

# Creating the New Dream Questions & Answers

1995-07-24

- 1995-0724-001 Beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of Light divine, I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen to call me forth. Great joy. Is this not fun?
- 1995-0724-002 Yes, it is.
- 1995-0724-003 We will be meeting a room, a room of power and it is well that all of you are so gathered in a room that is set aside for what you would see as professional purposes, the board room. For all of you are going to be participating in decisions that you will see to be of the nature of a professional organization, loose organization in the new society for it will not be the old historical perspective of what an organization will be. But it is fitting and appropriate that you are now meeting around the table in what is known as the executive board room.
- 1995-0724-004 We will not be bored.
- 1995-0724-005 You will not be bored, not in that sense, no.
- 1995-0724-006 I understand that this evening is going to be one of a rap session. Again a play on words. {Knocking on the table} Will we be rapping upon the board? It will be one of questions and answers and we will see where the questions take us and we will see what answers you call forth.
- 1995-0724-007 For indeed, I do not come as a grand computer with all of the answers. You have the answers within you to every question that you will ever ask. But what you allow me to do is to be your servant and to go and fetch the answer right out of your consciousness, perhaps behind the ear somewhere and to bring it out in front of you and to say, "Have you thought about this way of looking at something?" It will be most fun to do. So we will start in this evening I believe on this side. We will have fun with the questions.
- 1995-0724-008 Beloved one, what would you ask? I am paying attention.
- 1995-0724-009 I don't really have any special question, except I always want to know how I can be of more service?
- 1995-0724-010 Ah, beloved one, you are very much in process even as you have followed your guidance to be here in this gathering over the last few days. You are very much in process of bringing your purpose into your clarity, into your awareness. Much has come about for you in the last few days of your timing, much of clarity for you are finding the tools that you have garnered throughout what you would see as this lifetime and many others as well, the tools that you have garnered to

1995-07-24 Oakbridge University Channeled by Judith Coates

yourself and put into the toolkit that you carry along with you. You are finding the various tools excite your heart and the ones that bring you to a place of remembrance of who you are and who the brothers and sisters are.

- 1995-0724-012 As I have spoken unto many of you so gathered, it is not by accident that you found yourself called unto this gathering although many of you have sat with that and have said, "Well, how can that be? I thought I was just coming for an enjoyable few days to be with family," and this is true. But there is also a purpose of the gathering and there has been much of clarity that has been coming to you and to the other brothers and sisters in the time you have spent together. A renewal of friendship, of the heart, yes, with many that you have seen who made trek across many of the miles and you did not in this lifetime yet, come face to face with that one and you thought perhaps that one was a stranger. And yet as you looked into the eyes of that one you behold a brother, a sister, you beheld the Christ.
- 1995-0724-013 Therefore beloved one, allow yourself to be at peace with the unfoldment, for everything is in order. You are calling it forth in its own divine order. Not divine because of some great power outside of you, but because of the power that you are, you are decreeing that it will come to be, and it will. So you may be at peace for indeed as you have seen over your past few years of timing, twenty years we will say, there has been much of the searching. There has been much guidance that has said, "Go and be with this group and learn of this methodology, this interest." It will be the same in the days to come except that you will see it speeded up even faster. But there will be times of joy. It will not longer be because I "should" go. It will be because I want to go. And you will pick up your toothbrush and off you go.
- 1995-0724-014 Thank you beloved one, for being willing to pick up the toothbrush at a moment's notice and go.
- 1995-0724-015 Thank you.
- 1995-0724-016 Beloved daughter, what would you ask?
- 1995-0724-017 Well the other night when we were having our session, a comment was made that I had come to an awakening. I would like to know more about that but also that in connection with another comment that was made that the way Home was the new dream and there is some confusion in my mind as to that being the way Home, and the information that I had received earlier. Maybe I'm misinterpreting pieces of it.
- 1995-0724-018 It is as you have just discerned, there are two pieces and they are related one to the other. For as you are engaged in the process of birthing the new dream upon this plane, bringing Heaven to earth, it is your process of awakening and you are

1995-07-24 Oakbridge University Channeled by Judith Coates

already well in process of knowing yourself to be the Christed being upon this dimension, this plane.

- 1995-0724-019 But there is yet what you would see as an out-picturing of the Christ that you know yourself to be and the brothers and sisters that you know are also the Christ, the one Christ. So there will be for there is belief in activity in this dimension, there will be activity. There will be projects. There will be the birthing of the new dream which will entail activity.
- 1995-0724-020 The new dream as we spoke of one evening will be of short duration. The new dream is the gentle dream that allows the holy Child to awaken gently for you. For others of the brothers and sisters they require much more of the shaking in order to wake up. There are some of the brothers and sisters who are very much in the nightmare and will be in the days to come, and they require, they have asked, they have put it into their program of what they decree must be. They have asked that they come awake in a very violent manner, that they be offered that opportunity in that way.
- 1995-0724-021 For you beloved one, there are the challenges yes, there are other choices, there are the buttons that are pushed but there are also the opportunities to be in gentleness and to awaken gently. It is not by accident that you made a long trek across country in a short time to be with the other brothers and sisters in this gathering although you have been asking, "Why am I here?"
- 1995-0724-022 It will become clear to you in the days to come for everyone so gathered has a part to play in the new dream. Does that answer your question, generally and specifically?
- 1995-0724-023 Generally. Specifically I think my interpretation of being in the new dream or what I thought I heard was that this was something that we needed to do to awaken, I guess is what I heard, rather than doing our own thing in our own way. This is the way.
- 1995-0724-024 You will be doing your own thing in your own way within the context of the larger. In other words, that is the part that you are still searching for that says, "What is my part in all of this?" You have grand freedom. It is not that you must do just a specific part of it. That is open to your guidance, to your alignment to what allows your heart to open.
- 1995-0724-025 And the dream itself is only required as part of the script that is believed in upon this plane. It is not a necessity that the holy Child go through a new dream. For indeed the holy Child can awaken in this moment, this instant and know himself/herself to be the holy Child, the Christ right now and right here.
- 1995-0724-026 But there is a deeply held belief, a collective belief that there is yet a process of time that is required until the goal is reached.

**1995-07-24      Oakbridge University      Channeled by Judith Coates**

- 1995-0724-027    So going and building a community physically with somebody is not necessary to be a part of that physical activity?
- 1995-0724-028    No. No, only as you heart desires to be part of that community. No. No, it was never meant to be understood....
- 1995-0724-029    Directed. That's what it felt like and I was wondering.
- 1995-0724-030    No, it was not meant to be a strict requirement that all those who desire to awaken must live in community. No, that is not true. However you will find yourselves as you awaken, you will desire to be in the company of others of like mind. You will desire to be of service to the brothers and sisters who are still thrashing about in their dream, because you will already be very close to awakening yourself and you will know the process that they are coming through.
- 1995-0724-031    But no, beloved one, it is not to say that you must pack up all the baggage and move unto a certain location in order to be saved. No.
- 1995-0724-032    So the new dream could be just sharing with others who they are?
- 1995-0724-033    Yes.
- 1995-0724-034    Anywhere.
- 1995-0724-035    Anywhere, yes.
- 1995-0724-036    I was a little concerned.
- 1995-0724-037    Anywhere. There is a vision that is held by many of the brothers and sisters, ones that you are very close to that will come and be manifest upon this plane. A vision of community, of wholeness, of holiness and it will be in physicality. There will be the structures that you can see, that you can walk into, that you can touch. And there will be the community of ones who are gathered there with the forms, the bodies. But the community itself, beloved one, as you have discerned, this is what is underlying your question, the community itself is far reaching. It is a community of the heart.
- 1995-0724-038    So that was the new dream, was the community of the heart not the physical structure with the land and the building on it? This was the answer, the temple.
- 1995-0724-039    Yes, the whole picture is the community of the heart no matter where you find the form to be. Within the whole are the specifics and we were addressing both on different levels, yes.
- 1995-0724-040    I feel better.
- 1995-0724-041    I'm glad you feel better.
- 1995-0724-042    Because I was concerned about having to be only in one place and one building and one structure and one way home.

**1995-07-24      Oakbridge University      Channeled by Judith Coates**

- 1995-0724-043    No. No. And it is very good beloved one, do you see the wisdom, the inner wisdom of yourself in that? For the holy Child was fighting against the perceived limitation.
- 1995-0724-044    Yes, very much so.
- 1995-0724-045    Yes.
- 1995-0724-046    It made me question the mind.
- 1995-0724-047    Yes, and that is why you heard the message in that way. It was to sit with perceived limitation and to say, "Is this my truth?" And you said, "No, that is not my truth. I am free, I am unlimited. I do not have to do it just in a certain way." It allowed you to come to your own clarity of your inner truth. You are most wise. You may trust it.
- 1995-0724-048    Thank you. Now I think I can trust you, too.
- 1995-0724-049    {Laughter}
- 1995-0724-050    There really was a question about the way I heard the presentation of it that made me feel, where's the reality, because it changed my perception of what my experiences were prior to that to what I thought I was hearing and the two did not jive. So I needed to have that clarity.
- 1995-0724-051    Everyone so gathered in the room at that time, heard the message in their own way, according to what they were calling forth. The sounds yes, were spoken but how it was received and perceived depends upon each individual as you call forth what you need to hear, to abide with it, to come to your own clarity.
- 1995-0724-052    So each one so gathered in the room heard the message in a slightly different, or sometimes there was a bit of more of a range in between there, in a different way.
- 1995-0724-053    Now as to the manifestation of the holy temple and the community that will be involved in that and it will be more than just one structure. The holy temple as I used that term, terminology is a concept for the whole space of Love, the vibration of Love that will pervade all of the activity that goes on in that geographical location.
- 1995-0724-054    So yes, there will be a building that ones will see fit to dedicate as a temple, but as I use that terminology I mean it to be the holy temple of the heart, the love that pervades all of that work.
- 1995-0724-055    Yes, that's fits more with what I believe.
- 1995-0724-056    Grand wisdom. Also the manifestation of the holy temple that we have spoken of in other evenings in this geographical area will not be the only one upon the face of our Holy Mother, the Earth or in what you see as your country. There will be many of these for indeed many of the brothers and sisters are awakening and

**1995-07-24 Oakbridge University Channeled by Judith Coates**

wanting to serve. That avenue of service is their ticket to awakening. It allows them to remember all of who they are. So you will find many of these points of Light, many of these holy temples in the large sense of that, around your country and around all of what as you see as our Holy Mother, the Earth. And so even if you have a predominant feeling of abiding in one community, all of you will be making trek unto many other points of Light as well.

