

# Vail Friday Evening

1996-07-26

## Jeshua & Joseph

- 1996-0726-001 {Following Govinda's talk and meditation}
- 1996-0726-002 Thank you beloved brother for what you have gifted often to the brothers and sisters in such a manner. Often you have reminded them of the power of the energy of the Christ that they are. Reawakening within each of the centers the life energy and allowing them to consciously remember and reconnect, and you also have aided and facilitated the great work of the Father upon this plane.
- 1996-0726-003 Thank you beloved one, for you are the one who has said numerous, many, many times that you would come and do it once again until they get it.
- 1996-0726-004 {Laughter}
- 1996-0726-005 If you will receive it, all of you in the last few minutes of your timing you ascended. When you were reconnecting with the energy that you are, when you were reconnecting with every power center and felt the energy explosive, each and every one of you ascended.
- 1996-0726-006 Yes, it is a grand truth. You have got it. For in truth ascension is you. It is your true nature. Not to be held to a specific point of focus, a very heavy life with worries of the world and the voice that would say that there is much that must be carried.
- 1996-0726-007 You are the ascension and as you remember and reconnect with that energy you live your true nature, beloved and holy and only Child of our Heavenly Father. Come into manifestation as the Christ right now right here. Not to have to wait for it. But to experience it right now.
- 1996-0726-008 And how does it feel? Wonderful, it is a grand wonder and all of you touched that space and ascended. All of you went beyond what you saw as the physical confines of the body. You closed the eyes and you went within and you knew yourself to be beyond the skin of the body, beyond even what would be termed the aura of the body.
- 1996-0726-009 You knew yourself to be that aura yes, to be all of that energy. The energy of the chakras that is not just contained in one place but in truth, expands out to what you would see as the farthest universes. Activates the farthest universes. For those universes would not be without you.
- 1996-0726-010 You are truly moving from what has been called the third dimension quickly through the fourth to knowing the fifth which is the space, the place of

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ascension. The place that knows itself to be unlimited Christ energy, the light. Free and unbounded. The holy Child who loves to play and knows herself love of the Father so that it is okay to play. Grand is it not?

- 1996-0726-012 Now, I would ask of you, did you remember in this day your homework? What we talked about in the last evening? Did you reconnect with your alter self, the brother, the sister that you paired up with in the last evening and did you ask of them how it was going for them? And did you offer words of comfort if it needed to be there or words of joy? Words of oneness? If you did, very good. If you did not, you still have remaining time in this day.
- 1996-0726-013 {Laughter}
- 1996-0726-014 You are most welcome. It is your time not mine.
- 1996-0726-015 Connect with that one who is your alter self, another aspect as you would see aspects to be, of the One. Another aspect of you for that one moves as you do, is the energy that you are, feels, questions, loves, experiences the same as you do. That one in this evening has experienced the ascension. That one has gone beyond limited point of focus and has remembered the space of heaven and has brought heaven to this place as you so kindly and wonderfully suggested.
- 1996-0726-016 For what you are doing in this time, the remaining years of what you would see until the turning of the age, you are bringing heaven into manifestation. You are remembering heaven. It is holy communion as we spoke last evening. It is knowing oneness of common union. One bringing heaven, the oneness of heaven into manifestation, into experience right here and right now without having to lay down the body for you have done that many times and then you have recycled because you have been the servant of the Father, the Mother and you have said, "Yes, send me once again. I will go. I will speak words of truth. I will be inspiration for others. And as I see them being inspired and coming up higher, it will encourage me also as the One that I am."
- 1996-0726-017 All of you are doing this. All of you so gathered in this room, you have said that you will be the ascendant. You will know yourself to be lighter than the world. Lighter than any of the creations of the world and that you will ascend. And in this evening you have done so.
- 1996-0726-018 Thank you. Well spoken.
- 1996-0726-019 You have felt as your beloved brother has spoken in this evening, you have felt the joy of coming together. The joy of empowerment as a family have you not?
- 1996-0726-020 **Yes.**
- 1996-0726-021 There were questions on your way here, on your journey. There were questions of what will I find there? Will I find a welcome? How will it be? Yes, I know I will be welcomed. But how will it be?

