

Remembering That You Are The Light

1994-09-23

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- 1994-0923-001 Beloved and holy and only Child of our Heavenly Father Child of Light divine. I am the one known as Jeshua ben Joseph and it is in great joy that I come to abide with you this evening in your timing as you have chosen to turn the focus of your attention unto me.
- 1994-0923-002 There has been in this room a grand reunion. A reunion of family. Many of you have known each other yes, in this lifetime you know each other's names. You are acquainted. You have similar interests. You even go to what would be called the same workshops and the same retreats, gatherings. Some of you haven't met each other until this evening, but I will share with you that you are family. All of you are family. One with another and family with me. Everyone.
- 1994-0923-003 What you see occurring upon this plane is what has been termed the awakening. An awakening that brings you to the place of acknowledging who you are. And you have felt a grand acceleration of activities, choices, places to go in each evening for indeed, you had choices whether to come here this evening or to stay at home, or to go unto another place that would be of interest.
- 1994-0923-004 All of you are providing for yourselves choices, opportunities, an abundance of them so that you will come unto a place of making your priorities of setting the priorities of what is of value to you. And you will feel this increasing even more so in the days to come. There is very much an acceleration of energy upon this plane. You have felt it. You have felt the vibrations themselves speeding up and this is true. For all of you are Light. You are the energy of Light experienced as Love.
- 1994-0923-005 You are all of the Light family and what you are allowing yourselves now to come unto recognition of, is the Light that you are. Many of you can look upon a brother or sister and you can see the energy that they are. You can see the Light even around what would be the physical body termed the aura. Many of you have the visions of seeing others in what would be the mind's eye. Not perhaps the physical eye but the mind's eye or the eye of the heart. Seeing ones that would be at a distance. A geographical distance and yet you can bring them very much present with you in your memory, in your mind's eye. You can call them to be with you.

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- 1994-0923-006 All of you in this room in this moment can think about and call upon one who would be some miles away. You can bring them to your mind and where are they then? Very much with you as you are with them. You are the energy of Light and what is occurring upon this plane is a grand awakening of the energy of Light.
- 1994-0923-007 You have many of what you would call Light beings, brothers and sisters. We will not be exclusive here and just talk of brothers of Light but sisters of Light as well. Who are expressing as you would see upon other dimensions and yet, if you will accept it and receive it, you are not the body that is sitting upon the chair. You are much more than the body and much more than the personality with which you identify in this time and this space.
- 1994-0923-008 You are the energy of Light that collects all of the molecules of physicality together into the design pattern that you have chosen, the design pattern called the body. You are the consciousness that keeps it together moment by moment and when you are finished with it, and you take what is known as your consciousness unto another dimension, another experience and you allow the body to be laid down. It will dissolve into the matter, the dust of our Holy Mother, the Earth.
- 1994-0923-009 There is a belief on this plane, a belief in process which allow you to believe in time. It is seen to be that there would be a beginning and a middle portion and an ending probably, and there will be the process in between which you have identified as time.
- 1994-0923-010 Even the process of allowing yourself to ascend into the Light that you are can be instant. As your belief is, it would be that the body will be laid down. Sent off to a place called a funeral home where they will do something unto it and put it into a box and you will allow through the process of time, allow the molecules of physicality to return again unto the dust.
- 1994-0923-011 That is not necessary. It is the belief, yes, but it is not necessary for all of you will experience and if you will receive it, you have already experienced instantaneous ascension of the Light that you are. All of you hold together the molecules of physicality, the body as long as you desire to do so to express in a certain language upon this plane.
- 1994-0923-012 Not a language of words, but a language of being in communication one with another. In a language that your brothers and sisters can relate to and can understand. All of you have accepted as the Light that you are, you have agreed to be here and to bring your Light and to anchor it upon what would be known as this plane.

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- 1994-0923-013 All of you are Light incarnate and that is what the awakening, the remembering is about. Is remembering that you are the Light and you are the life that activates the physical matter and you are never the victim of what the body would call out and tell you. It has been seen for what you would see as many lifetimes, that the body dictates what you can do and where you can go, but it is just the reverse. Your body is your perfect servant and you call it together in every moment to express who you are as the Light that you are. And there is always a grand purpose about how your are structuring the body and how you go about expressing.
- 1994-0923-014 It may not be known exactly yet in conscious awareness but that will be coming in the days to come. For you will not find the veil as you feel now, the veil of, "Why am I here? Why am I using a body? What is the body all about? Why am I sitting in this room? Why have I come to this earth plane?" You will find the veil to be very very thin. Already for many of you it is growing thinner all the time and you are connecting with who you are. You are connecting with the Light that you are. The energy that you are.
- 1994-0923-015 You have all agreed that you would come and be Light upon this plane and to bring it into the expression, the physical expression in matter. You will find that you will find yourself in more joy in the days to come. You will find yourself very much alive as the joy that you are, as the holy Child that you are. You will find the restraints gone. The restraints that you have felt in other lifetimes and perhaps even in days of this lifetime, you will find those restraints dissolving. Why? Because grand masters have come and said unto you that it is your Truth and therefore you can do it? No, because you will be allowing your Self the freedom of knowing that you are unlimited.
- 1994-0923-016 You are the only one who makes up the rules of how you express. You are totally free in every moment to express exactly who you are. With a grand smile upon the face. With the freedom of the holy Child that you are.
- 1994-0923-017 You are the one holy Child created before time was. Created from the One Source that I have called our Heavenly Father. I have called this One Source, Heavenly Father because It/He is Creator. I use that terminology in the day and time that I expressed as Jeshua ben Joseph for it was a way of speaking unto my brothers and sisters in a language that they understood. It was a patriarchal society in which I expressed in that time, but it was not to the exclusion of the Mother. For what you are bringing about is a marriage of the energy of Light that you are with the matter, the material of the dust of our Holy Mother, the Earth. It is a marriage of the Heavenly Father and the Holy Mother. It is a marriage of you, the Light that you are, in expression.

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- 1994-0923-018 You, all of you are seemingly separate as you look with the eyes, the physical eyes, behold separate bodies sitting upon the chairs. Each one doing something different, and yet, there is no separation for can Light be separate? The Light that you are does not end with the boundaries of the body. It goes out into what you would see as infinite space and it very much intermingles with the space of this one. You can feel each other's energy.
- 1994-0923-019 Oftentimes you will walk into a room and you will feel a certain way in that room. You will either feel very much at home and you will identify it as being of love, family, ones I have known before or you may walk into a room and you do not feel at home with the energy there. There is something that just feels a bit unbalanced. Have you ever felt that way?
- 1994-0923-020 **Yes.**
- 1994-0923-021 Yes, perhaps subtlety, perhaps you have not even stopped to identify it but there was something that did not feel in balance, did not feel at home. So you have all experienced feeling other's energies. You are all very much intermingling the energy and the Light that you are all the time and the ones that you would identify as the Light brothers and sisters are very much here in this room as you. Very much speaking unto you, unto your heart, to the Reality of you for you are Light created before time was.
- 1994-0923-022 And the holy Child, which is you, asked of itself, "What can I create?" The holy Child being the Child of the Creator, is creative. That is your nature, our nature, to be creative. And as such, you asked, "What can I create?" And with that question all worlds were born. All adventures begun. Every journey that you ever have felt that you have been on began with that question of, "What can I create? Where can I go? What can I experience?"
- 1994-0923-023 And you desired to bring forth creation. You desired to come upon this plane and others, as well, for the sheer joy of expansion. For that is the nature of Light, is to expand. To be ever ongoing. That is your nature and you have said, "I will bring forth worlds, dimensions, universes, realms and I will experience what it feels like to be in those dimensions and those realms for I am unlimited," and you are, "and I will experience everything. I will experience all."
- 1994-0923-024 And in the journey of the experience upon this plane for it is not true in all of what you would see, all of the dimensions and all of the realms, but upon this plane there has been a forgetting and it has not been a mistake. It has been by design. It has been to come and to know totally physicality. To know matter completely and you have come to the place where you have focused so intently upon the physical expression known as the body, and the

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emotional expression known as the personality, that you have identified yourself as that part, that point of focus and you have done it very well. This has been by design.

