

I Will Arise Up And Return Home

1995-05-07

Wintersville, Ohio

- 1995-0507-001 Beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of Light divine, I am the one known as Jeshua ben Joseph, Jesus you have called me and it is in great joy that I come to abide with you this evening in your timing as you have chosen to turn the focus of your attention unto me.
- 1995-0507-002 It is indeed in great joy that I come to abide with you for that is your true nature and as you have tasted of that know that you will again abide in that what you would call space. That is your true nature, to be in joy.
- 1995-0507-003 For indeed you have felt the joy of reunion in this evening as you came together. As the hugs were exchanged, as the laughter was exchanged as the smile, it has truly been a reunion and on a deeper level than what has appeared to be.
- 1995-0507-004 For indeed all of you so gathered here this evening have been with me in the lifetime that is so famous as one Jeshua ben Joseph. You were, yes with me in the travels. You were part of my ministry for indeed you facilitated the spreading of the message, all of you and this is a grand reunion. What you would call your heart family. Everyone that you look upon.
- 1995-0507-005 It is not by accident that you have felt a familiarity even with ones who would be as strangers and if you will receive it you never look upon a stranger. You look only upon yourself. But in this evening it is a time of celebration, a time of family reunion, a time of great joy. Yes, beautiful one.
- 1995-0507-006 I see that you are ready for the celebration. Absolutely, you are one who always has enjoyed the celebration and it continues. Beloved one, first of all I would thank you for opening your heart and your home. It has been my pleasure. Always as you have discerned, I am with you, I am in your home as I am in all of your dwellings. But it is a special privilege and pleasure to be able to be here in this manner this evening. Yes. I enjoy being amongst the people for it is as in olden times. There was no distance, no separation, I was very much amongst you and the brothers and sisters, the multitudes they have been called. Indeed there were many in those latter days.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-007 I did not separate myself as being a rabbi high above all of the rest. It was as brother. There were some who would see me and would put me in a place of being above and this has been held down through the ages as a way of worship, and it is a non-truth. For indeed I am your brother, I am your equal. I am the one Self that you are expressing in seeming individuality and it is a time of grand celebration upon this plane.
- 1995-0507-008 Beloved one, is this here for a purpose?
- 1995-0507-009 {Referring to everyone having a glass of wine.}
- 1995-0507-010 Yes. I thought we could drink a toast.
- 1995-0507-012 As in olden times, yes. To celebrate the reunion and remembrance of the one that we are. We will drink to that. To the One.
- 1995-0507-013 {Drinking the wine.}
- 1995-0507-014 A good choice, beloved one.
- 1995-0507-015 {Beloved Elder reaches out for Jeshua's glass.}
- 1995-0507-016 Not yet, beloved Elder. Why would I give this away yet?
- 1995-0507-017 All of you have come what you would see as a bit of a journey, a bit of a trek to be here. Some farther than others and the journey that you are on, that you feel yourself to be on is indeed a journey without distance. It is a journey that you have seen to have some ups and downs of the roller coaster. A journey of some questions. A journey of experience. A journey to a place that you remember vaguely, faintly within the heart. A place called Home.
- 1995-0507-018 There is a deep longing within the heart of the holy Child to return Home. For you have experienced times of homesickness and you have asked yourself, "Is this because I am homesick for a geographical location? A home that I have known as a Child? Can I return unto that place and will I feel fulfillment in that place?" And you have made trek to a childhood home, to a place and there has been a certain satisfaction, memory perhaps, but it has not been the fulfillment. There has still been the longing of wanting to return Home. A very vague but persistent homesickness.
- 1995-0507-019 I share with you if you will receive it, that this evening you are Home. For Home is as you have a saying in your world, home is where the heart is, and as you are allowing your heart to reach out unto the ones so gathered in this room and to know reunion as the one that you are, you are Home. You are Home in the heart.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-020 The mind would question. That is the function of the mind. The mind would ask, the mind will play with concepts, but the heart knows. The heart knows Home, and the heart knows that Love is Home.
- 1995-0507-021 For as you have greeted a friend even in this evening and you have allowed the hugs to be shared and the jokes and the jesting, the heart has opened and you have known yourself in that moment to be Home.
- 1995-0507-022 You have reunited, yes, with what you would see as old friends, with the energy that activates the form that is recognizable and yet upon the level, a very deep level of the heart there has been the recognition of family and beyond. There has been the recognition of the one Self, the Christ Self that is coming into full recognition upon this plane. That is my good news.
- 1995-0507-023 My good news is not that I was crucified, dead and buried and that I ascended. Yes, that is truly some good news but my good news is that you are now in this day and time allowing your limited beliefs about who you are and about who the brothers and sisters are and about what the world is for. You are allowing those limited beliefs to be dead and buried and not to resurrect them but to allow your own resurrection as the Christ to come forth, to know that you are much more than what you have thought yourself to be in times past. Or what the parents, the peers, society has told you that you were or even what the mind has told you that you are.
- 1995-0507-024 For as you have felt conflict between mind and heart even as the mind has been stirring up with the doubts and the questions, the heart has always been at peace and has whispered to you in the still small voice to come Home. To allow the mind, yes, to play with its concepts. To allow the mind to have its roller coaster of the questions and then to question the questions on and on. You have felt that.
- 1995-0507-025 {Laughter}
- 1995-0507-026 For indeed as one question is seemingly answered it brings forth another question does it not?
- 1995-0507-027 Yes.
- 1995-0507-028 Yes.
- 1995-0507-029 The journey that you have felt yourself to be on, you have asked yourself many times, "Why am I here and where am I going?" But first of all we will start with, "Why am I here?" For indeed that will answer the second question.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-030 You are here because you have chosen to be here. You are here because you have said, "I will come and I will anchor my Light upon this plane. I will anchor a percentage of the totality that I am upon this plane, and I will come in a great Homecoming to the place of knowing in full awareness that I am the Light upon this plane. I am joy."
- 1995-0507-031 The world will speak to you that there is much that must be done, studies that must be accomplished, degrees that must be gotten, experience, employment experience. "What have you done? How can you fill out this resume'. How worth are you?" And if you can fill out the whole page and maybe two or three more, it must make you more worthy. Not true as you have already heard.
- 1995-0507-032 The world will ask that you fulfill many requirement and as you fulfill those and then another one comes up. But you have chosen that you will be here in these times, as you see these times to be, in order to bring your Light into full radiance and to know that you are the Christ that walks this plane the same as I, for indeed everything that has been ascribed unto me, is you as well. And you are now allowing yourself to play with the ideas, the possibilities, the probability and pretty soon the reality, that you are Christ upon this plane and that you are already Home.
- 1995-0507-033 Yes, indeed this is your Home in more ways than one and on more levels than one. Why are you here? To express the Father, yes. To express the Love of the Father, the Light of the Father, the joy of the Father, the one Christ Child that is truly indivisible, but is seen as expressing as the many.
- 1995-0507-034 For you have asked in your creativity to know many aspects of your Self. It is much as you would see the facets on the gemstone and you feel yourself to be a point of focus as one of the facets on the gemstone and you see the other brothers and sisters as another facet on the gemstone. One of those. {Showing a diamond} You are the whole. You are the gemstone itself. It is not divisible. It reflects different aspects, yes, and you will see brothers and sisters who reflect different aspects of you as the totality that you are and you will look upon their abilities and their talents and you may feel them to be slightly or more than slightly different than you.
- 1995-0507-035 Some aspects you look upon and you admire. Other aspects you look upon and you say, "I do not understand that at all." And yet it is all the creative holy Child expressing for the joy of expressing, to bring it all forth.
- 1995-0507-036 Why are you here now? As you have felt there is a grand acceleration upon this plane. That is because the holy Child has come to a place of willingness to entertain the possibility that you can know Home, that you can know

1995-05-07 Oakbridge University Channeled by Judith Coates

unlimited Love, unconditional Love, unbounded Light and energy even while expressing with the physical form.

- 1995-0507-037 Many times you and the brothers and sisters have looked upon form and have seen boundaries because you look with the physical eyes and you see a coalescence of Light which is form, you have identified that has being a certain one and you have seen a boundary and you have seen separation.
- 1995-0507-038 But indeed as we have spoken many times, you are the Light that activates the form, you are the Spirit that activates the body. And the Light that you are, the energy that you are is not contained within the body. The energy that you are spreads out farther than you can imagine and it intermingles with the Light and energy of this one, and of this one, and of this one and ones that you do not visibly see who are living on the other side of the hill and even what you would see as the farthest universe. That is how far you extend and beyond.
- 1995-0507-039 The Light that you are is unbounded, but what you have agreed that you will do for what you call a time interval, is to bring a certain point of focus to this plane in your awareness and to identify with that point of focus and the miracle is that you do it very well. That you can bring part of the totality, a percentage of the totality to such a specific point of focus that you can say, "I am Fran," a certain personality expressing with a certain form, in what you would be your year of nineteen ninety five and you will take that form and go on a trek with it and bring it into the living room of another beloved sister and you identify very intimately with that percentage of your totality.
- 1995-0507-040 That in itself is a grand miracle and it is not a sin. It is the creative holy Child expressing. But what you have now decreed that you desire to experience is that you can be the point of focus that you recognize as yourself and you can also recognize yourself in the one sitting next to you and next to her and next to her, et cetera, and that you can recognize all of the brothers and sisters as your Self and in that you can come Home.
- 1995-0507-041 Therefore, through your willingness to entertain the concept of the possibility that this could be, you are accelerating as each opening builds upon itself, each allowance builds upon itself. You are accelerating because you have decreed that you will come to that place and that you will come to that place of knowing your totality rapidly now.
- 1995-0507-042 It is not because one such as I, seem to be a master and sometimes seem to be above you, which is not true. It is not because I or any other master or guide, teacher has decreed it. Indeed you have decreed it. You have said, "It

1995-05-07 Oakbridge University Channeled by Judith Coates

is time now to go Home. I will arise up and return again unto my Father's House. Long enough have I been in a far country. I will arise up and return Home." And that is what you are doing. That is why you are here in this gathering and that is why you are here in this point of focus. It is to come into total awareness of the Christ Self that you are and by doing that, by your willingness to do that, you uplift all of creation for indeed there is no separation.

- 1995-0507-043 Each time you choose to abide in Heaven even upon what you would see as this plane, you uplift all of creation. You uplift all of the brothers and sisters in that you give them opportunity to see a new vision and you send out upon this network known as the ethers, you send out upon this network a vibration of Love and of joy and of possibility that allows others to resonate with that and to feel deep within themselves that there can be something more than just what they have experienced up to that point.
- 1995-0507-044 Many of your brothers and sisters in this day and time are calling out for you to come Home so that they can come Home. Many of your brothers and sisters are calling out in grand clarity to know who they are and are asking you to be outrageous enough to live your truth. In other words, to live in joy, to live in the place of hope, in the place that affirms Love and holy vision.
- 1995-0507-045 Many of your brothers and sisters are in a space that you have seen to be of a polarity, a place that does not know Love, where they act from that space in grand intensity and they are calling out to know the Love that they are and they are asking you to have the courage to be the Love that they seek, to be the Truth upon this plane and to live it fearlessly.
- 1995-0507-046 For everything that you see is either an extension of Love, Love being given to another one or a cry for Love. For the ones who will act out in behavior that is most tragic and in conflict and in violence are the ones who are calling out to know the Love that they do not even feel is possible any longer. And yet deep within themselves they are crying out as a last ditch hope, "Show me that there can be another way. Show me that ones can live in another way."
- 1995-0507-047 Your houses known as prisons are full to overflowing. There is much talk of having to build more of these dwellings, to put ones away, away from society that does not know how to respond to them. To somehow get them out of sight and perhaps out of mind. That is not possible.
- 1995-0507-048 But your prisons are full to overflowing with brothers and sisters who are calling out in intensity to know Love, to know that there can be another

way. For they feel that they are beyond hope and that everyone has abandoned them, and they have brought forth circumstances that have reinforced a belief that they have carried throughout many lifetimes that they are abandoned and they come as you have come many times, and replayed a certain script and you have reinforced the belief that you are abandoned. And so they have played again the script of abandonment where they have seen a father never to be in their life and a mother who did not want them.

