

# The Bottom Line

1994-08-05

- 1994-0805-001 Indeed, beloved and holy and only Child of our Heavenly Father, Child of Light divine, I am the one known as Jeshua ben Joseph, and it is in great joy that I come to abide with you this evening in your timing, as you have chosen to turn the focus of your attention unto me.
- 1994-0805-002 It is as my beloved friend and teacher has said, I always look forward to being with you in this manner: to abide in joy with you for that is What and Who you are - the holy Child, created before time was, created in joy, yes, and as joy. And when the holy Child comes unto the place of full realization of Who she is, there is nothing left to do except to smile, to be in the joy that you are.
- 1994-0805-003 The world would speak unto you that there is much to contemplate, much of the images that have to be fulfilled, schedules, activities, workshops, trainings, many studies, lifetime studies. And yet as this beloved brother has been discovering, as this beloved Child has discovered, it is simplicity of the heart itself that brings you Home.
- 1994-0805-004 It is allowing oneself to come unto the full realization of Who you are, always have been and always will be. And the baggage that has been carried, it is as a nothing when it is brought up and released. Is this not so?
- 1994-0805-005 **This is so.**
- 1994-0805-006 And yet until that point of acknowledgement and allowance, it is felt to be quite heavy and is felt to be quite a barrier to the knowing of Who you are. True?
- 1994-0805-007 **True.**
- 1994-0805-008 All of you who have chosen to be here this evening have chosen to come Home. You have chosen, with a clarity and an intention, that in this lifetime you will know Who you are and you will come Home.
- 1994-0805-009 This evening I desire to speak with you about what has been called the bottom line of why you are here. Why are you here?
- 1994-0805-010 **To come Home.**
- 1994-0805-011 Indeed. This one is a quick study. Indeed, the purpose of all experience is to come Home. To allow, yes, as you would see in your world, the issues to come up - and all of you have experienced many issues coming up in grand

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acceleration, the buttons being pushed. It is because you have decreed that you would allow them to come up, and you would look upon them with grand clarity and you would see through them to the wholeness that you are.

- 1994-0805-012 So whenever the issues come up, whenever there would be a slight niggling of a feeling, a subtle feeling, allow it to come up and look upon it. Invite it in. Invite it in as the friend that it is and ask of it, "What do you have to share with me?" For there are no longer the fears, the heaviness that will devastate, seemingly, the holy Child, for the fears and the heaviness have been illusions, yes. They have been the creations of the holy Child, thinking that this is the way life expression had to be. And yet in this lifetime you are decreeing that life can be harmonious, that it can be very Love itself, that there can be peace and joy and holiness in each moment.
- 1994-0805-013 And all of you by your choice to experience your holiness and your joy, all of you allow your brothers and sisters to see that there is another way. It is no mere thing that you do, even if you speak not words unto a brother or sister. You do not need to take what is called the soapbox and stand upon the soapbox to declare your truths, for your Truth speaks very clearly in Who you allow yourself to be.
- 1994-0805-014 As you allow yourself to be the holy Child that you are, others see this. It is felt at a deep level. And those of your brothers and sisters who are also searching to find another way, a way of more joy and more peace, will look upon you and they will ask of themselves, "What has this one found? What does this one know?" And they will either ask you in the words or they will watch - or a combination thereof.
- 1994-0805-015 It is not necessary that you be as the preacher who would come on a Sunday morning - although that is well and good, beloved Elder. But all of you in every day speak volumes unto your brothers and sisters by the insights that you share with them, by the gentle touch when you reach out and touch another, by the hugs that are exchanged, by the smiles that are exchanged, by the love light in the eyes. There is the encouragement that is given - sometimes in very tangible form, other times on another level, of heart to heart.
- 1994-0805-016 All of you in the choice that you have made to come Home are as the grand servant unto your brothers and sisters. And as you have made that choice, you will find guidance speaking quite loudly at times to go unto certain ones, to recommend certain books. Have you ever done this, beloved one?
- 1994-0805-017 **Oh, multiple times.**
- 1994-0805-018 **Indeed.**

