

A CHRISTMAS STORY

2014-12-06

Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth.

Great joy always to see the radiance, the love-light in your eyes, to see how alive truly you are as sometimes you go about the mundane business of living, all of the things you have to attend to, and yet it is the Christ who is doing the activity. Even though you may not know it or even feel it, it is the Christ energy that works miracles upon this plane. And you do, beloved ones, you work miracles.

You work very hard at bringing forth the love-light so that others can enjoy it. You bring forth the ideas. You bring forth the discussions. You encourage other ones to think, to love, to laugh, to look deeper within themselves, and to appreciate all that is around them that they are creating moment by moment. Sometimes you even say to them, "Stop. Behold what you are doing. See what a miracle you are living. Allow yourself," you say to these other ones, "to come alive, to know truly that you are bringing forth the awakening that you have prayed for, yearned for, even demanded for a long, long time.

That is what you are doing with the friends. Sometimes you say it in words. Sometimes you say it by actions. Sometimes you just know it yourself, and it is contagious. Others come alive because they see that you are alive, that somehow you are enjoying life. Somehow you are truly in love with life and all of the aspects of life.

Even sometimes when you are on delays in what you want to be doing, you can see that there is divine order coming forth. As you will have faith, it does come forth. It may take a bit of time as you measure time, but it is coming forth for you. You are manifesting it in its own divine right timing.

I know that sometimes in the human life, time can be a bit slow, seemingly, and yet there are many pieces that have to come together, many pieces that you have asked for to fit together and will be exemplified by the ones that you are in association with, and sometimes they are not quite as quick as you would like them to be in getting the message. But truly, they do get the message, and truly they will come alive and awaken and understand and really fully live the Christ that they are, the Christ energy.

Now, in this evening we have a topic that you've heard much about all of this lifetime, and many other lifetimes as well, about Christmas, about the Christ Mass, to celebrate the birth of the Christ upon this plane. It has always, in a certain religious/philosophical train of thought, been to celebrate my birthday as one Yeshua, Yeshu'a the Christ. But in truth, it is the birth of the Christ of you awakening. It is your own birthday that you are celebrating.

I was not born at this time of year in that lifetime. I was born in late summer. The celebration that you have at this time of year was taken over by your holy fathers, who are not your fathers, but have appointed themselves as such, to take over what was known as a pagan celebration of the light here in the northern hemisphere.

Now, it is not the same in the southern hemisphere, as you know, but in the northern, this is the time of shorter days, longer nights, darker times. So it was good to have a celebration of the light, and it was very symbolic, although many didn't understand the symbolism of it, but it was very symbolic to celebrate the light, the Light of the Christ within, the Light that truly I can say unto you is growing.

Your awareness of that Light is happening as you speak to other ones. It spreads from one to another, seemingly in slower time than what you would like to see sometimes, and you see ones sort of shielding themselves from it—"I won't look at that"—and yet they cannot evade it. It is very much the truth of their being.

This is truly a holy time, a time when many have set aside a celebration, a reckoning of who they truly might be, and yet there are so many festivities and customs that sometimes the true meaning of it gets a bit lost, because "I have to buy this present for Aunt so and so, and I have to buy the right present for...", and there is much energy and much thought spent on picking out the right and perfect present for one.

And yet, as you have acknowledged, it is truly the love; it is the thought that goes into it, not so much the actual object, because as you can see, you are surrounded by objects, tokens of love, and yet they are objects if you look just on appearances. But if you look to the love in which these were given, that is what really measures and really is important to see.

So it would not matter if someone came up to you and gave you a certain piece of paper with great love (ZuVuYah: Hey, I need these) It was given with great love, so you may treasure it forever and use it. There you go. I am not telling you anything that you don't already know, but in this season, this year, allow yourself five minutes in each day—now, I know it's sometimes hard to find, five minutes for yourself, but set aside as a gift

to yourself five minutes in every day to celebrate yourself. Celebrate the Light that you are, the love that you are.

Even when you are sitting and thinking, "Okay, what is my shopping list, who do I have to buy something for," buy something for yourself as well. And if you don't want to buy something, gift yourself the five minutes of just sitting in peace and in quiet, even taking a nap. Yeah. Yeah for naps. I recommend them.