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- 1996-0726-022 All of you, it took great courage to come to what would be seen as a new grouping. For on one level you did not know who was going to be there and on another level you did know. That is why you accepted the invitation. That is why you stirred yourself around and said, "I must, I must be there. I don't know how I am going to do this, but I must be there." Yes.
- 1996-0726-023 You wondered, "Why am I doing this? And yet I felt such an invitation, such a magnetism to be there." That is right. And the logical mind could not provide the answers. The logical mind came up with all sorts of reasons why you should not. And yet the heart said, "I must be there. I must reconnect with something that I do not even yet know but I trust." And it is the family. It is the One, it is the holy communion.
- 1996-0726-024 All of you of the family so gathered in this room once again and there are others of the brothers and sisters who will be joining you, have felt an invitation to a work, a project, a mission. Something that you will bring into manifestation in service to the brothers and sisters. For you have come past the place of knowing satisfaction with service to self. You have done that many lifetimes. You have been most focused upon self and what you could do for self to the place where you said, "Well, I've done everything. I know how to have great worldly power and to motivate others to my will. I have tried that. I have been the king. I have been the grand warrior, the grand warrioress. I have been the one who dominated all that I could see and countries beyond that I could not see. But it was not fulfilling. There was something missing." And you laid down the body bitter, because there was something elusive. Something that your wisemen tried to tell you. You were one who tried to tell them. But it did not compute. It did not go to a place of the heart. It was not heard and did not resonate. And you came and you tried another lifetimes as a grand beauty and you thought, "Well, I've tried being the king. I tried being very dominant with power. I will do it another way. I will come as the grand beauty," and you have, "and I will have power because the king loves me. I will be the one who is sought after by the one that the rest of the world looks up to and I will know that I have the greatest power because I control his feelings."
- 1996-0726-025 And so you tried that. You were the grand beauty and this applies not only to the ones who are now activating the female form for all of you have exchanged roles. All of you have tried on the parts to see how they fit. You have played them to the hilt. You played them very well.
- 1996-0726-026 And you found that there was a certain worldly fulfillment in having human love, human admiration. It felt good, but you accepted the collective belief in the aging process and oh, my goodness what happened then?
- 1996-0726-027 Yeah, and someone younger and more beautiful took your place and you thought, "How awful that is." You have tried every way that you could think of to know

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fulfillment. Every way to know holiness, wholeness, completion, oneness. And you looked to self -- with a small "s" -- and now you have come, this is not the first lifetime but now you have come to the place of saying that I will be in service to the Self, the one Self that I am -- with a capital "S". I will be in service to the brothers and sisters for you have spoken wisely that that is where security is. Yes, for that leads to the place of Home. That leads to the place where you know you are already Home and you feel the security of Home, the Home you have never in Truth, left.

- 1996-0726-028 So you have felt in this lifetime a stirring, a questioning. You have tried even in this lifetime some of the focusing upon self and self-fulfillment and that is well and good. It was a review. And now you feel within you this grand stirring to be of service. To bring into manifestation, into experience heaven right here and right now. And you see this, you visualize this differently. Some of you see it as establishing a healing center, a community, various types of community and there will be, there will be many communities, many points of light that you, all of you so gathered in this room will be active in the establishment of and the nurturing of. You will travel. You will visit many of them.
- 1996-0726-029 It will not be just one. And there will be many different kinds serving different avenues for what the brothers and sisters need. What speaks to them in the moment. There will be the healing center that speaks to the healing of the body, that speaks to the healing of the emotions and of the soul.
- 1996-0726-030 There will be the healing communities that are set somewhat apart as a place of healing because they are a place of retreat. We will not call it a retreat, yes. But it will be a place apart from all of the activity of the world, a place where the still small voice can be heard. A place of nature, of flowing water such as you experience here.
- 1996-0726-031 It is not by accident that you find yourself here. It is as a reminder of what you have known and have valued in other lifetimes and have found to be quite healing.
- 1996-0726-032 There will be communities where ones do not live right in the community, but will be very much a community of service where there will be the healing center, a building where ones will come and the community will be the facilitators who come and provide service there. They will not need to dwell right in that adjacent area. But they will come there and offer their services.
- 1996-0726-033 There will be other communities where you will find yourself dwelling together, because as you have experienced in just the last day of your timing, it is grand to come together, to be together, to break bread together -- or the lettuce as it may be.
- 1996-0726-034 {Laughter}

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- 1996-0726-035    And to share the joy of the heart because you are together once again free to love. Free to support each other. Free to speak the heart and to play, to claim again that joy.
- 1996-0726-036    I would suggest unto you and this is just a suggestion, that you find a reason to reconvene this gathering more often than just once a year. Could that be arranged Beloved Elder?
- 1996-0726-037    {Laughter}
- 1996-0726-038    Would that be something that you would desire to do?
- 1996-0726-039    **Yes. Yes.**
- 1996-0726-040    It has felt good has it not? It has felt healing has it not?
- 1996-0726-041    **Yes.**
- 1996-0726-042    It has brought forth healing of the body, yes? Yes, and others of you have experienced healing of the body and much healing of the souls. Much that was hoped for, desired. Much that has come because you have been willing to claim it.
- 1996-0726-043    You empower each other as has been spoken already this evening in your coming together. The ones that you have chosen through a divine connection as your alter Self, I would suggest that you keep in contact with those ones. Send the postcards. It does not have to be a long message. You don't have to sit down and write the epistle that is going to be in the Holy Scriptures.
- 1996-0726-044    {Laughter}
- 1996-0726-045    But write something on the postcard and send it off once a week, once every ten days, whatever, to keep in contact. Use your mechanical means of the voice of the telephone. Call up and say, "How is it going? What's new? How soon are we going to get together again? Let's play. I want to roll down the hill with you." Or something like that.
- 1996-0726-046    {Laughter}
- 1996-0726-047    Yes. I want to play. I would suggest that you keep up that connection that you have already started and will keep on nurturing throughout the days of this gathering.
- 1996-0726-048    For in truth, I would suggest that you keep up that connection that you have already started and will keep on nurturing through the days of this gathering. For in truth the one who selected you and the one that you selected has been by divine agreement even before you arrived with the bodies here in this room. You have an appointment one with the other.

