

Questions & Answers

1994-09-26

Denver, Colorado

- 1994-0926-001 Beloved and holy and only Child of our Heaven Father, Child of Light divine. I am the one known as Jeshua ben Joseph and it is in great joy that I come to abide with you this evening in your timing as you have chosen to turn the focus of your attention unto me.
- 1994-0926-002 Yes, you have all answered my invitation to come and to share, to play with the questions, each one and to take them unto the place of the heart where all wisdom abides. For truly it is not as students and teacher. Not as disciples and master, but as the one holy Child that we meet here this evening. All of the wisdom that you would ask for is within you and will come forth as we play with the questions.
- 1994-0926-003 Now, as I understand this evening to be, it is to be one of personal questions or anything that you would like to talk about so we will hold what we have done in times past. What you would call as olden times, we will hold a group Love gathering and we will go around and each one can ask whatever is upon the heart or in the mind and if ones would have further questions on that subject or insights that come up from time to time, feel free to join in for we will treat this as what you would know as the advanced seminar.
- 1994-0926-004 Beloved one, would you like to start with a question?
- 1994-0926-005 **No, could it go the other way?**
- 1994-0926-006 Oh, indeed, it can flow all over different areas, of course. Would you like to start?
- 1994-0926-007 **I would, yeah. Something that has been on my mind for some time and I would love an answer. I hear so much about it, read so much about it and I would like to ask if you would help me to discover my own personal toning, my own personal vibration exactly?**
- 1994-0926-008 Oh, indeed, beloved one. As you listen to music either orchestral or of a single instrument you have already discerned there are certain tones. What I will call a grouping of tones, that calls unto you. That feels more in alignment with your own vibration. You can play with this as you already have, and find what feels as your alignment of vibration be.

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- 1994-0926-009 A good way to do this is to put music on, to have it in the background. Preferably instrumental music and to have it in the background and to go about whatever the activities be in that area so that you can still hear. When you find the focus of your attention being drawn back to the music be vigilant as to what tone or octave of harmony is being sounded at that time.
- 1994-0926-010 This will give you a clue. This is one way of approaching it. For some of it will just go into the background and it will mean nothing to you, but there will be a tone, a note, a certain time when the focus of attention will be drawn back to it. Notice what that is.
- 1994-0926-011 Then for yourself, beloved one, try the toning as you have. Allow yourself to sing the octaves, and to see how that feels with resonance within. It does not matter the quality of voice, but just to allow yourself to be within it as in the shower and allow for indeed, the reverberation of tone as it goes around the small area of the shower blending with the water which is very much in harmony with the make up of the body. It allows you to feel a oneness with the very vibrations themselves.
- 1994-0926-012 Again, be vigilant as to what feels in alignment with you. It is not that something will stand out and grab you. It will be very subtle for indeed your vibration is subtle but very definite. It is not just what you would see as one vibration for there is an overlapping of vibration. Allow yourself to play with it.
- 1994-0926-013 You will find that there will be a certain note, after you have played with this which you already have experimented, there will be a tone which will hold you. You will come unto a place where you will be transfixed by that note. When you hear it nothing else will matter. There will not be anything else in your consciousness, in your awareness at that point for it will stop and it will transfix you for that moment, that second and then, as it changes.
- 1994-0926-014 You can also play with the tones such as the energizing musical chime over there and to see how that vibrates, how that feels in alignment with you. There are the various tones of the scale that can be played. See what feels good to you in the heart.
- 1994-0926-015 You will come unto a place of recognizing your own tone. It is not something that is necessary but it is definitely fun to do. But you will find that there will be a time. You have a program, I think it is called something like "Candid Camera," that says, "It will come when you least expect it."

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- 1994-0926-016 There will be something playing and you will find yourself rooted to the spot of what is being sounded either with what is known as the flute, the woodwind instrument or the string instrument known as the violin. There will be one that will hold you.
- 1994-0926-017 Try the different instruments, the musical renditions of the different instruments. The one know as the harp, as well. You will find that there will be first of all, a family, a grouping and then there will be the one that will just hold you.
- 1994-0926-018 The same is true of colors, for color is just another way of seeing vibration, of acknowledging vibration. Have you experienced being drawn into a color?
- 1994-0926-019 **Yes, in meditation.**
- 1994-0926-020 Yes, and even in the physical surroundings there are colors that you feel more at home with than others. Is this not true?
- 1994-0926-021 **Yes, since I've been very young.**
- 1994-0926-022 Indeed. You are one who has played with the colors and used them for healing in other lifetimes and it is a remembrance that comes easily to you. Allow yourself to set up a room and play with what is known as the color wheel of the lights and to sit in a room filled with that color and try different ones and see how they feel. Invite your friends in to experience that as well and see what will come as you sit in silence in the various colors. Try one at a time, and see what comes, because some colors you will experience more of an opening and some of your friends may sit in that color with you and they may not feel a thing. And another color that you feel not so much in alignment with, it feels much more of a jarring thing to you, more of a stirring up of the vibration, they may feel very much at home with and they say, "This is my color. This is how I open up. That feels really good." It is like turning a key in the lock for them.
- 1994-0926-023 Each one has his or her own vibration and it is something that you have played with many lifetimes. Do it again, beloved one, and share that with your brothers and sisters for there are many who think that all that you see around you is put there by the interior decorators and that is all that matters. It is fun.
- 1994-0926-024 And now, beloved one, would you have a question?
- 1994-0926-025 **Well mine is kind of personal. I don't know if you can do it or not?**
- 1994-0926-026 **Well we can certainly have fun with it.**

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- 1994-0926-027 I would like to get into Light Force products. Okay, and also my brother was introducing me to some other products that, I don't know if this is too detailed, it is more or less I don't know which to choose or I haven't quite got into a supplement area that I am really that satisfied with. There are two areas that I would like to get into but I am not too sure how to go about it because they have different things in each.
- 1994-0926-028 Indeed, what you will want to do and you have already discerned this and you have already said, is to try the products themselves for it is very little benefit to try to sell a product that you do not believe in. Try the various products, substances, see what you experience is with them. Then you will be able to talk heart to heart with one that you are trying to be of service to, for indeed, this is a way of yes, bringing in the monetary flow for yourself but it is more than that. It is service unto the brothers and sisters. Giving unto them another way of remembering the Light that they are.
- 1994-0926-029 Many brothers and sisters see an outside tangible substance as a way of taking the Light into the body, nourishing the body and they will, because of past belief system, understand that language. Not all do. Some will eat whatever is put in front of them and they will eat on the run and whatever. But more and more of the brothers and sisters are coming to the awareness that there is more than just eating cardboard which is what some of the food substances are. However, it does not matter if you eat cardboard and if you believe it to be Light and to be nourishing, it will nourish the body. For it is not necessary to ingest any substance at all.
- 1994-0926-030 When you and I were first upon this plane and expressed as the Light beings that we are, we did not need to ingest anything. None of the plants that would grow. None of the animals that we shared life experience with. We knew ourselves to be energy and to take in Light from all around us for we knew that there is Light and there is energy all around. You are living in a sea of energy.
- 1994-0926-031 It has been seen through the intensity of focus that brings you to this point, it has been seen that energy must be taken in through the substances known as the plant processes or the animal processes and that these may be lacking in what is nourishing to the body. Therefore, supplements have come about because of a belief system and the supplements work because ones believe that they will work.
- 1994-0926-032 This is why if you try to give unto your brothers and sisters something that you do not have a very contagious feeling about, enthusiastic, it will do

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nothing for them. The most important thing you give unto them is your enthusiasm. The product itself does not matter. You could very easily give them a piece of cardboard soaked in something that would taste good and it would do as much good for them because of the belief.

- 1994-0926-033 The day is coming upon this plane when you no longer need to ingest any food substances for you will know yourself to be the Light that is unlimited and you are the Light that activates all of the molecules of matter. Think of the time this will save.
- 1994-0926-034 But, at the same time, to make a pun here, you will not have time. You will be beyond time. Does that answer your question? No it does not.
- 1994-0926-035 {Laughter}
- 1994-0926-036 What you will want to do is to try the products yourself, to see how they feel for you. See what you are in alignment with. See which ones you feel more alive.
- 1994-0926-037 **It will take like a certain amount of time like two or three months for the products to take effect?**
- 1994-0926-038 It is as the Son decrees, or the Daughter decrees. Some of them you may find instant alignment with. You may feel an instant clarity with. Others, it may be more of a gradual process. It depends on the person. It depends on the state of readiness, belief. It also depends on where there belief has been as to how they have seen the body functioning up to that point.
- 1994-0926-039 If there belief is that the body is lacking in certain elements and you give unto them something that will fill, in their belief system, that lack, they will feel it immediately. That is many will take what is called crystal energy and feel a buzz with it. They will feel instant energy with it. It is the magic of belief.
- 1994-0926-040 **Okay.**
- 1994-0926-041 It is the magic of the one who says, "I've tried this and boy this is what happened for me. Try it." It is the suggestion.
- 1994-0926-042 **So I don't really necessarily need these then? Correct?**
- 1994-0926-043 That is correct. As the Truth of your being you do not. But play with it. If you desire to play with it, be as the neutral researcher would be. Try some of the products and see what happens. See if you get an instant buzz with something, an instant upliftment. See if you feel more clear in your own energy. Play with it.

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- 1994-0926-044 That is what all of the substances are for; is to play with them. You are the creator of all of the substances that you see in front of you. You are the creator of all of the pharmaceutical drugs that now are being seen to be detrimental and to have side effects. They are no more harmful than drinking water would be or taking a piece of chalk or whatever. But there is a belief, a growing belief that you share, that there can be the side effects that are detrimental. You do not need any of the substances, but there is a belief yet, upon this plane that some will be more beneficial than others. So play with that.
- 1994-0926-045 Do not sit here from this evening and then go forth tomorrow and say unto your brothers and sisters, "Well, no more McDonalds. No more of Perkins pancakes. No more of any. I don't have to eat anymore." And you don't either. It will come to that but it will be again, an unfoldment that will happen.
- 1994-0926-046 But allow yourself to keep the vision. That is why it has been brought out this evening. It is a vision that will be coming upon this plane. But you do not have to leap from here to there. So play with them, beloved one. And as you experience a benefit then you will go to others and you will say, "You know I tried this product and it really made me feel good." Now actually it didn't make you feel good. You allowed yourself to feel good, but that has a benefit. Sometimes more than just lying abed and wishing to feel good.
- 1994-0926-047 If you have the belief that you get up in the morning and you take a substance or several of them, and then you feel energized, that is a benefit.
- 1994-0926-048 **So you almost talk yourself into believing it? Or does the body actually respond?**
- 1994-0926-049 The body responds to you. The body is your perfect servant and it will mirror to you exactly what you believe about yourself and what you believe about the substances and what you believe about the world.
- 1994-0926-050 You are yet, at a place where there is a deep seated belief that there are certain substances and certain foods that are beneficial and there are some that are not so beneficial. Therefore, be gentle with yourself. Play with the ones that are beneficial for you deserve to feel energized. You deserve to feel the Light that you are and in time, you will have a revelation. Perhaps not like my brother, Paul, Saul, on the road to Damascus. It may not be that kind of a revelation, but you will come unto a place where you will say, "Well, I don't know. I've run out of my bottle of...."
- 1994-0926-051 **B-6.**

