I work with the body. How do I make it become the way I want it to be. And I will say to you that, in truth, you are always functioning in the body as you see it possible. This is not said as a judgment. If any of you have a condition that you are working with, it is not said as a judgment. It is said as a truth, that your body responds to what you tell it. As you are happy and you love your body...as one of your teachers has said, “fat thighs and all,” however the body appears, love it.

You are the One, the creative force that is activating the body. You are in charge. Now, I know the bodies sometimes will speak back to you and say, “Well, that’s a big laugh. Do you think you are in charge? I’ll show you,” and then you get a pain in the

2015

ankle or a pain in the mid-section, or, woe is me, a pain in the head. And you respond. You respond out of habit.

So I am saying to you, when you are in the space of great love, you will love your creation; you will love your body, and it will feel different for you. It doesn't happen all at once, usually. And as I have said, I was very fortunate, and you have been very fortunate in other lifetimes where you have grown up in a spiritual community that accepted you as the small one, knowing that you are the divine energy that activates your creation, the body.

And there was the communication mind to mind that you had with the taller ones and with the ones of your own size, where you didn't have to judge. As I have said to you many times, you have agreed out of great courage that you will come into this world to bring your Light and your love.

(Oops! Well, that's how it happens, and then you just get back up again. Wonderful creation: it bounces. A small body, if it falls down, it bounces. You are doing very well. You are having fun. Taste good? Yes, it tastes good.)

Become as the little child. That is why you have invited this one to be in your midst this evening, is to see once again how you have been. Maybe you have garnered many years to yourself and you feel, oh, that was a long time ago that I was that size, but the inner Self of you never truly ages. The inner Self of you is the small child that truly is so adored, because you are wonderful. Know you that?

Well, beloved brother [Charles], I will say unto you, you are the most beloved of anyone you can imagine. You are the most beloved son—as you have chosen for yourself a gender in this lifetime—most beloved son of the one divine Source. It gives you life, that you make plans, that you may have fun with the mate, you may have fun with the friends, you may walk about, almost fall over as the small one and then pick yourself up again. I would say to you, I love what you are. I love how you have made yourself. You are the embodiment of great love, and I thank you for that. It has taken great courage for all of you to allow the spirit to become clothed as the body and to walk in this world and to say to the brothers and sisters, "I will go through conditions of changing my voice so that you will know that I am very much One with the brothers and sisters."

They will look upon you and they will know that you have come through experiences and you are "real," and now you really are always real, but they will be able to relate to you, because they will know that you have suffered the slings and arrows of the world, and that truly you understand them.

This is what ones are looking for. They want to be accepted. They want to be loved. They want to be understood. They want to be in the place where you understand them and you take them as they are. And you say, not in words, but in the experience of it, "Yes, I will take you if you will take me, if you will understand me and love me as I am."

And that is how you walk through your world. You walk through saying to other ones, "I'll like you if you like me." Remember that game that you played when you were small? You maybe didn't say it in words, but it was what you were acting out. I'll like you if you'll like me. And you find that ones really want to play that game with you, because it feels good to be accepted.

When you allow yourself to come very deeply into a meditative experience and you feel yourself to be all love, nothing but love, nothing that has to be analyzed, nothing that has to be described, does not have words attached to it, you have then for yourself the opportunity to speak to anyone anywhere anytime of any of the ages of holy Mother Earth and the planetary beings that you have been in other incarnations or non-incarnations, to go back and to re-evaluate yourself in the other lifetimes, to regroup, as it would be, all of the other lifetimes, incarnations and non-incarnations of experiences, you will find yourself to be very wealthy.

Because you will connect with what has been termed in this time the ET's. You will find that, "Oh, my goodness, I had experience as an ET, but I didn't know I was an ET. I was just a being. I was a consciousness. But others, perhaps, would describe me as an ET, because at that point I was not living on holy Mother Earth, on terra firma, or even in the sea."

As you have been speaking of the evolution of the small one within the womb and going through every stage of evolution known on holy Mother Earth—now it is not the same for other planetary beings, but within this experience, truly you have been the small protozoa. You have been the fish that swam in the sea. You have been the four-footed ones. You have been the most agile moneys that would swing through the trees.

Sometimes there is a feeling within you that you'd like to do that again. "Oh, that I could be alive and free and swing through the trees from limb to limb to limb." Well, you are reliving at that point an experience that you have already had; otherwise, how would that concept, idea, find a place within your consciousness? It's because you have done it. You have already been it.

Mankind—man and woman—have set themselves up to be on top of the pyramid and to say that they are the top of the evolutionary tree. Well, I share with you that in what you see to be a few hundred years from now, maybe even just a couple hundred years,

2015

maybe in just one hundred years, there's going to be an evolution where the human form is going to be different than what it is now, and the human receptor, otherwise known as the brain, is going to be able to be far more receptive and telepathic than what you know now. You are moving into that.

And so in a hundred years you're going to look back perhaps at this history and you're going to say, "Oh, well, I'm glad I didn't live then. Things were so crude; relatively." So I say unto you, do not judge. There is no place for judgment. There is only place for love.

Abide always in love. Practice the meditation. Practice being in a great space of the newness of life. Know truly that everything is to be not judged, but experienced in joy. So be it.