

Jeshua Q&A

2012-10-06

Now, we continue. The laughter has been great. I've been listening to you. I've been feeling the vibration of laughter. You have been really happy this evening celebrating your own true Self.

Beloved brother, how are you in this evening?

John: I'm doing very good (Are you happy?) Yes, as a matter of fact (Good) Surprisingly so. You told me at the beginning in your talk, for which I am grateful, particularly the focus on choice (Right) That's become a critical issue to me. As a matter of fact, today I opened a chapter in [Jeshua the Personal Christ] Book 4 on fifth dimension consciousness and it took me back to an experience that I had in the late 80's in which I experienced Jesus. I was in a meditative state in a conversation with the disciples and others prior to coming, talking about returning to the planet, and talking to you as if you were going to lead the way. And your response to me in this meditation was, we're all going back as Jesus (Ah, yes) And that was the message in the fifth dimension chapter (Right) I made up this morning a list of questions and they've disappeared (Yes, that does happen) So I do have one left, but first I would like to know if you, knowing the details of my life as you do, if you have any suggestions or advice or recommendations for me.

Jeshua: I have just one: patience.

John: You repeat yourself on occasion (Laughter)(This is true) Thank you. The question is that there's a certain quality of the miraculous occurring in my life at the present time, and these two books coming to me. Each seem to be awakening me to possibilities that I would not have thought about if I didn't have them. But what has occurred is that I'm reminded by them that I have three manuscripts unpublished sitting waiting. One of them came to me in the strangest way back in the mid-nineties when a carpenter showed up to build some steps to the trailer where I was living. He left this manuscript with me called, An Inward Spiraling Flow, How the Universe Was Created. And that's consistent with the content in this scientist's book. And he left it with me, and then he died in 2006. Then another manuscript with about six books unpublished by a Seventh Day Adventist genius down in Lacey, and it's sitting there; it's a whole theory of particle physics. And then a third book sitting that has to do with restructuring our organizations. I mean, this is strange that I'm sitting on these things. Could you comment about that?

Jeshua: Well, in truth, it is not strange that you are sitting on them. They have come to you because you have an interest and a resonance with the material from this lifetime and some other lifetimes as well. Most notably, you were very active in the time of Atlantis, and you have come back in this lifetime wanting to use some of that knowledge that you almost remember and being able to bring together some of the friends who worked with you in those times and re-create on a love level, not just for the power level, the ideas that you and the colleagues had at that time. So it is not by accident that these manuscripts have come to you, that these other published books have come to you, to kind of tweak your memory. So it is getting to be about time to publish them and to put yourself on the speaking circuit to be able to talk with ones who are ready to hear but don't quite know that they are ready to hear, but will be turned on by your words. This is part of the new awakening that is happening. There are ones who are ready, but they don't know what they are ready for.

So you will go ahead and you will speak with ones who have published manuscripts and ask how to do it. I understand that it is much easier in these times now to publish something than it was a decade or two decades ago, so that you can do it relatively easily, and then with published material in hand you will go on the speaking circuit and you will talk with ones. You have a great networking ability. You have a great network of friends. You will speak to groups in homes, you will speak to groups on college and university campuses, you will speak wherever there is an opening, and you will be getting other ones excited about ideas that they don't even know could be.

John: You said you don't prophesy (Well, this is true; I don't. I throw out suggestions) I'm delighted. I'm a smart aleck, that's all (Yes, you are)(Laughter) That brings up one other question that I think I have the answer to. I've been working on what I call a book, but it's fragmented and in pieces. I don't like the idea of just putting it as a website. I want it to be a book. What do you think about that?

Jeshua: It will go along with the other manuscripts that you are getting published, and as you are doing the speaking, there will be other ideas that come to you to put into this book. So it will not be something that you publish right away, but there will be in time a book that comes out and is published.

John: That gives me a sense of relief, because it changed there kind of like a cloud (Yes, it has not been for naught) Okay, well, you're a blessing in my life and I thank you very much (And you in mine as well; my understanding. And as you have so rightly pointed out, I do not prophesy, but I make suggestions)

Jeshua: Beloved one, how are you in this evening?

Anne: I'm wonderful (Yes, you are; such a wonderful smile) Thanks. I kind of want to ask a question, but I don't know if I should (Go ahead; there are no "shoulds") Okay. The other night an understanding came to me through my great Self, and these things are happening more often (Good) but they're very fleeting, and it's agonizing; I want it to go on. So I thought to ask, how can I live there always in that place of knowingness? It was great peace (Right) I want to know how I stay there.

Jeshua: By practice (Okay) Just remembering the feeling and going there as often as you can, and do not be judgmental of self and say, "Well, this isn't quite as deep as it used to be," or whatever. But just go to the feeling and trust it. And every time it comes to your mind, just take the deep breath and call it up in memory again and abide there for as long as or as short as it wants to be.

Anne: Can I ask just one other thing? (Yes) My two sisters...I don't know if I should say their names, but I wanted to know how I could help them. And I don't mean help as in, "they need my help", but with the healing and the work that we're doing as a group. I have a knowingness that it's important for them to do that work and heal on their own (Right) but because I'm a part of them, and because it came to me to see them as well and I really understood that (Right) I wondered how I could further that, I guess is the best way...help is the just not the right word, but I don't know what the right word is.

Jeshua: You have a desire to see them seeing themselves as whole. That is very good. As I said to my disciples in the healing that I encouraged them to do, see first the appearance of whatever is going on. Do not deny what is going on. And then go away from what the appearance is and see them as whole. See whatever issue they are dealing with as, again, the no thing that we talked about earlier in this evening. You already know them to be whole. Hold that vision for them. This is truly, as you put that energy out, this is truly the way that healing comes about. You put out the energy, and because there is truly no separation, they have the opportunity to tune-in to that energy.