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- 1994-0926-052 Indeed, "I've run out of it and maybe I can go a few days without it because I don't have time to go to the store," or whatever, and you will find in the days in between that you feel really good and then there is this question of, "Okay, but maybe there was a hold over effect. Maybe after a week or so I'm really going to feel draggy." There you have set the suggestion for yourself. Play with it. Be the researcher.
- 1994-0926-053 In fact, beloved one, I will set you a research task. The next time we meet I would like a report on what you have tried, what the effects have been and what your inner wisdom has revealed for you. This is not what you would call a heavy assignment. It is a "Light" assignment. Play with it. I will expect a report.
- 1994-0926-054 Beloved one, would you have a question?
- 1994-0926-055 **Yeah, I just found out that I gave Govinda an incorrect time for my natal chart. The correct time I heard was 7:51 a.m. Would that make a difference in what he is able to tell me?**
- 1994-0926-056 Indeed, beloved one, on one level it will, yes. On a deeper level it will not. But on the level of the charts and what is written according to a formula, yes, it will make a difference.
- 1994-0926-057 **Okay. If I were to use 5:50 a.m. 5/16/1956, would that be a correct birthday for Caz?**
- 1994-0926-058 Is this the birthdate that he believes to be his?
- 1994-0926-059 **I can't really figure that out yet.**
- 1994-0926-060 It will be close enough.
- 1994-0926-061 **Would 5:55 a.m. be better?**
- 1994-0926-062 The former is close enough, yes. What you are actually asking for are the general traits and it will give you enough of a clue that when you abide with that information you will fill in from your heart and the inner wisdom that you know about this one. Whatever other specifics you want to know. Again, fun to play with.
- 1994-0926-063 **Okay.**
- 1994-0926-064 There is no magic in the formula but it is fun to play with it and it will give you clues that will bring forth the intuitive knowledge that you already have about ones and about yourself. For it will remind you of things that seemingly you did not know and yet you do. And it will bring up areas to think about, traits, propensities.

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- 1994-0926-065 It is not what you would see as cast in concrete for each one has free choice and free will and changes moment from moment, as you do. But it will give you some clues and it is fun to play with.
- 1994-0926-066 See how marvelous you are. You bring together all of these various methods in order to show you, seemingly from an expert who has studied all of this, and you, beloved one, are one in ancient times who brought forth this knowledge. And you bring it forth again in order to remind yourself what you already know. But it is fun to play with.
- 1994-0926-067 It is as a child, as an infant when you have been a toddler or a youngster and one will come and give you a brightly colored toy and you play with it and you see what you can do with it. Where will it go? What can you build with it, et cetera, it is the same with all of these methods. You play with them as long as the interest is there. It sparks a remembrance of all of the wisdom that you are and then after awhile, you move on to something else which reminds you of more of the Allness that you are.
- 1994-0926-068 Beloved one, what would your question be?
- 1994-0926-069 **Let's get the most pertinent first. What do I most need to know?**
- 1994-0926-070 Ha, beloved one, simplicity itself. You need to know that you already know. You need not to worry about methods, rituals, studies, books, workshops, gatherings such as this. This is for fun. This is not that you need it for you do not need. You are already whole.
- 1994-0926-071 You, beloved one, because you sit in this room this evening are showing to yourself that you have already begun the process of allowing the inner wisdom to come forth. You are already asking the right questions. Not of me, but of yourself. You are already saying, "I wish to remember. I wish to know the Allness that I am and I will play with all of the different aspects. Such as what is called nutrition. Such as the astrological charts. Such as all the different methods of knowing who I am. As the creative Child that you are you bring forth all kinds of methods, rituals, workshops, avenues, languages in order to experience your unlimitedness.
- 1994-0926-072 So what do you need to know? Simplicity itself. Ask of your heart every morning when you awaken, "What would the holy Child like to do today?" That is the most important basic question you can ask of yourself in any morning. "What would the holy Child like to do today?"
- 1994-0926-073 And you will have an answer. Something will come to you that will allow the shutters of the heart to be thrown wide open and to experience another aspect, another arena of your whole Self. It may be to spend a day with

our Holy Mother, the Earth out in what you would call nature. It may be to go and sit with a friend who is about to make the transition of laying down the body and to share with them their wisdom of the path that they are on and to share with them your wisdom that this is but a change of the raiment of the body. That is all it is, and of experience.

- 1994-0926-074 Whatever the holy Child would like to do in that day. If it is to go to the amusement park and ride the roller coaster for the sheer fun of being all charged up with it, do it. You deserve it.
- 1994-0926-075 You have already done anything and everything that the holy Child can imagine and can desire to do. You have fulfilled every role. You have been as mother, as father, as parent, as child, brother and sister, priest and priestess, the peasant. The lowly street sweeper. The one who is seen to be the bag lady in different cultures. You have experienced all of that.
- 1994-0926-076 What you will do for yourself and you are already in process of doing that is to remember as it would be allowing the video to play in front of you, scenes from different life experiences where you have been the beautiful princess and you have. You have been the favored daughter of the king. You have been the one who was sought after by many suitors. You have been the one who had all knowledge and wisdom and was the teacher of many disciples. You have been the teacher in what you would see as the pioneer school of a one room school house where you taught all ages of children and shared with them heart to heart and encouraged them to learn, yes, the A, B, C's but also to learn who they are.
- 1994-0926-077 You have experienced all of the different roles. You have even, if you will receive it, experienced being the various animals as you would see and plant life forms. You know what it feels like to be the beautiful tulip that comes up in the Spring and will allow itself to unfold in the sunshine.
- 1994-0926-078 You know how it feels to go as the grand mammoth, huge animal as you would see it, and you collected all of those molecules of matter to you in the design pattern of the wooly mammoth, as they have been called, and you were lumbering and you were strong. You have experienced all of that.
- 1994-0926-079 Bring it to conscious awareness. Write, keep a journal. Write what you remember, scenes, snatches, whole stories as they come to you, that you have lived. It will fill in what you would see as the whole of you. It will remind you of the Allness of you.
- 1994-0926-080 What do you need to know? Simplicity itself. Share it with others. That life does not have to be complexity upon complexity. You deserve already, joy, for that is who you are. Your Father has created you perfect from before

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time began and nothing that you ever do will do or have done changes that. You are His perfect creation. You are His only creation as the Light that you are.

- 1994-0926-081 Remember that and play for it is fun. It is fun to be upon this plane. It is fun to be vigilant, to look out and to see the beauty that surrounds you everywhere. To behold the love light in a friend's eyes as they laugh and as they sparkle. It is fun to behold a sunset and the sunrise. You are the creator of all of that. Allow yourself to feel as a curator in a beautiful museum. A museum of natural history, yes, for that is part of your heritage. A museum of beautiful art treasures and jewels. They are your creations as well. A beautiful museum that surrounds you with our Holy Mother, the Earth and all of the miracles of life in its process. That is how great you are.
- 1994-0926-082 What do you need to do? What do you need to know? You need to remember and it is simplicity itself. You are my sister. All of the qualities that have been ascribed unto one Jeshua ben Joseph are yours as well. We are the Child of the One Heavenly Father and as such, you are my sister. What do I need to know? It is the same for you. Enjoy, beloved one. It is all around you.
- 1994-0926-083 Now, you will get down to specifics and you will say, "What should I be doing? What is my purpose? Surely there is a specific here? That perhaps I should take training and I should become something." Whatever the heart desires. Whatever the holy Child speaks that she would love to do. Not only like to do, but love to do. To allow yourself to be immersed in that love and to share it with your brothers and sisters. It will be service, yes, but there are many avenues of service.
- 1994-0926-084 And what is important is to share the vision that you have of the wholeness that you are and that they are and of the time that comes rapidly upon this plane when there will be such a time of beauty and such a time of Light upon this plane that everyone who expresses will know the Light that they are.
- 1994-0926-085 Hold that in front of you always, for you again, are the creator of that. You are the one who has decreed that that will come and be manifest upon this plane. It does not come because great masters decree that it should come.
- 1994-0926-086 We stand and we cheer. We are as your cheerleaders in the stands and we say, "Yea, come on do it. Go for it." But we cannot bring it about. It is you who bring it about for you have decreed that you will know the beauty that you are. You are a delight.

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- 1994-0926-087 Beloved one, what question would you ask?
- 1994-0926-088 **Number one, do we get to go around a few times?**
- 1994-0926-089 Oh, indeed, we do. Yes.
- 1994-0926-090 **Because I have several questions that I would like to comment on. It would be interesting to me that starting with the toning that I'm trying and I'm certainly not finding my magic one either, but there are some ways.... Oh, do they change? Does the tone change?**
- 1994-0926-091 It will be seen to change within a range because there is a family of it and you will feel more in alignment with one tone on some mornings. But there is one tone that will transfix you.
- 1994-0926-092 **It's interesting that there are times that I have sort of being going along following like the hair dryer. I love that, and I find myself getting into a chanting with things and I am assuming that that is something that I have experience.**
- 1994-0926-093 Oh, indeed, you have. Yes.
- 1994-0926-094 **Experienced in some fairly large group. And there is value in that also?**
- 1994-0926-095 Indeed, in the chanting and in the aumming, very much connecting with your oneness in the tone.
- 1994-0926-096 **Yes, that's what.... This is neat. It is perceived that I must be freed up here. Thank God. Because there are times like in nutrition I seem to travel quite a bit here and sometimes I take supplements with me and sometimes I don't and So that feels really good to allow that.**
- 1994-0926-097 And what you have discerned is there maybe a time when you have forgotten and left the supplements at home. But because you were so caught up into the joy of what was being shared and you felt so open with yourself and so right on, as they say, that it did not matter what you had ingested at all.
- 1994-0926-098 Other times you may go to a meeting where there are the vibrations that you perceive to be very heavy or jangling, as the word would be, not in alignment and you have come out of there feeling quite drained, I believe the word is, and you have taken a whole mouthful of supplements and you still felt quite drained. It had nothing to do with the supplements. It had everything to do with this. {Pointing to the head and heart}
- 1994-0926-099 **Well, that's very much to the point. I have just felt really fatigued this evening and I am not quite really clear what that is all about. Can you give me some assistance?**

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- 1994-0926-100 There have been some things in your daily activity that you have felt responsible for and you have taken upon your shoulders what would be perceived to be a weight of responsibility. You may go through every day with an ease knowing that you do not do what is done. Not alone. You do it in concert with all of the other Light beings, as you would call them, with your Higher Self. Whatever terminology fits here. For what you are focusing upon as Pat in this lifetime, is but a small percentage of your total Self.
- 1994-0926-101 Everything that you are calling forth in everyday is by divine plan. Not by a God outside of you. Not even what would be known as a Heavenly Father Who is outside of you, but a divine plan that you have set in motion from the very first moment when time began. You are not responsible for the way the plan unfolds for it is already in process. You have decreed that. You are not responsible for other's unfoldment or what they choose to be their catalyst for remembrance. So you may go with a feeling of irresponsibility.
- 1994-0926-102 **That sounds delightful.**
- 1994-0926-103 Indeed, and it will change, it will shift the way you look at everything in your daily activities so that you will get to the end of what is seen as a day when the angel of sun is setting and you will still be as energized as you were in the morning for you will know and you will feel that you are very much in order. That everything that you have done that day has been in order for it has.
- 1994-0926-104 There have been sometimes the constrictions within the body as to schedules and places to be, resistances of places to go or ones to be with. Resistances as your perception of where they are with their path or something they feel they need to do. You will feel or have felt a resistance to. Subtle. Very subtle but it is registered in the body as a constriction. It does not allow the flow of the energy.
- 1994-0926-105 When you allow the holy Child that you are, to be in a place of irresponsibility as far as the "having to," and "shoulds of the world", and when you know that you go in a divine order, which you do. Everything falls into place. There is a presence, not outside of yourself, that goes before you to make the crooked path straight. It is your own presence, but it is your own knowing.
- 1994-0926-106 **So, what I do is I feel too responsible to allow others to do whatever. I mean, I'm not putting this very well. It seems to be, I know experientially that I have let go an awful lot of caring about other's paths and being much more allowing.**