- 1995-0507-049 Brothers or sisters who did not want them. They could not respond to them in Love and so they have gone about taking what they felt they could not get any other way and they are calling out to know the Love of the Father. Sometimes seen to be the biological father that is not in the picture but that symbolizes the deep longing to know the Love of the Father, the one Father.
- 1995-0507-050 All of you have come through the script of abandonment, feeling that somehow you have been abandoned by the Father, that you have been cast out of the Kingdom. Somehow you have been plopped upon this earth plane and they did not provide you with a return address.
- 1995-0507-051 {Laughter}
- 1995-0507-052 And you have wondered how you would ever get back Home again.
- 1995-0507-053 Many of the brothers and sisters feel that way and they are asking you to have the courage to find a way to show them that there is Love in this world, even in what they will see as small measure which allows a door to open a crack. A door that they do not even know at this point or believe at this point could even exist. Will you crack that door for them? Yes.
- 1995-0507-054 You will have guidance, an idea will come to you and at first you may say, "That is a crazy idea. I can't do that." All of you have had these ideas that have come and you have said, "I can't do that, that's a crazy far out idea," and you have said, "Get thee behind me for I don't know what to do with that idea." But does it leave? No. It nags. It comes back.
- 1995-0507-055 You have been feeling a longing of the heart to share with others the joy that you have touched upon, the expanded vision that you are coming into, the moments of inspiration, the books that you have read, the friends who have shared with you a vision that was more than what you had known.
- 1995-0507-056 As your dwellings known as prisons are full to overflowing with ones who want to know who they are, so too the dwellings that house the ones who have constriction of the body known as disease, your hospitals are full to

overflowing with ones who cry out to the Father to know the Love and the peace that passes the world understanding.

- 1995-0507-057 You have your homes where the ones who have garnered many years unto themselves, go to live out what they would see as the ending years, your retirement homes, your nursing homes as they are called, where many feel that they have been put out to pasture, forgotten and they wonder where, where has their value gone? If the brothers and sisters, if the family, the children do not see value in them any longer and they wonder, "What happened to the years of value where I was seen to be worthy, worth something? Where I could give and I can still give but no one asks me to give."
- 1995-0507-058 They are crying out for you to come and to listen to their story. To be there to value what they still have to give. The same with the ones who are in the hospitals. All of them are there because they desire to know peace, to know Love, and they are asking, "Where can I find the Love of the Father?" And as you have discerned, the Love of the Father is nowhere afar off. The Love of the Father is right here, right here, right here. It has been said that is mediated through His Children. Of course it is. That is how it is extended. That is how it is understood by the brothers and sisters.
- 1995-0507-059 As you sit with a brother or a sister and you say to that one, "Tell me your story. I will be with you. Let me know what is important." You give unto them the grandest of gifts for you give yourself and in that you come to know the one Self that you are.
- 1995-0507-060 As you get the idea, the nudge, the guidance to teach a class as it would be called, to share the inner revelations and the ideas that are going on for you, sometimes at first you think, "Well I can't do that. How can I speak about that unto another one? Why indeed the heart would be up in the throat or somewhere and I know that no sound would come out. How can I share with one the ideas that I am now finding? How can I find the courage to do that?"
- 1995-0507-061 But as you share with another one you find a place of common bonding and you find that this one has related experiences as you have felt experiences to be and as you have felt experiences to be and you find that maybe bodies look a bit different but underneath the heart is the same and you come again to the place of Home, the place of recognizing and knowing the one Self.
- 1995-0507-062 If you would know who you are spend time with a brother, with a sister. The world will say that there are many schedules and activities, things that

1995-05-07 Oakbridge University Channeled by Judith Coates

must be done and you are too busy to have time to sit with another one very long. You may pencil them into your appointment book and say, "Well I can see you between three and three fifteen. Tell me your story quickly." That does not do it.

- 1995-0507-063 But as you allow yourself to abide with a brother or sister and as you allow them to know that it is safe to share their heart with you, guess what? You see your own heart. You touch that place of oneness. Why are you here? To come to that place of oneness, to awaken, yes, I have called it the awakening. It has been called the atonement and it has had much misinterpretation, the atonement, as if there would be guilt that needed to be somehow erased. Something to be atoned for because you have gone astray.
- 1995-0507-064 You have never sinned. You have never gone astray. You have made choices and you have made choices because you desired to experience what was down that avenue by making that choice. So that you would be most wealthy in your experiences and you can relate to another one who has also gone down that avenue.
- 1995-0507-065 And I will share with all of you that you have gone down every avenue that you can imagine. You have experienced being the grand warrior. You have experienced being the king. You have experienced being the slave. You have experienced being the priestess, the beautiful queen and you have experienced being the one who was not beautiful at all and was cast out of the village and you sorrow an abandonment. You have experienced everything. Not because you were sinful but because you were creative, because you are creative for you are still creating.
- 1995-0507-066 So there is not what has been taught to you by your religious organizations as a great original sin, to be atoned for, that you must do much penance and say all of your rituals and hope that some God afar off will say, "Okay you have suffered long enough. I forgive you." That does not happen.
- 1995-0507-067 Sin is only the belief that you are separate from the Father and the original sin came from the first moment that you choose to experience separation, choose to experience physicality, form upon this plane and on other planes where form is different. And in that choice to experience your creations there has been a temporary forgetting of the One and that is as you abide in that state of forgetting, that is sin but not as something that has been taught to you by your religious organizations and your priests and rabbis and whatever.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-068 You as the great Gods that you are, I included, desired to create being the one Child of the Creator and not separate from the creative force, we desired to create. It is our nature. And having created outside of what you would see as time, we desired to experience our creations. We desired to know what it felt like to be the most beautiful flower, the process of life as a flower. We desired to know what it felt like to be the most huge mammal that would roam the face of our Holy Mother, the Earth. We desired to know how does it feel to be the giant sequoia tree? And to live what you would see as a long time interval in growth, yes, but in very peaceful growth.
- 1995-0507-069 You desired to know how does it feel to be life in the form of the grand mountain? Now many of the brothers and sisters would look upon the mountain and would say, "There is no life in that mountain. What do you mean? It's just a rock. A pile of rocks." No, there is vibration, there is movement and there is life.
- 1995-0507-070 For indeed if you could see what is called your time lapse photography and to go back aeons of time as you believe time to be, you would see much movement upon the surface of our Holy Mother, the Earth and even within the earth. As you know, beloved brother from your study.
- 1995-0507-071 So having created we desired to experience the creations and it was by design, by choice. We desired to know form intimately. To know it what you would say from the inside out. And in order to know it from the inside out we had to go to the inside and with that there has been by design, a very close identification with form which has brought about the belief in separation.
- 1995-0507-072 It has birthed what you know as fear. For fear arises from the soil of separation. Fear arises from the identification with form. For the Spirit of you, the Light of you does not know fear, does not know threat, but form knows change. Knows the possibility of threat and of change and it is the form that cries out when there would be seen the potential for threat and say, "Save me. Do something quick. Get me out of this situation."
- 1995-0507-073 That is where fear arises from. But fear is not your true nature. As you have discerned and as you have felt even in times of fear there has been the still small voice that has suggested a peace that passes what was going on in that moment. There has been a centered place that you have felt even in the midst of fear. And you have said, "This is crazy. Look what is going on. How can I feel a certain amount of peace when I have all of these worries, all of these what if's, and yet there is a sense underlying that it's

1995-05-07 Oakbridge University Channeled by Judith Coates

going to be okay. But I don't see how." You don't have to see how. It is the still small voice that speaks the Truth of your being.

- 1995-0507-074 Now you have declared that you will know expression with form but you will know that you are the Light that activates the form. You are the Spirit that gives all of creation life. You will know Heaven upon earth and you will not need to lay down the body in order to ascend unto Heaven, for indeed you have said, "I will bring into balance Heaven upon earth while expressing with form."
- 1995-0507-075 That is what you are about, beloved one, as you characterize it as left brain and right brain, as you characterize the conflict, the seeming separation between mind and heart. You are about the business of the Father in bringing it into integration and balance.
- 1995-0507-076 The ego would suggest that there is something wrong in this and that somehow if you are not in balance that you have failed. The ego is very good at that. The ego desires to delay but the heart knows. And indeed what you are bringing into your conscious awareness is the totality of who you are even while you express with form. And again, not because I decree it but because you as the one that we are, have said, "I know form intimately. I know fear as a constant companion. I know how it feels to experience density, Light that coalesced to a certain vibrational level." It has been called the descent into matter.
- 1995-0507-077 And now you are decreeing that you will "Lighten up." You have heard that said. In your world there are many sayings, many phrases that convey much truth. If you will listen to the phrases, the popular phrases and if you will listen just below the surface of what is being said, you will hear yourself speaking to yourself the Truth of your being.
- 1995-0507-078 For you are the ones who are calling it forth, even the popular sayings. You have called forth this evening. You call forth everything that you experience. Not to judge yourself as being limited or sinful or failing in some way. Not to say that there is anything missing. That is the way of the ego to suggest that. But you call everything forth in order to know your wholeness, in order to know your creativity.
- 1995-0507-079 So when things come to you which you have called forth, sit with them even if they seem to be confounding, even if they suggest upon the surface that there is absolutely nothing good in this situation. That is the time when there is the greatest treasure.
- 1995-0507-080 Allow yourself to sit with it and accept the first reaction, the habitual reaction that comes for indeed there will be a reaction that will come very

quickly on the heels of whatever you call forth. Do not dismiss it. Do not say, "Get out of here. I won't pay attention to you." For if you do that it will come back and keep knocking upon the door of your experience until you do pay attention.

