

The Days To Come

1995-04-03

Chico, CA

- 1995-0403-001 Beloved and holy and only Child of our Heavenly Father, Child of the One Source, Child of Light divine. I am the one known as Jeshua ben Joseph, Jesus you have called me and it is in great joy that I come to abide with you this evening in your timing as you have chosen to make the trek and to turn the focus of your attention unto me.
- 1995-0403-002 Indeed it is in great joy for that is the place where I abide always. A place where the Child, the one holy Child knows how to play, for indeed we are free. Free to be in joy and free to play. Even as the child that this one is.
- 1995-0403-003 Tonight is a time of great joy for tonight is a time of reunion. A time of reuniting with seemingly separate individual family members and coming together in the heart. Coming together for a few moments of your timing to remember who you are and to play. To play in the joy of remembrance.
- 1995-0403-004 For it is a grand place to be. It is a grand place to be right in this day and time is it not?
- 1995-0403-005 **Right.**
- 1995-0403-006 Yes, and becoming even more so.
- 1995-0403-007 **Just right now.**
- 1995-0403-008 That is my message of the evening, that in the days to come it is not a time of doom and gloom as has been prophesied. Yes, there are the brothers and sisters who will look upon that and as their habit would be, they will look upon events and circumstances and judge them to be of tragedy. Judge them to be of doom and gloom. But that is not my message. That is not my gospel. My gospel is one of good news and it concerns not just one Jeshua ben Joseph, one personification of the Christ, for indeed I behold the Christ before me. All of you.
- 1995-0403-009 My gospel is that the days to come are times of joy. Times of fulfillment. Times of enlightenment. It is not by accident that you have heard that you are ushering in an age of enlightenment for indeed you are. You have decreed that you will know the Light that you are. That you will go as the Light that you are. Allowing the heaviness of the world, the heaviness of

the "shoulds", the activities that must be done. All of the various stages of life and what you must fulfill in each stage.

- 1995-0403-010 You have decreed that you will allow that heaviness to be dead and buried and you will resurrect the remembrance of the Light that you are. And in that you are enlightened. It comes first, yes, through the willingness to play with concepts of the mind. To play with possibilities, to read books that are exciting uplifting and inspiring that will give you something that is beyond what the world has taught you you must do.
- 1995-0403-012 Even your works of what would be called fiction, your works that would be called the scientific fiction, allow you to go beyond the bounds of what you have thought yourself to be and what you have thought the possibilities to be. That is why you play with those ideas. For indeed it allows an awaking within one's self to say, "Perhaps, perhaps I am more than what society has taught me I am. Perhaps I am more than what the parents have taught me I am. Perhaps I am more than what my co-workers and my peers have said that I am. Perhaps I am free to go where no man yet has gone. To boldly go." And you play with ideas of unlimitedness.
- 1995-0403-013 You allow the excitement of coming truly alive, to come into your emotion, to live it, to feel it in the cells, the very cells of the body and to allow the heart to leap with you as the mind gets excited about unlimitedness. That is where it first starts; is with the willingness to entertain and to play with new concepts, new ideas.
- 1995-0403-014 All of you so gathered in this room this evening and all of the ones within the sound of my voice, are ones who have said not only in this lifetime but other lifetimes as well, that you are the adventurers, the pioneers, the ones who are on the edge of saying, "What more is there? What new land can I conquer? What new idea can I play with and where will this idea take me?"
- 1995-0403-015 For indeed as you start with one idea it starts a train of thought that takes you beyond where you ever thought you might be, up to that point. It is like a thread and you follow it. And as you have the willingness to play, to play with ideas, the willingness to release limitation of belief, you play with the possibility that perhaps the days to come can be ones of fulfillment.
- 1995-0403-016 You play with the possibility that yes, for some of the brothers and sisters if that is what they desire to experience, perhaps there will be the upheavals and I share with you that there will be, there always have been. The upheavals in the sense of the physicalness of our Holy Mother, the Earth and the upheavals within the belief system.

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- 1995-0403-017 For indeed what you see out-pictured is what you are allowing in the inner. You are releasing limited beliefs about yourself and about the brothers and sisters and about what the world is for. And you are saying, "Perhaps, perhaps I am strong enough to play with the idea that there can be upheaval and I as the Christ that I am will come through all of that. I will endure." For indeed you will. You are eternal. You are the Light that cannot be hindered and there is nothing that will come nigh your temple that will threaten you.
- 1995-0403-018 There will be changes yes. There are changes in the days to come and there are some, many in fact, who will look upon those changes and will say, "Woe is me. This is the prophecy that has been foretold. This is the doom that I have expected," and for them they will see events that way.
- 1995-0403-019 There will be others of the brothers and sisters, ones who have just in your recent timing gone through events that would be judged by the world to be tragic, where they have lost all of the material possessions and they have had opportunity to stand in a moment and to say, "What is important?" And they have said, "I and my family have survived. We have endured. That is what is important. We can rebuild the structure of the home, the house. We can collect again the material possessions." You have heard many say that. To say, "Thank goodness I have my family. Everyone has survived. Yes, we've lost everything as far as material possessions." And they have come unto a revelation that what matters is not the physical, not the material possessions, not even as they take this one step further, not even the physical form for they have had opportunity to know the ongoingness of the Light that they are.
- 1995-0403-020 And many have called forth events that are judged as tragic in order to have opportunity to clear away all of the dust, all of the chaos of world judgments and to come unto their own place of knowing of what is Truth.
- 1995-0403-021 Some of the brothers and sisters have bemoaned because the material possessions have been lost. They will have again opportunity to stand upon the threshold of knowing who they are. Not because masters outside of themselves, not because of a God afar off is going to bring it and heap it upon their shoulders and on their head as a punishment. No, it is because they will call it forth one more time in order to have opportunity to come through it to see the Truth of their being.
- 1995-0403-022 So in the days to come, there will be upheaval, there will be shifts, there will be changes in the very topography of our Holy Mother, the Earth, but so what. This is not the first lifetime that you have ridden the roller

coaster of changes of topography. It is not the first lifetime that you have looked upon the mountain that would spew forth its energy. All of you as the adventures that you are, have experienced laying down the body in other lifetimes as you see lifetimes to be, through events of nature, as it is called. It is not a nature outside of yourself, it is your own nature that you are calling forth. Grand adventurers that you are.

- 1995-0403-023 The days to come are ones of great joy. They are a time of opportunity to come unto a clarity of heart, to know, not just to know in words, in intellectual concepts for we spoke first of all of playing with the ideas of intellectual concept which allows the releasement of some of the limitations, but you will allow yourself to know as a Truth of your being that you are more than the events that are happening, and you will find yourself in joy even though all of the circumstances around you may be having their upheavals and their falling down and whatever, you will feel a joy, an inexplicable joy, inexplicable in the world's terms, but you will feel a joy for you are calling it forth even as the brothers and sisters call forth the events that they experience.
- 1995-0403-024 And it will not come nigh your temple. It will not threaten you. As you keep your mind and your heart centered upon who you are, upon the Christ and the Love that you are. It will see you through all of the events. Everyone of them.
- 1995-0403-025 Now I do not mean to speak just here of physical events of our Holy Mother, the Earth, in a way that you will say, "Oh, oh, he's giving a prediction. I have to be vigilant and watch out for this." That is not my message of this evening. My message of this evening is that yes, there will be the changes, for indeed there have always been the changes and it is not that you have to run anywhere to be safe. You are safe wherever you are.
- 1995-0403-026 But my message of this evening is one of great joy for you have decreed at a very deep level that you will come Home again, that you will know in conscious awareness, right here where it matters, you will know the strength of the Light that you are. The strength of the being that you are and you will love that being and you will love the brothers and sisters and you will share with them the strength of your being and theirs as well.
- 1995-0403-027 You will share with them, not because you have practiced or you have prepared for such a thing. It is not necessary to prepare, but you will share with them as you have done in the past; your peace until they find their own peace.

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- 1995-0403-028 You will do what is necessary in the terms of sustaining the body. There will be guidance to help ones, if they need some of the material possessions, a roof over the head temporarily. A bed, food, whatever. You will know. You will be guided. You will share.
- 1995-0403-029 But more than that, you will share of the peace that comes from the strength of your knowing. Not because you have practiced and you have rehearsed all of the right words. Indeed you have done that in other lifetimes as well. You have known all of the right words and you have been the grand authority that would save others. Where are you now? Where are they now? Still upon their path. Still saved but not by the grand authority of great words. Saved because no one has ever been lost.
- 1995-0403-030 As you play with the possibility that the days to come can be times of great joy, as you allow yourself to abide in the heart with the love and the peace that comes from entertaining that concept, that thought, there comes a feeling of probability, "Well probably if X, Y, and Z happen, I'll come through it. I'll be okay." And this is a grand Truth.
- 1995-0403-031 Where does that knowing come from? It comes from a place deep within that the world and the voice of the ego will question, very much as you would see a jousting match. The voice of the ego will come and it will trust its questions and its doubts. But still there abideth the still small voice within that says, "I will come through this and I will be okay." For indeed you are okay, and have always been okay. More than okay. Perfect.
- 1995-0403-032 The days to come are great ones, great ones of grand healing. Healing of physical form if that need be, but more than that as you have discerned beloved brother, days of great healing where you know your wholeness as the totality of Self. Where it matters not what the form will do or will not do. For the energy of Light that activates the form is not contained within the form, cannot be contained by any limitation. You know this to be a grand Truth for you have flown with me and we will fly more in the days to come.
- 1995-0403-033 All of you will fly. All of you are as the fledglings testing out the wings. All of you have brought forth in your experience the events, interrelationships, where you have had to test the wings a bit. See what they feel like. And sometimes you have said, "Oh, dear. If I put that wing out there somebody may..." And you have put it out there and somebody has gone and you have said, "Ohhh, but it's still there." And you have come through it. You have come through it with even grander strength because you have known that you cannot be threatened by the world.

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- 1995-0403-034 The world can throw up the questions and the doubts. The what if? Many many what if? You have all heard the voice of the what if? And you have all tried to cross the bridges before you get there. And what happens when you get there? You find you don't even need a bridge for you are already there.
- 1995-0403-035 But the ego, the voice of the world, the voice of separation will say, "You must be prepared. You must know what you are doing. Do you know what you are doing?" Have you ever asked yourself that? No, of course not.
- 1995-0403-036 All of us in the experience of humankind have had our times of asking, "Do you know what you are doing?" It is the voice of ego that would ask. And when all of the dust and the chaos of the voice of ego is allowed to settle, the still small voice resounds with the affirmative, "Yes." For indeed you do know what you are doing and you are doing it very well.
- 1995-0403-037 There were times in my lifetime, times in my growing up years as a lad when I questioned how things could be? The prophecies that I had heard, the prophecies of who I was to be and how this would out-picture. I read the Scriptures. I knew the prophecies. I knew what was said of me and I was a young lad. How could I ever grow to fill the sandals of one known as the messiah?
- 1995-0403-038 Yes, I heard the voice of ego from time to time, but I also heard the voice of my Father that said, "If you are life, and you are, you are more than form. You are more than what you have read. You are more than what the mind would tell you that you are. If you are Life — and I assure you that you are — you are more than the small point of focus known as one form, one personality in one lifetime."
- 1995-0403-039 When I came unto the eve before what you now call Good Friday, and I went unto the garden in Gethsemane, the voice of ego yes, came again for it was my companion as it is yours and I asked of my Father, "If there were another way to fulfill the service that I knew I had come to do, then let this cup pass from me." In other words, Father, can we think of plan B? Surely there must be another way we can do this. And then the still small voice that speaks so loudly when you allow all of the dust of the world to settle, arose within me and said, "I and the Father are one." I do the will of my Father for I am one, I am life. The form may be laid down in my belief of what form is.
- 1995-0403-040 And if the form be laid down in my belief of what the form is, then I can rise up again. I can raise up the form again. And I did what you do in your meditations. I went unto the heart. I centered myself as you may call it,

and I rested in the silence of knowing that I and the Father are one, as you are. I rested in that knowing.