- 1995-0724-057 You will not find yourself just sitting in one location, for you will feel the bond of heart to heart with other brothers and sisters in other parts of the country and you will pack up the toothbrush and off you will go. You are coming into a realization of the unlimitedness of the energy that you are. So that it will not be difficult to travel unto other areas. Already you have the technology where you may get upon your metallic bird and make the trek much shorter than what it was when you traversed this land in your covered wagons.
- 1995-0724-058 You are bringing forth more of that specific technology, but beyond that even, you are going to know that the energy that you are can travel in an instant. You will be experiencing that.
- 1995-0724-059 For as the Light beings that you are, you are not hindered by anything except the belief and that as you have been witnessing is undergoing a great change rapidly.
- 1995-0724-060 Thank you for asking that, beloved one, and thank you for having the inner knowing that the limitation was not a truth.
- 1995-0724-061 Beloved one, how are you in this evening?
- 1995-0724-062 Pretty good.
- 1995-0724-063 And you are being energized even as you sit in the presence of this energy, is this not true?
- 1995-0724-064 It is true.
- 1995-0724-065 What would you ask this evening?
- 1995-0724-066 Well, I would like to express how the Saturday evening session, how I perceived it. I perceived that with, I have long -- I don't even know how long -- but long, long, long envisioned perhaps is the right word, a community such as you speak of. You know I've look at lots of places for lots of things and I never do find it.
- 1995-0724-067 So Friday night was really grand to me. I just thought, ah, this is the heart thing, love. I was just delighted with that and then the Saturday evening one went great for awhile and then I felt, I perceived there was quite a bit of directiveness in that presentation and it triggers some fears, some associations in me. I've done things like, you know I was involved in the community that Werner Erhart started. It was really ... it was great. I gleaned much from it, but it crashed terribly for me. It was pretty devastating, because I believed in it.

1995-07-24 Oakbridge University Channeled by Judith Coates

Because it was the first thing that gave me something I could really walk on... And then another parallel to me is Jon Marc Hammer's community in Santa Fe and I have some friends who were involved with that and I don't have the direct knowledge of this, but second, third or fifth hand, the experience that they had difficulties and things have gotten pretty judgmental or at least some judgmental and I don't want to be involved in something like that.

- 1995-0724-068 So it scared me. That's a truth. And then by Sunday morning I felt at peace again but I still have those things hanging out in my head that special dream to me. I don't want to see this one go to hell.
- 1995-0724-069 {Laughter}
- 1995-0724-070 Ha, beloved one. Well spoken. Indeed it does not go to hell, but the holy Child has brought hell into it many times. Yes. You are one who knows community well. You have found in community in many lifetimes the sharing, the self-less sharing and the Love and many of the brothers and sisters so gathered in this room and who will be coming to this community are ones who have experienced the connection with oneness through community and desire to know that again.
- 1995-0724-071 When we spoke of not being caught in historical perspective the other evening, it was to address just what you have said. That yes you and all of the brothers and sisters have been very much as your little one, the toddlers who are learning to toddle about and work, and one has to go through that process again as process is understood, to come to the place of knowing the balance, of knowing the integration. In other words, if the infant were just to sit forever or even to lie abed forever, that one would not be out and about and expressing. But you get up and you walk about as the toddler and yes, you fall down. You scape the knees, you bump the elbows, but you learn from each one. You take the insights from each time you fall down and you say, "No, I won't do that again." That is what you have remembered through the experiences that you can identify in this lifetime. You have remembered the falling down and the pain from scraping the knees. The pain even more that has been in the heart, yes.
- 1995-0724-072 Therefore, we spoke of not being limited by historical perspective. In other words, I have been in groups before and they didn't work. This time, beloved one, as you hold the vision of who you are and who the brothers and sisters are in Love, that will transcend much of the challenges of human relations.
- 1995-0724-073 Now, there will be opportunities for ones to release judgment. For none of you so gathered in this room are at a place of non-judgment of self or of others. In every day you make judgment as to yourself, how you are dressed, how you appear, what you say, "Oh, I shouldn't have said that." Even what you think, subtle ones. So there will still be opportunity for releasement of judgment, but all of you so gathered in this room have also made what you would see as

1995-07-24 Oakbridge University Channeled by Judith Coates

tremendous leaps in allowing judgment of the past, of self and of others, to be released, to be dissolved. To say, "I no longer need that baggage." That is what it is. It is not more, no less than baggage and you can let it go by the side of the road as you keep your vision on where you are going.

- 1995-0724-074 So yes, there will be opportunities for the brothers and sisters to again come to the place of choice, of whether they will hold themselves ultimately, it is because they hold themselves in judgment. But they will first see someone else as being wrong, then they will come to the place of understanding that what they are seeing out there projected is because that is their image of themselves. There will be opportunities for that.
- 1995-0724-075 But you also now, have the tools for dealing with judgment. You especially beloved one, and others so gathered in this room have made a study of various ways of dealing with conflict, where there would be two that seemingly do not see eye to eye and how to arrive at what is known in your world as the win-win place. Where each one is seen to be okay. Seen to be whole. Seen to be lovable and loved.
- 1995-0724-076 So you are no longer in the space that you were when you experienced other community in this lifetime. That is why you may take great optimism into this new venture. But as we have said, there will still be plenty of opportunities to see Love and to choose Love over judgment and over fear which is at the basis of judgment.
- 1995-0724-077 But you now have the tools, you now have the awarenesses, you have come through many challenges. You have come through many questionings to a place of grand strength, as you did with your own inner wisdom. If you use as your touchstone in every encounter, every relationship, every decision, if you use as your touchstone, "Is this coming from the place of Christ, the place of Love, the place that honors each one?" And honoring self, then you will have clarity as to what is going on and you will get through with the baggage quickly. Does that answer your question?
- 1995-0724-078 Yes, thank you.
- 1995-0724-079 Thank you beloved one, for you are the one who has the courage to be here and now in what you see as this dimension doing the beautiful vision. I can come and go.
- 1995-0724-080 {Laughter}
- 1995-0724-081 Interesting perspective. That's good.
- 1995-0724-082 Beloved brother, how are you this evening?
- 1995-0724-083 Fine.

1995-07-24 Oakbridge University Channeled by Judith Coates

- 1995-0724-084 What would you ask?
- 1995-0724-085 I want to change the subject for a little bit. I've had a teacher years ago who picks up and talks about parallel selves as if the soul was so huge, it's like a sexual computer with all these other little terminals sort of, the soul can have more than one incarnation at once in different places.
- 1995-0724-086 Yes.
- 1995-0724-087 And can you explain a little more about how that might work? Does work?
- 1995-0724-088 Within the dream of the holy Child, what I have called the grand adventure, you have brought forth multitudinous realities -- with a small "r". They are all happening within the now, within the sphere of all of the points of experience and expression known as the now. For even now as you see yourself to be expressing perhaps in this point right here of the sphere, you can cast your mind to another time that would be another lifetime, another history and you are connected to that and you bring it in your consciousness right now. The same with when you would cast your mind into what you would call your future and you would see that as a probability. Where is that probability at the moment when you are considering it? Right now, yes. It is all within the sphere of now. All connected each point to another point interconnected.
- 1995-0724-089 So yes, within the grand adventure of the holy Child you are experiencing and expressing in what you would call parallel lifetimes right now as we speak. If you will receive it, I am speaking to you in another lifetime right now as you see the now time here to be.
- 1995-0724-090 So yes, you may sit and you may dialogue with your self in a parallel life going on right now. You may sit and dialogue with your self in what you would see as a past time, a future time. You sit and you dialogue with your self, if you will receive this now, as you dialogue with the one across the table from you. That is your Self in expression as well.
- 1995-0724-091 It is only the physical senses that speak of the separation that look upon the form of body and say, "Well this is who I am. This is where I stop, right here. This is where this one starts over here. Therefore, this one is separate from me," and yet even in this point of focus you know what is called the extra sensory perception where you know what this one is thinking, what this one is feeling. But there is no separation.
- 1995-0724-092 It is only bodies that speak of the separation. It is the belief that has come from the identification with bodies that supports the belief in separation. That is where that belief has come from. So yes, now even as we speak you are expressing in multitudinous forms and varieties and dimensions and it boggles the

1995-07-24 Oakbridge University Channeled by Judith Coates

small mind that is very intensely focused upon this expression right now. It boggles that mind.

- 1995-0724-093 And that beloved one, has been for a purpose. It is not because you are so dumb or so unable to be the grand computer that would know all of the expressions that are going on at once, it is because you desired to know intimately this personality, these abilities and talents, nuances of talents and to know that specifically and intimately.
- 1995-0724-094 Therefore you have said, "I will focus very specifically upon being John in this lifetime, upon taking the body and putting it into a chair on Monday evening," in your timing, "to have a conversation about a concept that is rather exciting to me." And all the while you are expressing and experiencing in outer space, in historical pre-history times, you are racing with the dinosaurs. You are experiencing everything that you can imagine and more. You are multitudinous, infinite being.
- 1995-0724-095 But you have said, "I will bring my point of focus to this point." Know you specialization? It is something that goes on in your society now greatly. Within a certain professional field there is much specialization where you come and you bring it into a very specific area. That is what you have done with experience. And yet when you sit in quiet, when you are out upon the beautiful course known as the golf course, and you allow yourself to commune with nature and for a moment or two you forget exactly where you are, you connect with the energy that is expressing beyond just this tiny point of consciousness.
- 1995-0724-096 When you sit in meditation, when you allow yourself to daydream, where do you go? You connect with more of yourself. You allow yourself to expand. That is why meditation, prayer, silence, nature as you call it, feels so good. It is because you allow the constriction of this specific point of focus to be relaxed for a moment or so, and yet it is all happening within the grand adventure. Is it true? Yes, all of those lifetimes are true -- with a small "t". You bring the Truth -- with a capital "T" -- into every truth -- with a small "t" -- because of who you are. Does that answer your question?
- 1995-0724-097 Yeah, can I ask one more?
- 1995-0724-098 Yes.
- 1995-0724-099 There are so many more people on the planet right now than there ever were. Does this have something to do with multi-expressions or as one book said, there are people coming in from other civilizations just to experience this temporarily.
- 1995-0724-100 It is more of your Self coming to experience yes.
- 1995-0724-101 I'm spread out all over?