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- 1996-0726-049    So keep up the networking. Keep up the friendship. Nurture that and make reason. You always seem to need a special reason, to come together again as this grouping. Not because you need anymore infilling....
- 1996-0726-050    **Whew!**
- 1996-0726-051    {Brother is filled with energy.}
- 1996-0726-052    Energizing is it not? That was a bolt of lightening. It was a bolt of the Christ lightening. Do not thank me, beloved one. You were the one who said, "Okay, I will re-energize all of the circuits." And you did. You did it very well, too. If you will receive it you restructured some of the DNA right in that moment, changed the cellular way that it is structured, moved to another level. But you do this. All of you do this. In a moment of allowing yourself to choose for expansion and it may show most dramatically as this one did. Other times it will be a little more gentle and it feels like, kind of a little tremor, but okay. And you wonder what's going on but I guess it's okay. Of course it's okay. You are moving. Very much on the move. Moving to the next level.
- 1996-0726-053    We have been speaking about the importance of holy communion, of remembering oneness, remembering the holiness of the common union of the one holy Child. This is going to be most necessary in the work that you will find yourself drawn to. It will be necessary that you check in with the heart, with the one in the heart, that you check in and commune with the one Self. What you will call the Higher Self. Perhaps a guide, a master, an angel who is not separate from you. It is you as the expanded Self that you are now willing to claim.
- 1996-0726-054    It is going to be most necessary that you know how to feel communion with brothers and sisters who will be working with you in the project. How it feels to be upon a certain piece of land for there are some of you who are wanting to know where, "Where am I supposed to be Jeshua? Get out the map for me and put a pin point on the map. Where am I supposed to go? Where is this community supposed to be?"
- 1996-0726-055    Well I will tell you, already the community is. It is within this room, yes. It is within the expanded networking that you do so well. But first and foremost, it is within the heart and the community, the physical community. Yes, it will be for you will desire to have a place where you will come together like this. A place that you will call home upon this plane. The physical communities because there will be many of them.
- 1996-0726-056    You will want to walk on the land. You will want to know communion with the land. You will want to know how it feels. Do you resonate with it? Does it open the heart? Do you feel alive and expansive when you walk that land? That will be important for you upon this plane.

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- 1996-0726-057    Now in truth, all land is sacred. There is no land that is not sacred. It is your creation and you as the holy one, have brought it forth and all land is holy. That is why I will not get out the map and say you should go to any specific place. But you will feel more at home in certain areas. The heart will be more open, more resonant. It will feel expansive. It will feel more alive. And you will say, "I want to be here. This feels good to me."
- 1996-0726-058    For some of you, you will choose within this next year of your timing to pack up all of the belongings and move. Some of you are on the threshold of moving. You want to move. You feel a very accelerated energy that is pushing. You feel like even if you want to stand in one place the energy of the universe, you will call it, is pushing. So you will find yourself packing up and you will find yourself moving.
- 1996-0726-059    Others will not move the physical belongings, but there is much movement in the heart, much shifting of perception, much movement on the inner. Some will find the calling to be right in the middle of the city. Other will say, "Heavens, how, how can you resonate with the middle of the city?" And yet that is where the calling is. That is where you know that you must be at least for the time being. It does not mean you are going to be there always. But it does mean that that's where you desire to be of service and where you bring your light is holy space.
- 1996-0726-060    Others will say, "I come alive when I am out with the flowing water and the trees. I want to be of service to the brothers and sisters and provide a place where they can come and be in touch once again with the one heart." And then you will provide that. It will be healing.
- 1996-0726-061    Others will stand and serve right where they are but there will be much moving as there has been in the past. Much moving of concepts and ideas and image. Much moving. Already you have felt that. Part of the new energy that yet is very much here and you have spoken well beloved brother that there are ones who will go with the flow of the water and will say, "Yes, this is great river rafting. I love it. Let's go." And others will say, "No, I am in too much fear. I do not want change," and they will resist. You are seeing that already.
- 1996-0726-062    You have experienced it yourself. There have been issues, times, small ones, where you have felt in resistance and the pain has not been pleasant.
- 1996-0726-063    Many of the brothers and sisters now are feeling the new energy. Many of the brothers and sisters are feeling the acceleration, the impetus and they are not knowing what to do with the energy and not wanting to move and they are sticking in the heels and tiring themselves to the place of what is called stress where there is all manner of disease within the body, wearing out the body that serves them so well and wanting to know peace, the restorative peace.

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- 1996-0726-064 So there is much that you will be doing in the next few years of your timing. There is much change. As beloved brother has said, "This is the energy of change."
- 1996-0726-065 You have had gentle prodding. You have felt this over the last few decades of your timing. There have been many changes that it has been more gradual than what you will witness in the next three years of your timing. It will be much of the roaring river. Not so much the gentle trickle of the gentle stream. It is going to be much of the rushing water.
- 1996-0726-066 You so gathered in this room have already made decision. You have already declared your intent and your willingness to be of service to the brothers and sisters, to allow the heart to open in that service and to show ones who are still a bit mired in what they see to be important. To show them that there can be another way to look upon things.
- 1996-0726-067 You find yourself surrounded by ones who have other priorities. They are doing completion with those priorities. They are eating of the chocolate pudding until they get to the place of saying, "I have indigestion. Too much. Too much. There must be another sampling of food on the table." And when they get to that place, guess what beloved brother? You say, "Well you know I've been eating of this one. Try this one." It is the same for you.
- 1996-0726-068 There are many of the brothers and sisters around you who have certain priorities that are serving them well for completion, and yet there is a stirring in their soul to move, to come up higher, to know ascension. And they will be asking of you, "How do you do this?" They will want to know.
- 1996-0726-069 And you will put it within the frame work of a language that they can understand and value for they will relate to what you have to say to them. You are a bridge so that you will be able to say, "There's another way. Look this way. Not so much with the face. Perhaps this way. Have you tried?" And they will shift just a bit. You do that very well, gently, subtly. No, sometimes not so subtly.
- 1996-0726-070 {Laughter}
- 1996-0726-071 All of you find yourselves in service with many others who have different priorities as of right now. Yes, you feel that. It is a bit of a friction sometimes. You wonder what is happening here? They are completing. They are getting to that place that says, "I have had enough already. I want to know something new." But they are not quite yet at that place which is a bit of the frustration sometimes. Because you can see the grander vision. You can see how love would make all of it flow much more smoothly and why? Why do they persist in not seeing what you can see? You wonder.