There were many times, as it says in your holy writings, that I took myself apart—well, I didn't take myself apart, but I took myself away from all of the activities of the world and spent some time in quiet. It is a gift that you can give to yourself, to stop all of the rushing around, all of the things that "have" to be done, and yet in a hundred years, who is going to know whether you had a six-foot Christmas tree or a three-foot Christmas tree or none at all. No one is going to remember.

Even you are not going to remember what you did even several years ago, say five years ago. What size tree did you have five years ago? I don't know. What is important is allowing yourself to come to the realization that you are the gift to the world. You are the gift to everyone you interact with and even ones that you may not lay the physical eyes upon, the ones you don't see, but in your mind's eye you see them and you bless them. You are the gift to them. That is the gift that is truly without measure.

Allow yourself to be happy. Know you the contagion of being happy? Know you when you have walked into a room and there is laughter and how good it feels, and you can join in and you feel alive? Know you the feeling when you walk into a room and everyone is worried about something or caught up in activities and very mental about everything that has to be done, and how you feel the energy of the "have to's"? The "have to's" are really heavy, but the "want to's" are joyful.

So every time when you can—and this is quite often—turn the "have to's" into "want to's". I want to dust the furniture. Sure. My beloved friend and teacher does not always feel that way, and yet it can be a "want to", especially if it gets too thick, right? It is good to see the shininess and to bring that forth, so it turns into a "want to". I want to see this place clean. There have been feelings such as that, and that is good. I talk to you of practical measures, because that is where you live.

I know human life. There were times when I even helped with the washing up of the eating vessels. Of course. Why not? Would it have to be all Mariam's job to wash up? No. We shared it, as you do in this day and time. Yes, I know there are cultures where the male gender would not deign to put the hands into washing up, and yet it is a good feeling to have the clean utensils. It is a good feeling to have a clean abode. It is a good

feeling to have the cleanliness within and to know that truly you have set everything aright within.

So that is why I say unto you to gift yourself at least five minutes in every day to sit, to breathe, to nap, to enjoy wiggling the toes, to enjoy just allowing all of the cells of the body to rejoice. That is truly what this season is all about. It is not about rushing out and buying the perfect gift. Any gift that you choose is going to be perfect, because you give it in love.

If you do not give what is a tangible gift, you give your love to someone. You encourage them. You say to them, "I am glad you are feeling better today." Whether they have actually acknowledged that or not, you can put the positive thought out there, and you can say to ones, "I really like how you are coming alive. I really feel good in your presence." And they'll say, "Umm, I didn't know anything was different." And you will say, "You are coming alive. I can see. I feel it. I know it. I am happy in your presence."

And that makes all the difference to them, because they maybe haven't stopped long enough to realize that they are actually energy, that they are actually the Light upon this plane. You see their Light and you celebrate their Light, and it is an awakening for them. And then that spreads like the ripples on a pond as they become happier with themselves. As they become happier with what is going on, then they spread that to other ones. And little by little, seemingly, although it is a big thing, it uplifts all of the feelings of everyone who is activating the body and beyond.

Because you are not just what you see yourself to be encased in a body. You are interacting with all energies around you, the seen and the unseen. There are many who are in the unseen who come to you and want to be uplifted. They want to know where they are. They want to know why they are. And they ask of you, "What would you tell me? How do you feel about all of life?"

They will ask, perhaps not in the words, but there is the questioning. And as you have gone deep within yourself and you have examined your feelings about life, not only the physical life, but the spiritual life, and as you take time to meditate or time just to be quiet, you are in communion with them.

This is important for them, because sometimes when ones have released the body, they don't know where they are or why they are or what is happening, and they are looking for meaning. They feel your energy, and they feel the life energy, and you can speak with them out loud or on the inner. It doesn't matter; they will hear anyway, and you will uplift them as well.

This season of the year can be very stressful for ones who are activating the body and for other ones as well who remember the travail of the season. And as you have acknowledged your ones who keep count of such a thing, there are many who lay down the body at this time of year in sadness, in disappointment, and they are still wondering, "Where am I? Why am I?" They watch and they feel.

Your energy is not just contained right in what you know yet to be the aura. Your energy is expansive, and it intermingles with the ones who are not in physicality as well. So think you not that you are just a small bit running around trying to do the things that have to be done. You are doing much more than that on many levels.