- 1995-0403-041 Not knowledge as you would know intellectual knowledge, but I rested in that knowing and I knew that everything that would unfold in the next hours to come were as the drama that I had agreed to participate in as you have all agreed to participate in a certain drama that is now unfolding in your lifetime.
- 1995-0403-042 All of you have agreed that you will come and pick up a script and you will be as the grand actor upon the stage. And there are times that you get very much into your role and you act it with great emotion. Emotion that can be heard to the farthest universes.
- 1995-0403-043 Yes, of course, and there is nothing wrong with that. You are playing your part and that is exactly what you are doing. You are playing. Sometimes that aspect of it is forgotten, but you are playing your part.
- 1995-0403-044 So whenever the feelings would come up and the emotion is there, even the emotion of great energy, allow yourself to get into it as the grand actress that you are. Play it to the best of your ability. To the greatest energy level that you want to and then remember to laugh at yourself.
- 1995-0403-045 You have all agreed to a certain collective script, to begin with, and then you have written in to that agreement a certain clause that says, "From this point on," this point being the agreement to come and participate in the drama. "From this point on I will develop my abilities in improv. I will in each moment be free to choose. No delineation of character that has to be. I will form the character of this part as I go along." And you do this.
- 1995-0403-046 For the one that you would see yourself to be right now in this day and time, is very different from the one that you would perceive as expressing a year ago, ten years ago. And it is because of choices that you have allowed yourself to make, because of that clause that you put in the agreement that says, "I am open to improvisation and I will become a master of improv." And in every moment you are free to choose anew.
- 1995-0403-047 And as you choose anew, what happens to all of the rest of the actors on the stage? They have to choose anew because you've changed the script. So you see how interrelated you are? There is no separation. For as this one chooses to awaken this one changes all of the script of everyone else and everyone else has to adjust a bit. It is called the dance. That is why it is called the dance, because as you choose anew everything else shifts. All of creation is lifted up. If I be lifted up, I will draw all men unto me.

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- 1995-0403-048 I did not mean that as I, Jeshua ben Joseph as a personality, an individual. If I be lifted up, I will draw all men unto me. I meant that if I in my awareness and awakening as the Christ that I am, be lifted up in that revelation I will draw all men unto me for everything has to shift and adjust in the improv that is what that statement means. That is what I meant and that is what happens when each and everyone of you chooses anew. Chooses to say, "In the midst of all of this turmoil, all of these activities, all of the things, deadlines, what has to be done. Well heck, I throw them out the window and I'm going to be happy."
- 1995-0403-049 Happiness, exactly. Happiness heals. It leads to the awareness of the wholeness that you have always been and it affirms the Truth of your being. Grand actors, all of you.
- 1995-0403-050 And there is no one including your Father, especially your Father, Who judges your choices. If you desire to abide in the energy of heaviness, in the energy of confusion, of sorrow, of a feeling of loss, your Father does not step in and say, "Oh no. No. No. So you must change that." No, that is your choice to abide with it as long as it feels where you want to be.
- 1995-0403-051 But all of you are coming unto the place very rapidly now where you get into a place where the ego speaks and you say, "This does not feel good. I will arise up and choose anew." You are all at the place where you recognize very quickly, "Oh, I've been here before. I think I will try another avenue, another way of expressing."
- 1995-0403-052 For you have all agreed that you would try out the way of the world for awhile until you came to a certain point where you said, "This does not feel like my true nature. I don't like this." It is very much as you have been over and over, which you have, as the Prodigal Son or Daughter. And you have tried abiding in a far land trying to fit yourself in to a culture and a belief system that wasn't your true nature, and you have gotten to the place where you have been so twisted as a pretzel trying to please others that even the very cells of the body have cried out to you and the constriction that you have put in various areas of the body has been as your servant and your messenger and has called very intensely to you, "Pay attention."
- 1995-0403-053 That is what all of pain in the physical form is about. It is to pay attention, and sometimes you will listen to the whispers. Many times you wait until the message is a shout. Until the body itself says, "I will go no further." And you spend some time abed which allows you time to reflect and to return again unto the peace of the heart.

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- 1995-0403-054 But you are as the Prodigal Son and the Prodigal Daughter, for you have tried the way of the world many many many lifetimes and you have tried it many times in this lifetime until you have said, "I will arise up and return again unto my Father's house."
- 1995-0403-055 That is my good news of this evening; that the days to come are ones of joy for you are returning again unto your Father's house where you have always been in Truth and where you are always loved with an everlasting Love because you are that Love.
- 1995-0403-056 Even in the times of adventures seemingly far from our Father's house, you have been held in the Love that you are. And it has been a temporary turning away of the focus of attention where for a momentary experience you have allowed the focus to be elsewhere other than your true nature.
- 1995-0403-057 But the good news is, in the days to come, which are not afar off, you will awaken and know the joy that you are. The beauty that you are even in physical form. You are beautiful. You have always been a beauty.
- 1995-0403-058 You will awaken and you will know the Love that you are, the unassailable Love that you are. Even while expressing with the form of the body if that is your desire. For it is not necessary to lay down the body to go unto a place called Heaven. Many many many times you have laid down the body even in a belief taught unto you by your priests and priestesses, taught unto you by the learned ones that once you were out of this veil of sorrows, laid down the body that instantly everything would be beautiful and wonderful.
- 1995-0403-059 And so you have come unto what you would see as the end of that time interval known as that lifetime and you have laid down the body and if your belief system was that you would go unto a place where the angels would sing, then you have experienced that for what you would see as, I will not say time for it is not time as you know it in this point of focus, but for a passage and then there has been a feeling, a desire within you, that perhaps there is still yet something I haven't experienced. And you have chosen to come back and express again with different form perhaps, different culture for the fun of it.
- 1995-0403-060 So the laying down of the body is not a prerequisite for finding Heaven. It does not guarantee. The same has been true of the lifetimes when you have been told that because you were a horse thief and you have been hung you are going to go unto a place called hell and damnation and forever abide there. You've tried that.
- 1995-0403-061 {Laughter}

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- 1995-0403-062 I'm still going.
- 1995-0403-063 Yes, you are very much as one of your cartoon things on your visual box. It is called the energizer. It is still going. Here you are, you are still going. Yes.
- 1995-0403-064 And so you laid down the body having been told most strongly that you would be forever condemned to a place called hell, to suffer in the fires and again depending on how strongly you accepted that belief, there was a passage where you experienced that and just that happened, a passage, and it passed and you said, "Perhaps I will try being something else." And here you are, still going and doing very well at it, yes.
- 1995-0403-065 In the days to come a time of great joy. It does not mean that there will not be the questions. There will be questions. There will be opportunity, relationships, because you have asked them to come forth. But there will be what you already now are nourishing and nurturing, there will be the strength of the inner knowing. The totality of Self that is coming to be known and experienced even upon this plane. For you have agreed and grand it is, that you will come to this point of focus, this plane, this dimension, whatever you want to call it, and you will anchor your Light as the Light being that you are.
- 1995-0403-066 You will come and you will anchor your Light so that you will remember the totality of Light that you are so that others will see your Light and remember the Light that they are. You are all as grand beacons. And the Light that you are cannot be hid. Even in times when you in your own self-image would want to put the bushel over yourself and to hide your Light, all you do is a temporary hiding of the Light from yourself and others, others see your Light.
- 1995-0403-067 You are as a great Light that is set upon the hill and cannot be hid. All you do is just temporarily to put the hand over the eyes and to say, "I do not see. I do not see." And yet the Light that you are streams forth in such brilliance that the brothers and sisters have opportunity to remember the Light that they are.
- 1995-0403-068 The days to come, are as this evening. A time of grand reunion. A time when you will meet others of the brothers and sisters that perhaps you think you have not yet met in this lifetime. Ones that you would say are perhaps a stranger to you and yet you never look upon a stranger. You know them in the heart for that is where the reunion happens.
- 1995-0403-069 The days to come, grand times, exciting times. Times of great joy. It gets even better. And not because I come and I gift that to you. Not because

other masters as you would see them perhaps above and beyond you, indeed they are not. They are very much with you as you, but not because anyone has more power to gift that to you. It is because you have decreed that you will gift it unto yourself. You have decreed that the time is now. It is time to know the joy and the Love that you are and to live it in great dynamic quality.

- 1995-0403-070 That is why I have often said unto you that all that is necessary to do is to laugh and to dance. For indeed it is all a dance and to play as the holy Child that you are and to uplift the heart in singing. Be of good cheer for the gospel is your gospel. It is the good news of the days to come. If you will receive it, where are those days? Right here. Right now.
- 1995-0403-071 You are amongst those days. It is not something that you need wait for. You do not even need to wait until I descend in a beautiful chariot of Light. Surrounded by the angels and singing. That happens in your heart whenever you allow yourself to hear the angel that you are and to sing with your own heart.
- 1995-0403-072 I have been asked if the second coming will be as it has been prophesied, will I come from the Heavens in a grand chariot of Light with the angels? And yes I will. For some of the brothers and sisters for that is what they have decreed is necessary and that is what they will manifest.
- 1995-0403-073 For others of you that is not necessary for you have already found the awakening within your own heart, within your own Self. Will you see it? If you desire to. Anytime you look unto your heavens and you behold the beauty of the clouds, who put them there? You did. Yes.
- 1995-0403-074 **That's great.**
- 1995-0403-075 Exactly. Anytime you look unto your heavens and you behold a chariot of a cloud and your heart opens in joy where am I then? Yes, very much alive and well as you are. Yes.
- 1995-0403-076 **Cool**
- 1995-0403-077 Very nice artwork. {Looking at painted toenails} Yes. My beloved friend and teacher loves to do that, yes. I did not do that in my lifetime.
- 1995-0403-078 **Did I?**
- 1995-0403-079 Indeed, you did not. It was not the fashion. It was not necessary.
- 1995-0403-080 {Putting on a pair of sandals}
- 1995-0403-081 Ah, much better. Much more to the feel.

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- 1995-0403-082 **Want the other one?**
- 1995-0403-083 Yes, it would be more comfortable thank you.
- 1995-0403-084 **No problem.**
- 1995-0403-085 There, almost the right size. Feels good. Ah, very good. Very good. I have asked my beloved friend and teacher to purchase a pair of these. She hasn't done it yet.
- 1995-0403-086 {Jeshua walks around in the sandals that are much larger than Judi's feet.}
- 1995-0403-087 Feel the comfort of the foot. Do you know what she puts her feet into? Those things that go to a point. No use. Much better.
- 1995-0403-088 This, this is the days to come. These, right here, are the days to come. Not the fashion, but the joy that has just come forth, the laughter. That is what you are decreeing the days to come, to be.
- 1995-0403-089 And in that, I join with you for always I abide in the place of joy. That is why my greeting unto you is that I come in great joy to abide with you. For indeed always I abide in joy. I know our nature. I know that the holy child need do nothing to make herself more worthy. There is nothing that you can do to make yourself more worthy. You are already perfect. You are already as worthy as you will ever be. And in that recognition there is great joy for you need do nothing more except to play.
- 1995-0403-090 To do what feels good in the heart. To allow the heart to open. To be outrageous. Not outrageous in a place in a way that would make confrontation with your brothers and sisters that would set up the wall of resistance. Sometimes ones have heard the message of outrageousness and have thought that they must be so different, so far out, I guess your brothers and sisters call it, that others would draw back and draw a barrier.
- 1995-0403-091 But no, be outrageous enough to be the joy that you are. Even amidst what the world would ask you to do. To hold that joy most fervently in your awareness and to live that joy. That is being outrageous in the eyes of the world, for indeed don't you see how much suffering there is? How much heavy responsibility? You should feel weighted down. "How can you go with a light heart?" The world will say, and you in your outrageousness show everyone that not only you can go with a light heart but that you are the Light heart and so are they when they choose to know that. And in that, you transform the world.