**1995-07-24      Oakbridge University      Channeled by Judith Coates**

- 1995-0724-102    Yes, you are not limited. But it is seen to be as more individual points because of the specificity we just spoke of. Because you have said, "I will bring it into a very specific point of focus." Now, as we sit around this table, as you allow yourself to relax the boundaries of self, of who you feel yourself to be, you can allow yourself to know an identification with the group. You can take all these specific points that seem to be individuals, and you can say, first of all, "I am part of this group having a group experience in this evening." Then as you relax the boundaries of self-image, of what the self is, you can say, "I am the group."
- 1995-0724-103    As you apply that principle to all of the multitudinous points of individuals that are seemingly on our Holy Mother, the Earth expressing, with the specific points of focus there are many, but as you allow yourself to relax the boundaries then you can see that you are part of the whole identified as the group that you are in and the groups change as you go and you put the form, the consciousness, it takes the form with it, into another group and as you allow yourself to know heart to heart oneness, then the seemingly multitudinous specific points of focus become less, do you see?
- 1995-0724-104    It goes along with the belief in specificity that has been taken to a very narrow point, a very practiced point where you've practiced doing this. When you first came to this plane to experience creation and to experience life you knew yourself to be Light energy. You knew yourself to be the life that activated all of the form that was going on, and you knew yourself to be connected to all the other Light beings that were activating other forms and you saw it. You could physically see it. Not with the receptors that you have now. The receptors were somewhat different. But through the desire to know specific focus and to know it intimately that has been temporarily set aside.
- 1995-0724-105    Now you are at a place where you say, "Okay, I have sat at table and I have eaten and I have eaten and I have eaten of chocolate pudding. I love chocolate pudding. So I will have one dish after another dish after another dish after another," until finally you say, "I know chocolate pudding from the inside out. I don't need another dish of chocolate pudding. I know it intimately."
- 1995-0724-106    That is where you are now with the specificity of focus. You have said, "Okay, I have known separation long enough. I know how separation feels. Now I want to know the oneness. I want to remember the Light that I am." So you are reversing that even as you sit in a group such as this in this evening. You are allowing yourself momentarily to see oneness with the brothers and sisters, to behold the Love that is in this room. To feel the energy that is in this room.
- 1995-0724-107    That then takes you from the specific box of one John, to the whole of the group and it returns you to remembrance of the one holy Child. Does that answer your question?

1995-07-24 Oakbridge University Channeled by Judith Coates

- 1995-0724-108 More or less.
- 1995-0724-109 Well, let's have some more.
- 1995-0724-110 There is a point where I don't know what else to ask. It clarifies it a lot.
- 1995-0724-111 Yes. As you allow yourself to abide with what has been shared, a lot of the other points that are around you that are a bit floating there and you cannot quite grasp them, they will come into understanding for you. They will come into relation, yes.
- 1995-0724-112 You will have fun with it. Indeed it is not exactly what you will know as brand new.
- 1995-0724-113 Well, to this m small "s" self is.
- 1995-0724-114 Yes, and to this point of focus in the remembrance. But as you allow yourself to play with the concepts that we have just now been tossing around, you will remember more and more that you have done this in other lifetimes as well. This has been a favorite plaything of yours.
- 1995-0724-115 All of you as you have been the little ones growing up, you have had favorite playthings that allowed you to find joy, to find expression and so you have had favorite playthings, even as the toys I think they are called. In the lifetimes that you have experienced and are experiencing because they are all within the sphere of now, you have had certain favorites to play with and this is one of yours. You have wanted to know, you have often studied the parts in order to know the whole. You have been as one who would take something like this, and would chew upon it until you would know the whole of it, and it is fun. Have fun with it, beloved one.
- 1995-0724-116 I will.
- 1995-0724-117 That is what it is for. That is why the holy Child has brought forth the grand adventure, to have fun with it. To be in joy with it and to know creativity. Not to suffer. Not to be judged by self or others as being a sinner and to have gone astray. Not to say that the holy Child has done something wrong and is outside of the Kingdom for indeed you can never be outside of the Kingdom.
- 1995-0724-118 You have chosen the adventure for the fun of it, so have fun with it. But know yourself not to be limited to the adventure either. You are more than the adventure.
- 1995-0724-119 Beloved one, what would you ask in this evening?
- 1995-0724-120 I'm going to have to run and I want to say just this one bit to you: this Jeshua fellow sounds like a pretty good friend of mine now. He's improved my golf game in three straight games. He has taken me on a tour where I saw a temple that wasn't there. And best of all I got to meet all of you.

1995-07-24 Oakbridge University Channeled by Judith Coates

- 1995-0724-121 {Clapping by the group.}
- 1995-0724-122 Peace be with you.
- 1995-0724-123 Yes, beloved one?
- 1995-0724-124 First I said I need to thank all of you, especially you for what these days have brought forth. But I said I have no question. Then I thought of four or five questions. What I'd really like you to do is just share anything you feel like I need to know above and beyond what all I learned this last few days and even more?
- 1995-0724-125 You may award yourself the gold stars for what you have released in the previous few days of your timing. There has been a grand enlightenment of the soul. You are accelerating the process of releasement of heavy baggage, of responsibility and you are coming into more and more of your joy.
- 1995-0724-126 That is what I would share with you now in this time, that you are the joy upon this plane. To spread the love, the spread the joy, yes, but not to feel that you have to fix any situation or any one for indeed, first of all, you cannot. Second of all, they have chosen whatever you behold and what you behold is not what they behold, but they have chosen that circumstance as their catalyst for remembrance.
- 1995-0724-127 As this one chose to work with perceived limitation in order to know her own inner wisdom, to come to that place of saying, "I don't care if was Jesus Christ Himself who said this to me, I..."
- 1995-0724-128 {Loud laughter}
- 1995-0724-129 I wasn't quite that direct. You said it.
- 1995-0724-130 My inner knowing tells me differently.
- 1995-0724-131 Therefore, beloved one, allow yourself the peace and the freedom to go as the holy Child easily upon the path. For you have already accomplished everything that you needed to do in this lifetime believe it or not. In other words, you are Home free, if you will accept it.
- 1995-0724-132 Enjoy, as you have done in the last few days being in the gathering of family. Enjoy as you have done in the last few days, the sharing of concepts that have brought to you verification of what you already knew in the heart. But ideas that excited you, allow yourself in the days to come to go wherever the heart feels light. And if it does not feel light in that moment, stop, and ask of yourself, "Who is in charge here? What voice am I listening to, and who is in charge here?" And then you just shake it off the shoulders and on you go.
- 1995-0724-133 You are doing very well, beloved one. You may award yourself the gold stars on the forehead. And what I have spoken to this one is also true for the rest of you.

**1995-07-24 Oakbridge University Channeled by Judith Coates**

You have allowed much of releasement even in what you would see as a few day's timing. It has felt good to be in the presence of others, ones of like mind has it not? And there will be more of this.

- 1995-0724-134 Beloved servant of the Heavenly Father, how are you?
- 1995-0724-135 Oh, wonderful thank you.
- 1995-0724-136 You are indeed a wonder.
- 1995-0724-137 Yes.
- 1995-0724-138 Others have spoken of that, have spoken of you that way, but I speak of it in Truth.
- 1995-0724-139 {Loud laughter}
- 1995-0724-140 You certainly are ornery tonight.
- 1995-0724-141 {Laughter and comments}
- 1995-0724-142 I do want to thank you so much for expressing the desire for the healing center. It mean so much to me.
- 1995-0724-143 Yes.
- 1995-0724-144 And I also am very curious as when you walked in human form as Jeshua ben Joseph, did you have any biological children and if so what happened to them? How come they were eliminated from history and things?
- 1995-0724-145 The Scriptures as you know them now contain a version that was accepted and has been passed down through generations, passed down by you beloved one and others -- do not beat yourself up -- as an accepted version according to the belief of what the Son of God would have to manifest and demonstrate, how the Son of God would have to express upon this plane.
- 1995-0724-146 And in order to make the Son of God seem more holy and a bit removed from the human expression it was felt that he would not engage in sex, would not have children. Would be single of purpose and once ascended that was it. That is a truth -- with a small "t".
- 1995-0724-147 That is an accepted version that is widely accepted but it not the only truth.
- 1995-0724-148 I know what Mary Magdalene said.
- 1995-0724-149 A wonderful woman. There are many truths as we have spoken of the multitudinous expressions of the only holy Child that you are, it is the same for the truths of my lifetime. In a truth that I hold dear to my heart I had children. I knew woman, and I enjoyed it. Why deny the physicality? In other words, I am bringing forth this creation known as body with certain sense receptors. Why deny part of that experience?

1995-07-24 Oakbridge University Channeled by Judith Coates

- 1995-0724-150 It is possible to know oneness without denying the form. In other words, one does not have to deny the physicality in order to have the eye upon spirituality. You bring the Spirit that you are into every experience. That is how you know oneness with it. You do not deny it and say, "That part of my experience and expression is not holy, therefore I will not engage in it." That is to deny holiness.
- 1995-0724-151 So yes, I knew woman. I knew love in human form. And if it will not rock your boat too much.
- 1995-0724-152 {Laughter}
- 1995-0724-153 I knew more than one woman. I knew more than one woman with the use of the body, yes. I knew woman in the sense of oneness of Love, all of the women that I encountered in Love. For indeed energy does not have to be only expressed with the body and the certain design of the body. The moments of oneness, what you would call ecstasy were many as I beheld woman and man.
- 1995-0724-154 There I go, rocking a boat again. But the moment of oneness of true Love, not just the human love which is a beginning. That is not to deny its value, human love is most important. But it is a beginning, it is a part that brings you into the love of all and of Self -- with a capital "S".
- 1995-0724-155 But I love man. I love woman, and in that lifetime I knew myself to be the energy of Love. It is not limited. It is all encompassing. So there were moments of ecstasy as I beheld another in that oneness and the flash of recognition of knowing the Christ happened in that flash of an instant and we were one even as the forms were standing near to each other but not touching. There was that moment of ecstasy, which you have known. You have felt in the heart.
- 1995-0724-156 Even now in this lifetime you have come up to one and all of a sudden there has been that instant knowing, familiarity with that one and then right on the heels of that has been the voice that said, "Oh oh, that is not good." And you have shut down. But you have felt it, that energy of Love and you will feel it more and more in the days to come for there will not be the taboo against feeling and feeling Love. You will know again the wholeness, the holiness of being in oneness with another one. And if that be expressed with the forms, that is beautiful. If it is not expressed with the forms, it is beautiful.
- 1995-0724-157 So yes, beloved one, I knew woman. I knew man. I had children. That is my truth -- with a small "t". You will have many books coming to you. Already you have a stack of books that speak of my lifetime, and you say, "Well this one doesn't agree with this one and this doesn't agree, and this one says," and then you say, "What is the truth of this?" They are all true according to the one who has brought that forth and according to the ones who read it and find alignment with it. They are all true, because they are all contained within the grand adventure. So they are all true -- with the small "t". I choose the version that I like.