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- 1994-0926-107 Yes.
- 1994-0926-108 **But I guess what I'm still doing is... what am I trying to do?**
- 1994-0926-109 Ha, beloved one, yes. There is a deeply ingrained belief upon this plane and in this culture that you are part of, that you are responsible for everything that happens and at one level you are for you are calling it forth. But you do not set it right by an effort of will. You allow it to be right for it is right.
- 1994-0926-110 That saves you a whole lot of energy. It saves you a whole lot of constriction in the body. You have released a lot of the "shoulds" and the image of what it means to be a female in this time to express upon this plane. A lot of what it means to be the helper to others. To be there for them and there are many who call upon you and have in the past. Have called upon you to make it right for them when you could not. But they have called upon you and there has been a deeply imbedded belief that somehow you "should" make it right and it takes a lot of energy because you cannot do it. It is already right. It does not need to be made right.
- 1994-0926-111 You, beloved one, you are that close, do you see? That close you can hardly see in between. That close to allowing yourself to go in freedom every day so that the energy by nightfall is free flowing, as free flowing as it was in the morning and even more so for there are some mornings when you wake up and say, "Oh, no. I have to." You will find yourself energized in every moment because you will know that all of the pieces are being woven together by the one I have called the Grand Weaver Who takes every thread and weaves it into a beautiful tapestry.
- 1994-0926-112 You do not do that of your own focus. You do that as part of the whole, yes, and it is done without effort.
- 1994-0926-113 **So if I learn then....**
- 1994-0926-114 Indeed.
- 1994-0926-115 **... to ask the question, "What does the holy Child want to do today?" Because some days it is great but some days it is like nothing comes to mind. It is like this heavy cloud or something. But I can see around the other side....**
- 1994-0926-116 That is good. It starts with a glimpse and it grows, yes. Allow yourself to be at peace in every moment for everything is in order. Appearances may not look that way but that is the view of the world.

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- 1994-0926-117 **Well, when I'm in a group like this or like the other evening or last night or whatever. I guess I get into more of a problem when I am alone. Way out where I live. Much of what I do is just so dumb.**
- 1994-0926-118 **It is not dumb, beloved one, it has brought you to this point.**
- 1994-0926-119 **Well, I'm talking about just the daily... I don't like the daily stuff, you know.**
- 1994-0926-120 **Ah, then change it. Who says you must abide where you are? Reside where you are?**
- 1994-0926-121 **Well that's being changed. I've got about six weeks.**
- 1994-0926-122 **Indeed, that is a short time.**
- 1994-0926-123 **Yeah, then I'm going to be fine. Just like doing the dishes, cleaning the house. I don't like that stuff.**
- 1994-0926-124 **Indeed, you would be as the one who would twitch the nose and have everything in order.**
- 1994-0926-125 **Oh, I'd love it.**
- 1994-0926-126 **You can do that and you will in the days to come. But it matters not. It matters not whether you wash the dishes. It matters not if the dust stays where it is. Whether you vacuum it up and actually what happens is it goes back out again anyway in a little finer dust that you don't see, but it goes back out. All you do is rearrange it a bit.**
- 1994-0926-127 **Be gentle with yourself but also allow yourself to know that there is the presence of the holy Child in every activity that you do. It is as a beloved brother of mine and of yours known as Brother Lawrence who practiced the presence of God in every activity. Even washing the dishes was seen to be an activity of God, which it is, for you are the activity of God upon this plane and there is a certain satisfaction that many feel in seeing a clean plate.**
- 1994-0926-128 **Sometimes it is fun.**
- 1994-0926-129 **Indeed. Indeed. When it is at the point of a "should" let it go. When it is at the point where you would like to see a clean plate, wash it. If you would like the paper plates, use them. You are the one who is bringing it forth. Do not feel guilty. You are the one who brings forth all of these labor saving devices and time saving and whatever. You are the one who brings them all forth.**

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- 1994-0926-130 The importance is to remember the order and the ease and to be at peace with whatever you are doing. Put beauty into every moment of the day. Even when you would be washing the dishes allow yourself to have beautiful music on. Allow yourself to have a beautiful rose in front of you or another flower or an object of art, a painting. Something that you can gaze upon and see something new in it each day. It will transform even the most menial of jobs into an act of joy and beauty.
- 1994-0926-131 You are very creative. You will come up with all kinds of great ideas and then, beloved one, share it for there are many of your brothers and sisters who feel that the world, which is true, but their experience is one of all of the "have to's" and the "shoulds" and that there is very little time for them to enjoy. They save up all of their enjoyment for two weeks in the summer when they can take off from employment and go and do what they want to do. What a pity. There are fifty weeks, other weeks in the year that they could be doing what they want to do even if it is the same thing, the same employment. What matters is the way they look upon it. So share with others that if they do not find joy in what they are doing, there are ways of bringing beauty into that. They are very creative. Otherwise it would not be there.
- 1994-0926-132 Beloved one, what would you ask this evening? There is much about soulmates. I just do not understand. I would like to ask for clarification concerning soulmates.
- 1994-0926-133 Indeed, this is a concept upon this plane and in this day and time that is held by certain groups. Not held by all groups as you would see that are expressing upon this plane in this time frame. It is a concept that helps, aids the holy Child in beginning to know her wholeness as more than just one expression. It is felt, "That there must be more of me somewhere. I must have a soulmate." It is often seen that the soulmate would bring about completion of what seems to be lacking in one.
- 1994-0926-134 "If only I had my soulmate here I would feel complete. I would feel Love. I would know who I am. They would look upon me with such Love that I would be complete. Well maybe they aren't expressing in the physical form in this time, it is said, but there is a soulmate somewhere out there for me. Perhaps not utilizing the body but I know he's there and if I can connect and when I can connect with him," or her, "I will feel complete for they will complete me. They will fill in all of the parts of me that I feel to have holes."

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- 1994-0926-135 The holy Child is not a piece of Swiss cheese. Does not have holes that need to be filled in. The holy Child is whole. But in the process of remembering, the concept of soulmates is one step along the way to recognizing more than what you experience in this point of focus. It is a longing to know more of my Self, pictured as being a soulmate and that is why many long for and search for the soulmate. And sometimes they will find ones utilizing the body and feel instantly at home with that one and say, "You must be my soulmate. I feel so much at home. I feel complete with you."
- 1994-0926-136 It is because of what this one is experiencing and seeing in the other one. It is not that they come with a magic that is filling in everything and making everything right, but it is because this one has an expectancy and perceives that that one is making them complete. You have all witnessed ones that have been very much caught up into the energy of having found the soulmate and six months later needs to find a new one.
- 1994-0926-137 "Oh, I made a mistake. That one is not my soulmate. No, we have a few problems and boy I didn't see him right in the beginning." And they go and change and find another one that activates their belief in the wholeness that they are.
- 1994-0926-138 That is how it serves the holy Child in remembering. Is there a soulmate? Yes, you are your own soulmate. And that is who you are truly searching for. You are searching to know your own soul, your own wholeness and yes, ones will come and in the experience of them you will see more of your total Self, but you are your own soulmate. You lack for nothing.
- 1994-0926-139 But it is a fun concept to play with and it aids in remembering. That is its benefit. So there is much that is written about it. Many study it. Many search and it is fun to search. It is fun to fall in love for truly, it brings forth your true nature as the Love that you are.
- 1994-0926-140 When you first fall in love you are in such exhilaration, a heightened feeling of the beauty of life. You cannot wait to be with that one and to share with that one and there are all kinds of insights that come forth and you just can't wait to share. "And what did you think about that? Let's go here," and you are alive. It is wonderful to be in love. Fall in love. That is your assignment. You have two assignments. That is your assignment, fall in love with your Self. Fall in love with life and its expression. Become dynamically alive. One hundred percent totally incarnate which means bringing in that Spirit that you are into this expression upon this plane. Don't walk about just with the pilot light on, but allow all of your Light to

come totally alive. Fall in love with your Self. Fall in love with the holy Child.

- 1994-0926-141 Ask that holy Child, "What would you like to do?" As you would ask a lover. As you would awaken in the morning and you would turn to the lover and say, "Hey, what shall we do today? What would you love to do today? What's really great about today? We will do something special." Ask the holy Child that. Fall in love with the holy Child. It will transform your world.
- 1994-0926-142 Thank you, beloved one, that was fun.
- 1994-0926-143 And now, would you have another question?
- 1994-0926-144 **Yeah, for a very long time I've been involved in a long growth producing litigation. It's just coming to fruition and it has been my plan for some time to move to Santa Fe. In the Santa Fe area someplace not the town of Santa Fe. In my working life I have always been led. I never apply for a job. It is though I was directed and one step was more growth producing than the next. It would force me, it would literally force me into trying greater things and I expanded each time I did that.**
- 1994-0926-145 **I have two ideas in mind that I would like to do, but there is still a question mark about is there a special service or a special work that I am to do there? To continue on with what I have learned up to this point? Just go ahead with the ideas that I have? Any guide or help?**
- 1994-0926-146 Indeed, beloved one, as you have already discerned and as you have already spoken, you have much guidance and it is not outside of yourself. The ideas come unto you and as you play with them you find ones more exciting than others and you find yourself focusing, playing, being creative about, "Well, what if I did and this would fit together here and I could do," and you become very much alive with it. That is what to follow. Follow what brings you alive. Follow what is joy. Yes.
- 1994-0926-147 **Can I tell you?**
- 1994-0926-148 Oh, indeed.
- 1994-0926-149 **The angels have been with me since I was a child and I would like to honor the angels and begin an angel house and contact some of those Octaros in New Mexico and have them carve some beautiful angels and take them on consignment and find some very very beautiful special angels to sell. And increase the awareness of people who come into the shop that what wonderful gifts these are to give to children and grandchildren and to begin an angel collection. To make people become**

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more aware of our angels and their constant guidance and presence and I can see, I can just visualize it. I can see it and the yard around this house in the Santa Fe area even larger. Outdoor ornaments of angels and the whole concept being a way of giving honor to our angels and bring more recognition to them. So that's one.