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- 1996-0726-072 It is because they are not quite yet complete as they see completion to me. You can say, "Well they were complete years ago."
- 1996-0726-073 You find yourself interacting for yet what you would see as a time period with brothers and sisters who have other priorities. And you have wondered, you have asked of yourselves, "Why if I feel so differently about things, why am I surrounded by so many others who see things differently than I do? Who see the world to be a terrible place, a place of heaviness, a place of conflict, a place of very little joy." Perhaps on a weekend they will find a glimpse of escape. They could find the same escape throughout the week could they not? Yes, but they have allowed themselves only to think that perhaps on a certain day of the weekend that is their time. Well all of the time is their time. They are making their time the same as you do. But they are doing the completion.
- 1996-0726-074 You are most important servants of the Father throughout this transition time because you can see beyond the appearance of what is right in front of the world's nose. You can see beyond to the heavens that will be manifest.
- 1996-0726-075 It is most important that you hold that vision in every day. That is why you spoke so truly, beloved brother, to set aside some time for the meditation in every day. Sometimes to nurture the vision of heaven, to reconnect with the peace of heaven in every day.
- 1996-0726-076 For you will find many voices coming at you that will speak of dire calamities that you just about to happen. "There is going to be upheaval in the world. The government is all wrong. Our Holy Mother, the Earth is going to throw everyone up in the air and some of them won't come back down again. Brothers and sisters are set one against another. All kinds of conspiracies." That is the voice of duality. That is the voice that is now finishing. It is making its last ditch reading of the script. That voice that speaks against holy communion that would say other than holy communion.
- 1996-0726-077 That voice you will hear in many, many ways even ones of the friends who are on the path, as you call it, will come up with their own issues where they will have to have opportunity. They do not have to as a need, but they will provide for themselves opportunity to see holiness in whatever issue they are looking upon.
- 1996-0726-078 So they will come and they will be right up in the face and they will say, "You know, this is wrong. That is wrong. They are doing it to us." Whenever you get into the they and the us, what do you have? You have separation. You do not have holy communion.
- 1996-0726-079 Issues of separation are coming up now in grand intensity. Ones who are friends, ones who are sincere of heart, who are seeking, who are reading, who are even meditating will have their issue or perhaps more than one, where they will see certain appearance and interpret it in a way based on fear.

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- 1996-0726-080 For yet a little while until they have come to the place of knowing holiness with that issue, of healing that old wound. And that is what it is, it is an old wound that has been carried many, many lifetimes. So the ones that will come with the best of intentions and they will say to you, "Watch out for...." And you will say, "Thank you. Message receive." And you will know that it is the issue that they are now having opportunity to look at.
- 1996-0726-081 And perhaps for yourself it is an issue that you will want to look at. And you will sit with it and you will say, "Is this the truth of my holiness? Is this really what is happening? And if it is, let me look beyond the appearance to see the divine pattern that is happening with this."
- 1996-0726-082 For everything is in flux. Everything is in transition. Everything is in change now and that is good. Because you have asked for it to change. You have said, "Alright, already. Enough. I want the good stuff." We spoke of this last evening. That is why you are calling forth holy communion, to know that as you stand upon the land to see how it feels, how the heart opens, what the guidance is. To know holy communion with the brothers and sisters that you are called to work with and to know that that one who stands before you is your Self. Be able to look past appearance and to see with the eyes of Christ, to love that one as the Father does.
- 1996-0726-083 Not perhaps the choices and behavior, but to love that one as that one truly is and it will change all things. It will heal all old baggage. Yours and theirs as well.
- 1996-0726-084 You have come a long ways beloved ones. You have left much baggage behind in just what you would see as the last two years of your timing. You said it is too heavy to carry. I don't want it anymore. And it shows even in the countenance, the radiance is coming alive again. Others of the friends can see this. They look upon you and they say, "There is something changed about that one." They will call it a wholesomeness. Great truth. A wholesomeness.
- 1996-0726-085 All of you have been doing completion in this lifetime. All of you have had challenges, various ones. Great big ones as it seemed in the moment. Yes, and those moments stretched on for what would be a longer interval, years yes.
- 1996-0726-086 Completion to the place of holiness. The place of great joy. The place of allowance. The place of love. The place of heaven.
- 1996-0726-087 You will see many changes in your world in the next three years of your timing. It is accelerating yes, and as we spoke last year in the gathering, we spoke of the changes and much has come about in the past year and builds upon itself.
- 1996-0726-088 Changes where there will be change in the monetary system. Where the metals and the investments, as they have been called, will not be valued as they have been in the past. You will be flexible about this. You will be moving with it.