1995-07-24 Oakbridge University Channeled by Judith Coates

- 1995-0724-158 {Laughter}
- 1995-0724-159 And why not?
- 1995-0724-160 And why not? Indeed.
- 1995-0724-161 Beloved one, how are you?
- 1995-0724-162 I'm good. I'm just great.
- 1995-0724-163 You are radiant in this evening.
- 1995-0724-164 Thank you. You are, too.
- 1995-0724-165 Thank you.
- 1995-0724-166 I want to thank you again for the guidance and the unconditional Love that I feel you offer...{background noises make it hard to hear} And I would like to ask you to tell me if there is anything I need to know right now, and again I didn't know I was going to ask this, but to again address channeling?
- 1995-0724-167 Yes. First of all, the unconditional Love that you are feeling is your own Love. You are allowing the barriers and the boundary that you have put up around the image of self, of who you thought yourself to be and how worthy you thought yourself to be. You are allowing those boundaries to be, they have holes in them. Much like the Swiss cheese. So you are feeling more and more Love around you.
- 1995-0724-168 It is your own sea of Love that you are and it is beautiful. You will find this more and more as your natural state of being in the days to come, for indeed the holes in the Swiss cheese are becoming very holy, not there at all. So you may thank yourself beloved one, for it is my joy when you allow yourself to connect with the holiness.
- 1995-0724-169 For when you allow yourself to come up into a state of Love, unconditional Love, you uplift all of creation for there is no separation and as you allow the lightness of who you think yourself to be, to be experienced and to be enlightened, you lift up all of the brothers and sisters. It is very much as you would see one of the webs of your spiders, your spider webs and if you would take on point on that web and you lift it up, what happens to the rest of the web? It vibrates and it is lifted up.
- 1995-0724-170 So I thank you beloved one, for allowing yourself to see and behold and feel and express more and more of the unconditional Love of who you are.
- 1995-0724-171 Now, as to the question of channeling. Channeling again is seen to be within a specific point of focus where you have the identification of separate energies. So that you have now upon this plane many of the brothers and sisters who are allowing themselves to be open to channeling other energies. You have a multitudinous array of entities that are being channeled through. What the holy Child is allowing himself/herself to do is to connect with more and more of the

1995-07-24 Oakbridge University Channeled by Judith Coates

perceived separate aspects of Self. In this point of focus there is still a belief in identification, individual identification so that you say, "Well there is this certain energy and that is known as," and it is given a label. What is really happening is that you are allowing yourself to tap into the whole Mind of God. To tap in and reconnect and remember more of your energy and your expression.

- 1995-0724-172 Now, will you feel a difference with certain entities, as they are known? Yes, as you do with the brothers and sisters that are activating form and sitting in the chairs around here. You feel different energies, different personality aspects. You will perceive that with the energies that are in the unseen form as it is now called, unseen realm. You are allowing yourself to connect with more of who you are.
- 1995-0724-173 It is seen now to be as a process of channeling where one opens up and allows oneself to be a conduit for energy that is somewhat separate somehow that comes through. that is how it is seen for a short time duration. It is just the reverse of that. What is happening is you are allowing yourself to lay down the barriers, the boundaries of who you have thought yourself to be and to connect with what you might call your higher Self or another aspect of Self, and to ask of that aspect as you see it to be, for its perspective. But always it is you, for there is no separation.
- 1995-0724-174 For yet a short time, for yet a short time upon this plane there will be a belief that you can call in higher intelligence. It is true that you will connect with a grander perspective known as higher intelligence, but it is not that you have to know the telephone number and be able to dial them up. It is just that you have to be willing and to trust and to have the desire.
- 1995-0724-175 Can you trust what is channeled? How can you trust me? This one did not. There is your answer. Trust what your heart knows. In other words, if you hear from any of the brothers and sisters who are activating form, something that does not resonate with the truth that you know, you will dismiss it. You will say, "Well, that is their truth. That is okay." It is the same for information that comes through a channeled process. Abide with it. See if it resonates with your truth.
- 1995-0724-176 Then beloved one, take it a step further, allow yourself to know that there is Truth in it. Truth with a capital "T". If it does not resonate it is there as your messenger so that you can sit with it until you come to the underlying Truth -- with a capital "T". Not with the perception of what that Truth is because you may not resonate with that perception of Truth. But sit with it, wrestle with it. Play with it until it reveals unto you the underlying Truth -- with a capital "T".
- 1995-0724-177 In other words, first of all, evaluate information that comes to you no matter how it comes to you. Through the word of a friend, through a book that you will read, on your square box, through channeled means, evaluate it. Then sit with it a

**1995-07-24 Oakbridge University Channeled by Judith Coates**

moment or so longer and see what the underlying Truth is. It will reveal to you who you are. It will also reveal to you why it has come in that form as for this one.

- 1995-0724-178 Everything comes to you with a gift. Everything comes as a gift and a blessing to you. There is nothing that you call forth that does not have a gift for you. If it comes and you receive it in sorrow, in confusion and it is judged to be of tragedy, allow yourself to abide with that feeling momentarily. Embrace it, do not deny it. Take it in because it is your creation and say, "Yes, okay. This is my creation. Somehow and this is how I feel about it." Then when you have spent the emotions in being in sorrow, being in confusion, being in anger with it even. After you have spent those emotions there will come a peace where you can sit with it and understand the whole picture, the underlying Truth of it.
- 1995-0724-179 Everything that comes to you, comes because you have invited it. Allow yourself not to sit in judgment of self and say, "Oh, how dumb. I have done it again. I don't see why I'm repeating this picture. I am really, really stupid."
- 1995-0724-180 Allow those feelings to come up. Allow that emotion to be expressed. Spend that energy. Expend the emotion. Let it out there, because as you spend something, know you spend when you go to the store, and you spend something? In exchange you get something back in exchange. It is the same with the emotions. Allow them to be spent for in exchange will come a peace. Now if you do not spend those emotions and you hoard them, you don't get anything in exchange. So spend them. Spend them freely. Get to the place of peace. Abide with it and say, "What is your message for me? Thank you. Thank you for being on my stage." At first sometimes you do not say thank you. You curse whoever is on your stage. But after you get past that point then say, "Thank you for being on my stage. What is the message that you have for me?"
- 1995-0724-181 It is the same with all of the messages that you call forth no matter how they come to you. There is nothing that can come to you that is going to harm, threaten, destroy the holy Child. Even what you would judge and term to be negative energy, negative message. It will not do you in.
- 1995-0724-182 You are more than all of your creations. After all you have brought them forth. You do not have to fear negative energy. There is yet a belief upon this plane that there is negative energy out there somewhere that may zap you if you are not careful. Therefore, you have to protect yourself. That comes from lifetimes of having to protect the body, the form. For yes form can be threatened, it can be done in, laid down. The motivation for laying it down can be most convincing. But you as the holy Child, you do not have to fear for you are the one who is creating everything you experience.

**1995-07-24 Oakbridge University Channeled by Judith Coates**

- 1995-0724-183 Now if you want to abide in some drama and all of us, all of us have, you may call forth a scene within your drama where there is negative energy, forces to be dealt with and you've had fun playing with that and you have gotten most creative in how you thought you could protect yourself from whatever the forces were. Forgetting that you are the one who called forth those forces in the first place in order to have them as playthings.
- 1995-0724-184 It comes back to what we discussed earlier, it is all for the fun of it. In the midst of great drama the holy Child can stop and laugh, as you have done. Exactly, that is why when one can stop long enough and laugh at self there is great healing. When you don't take yourself seriously and there is a moment of lightness and you laugh, that is healing.
- 1995-0724-185 So beloved one, did we answer your question and more?
- 1995-0724-186 Yes.
- 1995-0724-187 And mine, too. I'll have to think of another one.
- 1995-0724-188 Because I don't understand some of the things I'm calling forth, shedding some light on it does help.
- 1995-0724-189 Yes. Allow yourself to abide with everything that you call forth and call it good. Now, in the terminology of the world that gets into the duality of good and evil, but by looking at everything that you call forth and calling it good, it is the next step in acknowledging that it is just is, and that it is okay.
- 1995-0724-190 In other words, if you have the power to call it forth, which you have, you also have the power to come through it, transform it and to understand yourSelf as the capital "S" Self much better. That is why you call forth everything that you experience. It is to come to the place of knowing grand strength. That is why many of you put the huge boulders, roadblocks in the way, because then you have to come up over the huge boulders and when you do you say, "Look at how strong I am. Look at what I have done. Look at what I have overcome." Then you also say, "Well, I must be worthy. If I could do that, I must be worthy of something." And so you manifest, your bring about all of the circumstances and these boulders again so you can have fun with them.
- 1995-0724-191 Does the holy Child have to have boulders on the path? No. But sometimes its fun when you get to the top of that boulder, you get a different perspective.
- 1995-0724-192 Beloved one, how are you in this evening? I'm speaking to the one behind you. I love you as well but I will speak with you in turn.
- 1995-0724-193 I'm good.
- 1995-0724-194 You are more than good, you are perfect. What would you ask in this evening?

**1995-07-24 Oakbridge University Channeled by Judith Coates**

- 1995-0724-195 During the course of this weekend I've been following the weekend not only emotionally and not only with my experience, but I've also been reading the cards to see how it correlates, and sometimes I get information that says that I should just look at the cards and read the cards but I shouldn't read the little book provided because it doesn't apply anymore. And at the beginning of the week I got a lot of cards around destruction and death and that sort of thing. I was interpreting that to mean, was destruction of certain barriers, certain parts of myself that I need to come through.
- 1995-0724-196 Indeed, barriers you are already allowing to be released, yes.
- 1995-0724-197 And the surprise is that by the end of the weekend was this big huge card, and I would just like you to talk about that a little bit. In some respects I've worked on heart energy and it was a little confusion to me like I thought I really worked on that before and was continuing, but had done a lot of work on that and of course I come in and I go to a workshop and somebody says, "Well, this is what you need to do and break all of this down." Well I have been doing that for the last year and a half and in the last six months I've been feeling like it seemed like a lot different. Maybe even seeing auras, heart energy.
- 1995-0724-198 Yes, indeed you have. First of all, you call forth what you see in the cards because you are asking that to be as catalyst for your own remembrance, your own knowing. Likewise, you call forth what you perceive to be said in a gathering, in a workshop so that you can sit with it and have as you would call it, the report card.
- 1995-0724-199 In other words, not to take it as judgment if someone else is saying, "This is what you need to do." But to take it as a suggestion. They are making the suggestion. Then you take that and you say, "Is this my knowing of it, or where am I with this?" As you have just done, because even in the voicing of your question you have affirmed that you have come a long ways in the last year in love of self and love of others.
- 1995-0724-200 You called forth the workshops, the various messages in order to be as a report card for you so that you could have clarity about how you feel about self, about image, who you perceive yourself to be. It is the same as with this one, it is the same for all, but you call forth the messages not to be in judgment of self although self from time to time will hear it that way out of habitual reaction, habitual way of hearing messages. But you call forth messages. The messages first of all come in neutrality. How they are perceived give you a clue as to where you are abiding with self. What your image is, and there will be first of all, a habitual reaction. One that you know well and say, "Okay, companion of many lifetimes, I know that feeling, I know that image well. Many lifetimes I have lived with that image, but now perhaps things are changing."