There were many who came unto me wanting healing. And when I would offer in words and also in the visioning that they were whole and already healed of whatever seemed to be the challenge or problem, some caught the vision and were instantly healed. Others doubted that it could be, and so it took a little bit longer

for those. They maybe had to come back in another lifetime or maybe several lifetimes, but I knew that the process had begun.

So it will be the same for you. You will start the process; you know them to be whole. You will understand that they are going through what they see to be a reality of challenge, and then you will say, "Okay, I understand," and then you move into the space of knowing their wholeness. And that energy is contagious. Even if you are not in the same geographical location or the same room with them, there is no separation, truly, energetically, and you understand that. And your power as you will offer it to other ones can be accepted. But again, it is their choice and their choice of timing. In truth, in time they will recognize their wholeness and they will be healed. And that is not your responsibility (Thank you) Thank you.

Beloved beautiful one, how are you in this evening?

Eva: I'm wonderful (You are, indeed, a wonder. What would you speak of?) Thank you so much for that beautiful meditation. I really loved the part about making friends with your issues and walking with them to the brink (Yes) It's really beautiful.

Jeshua: Because truly every issue that you put into your reality is your friend. You have called it forth in order to see the wholeness of it and to see how it is sometimes pushing you to the brink, and to love it.

Eva: That's the hard part, that last part (Laughter)(Sometimes that takes a bit of practice) Yes, a little practice. Ever since we went to the Advance and I had this honor to lead that meditation on gratitude and I Am That I Am, St Germain seems to have been popping up a lot more for me and around me, and also I can just turn on something and there's his image. I'm wondering, is he involved these days in our politics behind the scenes like he was a couple centuries ago?

Jeshua: Yes, he is very, very active right now in awakening ones; not saying that it has to go this way or that way, but making suggestions and sort of tweaking people's awakenings to think about, because there are many of the brothers and sisters who don't want to be bothered by choices. Now, they make choices every day, every moment truly as they make their reality, but they don't want to be troubled with having to decide what's right, which way should I voice my opinion about something, etc. And what he is wanting to do is to be present with ones so that they come awake; not that they have to choose one way or another, because truly whatever the choice turns out to be—and I'm not going to prophesy—it is going to be the right and perfect choice that is going to lead to the awakening. Everyone, as

they will study what has been put in front of them, has a choice, a free choice to make, and he is trying to awaken ones to realize that they do have power of choice. So he is very much present, behind the scenes and sometimes right in front of your face.

Eva: Have we had relationships before in other lifetimes, because I feel so drawn to him?

Jeshua: Right. You knew him in the time when he was my Earthly father. You have known him as St Germain as well and in succeeding lifetimes since that time. You have been drawn to his teachings and the truth of his teachings. So it is not by accident. This is not one who is a stranger who comes unto you again.

Eva: Thank you for confirming that (Yes; you knew that anyway) I love you (And I love you also)

Jeshua: Beloved one, how are you in this evening?

Mickie: I am wonderful, thank you (Yes, you are) I have two questions. The first question is, I have been doing some writing on an off, and it feels very much like it's channeled. It has to do, I guess, with my birth and my family. Is this accurate information that I'm getting? I mean, is this a story or is this true information?

Jeshua: Yes to all of the above. It is a story, but it is also true information that you are bringing forth so that you can look at it. It is coming from a higher Self of you. That is why it feels channeled, because you don't feel that you are being conscious about writing this, but it comes from the higher Self of you that is not always conscious of what you are creating. But it is coming to you by your invitation so that you can look at it and understand patterns, patterns in this lifetime which have come from other lifetimes, that have been believed to be true.

Mickie: Okay. So I've done this probably a few years on and off, so I guess I should continue (As you want to) Okay. Thank you for that validation. My other question is, I would say within the last few months my dreams have been very vivid, and I've always had vivid dreams but not frequent like I'm having now. And when I'm dreaming, I know that I'm dreaming. Is this going to continue, and is this a positive shift in my consciousness? I'm not really sure, or what should I do, or...(Nothing) Nothing, okay.

Jeshua: Just to be at peace with it and know that truly there are issues of drama that have not been resolved; in other words, you have not been able to look

at them and feel complete with some of the issues in the conscious life; not only this life, but other lifetimes before. So it is not all from this lifetime. It has roots in other lifetimes as well. So just to be aware of them. It is very good that as you have the dreams you are aware that you are in a dream and that you have power to wake up. It is truly showing you a lot on different levels; and just to be at peace with it; not to worry, not to judge, not to be in fear, not to be in a place that says I have to have these dreams, but just to accept them for what they are and know that they are pointing out certain things that you can look at, but not with judgment.

Mickie: Okay, so just to piggy back on both these questions, it sounds like I really am going through a transformation, because it sounds like the dreams and the writing are part of each other.

Jeshua: Right. You have come to a place where you have acknowledged at a deep level that you are strong enough to handle whatever comes through in whatever medium, whether it is the dream or it is the writing; that you are strong enough to look at these things and to be okay with them. Other times, other lifetimes they could have been fearsome and you said, "I'm not going to look at that; I put that behind me." But it has come through in instances, situations in this lifetime as well so that you did have opportunity to be in your power, as we spoke earlier in the evening, and to look at whatever is being presented to you and not to judge, but just to say, "Oh, that's interesting."

Mickie: And that's kind of what I'm doing (Good) Okay, thank you very much (You are welcome)

Jeshua: Beloved one, thank you for making trek to come here this evening. How are you this evening?

Tatiana: Well, I'm still dizzy with all the things going on in the world today. I had a question, and I think I'm trying to answer it. I'm not sure IF I'm going in the right way or not. As you know, I'm doing plenty of stuff on Facebook and many new friends there send stuff in other languages like Azeri, Talysh, Urdu, Kurdish, and I do not always understand their postings. I'm confused. Should I click "like" or just skip it. Now the question is, so many people right now are trying to preserve their native languages. They are very proud of them, and they are trying to keep it for later generations. So, is it like their desire to go on with the separation or is it something different, like part of their creativity maybe, something that they made and they are proud of? How should I look at this?

