

The Healing Center

1994-10-28

Jeshua, Margaret Fuller-Hiller, David Hiller

- 1994-1028-001 Beloved and holy and only Child of our Heavenly Father, Child of the One Source, Child of Light divine. I am the one known as Jeshua ben Joseph, you have called me and it is in great joy that I come to abide with you this evening in your timing as you have chosen to turn the focus of your attention unto me.
- 1994-1028-002 For indeed, always I am with you. Always I am closer to you than your very breath for I am within, within the heart that beat as one and whenever you turn the focus of your attention unto me, whenever you speak unto me in prayer, in meditation whenever you call out to me even upon what you would know as your golf course, instantly I am with you.
- 1994-1028-003 {Laughter}
- 1994-1028-004 Many times I am called upon on the golf course and indeed it is my grand pleasure to be upon the golf course for indeed, there one is much in communion with our Holy Mother, the Earth with what is termed nature and the communion with the energies of our Holy Mother, the Earth is most healing. As you allow yourself to become one with the angel of sun, with the angel of water, the gentle rain that you have so often in this area of your country, as you allow yourself to become one with the wind that blows so gently, or sometimes more powerfully, there is much healing that occurs.
- 1994-1028-005 If you would know healing in your life, in your experience, be aware in every moment of your oneness with whoever stands in front of you for indeed you have never looked upon a stranger. You behold only your Self. There is no one that is outside of you. There is never a stranger. It is the Love that you are that you behold. And as you allow yourself to come unto that awareness of oneness, to feel the exhilaration of the energy of life, what happens? What happens beloved brother?
- 1994-1028-006 **I'm elated.**
- 1994-1028-007 Indeed, the very vibration of what you know as the body is allowed an acceleration. It is allowed to come unto a place of expressing more and more of the energy that you are, of the Light that you are. For in times of joy, times of what is known as rapture, if you could measure and your

scientists are coming to the place now where they can measure the Light that you are and the energy that you are, you would see a grand radiance.

- 1994-1028-008 When you allow yourself to be in joy, to even laugh at a joke, to share with another the humor of an incidence that has happened, when you allow yourself the upliftment of the energy in joy the whole body responds to that and comes alive. What you are doing in scientific terms according to your scientists who measure these things, is you are allowing the great ray of Light that you are to be radiated more freely through the very cells of the body themselves. You are turning your Light on. Yes, you are moving it from the place of what you would call the night light to the place of the grand flood light that you are.
- 1994-1028-009 **If you will receive it, and I know that you will, beautiful one. Thank you.**
- 1994-1028-010 In the days to come you will behold with the physical eyes, the Light of a brother or sister who stands before you. Even now this can be seen by many. It is termed the aura, the energy around the body and what will be coming to be seen even with the physical eyes, is the Light that you are in more and more radiance.
- 1994-1028-011 For you are allowing the energy to be acknowledged, to be felt, to be recognized, to be realized as they call it, for indeed it is real and you are making it now, very real in your awareness. You are allowing that energy to be radiated through the physical body itself and you will behold a brother before you and you will see, yes, the form, the outline of what is known as the body and you will behold the Light that that one is around the body as well.
- 1994-1028-012 To the point where the belief in separation will no longer be tenable. It is true even now, that the Light that you are intermingles with the one who is sitting next to you and standing in front of you and the one who is behind. The Light that you are is very much intermingling throughout all of this room and beyond for indeed, the walls and the windows they do not hinder the Light that you are. Your Light extends as an infinite ray of Light, of energy.
- 1994-1028-013 But in the days to come you will behold this even with the physical eyes, to the place where you will know that there is not separation. You will very much come and intermingle and blend the Light energy with another one and as you allow yourself to abide in Love with that one, as you allow yourself to abide in joy with that one in exhilaration, elatedness as you have called it, you will see even the Light itself stepped up in the amplitude and

intensity. And no longer will ones say that this one is contained within the body for indeed you are not contained within the body. The body is contained within you as the Light that you are.

- 1994-1028-014 You are the energy and the Light known as consciousness that attracts the molecules of matter, of physicality, to yourself in the design pattern that you have chosen. And it serves you well. The body is your perfect servant. It mirrors to you in every moment your image of who you think you are and how you wish to express. And it is the way of the world, the voice of the world, that would come and have judgment upon the appearance and upon the function of the body.
- 1994-1028-015 Whenever there is judgment, pause, stop quickly and ask of yourself, "Which voice is this? Where does this voice come from?" Does it come from the place of the world that would see with limitation? That would see with complexity and would come to the place of judging value more or less? Or is it the voice of Love that speaks of your true nature that is ever ongoing and that knows that you choose in every moment what you are collecting to yourself as the design pattern of the body and how you are seeing the interaction with others? How you are seeing the circumstances of your life?
- 1994-1028-016 Always you are the master. It is not just one such as I who have been seen to be the ascended masters who are somewhere above and beyond. I am not above and beyond. I am very much you. Even in this moment as you have called me forth, I am very much you as you are the Christ as well. There is but one of us here.
- 1994-1028-017 But you in your grand creativity have seemingly called forth many individual expressions of the One. And the physical eyes look and they see the bodies, the separateness, but at the same time what you as the master that you are, what you are setting before yourself is a new magic, a new time upon this plane. A time of coming Home. A time of coming to the place of realizing that there is but one of us. That there is but Light upon this plane and you are bringing about the very circumstances that will "prove it" to yourself.
- 1994-1028-018 You have felt, yes, "prove it" with the quotation marks. You will "prove it" to yourself. You are bringing about what you have felt as the grand acceleration. There is not enough time to do X, Y, and Z, whatever the choices would be. In every evening, in everyday there are more choices of places to be, places to go, ones to be with and the share with than seemingly you have the time to do.