- 1995-0507-081 But allow that reaction to be there and to say, "Yes, I know you well. I have felt this many times, this reaction, this feeling of self-image, this feeling of self-judgment, this feeling of there could be something a bit better than this." Allow yourself to be at peace with that and then to ask, "How can I see this differently?" Allow yourself to go one hundred and eighty degrees around and look at it from a new perspective and to ask, "What is truly going on in this experience?"
- 1995-0507-082 If one comes to you and offers you a hard time, allow yourself after you have gotten through the annoyance and the frustration and the "oh, here he goes again," feeling or if she goes again feeling. Allow yourself to turn one hundred eighty degrees around and to step into that one's sandals and to see where they are coming from and most often you will perceive that they are coming from a place that does not know Love, that is calling out for Love and does not think that it can be gifted to them easily, but that they have to demand it or they have to push.
- 1995-0507-083 Brothers and sisters will push the buttons. Relationships push the buttons, for indeed you ask one who is in relationship with you to push a button for you or several of them so that you can sit with them and see the truth of what is going on. To see how they feel and how they view themselves, yes, but more importantly to see how you view yourself, how you are growing in wisdom and in stature and I do not mean just the stature this way. Yes, but how you are growing in your own unfoldment and in your allowance of other's choices and their path. Knowing that this is not the only point of focus where you have been together.
- 1995-0507-084 It is not the last time that you will ever meet this one and be in relationship with this one, for indeed you are bonded with all of the brothers and sisters from before time began. So you need not be in a hurry to say that any relationship must work out in a certain way. You have all of eternity.
- 1995-0507-085 So allow yourself to be at peace even with the buttons that are pushed and to say, "Why has this come up for me?" Again, not in judgment of self but to sit with the image that you have of yourself and of the other one in that moment and to ask, "How can I see this differently?" In that there will be much inner revelation that will come forth and you will come unto a place of

1995-05-07 Oakbridge University Channeled by Judith Coates

great peace for you will see that all is in order of unfoldment. Everyone is coming to their place of awakening, choosing different paths yes, some paths that you would call detours perhaps, but it is their right path and it is right for them.

- 1995-0507-086 For everything that you call forth is your catalyst for remembrance of who you are. Your catalyst for coming Home, and in that you may thank it even the most annoying circumstances and events that come up, you may thank them for indeed you have called them forth as your messenger and then you can be at peace with them and abide in the place of Heaven. Is this not true?
- 1995-0507-087 Yes, and it does not take a great effort does it? It does take one thing. It takes your willingness to choose anew. But as the desire and the impetus is strong enough, as you stand and knock the head against the wall long enough the holy Child comes to the place of saying, "There must be another way and I will choose peace instead of this."
- 1995-0507-088 Is there judgment in how long you stand knocking the head against the wall? No, there is no judgment. For indeed you have spent lifetimes in sorrow, in confusion, in knocking the head against the wall and crying out to the Father, "Why do you not change this for me? Jesus, Jeshua, Bhudda, whatever, why do you not make this right for me? Come and change them so it will be right for me."
- 1995-0507-089 {Laughter}
- 1995-0507-090 It does not work that way. The Father does not judge us for however long, however many lifetimes as we would see lifetimes to be, for however long we want to abide in a place of sorrow and limitation, in a place of belief that there is separation from our good. The Father does not judge that.
- 1995-0507-091 For indeed you exist, you have your being beyond time. Time is of your creation. You bring it forth to serve you, to be part of the drama that is upon the stage that you see this lifetime to be.
- 1995-0507-092 And if you get into a circumstance that seems to be most confounding, allow yourself to step back a degree or so from it and to see it as a drama. For an instant or so just pretend that you can stand outside of your skin and off to the side and watch the others as they interact. Put yourself in the first row of seats and watch the play that is going on and applaud the other's acting abilities. For each one of you is a grand actor and actress.
- 1995-0507-093 And if there is confusion or question about what is happening, if you will allow yourself to stand back and to the side for a moment or so and view it

1995-05-07 Oakbridge University Channeled by Judith Coates

as an act within the whole drama it will give you a new perspective on what is going on and you won't find yourself completely embroiled in all of the chaos and the feelings of the emotions.

- 1995-0507-094 Now in the next instant if you choose to get right back in there, that is okay, too. But at least you have had a new perspective on it for a moment and it will change everything that you do. For you are a grand master. You are calling forth exactly what you experience and it is good. Let no one tell you that what you call forth is negative. It is not negative. That is only a belief, a value judgment of it. For indeed everything that you call forth has value.
- 1995-0507-095 It is your messenger, it is your servant and it comes and it gives you what you would see as the silver platter which the message on it. It says, "This is how you believe yourself to be and how you believe the brothers and sisters to be at this moment. Do you wish to change that?" That is truly what the message is. It is completely neutral and if you say, "Yes, you know I'll do some rewrite here. I wish to change this. I think I want to rewrite my part and from now on I'm going to play a slightly different part." Then the messenger will say, "Okay. Okay, we will do a rewrite. It's okay with me." And you will shift your perception.
- 1995-0507-096 In that is great power. In that you take back your power for no longer do you allow the others to seemingly pull your strings, but you take back your power as the holy one that you are and you say, "I am free to rewrite this script. I am free to rewrite how I see what is going on and how I want to interact with the other ones."
- 1995-0507-097 Then you can come from the place of grand peace and grand power. Not the power of the world that would manipulate people and try to make them do certain things, for indeed you cannot. But the power that knows that you are free and that you are the unlimited Child of the One and that you are free in every moment to make the new choices. And in that guess what? There is great joy.
- 1995-0507-098 You free yourself of what you have seen your past to be. You free yourself of what you would see the judgments of society to be. You free yourself of all of the constrictions, of the shoulds, of the limited beliefs, and you free yourself to choose Home. To know that you are Home. Yes.
- 1995-0507-099 And it is as this beloved sister has shown you this evening, when you are Home what do you do now? You open the doors and you welcome the rest of the family in. And then you know the one Self that you are. Then you are empowered — you have heard that words — for you take back your power

1995-05-07 Oakbridge University Channeled by Judith Coates

and you know that you are the one. You know that it is a drama that goes on and you can look upon the grand actress as she does her thing and you can say, probably not out loud, but you can say inside, "Boy, she's really acting that part well. What a ..," and you have certain words for this.

- 1995-0507-100 {Laughter}
- 1995-0507-101 My beloved friend and teacher has some words in the mind but I will not say them.
- 1995-0507-102 {Laughter}
- 1995-0507-103 And in the laughter, beloved ones, you have just touched Home. In the laughter you have allowed the heart to open, to expand. You have released constriction in the laughter. What does Home feel like? Home feels like laughter. Home feels like Love, unconditional Love, expansive Love. Home feels welcoming. Home feels like the place where you are accepted for truly you are. Home feels like the place where you can find the peace that passes the understanding of the world, for indeed the world will give you all kinds of questions. Home feels wonderful.
- 1995-0507-104 Now would be a good time to take a break, to stretch the bodies a bit, to perhaps enjoy some of the beautiful food provided by the beloved sister. To take in some water into the bodies and to release some if that is necessary and then we will reconvene and we will entertain the questions if there be questions.
- 1995-0507-105 So be it.
- 1995-0507-106 {Break}
- 1995-0507-107 Indeed, I was asking my beloved friend and teacher when she was going to be quiet so I could come and speak with you again.
- 1995-0507-108 {Laughter}
- 1995-0507-109 Did you enjoy your break?
- 1995-0507-110 Yes.
- 1995-0507-111 Yes. Did you enjoy the food for the body?
- 1995-0507-112 Yes.
- 1995-0507-113 And the food for the soul? The sharing of the Love and the laughter. Do you feel the Love that is in this room?
- 1995-0507-114 Yes.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-115 Yes, and it is not I who have brought it. It is not something that I have brought from afar off and gifted to you because you are special for indeed you are special. It is what you have brought as the one Self because you are willing to experience your worth and your Love. You have brought it and you freely give it unto the brothers and sisters and in the giving, beloved one, what happens?
- 1995-0507-116 **We receive.**
- 1995-0507-117 Indeed, it is a grand truth that whatever you would receive you must first give. Allow yourself to be immersed in whatever you would want to receive and then you will know that it is yours already and you will see the miracle of miracles, for you will see it coming back to you and you will receive it.
- 1995-0507-118 But the secret which is not hidden, the secret is that you must give it first in order to know that you are that which you seek. If you would know Love, extend Love unto the brothers and sisters. If you would know companionship, be the companion. If you would know abundance of the golden coins, give the golden coins. Immerse yourself in the abundance that you are and be in the flow of the giving of the golden coins.
- 1995-0507-119 Now that is contrary to what the voice of the world would say. The voice of the world would say that, "There is a finite amount of the golden coins and if I give away what I have I'm going to have less and less of what I have." But that is not true. For as you give and you immerse yourself in the knowledge that you are what you give, you will receive more. It is a grand Truth.
- 1995-0507-120 So whatever you would see increased in your life, give it. give it freely as our Father does. If you would see support, ones who would support you, give unto you the friendship, give yourself in support to others. Be very busy in supporting others and being the friend, and guess what? You will know yourself to be already receiving that which you have desired to receive. It is simplicity itself and yet the world would say that it must be most complex and you must watch everything. You must hoard it to you. You must keep the loved ones tied to you and if they go from you for whatever reason, you must either try to get them back or you must mourn the loss.
- 1995-0507-121 But where does that keep you as you are abiding in that state of either loss or feeling of, "I must try harder to get them back?" Where does that keep you? That keeps you in a state of thinking that you do not have that which you desire. You keep it at arms length and say, "That is must be out there somewhere and I cannot have it." That is not true.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-122 Allow yourself to love and to love freely, and to know that even when ones have laid down the body they have not gone from you. They are very much with you. Many who lay down the body find themselves to be so free and so filled with joy that they want to share that with you and they come knocking upon the door of the heart. Knocking upon the door of the mind either to be allowed to share that with you.
- 1995-0507-123 Some of them are in a place where they remember the Light that they are and can bring that Light into a form that you can see, that the brothers and sisters can see. And many of the brothers and sisters if they behold a Light form, run in fear, not in welcoming but run in fear for they do not know what it is and they are afraid even to stand and contemplate it.
- 1995-0507-124 If a Light form comes to you and stands at the end of your bed, speak with it. Ask it who it is? Commune with it, for there is nothing that you need fear. There is nothing that is outside of you and there is nothing that will threaten the holy Child.
- 1995-0507-125 Only your belief that there would be something fearsome or hold you in place of fear. So if a Light being comes to you acknowledge that one and ask what they would give you? Dialogue, speak, commune with that one.
- 1995-0507-126 For indeed you have called them forth by your willingness —believe it or not — and you do believe it. Yes, I know you do. But you have called them forth and for ones of the brothers and sisters who are willing but do not know yet, have not acknowledged yet their willingness, when this happens there is the habitual reaction of fear. Fear of the unknown and yet, you know it very well at a very deep level for you are all Light beings and in between times as you know time to be, in between times of a point of focus of expressing with the coalesced Light in form, you are the Light being that goes with a grand freedom. Even now as we speak you are most active on many other realms and dimensions as the Light being that you are. Yes.
- 1995-0507-127 So allow yourselves to welcome what comes to you. As we have said earlier, do not deny whatever the habitual reaction will be, the first reaction that comes quickly. Do not deny that and stuff it as the world would call it. But acknowledge it and then move on to dialoguing with whatever comes to you. Welcome it into your home, for indeed in your home is perfect safety and you may trust what you call forth.
- 1995-0507-128 Much of love in this room. Much of joy. Much of the jest, yes. Many of your friends appreciate your humor and your jesting, yes. Your friends have enjoyed the repast this evening. Thank you for providing as you have in olden days. For there is a remembrance within you that knows that you

1995-05-07 Oakbridge University Channeled by Judith Coates

have done this many times before. Not only in what you would see as this lifetime, but many times in the past. You have been as the mother to many of these ones so gathered, and you have provided for them.