Jeshua: It is definitely a heritage, historical worth of the languages that have been honed through generations and handed down generation to generation and it is something for them to be proud of. But as I have spoken to you and the group before, it is a good idea—suggestion only, but a good idea—to learn different languages so that there is a commonality of understanding what ones are saying, the ideas behind the sounds of the words. And for ones to keep their heritage, but also to branch out so that they understand if you speak in the Spanish or Italian or French or English, German, any of the most wonderful—and then of course all of the different dialects—to understand what is truly being said from the heart; not just the sounds of the words, but what is truly being said from an idea and a feeling that come across no matter what the sounds of the words are. So this is an expansion that many of you may want to move into and to encourage the small ones. Now, the small ones learn the different sounds of languages very easily. They are open, like a sponge, to learning different things, and it would be good to encourage—and you are in a position to do this—for ones to become not only bi-lingual, but tri- and even quad- and whatever the rest of the words would be, to know many languages so that they converse with their brothers in a loving way; not in a separated way. To keep the heritage, to revere and honor the heritage, but also to know Oneness. It is a very good question, and you are in a position to encourage this. You're already doing it.

Tatiana: It's impossible to know all of the languages, so would we get this ability at some point to understand without any languages, mind to mind (It is coming) Yes, this is more important, and I see the children can do it, but then when they grow up, they forget it. They lose their ability to communicate without language.

Jeshua: Right, and this is true, and it is very true to look beyond even the humans, to look to your pets, the animals, how they are intuitive. You speak to them with your language whatever the sounds may be; they don't understand the sounds, but they are intuitive and they understand the energy flow. Very good question (Thank you) Thank you.

Beloved one, how are you in this evening?

Kim: Very well (Yes, you are very well) I don't have any questions (Wow, good place to be; a place of peace) Yes. I really appreciate the connection that you and I have during the day.

Jeshua: Yes, and I thank you for being open to that, for some years ago being open to it and to trust it to the place where it has grown, where you hear me—I

2012

definitely hear you. I hear all of you as you speak your troubles, as you speak your anger, your frustration, and also your insights, the Aha's that you have.

Kim: I feel...right now I just feel that there's been a huge completion for me on many different levels in my life (Yes) and I'm feeling really good about it (Good) So I feel like there's...things are just being flushed so new things can come forward (Yes, this is true) I'm excited about it, and things are showing up: ideas that I'm considering, different people are showing up, different ideas, possibilities.

Jeshua: Right. It is an exciting time...for you and for all of the brothers and sisters, no matter how they may view it. It is an exciting time. And for you, you have moved past a lot that used to take your attention, and now you are in a place of the completion with those issues so that you can be in peace and then you can look around and say, "What more is there?" Good place to be (Thank you) Thank you.

Beloved one, thank you also for making trek to come to this evening. It is a pleasure to behold you in this way.

Nancy: Oh, thank you. I'm so glad to be down here after a long time; it's been quite a while (It has been a while) Yes. Well, new beginnings as I retired from one occupation in the spring. I partly wanted more optimal health and I'm spending more time outdoors, and that's been very helpful (Yes) But I'm wondering if you have any suggestions for me at this time.

Jeshua: To see yourself as whole and strong; to awaken every morning and to claim your wholeness; and then to go outside as you have been doing and become very at-One with nature, with the devas as you have spoken, with all of energy of life that is pouring forth around you and truly can be ignored and is by many of the brothers and sisters, but at your place you cannot ignore all the good energy that is around you. So allow yourself to revel in it and know yourself to be One with it, because truly you are creating it. It is speaking to you—all of the various plants and trees and grasses; the stones themselves cry out and say, "We are energy. We are loving energy, and thank you for acknowledging us." Because so many of the brothers and sisters and so many of the times all of you have walked on the grass and thought nothing of it, walked past the boulders and the small pebbles, walked past the flowers and were so busy thinking about what you had to do and where you had to go that you weren't aware of the surroundings. Now you have gifted yourself opportunity to know your Oneness.

Nancy: Coming back from the cruise, I could maintain that feeling of expansion just by being outdoors all day (Yes) That was really an upper (Good) As we came

2012

away this morning, of course really excited, I crossed the Lion's Gate Bridge in Vancouver and noticed the cars slowing. On the other side and in the rear view mirror I saw a young man, well-dressed, standing on the railing, and I just asked for help from the spirit world to send him love. I don't know what happened. I just didn't know what else I could do.

Jeshua: That truly is enough. That is all you can do, because for the other one, it is their choice as to how they see their reality and how they see what could be the future of the reality. You are all able to send love, love energy, to ones and to then allow them whatever choice they are going to make, because if this one would jump from the bridge, his life would not end. He might change form, but the spirit life of him, which is truly what you are but you encase it in a more dense form for a while, his life always continues, because life is ongoing. It is eternal. It is beyond time. So even if, as you would say, I would rather that he wouldn't give up his life by jumping, perhaps his completion was already done and it was for him the next step, or not. But you send love, and you can be aware of your druthers, as they are called, but then you move back from that and you say, "But thy will be done." And oftentimes that has meant the higher will of God and the GodSelf of him, and that is truly what happens all the time. It is the will of the higher Self, because as I have said, he could be complete. And this could be the turning point for some of the ones who have been involved in relationship with him for an awakening for them. You see, nothing is ever without purpose and without use. There is never energy that is not used. It is always for a purpose. So it was good of you to feel love for him and to feel your choice for him and then to acknowledge that it is always his choice (Yes, thank you) Good question.

Beloved beautiful one, how are you in this evening?