Sometimes that is why I say to you to take the five minutes. Sometimes you don't realize just how effective you are with your feelings about what is going on and your hope, your dreams as to what you would like to see manifest in your world—in your world of the people that you interact with and in the vastly larger world.

You influence more than you know by your attitude, by your feeling of excitement. Know you how contagious excitement is? When you were a small child, you couldn't wait for Christmas morning. "Oh, I can't wait to run downstairs and see what Santa Claus or Father Christmas has left for me. I can't wait to see the new puppy. I can't wait to see what is under the tree for me." There was this excitement about living.

Then you got a little bit older and a little bit "wiser", which wasn't really true, and you kind of danced down your feelings, because you were taught that, well, that's childish. It is okay to be child-like. It is okay to be the Christ Child and to allow the Christ Child to come alive. Please, every day, not only at Christmas time, but all through the year, allow the excitement of being to come forth, because it is taken up by ones you may never see. It doesn't matter if you see them or not.

Know you why you wear the colors at this time of year? There is vibration of color energy, and you love the reds, the enlivening colors. You choose a lot of the reds at this time of year, and it is because you are putting more vibrancy into just the energy that is around you. For everything that you feel, everything that you have made manifest has energy.

This seems to be a stuffed toy, a very cute little snow bear, and yet there is energy with this from the ones who made it and put it together, from the one who sent it to the store, from all the people who looked at it and said, "Oh, isn't that cute," and to the ones who have thought such a thing and given it in love because it was an object of love. Most wonderful, and it is given in love.

It carries much of vibration about it. It is a love object, and that brings me to a most important part, because you are a walking, living love object. As you see bodies, that's an object. But beyond that is the energy of the heart. Each and every one of you is a living, moving being of love, giving forth love all of the time, sometimes consciously, other times you have your mind on something else.

That is okay, because at the same time you cannot stop the love of the heart, the true heart. You cannot stop it. It is what you have come to manifest. It is who and what you are from before time began, and it is what you will be after the purpose of time has been fulfilled. Now, what is the purpose of time? Whatever you want it to be. You are the makers of your reality, each and every reality—lower case "r"—that you can imagine and have imagined and will imagine, as you understand linear time.

You are walking, living love. You are the Christ Child being celebrated at this time of year, but you can extend it into your new year, into your springtime, into your summer, into the autumn, and then you're back to the Christmastime one more time. You have set up, as you see, reminders, most wonderful reminders throughout your year to stop and to appreciate and to feel the expansiveness of yourSelf—capital "S"—to come alive in that love, to come alive in the Christ love, the true love that has given you birth.

I'm speaking here not only of the physical birth, but of the birth from the original thought to have an adventure, when the Christ Child decided, "What can I experience? What can I manifest? Where can I go? What can I do?"

And as you have seen, you have made in this reality a duality of things that are not like love in order to give contrast to love. Because when you are in a space that is not like love, you yearn for peace, for love, acceptance. And when you find that, it is very true, very enlivening, very Real—capital "R". You come alive in that love, and there is a big, big contrast that you can feel. And so you have made a duality in order to have contrast.

Ones have often asked me, "Why do I make challenges for myself? Why do I make it so hard for myself? I know that I am manifesting my reality. I know, but why do I make challenges? Why am I going through this muck?" Well, you're going through it in order that you can have good contrast to know that when you finally come to that peace and that place of love, you can really, really feel the difference.

So it may not be too pleasant when you're in the down place of the challenge, but it does give you a contrast, and you have said that you want to see clearly. "I want to see clearly now," and so you do.

You know how it feels to be in love. You know how it feels to be of worth, to be okay, to accept yourself as you are, and to take that Home with you, the Home within, and to feel, yes, I am really okay, and you are—more than okay.

You also know the pits, how it feels to be there, and how it feels to climb up out of the pit. And you know how it feels to be in the sunshine of love. That is what this season is all about. That is what any season is about, but especially when you are celebrating the birth of the Christ; not just my birth, as I have said. It is not truly my birthday, but it is your birthday as the Christ Child that you are birthing in your awakened state, as you come alive in that.

And it feels good. It feels good to have celebrations. It feels good to be with ones of like mind and to be able to open the heart and to share, and to know truly you are being accepted; not judged, but accepted and loved, and you are in that stream of consciousness of love. It feels very healing to be in that stream where you know truly that you are alive; not only alive, but expressing all that you truly are as the Christ Child.