- 1994-0923-025 For when you first came and expressed upon this plane you knew yourself very much to be the Light that you are. There was a fluidity of the Light that you are in expression. There was a certain design of what you were bringing together to express with, a form. But the form was very fluid and you knew yourself to be the Light that you are. You knew yourself not to be separate from your creations or from your brothers and sisters.
- 1994-0923-026 But as you have in this adventure, as you have practiced with focusing you have brought yourself to a point of focus for the design for the reason to experience totally matter. You have done that and you have done it very well.
- 1994-0923-027 I did it as well in my incarnation known as Jeshua ben Joseph. I had to learn the same as you have, how to use the body. When I was born as an infant and as what is known as the toddler, I toddled about. I feel down. I scrapped the knees. I was lifted up by my mother, Mary, my earthly father, Joseph and set upon my way again. I learned how to use the body the same as you have. And I learned that it is not a prison the same as you are learning. I learned that it is a joyful experience.
- 1994-0923-028 The body is to be enjoyed. It is your creation. It is what you are bringing together. That is why I have often said: to laugh, and to dance and to play and to sing. Enjoy the physicality that you have brought together, beloved brother.
- 1994-0923-029 Look at the beautiful mustache that this one grows. A beautiful manifestation of creativity. I very much admire the mustache and the beards when I see them. Hmm, no beards. We will have to do with the mustache. I have asked my beloved friend and teacher to grow me one but she refuses.
- 1994-0923-030 {Laughter and comments}
- 1994-0923-031 Ah, another mustache. Very good. Very good, beloved brother. A delight.
- 1994-0923-032 The body is to be enjoyed. Many of your brothers and sisters are beginning to understand this for there has been a renaissance of exercise, jazzercise, aerobics, whatever you will call it. Getting out into nature and using the body. Being very much one with nature. Enjoying what the body can do in your snow, in your times of summer, upon the whitewater. Many times the

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classes in dancing and music. Feeling yourself to be one with the harmony and the rhythm of music.

- 1994-0923-033 That is why you have enjoyed so much the vibration of the drumming for you have allowed yourself to be one with that vibration. That is who you are and it brings forth a oneness. For did you not feel that? A very much of an aliveness of the vibration. You could feel yourself. You could not even escape it. It was there all around you as you. Yes, and you bring that forth in order to experience the energy that you are, the vibration that you are.
- 1994-0923-034 Every experience that you bring forth is to show you your oneness with whoever stands in front of you, what ever you have called forth in front of you including one Jeshua. Everything that you manifest in front of you. Every experience that you bring forth is for but one purpose: the purpose of knowing your oneness. The purpose of coming Home. The purpose of knowing the Light that you are.
- 1994-0923-035 So enjoy the bodies they are your creation. They are here as your servants. They will do exactly what you ask them to do. They will also be your messengers to share with you if there is constriction anywhere in your belief about who you are. This is why they call out to you from time to time for you most often unknowingly, put a constriction in a certain part of the body and it will call out to you. Sometimes in the whispers and if you listen to the whispers you do not need to hear the shouts. But many times mankind/womankind will wait for the shouts and say, "I'm too busy. I have to go."
- 1994-0923-036 The body may speak unto you in a morning that it would enjoy the peace and solitude of abiding that day in silence. In peaceful repose even on the bed. But so many of you have said, "But I cannot do that today. I will put it off until next week, next year, next lifetime, perhaps. I have to go. There is a schedule. There is the beloved employer and I must be there," and you have ignored the body. You have said to the body, "Later." And the body will come back and give you another message until finally you have to pay attention and you will listen and you will take some time for yourself.
- 1994-0923-037 The Self - with the capital "S" - that is knocking upon the door of the heart and wishes to be heard. That is what it is all about. So the next time the body calls out to you and says, "I would enjoy an hour, a day of peace, of silence." Allow yourself to take that. Gift it unto yourself for beloved ones, you have lived countless lifetimes. You have lived countless lifetimes in which you pleased others.

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- 1994-0923-038 Lifetimes in which you took upon the shoulders all of the responsibilities of the "shoulds" that society spoke unto you and you bought them and you bought those "shoulds" with a very deep dear price. The price of allowing yourself to put who you were into the background and saying, "I will wait another lifetime until I discover who I am. It is not important." Yes, it is. That is what you are here in this day and time for. Is to allow yourself to experience who you are.
- 1994-0923-039 Now, it can be put in scientific terms, as the Light that you are and this is the Truth of your being and it can be measured even now by your scientists. The energy of the brain, you have seen experiments where it will run a small toy train. It will light up lights. The energy of the aura, the Light that you are can be photographed even in this day and time by your scientists who follow your visions.
- 1994-0923-040 Science does not come first. Science follows your visions and as you allow yourself to vision who you are it spreads as the ripples upon a pond. As you allow yourself to be in what is known as imagination, taking off all of the limitations the world would speak unto you, all of the limitations that you have thought to be true. You have said, "What if. What if there were no limitations? What would I do? Who would I be? Where would I go? How would I express?" And as you have allowed yourself to vision your scientists have followed after and have proved to you what you already knew.
- 1994-0923-041 You, all of you in this room, are the ones who are the pioneers, as it would be called. You are the ones who are in the forefront of a new wave that is spreading across the face of our Holy Mother. You are the ones who have the courage of your visions. You are the ones who have said, "Let me play with a new idea. Perhaps there is a new way of looking at things. Perhaps there can be a new world," as you know a world to be, "upon the face of our Holy Mother. Perhaps there can be Love. Perhaps there can be peace. Perhaps even the brothers and sisters who find themselves to be so much in conflict, one with the other, perhaps even those can lay down their spears, their firearms, the knives and come unto a place of seeing the brotherhood that they are, or sisterhood."
- 1994-0923-042 What you are experiencing in your news, events of the world, there is much of polarity that you see. Many of the brothers and sisters calling forth in intensity wanting to know, "Who am I?" They are asking and they are calling out even in ways that would be violent for someone to show them who they are. To show them a new way of looking at what is going on.