Jane: I'm fine, thank you (Good) As you were speaking just a few seconds ago about how...almost like we're in this world but not of this world, there's a part of me that has absolutely no questions and I can access that part, especially when I'm with the Heart Family (Right) And I don't know whether this is going to be a question or an excited "Yea!", but my whole life, right from the time I was three or four years old..."What are you going to be when you grow up, Janie?" I'm going to be a pianist. Well, I finished my music degree and went off to be a kindergarten teacher. But now suddenly my mother's piano is coming to me which is just the right size and color. The lid goes up this way instead of, you know...it's a grand. Woo-hoo! We don't know where we're going to put it. And not only that...and the Bach Choir where I sing, a friend of mine said, "Would you like to come and play for our services at the United

2012

Church of Canada?" No, I'm not a Sunday morning person. So then a little later, "Would you reconsider?" So reluctantly I said, "Okay." So for one year and a bit now I've been performing every Sunday morning, all six verses of whatever it is in the hymn books and I get to practice on this seven-foot Yamaha; woo-hoo! again. Okay, but here's the thing. Some mornings I spend my time with you and with that feeling of expansion most of the time. I get to the works area and there's turmoil around me, so by the time I get to the church service I'm so rattled that I'm scared to death to play. I speak of it lightly, but last Sunday it was so alarming to me that I almost sort of...now they want me to do two services. So I had to play the organ as well as the piano and that was a four hour thing. My body is not accustomed to that. Anyway, how come the nerves? And how do I stay in that place...they even called me the music minister. Isn't that fun? (Yes) And so I also teach the adult choir, and I have testy women in the choir. They say, "I'm not doing that and I'm not sitting next to her!" So it's been more stressful than I thought, because all of these energies are coming at me. Nobody's walking their talk in that church. And that's not a judgment. It's not (Laughter)(Yes, you see evidence for this) I accept that they are different, but let me play this piano without you telling...the gossiping and all of that kind of stuff, I find it like titillating, but at the same time I find it really disturbing, because it's really inappropriate at the level of ministering. Anyway, help! (Laughter)

Jeshua: You are doing very well, and truly you do not need any more help. You have it within you. The nerves come as a leftover from other lifetimes when you had to perform perfectly for the king/queen or you would be demoted and sent from court (Really!) Yes.

Jane: Because that's exactly how I feel. I feel if I make a single error, a single mistake...so then on the next page I see a C# coming and say, "Don't forget; it's a C#." But I forget. And then when it goes by, the mistake is already done and you can't stand up in the middle of a service and say, "Oh, I'm so sorry." (Laughter)

Jeshua: No. And for the most part, other ones don't see it, hear it, and don't want to dwell on it, so it is good that you go on with it.

Jane: Anyway, so that's that. My second question—and now I've got to calm down and stop the giggles here—but my second question is, when you say there are going to be many changes, why is it that...is it more of the fear that you speak of, that it brings fear up for me. "Oh, there's going to be so many changes." It isn't, "We should be ready." It's, "What are the changes?" Are we talking about the change into the fifth dimension—I hope, I hope, I hope.

Jeshua: Yes, it is. And the fear that comes up is an old habit pattern shared with many of the brothers and sisters, probably everyone in this room and everyone within the sound of your voice and ones even reading the words. It is a habit pattern that has been drilled into you; again, because you had to be perfect and there was this lurking fear that, "What if I'm not up to the high standard that I think I have to be up to?" And there were times of evidence that if you weren't up to someone else's judgment of what should be, that there were dire circumstances; at least, they were viewed to be dire.

Jane: So the fear of lack, fear of losing something; in my case, losing my part-time job, which is nice to have the money (Exactly, it is valued) But my husband is working, so what the heck? (Laughter)

Jeshua: Exactly. So you really don't have to be in fear, because in truth, as we spoke earlier this evening—now, hear me well—you are making your reality as you go along. And yes, the fears will come up because they are of habit. They are leftovers from other experiences, other lifetimes, other realities. They are leftovers, and you can acknowledge those fears and say, "Yes, I know you well, but right now I don't have to feel you. I am powerful enough, good enough. Jeshua has told me that I am good enough." Please take my word for it. Take your own word for it, truly (Okay, thank you) And as for the energies that are swirling around—all of you feel this with co-workers and people that you come in contact with—there is much of changing energy that is happening right now, and there are ones who are acting out of habit energy—the gossip that is titillating; exciting; makes one feel, "Oh, well, if she's doing such and such, I'm much better than she is, so I don't have to fear." And then the fear rushes in and says, "Oh, but what if somebody looks sideways at me and thinks maybe I'm not too good, etc." That's old habitual habit patterns. Allow yourself to be—and I say this to all of you—allow yourself to be non-judgmental of self and of others. And if others want to get their high energy from putting other ones down or talking about them, that is their choice. It is not your choice, and you don't have to be part of it. And truly, what you do at that point is, you take a deep breath and you blow it out; and that is the old energy gone. [Jane does it] Good for you; all gone. Thank you for asking.

Beloved brother, how are you in this evening?

Aaron: Oh, wonderful. Just wonderful to hear the messages that are coming through (Yes, to be again with your family of the Heart) It feels wonderful to be here; it really does. The collective energy of the group here, it's just very exciting; it really is (Right) One of the things that has been puzzling me for quite some time,

2012

I'm very well aware of the changes that are coming here and we're being downloaded with a lot of energy, everything is shifting, changing—the plants, the animals, we're all changing. But one observation I've made that I have not seen anybody talk about or respect is the small animal world and the insect world. There seems to be a very big lack of insects. Like, I've noticed that there are hardly any crawling insects any more like there used to be; very few birds in our area; very few mosquitos. I'm not sure whether they've changed dimension or what has happened to them, but there's something going on that nobody seems to want to talk about. I don't know what it is.