1995-0507-129 **Am I that ancient?**

1995-0507-130 Oh, indeed beloved one, you are most ancient, as I am.

1995-0507-131 {Laughter}

1995-0507-132 As are all of the brothers and sisters, yes.

1995-0507-133 **People in this room, they were my children?**

1995-0507-134 Yes, as you have been the child to many of the ones in this room as well. Yes, that is why you feel the feeling of family although it goes much deeper than that. And you have often been as what you would see as the innkeeper who has provided for ones the food that was necessary for the body and a place to lay down the body to sleep in the evening, yes, many times. And they have provided that for you at times as well.

1995-0507-135 Now in this evening, we will allow the questions to come forth if there be questions. Indeed there need not be but if there is a question we will have it out and we will entertain it.

1995-0507-136 Beloved one, do you have a question?

1995-0507-137 **Yes. I would like to know how the process of reincarnation works? How we go through the process of deciding what we want to do when we come back and how many times do we do it. Is it infinite or do we finally reach a stage when we do not come back?**

1995-0507-138 Yes, first of all, what you see as reincarnation is within the dream of the holy Child wishing to experience creation and the forms of creation. It is what I have termed reality – with a small “r” – and you recreate reality as you would see it, from time to time and call it a lifetime, a history. As many times as you desire to. For it is a point of focus and you have desired to experience how it feels to be the grand beauty, the queen. How it feels to have worldly power for you have come and you have said, “I want to know my power.” And you have amassed to yourself much power in the world. You have been the ruler and what you have said, the ones in that country, that nation have had to do or off with the head.

1995-0507-139 But you have lived those lifetimes and there has been a piece, a piece missing. You have come to the end of a lifetime as a ruler, as the leader with great power and you have said, “But there is still fulfillment, completion. There is still something missing. This must not be it. I will try

something else." And then you have turned your focus in what you would call another lifetime and you have identified with form, either form born through another form, born through woman or you have manifested a form for the experience of what you would see as a time interval. Either a long lifetime and you are one, beloved one, who has lived what you would see as the nine hundred years or more that has been written about in your Holy Book. You are also one who has come and spent an hour with another one.

- 1995-0507-140 You are also one who has come and expressed as a tiny little form that lived only for one day. But that was all right. That was what you desired to experience. It is the choice of the holy Child to reincarnate. In other words, to identify with form, with a body, with a form. And how many times you do this? It is up to you.
- 1995-0507-141 As you sit and you allow yourself in what you will term meditation, or in imagination to go unto what you feel are other lifetimes, other experiences you may claim them as lifetimes that you have known. They are a truth for you. That is with a small "t", but they are true. For you have called them forth and you have experienced them and they are very much with you right now.
- 1995-0507-142 So the question has arisen, is there reincarnation that would be seen to be linear? Or is there but one life? There is one life, but it is viewed much as we spoke of the facets of the gemstone. You can focus in on any of the facets of the gemstone and yet there is one life and it is the now. For where are the lifetimes that you feel you have lived? Where are they now?
- 1995-0507-143 They are right here with you, now, as you call them forth, as you acknowledge them. Where are the future lifetimes that you imagine may happen? They are right now here with you right now, contained in what you would see as a sphere of the now. And they are all connected. They are connected because you are the connecting one who is calling them forth and they are all contained within what we will call as the sphere of now.
- 1995-0507-144 Why do they seem to be linear? Okay, as you focus on what would be a lifetime and it is a point of focus here, within the sphere, say that it is here, and you feel yourself to be this lifetime, this personality, this point right here. And you remember another lifetime which would be seen as a point over here in the sphere of now, what joins them? A line, yes. A seeming linear line.
- 1995-0507-145 That is why there has been the belief in linear connection and some would be seen to be past and some would be seen to be future, but they are all contained within the sphere of now. So is there reincarnation? Yes, within

the dream of the holy Child who has desired to experience a myriad different forms, lifetimes, ways of expressing. You choose what you desire to experience. No one outside of the sphere of now says that it is time for you now to focus upon this point and be whatever. You choose, you choose because there is a desire to know the All. Because there is a desire to know beyond what is seen as the sphere of now, to know your totality.

- 1995-0507-146 So as you sit and you claim lifetime, as you claim aspects of expression you are allowing yourself to remember the totality of the one Child. That is the benefit of it. So yes, there is reincarnation within the dream and yes there is the one lifetime.
- 1995-0507-147 **Do we choose the people that are going to be in our life in that lifetime, too? Is that happenstance?**
- 1995-0507-148 Nothing is by happenstance. Yes, you call them forth as you call forth all of the experiences. There are what you would recognize as ones who are very familiar because you have gone through histories as you recognize histories to be, you have gone through histories together and there is a certain belief that is common, accepted, so that you feel a familiarity with that belief, but that does not mean that in the next lifetime you cannot step outside of that belief as you have done, and expressed in what you would call now to be a foreign country, a foreign culture or even what you would see to be another planet or galaxy.
- 1995-0507-149 And will you see some of the same family members there? Yes, you will for they will choose to experience that also with you, for there is no separation. There is seeming separation. There is seeming discreetness about expression of lifetimes. But even the lifetimes blend into the sphere of the now.
- 1995-0507-150 Even what you would see as experiences between lifetimes is contained within the sphere of the now. There is not separation. So yes.
- 1995-0507-151 You will meet ones and you may not have seen them in a remembrance of this lifetime and you will see one and you will say, "You look most familiar. Where have I met you? I have a feeling with you that I know you." Well of course you do and it goes beyond appearance. It goes to a vibration that is familiar and it is because you are calling forth that vibration that is familiar. Does that answer your question?
- 1995-0507-152 **Yes.**
- 1995-0507-153 It gives you a bit of food for thought.
- 1995-0507-154 You beloved one, most beautiful one, would you have a question this evening?

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-155 **Yes. I've sort of lost sight of what my purpose is for being on this earth at this particular time period on this earth plane. And I used to think it was helping people, or my job. I can't be defined as my job because I hate that. I just want to be out of that job right now into another environment and I've sort of lost touch with what my purpose is. I can't seem to get a grasp on one anymore.**
- 1995-0507-156 **Indeed. Your purpose is to come Home. Your purpose is to know who you are and to come totally alive as the holy Child who is loved from before time began. And yes, your purpose will be accomplished through service to others. You have discerned that rightly.**
- 1995-0507-157 **Now, does this need to be done in a certain way? No, there is no referee that says that you have to stay in a certain place of employment in order to be of the most value. However, if you are feeling constriction with where you are allow yourself to abide with what you feel to be constricting until you have received the blessing of it.**
- 1995-0507-158 **In other words, what is it telling you about your image of who you are the image of the ones that you work with? Allow yourself to see that they are the holy Child expressing the same as you are and they are doing it to the best of remembrance and they are bringing forth exactly what they need as catalyst in every moment in order to wake up, the same as you are.**
- 1995-0507-159 **So allow yourself to be at peace with what is going on for indeed if you leave where you are with conflicting feelings, guess what? You will find the same thing in the next place of employment. Why? Because you have taken it with you, yes. So you might as well be at peace with the ones that you work with where you are and then if the guidance is to move on to something else, you will know it clear and strong and you will do it.**
- 1995-0507-160 **But your purpose, beloved one, you have discerned well. It is to be the joy of the Father. It is to serve the brothers and sisters, but it is also to remember the holy Child that you are and to nurture her. For in nurturing her you allow that joy and that wholesomeness to be contagious so that others may grasp it as well. So the service need not be something of heavy responsibility. It is something that is most easy to do.**
- 1995-0507-161 **For as you say and claim for yourself, "I am the Child of my Father, the Heavenly Father, I am loved with an everlasting Love and I lack for nothing. I can be totally happy in every moment," as you claim that for yourself. You abide in the dwelling place of the most High and you invite others of the brothers and sisters to come and spend a day or a night with you there and that is most joyous.**

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-162 {Laughter}
- 1995-0507-163 Then you will find that you have all of the relationships that you desire, the loving relationship. Not because they have changed, but because you are looking upon them with new eyes, the eyes of the Father. You are doing very well with this. Allow yourself in every day to nurture the Child that you are. Take her in your arms, even the physical arms and hold her. Hold her as you would a child and put the hands to the heart and say to that Child that you are, "What would you like to do today? Where would you like to go? What is the desire of your heart in this day?" And nurture that.
- 1995-0507-164 Now sometimes the voice of the ego will say, "Well there's not enough time in the day. I have to do X, Y, and Z, and after that I have more homework to do." Allow yourself to pencil in time for the holy Child for indeed she does not take much time. She just wants to be acknowledged. You are doing very well.
- 1995-0507-165 **Thank you.**
- 1995-0507-166 Beloved one, you are a delight. I am most happy that you are here. Are you happy? Yes, you are. What would you ask in this evening?
- 1995-0507-167 **Would you share with us maybe a lifetime that my granddaughter have shared?**
- 1995-0507-168 Ah, many lifetimes you have been together. Lifetimes of simplicity and of joy. Lifetimes of living in nature. Lifetimes of knowing your relationship of love and with our Holy Mother, the Earth. Seeing as you would call it the simple peasants of the field, but you did not see that it was anything that was so deprived for indeed you saw great wealth in nature. Times of loving the animals, the beloved pets, the ones that you shared in the life experience.
- 1995-0507-169 Other lifetimes where you shared together as the sisters in biological family and even more than that, lifetimes that you were the sisters in religious order together where you studied all of the ancient texts and then you went beyond what was written and you said, "Well look at the stars. Look at how every one of the stars relates to another. See the order. See how the parts make up a whole which is more than the sum of the parts. See how each one is as a family to another one. See what the star symbolizes as the Light." And you have allowed the inner wisdom to come forth in great joy of rediscovery, as you do now. Great joy of rediscovery.
- 1995-0507-170 Many grand adventures, for indeed there have been times that you have been as the adventurers upon the water and you have depended one upon

1995-05-07 Oakbridge University Channeled by Judith Coates

the other for the safety of the body and you have acted as one being for you knew that you were one. Many times when you laughed you said, "Look at the smallest thing, at the beauty and the wonder of the smallest thing. How good life is." And you have said to each other many times, "Oh, I'm glad I found you again. Thank you for waiting for me." That is what you have said to each other.

1995-0507-171 **Thank you.**

1995-0507-172 For you have been together many many times. It is not by accident that you are together rediscovering and remembering happy times. And there will be many more. This lifetime will be one of rediscovery for you, one of adventures yes. Some challenges from time to time but you are a great master inside that does not worry about challenges. Seize each one as an opportunity, an opportunity to come forth with new creativity. You will have fun with it.

1995-0507-173 **Thank you.**

1995-0507-174 And you, beloved one, the one who smiles with the eyes. How are you?

1995-0507-175 **I'm fine.**

1995-0507-176 What would you ask? You need not but you may.

1995-0507-177 **I guess I have lived many lifetimes, how come I picked this one and this mother and my sisters, my brother?**

1995-0507-178 You thought it would be fun.