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- 1996-0726-089 For indeed, what gives the value to the metals and the investments is the energy of the Christ Child. You will know what underlies all of the seeming value. It is the energy that you are and the belief that then supports this. So you will be having a grand adventure with this.
- 1996-0726-090 Already you are out on the crest of the wave. Already you are moving into a new understanding of the energy of the golden coins. For what will come to be valued is the service, is the love extended, that place of ascension, that place of holiness.
- 1996-0726-091 And it will not matter whether ones pay you in the golden coins. That will be as a fringe benefit perhaps. You will come to the place where you will not even want to be bothered with carrying that about or even the plastic or the paper.
- 1996-0726-092 But you will want to be in service because it allows you to come alive, to feel the Christ in extension. You will be so busy. You will want to say to this one, "Here, read this book. I know this is going to just wake up everything you need to know." You are already doing that. You will be in service because it feels so good and you will not be able to wait to smile upon another one because the heart opens in that smile.
- 1996-0726-093 And you will find that ones will value what you have to give so that they will give you what is needed for the body, the dwelling place, the raiment, whatever and it will not even need to go through the intermediary of the golden coins or the paper or the banking. You see the levels of separation that have been set up where you have something that is known as the paycheck. Sometimes the direct deposit. Now you do not even see the paycheck, okay. And it goes to your banking institution who says, "I will keep it for you. I will play with it," and they do. Yes, and you have great fun with how they play with it. It brings forth all kinds of issues.
- 1996-0726-094 But you will want to be in that space of holy communion, that space of joy, that space of healing. And yes, there will be some golden coins because the world yet for awhile, speaks that language. So there will be some flow of it. This is going to be bridging. It is not going to be what you see as happening on the morrow.
- 1996-0726-095 There is going to be a bridging of it. But you are already in process of understanding that there will be change, that there will be bridging. So you are already the scout who is looking out there to see, "Okay, what is out there? How is this going to feel?"
- 1996-0726-096 The work that you will be doing will come because you desire to do it. Because it comes from the heart and you no longer can put it behind you. It is something that has been growing within you. You have felt it for the last few years in your timing. You have asked, "What is this going to look like?" Now you are beginning to get a vision of it. Some idea of where you want to be.

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- 1996-0726-097 Not where you should be. There is no "should" about it. It is where you want to be and how you want to serve and how this allows you to claim your Christ nature. already you are doing that. This is going to expand rapidly. You think that you are busy now. You are going to find yourselves most active as the rushing water yes, but also you are going to know the deep peace of the still water that underlies the great rushing. That is why you are now wanting to connect with the one Self in holy communion.
- 1996-0726-098 I would suggest now that you take a break. Allow the bodies to get up and to move out of doors. Be in communion with the plants, the trees that are out there, the rocks. Find a plant, a flower, a tree, a rock that calls to you. Do not be in the activity of the speaking one to another, but go in sacred communion of the heart in quietness and speak with the tree, with the flower, with the flowing water, with the rock that calls to you. Know communion with your creation. Go.
- 1996-0726-099 {Break}
- 1996-0726-100 You have been experiencing up in the altitude a certain need for more of the water. The body has been calling out for the water, the flow of the energy. There has been a feeling that this is different from what I usually experience. Yes. To the holy Child. Drink well.
- 1996-0726-101 Are we all gathered back together again?
- 1996-0726-102 **Not quite.**
- 1996-0726-103 Not quite, no.
- 1996-0726-104 Did you find the holy communion.
- 1996-0726-105 **Oh yes.**
- 1996-0726-106 Did you find communication? Yes. With oneness. I have one now who has been asking to speak with you. One who is most anxious to speak with you. Therefore, I will allow him to have what you would call center stage to speak with you. For indeed this is one that you have known well. This is one that you have been companion with in many lifetimes. And in the lifetime that is so famous. This is one who journeys with you always and most often unrecognized, but is there to be support, to be companion, to be playmate as he was to my mother.
- 1996-0726-107 Therefore, I will allow him to speak.
- 1996-0726-108 Joseph ben Jacob:**
- 1996-0726-109 Beloved friends, peace be with you. I am the one known as Joseph ben Jacob, earthly father to the one that you have known as Jeshua ben Joseph. Companion and husband to the one known as Mary and father to a beloved son.