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- 1994-0923-043 Everyone of the brothers and sisters is calling out to know the Love that they are. To know that they are Light in form, but they have forgotten. And you are the ones who are allowing yourselves to awaken, to dream the dreams, to envision the visions that take off the limitations. That allow hope to the ones who have lost hope.
- 1994-0923-044 You do not need to go out upon your soapboxes and proselytize. That is not necessary except as you maybe would want to. If you feel a certain guidance to do that there is no one who is going to stop you. But it is not necessary for the Light that you are shines forth from your eyes, from the smile upon the face, from the heart that cares, from the words that are spoken that come forth to uplift and support others who may be in confusion and in sorrow. It is in the little acts day by day that you allow your Light to shine and to be seen by those who have the eyes to see.
- 1994-0923-045 Some of your brothers and sisters see the Light that you are and it allows them to question, perhaps they can be, and they are, the Light the same as you are. Others go about with the blinders on. The blindfold and refuse to see until there is something and they will bring this forth in their own experience until there is something that finally makes them stop and pause and ask, "Maybe there is a new way of looking at this."
- 1994-0923-046 And all of you have done that for yourselves in this lifetime, yes, and in other lifetimes as well. You have manifested for yourself occurrences and events, relationships that finally have caused you to come unto a place where you have said, "Enough already. There must be another way." All of you have done that for yourselves. Each one in your own unique way, call forth the experiences that are as a catalyst for your remembrance of who you are.
- 1994-0923-047 Allow yourself to hear the whispers. Allow yourself to go with an ease for you have already satisfied all of the requirements, for in Truth, there were none, but you have played with the drama of thinking that there must be requirements in order to come Home and you have all lived the lifetimes of study in what would be known as the monasteries. You have all served as the priests and priestesses, the various societies and cultures that you found yourself expressing in. And still even if the brothers and sisters would look upon you and see you as the very Pope himself, which you have been, in your heart there has been a question, "Am I worthy?" And you have found yourself somehow not quite whole and yet you are the holy Child who is wholeness itself.

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- 1994-0923-048 But what is occurring now and you have felt this even in what you can see as the last thirty years of timing upon this plane, even the last ten years. There has been much of an awakening of looking upon the Holy Mother and seeing that there is a relationship that no longer can the brothers and sisters go about taking whatever and saying that there need not be consideration for the wholeness. There has been much of awareness called, I think you have called it the "green awareness," ecology. Awareness of the environment, awareness of balance of life upon this plane and it is very much a balance for it is the marriage that you have decreed. The marriage of Spirit and matter.
- 1994-0923-049 There has been what you would see as the equality movement, women's rights. Then all of the minorities as they are seen to be minorities, all of them calling out for equal rights as it should be. They are already equal, but they have had to go through their own process, as they would see, until they come to a place of knowing that they are worthy. That no one outside of themselves has ever restricted them.
- 1994-0923-050 But they call forth the various experiences in order to come unto that place of claiming their wholeness. You have seen much of this in the last few decades of your timing and if you will receive it, it is going to keep on accelerating.
- 1994-0923-051 Not because ones that you would see as outside of you, grand masters or whatever, are going to come and say, "Okay, now is the time. We will have it thus and so." No. Because you are declaring that this is the time to come Home. You have already decided and declared that you will know who you are and you will come Home.
- 1994-0923-052 For what you find in symbolism even in this evening's circle, which is not by accident that it is in a circle, you have found an awakening of family. An awakening of a feeling of oneness and this will grow. You have decreed it.
- 1994-0923-053 You will find more and more opportunities to share from the heart with the brothers and sisters. You will find more and more ones being drawn to you for they will want to know, "What secret do you know?" They will see it in your eyes. They will see it in the Light around you even though they may not consciously identify it as the Light around you, but they will feel it. They will feel the peace that you are allowing yourself, now, to acknowledge.
- 1994-0923-054 For you are finding that yes, there are times that the buttons are pushed. There are the challenges as you have called them, and the buttons get pushed but you are also finding that you are returning unto your place of

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peace. The place of quietness within the heart where the still small voice, which is you, can be heard and you are connecting with that more and more rapidly in every day.

- 1994-0923-055 You have come to a place of saying, "I wish to know who I am." There has been a call that has gone out in what you would see as even before this lifetime as you identify it, a call to come Home and you are all answering that call. Each in your own way. Allow it to be of joy for you have already done everything that you need do.
- 1994-0923-056 Now it is only to know your own holiness. To know the wholeness of the holy Child created before time was, perfect, unlimited Light.
- 1994-0923-057 There is a reawakening of the Light family upon this plane. All of you, you are awakening. You are recognizing each other and you are listening to what the heart tells you and it is a time of grand excitement upon this plane. A time of great joy.
- 1994-0923-058 I come and in my greeting I say that I come in great joy to abide with you and this is the Truth of my being as it is of yours. For when you acknowledge the holy Child that you are, when you come unto that place of saying, "I am my Father's only creation. I am Light. I am Love. I am All," and you are. What more is there left to do? Except to be in joy, to express the wholeness that you are.
- 1994-0923-059 Many times you have manifested for yourselves circumstances and events that would come very much right up in the face that would look to be of violence, of confusion, of confrontation. And yet there has been the still small voice within the heart that has said, "There is another way to see this." And in an instant you can see it for the drama that it is. In just a flash of an instant and you can allow yourselves to accept the whole picture of who you are, your holiness.
- 1994-0923-060 Do you know that all of you in this room have experienced being called, "Your Holiness"? All of you in what you would see as other lifetimes have been called, "Your Holiness." And you brought that forth in order to remind you of who you are.
- 1994-0923-061 When you get up in the morrow and you look upon the visage in the mirror, address yourself as "Your Holiness." Say, "Good morning, your Holiness. What would you like to do today?" It will give you a new view, a new image of yourself for that is who you are, Your Holiness, yes. Each and everyone of you are holy.

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- 1994-0923-062 And what is coming together now is a grand reunion, a grand remembering of the holiness. Not as experienced in just the terminology of the world, but the experience of the wholeness that you are and that you lack for nothing. And that each time an experience comes right up in the face you have a choice as to how you will view it. You can see it and this will come up for you quickly, as you have habitually seen, but then you can put that aside.
- 1994-0923-063 Know you that when something has happened seemingly of a traumatic nature, something that you would not wished to have happened and you have received news, perhaps on the telephone or from another, something of a traumatic nature there has been an instant of disbelief. Have you not experienced that?
- 1994-0923-064 **Yes.**
- 1994-0923-065 And do you know why you have experienced it? Because there is a choice. You do not have to believe the message as it is coming. You do not have to believe the "truth" of the message that comes. That is why there is an instant or sometimes longer, of disbelief where you have a choice. And the world will call out to you very strongly that this is the way you have to look upon it. "Well this is the truth of what is `happened.'" And yet there has been a part, a very strong part of you the still small voice within that has said, "No, I don't believe that. I believe there is something more." And that is the Truth - with a capital "T".
- 1994-0923-066 That is why you all know you have brought forth that time, that instant of disbelief. You always have a choice.
- 1994-0923-067 Whatever the message would be that one comes and gives to you or that the body gives to you or that the world in its intensity of calling out to you what message it will give unto you, you will always have a choice as to whether you will accept it as it is presented or whether you will see it in its wholeness.
- 1994-0923-068 The message, the information is there but how you see it and what you do with that information is your choice and now all of you are saying, "I will look upon whatever transpires with new eyes, with a new way of looking. I will question. I will ask the questions. I will ask the questions so I will know. So that I can get around behind whatever it is that one has presented unto me. I will go around behind it and I will view it from another way."
- 1994-0923-069 And you ask the questions. You ponder, you abide with the message until you can see the wholeness of it. And what happens then, beloved one? There is joy and there is peace. For there is a new way of experiencing life.