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- 1995-0403-092 It is as we spoke earlier of the improv. When you allow yourself to be outrageous enough as you are doing, beloved one, to be happy amidst all of what others would see as challenges you uplift all of the brothers and sisters. You make them shift in their improv and sometimes there is a grand scurry to get into the new roles, into the new parts that they must play and it is beautiful to see.
- 1995-0403-093 Now would be a good time to take a break, to stretch the bodies. Perhaps allow some water to be put in and some water to be released. I know bodies, and then we will meet again and we will entertain the questions if there be questions. Until then, so be it.
- 1995-0403-094 {Break}
- 1995-0403-095 Are the bodies refreshed, and the Spirits awakened?
- 1995-0403-096 **Yes.**
- 1995-0403-097 Yes. Dynamic quality of aliveness. There is a feeling, there is a change in energy in this room since before you so-called break, for indeed we did not break anything.
- 1995-0403-098 But there is an upliftment of energy for the physicality known as the bodies needed a bit of reactivation. And in the reactivation of the molecules of the bodies, there was a heightening of energy as ones found themselves in communion friendship sharing from heart to heart. Yes, and does it not feel good?
- 1995-0403-099 Yes. It is coming Home again. It is the reunion of the heart family. All of your brothers and sisters are members of the heart family. There is no one that is excluded for the reunion happens in the heart and as each one is willing to go unto the heart and to say, "None of the appearances, none of the limitations of the boundaries that have been taught to me or that I have bought and paid dearly for," None of those matter. It is from heart to heart. That is where the reunion occurs and it need not even await what you would see as the annual picnic, the family reunion. You do not even have to wait to pack your picnic baskets for it to happen, although picnic baskets and food are fun.
- 1995-0403-100 Many times when you were so gathered in the multitudes that shared the time, my lifetime as Jeshua ben Joseph, for yes, you were there. Many times you came with the huge cloaks. A very good fashion that needs to be remembered perhaps and restored in this time. A piece of raiment that was worn about the shoulders and as a cloak and on the inside there were many

pockets. And you stored your loaves of bread, your cheese, your bottles of wine and you carried them with you.

- 1995-0403-101 You were ready at a moment's notice to make trek and you did. And when you were so gathered if it was time for a meal, a repast, you opened up the arm of the cloak and you took out what was necessary and you shared with the brothers and sisters if they did not have such an ample cloak as you did, and it was a picnic. A family picnic. A reunion again.
- 1995-0403-102 There is much joy in the nourishment that is taken into the body. It matters not what the molecules of that nourishment be. There is much of belief that would say there is more value in a certain nutrient, a certain way of nourishing the body. There is much, has always been, a value system.
- 1995-0403-103 But I share with you that it matters not what the molecules of that nutrient are. What matters is your belief about how it will serve the body and the joy that that brings forth from the freedom of not having to ingest a certain strict diet.
- 1995-0403-104 Now those of you who feel at home with a certain diet, that is well and good, for you have selected what serves you well. For another it may not be what will serve them well. So you may allow them whatever serves them at that point. And as we spoke earlier, as the masters of improv that you are they may decide that the what is called the rapid food, is not what they want to eat any longer. They wish to eat of the living food that has more, in the belief system, Light about it and they will find that their menu is changing and you may sit and say, "Ah ha, they have awakened. They have now come unto my diet."
- 1995-0403-105 {Laughter}
- 1995-0403-106 Each one chooses exactly what they need in that moment as they choose what they need in relationships and in experiences. So in other words, you do not need to, there is a term that runs through my beloved friend and teacher's mind, you do not need to get your knickers in a knot, about someone else's choice.
- 1995-0403-107 Allow them their choice unless they come and sit with you and say, "I have noticed a quality of wholesomeness about you. What is your menu?" And you will share with them what works for you. It is then their freedom of choice to try it for themselves and perhaps because of the belief system of what they have seen with you, it will work for them. Or perhaps they will try it, and you have done this all yourselves. Perhaps they will try it and they will say, "It does nothing for me. I don't know what this is."

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- 1995-0403-108 You have all done that. You have had friends who have been very much caught up in certain nutrients and they have been most enthusiastic about something. "This will turn all of your problems around." And so you have tried it and you have called unto me and you have said, "Jeshua, how come I don't feel anything with this? What's wrong with me?" That's what you have said.
- 1995-0403-109 Indeed, it has been a great opportunity to sit with that image of one's self to hear the voice of ego that habitually will come up with the question of, "What is wrong with me?" And then to say, "There is nothing wrong with me."
- 1995-0403-110 **Exactly.**
- 1995-0403-111 If you do not care for the Brussel-sprouts you do not have to eat Brussel-sprouts. You are the one who calls forth all of the nutrients. You are the creative holy Child who brings them and puts them upon a smorgasbord in front of yourself and if it serves you for a time interval to eat of the chocolate pudding, heaven forbid, then that is what serves the form for that time interval. If you eat it in a place of believing that it serves the form and if you eat it in a place of joy.
- 1995-0403-112 For I will share with you that when you ingest any substance immediately you transform it by your belief about what it is and about who you are.
- 1995-0403-113 Now, do you need to ingest anything at all? True, you do not. If you desire the freedom of not having ingest any molecules, and if that is a sincere desire that serves you well, then you will not need to. Or if you find what serves you best is to eat of the fresh broccoli and you make a meal, time and time again of the fresh broccoli and you eat it in joy it will supply everything that you believe the form needs.
- 1995-0403-114 You say, "But Jeshua, I'm not at that place yet. Would that I were." You will be if it is a sincere desire and if it serves your awakening. Grand miracle workers all of you. You bring forth miracles in every moment. You have just brought forth a miracle in the past moment for you have given yourself a new possibility. For some of you it will be a possibility and you will say, "What the heck, I don't like it." And that doesn't matter. For others you will say, "Well, it's a probability, I'll play with it." It doesn't matter. What matters is the joy and the freedom of that joy. That is what it is all about.
- 1995-0403-115 Delightful one, how are you this evening?
- 1995-0403-116 **I'm fine.**

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- 1995-0403-117 You are indeed fine. You are exhibiting what others would see as a challenge and for you it is a grand awakening is it not? {A broken arm}
- 1995-0403-118 **Yes.**
- 1995-0403-119 It has brought forth strength that you did not know, strength of creativity in figuring out how to even put upon the body the raiment and how to have flexibility even in the raiment itself and much more than that.
- 1995-0403-120 What would you ask this evening? Do you have a question? It is not necessary that you have one but if you do, this is the opportunity.
- 1995-0403-121 **Not at the moment.**
- 1995-0403-122 Delightful one, yes. You are of the Light and you certainly exhibit it. Have you seen a face so beautiful. Look at that face. Even the form itself shines forth.
- 1995-0403-123 **It does.**
- 1995-0403-124 It does. This one is a friend?
- 1995-0403-125 **Yes, a very close friend.**
- 1995-0403-126 Yes, indeed.
- 1995-0403-127 Beloved one, how are you this evening?
- 1995-0403-128 **I'm great.**
- 1995-0403-129 You with the sparkles upon the raiment that is showing forth the Light that you are.
- 1995-0403-130 **Thank you, that's how I feel.**
- 1995-0403-131 Yes, it is not by accident that you choose to wear the raiment that reflects the Light.
- 1995-0403-132 **I do that everyday.**
- 1995-0403-133 Yes. Would you have a question?
- 1995-0403-134 **I have many. It's hard to decide which one. I'm embarking on a new career and it's somewhat frightening, very exciting.**
- 1995-0403-135 Very good.
- 1995-0403-136 **But I get into fear about doing it. And I get into doubting my ability.**
- 1995-0403-137 Do you see what a grand teacher you are unto yourself? For you have brought together the very circumstances so that you can hear the voice of ego that will come up with the usual habitual doubts and questions and then to abide with that and to say, "What is my Truth?"

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- 1995-0403-138 **I know it.**
- 1995-0403-139 Yes. I was called to do it. What am I waiting for?
- 1995-0403-140 Exactly. There is what you would call a divine appointment. It is not by accident that this comes at this time.
- 1995-0403-141 **I have been told that.**
- 1995-0403-142 Yes. It serves others, but more importantly than that, it serves the one Self that you are.
- 1995-0403-143 **And a most growing experience.**
- 1995-0403-144 Yes, and you will find in the days to come as we have been speaking this evening that it will become easier and easier for you. For there is a growing remembrance of confidence. Know your confidence?
- 1995-0403-145 **I'm getting there.**
- 1995-0403-146 Yes.
- 1995-0403-147 **More frequently.**
- 1995-0403-148 Yes. A feeling of certainhood. You feel certain, you can trust. That is what you desire now to know in great clarity.
- 1995-0403-149 **I have the greatest desire to have my soul ascend over my mind.**
- 1995-0403-150 Yes. And have you desired and as you have decreed, so be it.
- 1995-0403-151 **I'm concerned about the ...?.., because I have this, seems like a battle with, I went on a forty-day fast and I've gained some of my weight back and I'm not liking it.**
- 1995-0403-152 Now, beloved one, that is a value. The form as I behold it is beautiful. There is a certain standard you will call it, that is agreed upon in society in this point of focus, that is held to be more attractive than another. That is rubbish.
- 1995-0403-153 **The energy with the body is what concerns me.**
- 1995-0403-154 Yes. The energy itself is most free flowing and dynamic. It is not the body that holds it back. As you are coming into the days ahead of you known as your future, because of the many shifts that you are allowing and that you are saying you are willing to have happen and already they are well in process. As you lay hold of the confidence of trust you will feel a lightness even within the body and it will not matter what the size looks like in the mirror, your looking glass. It will not matter what your little technological

thing that you stand upon, will not matter what those numbers say. You will feel most light.

- 1995-0403-155 This is what you are asking to know and you would perhaps say, "But I am coming around by the back door of this." Well it is not the first time you've come around by the back door.
- 1995-0403-156 **No, I sneak in there frequently.**
- 1995-0403-157 Indeed. Indeed, and there is nothing wrong with that either. It shows your creativity. But you are desiring to know the Light that you are and the lightness even in body. And the body serves you well. Do not let yourself be in a place of dis-ease with it, constriction, ill at ease, for it serves you well. It will in the days to come change a bit but that will not matter. That will be as an out-picturing of what you already feel in the inner.
- 1995-0403-158 You are one, beloved one, who has lived in the times of your Scriptures the multitude of years known as the three hundred, four hundred, five hundred years of a lifetime and know you that you expressed in those lifetimes with an amplexness of form. But there was such a joy about you of being so alive in life that you did not have time to lay down the body and to do what is called the recycling. You were so much in love with life that you went with a light heart and a light form and you were so caught up in extending the Light that you are that you just kept on and on and on.
- 1995-0403-159 And I will share with you that the form in those days was more ample than what you see yourself now to be steering about. But you felt very light for you knew you had to be light.
- 1995-0403-160 **That really is the most important.**
- 1995-0403-161 Yes. Even the form itself will change but that is not the goal.
- 1995-0403-162 **Could you please tell my brother that?**
- 1995-0403-163 {Laughter}
- 1995-0403-164 You may tell him that.
- 1995-0403-165 **For those that know him are laughing.**
- 1995-0403-166 I see.
- 1995-0403-167 **They enjoy that, as I do.**
- 1995-0403-168 Indeed. You are beautiful as you are. It is the heart that expresses and it is the Light that activates the form. Go you as the Light that you are. You will feel a lightness in step in the days to come and it will not matter if you

must purchase the raiment that is in the triple X size, is that numbering in your size?