- 1994-0926-150 Another is I love to redo houses. I love the creativity and I am a visionary and I love the excitement and I can see if I do this and I do this and I can do a "House Beautiful."
- 1994-0926-151 Right.
- 1994-0926-152 So I'd like to find some houses that are in need of tender loving care and create and redo them and rent them for people. So those are the two things that I can think of. I thought in some way create a healing center. That was called to me a lot. My background is wellness and I can see that so I have a lot of ...?..
- 1994-0926-153 You do, indeed, and as you have discerned none of them are to the exclusion of any of the others. They will all work together. They will all evolve. You will start with one aspect first, but as you allow your brothers and sisters to remember through the beauty of the angels, to remember the Light and the Allness that they are. That is healing. That is what true healing is about, it is about remembering the wholeness of the holy Child.
- 1994-0926-154 So even in serving the brothers and sisters by providing for them the beauty and reminding them in very tangible form, that there is much more that goes on than just what is right in front of the nose. You allow healing to be begun with that.
- 1994-0926-155 You are one who has always, not only in this lifetime but many other lifetimes as well, been able to see beyond appearances. You are indeed, a visionary. That is why you will look upon a house, a room and you can see the wall not being there. You do not get stuck in appearances. You are able to see beyond the veil of what this plane is.
- 1994-0926-156 That is why you have the closeness with the angels, for indeed, you can look beyond what is just right here as the physical appearance and know that there is all life around. All of the angels. Many filling this room it is filled to overflowing with angels. Many sitting upon your shoulders, upon your laps. All over.
- 1994-0926-157 Yes, you will find yourself doing that as well for there will be a flow of the golden coins that will come from that that you will then channel into other interests and into a healing center that yes, you will be part of already.

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This is a true vision. You will have objects of beauty. The angels. Some others that will reflect the Light that will remind the brothers and sisters of the Light that they are and take them beyond the mundane appearances of the schedules and the activities and what society says life is all about. It will be most healing and you, yourself, beloved one, will come unto a place of remembrance of the wholeness. You are that close.

- 1994-0926-158 Indeed. Follow your heart. It speaks true.
- 1994-0926-159 Would you like to get up and walk around for a bit? Yes, we will take a short break.
- 1994-0926-160 {Break}
- 1994-0926-161 Ah, beloved ones, is it not fun to come together and to throw out the ideas almost as you would see one of your volley ball games, I suppose, where the ball is up in the air and goes around and each one has a part in it. Sometimes an active part of throwing the ball, other times as sitting there and receiving it and thinking about it and subtly throwing the energy around.
- 1994-0926-162 For it is not necessary that you all interact as what you would see as a very active manner of speaking. All of you, as you sit here and you behold the ideas you all have your own thoughts that very much join in right here in the middle of the floor. Very much shared whether they are spoken through the mouth or not for there is no separation.
- 1994-0926-163 And as you have discerned, others questions, seemingly others questions are your questions. Ones that you have thought about. You have pondered about, wondered and other will give voice to it and you thought, "Oh, yes. That's something I wondered about," and as the answer came forth you thought, "Well, gee, that's what I suspected. I thought maybe. I had a clue." Do you see the wisdom? All of you are the wisdom.
- 1994-0926-164 You, beloved one, you have been as the grand barrister in many lifetimes. You have been the one who was most eloquent and stood up there and argued, as they call it, argued the case many many times. You have been as the grand barrister who was interested only in winning the case. Other lifetimes you were the one who has come and been a barrister because it was a service unto the brothers and sisters who needed to have voice and you had studied and knew the language and you very much did not care how the ritual was performed, but you wanted justice for the brother or the sister.

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- 1994-0926-165 This time around you find yourself again, in the same arena. Not quite in the same role but calling in the wholeness that you are. Being able to call in the angels and the unseen beings, all of your Self, knowing that you are not there just as one woman, as you would see yourself to be. But you are there as the emissary of many and you have much company.
- 1994-0926-166 You have brought all of this forward in order to do what you would call a completion in this lifetime of knowing the wholeness of what goes on in the drama in that arena and to be able to see it as a drama. To be able to see that there is much more that goes on besides just the cases that are tried and the words that are spoken. But there is much of the holy Child who is searching to come Home through that avenue even though it would look to be much in conflict with the purpose of the whole. The whole is served.
- 1994-0926-167 **Thank you.**
- 1994-0926-168 Thank you, you are the one that is doing it.
- 1994-0926-169 Now, beloved one, would you have a further question?
- 1994-0926-170 **My son is four and a half and right now he is with a sitter and her name is Catherine and I liked her all of these years but I think it's time to move on because it seems like she keeps giving more problems. I just don't know how to go about it. It's like I'm stuck in a rut as far as I can and I don't know if it's just my personality where I can't look a little deeper. Like I get afraid or something.**
- 1994-0926-171 **For instance in July I was going to start looking for a daycare center and different things would happen and then I would kind of get comfortable and not look. But I think Christopher is to the point where he is very smart where he should be in a different kind of an arena where it would challenge his mind. So you are in agreement with that?**
- 1994-0926-172 Indeed. Where do you think this idea has come from? This idea has come from the one known as Christopher for he desires to have the interaction of others of his own age, to be stimulated by more.
- 1994-0926-173 **Okay**
- 1994-0926-174 Yes, you have received his message well.
- 1994-0926-175 **Okay. Is that why like little fights are coming because he is the oldest now of the group?**
- 1994-0926-176 Yes.
- 1994-0926-177 **Okay, so how can I move to get this done? I'm in motion to do it**

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- 1994-0926-178 You tell me, beloved one. What are the avenues upon this plane for finding a place known as a daycare?
- 1994-0926-179 **Well, I would just call up and start doing it.**
- 1994-0926-180 Indeed, and you will go and interview different places and see how they feel.
- 1994-0926-181 **Well why am I just sitting and not doing it?**
- 1994-0926-182 Again it is for you to tell me.
- 1994-0926-183 **Okay.**
- 1994-0926-184 It is time, beloved one. You have felt this at a depth, but it is now time. Yes, the seed has come, has burst its shell and is beginning to grow and the seed needs the nurturing of other nutrients, we will call it, minerals and whatever in the soil, yes. Christopher very much desires the stimulation and the sharing for he has much to share with others.
- 1994-0926-185 **And I have one other question about what I was asking you before. When I was pregnant with Christopher I picked up a rash so is that something that I created?**
- 1994-0926-186 Yes.
- 1994-0926-187 **It is?**
- 1994-0926-188 Yes.
- 1994-0926-189 **How do we do that? In other words, the doctor gave me some medicines so that would stop this horrible rash that I had but I created it?**
- 1994-0926-190 Yes, it was a resistance and a fear. A resistance born of a fear. In what you would see as a very deeply embedded memory that you have carried with you throughout many lifetimes. A fear of becoming a mother.
- 1994-0926-191 There have been many lifetimes where you were sought after as a beauty, as one who was a courtesan but if you became with child you were cast out into the village or beyond the village. It was seen to be very unsafe to become with child. You reinforced this through other lifetimes, other life experiences where the scenery perhaps was a bit different. The script was a bit different. Circumstances, people that you interacted were different, but the bottom line fear was the same. That once you would become with child you were no longer safe. That you were no longer valued.
- 1994-0926-192 You also experienced the lifetimes where you were seen only as a woman who would bring forth children. You were not valued for yourself, but only for the sons that you give forth. You were in resistance. The body was your

perfect servant. You broke out. It was your desire to break out of that limiting fear which you have done. You came through it. It did not devastate you.

- 1994-0926-193 **Right. What I am looking at now is a little bit different than what you are saying, what I discovered was because of Rh negative.**
- 1994-0926-194 But how did you manifest to be Rh negative?
- 1994-0926-195 **Right. Okay so that was a desire that I had way back so that when everything was set to be then this would happen?**
- 1994-0926-196 It is part of what you experienced in the drama.
- 1994-0926-197 **Okay.**
- 1994-0926-198 And all of you sitting here have experienced that as well. You have gone through variations on the same theme. Your own way of looking at it. Your own way of dealing. Your own way of fear of being in expression with the female body in a society that did not value the female body. You have also expressed as a male with the design pattern of a male where that was not seen to be of value and the women were most strong and dominant in that culture, that society and you were the male who was not valued.
- 1994-0926-199 And then you have also been the women who is very much in charge, very much in control. So you have experienced all sides of it. Each and every one of you have dealt with the issue of what society would say the image of your design pattern would dictate to you that you be.
- 1994-0926-200 Even in this day and time you have collected to yourself an image of what it means to be woman and how you will interact with others and there has been much of awareness that you have seen in the last three decades of your timing, perhaps, yes. Where woman has said, "No, deep within me I know there is equality." And there has been spoken words that have come forth and said, "Honor me. I am as important as you are. You may have another design pattern but so what? What if the plumbing is different. I am as important as you are. I have talents. I have abilities." There is now very much a focus upon gender equality.
- 1994-0926-201 **Yes.**
- 1994-0926-202 Does that answer your question? As to the one known as the baby sitter, you are the one who employs her, yes? It is the same as you would go to a department store and you would purchase a piece of raiment. You are free to purchase this one in blue or that one in red. Whatever choice. Just say unto this one, "I feel there is a completion." That is all.

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- 1994-0926-203 She is asking for another arena of interaction as well. This has not come to you in isolation. Nothing ever occurs in isolation. You may feel that you are the one who is wanting this change and you may take upon yourself a feeling of guilt for the other one has not approached you yet on a very visible manner, but this one, yes, has approached you for she desires a change as well.
- 1994-0926-204 **She does?**
- 1994-0926-205 Indeed.
- 1994-0926-206 **In other words, she would like me to....**
- 1994-0926-207 Yes, she is waiting for you to say, "I feel this completed."
- 1994-0926-208 **Yeah, I believe you are right.**
- 1994-0926-209 And in that there is no guilt attached at all. It has just been completed.
- 1994-0926-210 Beloved one.
- 1994-0926-211 **I have a question about how to respond and deal with the communication between Caz and myself when he is in kind of an argumentative mood but he never really gets to the point. Like he does all this talking that doesn't make any sense. I don't know what to do. Today he was so angry and I realized I just want to throw him away. I don't know if I'm feeling like that thinking or maybe I'm just going to have to learn to deal with that, but how?**
- 1994-0926-212 Indeed, beloved one, you will as you have said, learn to deal with it but not to deal with it in a way of conflict and effort. You will deal with it in seeming him in wholeness and in love.
- 1994-0926-213 See him as you would see the toddler, the child who is learning to express. Learning who he is. Trying out different methods of expression. A lot of times not dealing directly with something but talking all around and creating a bit of the sand upheaval in the sandbox. This one likes a lot of sand up in the air.
- 1994-0926-214 If you do not, you have at least two choices or more. You may abide in the sandbox with him and put up your umbrella or you may know yourself as the Light which is your umbrella, or you may take yourself to another sandbox. Speak unto this one that you are feeling much of the chaos of energy, that you desire to experience peace. That you desire, and you will come unto a clarity first, in your own heart of what you desire. Even take the notebook and write down in words what you desire. Visualize it. Write it out. Come unto a place of clarity of what you desire in relationship and speak unto

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this one after you have come unto a place of clarity within yourself, "That this is what I desire. Not only desire, but this is what I deserve."