- 1994-1028-019 And you are bringing this forth for the very reason of bringing clarity about your priorities. Of choosing, yes. Of having clarity of, "What do I wish to experience?" Even in the seeming pressure of having to make the choices. You are coming unto a place where you are going to acknowledge and you are going to say, "I am the daughter of the One Source and I am loved with an eternal Love, for I am that Love always. I am the maker of time," and you are. "And I will do what is known as a time warp."
- 1994-1028-020 All of you have done what has been known as a time warp where you have left home at a time where you knew it was impossible to get where you were going by the time you were due to be there and you have thought about all of the traffic that you would run into on the highways and there has been in your mind, a loosening of the grip on what is known as reality, long enough that you have found yourself arriving almost before you started out.
- 1994-1028-021 {Laughter}
- 1994-1028-022 And you have said to one, "I don't know how I got there this fast. My angels must have helped me." And indeed they have. But that is not to say that you are separate from your angels for indeed, you are not. You are the great ray of Light that they are and you are very much one with what you would see as your angels and your helpers.
- 1994-1028-023 Laughter is healing. Joy is healing. If you would know healing in your life, in your circumstances, in your relationships, allow yourself the latitude, the flexibility of standing back a degree or so from what is going on and looking upon whatever is transpiring in that interrelationship or that circumstance, that activity. Allow yourself to view it from a new perspective just slightly removed. Behold it as the grand drama that it is. Behold the ones who are acting upon the stage for indeed, this is all a stage, and applaud each one's performance. Even the ones who would be giving you, at last attempting to give to you, the hard time.
- 1994-1028-024 For they play their parts very well. They know their scripts very well. They practice, as you do, and allow yourself to appreciate your own part in the drama. For there are times when you have gotten very much caught up into the drama and you have acted with grand intensity, as a grand actress or actor until you have come to the place of saying, "Wait," and you take a deep breath and in that moment of the deep breath you can stand back from what is happening just long enough. It happens in an instant. Just long

enough to see the interaction of the play. And that, beloved ones, is the most healing.

- 1994-1028-025 For you have gotten from the place of having the nose right into the drama and you have been able to stand back just a bit, just enough to ask, "What is truly going on here?" And in that instant there is healing. In that instant there is wholing which is what healing is all about, coming unto that place of recognizing and claiming your wholeness. For indeed, the holy Child is whole. Created perfect before time was, for you are the creators of time and you are perfect.
- 1994-1028-026 Now how you view yourself and how you bring forth what is known as your experience in this point of focus varies according to what you decree you would experience. And there is no judgment in any of form. The world, yes, would judge. But in Truth there is no judgment as to the form you have chosen.
- 1994-1028-027 Many of you and your brothers and sisters have chosen to be in a certain design pattern, a certain form, a certain way of function in order to be the servant unto other brothers and sisters. In order to give them time to say, "There must be more than what appears to the eyes. There must be more than what appears just upon the surface."
- 1994-1028-028 Many of the brothers and sisters that you see going about in what would be termed, a limited fashion are serving as the servants, as the teachers unto the other brothers and sisters who have requested that this be shown unto them.
- 1994-1028-029 Many times the brothers and sisters have chosen a certain form of expression in order to experience how that feels. For indeed, as the creative holy Child that you are, you have decreed, "I will experience and I will know all. I want to know how it feels to express as the Light and life form of the ladybug. I want to know how it feels to be the grand eagle that soars above the trees, above the mountaintops. I want to know how it feels to go as the grand cheetah and to run with the wind, and I want to know how it feel to be the wind and to be unhindered," for indeed, that is your soul calling you to come Home in experience. In the claiming and knowingness of that experience.
- 1994-1028-030 And so, you if you will receive it, all of you have experienced life in various forms. You have experienced even what you would call as the human design pattern in all of its infinite variations. You have been the olympic warriors, grand of body, where your whole lifetime you focused upon the body and

how to develop the body. And you would come in what you would see as another lifetime and experience the hindrance of the body in order to see, to come Home in the realization that you are not the body. That is what it is all about.

- 1994-1028-031 Now healing of the body comes as the natural outcome of your recognizing and claiming, not just with the mind, not just with what you would know as the hope, but recognizing and claiming in the depth of your knowing, the depth of the heart, as I have called it, that you are the perfect Child and that it matters not how life is expressed as form. It matters not what the form is.
- 1994-1028-032 What matters is the Light that you are. What matters is the heart that you are. What matters is the allowingness of the heart to open and to reach out in oneness to a child, to a daughter, to a son, a brother or sister and to know that what that one is experiencing is your experience as well and to know that you are Love as they are Love.
- 1994-1028-033 And to know that they are cared for. They are never abandoned. The one that I have called our Father, the One Source of Light and Love never abandons for It cannot. You are one with the life Source. You are one with that Love and as you feel yourself and find yourself in the releasing of tears, know that that is the grand heart that you are that is expressing. It is the Love that you are that is pouring out. No barriers. You are allowing yourself to come heart to heart in the Love that you are.
- 1994-1028-034 That is why many of the brothers and sisters exhibit for you certain limitations as the world would judge limitation to be. They unfold in their experience through that choosing as well, and they also afford all of the brothers and sisters the opportunity to look upon what is happening with new eyes. To look with the whole eyes and to know that this experience is but one. One facet of the whole.
- 1994-1028-035 As you would see the facets of the gemstone reflecting light, yes. What you experience in your own lifetime, as you would know this one to be and what you see with the brothers and sisters is but one facet of the whole that you are. One point of focus and even as we are here so gathered this evening with the point of focus being in October, as you call it, 1994, you are also expressing in other time frames, other universes, other dimensions.
- 1994-1028-036 And you know this to be a truth for as you sit in meditation, as you sit in a quiet time, albeit they may be few and far between, you find yourself drifting to somewhere else. There is a snatch, a vision, something that you

have seen, something that you have felt that is not of this point of focus. You are connecting in that moment with what would be called your alternate reality, an alternate reality for there are many of them. All happening as what you would see as simultaneously. All right now.

- 1994-1028-037 You are the unlimited Child, the unlimited holy Child, whole and perfect. So whenever you would get tempted to be drawn very tightly into what you see happening right in front of the face, allow yourself to breathe and to step back just a slight degree and to ask, "How can I see this anew?" And to extend the heart as you do so well, beloved one, and allow yourself to know that Love that pours so freely from your heart. Allow yourself to know that you are Loved with that Love as well. For you could not feel it if it were not you already.
- 1994-1028-038 It does not come from without somewhere. It is not something that you go and purchase at your grand malls somewhere. It is who you are from before time began and that is why the heart opens. It is to remind you and to reconnect with the Love that you are.
- 1994-1028-039 Never judge yourself for allowing the heart to open. Never judge yourself for the tears that may flow for indeed, every tear that is shed releases what you would see as the heavy burdens of many, many lifetimes where you have carried the burden, the judgments of that lifetime and you have stuffed them into the grand knapsack upon the back and you have carried it and carried it many lifetimes not having the courage to bring forth whatever was in the knapsack and to look upon it.
- 1994-1028-040 This lifetime you have decreed that you will know who you are, that you will be healed, that you will know wholeness, holiness and you have said, "I will do whatever it takes for I have the courage," the courage of the true heart that you are. "For I have the courage to look upon everything that I have carried with me in that knapsack, to have it out in front and to see what it is truly all about." And you have, as the grand creative master that you are, designed all of the challenges, all of the circumstances, all of the ones who have come and been as your servants. Who have pushed the buttons because you have requested them to. Believe it or not.
- 1994-1028-041 {Laughter}
- 1994-1028-042 In time you will see how all of the threads have come together and how indeed, you have asked ones to come and be the very – the term that comes to this mind is the very rotten ones – who would portray for you exactly what you desired to see in order to see past it. Not to just see what was