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- 1994-0923-070 You are life. All of the brothers and sisters are life. All of the loved ones that you have seen to lay down the body perhaps and have gone on. They have gone nowhere from you. They are life. They are very much with you. It takes only your willingness to say unto them, "Yes, I hear you," and to trust that feeling of communication, that feeling of oneness.
- 1994-0923-071 All of your loved ones, this includes you for you have done this as well in what you would see as other lifetimes, have laid down the body for many reasons and many levels of reasons. For one of them has been to be as a servant unto you, and you have done it for your brothers and sisters so that you can know that life does not cease with the laying down of the body.
- 1994-0923-072 Ones who have gone on and again, they have not gone anywhere from you, have done this as a service. There have been what you would see as other levels of meaning as well for nothing is done in isolation, but they have done it as a service to prove unto themselves and to you, that there is oneness. An unbroken oneness.
- 1994-0923-073 All of you have expressed incarnate more lifetimes than you can count. If we were to begin this evening and start counting how many lifetimes you have had, beloved one, you would feel a necessity for laying down the body in what you would see as this lifetime before we had finished the lifetimes that you have already expressed as. You have all done and been everything. Everything that you can call to mind in what would be known as imagination, you have expressed as and experienced as.
- 1994-0923-074 Where would that experience come from if you did not know it somewhere in your being? Even what you term as your future, your science fiction, how would there be a place of relatedness? How would you understand that? If you had not already experienced it somewhere, sometime, as you would identify it? Yes.
- 1994-0923-075 In your belief in process in seeing time as being linear, it is easier to believe in what would be known as the past and to say, "Oh well, that has happened therefore I have memory of it or someone else has had memory of it and they wrote it down in a book and I read it. Okay, it's real. It has been. But something in the future, well, that's somebody's vision." It is your vision.
- 1994-0923-076 As you read it, as you experience it upon your TV screen, your movie screen, whatever. It is your experience. You are the one who is calling that forth and where do you call it forth from? The Allness that you are.
- 1994-0923-077 You have been and you have done and experienced all. It is now a time of remembering all that you have experienced and even more. There will be

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more that will come unto you. More than what you imagine even now, for as you allow the door to open and all of you have, some a crack. Some halfway. Some are even saying, "That the door is wide open and I will go through it."

- 1994-0923-078 As you allow yourself to play with unlimitedness, guess what? You begin to know yourself as unlimitedness, as the Light that you are. All of you are of the Light family. All of you are even seeing the proof of this in physical terms. All of you have experienced what you would call as healings with Light and it is coming back now as a remembrance. Where there has been perhaps within the energy that is collecting the molecules together, the Light energy, there has been an imbalance of what you would see as the vibration and it has been known and it is now being remembered. Even in scientific terms that you can allow yourself to abide in certain vibrational frequencies known as the light in various colors, the different colors of the light, to bring about a balance within the energy of the body.
- 1994-0923-079 It can be done with the colors allowing yourself to be in a room that is in the blue color, the green color, the orange, whatever would be needed and you have played with that idea. And it can be done with the vibration of tones, of music, harmonizing the vibrational tone that you are with sound in bringing about a balance. Again, you have played with these ideas.
- 1994-0923-080 Where do these ideas come from? Remembrance of the whole. Remembrance of what you would see as past lifetimes where you have been the healers who have remembered the Light that you are and it is coming now into conscious awareness in this point of focus. It is already remembered by the All that you are but it is coming into this point of focus as a remembrance. And even your scientists will be proving the balancing of the vibration and frequency of the bodies in scientific terms. Because they follow after your remembrance.
- 1994-0923-081 Now would be a good time to take a break, to remember the Light that you are and to allow the bodies to experience what they need. To drink some water, to bring the vibration of the bodies back up again and in ten, fifteen minutes of your time we will meet again.
- 1994-0923-082 So be it.
- 1994-0923-083 {Break}
- 1994-0923-084 Beloved and holy and only Child of our Heavenly Father, did you remember during the break, who you are? Did you experience each other's Light? Did you pause for a moment to look and behold the Light of your brother? Have you noticed how noisy Light can be?

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- 1994-0923-085 {Laughter}
- 1994-0923-086 All of you as the Light and the energy that you are, you express in different ways. Sometimes very peacefully, very quietly speaking the language of the heart one unto another. Other times you allow yourself to be in exuberance and very noisy, as the holy Child that you are. There is no referee. There is no one who says that you cannot express in the vibration of sound who you are. For at all times you are emitting sound as the vibration that you are.
- 1994-0923-087 And if you allow yourself to sit in silence with another and you listen with the ears of the heart, even the physical ears will hear the hum of another's vibration. Allow yourself to practice that. If there would be a time when you would want to do something different, to play with something, allow yourself to abide with one in silence and listen for the other's hum. For each of you expresses in sound which can be measured even now by your scientists, you express the vibration that you are. Each and everyone of you.
- 1994-0923-088 You each have a vibration, a tone which is your own. Have you ever experienced listening to music and there will be a tone in that music, a note that will sound and it will stop you for a moment? It will get your attention. Perhaps you have music playing in the background and you are working at something else and all of a sudden it will arrest you, make you pause and you hear, you hear a tone, you hear a sound, you hear a note which is your very own.
- 1994-0923-089 If you desire to know your tone allow yourself to be vigilant when you are listening to music. Any kind of music that you are drawn to. It does not have to be specifically religious music or even what is known as meditative music. Any kind. But be very vigilant as to what speaks to you. Allow yourself to know for there will be a tone, a note, a frequency that is your own.
- 1994-0923-090 It is not necessary that you find your own tone in order to come Home but it is fun to play with for all of you have a frequency that is your own. And all of you manifest and call forth upon this plane that very tone.
- 1994-0923-091 It is the same with colors which is the physical manifestation that you see with the eyes of the body. It is the same with the colors. You can allow yourself to abide with a beautiful painting and allow yourself time to go within the painting. Allow yourself to know your oneness with what the artist has brought forth. For that artist is you. There is no separation. Even though you would see the bodies to be separate and you would see one to

have another name and to see that person exhibiting a talent that you honor and revere. You in your beholding of that painting are calling it forth in your experience and do you know that two of you can stand side by side and look at the same painting and each of you will behold it slightly differently? You will see what your consciousness is calling forth in that moment.

1994-0923-092 So allow yourself to abide with the colors and with the paintings, if you desire to play with it, and see again, what color you feel yourself blended with. What color do you find yourself just immersing yourself in so that you lose yourself in a color? There will be a color that you feel is your own.