- 1994-0926-215 As he feels your clarity, as he feels you will not be as the drifting sand with it, but you are centered, he will know that he has a choice and that is truly what it is. It is a choice. He may decide, "Okay, I value this relationship and I want to keep on with it," which indeed, he does. "And I will see what I can built with the sand rather than throwing it up in the air." Or he may say, "What the heck with it. I love throwing it up in the air too much," and he may say unto you, which I am sure he already has, "I'm sorry but I can't change." Big cop out. If he values something enough he will make a shift in perception.
- 1994-0926-216 But it is for you, beloved one, to come unto a place of clarity within yourself first as to what you desire to experience. Write it out. Abide with it. Dream with it and then communicate.
- 1994-0926-217 that I expect him to find a job?
- 1994-0926-218 Indeed.
- 1994-0926-219 He told me the other day he really doesn't desire to. What can I do?
- 1994-0926-220 If that is one of the aspects that you desire in a relationship.
- 1994-0926-221 I just want him to have money. I don't care how he gets it.
- 1994-0926-222 Ah, now, do you truly not desire how he gets it?
- 1994-0926-223 No.....
- 1994-0926-224 Indeed, there are certain ways that you would rather he get the money, yes. And for him as well. Wholesome ways.
- 1994-0926-225 ..?...
- 1994-0926-226 Yes, write that out as part of what you feel you desire and then go one step further and ask of yourself, "Why do you desire that?" Do you see what is going on here is your own way of coming unto clarity for yourself. It really matters not what he is doing. It could be the one known as Caz or it could be someone else, but he is acting as a catalyst for you so that you come unto a place of asking yourself, "What do I desire?" And coming unto a place of clarity where you know what you desire.
- 1994-0926-227 Then when you have written down your list ask of yourself, "Why do I desire this? What is truly being desired here? And does it depend on what he does?"
- 1994-0926-228 I suppose if I made enough money I wouldn't care?

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- 1994-0926-229 Abide with your desires and then ask what is truly the desire here? Why do I desire that he have a job, dress, clean up the house, whatever, whatever these things are. Be peaceful with me. Love me. Honor me. And then ask, "Why do I desire that. What is the message in it that I am telling myself." For truly this one known as Caz is but your catalyst. He is your servant. He is pushing some buttons that will allow you to look at what you truly desire. In the relationship, yes, that will start, but what do you truly desire?
- 1994-0926-230 He is your servant so that you can come unto clarity yourself, to an inner wisdom that says, "It matters not what the rest of the world does. It matters not what all of the brothers and sisters do. I can be the wholeness that I am abiding in a cave all by myself somewhere. Or I can be the wholeness that I am amidst a crowded room for I know who I am. And it matters not whether the one known as Caz or Joe or Howard or whatever. Whatever they do that is their script. That is their path. They serve me, yes, because they remind me of things. But what is important is what I desire and why I desire and what the bottom line is." This one serves you well. This is why you have attracted him into your life at this time.
- 1994-0926-231 It may or it may not work out as society says a relationship should work out.
- 1994-0926-232 **I am sure he will desire it to work out. I really desire it to work out. It gives me some confusion in how to handle it.**
- 1994-0926-233 It gives you some freedom also. You are doing very well with it. It is bringing up for you issues but they are not what you would see as the volcanic earthquake type. You are doing well with it but allow yourself to write out your desires and then to say, "Why do I desire this? What is the deeper level here?" And then you will see that what is important is right here in front of you. Not this one. It will not matter. It will not matter if he goes throughout the whole house talking, ranting, raving, whatever he is doing you will be as the Light that you are and it will touch you not.
- 1994-0926-234 Beloved Carolyn, would you have another question?
- 1994-0926-235 **Always.**
- 1994-0926-236 Yes, this is true. This is true, beloved one. You have been one who has always had many questions.
- 1994-0926-237 **I'm confused about defenselessness and I think the question I want to ask is what is the role of discernment in defenselessness?**
- 1994-0926-238 Beloved one, the holy Child needs not to defend for the holy Child is all and is all power, is not vulnerable to anything. Does not need to defend anything

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for you are already the Light and the Love and the Allness of the holy Child.

- 1994-0926-239 When you get into defensiveness that is the voice of the ego that would say that there is something that could be hurt, could be lost, could be vulnerable, could be altered, could be changed. You cannot be altered or changed. You are changeless, created perfect from before time began.
- 1994-0926-240 But when you get into defensiveness you put up more and more barriers, more and more conflict you see, out there and this escalates what you see as the need to defend even more and it focuses upon separation. It does not focus upon the oneness that you are. It brings up more and more. It will reinforce and escalate the feeling of needing to defend.
- 1994-0926-241 You are truly all. You do not need to defend it for there is nothing that can assail you or hurt you or take away from you. Your discernment lies in knowing the Truth of your being. Your discernment lies in coming from that place of wholeness, always.
- 1994-0926-242 When one will come and stand in front of you and will threaten even the physical body with what you would see as a weapon, if you will hold the vision of the Light that you are the Light of the one who stands in front of you, you will love this one and it will not matter whether the body be struck or not. It is not to say there is a magic in this and that it will ward off a blow. It is to say that you come Home and that is what is important.
- 1994-0926-243 For always, in every lifetime that you have ever had, you have laid down the body. You have laid it down sometimes gently and peacefully. Other times you have laid it down in a violent manner. It matters not. What matters is that you come from the place of discerning and knowing your wholeness as the Light that you are and in an instant beholding that one who would seemingly be threatening you either with bodily harm or with emotional harm. Any kind of harm that you can see and in that instant beholding that one as the Christ, and you will find yourself smiling at that one and allowing the Love that you are to pour forth through the eyes and through what you would call the heart chakra unto that one. And in that moment you come Home and that is all that matters.
- 1994-0926-244 Now, beloved one, you can practice that in some of the movies that are being shown now. You can watch movies of violent nature and you can see where ones are about to do violent harm unto another and in an instant you can behold that one who is about to enact violence upon another seemingly a victim, and behold that one as the beloved Child who is enacting a scripts.

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For truly, in the movie they are enacting a script, but you can look beyond that and you can behold that one as yourself.

- 1994-0926-245 There will be an instant where all of a sudden completely outside of what the emotions would be in that movie, the emotions that you are expected to have in that movie. All of a sudden you will find yourself loving that one, and saying, "Hey, that's just a kid who doesn't know any better," and that's the Truth. You can practice that. That is the benefit of what you bring forward what is known as the movies. Even the ones that are violent nature. There are many who would look with fear upon the violent movies and would say, "If I focus upon violence maybe then that will grow in my awareness and I certainly don't want that." That is one side of it.
- 1994-0926-246 But if you look at a movie, an enactment and you can see past the appearance to what that one is searching for, then you have turned, you have shifted the perception. In every portrayal there is the holy Child searching to come Home. If you can see that in any movie that is upon your screen or upon your television set, then it serves you. Every movie that you bring forth and you are the ones who are bringing it forth as a message for you and it is not a message of fear. It is not a message that it will overcome you and you will say, "I am abiding for an hour and a half in this rubbish." That is your perception of it and if you perceive it as rubbish, well then okay, you have been abiding for an hour and a half in the rubbish. But it has a message for you beyond the appearance. Look for it.
- 1994-0926-247 It does not mean to say that you have to turn on every evening and watch the movies that would be of a violent nature. No, you can try it once or twice. Get the message and go on.
- 1994-0926-248 **It seems on some levels I understand. There is still a lot of work to be done, but it still seems that I shouldn't go play in traffic so that there needs to be some discernment there also.**
- 1994-0926-249 Yes, it depends on what your belief is. When you hold the belief and the knowingness that you are Light and you are energy, you can stand in the midst of flowing traffic and it will not harm the body. But at this point in the belief there is a bit of what they have termed the common sense and speak the language of expression upon this plane, yes.
- 1994-0926-250 However, fear is the voice of the body. That is where fear comes from and it is temporal. It is tied into the expression upon this plane and seen in time. You are calling forth all of these experiences in order to know the timelessness of yourself. But as we said to this one and the belief in not needing to eat, do not leap from here into the midst of the traffic yet.

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- 1994-0926-251 {Laughter}
- 1994-0926-252 **As always, on one level just being here answers the questions.**
- 1994-0926-253 **Indeed.**
- 1994-0926-254 **And yet I think I want to be walked through this. And that is, I will be taking an examination for state license, or state boards or whatever October 15th, and most people prepare for this for two months in advance and I have two weeks here and I'm not alarmed by this but I also don't want to be unrealistic. And I kind of feel like for sure I probably need to put some effort into this and I guess I question will I be able to trust myself to put in the right amount? Would you help me with this?**
- 1994-0926-255 **Ha, beloved one, you are delightful. You are as a child who plays in the sandbox and you throw sand on this side and you throw the sand on this side and the "what if's." You, beloved one, are what they call a quick study.**
- 1994-0926-256 **Really?**
- 1994-0926-257 **You are one also who works very well under a pressure, a time line. We will not call it a deadline, but a time line. You have enough time between now and the October 15th refresh the memory, to bring it forth.**
- 1994-0926-258 **What is most important here is to know that all that you need know for this examination you already know. It is in your computer somewhere. It will come forth in that day as you allow yourself to abide in peace. Not in constriction. Not in fear. Allowing yourself to breathe before you answer anything. Yes, remember the breath. Do not hold it. And allow yourself to come unto the place where it flows as a wellspring, for it is within you. You are the one who has brought forth all of the experiences and all of the learning, as you would call it, that is in the computer. You are the one who has already scripted the exam.**
- 1994-0926-259 **My!**
- 1994-0926-260 **Ask of yourself in your preparation. "If I were making this exam what would I ask myself?" It will give you clarity. It will give you a place of peace also.**
- 1994-0926-261 **I have had this sense or whatever, that I and I just said to a lot of people, "Well, I'm just depending on love and angelic assistance in this because it just doesn't seem like I need it. It's just so silly in the first place. Although some of these things, I did take a course on Saturday sometime recently and some of it I hadn't heard of consciously.**

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- 1994-0926-262 Yes, you are bringing forth new ways of looking at this field and the techniques. They are what they call advancements and developments that come forth. Yet they come forth from within. From your own remembrance of who you are. That is the bottom line in doing any of this work as it is called. Remember the bottom line and come from there.
- 1994-0926-263 But yes, you have new techniques, new methods, new wording. Some new concepts. Another way of perhaps approaching what you have approached maybe this way and you will find another way or another way to look at it and it will be new methodology which is actually old, but it will seem new. Yes.
- 1994-0926-264 Do what you feel necessary in preparation to feel at peace. There will be some that you will do. You will pick up some books and notes some whatevers and you will over and you will say, "Yes, I know that. I know that. If I were writing this exam I would ask this question. What is important here? I would ask this. What are the areas?" And you will get some clarity on it.
- 1994-0926-265 **You mentioned this time crunch that I do. I would really like some clarification on why I do that? Sand, yes, but what's the deal?**
- 1994-0926-266 What's the deal? It makes you feel truly alive. You like the feeling of pressure. It says, "I better get in there and do it."
- 1994-0926-267 **I like that feeling. It feels like I don't like it.**
- 1994-0926-268 Indeed, but at the same time, it "proves" that you are alive, that you are feeling feelings. That you are right in there doing it.
- 1994-0926-269 **It doesn't sound very healthy to me.**
- 1994-0926-270 It is healthy as the daughter decrees. It is part of the adventure of the holy Child, the way you would script it. The way you desire to experience it. There are many who go to you
- 1994-0926-271 They feel what they are doing day to day is pretty much ho hum and steady so they go to the amusement park so they can be activated, energized, on the edge of their seats. You do the same. You don't go to the amusement park but you bring up what is known as the tests and the exams and the deadlines, time lines so that you can feel you are right up there and "Boy, I better do something about this and gosh almighty. And look how I came through this? My goodness, you know I didn't have enough time to study. There was this and that that had to be done but I got through it." Of course you did. It makes you feel alive.