1995-0403-169 **I hope not.**

1995-0403-170 I hope not, it is not within my knowing either. It will not matter what the raiment has to be for you will feel most light in heart. Then beloved one, perfect balance. Light of step.

1995-0403-171 **My children, especially Matt the beautiful one?**

1995-0403-172 Yes. There is much healing that is going on. Yes, not only healing of the body, but healing of all of the baggage that has been carried in lifetimes as he has felt them to be.

1995-0403-173 **Yes, most wonderful.**

1995-0403-174 Yes. He has agreed that he will do this for others and for himself. Is he not a joy?

1995-0403-175 **Most of the time.**

1995-0403-176 Yes.

1995-0403-177 **We have our moments.**

1995-0403-178 And you do the same for him you know.

1995-0403-179 **Uh huh. That was our agreement.**

1995-0403-180 That has been the agreement. You have said, "I will come and I will push certain buttons to allow an issue to come up and to be seen in order to know that issue and to heal it." In other words, to know it in wholeness for it need not be held in the limitation of appearance. Much joy there. That is what this whole evening is about.

1995-0403-181 Beloved one, with the beautiful smile. How are you this evening?

1995-0403-182 **I am much better that I've put down my fear for the moment.**

1995-0403-183 Very good. Fear is most heavy to carry is it not? And the voice of ego, the voice of past experience sometimes will put a bit of a burden upon the back, but the heart knows. The heart is what brought you here.

1995-0403-184 **That's true.**

1995-0403-185 Would you have a question this evening?

1995-0403-186 **Yes. You spoke of responsibility and I seem so confused with my mother and what is my responsibility there?**

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- 1995-0403-187 Your responsibility, beloved one, is to hold the Truth of this one's being and of your own being. It is not the first time that you have been together as mother and daughter. It is not the first time that you have been in relationship one with the other, for you have played the different nuances of relationship many times.
- 1995-0403-188 You have been as the support one to another many times and you have been as the teacher one to another many times. Hold this one in Love. See this one as the holy Child of our Father that she is and hold yourself in that Love as well for you are coming to the place of awakening in the heart to all of the Love that you are. And what you share with this one is the very steppingstone that allows your pathway to come Home. It is the same for the one known as the mother.
- 1995-0403-189 For what you share with this one allows her opportunity to see who she is and to see what relationship is all about. Be of light heart with this one for she is taken care of by the Father. It is not that you must do anything to take care of this one or to insure safety of the body, healing of the body, safety of the soul, whatever. It is in the Father's hands as it has always been.
- 1995-0403-190 Your job throughout all of this is to see the holiness of the situation and to abide in the joy of the heart. The peaceful joy that says, "I know that everything is held within the everlasting arms of the Father." Including the one known as mother and to love this one with a freedom of Love for she is a grand soul, as you are. Enjoy her.
- 1995-0403-191 For indeed when this one passes from the physical sight which is not immediate, but when she does there will still be communion with her. The bond of love is never broken. The bond of the heart is never severed. Many times the brothers and sisters will look upon the laying down of the body and see it as a loss. It is not a loss. It is a gain. It is an expansion that you are allowing yourself to step into. And yes, perhaps you need to choose another telephone company. In other words, another mode of communication. It is from heart to heart.
- 1995-0403-192 This one in the love that you share will always be companion to you and you will be to her, but in a freedom that does not speak of responsibility as the world would speak of responsibility. The response and the ability that you have to give that response is to remember the wholeness of the Child, the holy Child, and to feel most glad about that.
- 1995-0403-193 This one is doing very well, believe it or not, and so are you.
- 1995-0403-194 Beloved one with the sandals, how are you this evening?

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- 1995-0403-195 **I am enlightened.**
- 1995-0403-196 Indeed you are, there is a lightness about you.
- 1995-0403-197 **Thank you.**
- 1995-0403-198 Does it come from the sandals?
- 1995-0403-199 **No it comes from within, but the sandals do help a little.**
- 1995-0403-200 Indeed. What would you ask this evening?
- 1995-0403-201 **In my life I see many different pathways and many doorways opening and it's hard for me to choose which one to take. How do I know? Will I just know?**
- 1995-0403-202 Indeed you will. Allow yourself to follow the path of enlightenment.
- 1995-0403-203 **Right.**
- 1995-0403-204 In other words, the path that feels lighter to you. When you have options allow yourself to abide with the options as they would be set out on the banquet table before you. Allow yourself to look at each option. Not with the analytical mind, that will get in their first but after awhile it will settle down and then to have a feeling.
- 1995-0403-205 **Which would make me happiest you mean?**
- 1995-0403-206 Yes. Which will allow the heart to open and the joy to stream forth. For in that you serve all of creation including yourself. In that you find your dynamic quality of expression. It will not be difficult except as you get caught up into the "shoulds" of the world.
- 1995-0403-207 **Yeah, I understand that.**
- 1995-0403-208 Allow yourself if one of the options says to your heart that this is what excites the heart and perhaps the world will say, "But it does not bring the golden coins." Allow yourself to know that you can be most creative in creating the golden coins as well. You will always have what you need to take care of the form, the body. It has always been thus at this point has it not?
- 1995-0403-209 **Yes.**
- 1995-0403-210 Yes, you have always had nourishment. You've always had raiment. You've always had a place to stay. It will continue. So you will always have what you need as far as material possessions for you are not one who needs much in the way of material possession and what you call forth what you desire, it comes instantly to you in beauty.

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- 1995-0403-211 You are one who is able to manifest out of your heart what is necessary in that moment. What you bring forth now is the quality of joy and the quality of the holy Child saying, "Yes, this is my life and I will be happy in it." Then you are of service to everyone. But that is how to decide. Allow the heart to leap for joy. You already, if you will receive it, you already know the path. There is still a bit perhaps of the world garbage to get out of the way.
- 1995-0403-212 **Yeah, school.**
- 1995-0403-213 Yes, but even that can be a joy.
- 1995-0403-214 **Yes it is. I enjoy it very much so.**
- 1995-0403-215 So it is not what you would see as a heavy burden.
- 1995-0403-216 **No, not at all. You can find happiness in everything you do.**
- 1995-0403-217 Exactly, and if you are not finding happiness in what you are doing....
- 1995-0403-218 **Change it.**
- 1995-0403-219 Change it. There is always another way to look at things.
- 1995-0403-220 Exactly. There is no one who says that you must do X, Y, and Z. For if you will receive it, you have already done X, Y, and Z to the nth degree. You played that part many times. Now do what brings forth the heart and know that I do it with you.
- 1995-0403-221 For whenever you abide in the joy, in the bubbles of joy, there am I also.
- 1995-0403-222 **That's when it comes.**
- 1995-0403-223 Very very good.
- 1995-0403-224 How are you this evening, beloved one?
- 1995-0403-225 **Fine.**
- 1995-0403-226 You are indeed. What would you ask?
- 1995-0403-227 **Everything I thought of to ask so far, you've answered.**
- 1995-0403-228 Strange how that happens. There is but one Mind and even as there would be the questions circling about in the sea of this Mind, one Mind, you are as the fisher person who puts forth the net and captures it.
- 1995-0403-229 For you it is the same, whatever you would desire you put your creative talent to it and it manifests. Not always in the way that the world would judge. No, for you have often been what you would call the rebel. You have

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often been the one who has said, "There is another way of doing this and I will look with new eyes," and you have. And there you go again.

- 1995-0403-230 **I do like to be outrageous sometimes?**
- 1995-0403-231 Indeed you are. It is a great way to live for you are not constricted by anyone else's image. You have often been the iconoclast, the one who came in and said, "Well that image is all well and good for the past, but it is not good for me now." And you have broken that image and you have gone on in the unlimitedness of expression of the creative holy Child. That is what it is all about. Yes, bless you.
- 1995-0403-232 Hello beloved one.
- 1995-0403-233 **I'm fine.**
- 1995-0403-234 Is this not great? She is answering all my questions before they are asked. It is very much as you just said. I need not ask. Would you have a question?
- 1995-0403-235 **Ah, Oh, lots of them. I have the what if? She helps me a lot with that. About my dad. He's like the EverReady battery going and it's difficult for my mom.**
- 1995-0403-236 Yes. There is much of energy that keeps this one going. He is very much on a path of searching of wanting to come Home, of wanting to feel the peace that says, "It is okay to stop. It is okay to abide in peace and in silence."
- 1995-0403-237 But there are yet the remembrances of other lifetimes that propel him to be most active. Yet, the activity will bring him unto a place where he will stop and consider for he brings together exactly what will give him opportunity to pause and to ask, "Who am I? And why am I doing this? What does it serve?"
- 1995-0403-238 He is doing very well. He is has always been the one who has been most active. Many lifetimes active of body. Many lifetimes active of the mind. One who has been inquisitive in many lifetimes and has written the great works of knowledge that others have studied for he has been the creative Child in expression playing with ideas. Playing with what will the body do? Playing with what will my brothers and sisters do if I do A? Will they do B? And if I do C, will they do D? And so forth, on and on.
- 1995-0403-239 This is a very creative one, and yes, it can make challenges. But he sees himself as a challenger. Honor this one as the challenger he is. Appreciate the nuances of his creativity. Allow yourself to sit in the first row of seats and to behold the drama that he is enacting as the actor that he is and to applaud the nuances of acting that he does.

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- 1995-0403-240 It will put you in a place of appreciation and it will bring forth from him a bit of expanded perspective as well. This one is a delight. A challenge, yes. A delight. He is one who prods others. He has done that for you.
- 1995-0403-241 **All the time.**
- 1995-0403-242 All the time.
- 1995-0403-243 **Yes, thank you.**
- 1995-0403-244 But you have done that for him, too. In this lifetime and other lifetimes as well. It is a partnership that goes back very far back. But appreciate the actor that he is. He is a grand one.
- 1995-0403-245 **Yes, he is. Yeah, okay. Thank you.**
- 1995-0403-246 You are welcome.
- 1995-0403-247 Beloved angel, how are you?
- 1995-0403-248 **Wonderful.**
- 1995-0403-249 Indeed you are wonderful. Would you have a question?
- 1995-0403-250 **Yes, I do. I have kind of a two part one. First of all I'm finding so much of my focus in wanting to serve my brothers and sisters and helping them to find the love within them and I've been trying to put together a newsletter with my different thoughts and loving thoughts that I've read in wonderful books and I am wanting to also find out if its possible to be a channel for you in my area for my brothers and sisters?**
- 1995-0403-251 Indeed. Most possible. It is not by accident that the idea has come unto you and that you have played with it. For indeed in what you would see as other lifetimes you have been one who channeled the whole Mind, the one Mind for the brothers and sisters and it is the same in this lifetime.
- 1995-0403-252 For as you allow yourself the inspiration, the revelations that come, you are indeed channeling the one Self that we are. You may allow it to be an avenue as you would see a tailored to be and identified with my name and personality, but that is not necessary.
- 1995-0403-253 For indeed all channelers are coming unto the place where they are going to acknowledge the one Self that we are and there will not be the need to attach a label as validation.
- 1995-0403-254 So you may skip that stage if you desire, and channel your whole Self or you may play with channeling an energy that has a label for the time being. But always acknowledge that what you are bringing forth comes from the

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whole Self, and allow it to come from that expanded place of non-judgment, non-constriction known as Love.