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- 1996-0726-110 {Hugging a brother}
- 1996-0726-111 It is grand, grand to clasp you once again.
- 1996-0726-112 **Thank you.**
- 1996-0726-113 A fine body. A fine body. It serves you well?
- 1996-0726-114 **Indeed.**
- 1996-0726-115 Yes. The same girth. Muscular. You are enjoying?
- 1996-0726-116 **I'm enjoying.**
- 1996-0726-117 Yes. As we enjoyed the journey together. Grand reunion.
- 1996-0726-118 I have desired this moment for a long time. Yes. I have felt that. You have known, you have known my communication, my conversation right here with you, right here on the shoulder and within the heart. You have felt me speaking with you. You have known my presence and more and more you have trusted that presence. It is true.
- 1996-0726-119 It is the one Self that Jeshua has been talking about. The holy communion of the one Self. For always I am with you and with you and with the one that you serve so willingly.
- 1996-0726-120 **Thank you.**
- 1996-0726-121 And thank you, beloved one. Always I journey with you. It cannot be otherwise. You have heard my son say that many, many times. It cannot be otherwise. But it is a grand experience to be able to walk once again and to look into the eyes with the physical receptors, to behold the Christ light in those beautiful eyes. A grand beauty in our time and again.
- 1996-0726-122 It is wonderful and you take it for granted so much of the time. It is wonderful to be able to look into the Christ eyes, to be able to touch, to reach out and to say, "Brother, it is good to touch again. To shake the hand. To clasp it. Yes, to be right there with the energy." So much of the time you just take it for granted.
- 1996-0726-123 You wake up in the morning and you say, "Oh gee, another day."
- 1996-0726-124 {Laughter}
- 1996-0726-125 It is a miracle. It is a miracle that you awaken in every morning. It is a miracle that the body, you bring it together to serve you and it serves you well. Yes, it will speak to you with messages. I knew some of those messages. In the latter years there were certain callings out of the body. But I was also known as a great healer. For I knew that all healing comes from the place of oneness. From the place of knowing oneness with your creation of the body.

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- 1996-0726-126 That is why it is effective to do, what is called now, you call it the dialogue, the conversation with the body. The body will tell you. It will speak to you if you allow the mind chatter to get quiet enough. You can feel the energy of the body. You have known this well in many, many lifetimes and you remember it again in this lifetime. You know how to offer to another one, the balancing of the energy through the chakras of the hand. You can do it as well. You can do it with the feet. Well not with the shoes on, but with the feet.
- 1996-0726-127 Hard to find bare feet in these days. Hard to find bare feet. Look at this, well that's almost. Here we go, that's almost. Yes, that is very close, yes.
- 1996-0726-128 Now do you feel the connection of circular energy here? Yes, very vibrant. There is healing in that. It is as a fine elixir.
- 1996-0726-129 You are remembering what you have done in other lifetimes of being able to see the energy body and to see how it is working either in balance or not quite so in balance. It is something that you have known and something that you have known in other lifetime.
- 1996-0726-130 All of you have played with knowing the energy that you are and you do it again in this lifetime. You feel it. You can feel it. Very much alive right there. Right there, very much alive. Very much connected to the heart.
- 1996-0726-131 Uh huh.
- 1996-0726-132 Yes. Alive and well, that is your saying. Very much. It is a grand miracle to be able to express this way, to use the tones of the voice as such a gift. As you have done in many, many lifetimes and you as well with the tones, with the instruments which is an extension of the breathe of Spirit, and it awakens in the brothers and sisters the remembrance of the breathe of Spirit that they are. It calms the savage beast, allows the heart to know the peace once again.
- 1996-0726-133 You are one with your creations. You are one with what you have brought forth. Honor everything that you have brought forth. Commune with it. Feel the life vibration in all of your creations.
- 1996-0726-134 When you took yourselves out of the doors and you communed with a creation you could feel the vibration of life. The life process of that seemingly separate manifestation. And yet the vibration of energy that you are and that it is, is the same. So in Truth there is not even the separation.
- 1996-0726-135 You could feel a pulsing of energy. It is around you all the time.
- 1996-0726-136 {Comment}
- 1996-0726-137 Yes, grand. Grand it is. Do you know that often you have had what is known as the abundance of the hair. Also the beard, many times. Beautifully done. There have been lifetimes that you have taken great pride in the beard. Not just the

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bit that you have now, but you have had the grand beard that you had a servant to carry it for you. Do you know?

- 1996-0726-138 {Loud laughter}
- 1996-0726-139 It was a mark of honor as they walked beside you.
- 1996-0726-140 {Laughter continues}
- 1996-0726-141 You were esteemed. A mark of honor. Grand. Grand to have the life experience. Do not allow one moment to escape. Do not allow one moment to be as you would be asleep.
- 1996-0726-142 {Looking around for some wood and picks up a stool.}
- 1996-0726-143 I knew I would find a piece of wood. Honor your creation. Speak with your creation. Feel the life vibration. Very much alive. There are many of the brothers and sisters who would say, "Well that is a piece of dead wood. It has been cut down. Shaved off. Made into a certain form. It is only good for perhaps the sitting upon."
- 1996-0726-144 While you sit upon it, did you have a bit of sensitivity in the rump, you can feel the vibration of life.
- 1996-0726-145 {Laughter}
- 1996-0726-146 Beautiful. Do not be dead in the rump. Allow the receptors. You have the chakras all over the body. You have receptors all over the body. Activate them. Feel the oneness with the light, the vibration of wood. Beautiful. Every piece has a story of its own. The grain. The way it runs. The beauty of it. It has a story. It will tell you a story from the time it was a small seedling. Where it grew. What the climate was like. What the sunlight was like. The amount of rain that there was, and whether there was honor, the respect given to it by the animals that shared the environment, by the brothers and sisters, mankind, womankind. Whether the growing tree as you experienced in this evening, whether the growing tree was honored and seen in holy communion or not.
- 1996-0726-147 So many of the brothers and sisters walk past all of the plants, all of the trees, the flowers and heed them not. They don't even know that they are there. They are so caught up in what is right within, in the mind, that they do not see the abundance of life all around them. They do not see you. They do not take the time to look deeply into the Christ eyes. Beautiful Christ eyes.
- 1996-0726-148 Allow yourself to know holy communion in every moment. Not just on special occasions, not just when there is perhaps a sacred personality who comes and says, "Remember that you are holy."
- 1996-0726-149 Everyday, everyday is holy as you remember that you are the holy one that has created that day. Every morning that you bring forth you have created. It would

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not happen without you. Every creation has a story if you will but take the time to know the holy communion with it.