Jeshua: It is not so much that they don't want to talk about it. It's just that they haven't perhaps looked at it. They've been busy looking at the bigger pictures of the prophecies and feeling a lot of what your news media will bring to you. That has been a big focus of attention right now. But the small insects are still with you. My beloved friend and teacher can tell you that the little black ants have been in her kitchen quite often this summer. She has picked them up and put them back outside, and back in again they come. The birds around here are quite plentiful. There is one in your midst who enjoys feeding them, and they enjoy eating, so they are here in plentiful form and they find whatever they need. The insects, there are a few living in this dwelling, and she permits it and so they come. Sometimes she doesn't permit it; she will gather them up and put them outside, but back they come. That is okay.

Aaron: It just seems maybe it's the region that we're in that this is taking place (It could be) because it's quite pronounced. It's very obvious to me, but I'm just curious as to what has happened.

Jeshua: No, they are still around. They are still your friends. They haven't left and ascended somewhere or descended anywhere.

Aaron: Both Jane and I have made a major shift in how we look at our health, and so the last ten days both of us made some major changes, and I could feel some improvements right away. It's made a big difference to me. I guess one of the questions is, is there something else I could do to enhance the direction that I'm going with my health right now?

Jeshua: When it comes time for it, you will be aware. Right now, continue with the regimen that you have that has been suggested to you and where you are feeling it to be beneficial. As there will be a certain tweaking to the regimen, that will occur to you as well as the body changes. But right now you are in the right place doing the right thing.

Aaron: The other thing...an outlook of mine to go through a number of experiences health-wise and other ways and to take those experiences and share with other people, like I could go to the internet. And I have no judgment about when I send it, what the effect is going to be; if they accept it, it's fine, but I just feel very strongly to be able to do that. I feel good about sharing those experiences (That is good, yes) So that does make an impact, I assume.

Jeshua: Yes, it does, and that is what I spoke about earlier with the Beholder Activist; being the Beholder, being aware of what is going on in your life and the insights that come to you and then being the Activist in putting it out for other ones to see and for them to see if it resonates or if it doesn't.

Aaron: Give them a new choice that maybe they hadn't looked at before (Exactly) Thank you (Thank you)

Jeshua: Beloved brother, it is a pleasure to behold you in this way once again.

Paul: It's been too long. Thank you, Jeshua (Well, there is no time, but it is great to behold you. What would you speak of this evening?) Well, I didn't really have a question per se. It seems like we're talking a lot about predictions. I kind of think it's a hundredth monkey thing and we're all...not only us, but the animal world and everything is just doing this big leap forward.

Jeshua: Right. That is truly how it is seen.

Paul: Good. Well, that answers that question (Very good; that was easy)

Jeshua: Beloved brother, how are you in this evening?

Jim: I'm doing very well (Yes, you are) Walking in beauty, peace, and love (Joy and happiness) Yes. It feels good. I've been on the mountain; I enjoyed that. I've been on the little trails around here and getting ready for a launch date on Earth Wisdom Photography (Good) And with the teachings that go along with the photographs.

Jeshua: Yes, you have been honing your ability with the photography and coming up with some most wonderful visionings.

Jim: Yes, it feels good getting back to what I used to do, but in a photography way. So no questions, because all the answers are there. But I enjoyed the message again, a good confirmation of what's been going on, so thank you for that and thank you for being with us (It is always my pleasure) Good.

Jeshua: Beloved brother; again, thank you for making trek to come here.

Gerry: Was there a question there? (Laughter) No? I was just wondering (There's always another smart aleck in the group; usually there's one in every group. This group has abundance)(Laughter) I'm just so pleased that you help so often (Ha ha ha. Very good. I am glad to be in the company) Big things, little things, you know, it's great (Exactly) And as you know, even today I lost my way twice getting here, but with your help I found both the restaurant and the house here, so it's all worked out (And truly you did not lose your way. You just found another way to go) A different route, that's right. It was just a different path (Exactly) It worked out really well.

Jeshua: Beloved daughter, how are you in this evening?

Lynne: I am just so filled with love (Yes, you are, and it shows. It radiates) I am so grateful to be here. And how are you in this evening?

Jeshua: I am excellent, thank you for asking. It is my joy to be amongst you in this way, to be able, as I have said many times, to reach out and to touch and to feel the physicality, the beautiful fine threads of hair; most beautiful. Know you that? (Thank you) What would you speak of in this evening?

Lynne: Well, when we were on the cruise [to Alaska during the summer Advance], we were opening the vortex. I experienced within myself a peace that I have never experienced in this lifetime. The whole time, like the whole time we were doing the meditation I just resonated, I just vibrated, and it felt so good. And even thinking about it, I can bring it back at times. I just am so grateful for that, so grateful for that. It just felt so good.

Jeshua: Yes, and it is very good. It is a blessing to yourself that you can bring it back and relive that feeling.

Lynne: You helped us do that again this evening. I always appreciate the meditations, so thank you.

Jeshua: Well, you did call it forth. There is nothing truly that I do that does not come first from you. Take that deeply within the consciousness and realize what that means, for truly we are One. And I only speak to you what is truly in your hearts and your minds and what you wish to feel and experience once again—no separation, only love (Absolutely, and I love you) And I you. Go forth; share your love, as you do so well.

Beloved beautiful one, how are you in this evening?

Amanda: I don't know (Good. That is the beginning of change) I don't know who I am this evening. I was given the name "full of love"—Amanda, which means "full of love"; I didn't know that for a while. I researched that. I'm at a loss for words.