being presented with most intensity sometimes, but to be able to see beyond that to the heart that they are. Though sometimes they do not exhibit much heart, yes.

- 1994-1028-043 If you would know healing of the body, if you would know healing of relationships, of the life experience allow yourself to abide as the Light that you are. If there is a part of the body that calls out in constriction to you abide with the Light that you are. Focus upon the Light that you are. Visualize, first and foremost, not the form of the body. Not the constriction of the body. It is but your messenger and once the message has been heard and indeed you have heard for if there is a shoulder, a part that is hurting it calls out in grand intensity until you say, "Okay. Okay. Enough, enough. I hear you. All right."
- 1994-1028-044 {Holding a sister's hand who has severe arthritis.}
- 1994-1028-045 Visualize that part of the body. Visualize the whole body as the Light that activates the body. Allow yourself to see the movement of the body in fluidity. All of the body moving as the Light that it is. Even the very joints of the body that have a message for you and have held that message for years as you would see years to be. They have served you well. They are your grand friends, companions along the way and you have shared much with them. They have spoken to you and you have spoken to them and they are as grand companions.
- 1994-1028-046 Allow yourself now, to thank them for what they have done. For the message that they have shared with you along the way and also for receiving your message for indeed, they are but your servants, your mirrors. And allow yourself now to see the fluidity of Light. For indeed, you are Light that activates all of the body. You are the Light that interpenetrates every cell, every space between the cells. There is much space between the cells.
- 1994-1028-047 What happens when you feel the constriction is that you have asked the cells to come together tightly and to condense the space. Allow yourself now to see the space between the cells as expanding and fill that space with Light. For indeed, that is who you are.
- 1994-1028-048 Visualize yourself as a great fluid ray of Light that is walking about on this plane. For indeed, that is who you are. Send in your mind's eye the Light to that area. It is calling out for allowance to be what it knows itself to be. To radiate the Light for you and I will share with you, beloved one, that in the days to come and they are not afar off, you will go with such a grand

1994-10-28 Oakbridge University Channeled by Judith Coates

freedom that you can only now imagine. A grand freedom of the Light that you are, yes.

- 1994-1028-049 All of the body is serving you well, for indeed you are that Light. I would have you remember that Light. You are the Child of Light divine. That is not just a flowery phrase that I come and say in greeting. It is the Truth of your being. You are the Child of Light divine, yes, and as such you are Light upon this plane and Light is most fluid. Always in motion.
- 1994-1028-050 Much of you has been in motion, yes, there is a grand activity in the mind always. Now allow that fluidity of body. Claim that freedom of expression for you are loved. You have never done anything to be held in judgment or in constriction. Never. It was all a choice. To experience what it felt like to be constricted. The same as you would choose what to wear in a day or in an evening. No more, no less value attached to it and now you can freely let all of that go for indeed the price has been paid. It is finished. Paid in full.
- 1994-1028-051 And the Light that you are is radiant. It is seen even now by many of your friends and they are most happy to have you around them for they feel your radiance and that will be pictured even more and more in the days to come. A grand radiance. You are whole, beloved one. You are delightful.
- 1994-1028-052 Yes, grand strength in that hand. Do you feel that strength? Yes. Grand. Powerful lady.
- 1994-1028-053 All of you, all of you are powerful as you allow yourself to connect with the Light, the energy of Light even in what you would see as your mechanical means of light. There is power but it is not without, outside of you. It is within. You are the ones, you are the ones who are calling that forth in your experience and know you why? Because you desire to be reminded of the Light that you are. The grand flame of Light.
- 1994-1028-054 And all of you are allowing yourselves the healing, the recognition and the claiming of that wholeness. For you have decreed, "It is time." It is time for wholeness to be known upon this plane. It is time for your holiness, which is not a grand religious term. It is the Truth of your being. It is time to allow your holiness to be known, recognized and lived upon this plane.
- 1994-1028-055 That is what this time is all about. I have called it coming Home. I have called it the awakening, and indeed it is. It is the time of wholeness, a time of holiness.
- 1994-1028-056 There has been a vision that many of you have held within your hearts. A vision that you have dreamt of, that you have spoken to others about and

1994-10-28 Oakbridge University Channeled by Judith Coates

you have thought it would be great to have physically manifest upon this plane what is known as a healing center.

- 1994-1028-057 Indeed, it is time. It is time for a healing center. Many of them coming forth as points of Light all over the face of our Holy Mother, the Earth. Healing centers that are connected, very much networking with one and each other as a grand wholeness, remembrance of wholeness upon this plane.
- 1994-1028-058 Those of you who have held that vision and have desired to be part of bringing that forth in manifestation in this geographical area, know that it is time to begin.
- 1994-1028-059 Many of you will ask and say, "But what can I do? One person?" Ah, but I count more than one person in this room and yet, at the same time, I count but One person in this room, the Christ and all is possible to the Christ.
- 1994-1028-060 Now there are many levels of what I have just asked of you. A healing center, yes, that will be manifest upon this plane in this geographical location where ones of the brothers and sisters will feel called unto, to come and to experience their own wholeness and yes, beloved ones, even though you would see yourselves to be abiding at some geographical distance from here, you will be involved in this as well. For as you have felt you are already making trek unto this area several times in your year and this will continue. So you will have a feeling of parentage with the healing center as well.
- 1994-1028-061 That is but one level. That level comes concurrent with the level of establishing the healing center within. For indeed, as you would want to know that healing center within, to come unto that place of remembrance of your wholeness it is often seen as a very efficacious avenue to be in service to the brothers and sisters in a, what would be known as a tangible way in bringing forth a place that is in tangible form where ones can come and experience the healing that you know so well. The healing methods that all of you know so well, and to experience an evening such as this very often.
- 1994-1028-062 It is time. It is time to put the heads together, to bring forth what you would see as the necessary flow of the what the world asks for in the golden coins. It is not that you must wait until you win the lottery, Beloved Elder, although that is good.
- 1994-1028-063 {Laughter}