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- 1994-0805-019 To share with them your path, to share with them your inner wisdom and to bring forth from them their own inner wisdom, for nothing is hidden when one decrees that they will come Home. All of creation rearranges itself so that you come Home. This may mean from time to time, as you have been habitually looking upon things, that there will be the buttons that are pushed, but they are your creations and they are rearranging themselves so that you may look upon them with a new light, in a new light, your own Light.
- 1994-0805-020 So whenever things will occur, even when the body would speak out unto you, ask of it what message it has for you and abide with it as the friend and messenger that it is. And do not think that you have to conquer all because of your grand wisdom, that you have to do it all by yourself, for indeed you cannot do it all by yourself.
- 1994-0805-021 First of all, you are not alone. There is no separation. But secondly, the guidance may be to go unto others who are there to be your helpers, your servants, ones who have training in this world to be as facilitators for the healing that you so desire, and they are waiting for you to make the decision to come unto them to allow the interaction that brings about the wholing -wholing of the body, yes, healing - but also the wholing of knowing the relationship of one to one as the One. That is what wholing is all about: being able to see past the appearance to the One expression of our Heavenly Father that you are.
- 1994-0805-022 So never sit and think that you must do everything on your own. Never allow yourself to sit in a box, as it would be, and to hold all of the assistance at bay, for you are the very ones who are calling forth the ones with expertise in various fields who are very much waiting for you to invite them in, into your life. You are the one who is calling forth the ones who would help.
- 1994-0805-023 You are the ones who are calling forth the technology, as you would see it, that allows certain methodologies of healing to be performed. There is nothing outside of you. It would seem to be a grand miracle - and it is, for the holy Child is the miracle. And the holy Child is bringing together in this lifetime all of the seeming separate parts to experience the whole.
- 1994-0805-024 Everyone you look upon is your Self, and as you study interrelationships, as you come to an understanding of what it must feel like to walk in another's sandal, yes - {Jeshua puts on a sister's sandal}: Thank you, beloved one.
- 1994-0805-025 **You are welcome.**
- 1994-0805-026 It is always my joy to borrow this one's sandal and to walk in another's sandal. Gives one a new perspective.

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- 1994-0805-027 As you study relationships and as you allow yourself to abide in the heart and to ask of yourself, "How does this other one see relationship? How do they see what is going on?" you come unto a new place of wholeness, a new perspective. And, if you will receive it, beloved ones, you have experienced being in that one's sandals at some point - perhaps not this lifetime, but another lifetime that you can bring up into conscious awareness.
- 1994-0805-028 Every one of your brothers and sisters that you behold, as you abide in the heart and ask to be shown, instantly you are shown the Truth of their expression - which is your Truth - and what happens then, beloved brother?
- 1994-0805-029 **I don't know.**
- 1994-0805-030 The feeling of separation...
- 1994-0805-031 **Yeah, you know your oneness with them.**
- 1994-0805-032 Yes, the feeling of separation is instantly dissolved and you know your oneness, for you can sit and you can look with the same perspective that they do. It is no longer that you would be looking away and seeing a different perspective, but you are sitting and you are asking, even closer, to see the same outlook. It gives you a whole new view of what is going on.
- 1994-0805-033 That is what all appearances, events, relationships are for: to allow you the opportunity to look anew. To choose anew.
- 1994-0805-034 Yes, the voice of habit, the voice of ego will arise quickly. The voice of old reactions, habit patterns will come up, and they are to be blessed for they have served you in what you would see as times past, and they are to be acknowledged. And then they are to be looked upon in wholeness, turning the Love that you are upon what is right in front of you, to see it in the wholeness that it is, to look upon everything that transpires in a new light.
- 1994-0805-035 These are not just fancy words, as all of you are beginning to discern and beginning to experience in your lifetime. When you abide with the words that are heard over and over, there is a transformation that happens.
- 1994-0805-036 **I know.**
- 1994-0805-037 I know you know. All of you, if you will cast back in your mind to what would be a year ago, you can think upon certain events and relationships, circumstances, and you can see them now in a new light. You can see more of a wholeness of the picture.
- 1994-0805-038 For as you are willing - and you are - to be taught anew - and it is not as you would see from someone outside of you, from me or from other masters; we do not do the teaching; we come to remind you of the teacher that you