**1995-07-24 Oakbridge University Channeled by Judith Coates**

- 1995-0724-201 With that very allowance of saying, "Perhaps there is a possibility of change," you have already changed. You would not even consider that there could be any change if you were already not in the process of change. You would just be stuck in the box. You wouldn't know there was anything outside of the box. You are already in the process of releasement of baggage and limitation and you are in the process of loving self. Coming into that place of seeing the aura of Love around others and around yourself.
- 1995-0724-202 What you call forth in the cards, again they are neutral. What you call forth although there is an agreed upon interpretation, but what you call forth comes from the inner knowing, the inner wisdom known as intuition, known as inner wisdom. Anything that you give as a message unto a brother or sister, you may use various tools but what you give unto them comes from your own inner knowing, your own inner wisdom. You will see that reflected then in the manifestation, but it comes first from within. Then to the manifestation.
- 1995-0724-203 So it is no wonder that as you were abiding in the first part of this weekend with the releasement of old beliefs that were fixed, that the cards that you then saw in front of you reflected back to you what you already knew inside, reflected back to you the destruction. You see this all around you in different forms, as you, as the other beloved sister, as you are willing to live in more love of self you will see that more and more in your experience.
- 1995-0724-204 If you ever want to know a report card, want to know progress report, how am I doing? Look at what is happening around you. It is not so much important what is happening around you as your perception of what is happening around you, but first start with what you perceive to be happening around you then sit with that perception and ask of that perception, "What is it telling me of my image of myself, of who I think I am and who I think the brothers and sisters are?" If you ever want to know and all of you have asked me from time to time, "How am I doing?" Look at what is going on in your life, but do not come from a perspective of judgment. That may come first, but that is all right. You can let that go. Then sit with it. Not in judgement. Even if you feel that you have been outcast, that something has happened that did not feel really good, allow yourself to sit with first reaction. "Okay, I'll let that go."
- 1995-0724-205 Then to ask, "What is the larger picture that is going on here? How can I see this anew?" And then the light begins to dawn does it not? It may take some time, but what is time. You have all of time. You are the maker of time. So if it takes you all of the rest of this lifetime, so be it. If it takes you more than this lifetime, so be it. Who is going to judge? Your Father does not judge. He knows you to be within the grand adventure for the fun of it. He hopes you are having fun with it. Beyond that, there is no judgment.

**1995-07-24      Oakbridge University      Channeled by Judith Coates**

- 1995-0724-206 So allow yourself to sit with whatever comes and then to ask, "How can I see this anew?" Your report cards, beloved ones, are doing very well. You would not be in this gathering, you would not be in the consciousness of allowance, in the consciousness of desire of knowing more of Self if you were not doing well. You have already come out of the box. You have already started to entertain the idea that, "Perhaps the box that I thought was here, maybe that veil is not even there. Those sides, they are permeable." And then you come past that idea of permeability, huh, and then you come past that and you say, "It's not there at all." And it isn't. Does that answer your question, beloved one?
- 1995-0724-207 Now beloved one who sits in the back there, how are you in this evening?
- 1995-0724-208 Okay.
- 1995-0724-209 What would you ask?
- 1995-0724-210 Speaking of instant knowingness, and within the framework of the concept of past lives Garth accidentally called me Charlotte this weekend, except there are no accidents and I felt that referred to a past life, and what I wanted to ask was information on some of the past lives that we shared?
- 1995-0724-211 Yes. Indeed as you have discerned, this has come from a past lifetime, a past knowing where your name was Charlotte. He knew you as that name, a beautiful name, and there was much of love between you. In that lifetime you were as mates together. You shared the living arrangements, you had the little ones together, there was great love, great support. It was not what you would see as a long lifetime as time intervals go, but it did not need to be. For you knew of this one, simplicity of love with this one.
- 1995-0724-212 But there was an instant familiarity when you beheld this one. Not so much the form but the heart of that one. You have been with that one many times in biological family as sister and brother, as playmates, often as playmates. That is what comes up for you first of all, the playmate, the feeling. There is much that you have shared, much that you have completed.
- 1995-0724-213 What you feel with this one is love, free love that does not have to be confined to the dictates of society. It is beyond the dictates of society. You have come through what you would see as many of the expressions within human experience with him, many of the buttons that would be pushed, conflicts, to the place of knowing love. There is nothing more that needs to be completed except to enjoy the love freely. But yes, this is true.
- 1995-0724-214 As you sit with that, the small bits I have just given you, if you want to, you can play with them. Imagine how it would feel to be with this one. Envision the surroundings, where you were, what you were doing, and it will start to come for you as a video. You will see scenes.

**1995-07-24 Oakbridge University Channeled by Judith Coates**

- 1995-0724-215 I saw I think he was a farmer, suspenders.
- 1995-0724-216 You can play with that. Is it important that you play with that?
- 1995-0724-217 Just to identify the feelings and what is the source of that.
- 1995-0724-218 Yes. To know the joy of it, yes. It is not necessary that any of you sit and recall all of the past lifetimes or future lifetimes or multitudinal now lifetimes, but as you do connect with what have been other lifetimes as you identify lifetimes to be, it allows you to connect with more of the totality of the one Self. That is the value in reclaiming, remembering other lifetimes.
- 1995-0724-219 So ones will come and ask, "Is the belief in reincarnation, is that concept true?" I'll ask of you, is that true?
- 1995-0724-220 With a small "t".
- 1995-0724-221 Yes, with a small "t", and it serves a purpose for ones who believe it. Others do not have that in their script and they do not need it in their script for they have written in other ingredients that allow them to connect with the totality of One. Does that answer your question beloved one?
- 1995-0724-222 Thank you.
- 1995-0724-223 Thank you. You are a joy to behold.
- 1995-0724-224 Now beloved one, what would you ask in this evening?
- 1995-0724-225 Well this will be a question of a professional nature. What would you suggest as a direction that I could take with my friends in general? Something that we could do that would benefit people, but also us professionals?
- 1995-0724-226 Anything that you do in service for the brothers and sisters will benefit you. You have already been garnering to yourself certain tools, methodologies of healing. You desire to facilitate healing for others, to allow them to know their own wholeness and to come Home through that avenue. Follow the heart's desire. You are already on that path and it will not fail.
- 1995-0724-227 You will add other methodologies to that as well, that will not be the only tool in your toolkit, in fact it is not right now, but you will find in the days to come that you will add other tools to your toolkit so that when ones come to you, you will use a certain methodology. You will know intuitively. They will tell you. They will call it forth from you. You will use a certain methodology with one, another one will come to you and you will know by your guidance, because there is not separation of minds, you will know what they are calling forth from you and you will take out another tool from the toolkit and you will facilitate their remembrance of wholeness.
- 1995-0724-228 You are on the right path. That is what you are asking and yes, you are on the right path. It is not by accident that you have found yourself very greatly drawn

**1995-07-24 Oakbridge University Channeled by Judith Coates**

to this methodology. It is a methodology you have used in other lifetimes, and you will do it again with joy. Does that answer your question?

- 1995-0724-229 You are a beloved servant of the Father. You desire to bring forth Light upon this plane and so you have been looking around in the highways and byways for how could you be of service? But you also wanted to know in doing this, what would allow your heart to open? And you are already finding that. Pursue it. Very well beloved one.
- 1995-0724-230 Thank you.
- 1995-0724-231 And you beloved daughter, how are you doing?
- 1995-0724-232 Very well, thank you with all my heart for the spiritual guidance that I get from you everyday. It is such a joy. It is so much fun.
- 1995-0724-233 It is such a joy, is it not? Yes. What would you ask?
- 1995-0724-234 Susan asked my question and many others asked them. I guess some specifics for me about direction.
- 1995-0724-235 Yes, you have made a shift in your direction. You have known completion with a certain area of expression and a certain area of service. There is much that you will take from that portion of this lifetime that will stand you in good stead in what you are going to be doing in the days to come.
- 1995-0724-236 What you did in those previous years was not for naught. In other words, it is not like you have to close the door on that closet and that's it. You will find that there are many tools in that closet that you will be calling forth in this new direction that you are taking. In other words, understanding of the brothers and sisters, being able to relate to where they are abiding in that moment because you have been there. Certain professional expertise that you have done with the training, it will translate, generalize over into this new direction. You will find much that you have already experienced that will have relation, in a slightly different way, there will be a shifting. Already there has been a shifting, but it will translate, you will be surprised. It is not like you have finished chapter ten in the book and you are on to eleven, and there is no continuity. There is a lot of continuity. For indeed as you go from chapter ten into eleven you bring all of that with you to serve you and to serve the brothers and sisters.
- 1995-0724-237 You have found ones who are of like mind and like heart, and there is much of joy of being in their presence and being in a partnership with them. Continue. You will find that the path will change a bit from what you see it now to be, and that is good. In other words, you have already learned some flexibility.
- 1995-0724-238 All of the paths as you would take a slice of now, right now, all of the paths as you see them right now will change, because you decree that you will know change. So even what you see in this moment as your future to be, it will shift, it

1995-07-24 Oakbridge University Channeled by Judith Coates

will change. What it will do is expand and open and so you will find yourself being flexible. You will not sit with it for you have already learned this lesson. You will not sit with it and say, "It has to be a certain way," for that only brings grief does it not?

- 1995-0724-239 You have done very well in allowing yourself to release and to be flexible. Now you have great strength. You have the strength of the reed that bends in the wind. That is what you desire to know. Not just to have it said as a grand idea in a book somewhere, but you know it, you know yourself to be the strength of that reed that bends in the wind. Beyond that, beloved one, you know yourself to be the wind. You are the power of the wind.
- 1995-0724-240 The path that you are on now is a path of joy. It is a path of Light and it will continue to unfold. It will not be a narrow path, but you will see it opening and there will be other ways of service that will be related to it. It will be rich. Rich in the golden coins, yes, there will be some of that, enough, as much as you want to call forth. But it will be rich beyond the golden coins as you have experienced this last year in your timing, the riches that you have gained to yourself in the past few months of your timing, have been not measured in the golden coins, but they have been measured in the heart, yes.
- 1995-0724-241 Those riches you take with you wherever you travel. The golden coins, you put them somewhere. They are left perhaps to the inheritors. They do with them whatever, but the riches within the heart that is the strength of the holy Child. That is the holiness and the power of the holy Child. That is what you will be teaching and imparting to others because you have had the courage to come along this path.
- 1995-0724-242 Never think that what you do you do just for yourself -- with the small "s" -- and that it has no more meaning than just what you are doing in that small segment of lifetime. What you do for yourself is a gift to all of the brothers and sisters as well. For as you come through experiences and you uplift your perspective and your understanding and remembrance, you uplift all of the brothers and sisters as well. So never feel that what you do has small meaning. Everyday when you choose for Love and for lightness it affects all of the brothers and sisters in what is known, termed the collective consciousness.
- 1995-0724-243 Thank you.
- 1995-0724-244 Thank you, beloved one.
- 1995-0724-245 Now beloved playmate.
- 1995-0724-246 I'm not going to check my Ouija board, I'm going to ask you, "What's next?"
- 1995-0724-247 Ah, beloved one, great joy.
- 1995-0724-248 I guess so.