1994-10-28 Oakbridge University Channeled by Judith Coates

- 1994-1028-064 Most joyous, but start where you are. Start with what you have for indeed you have all. And as you start with what you have and as you place the focus upon what you have and upon what you know it is going to grow into, it grows.
- 1994-1028-065 For what you turn the Light of your countenance upon, what you put your energy and the focus of your energy upon, grows. It is much as the small seedling when it experiences the angel of sun. It grows. It will be the same with the physical healing center that you will facilitate, all of you, and as you do that there will be more and more of the reconnection with the healing center within.
- 1994-1028-066 And that is what healing, wholing is all about. Coming unto that place of knowing that I am the Light, the energy that activates what is seen as the vehicle of expression, most joyous. Even in times of challenge. Many good stories. Yes, definitely.
- 1994-1028-067 Yes, not for naught. Many good stories. Many good laughter of the heart that comes forth from the heart from what is seen as a moment of almost tragedy and then you look at it in another way and it serves you well.
- 1994-1028-068 The healing center is who you are. It is the center of Light that you are and that you express upon this plane in all of the different ways. All of the different modes of function. It is the Light that you are.
- 1994-1028-069 Bring forth the healing center that you are. Bring that forth in your own awareness and bring it forth in activity to serve the brothers and sisters as well. For the time is at hand. It is no longer necessary to wait for a future time. It is not necessary for you to wait until others build it so you can come. Allow yourself to build it. Build it in the physical form, yes, and build it within.
- 1994-1028-070 For indeed, nothing is done in isolation. As you put the head together, as you put the hearts together, bringing forth the vision of what wholeness is all about, there will be much joy. There will be much exhilaration. There will be buttons that will be pushed. There will be issues that will come up to be seen in wholeness for it is the way of the holy Child upon this plane in this experience to say, "I want to know some drama." And you will know your drama.
- 1994-1028-071 But you will come through that to the place of wholeness as well. Think not that you must wait. The time is at hand, {end of tape}... for the healing. For the healing center of the heart to be made manifest even in tangible form.

- 1994-1028-072 And now, I would have you enjoy, to be in joy with these two beloved ones. {David and Margaret Hiller} Who are as brother and sister to you and who have been in what you would see as other lifetimes as brother and sister to you as you have been in other roles with them as well. For this is indeed a reunion of the family.
- 1994-1028-073 All of you have answered the invitation to be here for reunion, for remembrance, yes. And I would have these two beautiful seemingly separate individual expressions of the One, share with you the One healing heart.
- 1994-1028-074 So be it.
- 1994-1028-075 Margaret Hiller:**
- 1994-1028-076 I would like for us to incorp what we have just heard and all of us rise and look into one another's eyes. Just turn to one beloved that is near you and look into one another's eyes and find a way to welcome them to the planet with your eyes, with your words, with your embrace. Find a way to say, "Thank you for coming and shining your Light."
- 1994-1028-077 {Group shares the thank you's.}
- 1994-1028-078 Okay. You know there is so many wonderful ceremonies on the planet now. We are rediscovering ceremony and I know about babies that are coming to the planet now and their families know how to celebrate their coming. They put on the music. They light the candles. They say, "Thank you so much for coming," and I was holding a little baby not too long ago and I said to her, "Thank you so much for coming to the planet. We are so happy you are here. We are so glad you are shining your Light among us." She was only about five days old. Her little parents on either side of me, said, "We forgot to do that."
- 1994-1028-079 I said, "No, you didn't forget to do that. You've prepared the home. The family has all come to welcome the baby. No you didn't forget to do that." And I feel that because a lot of us didn't have that kind of beginning on this planet, that kind of welcome. That now we are doing it. Now we are conscious enough to say, "Thank you for shining your Light on the planet. Thank you for coming amongst us and showing us your brilliance and your magnificence. Thank you for remembering who you are and thank you for shining your Light."
- 1994-1028-080 So all the different ways we find to do that. And this is a part of the shift that we are making into miracles thinking. You know, years ago I

used to define miracle as those real "biggies", you know the healings of cancer and the healings of eyesight and Katherine Kuhlman and thousands of it. Wow, I believe in miracles, and that was wonderful and still is.

- 1994-1028-081 I celebrate those kinds of shifts and I finally made my shift to know that every moment is miraculous if I have eyes to see and ears to hear. And I would like to share with you one of the most incredible miracles I have ever experienced and it happened last August on our canoe trip. Can you believe it? Another canoe trip story.
- 1994-1028-082 When we were here last I told the canoe trip story about shooting the rapids, right, and this year David did manifest a slight injury that, this injury encouraged him to stay still for several weeks and that's when we published or wrote the two little teaching booklets that Tom and Judi encouraged us and supported us in doing and Tom worked so hard to help us get them done. And we really are grateful for that. We have got them with us and one of the titles is "Shifting Into Miracles Thinking" and when I was defining miracle for the beginning of that little booklet, I realized that what I had experienced on the Colorado River last August is a miracle, was a miracle.
- 1994-1028-083 I was paddling my canoe and again the metaphor, I am paddling my canoe down the river and I lifted my arm up bringing my paddle out of the water and I tell you, a hummingbird landed on my arm an honest to goodness real live hummingbird landed on my arm. Did I move that arm for the forty seconds he was on there? No, my arm rested in mid air like this, and I was in the stillness. I was in the quiet place and I watched this hummingbird and he not only rested on my arm he spread his wings.
- 1994-1028-084 And I don't know if he was taking a rest or if he was injured. He spread his wings, this little ruby-throated hummer, and all of the other people in their canoes, they stopped paddling too. And for some brief moments we floated down the Colorado River in silence together watching this hummingbird. And then the hummingbird flew up over to David and hovered like this, right in front of his face and then took off.
- 1994-1028-085 There is a hummingbird in Colorado who knows us personally. And I thought, God just touched us and we were present enough to get it. We got it, and the story didn't end there. We got back to Santa Barbara. I was working in the garden and I heard this clicking, high clicking sound

up above my head and about six hummingbirds were up there on the coral vines and for the first time in my life and I've had a kinship with hummingbirds my whole life. I could hear the humming but I've never heard that high pitched clicking before. To some of you that may be old news to you. I'd never heard it, and I realized my listening had increased and my deep heart listening had increased.