1995-0507-179 **I thought it would be fun? Was it a learning process for me or was it just something I have to go through?**

1995-0507-180 There is nothing that the holy Child have to go through, but you thought it would be fun and you knew that it would help you, not learn but remember the totality of who you are. So you have said, "There is a configuration here of desire of the others, of what they desire to experience and what I desire to experience and this will fit well together," for indeed you have many times been together as the adventurers and so there was a configuration of desire on their part for what they wanted to experience and to remember and claim once again, and it fit in with what you desired to experience in your completion, in your remembrance.

1995-0507-181 So you said, "Okay, we'll play this script on more time. On stage everybody," and you came on stage and you are in the midst of playing this part for the fun of it. Not for the should of it. Not because you had anything lacking and you had to go and find it and it was something you had

to learn in order to graduate and go unto Heaven or whatever. But you chose it because you wanted to.

- 1995-0507-182 If you will remember that, beloved one, as every experience comes to you in what you see as this lifetime, you will find that there will be much of joy and happiness around each event and each circumstance, each phase or stage as you would call it, of this lifetime. You chose it for the fun of it and there is no one up there somewhere grading you. You may do what you want to with it, and if there is a time when you want to abide in your bed and say, "Forget it. I'm going to let the world go by this day, that is okay." And if there is a time when you want to get up and go out of doors and express to the heavens who you are and to shout, "I am alive and I am me and I am happy to be me." You may do it. You are a grand actress. Have fun with it.
- 1995-0507-183 **Thank you.**
- 1995-0507-184 You beloved one, would you ask a question?
- 1995-0507-185 **Yes. I know I'm going through a lot of changes this time. All of this physical ailments I've been having lately, are they ever going to end? Is that part of my rebuilding?**
- 1995-0507-186 Yes, indeed they are going to end for you are going to come to a place where you have said, "Okay, I am filled with that. I am complete with that. I am finished with that."
- 1995-0507-187 **I know.**
- 1995-0507-188 **Indeed, so be it.**
- 1995-0507-189 You have called forth what you see as some of the physical ailments because of a belief that you needed to go through this in order to be worthy, to find your reward. There is a very deep seated belief common to most of mankind/womankind that life expression has to have some of the rain in it. Happiness yet, but some of the trials and tribulations and that as you go through trials and tribulations you come closer to God, closer to your reward. So it is a very subtle thing. It is not that you sat down consciously and you said, "Okay, I will have this physical ailment because it will allow me to progress to the next stage." You did not do that. But at a very deep level there is a belief that you are now in process of releasing and shedding because you no longer have a need for it. A very deep belief that said, "Life must have its share of ups and downs," and part of the expression with physical form upon this plane, it has its pot holes. It has its ups and downs and perhaps there is an ache or a pain or whatever and, "I, because I am

very strong, I will come through these. My Spirit is very strong." Indeed your Spirit is very strong. There is no question about that.

- 1995-0507-190 But you do not have to test it. You are already at the place now where you are seeing that you have done enough. There has been enough of this. You are completed with it. Now you may get on with the joy of expression.
- 1995-0507-191 Remember yourself to be the fluidity of the Light that you are. As you go forth with the form, with the body visualize yourself as Light, as the fluidity of Light. Allow yourself to be most flexible as the Light. Do not focus upon the form, but focus upon the Light that you are. It will allow the body to function in the balance that it knows well, in the flexibility that it knows well. For indeed the body is Light in coalesced form that you have brought together by your thought.
- 1995-0507-192 So as you remember and think yourself to be Light, it is more than just thinking, but as you remember yourself and allow yourself to be in that sea of knowing that you are Light, picturing, feeling it, the flexibility, the freedom of Light. The body itself will be your perfect servant and it will go as Light. So be it.
- 1995-0507-193 You, beloved one, the beauty upon the hands. Look at that. Symbolizing the beauty, the inner beauty that you are. Most beautiful. Would you have a question?
- 1995-0507-194 **Yeah. It's not really a question I'm just looking for direction and maybe some advice.**
- 1995-0507-195 Yes. Allow yourself to follow the heart. Whenever you would sit with options or choices allow yourself to see what excites the heart. What allows you to feel light? What you desire to do and where you desire to do it. Indeed the heart is true. The heart desires to know wholeness, holiness. The heart desires to be in service to the brothers and sisters, yes, but there are many ways of doing this as we have spoken unto this one.
- 1995-0507-196 So allow yourself to abide in the heart, to be the joy with the desire of the heart and to follow that. For as we have said earlier there is no grand referee to say that you must pick a certain direction, a certain form of employment, a place that you will serve. For you serve very well, beloved one, as the beauty that you are.
- 1995-0507-197 Know you that in many lifetimes you have been the beauty that has been worshipped by mankind? You have experienced being the one that others looked up to because of your physical beauty but you have also come to the end of lifetimes where you have experienced that for you have said, "But

1995-05-07 Oakbridge University Channeled by Judith Coates

there must be more of beauty, for look here I am an old woman and I am laying down the body. We dog gone it there must be more."

- 1995-0507-198 This lifetime you have again the physical beauty but you are also recognizing and calling forth the inner beauty, the beauty that endureth forever. So follow the heart, beloved one. Allow yourself to be in joy with your expression. You are most beautiful and you are the glorious Child upon this plane.
- 1995-0507-199 And if you sit with options of, "Where should I go? What course should I follow?" Sit with those options and abide in silence and look upon the options and see which one is surrounded by more light. Which options feels lighter? Which option, however subtly excites the heart and you say, "Yes, I feel drawn, however subtle, I feel drawn to that way." And know that that is your choice.
- 1995-0507-200 And then know that even that choice is not set in concrete for if in the next day or month you see another turn in the road that you desire to go, another way, guess what? You are free to choose again.
- 1995-0507-201 The world would say that you have certain very heavy decisions to make and that once you have chosen a certain direction to stay with it. No way. You are free in every moment to change the perceptions. You are free in every moment to make the new choices. For indeed that is how the holy Child comes Home again. Not by staying with a certain fixed perception and say, "I will see this to the end no matter what." No. You desire change because you want to come Home, you want to know your totality. You want to know all there is. You want to be in love with life, as you are. Therefore follow the heart and express with joy.
- 1995-0507-202 Beloved one, what would you ask?
- 1995-0507-203 **It would take weeks, so what I would rather do is thank you so much for having been with me throughout all of childhood. You were such a brother and today I still feel that you are such a brother.**
- 1995-0507-204 Indeed.
- 1995-0507-205 **I cannot pray to you as somebody so far apart.**
- 1995-0507-206 For I am not. For I am in your heart.
- 1995-0507-207 **I know. You are my brother. I thank you. I just thank you so much and if you have something you want to tell me?**
- 1995-0507-208 I thank you, beloved one, for often we have played together as the Child of the heart for indeed as you have discerned, I am not far away from you or

1995-05-07 Oakbridge University Channeled by Judith Coates

above you but I am you. And as you acknowledge me and as you are willing to play with me, guess what we do? We go as the wind and we play most freely. Then you remember Home and then the eyes share it with all others who have the eyes to see it.

- 1995-0507-209 Some will go about with the eyes cast down. They will not see what is right in front of them, the beauty of life in front of them. But others they have the eyes to look up and behold the love-light in your eyes and in the love-light of others and in that, you gift to them the opportunity to know Home. You are doing very well with that.
- 1995-0507-210 You are the Child of the Father and as you recognize it and you live from that space what more is there? Indeed. It is all together as the one.
- 1995-0507-211 **Thank you.**
- 1995-0507-212 You have "caught" it.
- 1995-0507-213 **I know.**
- 1995-0507-214 There is a saying, you have a play. "I Think She's Got It."
- 1995-0507-215 And you, beloved one, do you have a question?
- 1995-0507-216 **Not really.**
- 1995-0507-217 It is not necessary. You are a beloved angel upon this plane. Often you have been the companion to others, who have supported others, who has been there as the strength that they thought they did not have. The friend who has listened to, who has understood, who has cared for the bodily needs when others could not. You have been the support of the Father expressing upon this plane and I thank you for that, for you are Love incarnate walking this plane and others behold the Love that you are because you offer it so freely.
- 1995-0507-218 Remember the angel that you are.
- 1995-0507-219 **Thank you.**
- 1995-0507-220 Thank you.
- 1995-0507-221 And you, beloved jester, would you have a question?
- 1995-0507-222 **It would take a year. In other word just guide me on the relationship that I'm in, being more loving and kindly before I kill someone with love.**
- 1995-0507-223 It would not be the first time.
- 1995-0507-224 **I'm having a trying time right now.**

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-225 You have invited this one into your life and it is not the first time for indeed you have been together many times. You have played all of the nuances of the roles of relationship with each other, but you have invited this one into your life at this time in order to push certain buttons because there are certain unhealed wounds, old wounds, self-image, limited self-image that you now desire to heal.
- 1995-0507-226 Not to heal from as a magic from without, but to heal because you will see it anew. You will allow yourself to look with the eyes of the Father upon this one even as they are in the midst of most chaotic behavior.
- 1995-0507-227 **True.**
- 1995-0507-228 Most true. It is as we spoke to the young lad, the fellow, to stand back a degree or so as often as you remember and I will share with you that you will remember it more and more in the days to come. Allow yourself to stand back a degree and off to the side a bit, and behold as a neutral observer would see, the enactment that is going on. And then you may get right back in there and do what you really want to do with no judgment.
- 1995-0507-229 For indeed if you will receive it, the other one has played the part that you now feel yourself to be in, has played that role. You have now desired to see how it feels to be in that role and to have the buttons pushed. So it is what you would call as a rounding out. It has not been necessary but you have said, "I want to know the rounding out of this. I want to know the holiness of it. I want to know the wholeness of it." That is the true desire very deep within you and you have said as our beloved brother Jacob has said to the angel, "I will not let you go until you give me a blessing." Until you let me know the holiness in this relationship. Until you can be at peace with it.
- 1995-0507-230 So therefore, you go round with it but I will share with you that you are getting closer and closer to the place of peace with it where it will not matter. You will look upon it and behold the beautiful nuances of the acting that is in it. Your included.
- 1995-0507-231 **Naturally.**
- 1995-0507-232 Naturally. You are the grand actress who has often been the one upon the stage that others have admired.
- 1995-0507-233 **I believe that.**
- 1995-0507-234 You play your parts very well. But allow yourself to recognize that it is but a part. It is not the whole. It is the part, and to give unto this other one allowance to play their part the way they see it. And when they are in the

1995-05-07 Oakbridge University Channeled by Judith Coates

midst of your sandbox, in other words, the stage that you are upon and when this one will toss up into the air all of the sand and some of it comes down on top of your head to just say, "Thank you," and to shake it all off and to allow them. For indeed does the sand really hurt?