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- 1994-0926-272 **So if I just look at that the way I crunch the time, individually, because sometimes I get into fear with it. At this time it is kind of like well it's going to be a new, ... in this time.**
- 1994-0926-273 **Indeed.**
- 1994-0926-274 **But I suspect I'm going to be pressured again.**
- 1994-0926-275 **There will be the habitual questions, the doubts that will come up at the last minute. They are already starting to simmer. And they will come up because it is the voice of the ego that will say, "What if? Have you prepared enough?" You have prepared enough because you are already All. You are the one who is scripting that whole exam anyway. So yes, you have prepared enough, but the voice of the ego is the one that comes up with the "what if's? Have I done enough?" It is an age old question born from the soil of the belief in separation and it comes up again and again in different guises for you to discern exactly what you are on the threshold of discerning right now. "That yes, I am all wisdom. I know what needs to be known and it will come forth as I allow myself to abide in peace with it."**
- 1994-0926-276 **But enjoy the adventure, beloved one, for you do enjoy adventure.**
- 1994-0926-277 **Could I tie that with another question of mine. I don't think I can articulate it as well as I would like, but it is kind of like, yes, so we have all done everything, been everyone, are everyone. There is no separation.**
- 1994-0926-278 **Right.**
- 1994-0926-279 **And yet, as individuals we each have, help me understand how we each have had maybe on stand, or is that it? Or how, can you discern what I'm really asking please?**
- 1994-0926-280 **Ha, ha, beloved one. You have discerned well that there is no separation. There is one holy Child as the Light that is expressing upon this plane and coming unto a place of remembrance. There are seemingly different modes of expression, of experiences where you would identify your lifetime this time, as being somewhat different than the lifetime of this one and also the past lifetimes you would feel to be your own. It is because of the point of focus. The focus that you are identifying with.**
- 1994-0926-281 **And yet, in your times of meditation, your times of quietness where you allow yourself to throw open the mind and to travel unto other dimensions, other expressions, other lifetimes, to play with unlimitedness. You claim all because you are All. But it is seen in the point of focus where you are now. It is seen that there are certain qualities and attributes that are yours.**

Certain abilities that you have practiced and honed, certain interests that you have that perhaps the one sitting next to you does not have an interest in or does not have previous experience in. It is not true. She does, but she is not focusing on them as what you see as this point of time.

1994-0926-282 The Allness is beyond the finite mind. You can play with that concept and in playing with the concept it makes it finite and it is beyond what you can conceptualize. However, it is a beginning. It is much better that you play with the concept of infinity than just to be asleep. You are coming to the place of wakefulness.

1994-0926-283 So in your quiet time, you play with the expression in other dimensions, other lifetimes, other ways of expressing. Still as you would call it upon the human plane, or as the animals and flowers of other life process upon this plane. Allow yourself to what you would call as abide with that, practice that. It will allow you to claim more of your unlimitedness.

1994-0926-284 But the reason that seemingly you sit in a different design pattern with a different history is because of the point of focus, and what you are identifying with in this point of focus.

1994-0926-285 **Yes, so I understand that to some degree, but it is kind of like, so is this point of focus and this point of focus really have these past lives that go with this focus and this focus and that focus? Or is it just all together anyway?**

1994-0926-286 Yes. It is not delineated. It is not separated. It all goes as the One, yes, as you have described so well with the hands. Yes. You may claim to have had previous lifetimes as Cleopatra, as Joan of Arc, as whatever, all the different ones. Others will come along and they will say, "I though I was Cleopatra. I've been told I was told by one I really believe and he said I was Cleopatra. How can you claim that?" Why not? If you are the holy Child and you are, if you are whole, and you are, you are the All and you have experienced all for there is no separation.

1994-0926-287 The point of focus, yes, speaks of separation, but that is what it speaks of is separation. That is its nature because it is so focused as a point. And yet that point is, as you would see, one of the points of Light upon a huge crystal ball that is reflecting all of the Light. That point of Light blends with all the other points of Light. But as you focus upon that one point of Light, that seems to be what it is. Just that.

1994-0926-288 Now you would ask, "Is it true that there is reincarnation?"

1994-0926-289 **Yeah, why not. I wasn't asking but it is here.**

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- 1994-0926-290 That was beneath what you were asking. You may go and claim past lifetimes, future lifetimes and say, "This is what I have experienced. I feel an alignment with it. I feel that's who I have been. I have certain qualities and an affinity to this one or that one."
- 1994-0926-291 In that claiming you bring yourself to a point of acknowledging that you are more than what is in this point of focus. Is there truly reincarnation? No. But the concept itself benefits the holy Child in knowing that you are more than this point of focus. All is occurring outside, out and beyond time. Reincarnation is contained within the concept of time.
- 1994-0926-292 So in Truth, there is not reincarnation. In Truth with a capital "T". In truth with a small "t", yes, you have lived the life of everyone. You have reincarnated countless times and that is why I speak of it often, is to remind the holy Child that you are unlimited as the expression of the Creative Holy One.
- 1994-0926-293 It is a truth - with a small "t" - that acts as catalyst to bring you Home. Play with that one.
- 1994-0926-294 **Gracious.**
- 1994-0926-295 Indeed, that is what it is all about, fun.
- 1994-0926-296 Beloved one, what would you ask?
- 1994-0926-297 **I know this is in the realm of the dream, but it seems that so many times it has come into my thoughts and I have an aversion to Rome and Spain and I am wondering if I was martyred there? I feel that I was, in fact just pictures of Rome just, ooh.**
- 1994-0926-298 Indeed.
- 1994-0926-299 **I think I might have been thrown to the lions or something.**
- 1994-0926-300 You were indeed, beloved one. You experienced many lifetimes in that geographical location that were not happy ones. That were traumatic ones. Ones where you stood up for the Truth that you knew and others ask you to lay down the body in most violent ways for there was not a reverence for the expression in physicality. The body was often asked from one in a violent way.
- 1994-0926-301 There were times that you as the matriarch of a noble family saw all of your family wiped out by the conquering hoards that came down from the North. There were times that you as a patrician and believing in the betterment of your fellow brothers and sisters were wiped out - interesting terminology. I suppose they had to wipe up the mess on the floor. Anyway,

the body was asked of you in most violent ways with no regard to your life expression.

- 1994-0926-302 Yes, you were thrown to the lions, again, because you stood up for the Truth that you knew. So the body even as you see it now carries with it a fear that is seemingly identified with that geographical location. The same with what you would see as Spain, for it has come through what you would see as a very dark period for there was not reverence for other expression upon this plane and if you were not in the ruling power, the ruling circle, there could be much torture to the body. A very slow asking of you to lay down the body so that it did not seem to be a choice to lay down the body. It was very much a willingness to, "Yes, I want to lay down the body and to get out of the pain."
- 1994-0926-303 This happened many times on the physical level. Other times it was on the emotional level where the life was not happy and you desired to be done and rid of it for you saw what was of the family being taken from you to defend a faith that you did not believe in. You saw the sons of your body whom you loved, being taken from you either because they stood up for the truth that you as a family believed in, or because they were asked to serve others and to go and conquer in other geographical locations. And you asked of yourself, "What is it all about? Why bother to be born and bring forth life when it is taken from me?"
- 1994-0926-304 But you have come past that, yes. It has been as a thread in the tapestry that has brought you to this point of looking beyond the appearance of what would be the acts of the world and the acts of the brothers and sisters who seemingly would have power over you as you are now knowing. They do not have power for you are the master upon this plane the same as they are and you script your script moment by moment according to the Truth that you know and according to the courage that you have in your heart to live it.
- 1994-0926-305 Always, you have lived your truth. That is why there has been the fear in the body many times. For the body has said, "She has no regard for me. She believes in her truth. She believes she knows who she is and she cares nothing for me." And there has been pain.
- 1994-0926-306 Do not trouble yourself over that, beloved one. You have discerned well that that is what it comes from but you are free now to travel unto that location if you would desire and to look upon the beauty that abides in those geographical locations for there is much beauty of nature that you would see. There is much of the Christ that walks the earth in that location

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as well. So you are free to go unto those places no longer encumbered by the fear and the remembrances of other lifetimes.

- 1994-0926-307 It is as you would read a book and you would finish the book and you would put it down on the table and walk away from it. It has served you well but you do not have to carry it with you.
- 1994-0926-308 Thank you, beloved one.
- 1994-0926-309 Now, what are you desiring of? Would you like another round of questions or do you feel complete?
- 1994-0926-310 **Another round.**
- 1994-0926-311 Well we will have another round of questions if you are all in agreement. Okay.
- 1994-0926-312 Beloved one, have you another?
- 1994-0926-313 **I heard a lot and I've read a lot about the changes that are coming. And I heard some will stay. Some will leave to other planets. Some will be taken up. Some will help to recreate the earth, the great earth and live in the peace and the love of the planet that is evolving as we are and I wondered if you could talk to us a little bit about, where are we in all of this?**
- 1994-0926-314 Ah, beloved one, you are coming Home. You are coming unto a place of knowing the Light that you are. That unassailable Light that is the power and presence of the Allness.
- 1994-0926-315 Yes, there are changes that are coming. It has always been true that there are changes upon our Holy Mother, the Earth, yes, and upon all of the dimensions as you would see them. It is the nature of the ongoingness of the creative Child to change, to create more. Yes, so there will be the changes.
- 1994-0926-316 For some these will be of traumatic nature. There will be some who will choose the violent laying down of the body through what they will see as the acts of God. And it is indeed, acts of God for they are expressions of God. Not of one God afar off, but the God right there experiencing.
- 1994-0926-317 There will be the gentle shifts for others who do not require the dramatic knock upon the head that brings them to the place of saying, "Perhaps I can see anew. Perhaps I can choose anew. Perhaps there is another way of experiencing life on this plane." And for many such as yourself, the changes will be gentle. They will come because you know yourself to be unfolding and moving with the changes. You know yourself to be the one who is decreeing that there be change. For you desire to know Light upon this

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plane. You desire to know beauty and Love and harmony upon this plane and you have said, "I do not want it to stay this way. I want a change. I desire a change. But I do not need it to be of a calamitous nature. It can be gentle." And for you it will be.

