

2003

Thanksgiving

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Beloved one, you are coming now to a time in your seasons, a holy time, of thanksgiving. A time where you pause, hopefully, to take account of all the gifts, the blessings in your life, and to feel how abundant you are – for indeed you are. There have been years when you have looked upon some of the blessings that you now count as blessings and you did not count them then as blessings, but now with a bit of the hindsight, which is always 20/20, you see that in truth those challenges have been gifts in disguise.

Allow yourself to come alive in the realization that everything serves the Atonement. The realization frees you from the perception of guilt – yours and other's. It frees you from feeling that you – or they – have ever done anything wrong, or have been lacking in any way. Then you begin to become more and more aware how everything is a blessing to be thankful for.

A list of blessings

When you come to your holy day in this month of Thanksgiving, take with you to table a list of the blessings. Between now and then take pencil, pen, paper and write out a blessing or two or three or four – however many come to mind – and keep adding to the list day by day. And when you come to table on Thanksgiving Day, share your list with others who are around the table. Now, you may want to mention this beforehand to them so that they also can make a listing. It does not have to be a grandiose paragraph, just a list to share, for there is much of thanksgiving which comes with the awareness of blessings in one's life.

Start with the list of the blessings. And, because you live in a world of duality where there is yet the collective belief in good and not-so-good, make a list of the not-so-good. Perhaps you will find that the list of blessings will be longer than the not-so-good – or vice-versa. Now, there is a miracle awaiting you in the recording of the not-so-good. For, the more you will look at the items on the list of not-so-good, you may find yourself changing them from one list to the other as you abide with them with more understanding. Allow yourself to contemplate each item, and to ask for expanded vision as to how it serves in your Atonement.

Not-so-good blessings

Now, have I given you too much work to do? No, it will be fun. But begin it today before you lay the head upon the pillow. Write out your list of blessings. Write out your

2003

list of not-so-good, and day by day keep working with the lists. And when you come to table on Thanksgiving, I guarantee that the list of blessings will far outstretch the list of not-so-good, and you will feel yourself gifted by life itself.

This season, this time of holiness which is upon you now, is a most blessed time. You will be coming soon to the holy days known as the celebration of the Christ: Christmas. And it is most appropriate and necessary that you celebrate the Thanksgiving first, to have an awareness of the blessedness of your life before you move into the knowing of the Christ. Thanksgiving prepares a place, a welcoming, within your consciousness for the Christ to be born.

Days of great import

I would impress upon you that these are days of great import. These are days of choice. There is an energy, a wave if you will, which is sweeping the consciousness. A wave of energy which will not be denied. Some will see it in great frustration and in resistance and in sorrow, confusion, and the activities of the holidays will intensify the feelings. Others, such as you, will see it as the Christ energy which you have prayed for, come now into your own awareness, come now to bless you.

The Thanksgiving of the Christ

Choose this year in your Thanksgiving to know the Thanksgiving of the Christ. Choose to know the love which the Father has for you. Choose to be thankful that you are the expression of the Father upon this plane, that you are bringing forth life in Its experience. Every day give thanks for a new day when the light dawns: the physical light of daybreak and the light which dawns within the consciousness as you allow yourself to say, "Father, one more day I live for You and as You."

The holiness of the Child which you are speaks always to your guiltlessness, to your innocence and your purity. Choose to know the thanksgiving of the guiltless one, and celebrate that you have chosen even the human experience. Give thanks to yourself as the Christ. Be in thanksgiving as the Christ.

Beloved one, I, as the Christ which I am, give great thanks in my Thanksgiving for you.

So be it.

— Jeshua ben Joseph (Jesus)

in expression through Judith