1994-0923-093 All of you make choices in every day with the raiment that you put upon the body as to what color you feel at home with. What expresses your vibration and the nuance of your vibration? And sometimes you will change it. You will get up in the morning and you will have, perhaps, an outfit as you call it, in your mind that you will think you are going to wear that day and you put it on. And for some reason it does not feel like you in that day. Change it. Allow yourself to be harmonious with the vibration, the nuance of that vibration that you are in that day. If it does not feel right. Change it.

1994-0923-094 But allow yourself as you look upon a work of art and every expression is a work of art. Even the one who stands before you is a work of art. Allow yourself to know your oneness with that work of art, for you are bringing that forth in your consciousness in that moment. You are experiencing it. And it is yours. Claim it. Enjoy it. Immerse yourself in it. Allow yourself to feel the joy of living.

1994-0923-095 For you live upon many realms. Many realms of expression. Not only this point of focus as to what you see right now, but all other dimensions as well. There is but a small percentage of you that is focused in this time and place.

1994-0923-096 That is why many of you in the first hour allowed yourself from time to time to drift off somewhere. It was not just the function of the rise in temperature in the room. But you do this at all times. You go back and forth, very quickly as you would see it, in other dimensions and you bring the focus back here and you do it so quickly that you feel yourself to be here at all times. And yet you go back and forth quicker than we can talk about it in other dimensions and you experience what that feels like at that time. You are totally unlimited.

1994-0923-097 Many of you in your experience in this time upon this plane are playing with the adventure of knowing what it would be to have the Light brothers and

sisters, others that are known as the ET's which only means that they aren't expressing upon this plane in what you see as your recognizable body. The extra terrestrials which you are as you go back and forth in your different dimensions, so you do not need to look upon that idea and that concept or upon one if it will come and materialize before you. You do not need to look upon that one as a stranger for you are doing the very same thing even as we speak. Part of you is going to another dimension, another experience, expression and perhaps others there would behold you as an alien.

- 1994-0923-098 You do much traveling because you are all. But in the adventure that you are now enjoying. I hope you are enjoying. In the adventure upon this plane there has come to mind because you are bringing it forth, the idea that there are space brothers, Light beings, ET's, aliens, whatever you would call them. Space brothers we will call them. And this is a truth in your experience of reality - with a small "r". The Reality of you - with a capital "R" - is that you are the One Child, the Light that we have spoken of earlier, and that there is no separation and there is nothing in isolation.
- 1994-0923-099 But within the drama of this adventure that you are now picturing for yourselves, there are the space brothers and sisters and you are bringing this forward to experience other aspects of your being. To experience your unlimitedness and to come unto a place where one can stand before you in an appearance that would seem strange and yet you can look upon them as an expression of the Light that they are.
- 1994-0923-100 All of you as you have answered my invitation to be here this evening, have allowed yourself the openness of mind to think that one Jeshua ben Joseph who seemingly lived a long time ago can come and speak with you in this day and time through the guise of a small woman. It does not look like the pictures that have been painted of me and I will share with you that the body is not the body that I remember expressing with.
- 1994-0923-101 {Laughter}
- 1994-0923-102 But it will do. In fact it is a good arrangement for she allows me to borrow it for a time period in order to express with you in this manner and then I allow her to take care of it the rest of the time.
- 1994-0923-103 {Laughter}
- 1994-0923-104 You will, in the days to come, and in what you see as the allness of time you have already experienced doing the same thing. Allowing your energy to speak through what would be seen as another body. You do this even now in what you claim to be your own body. You are channeling the energy that

you are through this vehicle. It is just that you claim this vehicle to be your own and it is, for you are calling it from the dust of the earth for what you would see as a time interval of expression.

- 1994-0923-105 The veil is very very thin and as you allow yourself to entertain the idea that other personalities, other entities as they have been called, can come and speak with you through this method as you are playing with the idea that there are space brothers and sisters. You are allowing yourself in conscious awareness to experience aspects of your unlimited Self. That is why you do it. And there have been the accounts that have been written of visitations by ones from outer space and yet there is no space that is outer because it is all within.
- 1994-0923-106 There have been the accounts that have been written, that have been of terrifying nature. Ones where they would come and have power over you and they do not have power over you. You always have choice. You are bringing that idea forth in the accounts in order for you to sit and to abide with that idea and to ask, "Is that the truth of my reality? Does that feel true to me? It feel habitual, yes, for I have known fear many times." And what you recognize as fear, beloved ones, comes from the experience of matter. It comes from the experience of the body. It is the body that knows fear. Not you as the Light that you are, but with your identification and your focus upon the matter and upon this expression with the body. You have identified with the body to the point where you feel that you feel fear.
- 1994-0923-107 It is the body that registers fear. It is the body that says, something could happen to its form. That it could be hurt. That it could be limited. That is could feel restriction and constriction. But you, as the Light that you are, the Spirit that you are, you can never be constrained except by your identification with this point of focus.
- 1994-0923-108 So whenever you feel fear, whenever you entertain the idea and that is what it is. You all that idea to come into your consciousness and you entertain it as you would a guest and you can always ask it to leave as you would a guest that you no longer want. As you entertain that idea of fear, a feeling of fear, ask yourself, "Where does this come from?" And you will see that it comes from the body or what is connected to the expression with the body.
- 1994-0923-109 It is not you as the Light that you are. You do not experience fear but the body does and it will call out very strongly to you and you have listened to

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it through what you would see as many lifetimes to the point where there is the instant identification. But you are changing that now.

- 1994-0923-110 Even in the last moments of your timing for you are the ones who are calling forth the idea that we have just been discussing. I come and I share with you whenever I have the opportunity, I come and I share with you ideas, concepts, words that will be as catalysts for remembrance and you are the ones who call them forth.
- 1994-0923-111 My beloved friend and teacher asked me before we do a session, she will ask of me, "What are you going to speak about tonight? Who is going to come? What is going to be spoken about?" And she often says it feels like nobody is home and that I do not answer her.
- 1994-0923-112 But I have shared with her that I do not know. I do not know until you bring yourselves as the one that you are, to this point of focus in this place and this time and you call forth what we will discuss and play with in the evening.
- 1994-0923-113 So you are calling forth all of the experiences of your lifetime. All of the ones that could be challenging. You are calling them forth in order to see past the appearance, to see the wholeness in the situation, to behold the Christ in each one who interacts with you, to be able to look beyond their behavior, their acts, their body to the Light that activates the matter.
- 1994-0923-114 It is a grand time upon this plane for you are allowing yourself to expand to the ideas of outer space and inner space. You are allowing yourself to know that there are many aspects of expression of who you are and you are allowing yourself to behold the Light that you are and that others are. You see it even with the physical eyes and more importantly, to see it with the eyes of the heart.
- 1994-0923-115 Beloved ones, I would do an experience with you this evening. What you would call a meditation. I would ask you to be comfortable, yes, in where you are sitting and to allow the eyes to close easily, effortlessly and to breathe in the golden white Light that you are.
- 1994-0923-116 Take a deep breath and breathe in the golden white Light that you are and take it deep within every cell of the body and exhale the Love that you are.
- 1994-0923-117 Breathe in the golden white Light that you are that surrounds the body, that activates every cell of the body. Breathe it deeply into what you would see as the heart chakra and exhale the Love that you are.