Jeshua: That is good, because you can abide in the heart, the heart that is full of love. And know that truly that is who and what you are. You are love that has taken on a form to live with the brothers and sisters in a way that they can understand and relate to you. But you are not the form and you are not the struggles and you are not the reality of challenges. You are truly love, as your name portrays. You are love that has had the courage once again to take on a form and to live in a world that is not the easiest place to be. This third dimensional world with its relationships and its issues is not the easiest place to be. And I give to you my honor and my respect for your courage to come—and this is true for all of you—to come once again to a place that does not recognize and does not value love. But you have come to be Light and to be love and to show even by the example of seeking that you are One with the brothers and sisters who are still seeking. So you give them truly a teaching as you go through your life that there can be hope, because you do hold hope that things are going to become easier. And ones look at your life and they say, "Well, if she can have hope, maybe I can hope too." And there are many of the brothers and sisters who are hoping for hope. They hope that no matter how dark things seem, no matter if it looks like they should stand on the railing of the bridge and give it all up, no matter how heavy the relationships may be, there is always someone who will understand their pain. And so you teach by being, and you are doing a very good job of it.

Separated ego, that doesn't know who and what it is, will often put in judgment. That is its job. That is what it has done throughout many lifetimes, so it knows its part really well. It will judge. It will come up and give you the self-talk and the feedback that sometimes is not of most positive nature. But then you do as we spoke earlier in the evening; you take back your power, your power of choice, and you say, "Okay, I know these words of judgment. I've heard them before, but they're not who I am. I can make new choice."

And then you choose anew. Maybe it lasts for a minute. Maybe it lasts for two minutes. And then maybe the judgment words come back again, so you choose anew again. Over and over with each breath you choose anew. And after a while the new choice becomes your definite habit choice because you have done it so often and a

2012

smile comes to the face and you say, "I am okay." You are okay. You have followed your inner guidance to be here in this evening. You didn't know what you were coming to or for or what it was going to be like, and you have found friends who have said, "Yes, we know how it is. We've been there and we support you," and they do.

Amanda: I do have powers (You do) They must not be this...(No, and they won't be, because you are going to live out your namesake: Amanda) I Am (Yes, I know you are) I am me (Yes, you are. You will keep saying that to yourself. You are doing very well. I am pleased with you) I am very heart (Yes, and the harder the journey, the bigger the reward at the end when you say, "Look what I have overcome.") Look what I can do (And look what I can do. I am very pleased with you. You are doing well. Be at peace.)

Jeshua: Beloved brother, how is the hood? Have to ask you that, as you are Robin Hood—of the hood.

Patrick: The hood's pretty good (Good; how is it going?) Much better now than it was when I got here (Good) You pretty much said everything I needed to hear (Strange about that) Yes, it's funny how that always works out. But it's been a heck of a couple months and a little bit of health issues and life and death stuff and financial stuff, and anxieties and stuff have been on the rise. It's interesting, because at the same time all this stuff is falling apart and I get into these areas of depression and anxieties, I keep going higher and higher at other times. It's like closer and closer to enlightenment or whatever you want to call it. Is there a way to balance out that appellation between the extremes, or is it just kind of a...you hit the high point and then you just kind of have to breathe and...

Jeshua: It depends what you want. As we spoke earlier in the evening, you have power of choice. And if you value the mountaintop experience, then you have said there has to be something to compare it with, so I will make the valleys. However, there is another option, as you have just realized. You can stay on the top of the mountain and know that the valleys are there, but you don't have to be in the valleys. It is a matter of choice, and if you find yourself coming down from the mountain you can always stop and turn around and go back up again, and I have seen you do this. And you are doing well with it, because it is quite a challenge. You have come through—we have joked many times about the Robin Hood and about various other lifetimes you have had that have been adventuresome and thrilling, dangerous, and so there is the knowing that in the world there might be a choice for danger, and so sometimes the valleys come up and hit you in the face and say,

2012

"Whoops, this might be dangerous." But the other part of it is, you know the highs and you know that they do get higher and you can stay there longer (Right) so you are making progress even if separated ego says, "Well, if you know all this and you're so smart about all this, why do you descend into the valleys?" And you say to separated ego, "Look, I'm not staying here as long as I used to. I'm doing really better." And you are. So do not judge the judgment. That is a good thing for all of you to remember: do not judge the judgment, because it is human and it has been taught to you throughout many lifetimes to be in judgment, and you have known it to be a safeguard to be in judgment quickly so you could safeguard the body or whatever else was valuable to you. So you have known what could possibly be a challenge.

But now you are moving into fifth dimensional consciousness, which is what we are going to speak of next month. But you know what that feels like to be in that place of peace, because already in this evening we touched that place of peace. Go there as often as you remember to go there and dwell in the place of the Now. It will bring you peace because you will know there is nothing that can threaten you (Right) Always I am with you as the peace of your being; not separate from you, not a magical wand, not a magical ritual of anything, but just the peace of your being, and always I love that which you are, the divine holy Self—capital "S".

Patrick: Thank you so much. I love you too (And I you) I so appreciate our time together (Yes, it is truly a blessing) Thank you (Thank you)

Jeshua: Beloved master, how are you in this evening?

Rob: Brighter and brighter and better and better (Yes, well said) That's for today (Laughter)

Jeshua: Are you intimating that there might have been other days?

Rob: What's up with the body?

Jeshua: It is asking you to respect it a bit more, to give it a bit more rest perhaps, to be easier on it, to follow through on some of the nutritional aspects that you have known about but you have not always followed through on (I like ice cream and stuff)(Laughter) And there is nothing wrong with ice cream, but the belief that it might be wrong (I never did think so, but just needed confirmation) Exactly. It is most interesting to watch the various choices that you make when we speak of nutrition. It truly all goes back to belief, but use that which satisfies your belief; in other words, do not say, "Oh, well, Jeshua says it is just belief, and I believe that I

2012

can exist only on air." Well, you can, but you don't make the jump from eating the physical food to the place where you are at the breatharian just in one leap. And I'm not saying that there is anything more spiritual about breatharian than there is about anyone who eats everything from McDonald's. It gets back to your own spiritual understanding of your worth. So every food serves the belief system and serves you well. But for you, you have a certain belief system about nutrition, and the body is asking that you pay a little more attention to it. That's all that's up with the body.