- 1996-0726-150 You can sit with a piece of wood, with a rock, with a plant, with a flower even with what you would call the synthetic of your carpet, you can sit with it and ask of it, "What is your story? Have you been noticed in this day?" Sometimes you will feel a sadness. Sometimes the wood will speak out to you and will say, "I have never been noticed for myself. I have only been useful, or sometimes I have been in the way. I have been cast aside." But if you will take the time to honor your creations, even what would be called the synthetics, that is most natural because you have brought it forth as the creative Child. It is again only a division within the belief that would say there are separate divisions.
- 1996-0726-151 Honor your creations. Know holy communion with everything you have brought forth. Ask of it, even the chair upon which you sit, as if it is happy supporting you. Go on ask it.
- 1996-0726-152 **Are you happy? Yes.**
- 1996-0726-153 Yes, it is happy to be of service that it will fulfill a certain function, but it does like to be noticed and it does like to be acknowledged. Give it a love pat.
- 1996-0726-154 The bed that soon you will allow the body to lie upon, the bed is there to serve you for your comfort and for the bodies you have its relaxation and restorative time. Thank the bed as you lie in it. Oh, it feels good, thank you. Thank the bed it likes to be acknowledged.
- 1996-0726-155 Look at what it is made of. Look, really look at it tonight. Ask of it, "What is your story? Who has slept here? And have they been happy?" You have a saying, "Was it good for them?"
- 1996-0726-156 {Laughter}
- 1996-0726-157 You are coming into a time of claiming allness of you, including the play that goes on in the bed. Of course, of course however it is done. It is for the holy Child to be in joy and it matters not what the constrictions of society as yet, would say. That matters not. What matters is the joy and the love that is extended.
- 1996-0726-158 {Handing Jeshua a glass of wine.}
- 1996-0726-159 Thank you. You have had the courage to know that as a truth. Thank you.
- 1996-0726-160 Know holy communion with every creation that you bring forth. Even substances that you would perhaps say are not so. Good. Sit with them. Ask of them, what is the value, what are they bringing forth within the consciousness? What is the holiness of them? There is within your timing now, a certain value judgment put upon what would be the wine, the elixir that would have a bit of the aging in it, and there would be certain deleterious effects that some feel with it. And yet

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what is in it is you. You even call it spirit. And it will affect the body as you decree.

- 1996-0726-161 Now do not judge yourself if there is a certain belief that you hold, a collective belief that you hold yet, but know as this one has said, that there is much in change right now. And you will come to know that every substance you bring forth for a certain purpose; the purpose of holy communion, the purpose of knowing oneness with it and it serve you well.
- 1996-0726-162 Even what you would see as the beautiful colored form. {Helium balloon} They did not have these. Now you see, you see the life that this has of its own. I would hold it down. It has a life of itself. It will arise up. Is this not symbolic? Does this not show you the grand truth? All of your creations show you the grand truth of your being. If you will but look with the eyes of the heart.
- 1996-0726-163 I would exercise a certain control. And yet there is a power. Do you see? {Balloon rises to the ceiling.} Something to play with.
- 1996-0726-164 There it goes, you see. Lighter than air I suppose. Beautiful what you have brought forth.
- 1996-0726-165 Your technology that you have now, beautiful. It serves you well. All of technology serves you well. Even what you would see as not being so good of serve, is showing you where your values are. You bring forth everything to serve you and everything is there to serve you if you will but abide with it in the communion.
- 1996-0726-166 I would do with you now what is known as a place of peace. A place of, you call it meditation. A place of sacredness. A place of communion.
- 1996-0726-167 Allow yourselves to breathe, to be comfortable and to breathe in the holy breathe, the beautiful breathe of spirit. Beautiful. Once again beautiful.
- 1996-0726-168 Allow yourself to breathe into the heart, into that place that knows only oneness; knows only sacred holiness. And remember in the breath it is your connection, the bridge between what you would see as the allness of you and the activation of the body, the physical. The breath serves you well.
- 1996-0726-169 As you were out of doors and you were in communion with one of your creations, bring that now to the mind's eye in your remembrance. Hold within the mind the creation that you communed with. Feel the vibration of life of that creation. Feel the very essence vibrating, radiating light. Being the process of light in manifestation that desires only to serve you.
- 1996-0726-170 Speak to this creation your thanks for being companion in this life experience. For it has but chosen another form in which to express life. Ask of it, its story. What does it see? What does it feel? Has anyone noticed it in this day? Does it have a desire that it would communicate to you?