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- 1994-0923-118 Breathe in the peace of the Light that you are. Feel the wholeness of that peace. Feel it descending upon what you would feel to be the chakra, the crown chakra and extending down through all of the chakras of the body even unto the tiny chakras of the toes.
- 1994-0923-119 Breathe in the golden white Light that you are and exhale the Love that you are. See the Light activating every cell of the body balancing, nourishing, bringing unto wholeness every cell.
- 1994-0923-120 Feel yourself as the peace that you are. Feel yourself as the Light that you are. Take it within every part of the body even to the fingertips, to the toes and exhale the Love that you are.
- 1994-0923-121 And in this space of peace call to mind a vision. In your imagination how would you see your world to be in the next year of your timing? How would you see your world to be in the next week of your timing? The ones who come into your experience, how do you see them? Behold the Light that they are.
- 1994-0923-122 Breathe deeply the golden white Light that you are and take it deep into the heart chakra and extend the Love that you are. See yourself extending the Love to everyone who comes into your experience. Allow this Love to be poured out upon each one who comes to share your path. The ones who will come in physical form and the ones that you may not meet in physical form and would be as you would see, across the face of our Holy Mother and yet, you are joined by the Light that you are.
- 1994-0923-123 Bless these ones in their quest to know the Light that they are and recognize them as members of your Light family as well. See the Light spreading across the face of our Holy Mother. See the millions of points of Light being joined together around the globe, as you would call it, spreading unendingly across the face of our Holy Mother and know yourself to be one with the holy Child that you are. You are one in the Light that you are.
- 1994-0923-124 Welcome each one that comes to mind as a member of your Light family for there is much awakening that is happening upon this plane because you are allowing it and you are calling it forth.
- 1994-0923-125 Breathe in the golden white Light that you are and take it deep within the cells of the body and exhale the peace that you are and see this peace spreading from one point of Light to another, one brother to another brother to a sister onward over the face of this earth.
- 1994-0923-126 And visualize in your mind's eye how you would see your world. How do you envision your world in the next year of your timing? For know you, that as

you allow this vision to unfold in what you would see as your individual consciousness, it spreads and is shared by all who express upon this plane. It cannot be otherwise for there is no separation. And what you hold in your heart and what you revere and you honor spreads as ripples upon the pond and is felt to the farthest reaches.

- 1994-0923-127 What would you envision as one aspect of life upon this plane? One aspect of expression between the brothers and sisters? How would you see this harmonizing itself? There are many aspects of interrelationship where there is conflict as you would see it in this day and time. Choose one that comes to mind and see it in harmony. See it in the healing of Love, in the knowledge of wholeness of Love. For that is what healing is all about. Knowing the wholeness.
- 1994-0923-128 If there is an area of conflict, an area of lack as you would see it, visualize it in wholeness for you are the creators of what you would see the next year in your timing to be. That is how powerful you are.
- 1994-0923-129 Allow yourself to dream dreams. Allow yourself the unlimited expression of the Light that you are and that the brothers and sisters are.
- 1994-0923-130 See ones awakening in an instant and beholding what has been an old pattern and yet in an instant seeing it anew. Seeing the wholeness that you are and that they are.
- 1994-0923-131 For you are the ones who are bringing forth a new order and it is in order upon this plane and what you envision and what you allow is what will be manifest upon this plane.
- 1994-0923-132 All of you have the courage to envision the Light that you are. For courage comes of the heart and you are the heart that beats for all because you are the All. And as you allow yourself to abide in the heart that you are, you transform your world and you call forth the Light and the Love upon this plane.
- 1994-0923-133 Allow yourselves in the next day of your timing to play in imagination as you would be experiencing what you would call a science fiction, a future times, and envision a world without conflict, without hunger, without separation. Allow yourself to play with that idea. Allow yourself to play with the scientific aspects of it if that is what excites your soul in this point of focus.
- 1994-0923-134 Allow yourself to play with how this can be manifest even in what would be scientific terms, for you are the ones who create the visions that the scientists then come along and say, "Yes, they are true for I can measure

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them." You are the visionaries. It has always been thus. You are the holy Child who has asked from before time began, "What can I create?" And for long enough you have created separation and lack and suffering. Now you are creating and remembering wholeness and harmony and the peace that you are.

- 1994-0923-135 Allow yourself in the next day of your timing to play with unlimited vision, to be as you would see the script writer of a science fiction drama to be. Play with unlimitedness and write a script of what will come to be in the next year of your timing. You have had prophecies seemingly from others outside of yourself that have said that there will be calamities, but you are the ones who are scripting your future and you have called forth these messages of gloom, of separation in order to ask yourself, "Is this truly how I see it or can I choose anew?"
- 1994-0923-136 And yes, beloved one, you have already decreed at what you would call a level, you have decreed that you will see it anew. That you will bring forth upon our Holy Mother, the Earth, a time of great Light. And why would this be? Because you are allowing yourself to know your Self, to know the Light that you are and to connect with the Light family that is upon this plane and all other planes.
- 1994-0923-137 That is how powerful you are, that is how unlimited you are. That is why you have called forth an expression of one that you would know as Jeshua ben Joseph and you have called forth my demonstration in order to awaken within you your demonstration of the wholeness that you are.
- 1994-0923-138 Not to see me as separate from you and to have lived eons of time ago and to have ascended and gone away far from you. I have not. I am you. I express as you when you connect with the Christ that you are. There we are in conscious awareness as the one. Allow yourselves to know the Light that you are and in knowing the Light that you are you will know that there is no separation. You will behold other's Light and you will know it for your own.
- 1994-0923-139 Play with the concept of Light upon this plane. Light enveloping all of our Holy Mother, the Earth and bring forth a world of harmony, of love, of unlimitedness. Where the Christ of you recognizes and acknowledges the Christ of everyone. That is truly what you are calling forth in this day and this time. That is what the awakening is all about.
- 1994-0923-140 Breathe in the golden white Light that you are and take it deep within every cell of the body. Feel it energizing every cell and turning on the Light of every cell. Feel yourself to be dynamically alive for you are. Feel

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yourself to be activated by the Light that you are and know that as you go forth from this place in this evening you go forth not as you came in, but you go forth energized and acknowledging the Light that you are.