- 1995-0403-255 It is a work beloved one that we have done in many other points of focus and it is a work which we will continue to do as a joy. Not as a work of heaviness, but as a joy. And it is not by accident that you are playing with it. Have fun with it.
- 1995-0403-256 **Thank you.**
- 1995-0403-257 Thank you.
- 1995-0403-258 Beloved brother, how are you?
- 1995-0403-259 **I'm grateful to in your presence again.**
- 1995-0403-260 It is a joy to be in ones presence in this manner, is it not? There is a joy in physicality, in being able to reach out and touch. To be able to exchange in tangible form, the energy that we are and to bring it to a point of focus where it is recognizable and yet it is always who we are. What would you ask this evening?
- 1995-0403-261 **I would like to know if God has a God?**
- 1995-0403-262 This would depend by what you mean by the word "God".
- 1995-0403-263 **An energy that is to that being that energy as He is to us. A source of energy, inspiration, enlightenment. Everything that He is to us, is there something like that for Him?**
- 1995-0403-264 The answer beloved one is yes, and no. In your understanding and definition of God there is a belief that you hold of what God is even as an energy that is somewhat more than yourself. This energy is who you are as you allow yourself to identify with the sea of beingness, not just the drop of water that you see yourself to be worshipping the sea and asking, "Does the sea have an energy, an entity that it worships."
- 1995-0403-265 You are the energy of the One Father, of the One Creator, of the God that is beyond the limitation of belief in God. In other words, the Allness that you are is beyond the finite mind. But it can be known in the heart. It can be known in the expansion of the willingness to say, "I surrender into my Allness, the Totality that I am."
- 1995-0403-266 Now does that totality of "I AM", have a God? Yes, in that that Totality knows Itself to be God, to be All and honors and worships that Totality for the Allness that it is.

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- 1995-0403-267 Does that Totality of Allness have a God? In the terms that the finite mind would describe? No. That is why the answer is both yes and no.
- 1995-0403-268 **So we hear and read that there are many universes and many dimensions. Is there not a counterpart? Is this Source the single source for all beyond the knowings of our mind?**
- 1995-0403-269 What you are understanding as universes and dimensions are within the context of the dream of the holy Child. The creation of the holy Child wanting to know, "What can I create? What is within my Father's Kingdom of Allness? Is there a boundary? Are there parameters to this? What within this kingdom can I do and experience?"
- 1995-0403-270 And with that first desire, that first thought came forth the dream that encompasses all of what you would know as universes and beautiful it is. But it is still within the definition of the context of the dream, within the definition of the context of the creation of the Child that is forever ongoing and forever experiencing and will come to a place of knowing itself to be It. All of It.
- 1995-0403-271 **How did it start?**
- 1995-0403-272 With the desire to create. To be like what it has conceived the Father to be. The Father as the One Creator. The holy Child is creative being the one Child. The holy Child is also creative and asks, not in time, but what you would see as a spark an instant that is outside of time, asked, "What more is there? What can I know? What can I experience? Where can I go? Who can I be?"
- 1995-0403-273 The question that is beyond the delineation of the mind. It was a question. It is a desire to create. It is your nature, our nature to be creative and in what you would see as the beginning, recorded in symbolic form, the gods, which is who you are thought to create and brought forth beautiful creations. And you knew yourself to be the Light that was creating form, that was creating all of the adventure. And having created universes, we desired to know experience among our creations.
- 1995-0403-274 We manifested light in a certain density of form, not as you see now, but as a fluidity of light coalesced to a certain point of expression to experience how it felt to coalesce, to bring together into a point of focus. How to bring forth the creation known as the animal life forms. The plant forms as you would call them now. The mineral forms of your very huge mountains which are very much alive with energy, and moving always in vibration.

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- 1995-0403-275 We desired to know creativity. That is how it began and then with what you would see as the evolvement of identification with form there has been a narrowing of point of focus that has brought you to a place and I also, for I experienced this as a man, to a place where there was identification with form and a forgetting that we are the God, the Light that has manifested the form and the Light that activates the form. And what you see now as a wave, a very contagious wave, for indeed there is but one Mind. Is a wave of awakening, of remembering that, "Hey, I am the one that created all of this. I am the energy that gives it life."
- 1995-0403-276 That is the awakening. That is the joy of which we have spoken this evening. To en-joy, to be in joy with all of the creations that you bring forth. Not only what you see in this point of focus in what you would call this dimension, this plane, but all other dimensions that you can imagine and beyond imagination.
- 1995-0403-277 That is how unlimited the One is. Does it not make the heart leap for joy?
- 1995-0403-278 **Well, I guess that we have a long time to think about it don't we?**
- 1995-0403-279 It will boggle the mind a bit. But that is all well and good for you live beyond the mind. The mind is the servant of the creative Child. You use the mind to manifest, to form what you think you see in front of you. But you are the energy that gives the mind life. Play with it. That is what it is all about. And then, beloved one, write.
- 1995-0403-280 Write your stories of unlimitedness. Write the fantasies as they would be called, that take you beyond the bounds of what the world has said. For the brothers and sisters will get caught up in what they see as fantasy and when the mind is temporary engaged in fantasy the heart lives.
- 1995-0403-281 It is something you have done in other lifetimes, as you see lifetimes to be.
- 1995-0403-282 **Writing?**
- 1995-0403-283 Writing. Yes.
- 1995-0403-284 **Thank you.**
- 1995-0403-285 **Hello.**
- 1995-0403-286 Hello, beloved one and how are you?
- 1995-0403-287 **I'm fine.**
- 1995-0403-288 Indeed you are. What would you ask?
- 1995-0403-289 **Then what purpose does ego serve?**

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- 1995-0403-290 Ego has been part of the dream of forgetting. It is part of the drama that you are now saying you will play. Part of the belief system that is accepted by what you would call a collective agreement and yet to even define it as collective would imply that there are separate individualities that have to come together and agree on this.
- 1995-0403-291 The ego is not known in other realities – realities with a small “r”. The ego is very definitely not known in the Reality – with a capital “R”. But within the drama that you have said you will come and play with right now, it is part of a belief that there is such a voice that would speak of separation. And yet what you are doing now is coming through that voice to a place of remembrance that says, “Oh, hey, this is just one of the plays of,” we will choose a playwright such as Shakespeare, “This is one of the plays of Shakespeare. I’ve play with these plays. I’ve acted in this. I’ve done all of the roles that Shakespeare has written about, now I will try another playwright.” And then you go on to another drama which does not hold the belief in ego.
- 1995-0403-292 **Any helpful hints on how to quiet my ego and use that moment of decision when I have freewill to make a higher choice?**
- 1995-0403-293 Exactly, just as you have spoken, to chuckle at the ego. To say, “Yes, message received. I understand where you are coming from. I will now choose from the place of expanded vision.” Ego has served you well in this drama. It has not been a mistake. It has been by divine choice. For you, as the holy Child, have chosen it as part of the ingredients of this drama. So it has been by divine choice, believe it or not. There are many of your brothers and sisters who would not understand that terminology but that is true.
- 1995-0403-294 So you may thank it for the service it has given you for it has pointed out to you limitation of belief. Many many times it has come and it has knocked upon the door of your mind very strongly. Many times you have run very quickly when you have heard that message and you have acted in a habitual fashion. But that no longer is happening when the voice of ego comes and knocks upon the door of your mind and insists that you let it it you are now being rather discretionary about it in saying, “I think there is another way to look upon this situation.” At that point already you are calling in the expandedness of whole vision.
- 1995-0403-295 Other times in this lifetime and other lifetimes, you have not even paused to consider what voice this is. “Where does this voice come from?” You have not asked that question. You have heard the voice and out of fear you have

reacted, not proactive where you choose because you know you have choices, but you have reacted because you felt there was just one choice and you'd better get busy and get on to it real fast.

- 1995-0403-296 Fear comes from the identification with form. It is form that can be threatened, seemingly, and yet even form cannot be in Truth. For I when I allowed the body to cease its functioning upon the cross, I because I knew my oneness with the life-force that we are, reactivated the body. Reactivated it with the Light that we are, and brought forth the form again. Slightly altered. The disciples and friends when they looked upon it did not at first recognize it for there was a transformation in the Light energy.
- 1995-0403-297 But you do this. You do this in a moment of happiness. You do this in a moment of revelation. Those who look upon your form in a moment of great joy and revelation see a transformation even of this form. It does not take what you would see as a tragic event of crucifixion to bring forth resurrection and transformation. You do that from moment to moment.
- 1995-0403-298 So when the voice of ego comes up thank it for being the companion that you have asked it to be. Thank it for serving you in what you saw the drama of other lifetimes to be. But also you cannot deny that you now know that you have a choice and the ego knows that you now know you have a choice.
- 1995-0403-299 So you see what has happened in this improv already the ego must shift and it does. Sometimes it gets a bit more subtle. Sometimes, but as you are vigilant within the heart you recognize it and you say, "Stop. Stop a moment. Where is that voice coming from?" That is the question you need ask. "Where does that voice come from?" Then to thank it and to get on with the options, the choices to be proactive.
- 1995-0403-300 There is nothing wrong with ego. Ego has been seen as the great villain. Something that must be slain. Must be thrown out somewhere, killed and if it ever comes back and knocks on the door again you are to slice its head off and kill it. Well you all know your battles with the voice of ego when it has come and you have sliced off its head. It has then grown what you would see as a dozen other heads. True? It has come up in other ways.
- 1995-0403-301 Allow yourself to be a peace with ego. To thank it. This is not the way of the world. The world would not speak this to you, but in the Truth of your being the ego has served you well in the drama. It has been your messenger, your teacher as you have asked it to be. You have asked it to be part of the ingredient in the script that you have seen yourself playing. There are certain elements of a script as you all have been actors and

actresses and you get a script that is given to you in the beginning and you agree to play a certain script.

- 1995-0403-302 There are certain elements that are in it then you go on and you improvise and you change from thereon, but there are certain elements and that is what the ego has been. As an element that you asked to be there.
- 1995-0403-303 Now, you, collectively here, are saying, "I am going to improvise and I am going to say, 'I have choices.' I have the choice to listen to the voice of ego that speaks of separation from the Allness that I am. That speaks from a place of fear that says I must defend, that I must judge others. That I must judge myself." But you have said, "No. No, I'm going to throw in a new element here. I have choices. I have the choice to know that I am the God that has been written about in the collective belief system that has written those Scriptures and those fables."
- 1995-0403-304 "Hey, what if I were one of those Gods? What if I have choices?" And then everything, all of creation shifts. So when the voice of ego comes up thank it for being on your stage for you asked it to be on your stage and then choose anew. Choose a new script for you are free to choose anew.
- 1995-0403-305 That is one of the other elements of improv that you have put into it. You are saying now, "I'm free to choose." And do you know what a great shift that has made in your drama? And where did that idea come from?
- 1995-0403-306 **Spirit.**
- 1995-0403-307 Yes, you. The great God that you are.
- 1995-0403-308 One instant that idea wasn't there, the next instant it was there. The power of an idea and everything shifts. So thank it. Be at peace with it. Do not be at war with it. For as you have to be at war with something you hold it tied to you in chains. You see it as an enemy and it holds it to you.
- 1995-0403-309 As you allow it to be only one of the elements in the script and not a very important one any longer, it dissolves into the shadows on the winds somewhere and you get on with a point of focus that you choose. And that is powerful.
- 1995-0403-310 **Hold us very well by the way.**
- 1995-0403-311 **Indeed.**
- 1995-0403-312 **How are you, beloved brother?**
- 1995-0403-313 **Joyous.**
- 1995-0403-314 You are indeed joyous. What would you ask this evening?