- 1995-0507-235 **No but he gets worse when I do that.**
- 1995-0507-236 It gets worse until the point of peace. You are allowing what you would see as an intensification of it from time to time in order to see through it. You have said, "I will come Home in this lifetime. I will do whatever it takes because I know that I have the strength and the courage and the patience to see this through." Otherwise you would not be calling it forth.
- 1995-0507-237 You would be in a place where you would say, "Another lifetime. I will hold it at arm's length and I will not do this."
- 1995-0507-238 **No, thank you.**
- 1995-0507-239 No, you have called it and you have said, "This is it. I will be done with it." And you will. So you are allowing it to come up in intensity so that you can come to that place that says, "Father allow me to look through your eyes upon this one. I of my own self" — the small self — "cannot see the holiness in this yet. I give it over to you. Allow me to see through your eyes," and He will. So you will find yourself shifted just a degree but it will allow you to see with new perception, new perspective on what happens.
- 1995-0507-240 And when I speak of asking the Father to allow you to see through His eyes, it is not to suggest separation. For indeed His eyes, His perception is yours when you stand in the place of Love.
- 1995-0507-241 **I knew that.**
- 1995-0507-242 You know that. Believe it or not beloved one, you are doing very well with this because it is a very intense, what you would see as interaction. It is one that symbolizing for you the heart of what you desire to come through and to see in holiness. That is why you have said, "I will see this one in intensity. I will call it forth this way, not just a little thing that is passing by and by but I will have it right up in front of my face so that I can see the holiness of it." And you will.
- 1995-0507-243 **Thank you.**
- 1995-0507-244 Very good. Very good.
- 1995-0507-245 **Thank you.**
- 1995-0507-246 And you beloved one, who has opened your heart and your home to us. Would you have a question this evening?

- 1995-0507-247 **Yes, you mentioned Light beings.**
- 1995-0507-248 **Yes, and?**
- 1995-0507-249 **I believe one appeared and said something to me around the lines of, "I want to speak to you." I said that's okay as long as I know what you want to talk about.**
- 1995-0507-250 **Yes.**
- 1995-0507-251 **It wasn't my imagination? It was there?**
- 1995-0507-252 **It was there, yes, and it was your imagination, but not in the limited definition of what imagination has been said to be. In other words, imagination is a grand power that allows you to go beyond the boundary of what you have thought reality to be.**
- 1995-0507-253 **So yes, that Light being is very much wanting to commune with you, to communicate with you. This one as you recognize this as a singular energy will come to you again. It has been what you see as the calling card, the introduction.**
- 1995-0507-254 **I sure don't want it to appear to me.**
- 1995-0507-255 **Why?**
- 1995-0507-256 **I don't know. I don't like it. It scares me.**
- 1995-0507-257 **Indeed and very good for you to recognize the habitual reaction.**
- 1995-0507-258 **I don't know what to do about it. How can I calm it down? Then I get upset because it frightens me.**
- 1995-0507-259 **Allow yourself to breathe. First of all, when there is the habitual reaction of fear, breathe. That will bring you to your place of center which allows you then to make a choice. When you are in the habitual reaction of fear there seems to be no choice except to stay, abide in that fear. But when you breathe one deep breath it returns you to your center and you then can choose anew.**
- 1995-0507-260 **I will share with you that there are many lifetimes where you have had encounters of this kind that you have called forth. And you have seen in some of the lifetimes threat to the form, to the body. The threat has not been real even within the terms of the drama, but the fear has been most motivating to the place where you have run yourself off the cliff, literally off the cliff in fear, and the form has perished.**
- 1995-0507-261 **Other times you have ended up in what you would see as the closet and would not come out and the form perished. You have enacted this fear, this**

scenario many times in different ways and there is what you would call a memory of the fear that accompanies this experience. But you are calling forth this experience because you desire now to see more of it, to see the holiness of it. To understand that that is but one other experience expression of the holy Child and that there is nothing to fear with it, that it is you, there is nothing outside of you. It is you calling it forth and it is you that you are communing with, believe it or not.

- 1995-0507-262 Now you desire to know that holiness, that is why it is occurred, it is coming to you. For as this one, you have said, "I will come through my fears because I want to know the total Love that I am. That power of total being." So you have said, "Okay, have at it. All of the fears that I have had stuffed off in the wings somewhere." You've said, "Okay, come, come, I will entertain you or you can entertain me. Come on." And then you have had a habitual reaction born of what you would see as many lifetimes and that is okay. You have recognized, "I am afraid." And ask yourself where does that fear come from?
- 1995-0507-263 It comes as we have said, from the identification with form. From form that has said to you over and over in one way or another, "Now look what you've done to us." So indeed, allow this to come again to you and if there is fear that is okay, but breathe. Say whatever brings you to that place of center. If there is what is known as a mantra, a certain prayer, a certain word that you find strength in, say that word. Call it to you, and then ask, "What gift do you have to give me? Let me know who you are." For there is no evil that will come to you. Only the fear is what has allowed the form to be laid down many times. Not because there was any power outside of yourself. So you do not have to fear it.
- 1995-0507-264 For in this lifetime, beloved one, you will not lay down the form out of fear. You have already experienced it and here you still are, form doing very well.
- 1995-0507-265 **I know. So I've literally been scared to death?**
- 1995-0507-266 Yes.
- 1995-0507-267 **Wow. Then I walk in my bedroom and I say I don't want anybody here. So I've got to talk to that and stop it?**
- 1995-0507-268 Allow the ones known as your angels, your guardian angels to make their appearance to you. In other words, a form that comes to you is not a threatening form except as you have seen it and identified it in past history, and even then it was not true, but the fear said that.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-269 Allow your angels to come and speak with you, and then you will come past the place of seeing the angels to be something separate from you and you will recognize it as yourself. You will feel the Love of yourself. But that is what you would see as being down the road a bit.
- 1995-0507-270 Start with the breathe, with the centering, with the welcoming and saying, "Yes, you know if you are out there, well okay. I will see you as this big. Not menacing, but this big. You can be this big. That is okay. Maybe I can handle this big." And then go from there.
- 1995-0507-271 **What do angels look like?**
- 1995-0507-272 Ah, you will tell me.
- 1995-0507-273 **Then they don't have the wings the way we think they do?**
- 1995-0507-274 They need not, beloved one.
- 1995-0507-275 **Thank you.**
- 1995-0507-276 You are welcome. If I were to appear in your bedroom....
- 1995-0507-277 **You have.**
- 1995-0507-278 As I have, would you run in fear from me?
- 1995-0507-279 **No, I saw you and I said, "Okay. That was enough. You are alright."**
- 1995-0507-280 Thank you, beloved one.
- 1995-0507-281 **These other ones appear three dimensionally. They were just really frightening. You're too close. I feel very close.**
- 1995-0507-282 The other ones desire to be close as well. They desire you to speak with them and to welcome them. But allow yourself the fear for the time being. Do not dismiss it.
- 1995-0507-283 {Not clearly recorded}
- 1995-0507-284 No, it is not necessary. You don't have to have this at all. Have fun with it.
- 1995-0507-285 **Sure.**
- 1995-0507-286 Say that with conviction. SURE.
- 1995-0507-287 **Yes.**
- 1995-0507-288 Beloved one, how are you this evening?
- 1995-0507-289 **Wonderful, thank you.**
- 1995-0507-290 You are indeed, would you have a question?
- 1995-0507-291 **No, just thank you for all of your guidance.**

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-292 Yes, and I thank you for having the courage to come to this point of focus and anchor your Light, to be the shining Light that others can see and relate to. For many times they call upon me in their times of confusion and sorrow and when I answer they hear me not for they do not believe that they could hear me.
- 1995-0507-293 You that can see, they can believe for they see you as one of them. They can relate. So I thank you for being my messenger upon this plane.
- 1995-0507-294 Beloved brother, how goes it?
- 1995-0507-295 **Good.**
- 1995-0507-296 Better and better?
- 1995-0507-297 **Yes, naturally.**
- 1995-0507-298 You are perfection itself. Would you have a question?
- 1995-0507-299 **Well, given my desires to experience more peace, love, joy and wisdom. Anything that you can say that will help me do that in everyday.**
- 1995-0507-300 Indeed, you are already in process of allowing this to come forth in your own awareness. You are already the servant of the Father as you desire to be. There are yet the questions of the mind and the blockage, as you would call them, of the ego that has been very strong in what you would see as other lifetimes, and those lifetimes are not afar off. They are right with you as you remember them.
- 1995-0507-301 But you desire now to bring it all into a balance and to know your totality and as you have asked as to an avenue of service, yes this will be an avenue that will allow you to acknowledge the balance of mind and heart for they need not be in conflict.
- 1995-0507-302 The mind is the servant of the heart, but go first unto the place of the heart and trust what you know there. Then ask the mind to get busy in setting about how you will manifest that. Not the other way around where the mind comes up with all of the questions and says, "It cannot be done, and this piece does not fit together with another piece." You have tried that way and not too much joy is in it.
- 1995-0507-303 But you are in this lifetime setting about what you would see as an integration, to bring together what you have already experienced as the unconditional Love and you will know that again. For that is indeed a desire of your heart. Not only of what you would see as your individual heart, but the heart of all of mankind/womankind.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-304 So as you uplift your feeling of where you abide, your knowing of where you abide eternally, it reaches all others as well. Now as we have spoken before, the avenue that you have chosen is one that will be most broad. You will not allow it to be limited to a certain way.
- 1995-0507-305 There are others that will speak to you that it needs to be limited in order to have the credentials. You know that the credentials, the believability comes from the Father and that the Father does not believe in limitations.
- 1995-0507-306 So you will incorporate into what you are offering unto the brothers and sisters everything that has allowed you to have the inner revelations. You do not have to worry about how you will present this to others for you will share from the heart. It need not come forth in grand words or in grand structure, and there will be no fear for you will be most enervated, enthusiastic, filled with the Spirit and you will share from the heart your journey. And because you have allowed yourself to have experiences of what you would know as the dark side, the dark night of the soul, others will find your credentials, your believability because they will know that you relate and they can relate to you.
- 1995-0507-307 So what you have seen as a time interval of non-value has been most valuable. You have been putting into the tool kit that you carry with you much of treasure that will allow you to pull it forth when it is needed and share with the brothers and sisters and because you have been there, as they will say, they will know that you understand and they will know that the inner revelation of the heart that you share with them has a firm foundation for you have tested it.
- 1995-0507-308 So do not look back upon the years of this interval and see them as being a detour off the path or of a non-value. They have been of great benefit and you will see this in the days to come. Now it is only something to be hoped, to be envisioned, but in the days to come you will see the fruits of these past years that you thought were fruitless.
- 1995-0507-309 **Thank you.**
- 1995-0507-310 Thank you.
- 1995-0507-311 {Being handed a glass of water.}
- 1995-0507-312 Oh, yes, thank you Beloved Elder.
- 1995-0507-313 {Drinking the glass of water.}
- 1995-0507-314 **You needed that.**
- 1995-0507-315 Yes. The refresh.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-316 Bless you, beloved one. What would you ask?
- 1995-0507-317 **My question, not a question exactly, but since I've made this last move I haven't really felt completely like my true self again, yet. When I get to that place where I do feel like my true self and am expressing it, will my people be receptive to me?**
- 1995-0507-318 Yes, very much so.
- 1995-0507-319 **They will?**
- 1995-0507-320 You have gone through what you would see as a metamorphosis.
- 1995-0507-321 **A what?**
- 1995-0507-322 Metamorphosis. A shedding....
- 1995-0507-323 **How do you spell that?**
- 1995-0507-324 A shedding of some old beliefs that you have held very tightly to you. You are very much as the symbol that you desire to wear quite often. You are the butterfly. You are the one that is most of the Light and free to fly.
- 1995-0507-325 But you have come through what you would see as some challenges in the last year of your timing.
- 1995-0507-326 **That's true.**
- 1995-0507-327 Yes, because you have desired to know your freedom as the butterfly and to allow others their freedom as well. They are still working with their, what you would see as the cocoon of limitation, but they also will come through this and be the beautiful butterfly that you can envision them to be.
- 1995-0507-328 You have already seen them as the butterfly. They only know at this point the containment of the cocoon, although there have been a bit of the forays out of it from time to time.
- 1995-0507-329 **I talked about that one Sunday to my congregation.**
- 1995-0507-330 Indeed, beloved one.
- 1995-0507-331 **You once said something about me being complete. I feel like I've a long way to go yet.**
- 1995-0507-332 Well, beloved one, in Truth you are complete. You have already experienced everything that you have ever desired to experience. You have known everything that you have asked to experience and you are complete. But there is still yet a piece that believes in process, still a part of you, an aspect that in this point of focus, this time believes that there is yet a bit to be completed of the process.