- 1994-0926-318 As for ones being taken up there will be some that this will be their reality - with a small "r". It will be their belief that it will be the brothers in the spaceships who will come and take them off of this planet while the planet goes through its chaos and its transformation. It will be their truth - with a small "t".
- 1994-0926-319 What is coming for you is a time of grand beauty and a time of Light upon this plane. Those who are in alignment with that vision and there are many, will be in that consciousness upon this plane and what they will experience will be a time of grand Light. A time of harmony. A time of coming Home and abiding even with the physical body in the consciousness of knowing that you are Home, always. It will be a time of grand joy.
- 1994-0926-320 For others, it will be a time of chaos and confusion for they will be decreeing that. If you will receive it, what is happening now even as we sit in this circle in this point of focus known as September 1994 in the location of Denver, Colorado, we have a certain, what you would call, collective consciousness that we have agreed upon. Very specific right now to this room.
- 1994-0926-321 In this room are expressions of life and experiences of life in what you would see as past times and future times all going on in this slice of time, as you would see it. We are sitting around someone else's campfire as they are camping in their tribal family around a campfire in this geographical location in what you would see as a past history.
- 1994-0926-322 There are the counsels of the Brotherhood in what you would see as a future time sitting around a round table that is made of Light even in what you would see as this space to be. It is not in a dimension that you have your focus upon but it exists nonetheless in their experience of the adventure.
- 1994-0926-323 Your experience, if you so decree. If you want it in what would be known as your future, you will sit around the table of Light and be the counsel. You are already, for there is no separation.
- 1994-0926-324 That is why when I speak words such as that, there is some relatedness to it. You can say, "Oh yes. Well, okay. I don't feel I'm there but I can relate to it." Of course, and you are there.

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- 1994-0926-325 In the time of great Light upon this plane, it already exists. It is already here. It will in your belief of shared collective consciousness, it will in this process of what you see as time, it will be most manifest upon this plane and our Holy Mother, the Earth will be a place of beauty as you remember it to be a garden, a veritable garden nurtured by the Light that you are. You all remember that and you desire to bring that forth again upon this plane and it will be so.
- 1994-0926-326 In your point of focus, in what you see now to be a future time, that will co-exist with others who will have their drama of darkness. The darkness that will be a catalyst for their own remembrance in time. For all of you have come through what you would see as your times of darkness. Indeed, you even experience them in small measure as what you would see as this lifetime. Times where you felt despair and darkness and it has been a short period compared to what you have experienced in other, what you would see as other expression, yes.
- 1994-0926-327 **By comparison and analogy it would be like when you are sitting here and in harmony and peace and then at the same moment in Rwanda and other places where there is great darkness, great trauma....**
- 1994-0926-328 Indeed, and you need not go as far as what you would see as around the face of the earth, you can go around the corner and there are ones abiding in darkness and chaos and conflict and in sorrow and pain, yes. And yet it all coexists but your point of focus is not out in what you would see as the place of chaos around the corner.
- 1994-0926-329 But yes, beloved one, those are the changes and you desire them. You desire to come Home and it will be manifest for you and quickly now, too.
- 1994-0926-330 Beloved one.
- 1994-0926-331 **I don't know how many years ago this was but I had a son that died and what I had noticed is as the years have gone by, it kind of started about five years since he had been born and five years since he died. I kind of noticed a pattern where it is difficult for me and it's like a whole week before I kind of go into a mourning state where I get very sad and I just want to know if that is going to pass down the road because it is very very difficult for me. Very hard and it's almost like I have felt for the longest time, I never prepared for it. I just experienced it, and maybe it is the fear that as it comes close. It's a very difficult time period and what I notice, and it's getting to be October 22nd again, and it's just in my mind.**

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- 1994-0926-332 Like I said, for about the first four years I really didn't have, I mean the first year was hard but those other four years were kind of okay, and that fifth year then it started getting hard.
- 1994-0926-333 Indeed, for there is a message in this that knocks upon the door of your heart and wishes to be known. Speak unto this one later to share her story with you. {Referring to another sister in the group.} There is a blessing in this and yes, as the time approaches you have felt a need to protect yourself and this is all well and good, for it is saying to you, "Abide in the Light and the Love that you are." You would see yourself to be protecting yourself by putting yourself in the Light and to be in all of the Light. But you are already that Light and that is what it is saying to you, "Remember the Light that you are."
- 1994-0926-334 Also to remember that there is no separation. That is why this one came into your experience and then left again. This one is very much alive and well.
- 1994-0926-335 **He has already been born again?**
- 1994-0926-336 Indeed, he has but that is not all that I mean. This one, for there is no separation, there is a point of focus where he sees himself to be born again, but this one as the Allness that he is and even as the energy that you would recognize is very much with you alive and wants you to celebrate past the appearance of the laying down of the body, of the small body.
- 1994-0926-337 That is why each year it has come and it has knocked harder, more intensely upon the door of your heart. He is saying, "Remember," but look beyond what the voice of the world would say. The voice of the habitual way of looking at death and separation for it is not.
- 1994-0926-338 It is an ongoingness. What he has done is to change the raiment. He unbuttoned what he was wearing. Took that off and laid it down. That is what you dealt with. He, as the Spirit that he is, is very much alive and well and wants you to know that. It is a time of celebration.
- 1994-0926-339 In the world it is seen as loss. It is seen as a time of grief and mourning. A time of feeling that something has been taken from you. What has been taken from you is the limiting belief in the appearance that the body is all there is and that it is the only way of communication. That is what you feel you lose when a loved one lays down the body. You feel that you lose the way of communicating, speaking with them, interacting with them. And yet what you are manifesting and bringing forth for yourself is to see the unlimitedness of communication, of communion as the one that you are.

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- 1994-0926-340 Take for example, we have spoken of this in other times, the telephone. You will pick up the mechanical device known as the telephone and you will dial a certain number, a magic number and someone will answer on the other end of that telephone and you do not see them. They are not standing right in front of you. That body is not right with you. But you because of your belief you know that they are there and you can communicate with them.
- 1994-0926-341 What you are manifesting in this seeming miracle of the telephone is to show you that there is a method of communication with the one who has laid down the body as well. You can pick up your, what will be call it here? Your unlimited telephone and call this one. You call this one even more quickly than you can dial the numbers on your telephone for as you think of that one, instantly they are there with you. Right there, and it is not by accident that they come unto your awareness for they are knocking upon the door of your heart to be recognized and acknowledged. It is very much a connection of the two coming together.
- 1994-0926-342 **Well, I'd like to hear the words, though.**
- 1994-0926-343 Indeed. You will.
- 1994-0926-344 **I will?**
- 1994-0926-345 You will. Play with it. What would this one say unto you? Play with it. Imagine. What would this one say? What would he say about where he is and what he is experiencing? What does it look like? What does it feel like?
- 1994-0926-346 Imagine yourself to be unlimited and to be that one. If you were that one - and you are - if you were that one what would you say unto the mother in this lifetime who has been grieving for you because she does not see you?
- 1994-0926-347 **That's great.**
- 1994-0926-348 Exactly. You would say, "I am experiencing," whatever. Play with it and know that the ideas that come to you are true. They would not come to you if they were not true.
- 1994-0926-349 **Okay.**
- 1994-0926-350 There is much of a message here that allows you to go beyond the appearance that the world would say is the reality of what is transpiring. It is part of acknowledging and connecting with the Allness that you are. You will have fun with it.
- 1994-0926-351 **Thank you. I really didn't like this experience though.**
- 1994-0926-352 No. And that was the other side of the coin, as they would say, it is the habitual way of looking at death and separation. There is no death. It is a

change and there has been much of treasure in it that has so far unclaimed but now you are claiming it.

1994-0926-353 **Well, maybe because I'm beginning to understand it?**

1994-0926-354 Yes. It is because other parts of the puzzle as you would see it, other parts of the picture are coming together as well so that you can entertain the idea that, "Perhaps he's not gone from me. Perhaps I can have a dialogue with him." What you would see as five years ago in your timing that would have been a far out idea that would have been science fiction somewhere, but not for me. Now it is for you because you have allowed other parts of the picture to come together.

1994-0926-355 **I have found that death is hard for me. I don't know but I can't think of the word. Like when my Mom died like it seemed ten years to get all the pieces together where I felt okay. It's okay for her to go. So what I'm kind of looking at I realize - I don't know if I'm a slow learner - but it just seems like that's how long it takes. It kind of depends on the person if they are old, if they are young.**

1994-0926-356 Indeed. Give yourself top marks. Ten years is but a snap of a finger. You are not a slow learner. Ten years is a very short time. As you would measure it in the time interval of what you see as a lifetime, then it is seen to be maybe a larger chunk, but in the expanse of the unfoldment of the holy Child coming unto an awareness of who she is, it is but just a twinkling of an eye.

1994-0926-357 **Okay. I didn't know, you know some people take longer. To me it doesn't matter how long it takes. But it seems like I would like it to be quicker but you have to take your time with who you are.**

1994-0926-358 Indeed, allow yourself to gentle with yourself. Do not force the rose to open. Allow it to open in its own time. And you will find that it will happen much more quickly for you for you are allowing a lot of the chains that have bound you to be dropped, to be dissolved, to fall away.

1994-0926-359 **Thanks.**

1994-0926-360 Thank you.

1994-0926-361 Yes, beloved one.

1994-0926-362 **I'm just wondering what is the best thing for me right now as far as developing intuition and opening chakras and all of that stuff?**

1994-0926-363 All of that good stuff.

1994-0926-364 **Yes.**

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- 1994-0926-365 Yes. You are well in process of allowing all of that to open. Again play with your intuition. Play as we have spoken to this one with a dialogue with your angels or a loved one who has gone on. With a whatever you would want to identify it, master or guide. Play with it then take yourself to what would be seen as another dimension and pretend that you are that master or that angel speaking unto the one known as Sandy and see what you would say unto Sandy. Play with that.
- 1994-0926-366 When the intuitive hunches come up, all of a sudden you have a feeling for something or other or an idea to go somewhere or a book just falls off the shelf at you or comes to hand and you look at it and you think, "I'm not interested in that. Why did that come here?" And yet you are interested in it. Follow up on those hunches and trust. You have already begun to do that. Do it even more. Have fun with it.
- 1994-0926-367 The chakras themselves, beloved one, practice. Practice beholding the one who stands in front of you and see first of all the aura that would be around the body. Allow yourself, perhaps, to start in what would be as a darkened room. Not dark completely. You can do that later. But in a darkened room somewhat and to allow the eyes to soften and to see the Light around that one. Later on, then, this is most dramatic and most wonderful, allow yourself to be in a completely dark room and to sit with a friend. Do not touch, but sit with a friend. After awhile there will be a glow that you will see in the room from that one. And they will also behold the Light that you are.
- 1994-0926-368 And as you focus upon their Light and your Light even the room itself will become lighted by your Light and you will see the walls, the fixtures in the room. It will be most fun to do.
- 1994-0926-369 Know you, you do know for you have experienced this, that in some of your life experiences and it is true for all of you in this room, you have been in caves, dwelling places where there was no artificial light by the burning of substances known as candles or torches or whatever. But each corridor, each passage was lighted by you and the other masters who walked along that corridor. You needed no light outside of yourself for there was light all around you and it illumined the hallways, the corridors of the caves that you lived in. Play with that. It will be fun.
- 1994-0926-370 Now, as to the chakras. We have talked about the energy that is all around. There are what you would see as the vortices of energy known as the chakras. Major ones that you have heard about. The crown chakra, heart chakra, all of the seven major ones. There are chakras at the elbows,

at the wrists, in the palms of the hands. Again, these are, we will not call them major ones but they are not minor either. And the knees and the ankles, both front and back. It surrounds all of it.