- 1994-0923-141 You will never be the same as you were when you first came into this room this evening. You go forth in a newness of expression.
- 1994-0923-142 And now, beloved ones, when it feels comfortable open your eyes and look upon one who is near you or across the room from you and behold the Light that they are. Feel the Love that they are. Know yourself to be one with the Light that you behold for you are one and there is no separation.
- 1994-0923-143 Allow yourself to drink in the golden white Light that is within this room and that you behold in front of you. For that is your Light. All of you, allow yourself to behold the Christ that stands before you and know that as you acknowledge the Christ that is before you, you are acknowledging the Christ that you are.
- 1994-0923-144 For how could you recognize it if you were not already what you recognize. It would as they say, it would not compute. It wouldn't have a program in the computer for it, it wouldn't understand.
- 1994-0923-145 Behold each other's Light and as you go forth from this place in this evening allow yourself the gift of looking upon a brother or sister and beholding not the appearance of the body, but behold the Light energy that they are. See everyone as a blob of Light that walks about expressing.
- 1994-0923-146 Each and everyone is a delightful expression of Light. Light blobs, everyone. That is who and what you are. Be dynamically alive as the Light blob that you are. Feel it in every cell of your being. Every cell of the body, yes, and every cell of what you would see as other beings, bodies around you for you are the Light that extends forever.
- 1994-0923-147 When you go forth from this place in your evening, go forth in newness as the Light blob that you are. Express unto others the joy for Light blobs are not contained, they are not restricted. They go where they want to. They express as they want to. They pop up here and there as the joy that they are. They express as the devas in your garden. They express as the angel that you are. Yes, you.
- 1994-0923-148 All of you in your morning of tomorrow, remember how you are going to address yourself in the mirror? How are you going to greet yourself?
- 1994-0923-149 **Wow.**
- 1994-0923-150 Well, that's a good way, yes.

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- 1994-0923-151 {Loud laughter}
- 1994-0923-152 That will do for starters. There are those of you who do look in your mirror in the morning and you say, "Oh, wow." But indeed your Holiness.
- 1994-0923-153 **Yes.**
- 1994-0923-154 Yes, you will call forth the reality of your being, your wholeness, and allow yourself to experience the Light that you are, the wholeness of that Light.
- 1994-0923-155 As we have experienced the wholeness of this evening, it is getting late in your timing. It is often my desire and it is this evening to touch each one of you. By touching and reaching out to activate the energy that you are in remembrance. To allow you to know the beautiful expression of Light that you are upon this plane. You are.
- 1994-0923-156 There is a magic in touch. All of you as healers have known this magic. For it is an interchange of the Light energy that you are. A balancing of Light energy. There is a magic in touch.
- 1994-0923-157 Reach out often to your brothers and sisters, as often as is appropriate and touch them, as you do with the hugs, as you do with the arm about the shoulder from time to time in support. For as you do that you awaken the energy of Light that they are. You activate remembrance upon a very subtle level.
- 1994-0923-158 Ones will not know that that is why you are doing it, but there is a magic in it. Not that it comes from without you, outside of you, for it does not. It comes from the heart of who you are. But each one as there is the balance, you see as we stand and we hold the hands there is a completion of energy in the circle and there is a balance that is established and there is a magic. A magic of the smile. A magic of the chakras, yes, as each one comes alive. Very much alive.
- 1994-0923-159 There are the chakras in the hands as you know well, the energy vortices in the hands. That is why the hands are healing when you put them upon one. There is an energy interchange. A lot of energy in these hands. And there is an energy vortex that is at the base of the skull, that is a place of remembrance and it awakens the remembrance of who you are.
- 1994-0923-160 And it need not be done by someone that you would see outside of yourself. There is no magic in one being higher or lower than another. In other words, it does not have to be a Jeshua ben Joseph or an ascended master who comes, but you can do it for yourself. You are a master the same as I. With courage to live upon this plane and to ask the questions and a willingness to

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go or perhaps you thought you would not go. To dare to go where no man has yet gone.

1994-0923-161 {Laughter.}

1994-0923-162 Indeed, beloved one, and even farther you will go. It is a joy to be in communion this way. Energy to energy as the one that we are and to say hello again. Do this for each other in remembrance of me. Yes. Do this for each other this evening and in the days to come allow yourself to hold the hands and to know the oneness of the energy that courses through the unbroken circle. Allow yourself to hug another and to touch them at the spot of remembrance. And do this in remembrance of me.

1994-0923-163 Not of me as the master, Jeshua ben Joseph, but me as the Christ that you are. For as you allow yourself to know the unbroken wholeness of the energy that we share, as you allow yourself to remember in every chakra of the body you come alive, totally alive as the energy of Light that you are and it is a grand service that you give unto your brothers and sisters. You are truly a servant of our Heavenly Father.

1994-0923-164 Each and everyone of you, the joyful Child upon this plane, remember often to play, to smile, to come alive, to remember. To hug each other, even ones that you would see not to be in the same, as you call it, "belief system". At a very deep level they are the same.

1994-0923-165 So you will go up to one and you will hug them. You will say quietly or with the words, "I remember you. You are my family. You are the Light that I am and I love you as myself for I do love myself. I am a grand being, which is who you are." Remember everyone of you, each and everyone of you, remember the holy Child that you are. Allow yourself to feel even the coursing of the energy in the hands and as you give the hugs, remember.

1994-0923-166 Do this for yourself, often. It does not need to be someone outside of you. Have you ever... we will digress for a moment. Have you ever come unto a place where you would be thinking about something? And what do you do? Indeed, you put the hand behind the head. You are thinking. Even more than thinking you are remembering.

1994-0923-167 Beloved brother, you are delightful. You are remembering who you are becoming alive. Allow yourself to be alive, to express in joy for you have already fulfilled everything that was ever asked of you and more. Nurture the mustache, it is beautiful.

1994-0923-168 {Laughter}

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- 1994-0923-169 Beloved holy Child, thank you for answering my invitation to be here this evening. I have desired to be in contact this way, in a physical manner, to share the energy that we are and to encourage you with your dreams. You have a dream. It is a true dream. Go forward with it and remember, think often.
- 1994-0923-170 Beloved angel, thank you for the service that you are doing upon this plane. It is no small thing that you do by making all of the tools available for ones who are seeking for they are there as the catalyst for ones to remember and to come Home. Your Light shines brightly and is recognized. Thank you, beloved one.
- 1994-0923-171 It is a grand joy to feel the energy. To feel these hands, healing hands again. Ones that you have used in the past many times for healing. Ones that you have used in the past for what you would see as creative, making in form the visions that you have held within the heart. Making it in what would be artistic form for others to see and to remember their beauty. Many times you have shared your visions with others. This lifetime it is very safe to share those visions. This lifetime go in joy with those visions. Be the Child that you are for I know who you are.
- 1994-0923-172 This one is as the scribe and you have been thus in what you would see as many lifetimes. You have been one who has worked with the manuscripts in many lifetimes and you have recorded the wisdom that you have heard said seemingly outside of yourself and yet you have called it forth and then you have been one who has sat with that and you have done what is called the illumination of the beautiful painting. You have done the illumination because it has come from the Light that you are. That is how you have illumined the teachings. Remember the Light that you are. Share it freely. Look at the beauty that this one wears. Beautiful.
- 1994-0923-173 Each and everyone of you, you choose such beauty to wear as symbols upon the body, upon the raiment. It is to remind you of the beauty that you are. Look at the beautiful fingernails of this one. Reflecting the Light that you are. You have chosen this color, as you would see, this iridescences to show unto others and to yourself as well, the Light that you are. It is beauteous. Grand choice. Remember, beloved one who you are, remember often the Light and the beauty that you are. Allow yourself to connect with the gentleness of Spirit that you are. It is a joy.
- 1994-0923-174 As you are, beloved one. You are a joy upon this plane. You have lived what you would see as many lifetimes for you have fulfilled what society asks of you. You have done all of the roles. You have been as mother. You have

been as father. You have been as a grand warrior. You have been as the monk in the monastery. You have written the manuscripts. You have come back and you have studied the manuscripts. Much wisdom that you have brought forth upon this plane and you have allowed others to be inspired by that wisdom and yourself as well in the process.