Rob: I mean, even after a four-day week it feels like I've been beat up, and I just want to...is that...I need to bring the "P" word to work or something and take it a little easier there or...

Jeshua: Yes, that would help. You bring some of that passion. Patience, but passion as well; the true passion that says, "I am in love with life. I am in love with what I do. I am passionate about life itself. Wow!" When you get that feeling, you're on a high. "I'm passionate about life." And then the body says, "Oh, hey, we're passionate. Hey, that feels good. Okay, I've got a little more energy." And wow, it grows. Passion, my friend.

Rob: Okay, and then the other big thing I wanted to ask about, and it hints along with a lot of these have been bringing up, like with the Advance and different things. Okay, last weekend at _____, the residence course, two days I felt like... now, this was a suggestion put out that we would have coincidences of God consciousness (Right) but the feeling of everything alive, you know, nature-wise, and the peace...I mean, I went without coffee and that wasn't really my choice completely. You know, I could have left the cigarettes alone a lot more than I did, but I did leave them alone quite a bit. But what I mean is, there was total awareness and all the nature stuff was just like wow, like the leaves and everything. But what I really want to know is, instead of waiting for the next weekend retreat deal, because I do believe it has, just like this hour and ed. here in this evening, it has to do with the group dynamics; the group consciousness helps uplift me (Right) and I felt that being with the other sixteen people for the full weekend may have... because it was definitely nothing that I was trying to create; it was a gift, and I'm looking for confirmation. Was that God consciousness or...? (Yes)

And the next big one that came would be there more often?

Jeshua: Yes, as others were asking, yes, you can dwell in that space as you bring it up in the memory and you know the feeling of it, you can be in that space.

You have the memory of it. There is a shared consciousness that you have with certain groups that are in a place of knowing their divinity or being very close to knowing it; wanting to know it even, and putting the focus of attention upon the spirituality, the spiritual aspect of physical life, and there is a shared consciousness that you feel, as has been in this evening with this group. But what sustains you in the meantime is the memory of how that feels. What sustains you in the meantime is the prayer and speaking what you want to know, what you want to feel, and then being in that meditative state that says, "That which I desire, I already am," because you are and you can bring that feeling up for yourself. What sustains it is often what you put the focus of attention on as far as reading material or listening to various new recordings, different ones that can fill your mind and your heart with a remembrance of who you are. That is your spiritual food, and it is even more important than the physical food. So there are ways, yes, to dwell in that space all of the time.

Rob: One last thing. The Heart Family is so much huger than like...you know, it's a lot bigger, so why don't we have more activity on the Heart Family Facebook page. And will this question make that possible?

Jeshua: Yes. It is a beginning. It is a very good beginning. Thank you for hearing and responding and making it possible for ones to share the uplifting pictures—there will be more coming with the photography. There will be more of the spiritual upliftment of sayings, words, things that you have been posting and others as they are drawn to it. It grows, and it is growing. It is still in its infancy.

Rob: Cool, cool. Thank you (Definitely cool) I feel thanks for everything, and I love you (And I you. Thank you)

Jeshua: Beloved healer, how are you in this evening?

Dennis: Well, a lot better and better (Good) I'm in a transition right now where my company...I spoke to some of the people earlier here that they're going to be laying us off. And like I told my manager, I says, well, this is an opportunity for us to go after what our heart wants, our soul wants (Right) or we could go...it's not an either/or, but I just said to him that many of us are going the other way and blaming. And it's very easy to blame the money-changers at American Airlines because they're making so many mistakes. There's times I just, I voice my opinion and I want to write letters to them and say, "Knock it off. Let's get back on track and start being creative, innovative, and positive." Right now, unfortunately, they're going through hell—fear, hatred, and anger and all that goes with it. But I'm looking

2012

forward to the opportunity to work maybe in some of the hospitals as a volunteer or caretaker (Good) and there's a few of them that I'm looking at. One of them is Valley General up in Renton. The others were my grand master Reiki teacher up in Everett. She comes down to the Children's Hospital and helps out there, and she's invited me many times to help her. Unfortunately, my schedule is always very, very busy and I don't have the time and energy, so I do the distance healing. And the other one, there's one called Overlake. A friend of mine works over there and it's pretty open to alternative therapies. That being said, it's wonderful to be giving of the spirit and to help from your heart; however, the mortgage company doesn't understand that. The bill collectors don't understand that. And this is what I've vocally spoken to the universe very loudly. If you want me to do this, miracles have to happen; otherwise, I can't do it. I can only do it from a distance. So that being said, if that happens, which I wish it does—I hope, believe, and know it can happen—it will. But we'll see what happens. Right now I'm having a little bit of a challenge with my company as to what they owe me, what they don't owe me, and pension and unemployment. So I'll be out of a job on November 16. So we'll see what happens. Either that or I have to go back to work and work another job. So we'll see. But I hope for the best, because this is what I really want to do from my heart, do something more in that area. Like you said earlier, "healer". I definitely want to start being more of a channel, an instrument for the healing of light brothers. All I ask from you is to pray for me, and the Heart Family (Okay) I hope and know that this will happen (So be it) So be it. Peace be with you and thank you very much.

Jeshua: And with you also. You have always landed on your feet. You will again, and it will be with the open heart doing that which you love. Keep on visioning that there will be the balance, that you will have what you need for the world to pay unto Caesar that which is demanded, but that you will be able to move into a new chapter where truly you will be handling healing rather than the physical things that you have been doing. It is, as you have discerned, an opportunity to be complete with a certain long chapter of what you have been doing in this lifetime so far and to move into something more rewarding, as you will understand it, although you have been teaching where you have been and helping many over the years. If it is necessary that you get certification for the world, follow up that avenue to see if that would be something that would bring the golden coins; some kind of...I'm not sure what the world would need, but some certification, piece of paper that says to them that you can live your earning, as opposed to earning your living, in a way that brings you joy. It will work out well. This is truly the hardest time right now. It is

2012

as a birth. The labor part of it before the infant is born is the hardest part. After that comes joy.