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- 1995-0403-315 **Well this is the first chance I've had to hold your hand but I meet you, or Christ consciousness as Jesus everywhere. So much I'm getting confused. Because I have the one that embraces me. The one that stands behind me and then I read of Sananda or Lord Jesus and here you are as Jeshua ben Joseph. All aspects the same Christ consciousness?**
- 1995-0403-316 **Exactly.**
- 1995-0403-317 **Then you can answer my question since you've come around.**
- 1995-0403-318 **Yes.**
- 1995-0403-319 **And the one that stands behind me is me?**
- 1995-0403-320 **Yes. It that not empowering?**
- 1995-0403-321 **Yes.**
- 1995-0403-322 **Yes. Go and spread the good news. Not upon a soapbox, but in joy. The good news is: we are the one Self and yes, you have now asked that I pop up everywhere and that I assume different names because there is still a belief in individuality and even that is beginning to dissolve so that you behold the Christ in everyone. And as you do that you recognize your One Self.**
- 1995-0403-323 **You are very much embraced by the One Self that you are. You have felt the energy that embraces you from behind and from in front. The energy that sustains you, that nurtures you, that comforts you, that holds out hope for you for you are that hope. You are the Light of the world.**
- 1995-0403-324 **Well then I'll thank you or whoever.**
- 1995-0403-325 **Thank yourself, beloved one. Who else could you thank.**
- 1995-0403-326 **The Christ consciousness that we are.**
- 1995-0403-327 **The emerging awakening One Self, the Christ Self that is now coming to the place of claiming, "I am Home already. I am awakened already. I am done with the process of thinking that I must search and I must seek. Hey, I've been found."**
- 1995-0403-328 **I find that as I claim that for myself it's for everyone also and that's also part of the coming Home. That's what's keeping me from coming Home.**
- 1995-0403-329 **Have fun with it, beloved one. That's what it is all about. It is beautiful that you have set in motion, you and the brothers and sisters have set in motion the dissolution, dislvement of the belief in individuality. That has not**

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come yet to be accepted and understood, but you are holding it as you would see perhaps a carrot in front and very soon you will be eating of it and you will know that what you eat of if your Self.

- 1995-0403-330 I thank you for that.
- 1995-0403-331 **Yes, thank us.**
- 1995-0403-332 Yes.
- 1995-0403-333 Beloved delightful one, how are you this evening?
- 1995-0403-334 **I'm doing okay, I guess. You are indeed. There is much joy. Many bubbles around you. What would you ask this evening?**
- 1995-0403-335 **Well, I've been having some health problems and my body gets full of infection and I can't seem to fight it off. I'm kind of wondering what I need to do to take care of that?**
- 1995-0403-336 The body is your perfect servant. It will bring unto you messages even as to the specificity of where the infections, as you would call them, occur. There is a message for nothing happens by accident. It is all what you would see as a morse code, except it is your own code, for allowing you to pay attention to belief.
- 1995-0403-337 There is a belief that you hold and it is a very common belief that there could be something not of wholeness about the body. I will share with you that the body is whole. Even as we stand and speak right now, the form that you utilize to express the Light that you are fluctuates between your allowance of wholeness and the constriction that you sometimes hold about what it is and about who you are.
- 1995-0403-338 In less than a moment's time you fluctuate from saying, "Yes, I am the beloved one of the Father and I am whole and perfect and I'm having fun expressing this way." And then there is the habitual belief born of many lifetimes of specific point of focus, identification with form that says, "Hey, there's something wrong with this form. I know there something creeping in. There's something attacking it. Oh, oh, there it is."
- 1995-0403-339 You fluctuate back and forth with it. Allow yourself to focus on the Truth of your being. The Truth of your being is that the body is perfect. The body is your Light coalesced into a form that you can express with in this point of focus that is defined by a belief system.
- 1995-0403-340 Now those are a lot words. What you need to know and to remember and to feel is what you have just done, the laughter. The freedom of that laughter. Your Father, you have heard it said, you have this saying even in

your world at this time. "Your Father does not create junk." Your Father desires you to know that you are whole, that you are perfect. For indeed you are.

- 1995-0403-341 The voice of habit comes up. The voice that would question and say, "There is a possibility, nay a probability. Nah, It's a reality that there is something wrong with the body." That voice, you have asked to come up right now so that you may abide with it and say, "Is this the Truth of my being? Or is it a belief that I have bought many many many times, and paid dearly for it? Does it serve me any longer?"
- 1995-0403-342 **No.**
- 1995-0403-343 No, and I am free of it. In the probability of the process of releasement it need not be a reality, but there is seen right now a probability. There will be a process by which you will know perfection of the body and then there will be a questioning. For you will feel an infection and yet you have known infections to come and go. You have known an infection to come within your mind there has been a thought, "Oh, oh, maybe there's something brewing here." And then it hasn't happened. Or, it has happened.
- 1995-0403-344 There have been times that it has crossed your mind and because at that moment you were caught up in sharing an anecdote of humor with someone or you were interested in something else going on. The thought has gone into the nothingness that it is and then it has come back again and you've paid more attention to it.
- 1995-0403-345 But where did it go when you had your point of focus on the sharing of a humor anecdote or getting lost, caught up into a story upon your visual box? Where did that idea, that threatening idea go for that time being? It went into the nothingness that it is. Then you allowed it to come back. You invited it. You said, "Hey, hey, maybe there was something there. Come back." And then you've played with it.
- 1995-0403-346 You are whole. The form that you use to express the Light and the joy that you are is perfect. Receive ye right now, that acknowledgement and Truth of your being. In other words, be ye healed right now, and you are. You have my word on it. But that matters not. It is your word that matters.
- 1995-0403-347 But your word, beloved one, is as powerful as my word. It is more powerful within your reality, and I honor your word. I see you as whole. Do not allow even the nuisances of temporary limitation of infection, of disease, whatever. Do not allow those nuisances to keep you from the joy that you have already chosen to express. You've got so much to do. You don't have time to be hindered. Have fun with it.

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- 1995-0403-348 **Thank you.**
- 1995-0403-349 Beloved brother, how are you?
- 1995-0403-350 **Excellent.**
- 1995-0403-351 You are indeed, excellent. What would you ask?
- 1995-0403-352 **I have no questions but thank you for sharing yourself with us this evening.**
- 1995-0403-353 It is my joy and my pleasure. You have invited me to come for indeed this gathering would not happen without your invitation and without your accepting my invitation to come and bring the coalescence of Light known as form, to this location. So that we could do what we have done in times past. To hold the hands, to look upon form and to honor the beauty of form. To know that it serves us well. It is a joy is it not?
- 1995-0403-354 **Yes it is.**
- 1995-0403-355 And when you look upon other's forms, is there not a beholding of the beauty of their form?
- 1995-0403-356 **Yes there is.**
- 1995-0403-357 Yes, that is what it is for. That's why you bring it forth. Thank you for calling me forth in this evening. I enjoy being amongst my brothers and sisters in this manner.
- 1995-0403-358 **Thank you.**
- 1995-0403-359 Thank you. There is much joy of the body that I feel with you. That is good.
- 1995-0403-360 Beloved brother, there is much joy of the body that I feel with you as well. That the world would not understand or acknowledge.
- 1995-0403-361 **That joy is me and I find I'm losing the joy of my Father, but I wish to be here.**
- 1995-0403-362 Yes.
- 1995-0403-363 **And although as you say it is perfect, the appearance thereof doesn't seem perfect to me anymore, or the feel of it or the restriction of it. I feel like I'm being pulled down.**
- 1995-0403-364 Ah.
- 1995-0403-365 **I hurt.**
- 1995-0403-366 Yes.
- 1995-0403-367 **I want to raise it up because I wish to be here and work.**

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- 1995-0403-368 And you do, beloved one. It matters not for the work that we do together whether there is form or not.
- 1995-0403-369 **It matters to me now.**
- 1995-0403-370 But it matters to you now, yes, it does.
- 1995-0403-371 **It's so hard now.**
- 1995-0403-372 Yes. And do you know what that is all about? It is about the threshold that you are on. You have come unto a beautiful threshold. And it is not the way the world would define a threshold, it is not to be seen in sorrow at all. The world would define it that way and you have bought into that many times, but you are doing this moment by moment for a grand grand purpose.
- 1995-0403-373 You are doing this a servant for the brothers and sisters, yes, you understand that. You have seen that you have given others opportunity to look upon appearance and to look beyond appearance. We have talked about before.
- 1995-0403-374 But for you, you are at the threshold now of coming beyond what you feel as the heaviness of body.
- 1995-0403-375 **I wish to make it Light.**
- 1995-0403-376 Ah.
- 1995-0403-377 **I am but I don't understand.**
- 1995-0403-378 That is where you stand right now at the threshold of it. Together we will make a new drama. Do not let yourself be constricted by the unpeace that has been a habitual worry. Together we make a new demonstration, a demonstration that all of your brothers and sisters desire to know themselves. It is the demonstration that comes beyond form. It is the demonstration right where you are right now that acknowledges I am the Light that activates the form and I will know my lightness.
- 1995-0403-379 All of you so gather in this room have heard his words. This one has spoken with grand clarity, "I desire to know my lightness."
- 1995-0403-380 **In the flesh.**
- 1995-0403-381 Yes.
- 1995-0403-382 **The heart and mind.**
- 1995-0403-383 Yes, exactly, you want to have it all.
- 1995-0403-384 **Yeah, all that I am.**
- 1995-0403-385 Yes. And as you have brought into clarity that desire it will be.

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- 1995-0403-386 **I hope.**
- 1995-0403-387 Do more than hope. Know it. Claim it. Know it. Hope yes, that is most important. Faith, yes.
- 1995-0403-388 **Yes.**
- 1995-0403-389 {Hugging}
- 1995-0403-390 Ah beloved one, you are such a joy. You are, if you could behold what you are doing you are playing your role beautifully. Even the questioning that comes up is part of what you have said you will do in your improv. Even the heaviness of body that you feel is part of the improv that you have said you will exhibit. You are perfection. You are the master of the role that you have chosen for a very fleeting moment.
- 1995-0403-391 **It seems like a long time when I'm here.**
- 1995-0403-392 Yes. And yet you desire of that time, right?
- 1995-0403-393 **Yes I do. Beautiful.**
- 1995-0403-394 Yes. That is what it is all about, is to behold the beauty. You are seeing that.
- 1995-0403-395 Know you, beloved one, that you have time. Time to express with the form even this form as you see it. It is not going to be taken from you. You are not even going to choose to lay it down immediately.
- 1995-0403-396 What you are on the threshold of exhibiting is the radiance of Light that is translucent, it is seen in the very cells themselves because it is Light.
- 1995-0403-397 **That's true.**
- 1995-0403-398 Yes. You are not alone in this and I do not speak just of myself. You are not alone in this for there are many of the brothers and sisters who have the same desire to know the Light that activates form. There is coming in the days to come the visual sighting of the Light that activates your form because you have decreed that you wish to see it with the physical eyes as well.
- 1995-0403-399 There is coming and rapidly now because everything as you have felt is accelerating and building upon itself. There is coming a time when you will see form yes, but you will behold the Light blob around that form that activates the form as you can do even now. As many of you can behold what is termed the aura around one.
- 1995-0403-400 This is going to be growing in radiance and intensity so that even ones who have not schooled themselves in seeing an aura would not even understand

perhaps the term, aura, will see the Light around everyone. They will see the blob of Light that is sitting there.