1995-07-24 Oakbridge University Channeled by Judith Coates

- 1995-0724-249 Indeed, because you have decreed it.
- 1995-0724-250 Yes.
- 1995-0724-251 You have come past the choice point. This was made some years ago in your timing, where you said, "Enough of this garbage. Enough of the constrictions in my life. This is not working. And it does not honor the holy Child that I am." You did not quite put it in those words but that was the underlying. And you made a choice for enlightenment, in feeling lighter about self. Since then your path has changed. It will continue to be one of expansion, opening, of joy, of more and more gatherings of family where the heart is open. Where you can share freely from heart to heart and find acceptance and find the inspiration with others.
- 1995-0724-252 For indeed, there is a certain energy as it is shared that augments itself in geometric proportions as you come together and hold a certain vibration and then allow it to be lifted. You will feel that more and more in the days to come. There is much of joy in your relationship as you allow yourself to be the playmate. And this carries over into all of the relationships. Even the physical form.
- 1995-0724-253 There is the rub.
- 1995-0724-254 The physical form itself is changing.
- 1995-0724-255 True.
- 1995-0724-256 Yes.
- 1995-0724-257 I expect to stand up and to walk without the knives in the knees. However, I've listened to you carefully this evening.
- 1995-0724-258 Thank you.
- 1995-0724-259 You're welcome, and I try to do that everyday. You've become my playmate and my chum. You said something about when there is a physical problem, when there is a physical occurrence, better word, spend the emotion. Well, evidently I've got a stockpile of emotion, because I've spent lots of it and evidently since. The situation still exists without a grand change. Have I not spent enough?
- 1995-0724-260 Indeed beloved one, it is for you to ascertain how much needs to be spent. In other words, you do not have to spend a lifetime dredging up and abiding with sorrow and anger and all of the emotions that "should" be released. You may do that....
- 1995-0724-261 Well thank you.
- 1995-0724-262 Right. You have already tried that in lifetimes.
- 1995-0724-263 Yes I have.
- 1995-0724-264 Yes, and it was not to dreadful. But you are the one to ascertain and the emotions will come as your messengers. In other words, you do not have to sit and

1995-07-24 Oakbridge University Channeled by Judith Coates

to will and to say, "Here is the game plan and on next Thursday I am going to sit for an hour and release." No, it will be most spontaneous. As it comes up for you allow yourself to feel free in the expenditure, but not to have to dwell with it forever. In fact you will not dwell with it forever. You will come unto that place of peace, that place of resolution, that place that says, "Okay, now. I'm going to take a deep breath." Indeed that is one of the purposes of emotion, is to allow you to expand it to your heart's desire to you get to the place where you want to take that deep breath and the what happens you come unto your center with that deep breath. That is the purpose of the emotions, to allow that energy to get out of the way so that you can take the deep breath and come to the heart.

- 1995-0724-265 Your question is, have I not spent enough so that I do not see healing in the knees? It is not that. In other words, if you were to sit the rest of this lifetime and release and release and release, would that make the knees whole?
- 1995-0724-266 No.
- 1995-0724-267 No. Beloved one, the knees already are whole.
- 1995-0724-268 Yes.
- 1995-0724-269 Allow yourself to feel very fluid, very free. Already you have been claiming that bit by bit. That is the path to knowing the ease that you desire. Allow yourself to feel the fluidity of the Light that you are, of the Light that activates the form even the knees.
- 1995-0724-270 They will respond.
- 1995-0724-271 And they will respond. Do not judge them. Thank them. For indeed you got to this room did you not?
- 1995-0724-272 Oh, I do everyday.
- 1995-0724-273 Indeed you do.
- 1995-0724-274 Indeed I do. I treat them as if they were the most precious little babies. Please get me to where I need to go, and they do. However, they let me know that it is a trial to them, you see.
- 1995-0724-275 Yes, but even as you sit and you dialogue with them and you say, "Please get me to where we need to go," there is still and underlying belief that there is a problem with them, a possibility that there might be a problem. Allow yourself to sit with the knowledge that you are going to get there as the Light that you are, and to thank them. To thank them ahead of time and even before you have made the trek, the journey.
- 1995-0724-276 Can you answer for me one question that has mystified me in this regard and then we will drop it? When I sit they are fine. I am in shock ever time I stand up and move. I don't expect it. At least consciously. So that surprises me. I keep

**1995-07-24 Oakbridge University Channeled by Judith Coates**

expecting to stand up the way I stood some years ago before it became a problem. My question is, there is a bridge there someplace that I have not yet discovered.

- 1995-0724-277 Yes. You are already doing the first step in that there is not the conscious focusing on a problem. That will carry you to the place where you will walk out of a room and you will realize, "Oh, I have already done it." But there has been a conditioning, a learning that there is a problem with the knees. There is a message that is deeply ingrained and as we have spoken at other times, it comes from more than just this lifetime.
- 1995-0724-278 Yes.
- 1995-0724-279 Yes. Therefore as the belief in process is so deeply held yet in this point of focus, there will be a process of releasement, but know you well you are already in that process of releasement. In other words, you are not stuck here with a huge chasm in front of you that you have to be these, what is it called, the Evel Knieval that jumps over.
- 1995-0724-280 {Laughter}
- 1995-0724-281 Shall I need not search any further for cures?
- 1995-0724-282 No. No, you already are the cure. Allow yourself to play with whatever interests you for there will be various playthings that come to you to play with. But know that none of those cures, as they are called, are outside of you. Because after all, you have invited them. You have said, "Okay, it is your turn on the stage, let's dance. Let's do this thing together." And you will have fun with certain ones of them. That is part of the whole experience of why you are doing the thing with the knees is so that you can entertain others aspects, methodologies, ways of healing for the fun of it.
- 1995-0724-283 Which may be contributing to the healing center?
- 1995-0724-284 Yes, there is a wealth of experience that you will bring, because you have been willing to play with different aspects.
- 1995-0724-285 That's a nice word. So that's what I've been doing?
- 1995-0724-286 That's what you've been doing.
- 1995-0724-287 Ha, how interesting.
- 1995-0724-288 You have been the great orchestrator of this play that is going on, and you have said, "Certain ones come upon the stage. It is your time now." As you have invited certain ones to be in relation with you at certain times, so that you could dance with them. So that you could be as foils one to the other. It is the same with the physicality and the knees. You have asked, "This is certain motivation," for then asking of other aspects known as methodologies of healing to come and be on your

**1995-07-24 Oakbridge University Channeled by Judith Coates**

stage so that you can investigate, know, play, dance with them and see what happens.

- 1995-0724-289 That is all there is to it. In other words, there is no judgment as to what is going on with the knees. It is an is that is going on with the knees. How it is interpreted is by habitual perception.
- 1995-0724-290 Yes, I see. I see.
- 1995-0724-291 And not just your habitual, as an individual, perception, but a most collective agreed upon judgment.
- 1995-0724-292 I wished to disagree?
- 1995-0724-293 Yes. That beloved one is part of what you are bringing about in the new dream, is the disagreement in the saying, "This belief doesn't have to be." And you will reach that point because you will say, "I have tried this aspect, this one, this one, you know, I have eaten of the chocolate pudding."
- 1995-0724-294 Oh yes.
- 1995-0724-295 "And now I am ready to know something new."
- 1995-0724-296 True.
- 1995-0724-297 Yes.
- 1995-0724-298 I have places to go, people to see.
- 1995-0724-299 Indeed you do. Yes, grand reunions.
- 1995-0724-300 Thank you.
- 1995-0724-301 Thank you, beloved playmate.
- 1995-0724-302 Very much, beloved playmate.
- 1995-0724-303 Thank you.
- 1995-0724-304 And you beloved one who shines as the sun, what would you ask?
- 1995-0724-305 I have so many questions. Picking one out is a challenge.
- 1995-0724-306 It is not new for you in this lifetime. Always you have had many questions.
- 1995-0724-307 There will be times when I look around at what's going on. You were talking about the report card, look around, what's going on me and I see so much beauty and so much blessings and goodness and I feel really, really happy and blissful, and then the next day I'll get up and everything is the same but I feel despair and hopelessness, and like it's no use. Nothing is ever going to turn out... and it's driving me nuts.
- 1995-0724-308 Indeed.
- 1995-0724-309 Can you address that depression for now?

**1995-07-24 Oakbridge University Channeled by Judith Coates**

- 1995-0724-310 Yes. This is a lifetime of integration for you. A lifetime of coming to the place of remembrance of wholeness. So you have said, "I will deal with all of duality," as there is the belief upon this plane in duality. So one day you will see all of beauty and sunshine and another day you will get up and you will connect with all of the times, we will call them lifetimes, where you have been on the other side of the coin, where you have expressed a lifetime of sorrow, of tragedy, of violence, of confusion. Where everything was a downer. You are calling all of that not in specific remembrance, for indeed that is not necessary and you would find it a bit overwhelming. It would be like playing all of the videos at once. But you are bringing the remembrance of feeling from those experiences, those times in order to sit with it and to abide with choice. To abide with who am I?
- 1995-0724-311 You have said that in this lifetime you will know integration of all of the lifetimes, as you see them to be, all of the peak experiences, you call when it all comes, concentration, all the concentrated symbolic lifetimes. So therefore, you will bring to yourself all of the symbolism of duality in order to know that is but part of this plane, this belief system, but that it is not the whole of you.
- 1995-0724-312 As we have spoken earlier, everything that you do for yourself affects all of the brothers and sisters, and as you allow yourself to come up on the days when you are feeling most down and nothing is worth anything, you also uplift because of your willingness, you uplift all of the other brothers and sisters who know that agreed upon feeling. It is a well known feeling, and it is most pervasive in these times, in this day. There is much of despondency, hopelessness, despair, depression, but there is also as you, as the microcosm, as you are reflecting, there is also the other side of Light and Love and hope.
- 1995-0724-313 You are feeling what is happening with all of the brothers and sisters in this plane and in this point of focus. You are experiencing it on what seems to be an individual level, but you are not alone. There are many, many of the brothers and sisters, everyone so gathered in this room they will say to you that they have periods of remembering depression, despondency. I too, in my lifetime of identification upon this plane, identifying with this plane, I had moments of wondering what it is all about and was it worth it? I had moments of questioning. But I came past that because of choice. In the beginning it was choice. After that it was knowing and remembering.
- 1995-0724-314 So in the days when you feel down light a candle. Not as a religious miracle, magic, but light a candle because it is beautiful. Because it is the Light that you are and it will remember, remind you of the Light that you are. And as you see the power in the flame of the candle, it will ignite a remembrance within you of the Light that you are. For you have heard it said and it is a grand truth upon this plane, that the light of a single candle will dispel the darkness around it. It is the same on the days when you feel despair and despondency. Light a candle,

1995-07-24 Oakbridge University Channeled by Judith Coates

and then the next thing, beloved one that you do, you begin to sing. It raises the vibration. Sing to the candle. It does not matter if the mate hears you or not.