Dennis: So when you say "certification", is there one field that you would recommend?

Jeshua: No, it is up to you. You will follow your heart, your desires. You will look into what might be necessary to bring you the balance that you ask for. You have always been creative. You have always known how to bring together the pieces to be in peace itself. You will know.

Dennis: Well, it wasn't very peaceful the other day when the supervisor threatened to fire me (Laughter) (We saw that) I'm sure you had a good laugh (I was not laughing at your pain) Well, I did a nice little write-up and I spoke to H.R. and him, and I would like to have seen him fired. So we can just go back and forth. You know, it's comical, because part of my old self, the warrior self would not have allowed that person to walk. And I said, "No, I've transcended those ways and I need to forgive him and love him, for he does not know what his _____ has done (Exactly) And that was tough. That was very difficult, because I remember my old ways...his head wouldn't have been on. It would have been like you said, and that's why it was the warrior in him, and that was that lifetime and not this one. So every once in a while I meet people that I have known before and they come back to challenge me (Oh, yes) and so it's really interesting how you need to rise above and open the heart and forgive them.

Jeshua: Exactly. You are doing well with this (It was an interesting lesson) Yes. Peace be with you (And peace be with you also) Thank you.

Beloved smiley one, how are you in this evening?

Marti: I'm just fine, thank you (Yes, you are) The story that Dennis just told, I heard a lot on my traveling. And it is sad that we live in a society that makes it impossible for us to do what we really know how and are good at because of its structures. So I was very happy to see, and I'm happy to report that the structures are crumbling everywhere where I did not expect them to. In Europe where they are so entrenched, everything is crumbling. And then I feel good about that they're crumbling, but there is a lot of pain involved as we just heard; anxiety. And it is rampant. So I guess the brood we are wanting to build, we have to be creative about doing it. We all have a talent. We all need to be able to work this talent and live from it. We have to do better than what we have, the way we are structuring it. So we need all of the brainy ones that do good structures to get going (And that

2012

includes you) I thought I was retired (Oh, no. It may be a retread; not retired)
(Laughter)

Well, anyway, it was very interesting for me to see the extremes of the turnover of what was, and they don't know yet what's going to be. And when I said you're building a new world, you are just taking down what doesn't work. It's not working this way. It's not good. It's that the bottom line profit motive isn't bringing us anything. We need to go thicker than that. And they would just look at me like, "Well, what do you mean?" So if you have an opportunity, we need to talk about these things and build these things. So that's what I'm bringing back from my travel. I had a lot of wonderful insights. The system is crumbling from the Vatican, very much so, on to the banking in Switzerland where the gold lives. It's very crumbly there, and it's refreshing. I want you to know it's working. This is not a theory. It is happening. We are...(That is what the changes are about) Yes, they are, and they are very real on 3D, and so I can confirm it very much so.

And then I need to tell this group my appreciation for saying prayers for the forest fires. While I was over there in Europe having a good time, the fires were in eastern Washington having a time. So this group did miracles (Yes) The winds were stopped for four days, and if anyone knows eastern Washington, they know how much wind is there. And it stopped. Thank you very much; I've forgotten who put things in motion, but prayers were said and prayers were felt. Thank you very much.

Kimberly: Hi there.

Jeshua: Yes, beloved one, I will come over here where we can make direct eyesight. How are you in this evening?

Kimberly: Very good (Bright Eyes, you are very bright again this evening) Thank you. I don't actually have a question at all; just been full from your message which was tremendously helpful. Just glad to be here in this energy (Right, and to bring your energy to share with others; thank you) Right. Have a good evening.

Jeshua: Beloved one, how are you in this evening? And again, thank you for making trek to come here.

Sue: It was my pleasure. I've just been reveling in gratitude for...it's almost like a yardstick to come here tonight and just feel all the changes that have happened in me, and not only me, but everyone here. It's just more measurable to be here somehow. There's just so much gratitude for getting sick when I did and having the time to meditate like I did and connecting with you like I did. I just feel like my

whole world's changed (Right, and it has) And it's deep; it doesn't go away (Good) And I just felt tonight the truth so much in what you were sharing about remembering that feeling of going in there and following it, because that's what I've done and it works, you guys. Just keep practicing. I just really appreciate you affirming that and just being with me all the time and all the joy that I've been feeling.

Jeshua: It is my pleasure. Thank you. And thank you for sharing (I love you) And I you. Keep smiling. Keep shining.

Beloved brother, how are you in this evening?

Don: I'm trying to scribe (Yes, you are filling in for the scribe) Yes, the problem is, I don't have any questions like he does (Laughter) No, I'm really sorry about that because, you know, he puts really the finishing touch on everything. But I just want to say thank you and everyone here for asking about what you need in the way of help, because it really energizes me to see you get the help that you need. And I appreciate you so much. And I'm going to tell him, the scribe, why weren't you here? (And tell him he should send in his questions ahead of time) (Laughter) Thank you very much.

Jeshua: It has been my pleasure to be with you in this way this evening, to meet you in the heart, to know the questions of the mind, but to truly meet you in the heart of healing. All of you have come with insights, you have come with questions, you have come with struggles. You can leave the struggles in this room. We will sweep them out the door after you leave. Allow yourself to know that truly you are loved, and that is all that matters. You are as your holy name says you are. You are love and Light from before time began. You are the power of choice, the power of peace. Go now in that power and in that peace, and know that always I walk with you. So be it.