- 1994-1028-086 So the next morning when I could hear them outside the window I said, "David. Those are the hummingbirds," and now we can both hear this high pitched clicking that they make and they are all around our little cottage in Santa Barbara. You know, and some people would say, "Yes, well that's a real nice story," but I know groups like this, right, we are getting that the miracles we are surrounded, we are embraced, we are immersed in, we are absolutely enfolded and the Holy Spirit miracle energy, right.
- 1994-1028-087 And making the shift into miracle thinking isn't just about looking for the miraculous when we are in trouble or when we need it or when somebody else needs it.
- 1994-1028-088 It's about staying in the kind of perspective nonstop all of time. David used to, he used to bother me a little bit when he would use this magic all the time. I used to think magic has no place in miracles, and then one day I got, "Well of course it does." He finally said it often enough that I got it, that it's the same part of us when we are children when we look for the magic.
- 1994-1028-089 It's the same part of us when we look for remarkable outcomes and we look for the miraculous around us all the time. To where hummingbirds land on our arms. I marked it with an "X", right here. And the hummingbirds of God, the shifts in our thinking, the tiny subtle sweet ways that Holy Spirit comes and touches and renews and restores our soul, and that's what we are talking about here tonight. That's what Jeshua was talking about the restoration of the soul when we remember who we are.
- 1994-1028-090 That our souls be restored, that we be renewed, that we regenerate, that we remember who we are. That shift into miracle thinking. It is something that I've only begun to explore. I've got so much more to learn about it and it is a real shift in consciousness and it's not just about looking for the miracles now and then, on occasion, is it? It's

looking for them all the time. And expecting and watching and looking for.

- 1994-1028-091 I saw one of the most, one of the sweetest miracles several years ago at a healing center, a teaching center in the Berkshires in Massachusetts. A little baby was brought there by his parents and he had been born six days earlier with little clubbed feet and then turned in.
- 1994-1028-092 And that baby was facing a lot of surgery, right. A lot of surgery and when the parents brought the baby we all knew that maybe there would be some shifts and maybe the surgery would have to take place but either way, we were going to pray. We were going to pray for the baby. We were going to pray for the doctors. We were going to pray for the whole team, right. We all prayed as a team with that baby for six hours. And we saw those feet turn. And then over the next several weeks they continued to turn and that baby never needed surgery.
- 1994-1028-093 Now that's a remarkable shift, that's a remarkable healing and the most remarkable shift I've ever seen is what we've heard here tonight and that's when we remember who we are. I've seen some pretty incredible things and the most amazing still is when I watch someone's countenance light up, when I watch them remember, when their hearts open and they remember that they really are eternal Spiritual beings and that we are here to enjoy the journey rather than endure the journey. And we are shifting from enduring to enjoying and isn't it about time?
- 1994-1028-094 Yes. About time to let go of the drama, right? The highs and the lows? So tonight we are talking about making some shifts and walking through the walls.
- 1994-1028-095 Remember when our good friend Jesus demonstrated that? Walked through that wall, shocks the heck out of us. People that were around say, "Excuse me, but did you just walk through that wall?" What are your walls that you are walking through? Right, what are your giants that you are coming face to face with?
- 1994-1028-096 I've got mine. David's got his and we are whittling them down. What are those giants? What are those walls that you are walking through? You know, we can all take a deep breath and some of us have stopped breathing. {Laughter} What are your giants? What are your walls?
- 1994-1028-097 You know, one of my favorite stories from the Bible is about the giants and I remember this story when I come up against some of my giants.

It's the story about Joshua and Caleb. If you remember the story, the Children of Israel made their trek out of Egypt going toward the promised land and their fearless leader Moses and things are going fairly well with some drama, some intrigue, right. Some dances with the ego. It's all there. It's all there in that and it would be rated "R", today in our movies. It's just absolutely full of drama.

- 1994-1028-098 **And then, did you know that they came very quickly to a choice point of going into the promised land. That choice point came up really quickly, and Moses sent twelve spies over into the promised land to scope it out and ten spies came back.**
- 1994-1028-099 **Moses said, "What did you see?" And they said, "Well, Ohvey, it's a land filled with giants and we can't go in there. They will kill us. We will be destroyed," right, "We can't do it." And Moses counted and there were ten.**
- 1994-1028-100 **He said, "Where are the other two? Where is Joshua and where is Caleb?" And he looked back and they were coming and can you picture this? They were carrying a grape cluster that was so big it took two of them to hoist it. Can you imagine? And it doesn't say this in the Scriptures but when I write my own version, I will say, that they had grape holes in their beards, you know, and grape juice dripping. They had been enjoying the grapes and they said, "Well, we saw land full of promise. It's a land flowing with abundance, and, there are some giants."**
- 1994-1028-101 **"And you know what? We can go in there and we can take the land and we can do this thing. We can have our dream. We'll have to fight a battle but God's promised us that land. It belongs to us." And you know the story, Moses listened to the ten rather than the two. Have you ever felt like you were a part of the minority? Caleb and Joshua were the minority and Moses and those millions of people followed the ten, right? And that was their choice point because then for the next forty years they wandered in the wilderness. Anybody relate?**
- 1994-1028-102 **Ever wander in the wilderness, right? They were eleven days at that place from the promised land. They were eleven days from the promised land and they wandered for forty more years. Talk about a choice point, right. And then when they got there forty years later they still had to go in. They still had to fight the battle. They still had to face the**

giants. They still had to do what they would have done at that earlier time, forty years before.