- 1994-0926-371 You can tune in to those energy vortices and you can see how alive they are in emitting the Light that you are or that the person in front of you is. You will be able to behold this after you practice with the aura. After you practice in the dark room. It will be fun. It will not take you long because there is a remembrance that will come forward.
- 1994-0926-372 There are the vortices on the fingertips and on the toes. All of these in conjunction with each and every one of them blends into the whole of the Light blob that we spoke of the other evening. That is the Light that you are, but there are certain energy places, points of focus on the body and you will be able to read them.
- 1994-0926-373 There is a very important vortex at the back of the neck. The one that we spoke of and touched the other evening. You have often felt that. If there is a blockage you've gone around and you kind of played with that vortex. Massaged it and encouraged it to get its energy going again. In fact if you feel a certain level of sluggishness brought on by the mind. You can play with the vortices all around the body, the various ones, for they will call out to you which ones are in constriction and you will feel this is a very common one, and you can play with that one.
- 1994-0926-374 You can also play with the vortices that are upon the chest. The one known as the heart chakra and the ones that are just above the heart chakra.
- 1994-0926-375 **On either side?**
- 1994-0926-376 Yes.
- 1994-0926-377 **I like that.**
- 1994-0926-378 All over. If you are to see, there have been the maps that have been made of the body and the major ones are in the straight line. Then the other ones are of more, talk of levels, there is not a level so we cannot even talk of being a medium nature but anyway, they all go together so there are certain points on the body that you can activate by your physical touch and bring it into its own balance of energy.
- 1994-0926-379 Other ones can do this for you if it is a spot somewhere that you feel you can't quite reach. You can get someone and say and you've done this already. You had one and you said, "I've got a pain back here. I can't reach it. Would you massage it for me?" And one, your friend, massages it for you

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and gets the energy going again. Have fun with it. Play with it. A lot of remembrances will come up for you.

1994-0926-380 Yes, beloved one.

1994-0926-381 **What can you tell me about my guides?**

1994-0926-382 What would you like to know?

1994-0926-383 **Ha, names, addresses, phone numbers would be good.**

1994-0926-384 Ah, okay. One of your guides is known as Angela. She abides at Rue Number 10 in the Celestial City known as Light Number 233. Zip code. I am playing with you.

1994-0926-385 **I know.**

1994-0926-386 But indeed, beloved one, you do have guides and one of them is known as Angela for she is an angel. Start with that one. Have a dialogue with that one. See what she will tell you for she will speak to you. Ask her what she is experiencing. How it looks from her perspective of what she sees as your experience upon this plane. Ask her what she experiences as to where she is. What it looks like? For she will tell you what it looks like. Ask her how it feels to be an angel. Does she have wings? Ask her if she has wings? Does she have raiment? Does she desire to have different design of raiment? Et cetera. Play with it.

1994-0926-387 And then ask her to share with you how she sees the challenges, as you would call them, the experiences that you are having and she will share with you her perspective. It will give you some new insights from a different perspective.

1994-0926-388 And then, one time, beloved one, while you are having a dialogue with Angela there will come one known as Angelo. It may not be that name but it will be what you would see as the male expression of the angel and dialogue with him as well.

1994-0926-389 As him what his experiences have been. Where he goes, what he does, what he sees? What it feels like? Have fun with it.

1994-0926-390 You have many guides around you. Many angelic beings and they are not separate from you for you are the point of focus that we spoke of earlier, but you are also your own guide and your own angel and a myriad of those as you would want them to be. So you can explore, dialogue, write. Write what comes to you. Write how they see their experience. It will be most beautiful.

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- 1994-0926-391 Ask them what you have experienced together in what you would see as other lifetimes, for truly they have been with you in other lifetimes as well. It will help you to remember your unlimited Self.
- 1994-0926-392 There will be much that will come out of this. Much of beauty that you will share with others. You will be most surprised for you will start with what you feel is a personal dialogue asking the one known as Angela how she sees things and how she feels and what her experience is and out of that will come a writing that will be important to others as well.
- 1994-0926-393 **But play with it. It is not a heavy responsibility. It is not something that you must do and the world does not turn or not turn upon whether you do it or not. But just have fun with it.**
- 1994-0926-394 Beloved one, have you another?
- 1994-0926-395 **Yes, I do and I really want to say how much fun this is.**
- 1994-0926-396 It is, indeed. We will do this again.
- 1994-0926-397 **My question is kind of dumb in a way.**
- 1994-0926-398 Oh, very good. I like dumb questions, yes.
- 1994-0926-399 **What happens, what am I doing to myself when I feel that I cannot visualize my goal in life? Weaving in and out, that sort of thing. Help me with that would you please?**
- 1994-0926-400 Indeed. Do you see the light that is above you. You will look upon it and yes it is there. Then we look at each other and it is still there. Close your eyes. Do you see that light?
- 1994-0926-401 **Well not partly.**
- 1994-0926-402 Kind of. You can imagine what it looks like.
- 1994-0926-403 **Uh huh.**
- 1994-0926-404 Yes. That is the same with visualizing. It is remembering. It is remembering one within. It is no biggie. It does not have to be difficult. You will not fail if you cannot do it. But what it is is a remembering of what light looks like. What does the light of a candle look like? Can you see that? Yes, you can see that.
- 1994-0926-405 Imagine a flow of light as this light would be, a white light. Imagine a flow of light slightly tinged with gold, a golden color. Just slightly. Mainly white with a little gold in it for the abundance that you are.
- 1994-0926-406 See it as a flowing river. Where is it now?

- 1994-0926-407 **In my mind.**
- 1994-0926-408 Right, exactly. And when you close your eyes it is still there. You can direct it.
- 1994-0926-409 **So when I'm feeling like I'm not seeing am I just blocking myself or what?**
- 1994-0926-410 No, you have your focus of attention on something else at that point. When you allow yourself to focus on the light you easily remember what light looks like. But there are times when you have the focus on the not remembering of what the light looks like.
- 1994-0926-411 **Or maybe I should.**
- 1994-0926-412 Exactly, and efforting which only blocks. But you have no problem in visualizing light. It is just remembering and it comes easily. But do not put the heavy responsibility and to grade yourself as, "Oh, gee. Today is an `A'. Oh, today is a `C'. Oh, no. This is a `D'." Don't do that. There is no need. Just play with it again.
- 1994-0926-413 It is a most valuable tool in connecting with the Light that you are, in connecting awareness. For always you are that Light, but when you will allow yourself to breathe and be at peace and to visualize at that moment, taking in the Light that you are and allowing all of the cells to radiate the Light that they are, which they are doing anyway, you allow the flow and the connection in the conscious awareness.
- 1994-0926-414 It will not stop because you feel yourself blocked. It does not stop. You cannot fail. It is the way of the world to speak that there might be failure. You can't fail. It is who you are.
- 1994-0926-415 Indeed, beloved one.
- 1994-0926-416 **I have two questions.**
- 1994-0926-417 Yes.
- 1994-0926-418 **When you feel the inner Self, your higher Self speaking to you is this all inclusive of others like you would say, guides, angels or whatever. It doesn't really say "I am such and such," with a name but you know it as the "I". Does it have to have a name?**
- 1994-0926-419 No.
- 1994-0926-420 **It includes all?**
- 1994-0926-421 It includes all. In fact, to name it limits it somewhat.

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- 1994-0926-422 **Oh, that's wonderful to know.**
- 1994-0926-423 **Indeed. What you are doing at a moment when you connect with what you would call your higher Self with the "I" that you are, you are allowing yourself to connect with the whole Mind of the Creative holy Child.**
- 1994-0926-424 **All inclusive it doesn't have to have a name?**
- 1994-0926-425 **Indeed, it does not. It is the way of mankind in the process of remembering to sometimes identify and to label and that is well and good for it is part of the process. But when you sit and you have what is termed the mystical experience where you feel yourself blended with the "I" that you are. You feel yourself expanded into the Allness that you are there is no need to identify and to label.**
- 1994-0926-426 **Thank you, so much. I would also like to ask, on the plain of Reality there is no space, there is no time. How do we live right now incorporating that there is no time? There is no space? How do we step out of time?**
- 1994-0926-427 **By doing what we have just spoken of. By allowing yourself to connect with the mystical experience of the unlimitedness. It will come in moments of unlimitedness. It will come at some place where you will be abiding in that unlimited knowingness, and yet, you will have the focus of attention upon what is happening in this plane right here.**
- 1994-0926-428 **You can live that life?**
- 1994-0926-429 **Indeed. It does not mean to deny what you are doing here. It means to bring in the knowingness of the Allness and the unlimitedness that you are into....**
- 1994-0926-430 **To live in that knowingness?**
- 1994-0926-431 **Yes, to live from that space as we will call it but it is not a space. Yes. That is what I have termed coming Home. That is what I have termed the awakening. When you know yourself to be the one "I", the unlimitedness and yet, there is the focus upon this plane that goes about the daily activities that washes the dishes in the presence of the God that you are, that brings that "I" to every activity.**
- 1994-0926-432 **That is when you go about in your defenselessness for you see everything as the Allness that you are. No need to defend for there is nothing that can assail that, indeed. But you are still manifesting and active upon this plane. Yes.**

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- 1994-0926-433 That is the Truth of your being. That is the Truth that you are remembering. That mystical experience it has been termed. That place of knowing the Allness, the Oneness, the oneness with All. Yes, as it has been termed by a brother known as Lazaris, God/Goddess/All that Is, everything.
- 1994-0926-434 And it transforms what you see in front of you. It transforms every activity and every interrelationship for you come from a new perspective, as it would be.
- 1994-0926-435 **You see different forms?**
- 1994-0926-436 You will, literally, as they say, see through the form even through the form of what would be the molecules of physicality known as the body. You see through the form of what one would be saying unto you, to their heart. To what they are really saying. You see through the form of whatever appearance is right in front of you and you see what is really happening in all of the inter reactions. Yes, and you see the grand miracle that is occurring upon this plane.
- 1994-0926-437 You look out upon a crowded busy street and you behold the miracle of what has been termed, technology that allows ones in their belief to say, "I will put my molecules into a larger encapsulation of molecules and I will drive from one place to another place utilizing what I think is some fossil fuel to make it go," and yet it is the creative Mind of the holy Child that takes the molecules from one place to another place.
- 1994-0926-438 **It's in the mind?**
- 1994-0926-439 Yes, in the unlimited creative Mind. Yes.
- 1994-0926-440 **Thank you.**
- 1994-0926-441 It is what my brother Paul has said, "That I see through a glass darkly and yet, I will see through the glass clearly." Thank you, beloved one.
- 1994-0926-442 Are we complete in this circle? It has been a time of grand joy and sharing. All of us, seemingly individual strands and yet one as the circle of energy that has its point of focus in this room in this time. It has been a beautiful time, as you would see it, of sharing and reunion.
- 1994-0926-443 I thank you for coming and placing the physical bodies upon the chairs. For allowing the mouth to open and to articulate the questions of the mind, the questions of the heart and bringing into this experience of this time and this space the mystical experience of the oneness that has been shared in this evening.

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1994-0926-444 Know that you are loved with an everlasting Love for you are that Love and you can never be without it for it is who you are and you take it with you into every event, every circumstance and every relationship. Call often upon the everlasting arms to support and to guide. Those arms are you and they do support and they do guide and always they are there to enfold you in the Love that you are.

1994-0926-445 So be it.