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are, the inner wisdom that you are - and as you allow yourself to be taught by your Self, you come unto a place of healing, a place of wholeness, and it is a grand Homecoming.

- 1994-0805-039 You, beloved scholar, you have studied many lifetimes. You have studied in this lifetime as well, but this lifetime you have gone beyond what would be seen as the studies of the mind and you are open in the heart to see the integration of the All, bringing it all together in alignment. And the very occurrences that come up for you are as your servants, to take you one step further in knowing the wholeness of the holy Child that you are, knowing your strength, your courage, your creativity, your flexibility, and your Love.
- 1994-0805-040 Tonight we will speak of the bottom line. What would you say that the bottom line is?
- 1994-0805-041 **The bottom line?**
- 1994-0805-042 Yes, what is of utmost importance? When everything else is said and done and you have gone through all of the aspects, all of the issues, what is the bottom line?
- 1994-0805-043 **Becoming one with God.**
- 1994-0805-044 Indeed, and not only becoming one with God, as God would be somewhere, but...
- 1994-0805-045 **Everyone.**
- 1994-0805-046 Indeed, coming unto that place of remembrance that, "I and the Father are One. I am the expression of the Father upon this plane, and all other dimensions as well. I am one with the one that I see sitting next to me. I breathe the same air."
- 1994-0805-047 **Jeshua, I am also one with the people in Rwanda. I am also one with the people in Bosnia and other places where there is tremendous suffering. Tonight I feel like... well, what does that say about our oneness? How do I heal that aspect of myself?**
- 1994-0805-048 As you have discerned, beloved one, you are one, for as you think upon your brothers and sisters who would be as in a foreign land, miles from here, where are they within that thought? They are right here. Right here {head} and right here in the heart.
- 1994-0805-049 **Yes.**
- 1994-0805-050 Yes, and you are calling them forth. You are very much one with them and with what you empathize to be their feelings as they are going through the

experience. Know you, if you will receive this, that they are as your servants. They are allowing this drama, as you would see it, to come forth so that you can have the very feelings that you are now experiencing: the feelings of compassion, the feelings of oneness, the feeling of, "How would I feel if I were there?" The feeling of connection.

- 1994-0805-051 These ones are grand masters upon this plane. They are playing their script - as you play your script - from moment to moment. They are allowing you to know your oneness with them by their very behavior, as you would see, their own Drama - the Drama with a capital "D" - of the holy Child.
- 1994-0805-052 As you sit and abide in the heart with the feeling of Love and compassion, the feeling that you would reach out and you would take these ones into your arms - the figurative arms - and you would love them as the mother that you are, that is received, that is felt even as far away as you would see the geographical location to be.
- 1994-0805-053 Whenever you allow the shutters of the heart to be thrown wide open and to pour out the Love that you are, it does not stop with the walls of your home. It does not stop with wherever you are in your car. It does not stop. It goes out as the ripples upon the pond and it is felt. And they feel not at what you would see as the conscious awareness level, but they feel support. There is much support that is happening - much from what you would call the unseen realm that is there in support as well.
- 1994-0805-054 **And even the people around the world who are aware of what's happening, and all of their prayers - no matter what their spiritual beliefs - surely are adding to the power that is supporting these people.**
- 1994-0805-055 Indeed.
- 1994-0805-056 **But it looks like on the surface nothing is going on, and sometimes I think when I see the tragedy in the world, I think, "Well, if all of this is an aspect of me, I've got lots of work to do."**
- 1994-0805-057 And yet, beloved one, it is not a work of effort. It is a work just as you have discerned: of abiding in the heart with the Love that you are and acknowledging the Love that you would and do extend unto these ones. As you have seen upon your TV and the news, as it is called - and it is not new for this repeats itself over and over - many have gone to help. They have followed the guidance to be there in assistance to ones that they would see as having more of the challenges. The ones who are enacting the challenges are as the servants to these others, to allow them to come forth and to serve. There is much that goes on beyond the world's eyes, beyond the appearances.