- 1994-1028-103 And you know who was alive to go in and be a part of the land of promise? Joshua and Caleb. The other ten had given up the body in that forty year trek. Even Moses didn't make it in to the promised land. Now he's one of our stellar examples, right? He's one of our big guys that we look to and say, "Wow, he really did something great." And he did, but he didn't get into the promised land.
- 1994-1028-104 Joshua and Caleb got in and when we meet together, all of us in groups like this, that's what I see. I see the Joshua's and the Caleb's as we heard earlier, we've been holding the vision for a long time. A lot of us have been holding the vision, holding the prayers, lighting the candles, doing the meditation, reading the books, we've been doing our work. We've been holding the vision and sometimes the giants still rear up in front of us and we say, "Good, Lord, I've been doing my work. I've still got giants?" Yes.
- 1994-1028-105 Some of our phone calls now, the work that we are doing come from some of the greatest teachers and visionaries I've ever known and they've got big stuff coming up in their lives. David and I just went through three of the most interesting years of our lives.
- 1994-1028-106 We were dealing with some of our biggest giants, and it has only deepened our hearts, opened our hearts wider, expanded the work, increased our vision, increased our deep heart listening, so as we heard what looked really hard ended up being something profound and magnificent.
- 1994-1028-107 So what are your giants? Oh, this group probably doesn't have any. So think about the giants of some people that you know. What are some of those giants that you were working with? Physical challenges, mental, emotional wellbeing, dreams that you've held for a long time and you are still seeing them. You are still wanting to bring them to pass. What are some of the giants that come up for you? What are some of the walls that you are being asked to walk through?
- 1994-1028-108 Just turn and share that with somebody. What are some of the giants? Mine was fear of writing teaching booklets. Thanks to Tom and Judi we overcame one of those giants. What are some of your giants? Just whisper, the rest of us won't listen. Just whisper what one of your giants is to somebody sitting close to you.

- 1994-1028-109 **{Group shares}**
- 1994-1028-110 **She has a short giant. Not a real big one. I like to do my giants, kind of, you know, regular giants.**
- 1994-1028-111 **Just share what your giant is.**
- 1994-1028-112 **{Sharing with each other.}**
- 1994-1028-113 **Somebody share out loud with us, just briefly. What is your giant? Anybody?**
- 1994-1028-114 **{Sharing}**
- 1994-1028-115 **Guilt. I've danced with that giant, yep. Yeah, that's a big one. Can we hold the vision with you that that be transformed to knowing who you are and the magnificence of who you are? Yeah. Yeah, would you, Gloria, would you touch her? Yeah, just hold the vision with her. Just let her feel you holding the vision with her that even that giant can be dissolved and diminished and you can go on into the promised land.**
- 1994-1028-116 **Christ took care of guilt. Yeah, the Christ within us takes care of guilt. We don't have to hold it anymore. Been there, done that. We've all danced with guilt. What's another giant?**
- 1994-1028-117 **Self doubt. Self criticism.**
- 1994-1028-118 **Self doubt, self criticism. Can we hold the vision with you that that be transformed? What would that be, confidence? Knowing your magnificence? Would that be the converse of that?**
- 1994-1028-119 **You who goes to look at the grizzlies in Alaska? Excuse me. You who face the real honest to goodness giants on the planet. Yeah.**
- 1994-1028-120 **So to go where you haven't felt fully, fully courageous to go yet. Great. Okay. So holding the vision with you, you've got people close to you holding the vision with you, yeah.**
- 1994-1028-121 **{More sharing}**
- 1994-1028-122 **That is a big giant, isn't it? Affects the way we see life, the way we respond to life? Yeah. I haven't personally had any of these but I emphasize with you. I've had them all. I've had them all. Somebody else. We don't want this side to be the only one. What about this side? We are listening to the left, or to the right, what about over here? Any giants over here?**
- 1994-1028-123 **Ones you used to have?**

- 1994-1028-124 **Yeah, ones you used to have.**
- 1994-1028-125 **{Comments}**
- 1994-1028-126 **Great. Good for you. Yeah. Just one from this side. Diana, yes.**
- 1994-1028-127 **My giant is self-worth.**
- 1994-1028-128 **Self-worth, yeah. Self-worth. So if we listened to the words earlier and if we can consider the Truth of those words that we are magnificent and brilliant and we are indeed the Christ and we are shining our Light, we are the Light. How much more worthy can we get? How much more worthy can we get?**
- 1994-1028-129 **Jeshua tells us that and I cannot speak for any other, but I go out and do not believe everything that he ascribes to me.**
- 1994-1028-130 **Well, girl, sister friend, we are going to do an exercise in a few moments that's going to support us in taking some of the words that you hear in this beautiful place, what every week or every month from Jeshua? A lot of those words, what we are going to do is we are going to take them from the head and we are going to drop to the heart and we are going to incorporate some of the things we have been hearing and reading and thinking about. We are going to incorp, we are going to take it into the body and we are going to feel it. We are going to know it, right?**
- 1994-1028-131 **We are going to know in ourselves and atoms, the brilliance of who we are. It's going to require that we drop from head to the heart and we all know how to do this. We are going to practice together as a group, okay. And David is going to help us do that.**
- 1994-1028-132 **Is that okay, sweetie, that you do that? Dropping from the head to the heart is required for us to enter into the promised land where we remember who we are. It can't be done any other way. Okay.**

1994-1028-133

David Hiller:

- 1994-1028-134 **As Margaret was saying, when we went on the canoe trip I got to look at one of my giants which was being able to slow down long enough to do some of the things that I really wanted to do in my life because I'm a real go action person and because I hadn't done that for a long period of time. About two days before the canoe trip I got to take a tumble down a mountain and I got a major sprain that has lasted for about**

three or four months now and my ankle is about this big and I was one of the conductors for the canoe trip through rapids.

- 1994-1028-135 So I got to do that on crutches and I got to learn how to completely let go and let other people support me. Literally carrying me on their backs up cliffs. I got to let go more and more and more and go inside and be in the stillness. And I got to learn about that. I really got to learn about that because I'm a real action person. Go getter and then when we got home I got to learn more about being in the stillness and a great great thing happened in that time. For many many months Margaret and I wanted to write our teaching booklets but we didn't sit still long enough to do it.
- 1994-1028-136 So I was given this gift to sit still and be in the silence and in that silence we brought forth our teaching booklets so I'm very grateful. And the reason that happened because I was able to listen to what God's plan was for me. And that's the important thing in everything that we do. There is a divine plan no matter what it looks like, even if it looks really difficult there is a divine plane.
- 1994-1028-137 And if we can look at it in that way, if we can move out of our ego, out of the drama, out of the difficult and into our heart and look at it through God's eyes, we can see the divine plan. We can see what we are supposed to learn from the experience.
- 1994-1028-138 And I talk about it a lot, but now I got to have a first hand experience of what I talk about and it was really interesting, and it took me awhile to completely let go and let people carry me on their backs up the cliff.
- 1994-1028-139 But I was able to do it and I became very grateful not only for what they were doing for me but for me allowing myself to let go more and more and more and listen to what God has to say to me. And that's how we do it. We do it from our hearts not from our heads. That's what it's about. That's how we shift into miracle thinking.
- 1994-1028-140 The miracle thinking does not come from our egos. It comes from our soul, from our God Self. That's how we create what we desire in our lives. Getting out of our heads, getting out of figuring it out, getting out of laboring about life and getting into trusting and loving and understanding what each experience has to teach us, because that's why it's here in the first place. It has something profound to teach us.