- 1994-0923-175 Remember the wisdom of who you are. Allow yourself to know the Light that you are. It is wholeness itself. It is the holiness of the Light that you are. It is beautiful, the unfolding that you are allowing. You are as a beautiful flower that has allowed herself to come through the winters of experience. Not only this lifetime for there have been many ups and downs in this lifetime, but other lifetimes where you have felt the heaviness of expression and in this lifetime now, you are saying, "I am the flower who has come through the winters and I now allow myself the peace and the beauty of unfolding." Remember you, the Light that you are. It is there for everyone to see. You are beautiful. It is the wholeness.
- 1994-0923-176 You, beloved one, I am delighted that you have come this evening for it took courage to make that choice and make that decision to come a ways, as you would see it, to come here. I thank you for answering my invitation. For being open of the heart to come and be part of the wholeness of this circle for you are very much the wholeness of the holy Child. Allow yourself in the days to come to connect with your remembrance, the Light that you are.
- 1994-0923-177 Know that you are free to allow all of the constraints to be dissolved, to see them with new eyes and to behold the wholeness of each appearance, for that is why you call for appearances and so you can get around to the other side of them to see what they are all about. Not as what you would see as the flat sided thing but to come around the other side and say, "What does it look like from what would be the back side of it?" To see the wholeness. Then you will write it.
- 1994-0923-178 Beloved smile upon this plane, you are a delight. You have often been thus. You have shared in simplicity with your brothers and sisters the Light that you are. You have allowed the heart that you are to be open and to share the smile. That is all that you need do. Remember who you are. Touch that point of remembrance often and come Home. In conscious awareness for you are always Home. I am not Home alone.
- 1994-0923-179 {Laughter}
- 1994-0923-180 Beloved expression upon this plane who has set before herself what the world would judge to be some challenges and some restrictions, perhaps, and yet the Light that you are and you know yourself to be is totally unlimited

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and unrestricted. Yes, it goes forth in grand strength. You are a great Light that you are not putting a bushel over and it is seen, it is felt to the farthest reaches. You are a delight. Remember, and you do.

- 1994-0923-181 **You are a delightful, beautiful....**
- 1994-0923-182 That is what it is all about. Oh, there is plenty of time, beloved one. What is time?
- 1994-0923-183 **I just said, there goes my mascara.**
- 1994-0923-184 Oh, indeed. Do you know, beloved one, that you are one who has expressed in the culture known as the Egyptian times. You were one who was held in high regard and you used much of the painting, as it would be called upon the face, and you do so now. Yes, you were a grand prophetess in those days, as you are now. For it is the Light that you are now and you have allowed it to shine forth in various ways in what you would see as different lifetimes, but always expressing the beauty of that Light.
- 1994-0923-185 Allow yourself to remember. Do this often for yourself and for brothers and sisters. You do not have to go up to them and say what you are doing. They will know at a very deep level. They will begin to remember. I thank you, beloved servant of the Heavenly Father who has been willing to put one foot in front of the other and to do what has been necessary in order to bring about the physical necessities for an evening such as this and for much of your expression.
- 1994-0923-186 The Light that you are shines brightly. Allow yourself to behold that in the mirror. Allow yourself to greet your holiness, the blob of Light, often and share with others the remembrance. The physical remembrance, yes, the magic of the touch and also the remembrance of the smile. The Light of the eyes. Again, beauty upon the fingernails.
- 1994-0923-187 All of you are grand works of art. Walking and expressing upon this plane the beauty that you are. You express unto your brothers and sisters your image of who you think yourself to be and then even in between the lines, as it would be, you let your Light shine and it allows them to connect with the Light that they are.
- 1994-0923-188 Each of you as you have the outrageousness to play with the unlimited ideas, each of you as you allow yourself to come totally alive and to play with the mustache, to play with every aspect of joy, you allow your brothers and sisters to see that it is possible to look upon the world with new eyes. That it is possible to express in a new way. That yes, life is for living. It is not just for counting off the time on calendar years so you

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would see the necessity or the desire to lay down the body because you are tired of it.

- 1994-0923-189 No, when you understand what the purpose of life is all about as the expression of Light that you are and joy upon this plane, the body will serve you well and do what you would see as centuries of time if you desire it to keep on expressing.
- 1994-0923-190 There is no need to lay it down as long as you are in joy of expressing with it.
- 1994-0923-191 Many of the brothers and sisters walk about dead.
- 1994-0923-192 {Laughter}
- 1994-0923-193 The body may be walking about but the Light that they are and the joy that they feel, they have allowed to diminish, and yet, there is the call of the soul that is calling out even within them to remember and to come Home. That is what is occurring upon this plane through all of the different avenues, the books, the workshops, the music, the Light of one eye to another, the healing techniques. Have you marveled at all of the various healing techniques that are now being rediscovered, remembered?
- 1994-0923-194 Many many different ways and none to the exclusion of another. They are all valid. They are all catalysts for remembrance. Each one speaks a language that one brother or sister will hear and they may not hear the language of another method. The method of supporting each other and allowing ones to speak from their heart whatever they feel themselves to be carrying until they come to a place of being able to look at it in neutrality and sometimes it takes a while for that to be all poured and poured and poured out until it is a heap on the floor and then they perhaps can stand back from it and look at it as a heap.
- 1994-0923-195 And it may take this lifetime or it may take others. That is their choice and there is no judgment for there is no time. It is only within the realm of the belief system in process and time that would judge anything to be negative or to be of tragedy. For in time the holy Child will come Home. That is foreordained for you have ordained it. But the time in which you choose to do that and the pathway of the journey, that is all open to freewill and free choice and there is nothing to be judged in that.
- 1994-0923-196 It is all for the experience as the holy Child who asked, "What can I create?" and having created then asked, "What would it feel like to experience that creation?" That is what it is all about and you are coming Home.

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- 1994-0923-197 It stand just on the other side of your choice to acknowledge and to claim that you are already Home. I stand just on the other side of that choice with my arms wide open to welcome you. And the distance, what is the distance of one choice? It cannot be measured it is so minuscule. For you have seen this in your own experience. You will be thinking about something in a certain way and all of a sudden a new idea comes in and you go off in another direction. In the fraction of an instant you have chosen anew. You have seen it anew. In a fraction of an instant you come Home and I welcome you.
- 1994-0923-198 I thank all of you for your time as you see it in this evening. I thank all of you for your love, for sharing and remembering and I thank all of you for the Light that we are.
- 1994-0923-199 Close your eyes for one moment. One last thing we will do together. Close your eyes and see the Light that is in this room. Do you not feel it? Yes, it is encircling the room as you and it is filling this room and spilling out into what you would see as the neighborhood, as the state, as the country, as our Holy Mother, the Earth.
- 1994-0923-200 I thank all of you for your Light and your Love and your remembrance.
- 1994-0923-201 So be it.