1995-0724-315 {Laughter}

1995-0724-316 But sing to the candle. Sing to the Light that you are, and after a bit there is a miracle that happens. For as you allow your vibration to come forth in tone known as singing, it raises even the vibration of the cells. And after awhile, you forget how it felt to be so far down with it.

1995-0724-317 What you are reflecting is first of all, on your own individual level as you would identify individuality, you are remembering duality, you are remembering lifetimes of experience of duality, of the chocolate pudding and of the butterscotch pudding or whatever you want to call it. You are remembering the duality that you have experienced many, many, many, many lifetimes and bringing it into conscious awareness to deal with, transform, integrate and to know in this lifetime as the one whole. You are also registering as the microcosm as you see yourself to be, what is going on with all of the brothers and sisters in this plane as well.

1995-0724-318 Are you a receptor of that? You cannot help but be for there is not separation. Does that mean that you take upon yourself all of the pain of the world and you abide with that pain? No. You recognize it. You acknowledge it, you embrace it for you know that you as well as the brothers and sisters have brought it forth in order to experience it, to experience the duality of pain, of joy, to know both ends of a whole range of continuum there, of the duality. To embrace it and to say, "Look how creative I've been. Damn creative." And after that you say, "Damn I'm good."

1995-0724-319 {Laughter}

1995-0724-320 Oh boy.

1995-0724-321 And then it uplifts. Do not judge yourself for feeling that you are on the roller coaster. It is a time of roller coaster. It is a time of integration. It is a time of bringing in all of the experiences that have been known upon this plane. As I said, not in specificity but in the generality and the feeling thereof, and being able to look upon all of those feelings with evenness, equanimity, and to love all of those feelings as your creation and to know that you are the one who transforms all of those feelings because you have the power to do so, because you have brought them forth.

1995-0724-322 Do not judge yourself. It is part of what you have decreed as our process of awakening and it is beautiful. You have found one who allows you the roller coaster. You have done well. The other side of the coin is you serve him well. It is not by accident that you find yourselves together again. Many times you have

1995-07-24 Oakbridge University Channeled by Judith Coates

been the playmates, the coworkers, the ones who would study and teach. You do that again for the fun of it. And if there be the dips, the ups and downs, ride it for the fun of it. It brings you Home.

- 1995-0724-323 Does that answer your question beloved one?
- 1995-0724-324 Yes it does. Thank you.
- 1995-0724-325 I touch the one that we are and I thank you. Continue in the path that brings joy to your heart, the path that you are on for it serves you and the serves the brothers and sisters. It is a beautiful path.
- 1995-0724-326 And beloved one, how are you in this evening?
- 1995-0724-327 Very well, thank you.
- 1995-0724-328 You are welcome. What would you ask?
- 1995-0724-329 How may I be of great service?
- 1995-0724-330 Ah.
- 1995-0724-331 I'll drink to that.
- 1995-0724-332 Yes, we will drink to that. Already beloved one, you are of great service. But the grandest of service is to come Home. For you to come to the place of awakening no matter what you be doing. No matter what path you are following, but to come to that place of saying, "I am Home," which you are. Home is not a place afar off somewhere that you have to search for. Home is who you are. It is the consciousness of the heart and you carry it with you always. So allow yourself to be in joy for you are already Home. How can you be of service, great service, the grandest of service? It is to awaken of self and to look upon all of the brothers and sisters even the one with the "O" of the mouth and to say, "Hey, that one is Home as well, and Home and Home. I am Home. I am surrounded by Home." And Home is beautiful. It is the love that I see in the eyes. It is the love of the heart that resonates with my heart. It is the love that is exchanged as one comes into the energy dynamic and says, "I do not have need of armor, of guardedness. I know you. You are who I am. You are the Christ." That is how you can be of great service. It is the simplicity of the Christ who takes with great courage and willingness and outrageousness and looks around at everyone else and says, "Hey, we are all the grand adventurers and this fun. We are Home and we are playing." And that is all it is about.
- 1995-0724-333 And you sit with each one and you abide with each one and you say, "Tell me your story," for each one has a story. A favorite plaything, a story. And you open your heart as you already do and you say to each one, "Share with me your story, your plaything that you are playing with. And if there is a part of that plaything that perhaps the wheels do not go around smoothly, let us play with that and see how

we can make the wheels go smoothly." For indeed everything in life is there to be played with. Each one has a favorite plaything, so you approach each one as you are now doing and you say, "Holy Child, play with me. Open your heart to me and share your story with me." And it comes forth in ease and simplicity.

- 1995-0724-334 No great studies, no great methodologies although they are fun. But it is the Home, the Home that you are and recognizing that each one, everyone you behold is Home free already, and then laugh with them. Sometimes putting the arm around the shoulder, not laughing at them, but saying to them in gentleness which you know well to do, saying to them in gentleness, "I love you. There is a grander purpose than all of this. Perhaps you can see it this way," and you will paint a picture that allows that one for that moment at least to see beyond what has been just in front of the nose. To see the grandeur of the drama of the adventure, the grand adventure that is there. And after awhile they come out and they say, "You know, I feel good when I'm with you. I like to play with you. Let's play." And then you know you are Home.
- 1995-0724-335 That is the greatest gift, the greatest service that you can give unto anyone, all of the brothers and sisters, is to know that you are already the Home that you seek. It is already yours and all that is left to do is to play. And if ones want to play with a bit of drama, you will allow them their drama. You will not have to get in there with it, but you will be in a place of holding them in true vision of knowing their holiness even as they go through drama that speaks of their own limited self-image. You will hold the vision of the holy Child for them and you will invite them silently and other times with the voice of the mouth, to come and play. Many times with the eyes, the love of the eyes you will suggest unto others, "Come, come and play. It is okay. For a moment or so you may put down your cares. You may play with me and if you want to pick them up later, that is okay." You will say to them, "Come and play." And in that you allow them to be uplifted in that moment. That is the greatest service, to know that you are already Home and that you are willing to play. All of the rest follows easily after that.
- 1995-0724-336 Already, beloved one, you speak a language unto ones that they can understand, that allows them tools, a trellis to see a grander vision. It is a methodology that you have followed, you have devised, in fact if you will receive it, you are the one in collaboration with some others, who brought forth this methodology of understanding the whole. That is why you feel yourself so drawn to it in this lifetime and you feel such a resonance with it. It is because you along with some others, birthed that methodology, that trellis for allowing ones to come past and very singular point of focus that said, "I can only see this far in front of me. Not too far." To see a whole vision. To understand how the parts relate to the whole and to give them a bit of hope and understanding that there is more than just this point of focus. You are of great service already and in the days to come, you

1995-07-24 Oakbridge University Channeled by Judith Coates

will know more and more unlimited joy. More and more unlimited energy that can be freely expressed and given unto ones for the beliefs of society that have been constrictive, beliefs that you have put there. They will be dissolving because you are already willing for them to be dissolved.

- 1995-0724-337 You have already said, you are willing to allow, to surrender. What do you surrender? You surrender the limited beliefs, the boxed in fences, the boundaries. More and more in the days to come you will know unlimited joy of energy, of being in relationship with other ones, being free in the Love with another one that takes nothing from the love between you to, it augments it.
- 1995-0724-338 For as this one goes out and feels more freedom in expression of love, that one becomes uplifted in vibratory rate of acknowledging the Light that he is, and he brings that into relationship with you. It is the same with you.
- 1995-0724-339 As you allow yourself to be free in the feeling of love with another one, be it woman or man, it matters not. Society right now says that the design of the body dictates how love will be experienced and expressed. That is going to be changed. That is in process of being changed. That is why you see so many of the ones coming out of the closet as it is called, and expressing different feelings of ways to express love. There is much of that now coming into awareness of ones saying, "I want to love. I am love. I want to express love, but I do not want it to be in constrictive, only a certain way, limited way."
- 1995-0724-340 Why is that coming now? Because you are calling it forth. Because you are saying, "I want to know love. Not just love between man and woman. Not just friendship between woman and woman, or friendship between man and man. But I want to know Love in all of its aspects that is not boxed in to a certain way of expression." Love is Love.
- 1995-0724-341 So you will find Love with others as all of a sudden there is a twinkle in the eye and the opening of the heart and there is a revelation that is shared between you and anyone else, and you are uplifted and you come back to this relationship and you say to this one, "I have so alive in love." And this one because it is most contagious, vibratory rate as it is uplifted is most contagious. This one will be uplifted as well.
- 1995-0724-342 In relationships you will find this happening more and more, it will give opportunity for ones to either sit in a place of limited judgment of self and of worth. In other words, what I am speaking of here, is if the one part of a relationship, one mate of a relationship finds love, oneness with another brother or sister and comes home highly raised up in vibratory rate, really happy, alive and glowing and says to the other mate, "I was just talking to so and so and this is what we said and this is what we felt and I am so in love with him." And the other one says, "Oh my God." Or the other one says, "I am happy for you. That

1995-07-24 Oakbridge University Channeled by Judith Coates

feels really good. I am glad you are showing me that side of relationship with that one. It is something that I haven't yet experienced with that one. But hey, I'm glad that that's there." And it augments and uplifts the relationship of the two.