- 1995-0403-401 What you desire is not a solitary desire. In other words, it is held as a collective Truth that is coming to be manifest upon this plan and you may take heart in that for indeed it will be seen and you are not alone.
- 1995-0403-402 You are doing very well. Speak that unto the body.
- 1995-0403-403 **Not lately.**
- 1995-0403-404 Ha, and yet you are, beloved one. You are beauty to behold. Not just the form. The form yes, has beauty. There is beauty even in what the world would judge to be different. To heck with that. You have already said, "To heck with that," for you have said, "I will come as the master that I am and I will play a part that not many would choose to play. But I will play it out of the great strength that I know myself to be." That is why. Not as a fault, a limitation, a lack, a punishment. No. Out of the great knowingness of the strength you have chosen to express this way. And know you that because you have known the strength to make that choice, the goals of what you desire is inevitable as well.
- 1995-0403-405 **Thank you.**
- 1995-0403-406 As they say, keep the faith.
- 1995-0403-407 **I can't do otherwise.**
- 1995-0403-408 No.
- 1995-0403-409 Beloved brother, gentle soul. How are you this evening?
- 1995-0403-410 {Sighing}
- 1995-0403-411 That's a good one. It feels good to breathe does it not?
- 1995-0403-412 **Yes, it does. It feels good to be alive.**
- 1995-0403-413 Yes. What would you ask this evening?
- 1995-0403-414 **Is my script all played out? I feel like I have turned the page to a new chapter and it is blank.**
- 1995-0403-415 Oh, very good.
- 1995-0403-416 **And I don't know what to pen.**
- 1995-0403-417 Ah, that is truly exciting. For when the creative holy Child comes to the place of a blank page, watch out all of creation.
- 1995-0403-418 {Laughter}

- 1995-0403-419 Pen from your heart. Pen from the imagination that says, "What does Heaven on earth feel like? How do I bring Heaven to earth?" First of all, sit with the idea of what Heaven is and then how do I manifest that? What do I write on the tabula rasa? The erased tablet, the blank page. What do I write from my heart?
- 1995-0403-420 Indeed, beloved one you have finished with what you would see as the script that was given to you. The script that was written. That is what this age of enlightenment is all about. That is why the prophecies finish in a few years of your timing. It is because all of the brothers and sisters, all of the creative child, holy Child focus upon this plane.
- 1995-0403-421 All are coming to the blank page. That is why it could not be prophesied and foretold. It is because it is a blank page. And what you have decreed very deep within your soul as you would know an individual soul to be, what you have decreed is that you will know Heaven upon earth. You will know beauty in physical form, in physical creation. You will know beauty in relationship. You will know beauty in love expressed. All the infinite varieties of expression of Love and harmony brought forth.
- 1995-0403-422 Now, beloved one, how would you like to do that?
- 1995-0403-423 **I would like to do that with utmost care for I do care and I wish to honor all of the other participants in this day and time.**
- 1995-0403-424 Indeed, and to support them in writing upon their blank page as well. But as you are the one who will go first and often you have been one who has gone first into a new land, you will write what others will see as inspiration.
- 1995-0403-425 In other words, you will choose for yourself what brings forth joy, heaven upon earth and will encourage them to know their heart as well. You have often been the one who was out on the crest of the wave beckoning to the others and saying, "Come along for the ride. It is really great."
- 1995-0403-426 **I haven't crashed yet.**
- 1995-0403-427 Indeed, you have not and you will not. It is an exciting time to have the point of focus right here in this reality. The reality with a small "r" that you are bringing about within what is seen as the drama. And yet the reality with the small "r" is reflecting and coming into remembrance of the Reality with the capital "R" that I am, the totality that we are. That is what you desire to know.
- 1995-0403-428 So yes, do it with care. Do it with nurturing. Nurture the inner Self and the inner Child of others. Allow others as you have already done, to know that it is safe to share with you their heart's desire. For indeed when ones get

through all of the habitual baggage the heart's desire is the same. It is to know Love and to express Love. It is to awaken unto the place of knowing that I am my Father's Child and I am loved as you are.

- 1995-0403-429 **Grant me a boon. As pioneers we, just a simple reassurance that there is guidance, there is help, there is support, there is someone saying, "Hosanna."**
- 1995-0403-430 Truly a pleasure. Indeed it was not spoken about your guidance for what brought you here this evening?
- 1995-0403-431 **I was set up.**
- 1995-0403-432 {Laughter}
- 1995-0403-433 Beautifully so and you agreed to it. Amazing isn't it?
- 1995-0403-434 **Yes.**
- 1995-0403-435 You have much guidance. You already know within your heart what you wish to write on your blank page. You are not alone in this and there is much guidance of what you would see as others, angels, masters, guides, friends that you see expressing with form. Many who will come and they will share with you an idea, a thought, a sentence. They may pay not attention to what they've said. Out of the mouth and they have forgotten it. But for you it will be the neon sign and you will say, "Yes, I want that on my page." And you will grasp it.
- 1995-0403-436 All of your experiences that you would call lifetimes, you have been guided. It is the same in this lifetime. You find yourself going places spontaneously. All of a sudden, impulse, and you go. Where do you think that comes from? It comes from the guidance that you are. That you are willing to listen to.
- 1995-0403-437 And you would say, "Well, it's perhaps a voice out here. It is a voice on my shoulder. It is a voice from a master." True, but it is you. You are your own master. You are not separate from the ones that you would see as having infinite wisdom. For indeed where are they as you think upon them? Right here. Right here, it can be nowhere else. They are right here in your consciousness. And they are what you would see as aspects of yourself, yes. At this point of belief they are aspects of yourself until you come to the place where there is the dissolution of belief in individuality and then you embrace all of them.
- 1995-0403-438 But you are doing very well with it and the boon beloved one, has already been granted. You do not do anything alone. It is only again the belief in

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ego, the belief that has been accepted as part of the drama up to this point, that would say, "I am here all by myself. What do I do now?"

- 1995-0403-439 **Beloved teacher, how are you this evening?**
- 1995-0403-440 **You tell me.**
- 1995-0403-441 **Indeed, I have already told you. You are the joy of the Father, you are perfect. What would you ask this evening?**
- 1995-0403-442 **You've given a lot of my answers to the lady over there and partly to him.**
- 1995-0403-443 **Yes.**
- 1995-0403-444 **Because, will I be able to change my drama and let go of pesky, pesky physical things?**
- 1995-0403-445 **Yes. It is already in process. Even as you voice the desire it is in process and cannot be denied.**
- 1995-0403-446 **I've been trying to not flip flop as you were saying that she does, I do. I have been very consistent and I just wonder what I feel with him, how long, how long? And I know that I'm fine and my being is fine, you know my service with you is fine. But I'd sure like to have a little more release....**
- 1995-0403-447 **The lightness of form, yes. A flexibility, an ease.**
- 1995-0403-448 **Because it's very handicapping to my service and difficult to be joyful in the midst of all. I'm getting there.**
- 1995-0403-449 **Yes, and what you have just spoken is the answer for indeed within every question lies the answer. You have said that it is hard to be joyous within it and the joy is the answer. Allow yourself to laugh.**
- 1995-0403-450 **I never lose that.**
- 1995-0403-451 **I know that you do and it is most healing. Immerse yourself, nurture yourself in what the Child wants to have. Play for yourself what are known as the uplifting videos, the humorous videos. Allow yourself a trip to make trek unto a geographical location that excites the heart and to abide within that vibration which is most healing.**
- 1995-0403-452 **You have been as one who has fulfilled what was necessary in this lifetime. There have been prices that have been exacted from you, from others who have said that they desired, subtle ones from time to time, some more ostensible than others. But you have been the one who was willing to pay the price and to put yourself in the background for awhile. It is now**

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necessary to nurture, to luxuriate yourself. For indeed your Father would and does. He showers upon you all of the riches, all of the jewels of the Kingdom.

- 1995-0403-453 He says unto you, "Beloved Child, this is but a plaything to play with. Enjoy." You are loved of your Father and He showers upon you all of the luxuries. Allow yourself to accept them for it pleases Him.
- 1995-0403-454 Not pleases Him in a way that you would see Him to be a grandfatherly figure that would personify and delineate, but it pleases Him because you in that pleasure allow yourself to augment your awareness of who you are, to come into that place of increasing the joy, the frequency of joy that is registered upon this plane. That is part of your improv beloved one.
- 1995-0403-455 **Okay. Thank you.**
- 1995-0403-456 {Sobbing}
- 1995-0403-457 Thank you. Beautiful. There is an ease even now that is spreading within the body. There is an ease because you are worthy of it. There is an ease that has been long in coming but it is your divine birthright for you are that Love. Allow yourself to bathe in that love, to feel the ease of Light throughout all of the body and to no longer carry the constrictions of responsibility and burden. You have finished with that part. You've done that. There is an ease that flows throughout all of the body. Take that with you.
- 1995-0403-458 **Right.**
- 1995-0403-459 {Hugging}
- 1995-0403-460 **That was very touching.**
- 1995-0403-461 There is much of healing this evening. Healing of the body, yes, and healing of the Spirit to know its wholeness.
- 1995-0403-462 Beloved angel, beloved delightful one, beloved Child, how are you this evening?
- 1995-0403-463 **I'm fine.**
- 1995-0403-464 Did that embarrass you?
- 1995-0403-465 **Yes.**
- 1995-0403-466 Good. What would you ask this evening?
- 1995-0403-467 **I have a question about you.**
- 1995-0403-468 Very good.

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- 1995-0403-469 **I was wondering if you could share with us, I know in reading the book "Jesus & Mastership" you mentioned several times about your habit of going into prayer and meditation to renew yourself.**
- 1995-0403-470 **Yes.**
- 1995-0403-471 **I was wondering if you could share with us what meditative techniques you used or what were your meditative practices? How did you go about your meditation?**
- 1995-0403-472 **There were various ones according to my unfoldment, the stages of my understanding. Ones where I started in my training in praying unto an energy, a being we will call it, beyond myself. Recognizing that I am that Self but still feeling that it was beyond my knowing, my understanding at that point.**
- 1995-0403-473 **This phase of remembrance came with what you would know as my schooling for as an infant and a toddler, a very young child, I did not worry myself at all about it for I knew myself to be the joy of living. To just be. But as I grew a bit taller in stature and as I began the studies of what was held to be the collective belief in the community where I was raised, I identified with those beliefs and it was necessary for the demonstration that I was to make and for what goes on right now.**
- 1995-0403-474 **There was a relatedness that was necessary to be in conscious awareness. In other words, I agreed to go through the temporary forgetting so that I could relate to what you are and have been experiencing. So there was, what you would see as a phase of forgetting where I was taught to revere the ancient wisdom. Where I was taught to pray unto a larger being.**
- 1995-0403-475 **It was interpreted in some ways to be beyond me and in others, by others who had a bit more insight, they allowed me to see what I already knew that I am part of that sea of Beingness. I studied the Scriptures. I was voracious in my hunger to read all of the Scriptures and all of the writings. I studied not only in what you would see as my homeland, but I traveled unto far distant lands and I learned from the masters there of the wisdom that they had brought forth and remembered. And they shared with me other techniques, you will call them, of realizing, bringing into awareness, making real in awareness, of realizing my oneness as life.**
- 1995-0403-476 **So there were what you would see as the practices of silence. The practices of going to the heart, the quietness of the heart and abiding with my Self. Of beholding the beauty of our Holy Mother, the Earth for that was very early on a beauty that I understood and it was a beauty that was reinforced by the community in which I was raised.**