- 1995-0507-333 **Okay.**
- 1995-0507-334 This point of focus, this time, this personality, this being as you see yourself now to be, believes that there is a bit yet of process. The totality of you knows that you are already complete. Where you are expressing in what we have called other dimensions and other realms, you know completion. But there is an identification with this time and with the beliefs of this time that says there is yet process. And so be it, that is okay.
- 1995-0507-335 **And because I'm feeling not quite my true self is because of the changes ?**
- 1995-0507-336 Yes, yes indeed. As you would see sometimes the trauma to the body when the body has gone through changes there is also the adjustment of the Spirit that knows itself to be whole, but the adjustment to fit it into what you believe, the point of focus to be, and it takes what you would believe to be process, time.
- 1995-0507-337 **Thank you, honey, that's beautiful.**
- 1995-0507-338 So allow yourself to nurture the Child that you are and to be most patient.
- 1995-0507-339 **Patience with my self?**
- 1995-0507-340 With yourself, yes, patience. For indeed everything is accelerating and even what you see as taking some time even that is speeding up. So it will not be long before you feel your true self and you will feel the freedom that is now yours because you have fought the good fight.
- 1995-0507-341 **Thank you. I love you.**
- 1995-0507-342 I love you.
- 1995-0507-343 You beloved one, do you have a question this evening?
- 1995-0507-344 **I thank you for all the answers that you have already given me.**
- 1995-0507-345 Yes.
- 1995-0507-346 **But could you share some of the lifetimes that my son and I have had together?**
- 1995-0507-347 Ah, beloved one, I would have you tell me and then I will tell you. How do you see your experiences with the beloved son? What comes to mind? Where do you see yourself?
- 1995-0507-348 **Companionship.**
- 1995-0507-349 Yes.
- 1995-0507-350 **Protection.**

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-351 Yes, many times. The son has been as the warrior who protected you in the village many times. The one who was seen to be the strong mate who looked after you and loved you with a fullness of heart. He has been your guardian at arms when you saw yourself to be queen. He has also been the one who was lover of the form and lover of the heart. He has been many times your son. You have been his child many times. And many times you have expressed as equals within the setting of the village, the tribe, the clan, the country where you have followed the philosophy that was prevalent at that time and you defended the country and king.
- 1995-0507-352 You have had many ventures, adventures together, and not only in what you would see as upon this plane but other dimensions of what you would now call the spaceships.
- 1995-0507-353 **Wow. Good.**
- 1995-0507-354 And many more you will have, but you will know it in the awakened state. You will choose yes, to have adventures. You will choose to express with form although it will not be quite the density of this form. But you will know that you are the master that is activating that form and that whatever you think will instantly manifest and wherever you desire to go, you will go at more than warp speed.
- 1995-0507-355 **Thank you, very much.**
- 1995-0507-356 Yes.
- 1995-0507-357 And you, beloved one, how are you?
- 1995-0507-358 **Fine thank you.**
- 1995-0507-359 Indeed you are. What would you ask?
- 1995-0507-360 **I want to know when and what will be my next clear move and if TV is still a possibility?**
- 1995-0507-361 Ah, very much so. Yes. Where do you see yourself?
- 1995-0507-362 **On television.**
- 1995-0507-363 Yes, very much.
- 1995-0507-364 **Would it be news or entertainment?**
- 1995-0507-365 A bit of both, yes. You will do what you see as some of the newscasting, you will start out and you will fulfill the requirements of apprenticeship, whatever that is called, and you will find yourself on television yes, but your great desire is to allow the actress of you to come forth in what is known as entertainment.

- 1995-0507-366 **When will this start happening?**
- 1995-0507-367 Whenever you decree it. Already you have set it in process for you have the desire and you have acknowledged the desire, you have verbalized it. You have brought it into a clarity saying, "This is an avenue that I would like to follow." So already you have started the process.
- 1995-0507-368 You will see what you call some detours. In other words, you will desire to add to your experience more than just what you see now, the television to be. For indeed you are very creative and you want more.
- 1995-0507-369 **Can you tell me what more that will be?**
- 1995-0507-370 There will be what you call as the studies, there will be later on what you call as the writing that will share with others who do not see you visually upon the screen but will read what you have to write of your journey. But that is what you would see as down the road a bit.
- 1995-0507-371 There is much that you will do and you will be a grand influence for others in that you will open doors, possibilities to others because you yourself are open to possibilities. You are not in a place of saying, "Well this is the only way that it can be." You have tried out that role from time to time and you are finished with it. You have said, "Well it can be this way but dog gone it, I'm going to push open the blinders, I'm going to see what else is out there." And you will be an influence for others for they will see because you have the courage to try out new things. They will see that perhaps they can do that too.
- 1995-0507-372 **Thank you.**
- 1995-0507-373 You will have fun. As we have said to many this evening, you will have fun with it. That is what it is all about. That is what Home is all about, having fun with it.
- 1995-0507-374 **What would you ask this evening, beloved one?**
- 1995-0507-375 **Well I don't have a question really, but I'll take any advice you have.**
- 1995-0507-376 That is most of a change for you. In many lifetimes you have chosen the name of David. Many lifetimes you have been as the one who gave forth the great proclamations unto others. You have been as leader of your people many times and you have been the one who has been giving forth to others.
- 1995-0507-377 This lifetime you have said, "Okay, I will survey the scene. I will see what is going on. I will take it all in then I will make my decisions, my choices from there."

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-378 This is a lifetime that you will enjoy very much. You will have some of the challenges because it is the habitual way to look upon things and to say that they are challenges, but they will not be big ones for you.
- 1995-0507-379 For indeed you have already come through the biggies. You will call upon what you feel to be an ancient remembrance where you have already faced that kind of question and somehow you will bring forth an answer. Now you may have that it may come through what you call intuitive knowledge that is just there, or you may bring it through in books. A book will come to hand that will give you the answer, the guidance at that moment or you will have others who will share with you what they have just found out for themselves and you will say, "That is the piece that was missing. You know, that makes sense. I was thinking about..., and this makes sense." So it will come to you. It is not going to be what you see as a lifetime of having the rocky road. You will find some pebbles, yes, but you can handle pebbles.
- 1995-0507-380 You beloved one, how are you? Would you have a question?
- 1995-0507-381 **I've been having a little bit of a rocky road this last year. ... what kind of life I'm going to have in the next few?**
- 1995-0507-382 There will be changes for you desire some changes. You are calling them forth already. You have said that you are tired of the rocks that that you desire to see things differently. That is why we have spoken to you this evening of the play upon the stage and allowing yourself to see that the actors are just that. They are acting out a role that they have chosen. They may not know in consciousness, as you do now, that it is a role and that they are playing it.
- 1995-0507-383 So the rocks as you stand back from the drama, the rocks become the pebbles, the smaller ones and you will find yourself not so intimately involved in the drama that is going on. Yes, you will be acting in it. You will be interactive with it, but it will be from a different perspective for you know that you have grand strength.
- 1995-0507-384 One of the reasons that you have set yourself this task, these experiences is because you desire to know the strength of your being and this is coming very strong, very true to you. You are knowing who you are even amidst everybody else's choices of how they act out their parts. You have a great strength within and this is what you have asked to know because it is a very firm foundation.
- 1995-0507-385 You are going to make choices that are going to be, as we spoke to this one, they are going to have impact on your brothers and sisters as well, for you are coming through what they can relate to and they can see because of

the choices you allow yourself to make because you will live with joy and happiness in your days even though they would look upon some of these things that are happening and say, "How can you be happy? You know, look at this. Look at that." You say, "Yes, while that's happening, but you know, I'm not that happening. I'm not that person. I am me and I choose some happiness in each day. I deserve that. My Father gives that to me freely." And indeed He gives you more than just some happiness, but you may claim some to begin with.

- 1995-0507-386 Allow yourself in every day to, at the end of a day to write down with pen and paper at least one good thing that has happened that day and you will find that there is more than one. To take stock of the good, of the joy that has happened in that day and to keep what you would call as a journey but it need not be a very laborious journey, but just a listing of the good stuff and the times that you felt good about yourself. The times that you've come through what you would have seen as a challenge before or you did not know what to do with before, but this time you had an answer, you understood a peace within yourself. Write that down and say and you don't have to make it long, just make a note for yourself about it. After awhile you will see your grand strength and you will see what you would call an evolvment, a development that will lift you out of what you see as the rocky road.
- 1995-0507-387 You are doing very well with this. You have called forth challenges because you have the courage to be in that situation and you never face anything alone.
- 1995-0507-388 **Thank you.**
- 1995-0507-389 You have many of what you would call the guardian angels with you and always I am with you. You are doing well.
- 1995-0507-390 And you beloved one, the one who has sunshine in her smile. What would you ask?
- 1995-0507-391 **I thought I had it figured out but I'm not sure. Well, I recently decided to quit my job and I checked my heart and my heart said, this is what you need to do and I knew I had to work through the fear and thought I had and this fear kind of keeps popping up and I'm afraid, because I don't know what I'm going to do next. And there is so much I want to do and so much I want to give and I just don't know if I'm going to do it. I don't want my fear to block me and don't want to play this old tape over and over again. I want to stop that and I don't know if, I think I know how but I need encouraging.**

- 1995-0507-392 Ha, indeed beloved one, it is the way of the ego to bring up all kinds of what if's. That is part of its job. That is why you have asked it to be upon your stage as companion with you. Is to present you with this silver tray of what if's. And when you come to a place of making a shift, making a change. The ego says, "Okay, time to be on stage," and it runs on and it will show you all kinds of things and will ask you, "Do you really know what you are doing? Do you have all of your ducks in order?" And when you say, "Well, I don't know exactly. I'm kind of going with a trust in my heart," the ego says, "What do you mean kind of going with the trust in your heart? Can you trust your heart? Look where that has gotten the form before." For indeed you have experienced being destitute, of not having the golden coins where the body has perished.
- 1995-0507-393 And so the ego says, not in those words but it says, "Hey, remember you know we've been through this before. Oh, oh, and it comes up immediately. This time you are desiring to come through this experience to know that you are the creative one who manifests exactly what you experience and to know that it need not even be challenging. In other words, it is easy.
- 1995-0507-394 There is a desire of your heart to share the sunshine that you are with others and to share it in a certain avenue of service. Allow yourself to sit with the heart and ask, "How can I out-picture this?" In other words, where can this be used? For you have talents, you have abilities. You have things that can be traded in the world for the golden coins.
- 1995-0507-395 As you have had the desire to make a change, to finish with that employment know that you have already gone ahead and opened another door that you will be going through. I give you that on the word of God. Not my word, but the word of the God that you are. You have already set it in motion.
- 1995-0507-396 So when the ego comes up and says, "What if... oh, oh," say, "Yes, old friend companion of many lifetimes, I know you well. Thank you for serving me. Thank you for allowing me to look once again on something that I know very well. But you know what? I think I'm going to turn that message over, that card, that calling card upside down and see what the message is on the other side. For I know that the message you have given me is not the whole of it." For indeed it isn't. And as many times in the day that you need to do that and that is okay.
- 1995-0507-397 After awhile the ego will say, "Okay, I've done my role I can go back to the wings until she needs me next time." And you won't have to worry about it. You will enjoy the next change for indeed you have set it in process and it

1995-05-07 Oakbridge University Channeled by Judith Coates

is an avenue that will allow your heart to unfold more and more and to do what you truly love to do and there will be golden coins in it as well.