- 1994-1028-141 **If we don't get it. If we don't listen the knock on the door gets a little louder and then a little louder and pretty soon, boom, this is what happens. But we don't have to go that far. We can begin to listen now.**
- 1994-1028-142 **We call that deep heart listening. Listening to God. Listening to the Holy Spirit. Listening to our heart and moving in that energy. And I want to do an experience now, to get you to really listen and to get you to receive what God has for you in preparation for the healing, for the laying on of hands.**
- 1994-1028-143 **This is a major healing here by listening. We are going to do this a little different than I've done it before. We are going to learn how to receive gifts of love and support. And the way we are going to do this is we are going to break off in groups of three people.**
- 1994-1028-144 **You can make just a little circle of chairs and one person will sit in what we call the God seat and you are going to tell while you are in the God seat, and this is a little different than I've done it before. You are going to tell the other two group members only one thing, what one of your giants is. What one of your giants are that you are wanting to let go of.**
- 1994-1028-145 **We are not going to give a life history here, we are just going to short sweet and to the point, one of your giants. And then you are going to sit back and you are going to receive grand words of wisdom, of love, of support from the other two people, to incorp in your body to receive as Truth of who you are. To give you strength. To give you courage. To move through this giant. To learn from this giant. To bless it and to heal it in your life.**
- 1994-1028-146 **And we are going to do this by moving into the heart to receive Truth, to receive Love. Love is the healer. Love is what heals the giants. In order to heal the giants we must be able to receive Love and that is one of a lot of our giants. Not being able to receive, or not feeling worthy to receive, but today it's going to be about that.**
- 1994-1028-147 **Telling your giant and then receiving Love, support and words of encouragement from the hearts of the other two people and taking it in and saying, "Thank you. I receive that. I do have the courage to move through this giant and I will."**
- 1994-1028-148 **So, the person that is sitting in the God seat, your job will be to very briefly, very quickly even one or two words or one sentence, what your giant is and that's it. That's all you will say and then the other two**

1994-10-28

Oakbridge University

Channeled by Judith Coates

people will move the energy out of their heads into their hearts, into their GodSelf and give you Love, give you words of encouragement. Bathe you in loving energy, bathe you in loving words and you just take that in and all you can say is, "Thank you." That's all you can say and you can receive that strength, those words of encouragement, those heart messages so that you can move through those giants. So you are speaking your truth, you are receiving loving support and you are receiving courage to move, to move the energy in Truth. To move through the giants. I ask that you stay present the whole time. That you look in the eyes of the person that is speaking to you and that you fully receive all the Love that is to come your way. If you check out and then you will know, the other will know when you check out because your eyes will look around and you'll start fidgeting and you will start moving around. I ask that if you do that, that the other two people simply put their fingers right here and say, "ET come home." And bring you back, because this is not about checking out. This is about being present, fully present to speak your truth and to receive the Love, to give you courage and support to move through this giant. Okay?

- 1994-1028-149 So what I want you to do is find two other people, three people in a group decide who is going to be the first person in the God seat. I will begin each group with the first person. I will end each group and then we will bring the second person in.
- 1994-1028-150 So do that now. Find three people.
- 1994-1028-151 {Group breaks up into groups of three.}
- 1994-1028-152 Okay, once again has every group decided who is going to be the first person in the God seat? Those of you in the God seat raise your hand.
- 1994-1028-153 Who is in the God seat over here? Okay, all right. Those of you in the God seat, your job is to very very quickly, no dissertations tonight, very quickly state what your giant is. Just one giant and then that's all you are to do for the rest of time, except for receive Love and support from others and say, "Thank you." That's all you can say after you tell your giant. The other two people, your job is to stay fully present with the person in the God seat and just back and forth after they tell their giant, you are to give them words of encouragement, words of Love, words of inspiration. Tell them how wonderful they are.
- 1994-1028-154 Get them pumped up so they can move through this giant. That's your job. Okay, so has everybody got it?

1994-10-28 Oakbridge University Channeled by Judith Coates

- 1994-1028-155 **Okay, those of you in the God seat, close your eyes. We are going to call forth the Holy Spirit energy now to move into our hearts, to move out of our thoughts, to move out of figuring this out and to move into our hearts.**
- 1994-1028-156 **Okay. Close your eyes.**
- 1994-1028-157 **Before you begin talking just close your eyes. Close your eyes. Close your mind.**
- 1994-1028-158 **I call forth the infilling of the divine Light of the Christ. I call forth the perfect circle of Light and Love to surround us. I call forth the holy healing breath of God to breathe within us and I call forth the power of the Holy Spirit to move through us now. To move the energy from our heads down into our heart. The heart of God within us, the holy healing heart of God.**
- 1994-1028-159 **And I ask that that energy flow now and that we bring that energy into the present moment and open our eyes and I ask the person in the God seat to very quickly within fifteen seconds to state what it is your giant is. Do that now, very quickly.**
- 1994-1028-160 **{Sharing}**
- 1994-1028-161 **When you are complete telling your giant, then I invite the other two members to give Love and words of encouragement to you now. Bathe them in that. Just bathe them in that. Go for it.{Sharing}**
- 1994-1028-162 **Just bathe them in your loving energy. Words of encouragement. Inspiration. Keep it going. Let them hear that.**
- 1994-1028-163 **Margaret FullerHiller:**
- 1994-1028-164 **Those in the God seat, all you can say is, "Thank you."**
- 1994-1028-165 **David Hiller:**
- 1994-1028-166 **Okay, just take about one more moment to come to completion with this person. Keep the energy moving. Okay, let's gently, gently come to completion now with this first person. Come to completion and those of you in the God seat now, I ask that you close your eyes and just take all of that in. Take it all in. Take all that Love and encouragement that you were given, take it in. Take it in and incorp it, incorporate it in you**

cells, in your heart. To give you courage, to give you strength, to move through this giant.