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- 1994-0805-058    Everything is serving the purpose of the Bottom Line, the purpose of coming Home. That is what the Bottom Line is all about: coming to know your oneness with the seeming individual expressions upon this plane - yes, knowing your oneness with all of the aspects that you would call forth and know to be your Self, all of these aspects that you are now getting in touch with: calling them Home to you, the Home that you are, so that you can again get to know them.
- 1994-0805-059    It is as you would invite the brothers and sisters to come and sup with you. And they do. Heart to heart. It matters not if the bodies be miles away. They come and they sup with you, and they know you to be the Christ that they are. Not upon the level of the world. Not upon the level of what you see written in your newsprint, although there is getting to be more of what you would call the gospel - the good news - being printed in your newsprint and being shown upon your square box.
- 1994-0805-060    It is because you, beloved ones, have called it forth and have said, "I want to know some of the gospel. I want to know some of the good news. Do not always just show me what would be the dire tragedy" - although there have been the blessings in that as well, for you have called it forth in order to see that there is something beyond the appearance of tragedy.
- 1994-0805-061    But you are now saying, "Show me in more obvious, tangible form that there is good news." And you have seen much of this with the ones who have volunteered to go and be of medical assistance in your place called Africa and in your place called Bosnia, and even in this state, as well, where the fires are burning on our Holy Mother, the Earth. And many have gone to aid others and to help. They have left what they were doing here, on what you would see as this side of the mountains, to go and help the brothers and sisters.
- 1994-0805-062    Always when there is tragedy, there is the opportunity for the extension of Love. There is the opportunity for courage. There is the opportunity to look past the appearance and to come unto the full acknowledgement of the heart. That is what is going on now with the ones around the world.
- 1994-0805-063    For you have seen in the last decade of your timing much upheaval in various countries. Seemingly one settles down and then another one erupts. It is because the holy Child desires to know Who she is and to come again unto that place of full realization of your unlimitedness, your wholeness.
- 1994-0805-064    Your brothers and sisters, even the ones who would be calling forth the seeming violence and tragedy, are doing this, yes, as your servants, and as servants to themselves, for they have found - many of them - grand

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courage that they knew not that they had; strength, inner wisdom. They have seen that the body is not all there is to the Life expression.

- 1994-0805-065 Even though the body would seemingly be taken from them - and it is never taken from one; it is always a choice to lay it down - they have seen and experienced and come into the knowing that they are more than the body. It is their way, if you will, of proving to themselves that they are the Spirit that activates the body and that they are eternal.
- 1994-0805-066 Always look with the eyes of the heart. Look with the eyes that see beyond appearances, and allow the heart to be wide open in the Love that you are. Allow yourself to pause and to abide quietly, as you have learned to do, and ask, "What is really going on here?" And you will see a wholeness, a holiness, even what you would call an aura of light around the situation, around even ones that you would see upon your square box.
- 1994-0805-067 **Thank you, Jeshua.**
- 1994-0805-068 Thank you, beloved one, for calling this forth. Thank you for having the discernment to see that there is more going on than just what your news would report - and even that is encouraging. It is changing, and changing rapidly, for you all have decreed that you will come Home, and that you will come Home in full realization in this lifetime. You have put it off long enough. You come Home momentarily. It is not something that needs to be as a grand occurrence, that once it comes it is there. That can happen, but you come Home momentarily - moment by moment - as you allow yourself to look upon circumstances in a new light, as you allow yourself the freedom of opening the shutters of the heart and you touch what is known as Home.
- 1994-0805-069 Then you have the choice to abide in the peace or to say, "Okay, I remember what it feels like. I'm going out now into the fray. I'm going to have fun with this activity, but I'll be back" - and you have done that many times. And you have been out in the activity, and after awhile you have said, "I think I'll go Home now. I desire the peace of Home."
- 1994-0805-070 And more and more you are desiring the peace. More and more you are tiring of all of the issues and the upheavals and the ups and downs of the activity of the world. And after awhile, guess what? You find yourself abiding at Home more than in the world.
- 1994-0805-071 And there is no judgment in this, in the choices. There is no judgment to be made of the brothers and sisters who would abide in the world. That is their choice of what they wish to experience and they will come Home in time, as you are. It is a free choice, and time itself is of this plane but not of