- 1995-0724-343 But it will, for a time duration, provide opportunity for each one to sit and abide with, "What is my self-image of myself? What is my worth? And do I need to sit in a place of `Oh oh'? Or can I sit in a place of love?" Habitually when one has come back and has said, "I have been in relationship with this other one and this is what we have discovered and it is great love, and I love this one." The other one has felt excluded, has had the reaction of, "What wrong with me? I am not good enough." There will be a leap in the days to come that will leap over that limited belief of image and of worth. But it will take a bit of a leap. But you are already willing.
- 1995-0724-344 You have already played the musical chairs of relationships. In the last few decades of your timing you have seen much of the musical chairs. Looking for fulfillment with another one and if you did not find it with the first relationship then you said, "Okay, I try another one and perhaps that one will fill in the chinks that are missing." Another one cannot fulfill you. Another one cannot fill in the chinks that are missing because there are no chinks that are missing. You will come to the place of remembering that you are "chinkless".
- 1995-0724-345 {Laughter & comments}
- 1995-0724-346 And there will be great joy in that. It will be the upliftment of the vibration of Love which brings you into fifth dimensional energy which will be known as experienced and expressed upon this plane and it comes quickly now.
- 1995-0724-347 Speaking of the now, this would be a good time to take a break. It is getting I believe, a bit warm in here. My beloved friend and teacher says it is warm. We will have a break and then we will come back together in ten minutes of your timing.
- 1995-0724-348 {Break}
- 1995-0724-349 What did you break?
- 1995-0724-350 Fortunately, not my bladder.
- 1995-0724-351 Yes, the bodies, the forms do ask for attention do they not?
- 1995-0724-352 On occasion, yes they do.
- 1995-0724-353 Yes. Very good.
- 1995-0724-354 It is much like breaking bread because although we weren't doing it with food we were communing with each other.

1995-07-24 Oakbridge University Channeled by Judith Coates

- 1995-0724-355 Well spoken, beloved one. That is what this evening has been all about. There have been the questions of the mind, yes, that have come up and we have played with them for that is what questions are for, to play with them. And we have taken them unto the place of the heart where all wisdom abides. We have taken them to that place of peace, that place of centeredness, the place of silence where the still small voice can be heard and received.
- 1995-0724-356 It has been a time of great communion. A time that I have enjoyed being with you in this manner. My beloved friend and teacher tells me that the time, the evening is growing late so there will not be opportunity to go around the circle again. But I would ask if there is anything hanging, anything that has not been addressed that you would not want to go away and not have be addressed. Is there anything that we need to play with?
- 1995-0724-357 I have one question. After our field trip yesterday to that land, would you comment further on what your feelings are about that?
- 1995-0724-358 My feelings?
- 1995-0724-359 I don't want to say, is that the place, but is that the place?
- 1995-0724-360 {Laughter}
- 1995-0724-361 Beloved one, I understood the question, yes.
- 1995-0724-362 You are just playing with me.
- 1995-0724-363 I enjoy playing with you.
- 1995-0724-364 And I, you.
- 1995-0724-365 Yes. It matters not what my feelings are about the place, for all of the points of Light upon our Holy Mother, the Earth are sacred. There is no place that you would go and set up community that would not be holy land. So in other words, you do not have to seek and search for a place that is more special than another place. It is your holiness that you take to the place and that makes it sacred.
- 1995-0724-366 So it is for you, the ones who are in communion with one another, in a desire for community which is communion. It is the ones who have that vision and desire to say where you would like to establish it. As it is seen now, the land that you looked upon is most beautiful. It excites the heart of many of you.
- 1995-0724-367 There is a vision that you have been able to see even as you looked upon the land empty as it would appear, but there has been a vision that you could see certain structures arising. Beautiful structures that will bring to remembrance, bring to mind the beauty of the one. You will put much beauty as you know physical beauty to be. Much artistry, creativity, Light in form in this place, the place that you choose.

**1995-07-24      Oakbridge University      Channeled by Judith Coates**

- 1995-0724-368 If you choose this location it will not be the exclusion of other places that have much meaning and much holiness. They will work in concert together. For I have spoke to make this a place of inclusion not exclusion, and to know that you are never separate from the holy work that another brother or sister is doing in another geographical space. You are not separate. If you would stand in a place of competitive attitude, that speaks of separation and you are past that now.
- 1995-0724-369 Know that each place that a brother or sister comes with sincerity of heart and holds the holy vision of oneness, that space is bonded to your vision, your work that you are making manifest upon this plane. You will see many points of Light, many communities, many healing centers for there is a grand desire for healing.
- 1995-0724-370 Healing of the body, yes, that is one avenue, one catalyst that brings the holy Child into remembrance of wholeness, of perfection. Healing of the body is a language that many of the brothers and sisters understand. For the body calls out in pain, most insistent and so a brother or sister will go about finding a way to know ease, to know Love, to know peace. Not to know disease, but to know ease.
- 1995-0724-371 The healing of the body, yes, will be important. There will be many methodologies, many avenues of healing of the body, and beyond this, there will be healing of the emotions, of the spirit, of the feelings, of depression, despondency, hopelessness, worthlessness. For indeed the feelings of hopelessness and despondency lead to the out-picturing of constriction in the body. Then the form, the body cries out and says, "Pay attention," because you have not paid attention to the image of worthlessness or the image that says, "I am limited."
- 1995-0724-372 You will find in the days to come many of the brothers and sisters in a place of confusion, wanting to know wholeness. The energies that you are inviting in as your energy, it is not separate from you, but the energies, the energy. For again I will not speak in separation or duplicity. The energy that you are calling in now is your own energy and it is accelerating the vibratory rate, the Light that you are allowing to be radiated and manifested through the physical form. That energy is going to be either accepted in a flow in gentleness or it is going to bring about great conflict. Even to the point where some of the bodies are going to vibrate for ones will not know what is going on and they will find all of the structures, all of the relationships that they have felt were secure and solid, they will find them shifting because they desire to know Home. They desire to know fifth dimensional energy of Light and Love.
- 1995-0724-373 They are calling forth the energy the same as you. You are calling it forth because you want to know Heaven upon earth and you are willing because of what you have already experienced and released, you are willing to incorporate the new energy in a flow. Others of the brothers and sisters who have had the point of focus on other aspects of completion, do you hear what I am saying? It is not in

**1995-07-24 Oakbridge University Channeled by Judith Coates**

judgment, they are not slower than you, dumber than you, more sinful, but they have had focus of attention on other aspects that they desired to know completion with as with the chocolate pudding.

- 1995-0724-374 Therefore, their focus of attention has not been as yours has been to know Love, to know gentleness, to know vibratory rate. There are many of the brothers and sisters if you speak of vibratory rate to them they will look at you and say, "Huh?" They will say, "How does that compute into monetary form?" For they have their focus upon a certain area, aspect that they want to know completion with.
- 1995-0724-375 They are calling forth the new energy the same as you. But because their focus has been on another area they are going to feel a jolt. They are going to be in confusion with the new energy for a time, and they will seek to use historical perspective. In other words, old methods, old ways of looking at things to fix themselves. Feeling themselves to be broken. "Something is wrong." Nothing is wrong. It is all in process of being shifted, broken up, because you want to know the fluidity of Light.
- 1995-0724-376 Whenever there is a structure that is fixed and rigid, know you for sure it is going to be broken up, because Light is fluid and Light is ever-ongoing. So in the days to come there will be much need for compassion, for understanding, for healing. This will be the true nature of the healing center that you desire to bring forth. It will be healing of the spirit, allowing the brothers and sisters to incorporate the new energy, to sit with them as they are going through all of the upheavals in their life. To sit with them and say, "I love you. I trust the process and it will be okay."
- 1995-0724-377 You will speak to them from your own experience. That is why you have come through certain experiences. You have put them into the toolkit that we speak of so often, and you will sit with them and you will share with them what you know. Not what you have perhaps heard other great teachers, but what you know. For that is what they will relate to.
- 1995-0724-378 You will offer them comfort through this time of change. Even the ones who are in great acting out, as you call it. You are coming to a place of acknowledging your power. Not the power of the world. You have tried that, but the power of your own beingness as the holy Child, and you are coming to the place of acknowledging that so that you will stand, all of you, do not hear this in fear. But you will stand in the midst of chaos and conflict and what you would judge to be violence and you will know that it comes not neigh your dwelling place.
- 1995-0724-379 In other words, you will stand in the midst of ones showering upon the other what is known as the gunfire and you will not be touched by it. You will stand in that midst and you will know your peace and that peace will transform the energy

1995-07-24 Oakbridge University Channeled by Judith Coates

that is going on. For indeed, as you hold yourself in a place of upliftment, in a place of conscious knowing your power as the one holy Child who is creating all of this drama, as you are holding yourself in a place of upliftment, all of the other vibration around you has to be uplifted. It cannot be otherwise. It goes out and it touches everyone of the brothers and sisters.

- 1995-0724-380 Now as you contemplate the idea of standing in the midst of gunfire there is the body that cries out, out of habitual reaction. It says, "Not me. I pass." But know you that all of you have stood upon the battlefield in one lifetime or another and ten thousand on your left have laid down the body, and ten thousand on your right have laid down the body and you have known the power of oneness and you have stood with the body, with the form. For in that instant you have known yourself to be life and the power of life. And you will remember that again.
- 1995-0724-381 It is not something that you need prepare for. You don't have to sit and pray and say, "Oh, please let me be strong enough when that happens." You will be strong enough because you are, are. Because you are the holy Child bringing forth the grand adventure and in an instant you will know that. How do you get to that place? By what you see as the process that you are already engaged in. By the moment by moment willingness to stand in love.
- 1995-0724-382 You have already, if you will receive it, you have already been in the battlefields. Perhaps not with the metallic things, but you have already been on your battlefields with coworkers, with relationships, yes. You have already been on the battlefield and you have had to come to a place of knowing the Truth of who you are. The power of who you are, and nothing threatening comes nigh that dwelling place.
- 1995-0724-383 You are already in the process of laying claim to the strength that you feel you do not have yet, but you are already in process for you are playing with the idea that, "Perhaps I am more than what I have thought myself to be, and thank God for that."
- 1995-0724-384 Amen.
- 1995-0724-385 This time has been a time of great joy, being with you in communion in this fashion. Always I am with you in communion. I hear you when you speak to me. I answer when you call. It cannot be otherwise for we are one. I have adventured upon this plane. I adventure even now as you see this experience to be. And yet I know myself to be beyond the adventure and that is where you are coming very quickly and I await you. In that place of conscious knowing of the oneness of Love that we are. A place of great joy.
- 1995-0724-386 Go forth from this place in this evening, in the Love that you are. Know that you are Home. Spread the gospel of Home. Speak unto everyone of the brothers and sisters as they will hear, as they will hear the gospel of Home. Be with them in

**1995-07-24      Oakbridge University      Channeled by Judith Coates**

the days to come. Know that you are your own healing center, you are your own temple of healing wherever you go and it need not be within a structure. It need not be in a specific place for indeed all of you will travel unto other points of Light, even beyond this dimension. It is a great time to be expressing and experiencing.

1995-0724-387    That is why you have chosen this slice of the now, and yet, you are more than this slice of the now. Have fun with it. Go in Love. Go in joy. And when the voice of the world comes and knocks upon the door of the mind and clamors for attention, return quickly unto the peace of the heart. There abiding in silence, listening for the still small voice of inner wisdom. Not a wisdom outside of yourself for there is nothing outside of yourself, but listening for the voice of Love.

1995-0724-388    So be it.