And that is so contagious, as I have said. It goes into all the realms; not just the physical realm, but every level of being. And ones, especially at this time of year, are seeking to know, wanting to know. Your friends...why do they take certain courses and discuss ideas? Because they want to come alive as the Christ that they are. They want to share ideas and come alive in those ideas. And they ask you. They phone you up and they say, "What's the thought for the day? What am I supposed to be thinking?"

You don't always give them a straight answer, because you know you can give them clues and they will come to their own realization, which then stays with them. For if you give them the answer, they'll enjoy it for a minute. If you give them a clue and they come to their own realization of it, it stays with them forever. You know this to be a truth.

But it's okay to tell them too, because sometimes they need to hear it over and over and over, as you know from your own experience. Sometimes you need to hear it over and over until finally the penny drops, as they say, and it is real then for you and within you.

Celebrate with great love. Drink the red grape juice, whether it is fermented or not fermented. You can drink it either way. For truly, I will say unto you something that has been demonstrated with my beloved friend and teacher when she has gone up to Canada and the goblet of red wine has been given to her. You do not have to feel the

effects of it afterward. She has been most happy, most relieved and surprised that this could happen, but it is no fantastic thing.

It is something that you can do, because you are in charge of all of your reality. You are in charge of your body. You are in charge of how the action or reaction is going to be. You are manifesting. Now, there is sometimes a deep-seated belief that has been given to you and you have bought it, sometimes paid a price for it, so again you could experience how it feels to be inebriated and then how it can feel to have a clear head.

Again, the contrast that you have wanted to experience, and that is said with no judgment. There is no judgment in it. It is only for the experience. You said, "Well, I want to know how it feels," and so you have had a lifetime or maybe more than one where you have been under the table. And that's okay, because look at you now. You came out from under the table and are doing very well. But truly allow yourself to celebrate and to know that you can drink the goblet of wine and feel no effects from it.

Or, as I have said, if there is the deep-seated belief that has been taught to you, then you might have certain feelings about it and you might want to do something else and drink the cranberry juice—it looks almost the same—and there is grape juice that has not been fermented. So you have alternatives, of course.

I do not want ones to say, "Well, Jeshua is saying that we should go out and drink of the fermented wine and live it up." I am only saying to you to do what is appropriate and good for the body and for those around you.

So to come back to the central point, this is a time of celebration. This is a time to celebrate the awakening and the birth of the Christ Child. But it is not just my birth, although I will take part in it. It is the awakening and the birthing of the Christ of you, and every year as you celebrate it, you come closer and closer to really feeling it, really coming alive as the Christ.

You will find even in between all of the activities that you have to do, or seemingly have to do, that you feel easier about yourself, happier about yourself, more integrated perhaps as the true One that you are. You can celebrate the Christ of you as the One that we are and come up higher in your understanding of how powerful you are and how your energy, which is what I have been talking about, spreads to other ones.

For you do not live just within this casing of the body. You live in a permeable energy field, and it spreads. So when you are happy, other ones feel it. When you are worried and stressed out, other ones have to kind of close their doors, especially if you

get the volcano going—they have to get out their umbrella for the volcano. But hopefully, volcanos don't last too long.

Allow yourself to come alive, as you are doing. You are doing very well with this, you know. Every year that goes by, you are coming up out of the morass of generational teaching. And what I say to you goes for others as well. There has been a morass of heaviness associated with this time of year. Not only do you have the darkening days, shorter days—and especially in this clime, you feel it—but you also have the heaviness of the "shoulds", of what "should" be done in this season. And if you don't do it perfectly, you are told about it. You are instructed how it should be.

And if you don't do it just exactly, you find that sometimes there is no pleasing the other one, so that you come to a certain point of understanding that you don't have to please. You are perfect as you are. And with that feeling, there is a feeling of peace that comes where you can then be happy, and that spreads to other ones. And that is the birthing of the Christ.

Go forth in this season and enjoy. Be in joy. Allow yourself to feel alive as the Christ that you are. Know that your influence is widespread. Know that what you give out spreads to other ones, to other ones, to other ones, to other ones. It is far-reaching. Celebrate yourSelf. Welcome to the Christ Child. So be it.