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eternity, not of your Reality. So choices, yes, are seen to be tragic. The delays seem to be tragic in this dimension, but in eternity it matters not.

- 1994-0805-072 That is why I say unto all of you: whatever you choose that is okay with me - for I can out wait you.
- 1994-0805-073 {Laughter.}
- 1994-0805-074 I abide where you abide always: in eternity, in the joy that we are, in the simplicity at the Bottom Line of Oneness.
- 1994-0805-075 We have termed this evening an Open Evening, which means that as you have come perhaps with questions, we will have the questions. We will entertain them, and we will have interaction of ones with each other - for all of you are the master. All of you are the inner wisdom of the Christ, and as you allow yourself to abide in that acknowledgement, there is nothing that is hidden from you. There is nothing that would seem to be afar off that you could not call forth.
- 1994-0805-076 So, beloved brother, would you have a question for sharing this evening?
- 1994-0805-077 **No, I really don't.**
- 1994-0805-078 Ah, here is one who is abiding in the heart - although there have been many times you have had questions of the mind. Indeed, we have remembered.
- 1994-0805-079 But this evening it feels good to abide in the peace that you are. And when the questions of the mind would come up, what do you do? What is your process?
- 1994-0805-080 **I try to just kind of sit down and be quiet for a little bit. Whatever it is, allow the answers, love and peace to come.**
- 1994-0805-081 Indeed, and in the peace what happens?
- 1994-0805-082 **Everything else just kind of fades away.**
- 1994-0805-083 Until you are left with the Truth of what is really going on. All of you have experienced, when you would be in circumstances where perhaps your brothers and sisters would be carrying on in great chaos, lots of activity, lots of judgment, lots perhaps of the vibration of the words, and perhaps some of the physical - you have what is known as your Italian descent, the ones who love to speak with the hands and I, myself, as Jewish, have often used the hands, yes - all of you have experienced being in grand activity like that and being caught up in what is going on. Indeed, you have. Grand dynamic quality, yes, of expression.
- 1994-0805-084 {Laughter.}