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- 1995-0403-477 It was reinforced in the other cultures as well. There was a remembrance of the oneness through the beauty that I beheld in all of creation. There were challenges, tests you would call them, put to the body for me to come through that to know my own strength of energy that activates the body. There were tests where I had to rely upon a small crumb, as it felt at the time, a small crumb of inner knowing that then grew to be the whole loaf.
- 1995-0403-478 My Truth which is the Truth of your being — with a capital “T” —is that I and the Father are one. This is how I spoke it to myself for it had great meaning and I spoke it to my disciples and to the multitudes who came to hear the wisdom, the inner wisdom that they called forth. I and the Father are one. I am that Oneness, that Totality of All Light. Described as Light because it is forever ongoing. Experienced as Love for Love in its true expression is expansion. It is not constricted. I and the Father are one.
- 1995-0403-479 There were many evenings that I did not sleep as you would know the sleep of the body to be. I allowed the body to rest in a very peaceful state and I went within to the place of the heart and I knew over and over, I and the Father are one. I and the Father are Life. I am Life. I am One. I am the Father. I AM.
- 1995-0403-480 Over and over for at first as we have said earlier this evening, one plays with the concepts of the mind with the possibility, with the probability, with the reality until one comes to that place of knowing within the heart the still small voice that endureth forever.
- 1995-0403-481 You are that voice. You are that I AM. If it were otherwise, you would have called that forth. Thank you, beloved one. Is there anything else that you would ask?
- 1995-0403-482 **Well I have about a page and a half worth, but I’ll save that for tomorrow.**
- 1995-0403-483 Ha ha, very good. This is one who has always had many questions. This is one who has always asked of herself the questions, as you have. That is why you have been and still are teacher unto many. But this is one who has never been satisfied with, well I need not finish.
- 1995-0403-484 {Laughter}
- 1995-0403-485 Your friends know you well.
- 1995-0403-486 Beloved flower, how are you in this evening?
- 1995-0403-487 **Feeling a lot of light. Feeling very expanded.**
- 1995-0403-488 Yes. What would you ask?

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- 1995-0403-489 **I feel like I've been playing with that tonight in the sense of feeling how incredibly expanded I feel, but what it feels like when I contract and I'm getting to where I just can't stand it anymore to contract.**
- 1995-0403-490 **Yes.**
- 1995-0403-491 **And I'm feeling that one of the things I contract around a lot is fear of what other people think and fear speaking my truth and fear of other's reactions. And I want to stop doing that so I can stay expanded.**
- 1995-0403-492 **You are already doing that for as you have voiced the desire know that that is in process. For you would not have had the courage to voice that desire if you were still holding yourself in the place of limitation.**
- 1995-0403-493 **You have come through what you would see as much fear of expressing your truth. You have manifested for yourself, many lifetimes where you have "proved" that it was unsafe to speak a truth other than what the brothers and sisters wanted to hear. And you have laid down the body in very torturous manners. All of the ones that you can imagine. And so you have come with a remembrance even carried within the cells of physicality that has said, "We will walk the straight and narrow according to what others approve of, for if we don't the body will be threatened."**
- 1995-0403-494 **And yet, where are you? You are at the place of improv again. You are saying, "But I think there is a choice here." And indeed there is a choice and this time, beloved one, you will not be crucified. You will not be burned at the stake. You will not become one of those what they call "crispy critters".**
- 1995-0403-495 **{Laughter}**
- 1995-0403-496 **For indeed you do speak your truth more loudly than you know through who you are and the choices that you make for yourself. If you will receive it, you need not put it even into the words to speak your truth for what you choose to be speaks so loudly that you do not need the verbalization of the language.**
- 1995-0403-497 **In other words, you don't have to worry about hauling out the soapbox and standing up there and speaking your truth and thinking, "Will they throw tomatoes at me and if they do I'll make a salad." You don't have to worry about that. The Truth of your being is being spoken in every moment through the eyes, through the smile, through the comforting arm around the shoulder, the hug that you give, the support that you give. For when you say unto a friend, "I am here for you," you are speaking your truth.**

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- 1995-0403-498 Truth need not be spoken in a confrontative way. Many of the brothers and sisters still see that as being the avenue for conveying Truth. That does not allow the heart to open. But the Truth that you speak beloved one, comes without words and it is most accepted by the brothers and sisters because all of the brothers and sisters are looking for Love and for support and for encouragement to know the heart that they are.
- 1995-0403-499 So you need not have fear. There is no prescribed way of speaking your truth. In other words, ones may find it their avenue to speak the words, to teach classes, whatever, to hold meaning. Others....
- 1995-0403-500 **I am not drawn to that.**
- 1995-0403-501 No, others do it by the simplicity of the life that they lead. That is what you are doing. So you don't have to judge yourself and say, "Well, I am not doing what this brother or this sister is doing. Maybe I'm not speaking my truth." You cannot help but speak your truth.
- 1995-0403-502 **I can.**
- 1995-0403-503 You are a delight.
- 1995-0403-504 Beloved one, who is as a servant unto many of the brothers and sisters and has for many lifetimes been the one who provides for others the tools, the catalyst for remembrance. How are you in this evening?
- 1995-0403-505 **Very good, thank you.**
- 1995-0403-506 You are indeed. What would you ask?
- 1995-0403-507 **Well many of the questions that I would have had have been asked through other people.**
- 1995-0403-508 Funny how that happens.
- 1995-0403-509 **Right. I just thank you for being here.**
- 1995-0403-510 It is my joy and it is my honor. I am most joyous to see that you and the brothers and sisters so gathered here in this room who are but the symbols of many many others who are now at a place of saying, "I will arise and return unto my Father's Home." I am most pleased that you are allowing this truth to be known and to be spread at this time.
- 1995-0403-511 And beloved angel, one who has expressed many times in angelic form and who has also said, "I have the courage to come and bring form to this plane." How are you this evening?
- 1995-0403-512 **Just fine.**

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- 1995-0403-513 Yes. What would you ask?
- 1995-0403-514 **Many of my questions I've had confirmation through the evening but I'm going to be retiring in three months, not by my choice but I have so many avenues in which to go. I'm not sure which avenue to try to follow.**
- 1995-0403-515 First of all, beloved one, it is by your choice. You have put together the events that look like others are deciding this for you, but you have asked them to play that part and it serves you well. For you deserve the retire. It has been called sometimes a retread, for you are ready to go on more of the journey. You are pausing for a moment or so to retire, to retread, to relook to see what direction I now desire to go in.
- 1995-0403-516 It is much as we have spoken to this other beloved brother, you have before you a blank page but it also has some options upon it. Allow yourself to sit and to consider, as you have, the options, and to ask, "Does this one bring me joy? Or would I rather do something else?"
- 1995-0403-517 For you have come to a place in this expression of life, lifetime, where you are free to choose. There will be the substance perhaps not as much as you would like, but that is always a question. But there will be the substance that will see you through making a choice and you are desirous of being of service. But you want now to nurture the Child that you are in that service.
- 1995-0403-518 Not just to just do it because you have to, or because it looks like the proper thing to do or it is necessary. But it is now because, "I want to do it. I want to spread my joy in a certain way." So abide with the options as they occur to you and see which ones, which area of ones excite the heart. Do a bit of what is known as your networking for you have a grand network and see what comes from that.
- 1995-0403-519 You will find yourself choosing a different avenue. Something that perhaps you have thought of in other times but dismissed very quickly as not being possible. Now it is possible. You are perfectly free to choose what excites the heart. What allows the heart to come alive. For no matter where you are you are bringing your angelic presence and no matter what you do all of creation will be served.
- 1995-0403-520 But allow yourself in this period of examination, introspection, reflection, to ask of yourself, "Beloved Child," ask of yourself this tomorrow, this evening before you put the head upon the pillow, "Beloved Child, what would you like to do?" And then ask the Father, "Okay Father, how do we do this?" And then off you go.

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- 1995-0403-521 **Another question that with Easter coming up I'm going, my son is sending an airplane ticket to visit three sons who don't think that I'm okay in my way of thinking.**
- 1995-0403-522 **Have you ever heard this before?**
- 1995-0403-523 **{Laughter}**
- 1995-0403-524 **Going down there Easter Sunday is really a challenge in itself. I have found myself when they say, "Have you been saved? Do you believe in Jesus? Do you believe?" And I say, "Yes. I believe in Jesus. Jesus is my savior," because I don't tell them that I don't believe the same way they believe, but I believe what you teach us, what I believe and what you have taught.**
- 1995-0403-525 **Yes.**
- 1995-0403-526 **What I should live by, by what you have taught. That is what saves me. So I'm hoping that this year all they will ask is, "Are you sure you're saved?" And I'll say, "Yes."**
- 1995-0403-527 **I know for surety I am saved. I have it on the word of Christ.**
- 1995-0403-528 **{Laughter}**
- 1995-0403-529 **Thank you. Thank you for a wonderful evening.**
- 1995-0403-530 **It has been my joy. And indeed when ones say unto you, "Have you accepted Jesus Christ as your savior? Is Jesus Christ your savior?" You may say, "Yes," and do you know why? Because I am you. We are the One Self and when you take yourself past the point of limitation that identifies just with personality, one expression as it is seen in individuality in this point of time, when you allow yourself to expand into who you truly are, you are your own savior. You are Jesus Christ. You are the One Christ.**
- 1995-0403-531 **Hallelujah!**
- 1995-0403-532 **Praise God! Yes, you may praise your Self for you are the God that brought forth all of creation and much joy there is in it. There has been in a drama that you have said, "Yes, I will play for the fun of it." There has been seen the other side of joy. There has been seen the sorrow, the suffering, the other side of the coin and you have chosen from time to time to say, "I will know intimately suffering. As the creative holy Child that I am, I want to know intimately how it feels to suffer. Makes me a better actress."**
- 1995-0403-533 **{Laughter}**

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- 1995-0403-534 That's been said many times. So you have researched infinite modes of expression in order to know tragedy, suffering, but part of your improv has been, "I'm going to throw in a choice. I'm going to ask, 'Is there not another side?' Perhaps, there is another way to play this role. Perhaps there is joy. Perhaps," and then you've gone past the perhaps and you've said, "Hmm, I think it's probability." And then you've made it a reality.
- 1995-0403-535 That is what the days to come are all about for you and for others who have the eyes to see with joy and the ears to hear the angelic singing, the singing that is truly your heart expressing. Do the angels sing? Of course they do. Yes.
- 1995-0403-536 You, as you express right now in what is a seeming individuality, a coalescence of the Light, you are a vibration. The energy is a vibration and if you could hear there is a grand chorus of what you would see just these ones so gathered and it is joined by others that you would call the Light beings and the angels for you are in a sea of beingness, the One that you are and yes, there is an angelic chorus.
- 1995-0403-537 And if you have the ears of the heart to hear it, it is most joyous. If you have the ears of the world you will hear discord. But now you are into improv and much joy will it bring you. That is what the days to come are all about, joy, fulfillment. Fulfillment of the desire that you expressed even before time began. Enlightenment, yes, for you will know the Light that you are even as you express with the form. Resurrected, yes. Transformed, yes. Transformed by the joy that you are.
- 1995-0403-538 Be of good cheer. Be of Light heart for that is truly who you are and spread the gospel. Not the gospel of one who lived many many years ago, but your own gospel. The Truth of your being and it is good news. It is joy. And as you allow yourself to abide in that joy know that we, as the One that we are, come Home.
- 1995-0403-539 So be it.