- 1995-0507-398 You beloved brother, how be you?
- 1995-0507-399 **Great.**
- 1995-0507-400 You are totally great. What would you ask?
- 1995-0507-401 **There are many earth changes and changes in the spiritual realm coming about right now and I've already made up my mind to take up the mantle to help in anyway I can. Is there any guidance along the way?**
- 1995-0507-402 Indeed, again you are very much in process of allowing these changes to happen and it is not so much the changes upon the face of our Holy Mother, the Earth for indeed that out-pictures the changes that you are already allowing on the inner. In other words, the belief system.
- 1995-0507-403 You have decreed that you will make shifts in perception, that you will come Home, that you are willing to do whatever it takes even if it means giving up all that you have held in the belief system as reality. You will allow that to be shifted for you are a true servant of the Father and you want to know Home upon this plane.
- 1995-0507-404 You are the Light and the sunshine. It is not by accident that you have found yourselves together. You are the Light and the sunshine upon this plane. Remember that in all of the changes for there will be the out-picturing, yes, upon the physical plane of some of the changes but they need not be traumatic. In fact they will not be as you allow yourself to go with the surfboard upon the jello.
- 1995-0507-405 In other words, you just go with the shaking a bit, the upheavals, for you are making many changes on the inner. Why would it not out-picture? But it is not to be seen as something of doom and gloom. Those messages were given in what you would see as some years ago in order to allow the holy Child to come to a place of clarity as to where they were abiding. Were they going to abide with fear or were they going to abide with the knowing of the wholeness that they are? The safety that is from before time began.
- 1995-0507-406 And many have had to look upon that as a it came right up in front of the nose. They have brought it in great clarity right in front of the nose and in the last instant, yes there has been fear but in the last instant they have said, "No, I am more than the changes I see happening in the outer. I am the one who is calling forth these changes, and if I am calling forth these changes look at the great creator that I am." There has been what you would call instant revelation.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-407 So allow yourself to go with the joy of the heart knowing that yes, you will be the surfboard upon the jello of all of the changes that are happening and in that you can smile and offer hope and support to others who may be facing their fears because they have desired to face their fears. Not to run from them but to face them.
- 1995-0507-408 You have much guidance. You have already discerned that. You call forth exactly what you desire in the next moment, the next steppingstone of the path, and you may trust that. Thank you.
- 1995-0507-409 **Thank you.**
- 1995-0507-410 You beloved one, who has been as brother many times, what would you ask?
- 1995-0507-411 **I would ask of our role at the time you manifested as Jesus and also elaboration of the time element when you came back after the resurrection until the ascension.**
- 1995-0507-412 Well indeed beloved one, we will answer the first question second and the second question first. The time element after the resurrection I was with the disciples for forty days until the ascension. Now was that literally forty days? No. It was a length of time in which I instructed them to be of good heart, to call forth the strength that they already knew was within.
- 1995-0507-413 Then there was the ascension where I allowed them to see that all are Light being. All activate the form with the spirit and energy of Light and I ascended. But did I stay ascended? Now there is the question.
- 1995-0507-414 {Laughter}
- 1995-0507-415 Indeed I did not. Knowing that I am the energy that activates all of form I came back because I enjoyed being amongst the people. I enjoyed being in this expression, but I knew myself to be the master of form and to be quite free to ascend it, make it invisible anytime I choose and there were times that I choose that. It was most handy.
- 1995-0507-416 So I did that. I came back many many times and in different guises for ones. Ones one time when they would recognize the form as Jeshua, other times when I came as a friend, a stranger that they did not recognize and yet I spoke to them exactly what they needed and called forth in that moment.
- 1995-0507-417 So yes you have discerned and asked well. The forty days were not literally forty days although that is what is celebrated in some of your religious philosophies, structures. And I did not stay away after the ascension for indeed there is no where else to go anyway. I am not apart from you and

many times even now in what you would see this point of focus to be, I manifest a body for a time period to sit with a brother to be able to commune with him in a way that he relates to and can understand. And then when that purpose has been finished and he has turned away, off I go.

- 1995-0507-418 It is very easy to allow the body invisibility for you raise the vibration to what you would see as the Light vibration and allow it to go into what it already is and it becomes invisible for a moment it is seen as Light. After that it expands to the point where the physical eyes do not see it. So I do that often.
- 1995-0507-419 Now to answer your first question, you are very much a part of the community, the scholarly community that I was part of. You studied all of the Scriptures, the scrolls, the ancient writings that were held to be sacred and were guarded. You copied some of these so that they would be preserved for generations to come. This was a task that you loved. So you copied many of them and you hid them away in places some of which have not been found yet in this point of focus, but they will be found for you preserved them well.
- 1995-0507-420 You did not hold to the idea that I was messiah as the expectation had been. For there were prophecies that the messiah was expected and would be here and would save all of mankind. You did not believe that it would happen in that way and there was a grand truth in that in that I cannot save anyone. You knew that.
- 1995-0507-421 So therefore when others would speak of me as messiah and would speak of the grand things that were to come in my kingdom, you knew this not to be a kingdom of this temporal plane and you did not believe what they were saying and you refuted it.
- 1995-0507-422 But beloved one, you held a grander truth in your heart. A truth that you are now claiming and you will see the writings that you have copied and preserved, you will see them coming forth to be as catalyst for remembrance for many of the brothers and sisters. It will speak to their heart and yours as it already has done.
- 1995-0507-423 And you beloved one who has been most patient, would you have a question in this evening?
- 1995-0507-424 **I think I do. I would like to know what my spiritual gifts are and how I can be more open to you now?**
- 1995-0507-425 Yes, your spiritual gifts beloved one, are ones of love and offering that love in different ways to ones. Whatever your guidance brings forth to allow the

vibration even of voice which is most understandable for others, they can hear, they can understand what is spoken. They can relate to it.

- 1995-0507-426 But what goes even farther than that is the love in the eyes that you offer to others so that you know at a very deep level, the truth that it does not need to be spoken. It need only be extended through the eyes and through the heart. For often you will sit in silence and you will hold one in the sanctity of your heart and you will nurture that one and they will feel it. They do feel it.
- 1995-0507-427 Sometimes they will consciously acknowledge and act from that space. Other times they are too caught up in the questions of the mind and they pass it by. But it is not unfelt. It registers. So whatever you do as you hold another one in your heart in love, it is received and registered and recorded.
- 1995-0507-428 Your spiritual gifts beloved one, are ones of great treasure, but the greatest of all is our knowing of who you are and in knowing of that simplicity that offers it to others in simplicity and says that it must not be done with grand ritual, grand study, grand words, grand oration for indeed you have finished with that. You have already done that. You have been as the grand orator in many lifetimes. You have been as the ballerina, you have been as the dancer who showed forth the beauty of form.
- 1995-0507-429 Now you show forth the inner splendor of the heart in simplicity for indeed the Father abides in simplicity, in the peace of the heart. Thank you for having the courage for often times in this world it is seen that one must be most active in doing and in expressing and you have the courage to see that the grandest gift of all is given silently as in the birth that comes forth in silence.
- 1995-0507-430 Thank you.
- 1995-0507-431 **I have a question if you are not too tired.**
- 1995-0507-432 I am never tired beloved one.
- 1995-0507-433 **You spoke to us the other day that the Bible would be rewritten. Could you elaborate on that a little bit?**
- 1995-0507-434 Oh indeed. You and many of your companions are in process right now of rewriting the Holy Scriptures, for you are recognizing that not the whole of Truth is contained within the covers of what you know to be the Bible. You know that there is much in between the lines that must be discerned by the heart and so you will be writing your own gospel that will in time be accepted as Holy Scripture, because the brothers and sisters will be recognizing what is holy.

1995-05-07 Oakbridge University Channeled by Judith Coates

- 1995-0507-435 Not that it has to be canonized by some great authority somewhere in an organization of holy fathers, but because it speaks the truth of wholeness. So you will write your gospel. Others of the brothers and sisters will write their gospel of the inner revelations that are coming forth even now and they will be recognized as holy writings for they contain and explain — the word that I'm looking for is, it carries it forth in form — the Truth of your being.
- 1995-0507-436 So yes, your Holy Scriptures are already in process of being rewritten for many of you have sat with Holy Scriptures and you have said, "This is not all of what my brother, Jeshua said." You know that well. "This is not what he meant as it has been interpreted by some of your rabbis and priests," down through what you would see as the ages. You have said, "My heart tells me that there is more." And you have read between the lines.
- 1995-0507-437 This is one of the gifts that you will give unto the ones who come to you who are open of heart. You will say to them, "Look beyond the words," for indeed I had much that was shared as we have shared in this evening that has not even been put into the words.
- 1995-0507-438 For what you have experienced in this evening has been conveyed yes, through the sound of the voice in what you would call words, but it has registered in the heart. The love that you have felt in this room, the joy that you have felt in this room has been of your own calling forth. It has not been because of the words that were spoken. It is because of your willingness to allow your fire to ignite.
- 1995-0507-439 So yes you are in process right now of rewriting your Scriptures. You are living scripture walking about and it is in process of being rewritten and thank God for that.
- 1995-0507-440 **We thank God for you.**
- 1995-0507-441 And I for you, beloved one. For indeed all of us are the expression of God upon this plane.
- 1995-0507-442 It has been my grand joy to converse with you in this manner this evening. To be amongst you in this manner, to reach out and touch, to play with you as the Child that we are, to come again unto the place of the heart and reawaken an old remembrance, an old friendship as you would see time to be. It has been my grand joy for I abide always in joy.
- 1995-0507-443 When I come and I speak the greeting to you, that I come in great joy. It is the Truth of my being as it is the Truth of your being for your true

1995-05-07 Oakbridge University Channeled by Judith Coates

nature is one of joy. When you abide with the ego you are sometimes out of that joy but that is temporary.

1995-0507-444 Allow yourselves to know that you are family. Allow yourselves to know that you are the one Child of the Father. Allow yourself to know that you call forth all good for even what you would see as a challenge, you have called it forth in order to see its holiness and in order to see your holiness through it for you are most holy and you are loved of the Father. It cannot be otherwise.

1995-0507-445 So be it.