- 1994-1028-167 **Love is the healer. Take it in now.**
- 1994-1028-168 **Okay, now in that state of being open your eyes, open your eyes and without speaking express your gratitude to the other members of the group with your eyes.**
- 1994-1028-169 **Okay now gently without speaking, trade places with another member of the group.**
- 1994-1028-170 **{Members trade places.}**
- 1994-1028-171 **Okay, now remember, the person that is in the God seat your job is to very quickly, very quickly tell the other members of the group what one of your giants is. When you are complete then the other members of the group, your job is to stay present with them and give them words of Love and encouragement and inspiration so that they can move through this giant.**
- 1994-1028-172 **The person in the God seat after you've given your giant, all you can say is, "Thank you," from that point on when the words of encouragement come your way.**
- 1994-1028-173 **Okay, close your eyes. I call forth the power of the Holy Spirit to move the energy into our hearts now, that we may fully receive God's gifts. I ask that that energy flow through us now and we open our eyes and as we do I ask the person in the God seat to very quickly state your giant.**
- 1994-1028-174 **{Group sharings}**
- 1994-1028-175 **If any of you who are giving your words of Love and support, give them now. Shower them, bless them with that.**
- 1994-1028-176 **{Sharings continue}**
- 1994-1028-177 **Okay, just take about another moment to come to completion.**
- 1994-1028-178 **Okay, lets gently come to completion with the second person. Okay, gently come to completion now, and those of you in the God seat just kind of close your eyes and just take all of that in. Just take it all in.**
- 1994-1028-179 **Take it all in, into every cell of your being.**
- 1994-1028-180 **Take it into you heart and as you do, gently open your eyes and without speaking, express your gratitude to the other two members of the group.**

- 1994-1028-181 **Okay. Great. You are doing great. Okay, now, those of you in the God seat just gently rise and trade places with the third person and bring them in now. Okay, those of you in the God seat, your job is to stay fully present, very briefly speak your giant to the other members of the group. Very briefly, and after you speak your giant all you can say is, "Thank you." The other members of the group, your job is to stay present and give words of Love and encouragement and inspiration. Begin.**
- 1994-1028-182 **{Sharing continues}**
- 1994-1028-183 **Okay, just take another moment to come to completion.**
- 1994-1028-184 **Okay, let's just gently come to completion now. Come to completion and as you do, I ask that the person in the God seat, just kind of close your eyes and take that all in. Just take that all in.**
- 1994-1028-185 **Take it all in and know how richly you deserved to be love and support to move through your giants.**
- 1994-1028-186 **And bring that Love back to the present moment and as you open your eyes express your gratitude to the other members of the group with your eyes.**
- 1994-1028-187 **And as you do, I'm going to ask each group now to stand and give a big group hug to each other for the good work that you have done. Everybody stand now and give a big group hug. You've done a great job.**
- 1994-1028-188 **{Group hugs}**
- 1994-1028-189 **And whenever you are ready let's just bring all the chairs back to the original group here.**
- 1994-1028-190 **Margaret FullerHiller:**
- 1994-1028-191 **You guys are good. We were watching. Very good. You know how to drop into the heart. Great place to start a healing and teaching center here. Anybody want to share briefly what that was like for you? Anything about that? Anybody?**
- 1994-1028-192 **{Sharing}**
- 1994-1028-193 **It made you feel a lot close to those two people and everybody else. Imagine how it would work like that. Wow. Anybody else?**
- 1994-1028-194 **{More sharing}**

1994-10-28 Oakbridge University Channeled by Judith Coates

- 1994-1028-195 **A lot easier to give than receive, yeah. That's one of the reasons we do this, because we are all learning to receive. Yeah. Yeah, it's one of our giants. But you did a good job. I watched. I was peeping in.**
- 1994-1028-196 **{More sharing}**
- 1994-1028-197 **So how did this experience feel for you?**
- 1994-1028-198 **{Sharings}**
- 1994-1028-199 **Call forth that feeling, yes ma'am. Yeah. Anybody else share briefly what that was like for you? Because you can call it forth, because we ask you to incorp into your body. You've got it. You take it with you everywhere you go, normally, right?**
- 1994-1028-200 **{More sharings}**
- 1994-1028-201 **A wonderful feeling that you have permission to say this out loud, to say what your giant is and to say it out loud.**
- 1994-1028-202 **{More comments}**
- 1994-1028-203 **Healing just in speaking the word, right. In the beginning was the Word. Starts with the Word, speaking our Truth. One more, anybody?**
- 1994-1028-204 **{More sharing}**
- 1994-1028-205 **Anger right now. So you were able to receive support in your group? Good.**
- 1994-1028-206 **{More sharing}**
- 1994-1028-207 **Yes, and your power is to be here and your power is to Love right now, to make that choice. Bravo.**
- 1994-1028-208 **{Group applauds.}**
- 1994-1028-209 **Whoa. Did you want to share? Did you want to?**
- 1994-1028-210 **{More sharings}**
- 1994-1028-211 **Support and friendship. You guys are good. I watched you. Moving into the heart is spectacular, isn't it?**
- 1994-1028-212 **Okay, we are going to in a few moment move into a time of healing. Those of you who have been with us before you know we use the healing touch or the laying on of hands, a very ancient form of healing, to support you, honor you, celebrate who you are and hold the vision with you in your healing or wholeness process. And we will be doing that in a few moments and before we do that we are aware that some of you**

when you came in you continued the normal procedure for these kinds of evenings and your donation went into the basket and for some of you, you were expecting a love offering so now we are going to do that and include that and what goes here to Oakbridge University, right, so we will take care of that. And what we want to ask you to do is to stay in your heart, check in with your heart, ask what is appropriate for you to give to support mine and David's ministry, the ministry of Oakbridge University honoring that some of your donation goes to our ministry and some of it goes to Oakbridge and we honor and celebrate all of the good energy that it comes to us with.

- 1994-1028-213 We celebrate all of the work that it took to create this green blessing, and we honor and celebrate that you give it with your wisdom and we receive it with our wisdom of knowing how to use it and we gratefully receive.
- 1994-1028-214 And we ask that when you give your donation that you bless it. Send it to us with your blessing.
- 1994-1028-215 {Comments and donations are receive.}
- 1994-1028-216 {Break and then the laying on of hands service}