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- 1996-0726-171 Do you feel its joy in being recognized? In being acknowledged? Allow yourself to move into that creation. Feel yourself to be inside that creation. Experiencing from within. How alive does it feel? What does it say?
- 1996-0726-172 What do you know within that creation? There is never any separation. Feel the life of that creation. Know it from the inside. Know it from within. What does the rest of the world look like from its perspective? How does it feel as the gentle wind caresses it? How does it feel when the rain falls gently upon it? How does it feel when there is the thunderclap of energy?
- 1996-0726-173 Now invite that creation to be with you in your heart. To be able to look out through your eyes. Invite that creation to spend a day with you beginning now, and to know life as you see it. For in truth the creation is not rooted where it seems to be rooted. It is as expansive as you and it desires to know your communion. It desires to know your experience. It desires you to acknowledge it in holiness.
- 1996-0726-174 Invite it to be in your heart and to go with you in the next day. Think upon it from time to time, welcome it. Welcome it to your experience and from time to time allow yourself to be within its heart to experience how it manifests life. That is holy communion. That is ascension. That is oneness.
- 1996-0726-175 Remember to breathe. Feel the peace of that heart, the expanded heart. Know the love of that heart. It beats in synch with all of creation. You are one with the vibration of all of creation for you have brought it forth. You are one with the vibration of all of the universes for you have brought them forth. The stars that you see in your heavens, you have brought them forth. Every lifetime that you can imagine you have looked up to the heavens and you have acknowledged your Self for that is your Self in manifestation.
- 1996-0726-176 Breathe the peace. Know the communion and allow yourselves to take this peace, this communion, this oneness with all creation with you in the rest of this journey. In this evening, yes, and in the days to come and the communion will serve you well.
- 1996-0726-177 I thank you for the communion that you have allowed in this evening. I thank you for your love. I thank you for your time, and I thank you once again for the form that is able to touch.
- 1996-0726-178 Honor your life. Honor your creations. Honor your Self. Until we speak again, so be it.

**1996-0726-179**

**Jeshua:**

- 1996-0726-180 You have done that one great honor for that one wanted to be in expression with you. To be in conscious communion in this way. There are not yet many gatherings

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who call forth the energy of the one known as Joseph. And whenever he has the opportunity he rushes in.

1996-0726-181 {Laughter}

1996-0726-182 He does not stand back and say, "Oh no. I don't know. I'll think about it." A slight crack in the door and he is in. For he enjoys life. Did you feel that with him?

1996-0726-183 **Yes.**

1996-0726-184 He enjoys the physical body although he does say this is not exactly what he's experienced. Not quite, no. Not bad. I will not say that because I do not want her to... but it is not quite the body. I am treading on fragile ground.

1996-0726-185 {Laughter}

1996-0726-186 He enjoys, enjoys life. Enjoys reaching out and touching.

1996-0726-187 **Does he like to drive a car?**

1996-0726-188 Yes, he enjoys the experience upon this plane. Although he remembers more of the horse, the donkey, that type of transportation. Again with the communion of knowing life, life process in different forms. But the vehicles you have now, yes, they go with greater speed do they not? Hm. Acceleration. Part of the ascension.

1996-0726-189 You may tell that to your next official when you are going a bit past what they say is the limit.

1996-0726-190 {Loud laughter}

1996-0726-191 You will say, "Well I'm just experiencing the ascension."

1996-0726-192 {More loud laughter}

1996-0726-193 Probably not. He probably will not buy that. Probably not.

1996-0726-194 On the morrow you have an opportunity to do something of celebration. It is not by accident that you find yourself here in this geographic location, this dwelling, lodge at a certain weekend when there are celebrations going on. There will be opportunity to go to the top of your mountain. Avail yourself of that opportunity.

1996-0726-195 {Loud laughter}

1996-0726-196 Not bad. Not bad. We will begin tomorrow's meeting time in the evening a bit later. We will begin at the eight o'clock so that there will be ample opportunity to go up on the mountain and to commune at the top of the mountain. Be in holy communion with all of the creations that you see and feel upon the top of the mountain. Drink it in. Be very much present with the energy for it is a grand gift that you give to yourself.

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- 1996-0726-197    Allow yourself to see the creation with the physical eyes. To behold them. Then allow yourself to see with the eyes of the heart, the energy of the Christ that is alive in the mountain and right here as well.
- 1996-0726-198    Drink it in. Feel it. Vibrate with it. Know yourself to resonate, really resonate and do what this one has done. Resonate with it. And if others look upon you and say, "What is happening with that one?" You can say, "I am bringing forth a new dance. It is a new rhythm. I am getting into it."
- 1996-0726-199    {Laughter}
- 1996-0726-200    It is grand. Yes, very much so.
- 1996-0726-201    Allow yourself to commune with what is seen with the physical eyes, what is felt and seen within the heart and with other energy that is very much present. The top of your mountain and here as well. For when we reconvene tomorrow evening there will be communion with a great, as you would define it, a great expansion of Self.
- 1996-0726-202    Much to look forward. Much to be enjoyed. Go now in your evening and celebrate the joy of the Child. Some of you I know have plans to jump into the warm water. Some of you I know have plans to jump into the bed. Beloved Elder, you have plans for the bed?
- 1996-0726-203    **I'm not sure yet.**
- 1996-0726-204    You are not sure yet, he is making up his mind. Go and be in great joy and know that whenever you allow yourself the play, there I am with you always.
- 1996-0726-205    So be it.