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- 1994-0805-085    And you have found yourself from time to time with the button being pushed and you are, as they have said, right up in the face.
- 1994-0805-086    **Exactly.**
- 1994-0805-087    Yes, face to face. And then there has been a miracle that has occurred, for you have found that, even in the midst of the uproar and the chaos of whatever would be transpiring, there has been the still, small Voice that has spoken and has said, "Come ye apart awhile."
- 1994-0805-088    **Thank God for that still, small Voice.**
- 1994-0805-089    Indeed. And thank yourself, beloved one.
- 1994-0805-090    **Aye, we do; we do.**
- 1994-0805-091    Indeed. And you have come apart from that situation, from the very chaotic upheaval of that situation, long enough to breathe in the golden white Light that you are, to take a deep breath and to connect again with Who you are, and you have allowed yourself to look upon what was transpiring with new eyes.
- 1994-0805-092    Some of you even have allowed yourself to step back from what was going on and have seen it as a play upon the stage, and you have been able to applaud the acting. You have said - perhaps not out loud to the person, but you have said - "Boy, you are a grand actor. You have done that very well. I couldn't have done it better myself."
- 1994-0805-093    **Academy Award time.**
- 1994-0805-094    Indeed, Academy Award time, and all of you in various lifetimes have played those parts. That is why you can relate, as they say, to what is going on. That is why you can appreciate some of the drama that goes on: because you have been the one who was up upon that stage....
- 1994-0805-095    **Not so long ago. Even in this lifetime.**
- 1994-0805-096    Even in this lifetime, indeed. All of you have experienced that, but then, the still, small Voice, Which knocks upon the door of your heart, has been heard and you have allowed yourself to say, "What matters here? What is of importance here?" And in that moment you come Home, for you see there is a wholeness and a holiness about everything that transpires, and you are never the same after that.
- 1994-0805-097    You have within your world the concept of peeling the onion skin; you allow each onion skin, each shift in perception, to occur, to have that skin peeled and removed until you come unto the core of the Heart that you are, and

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you never, you never go back to being the fat onion. You come back to God. Indeed, it is good news.

- 1994-0805-098 There are times that the ego, the voice of the world, will call out to you and say, "Oh, oh, getting fat again." But you cannot go back, for the journey that you are on is a one-way journey. You have bought a one-way ticket, a one-way ticket Home. Indeed. And everything serves the purpose of the Bottom Line: to come Home again. Everything. Even the ones who would be "up in the face." You have grand descriptive phrases.
- 1994-0805-099 **I see you've picked them up as well.**
- 1994-0805-100 Indeed, it is my grand joy to pick them up, to play with them, yes. Would you have a sharing this evening or a question, beloved one?
- 1994-0805-101 **Well, at the moment I have no questions, which is rather abnormal for me because I have a very active mentality that's always seeking and searching and learning, wanting to learn.**
- 1994-0805-102 Indeed.
- 1994-0805-103 **But I did today see some evidence of good news. At the Seattle Center here today, I want to tell you that there was a great celebration of children, ages ten to thirteen - those people that are in the middle schools. They were in a two week program. It was in learning something about the arts - poetry, music, dancing, and making videos - and there was a demonstration today and I've noticed the difference in this age than what went on thirty years ago, because I worked with children for a long time. And that is that it is obviously now becoming one world. They were playing drum, African drums. They were doing dancing within our cultures called rap dancing. The orchestra sat and played the music from the classical symphonies and the choir sang African songs. And there was every hue of skin, every color of skin, within the group of these youngsters, and they put their whole heart and soul into their activities today, and it was a wonderful thing to see. And, of course, that was supported by many, many people and foundations and corporations who sent in money for this particular two week program. And it was a joy to see.**
- 1994-0805-104 Indeed, and you have discerned well and described it well when you said they put their heart and soul into it as the One that they are. More and more you are seeing upon this plane the calling forth of the One Child that all of us are. We are the seeming individual expressions of the One Child, and yet there is no differentiation, no discreteness about it. And the Child is coming forth to play, to laugh in joy, to sing, to express with the tones of

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the voice even as our beloved Songbird, to bring forth the singing from the heart, to express the wholeness, and to allow those tones to ascend unto Heaven, as you did in days that are seemingly long ago.

- 1994-0805-105 Remember the tone, the vibration, the oneness that is experienced in tones. Remember what you have practiced and experienced in what would be seen as other lifetimes, of toning at the dawning of the angel of sun - daybreak - and again with the setting of the sun, the toning, as it would be giving reverence unto the angel of sun, yes, but the toning that very much expresses the vibration of Who you are and you know in that vibration that you are one with the angel of sun. Again, the Bottom Line: the Oneness.
- 1994-0805-106 All of you, if you will receive it, starting with your morrow, allow yourself to get up in the morning and to tone. Pick a tone that is yours. Experiment with it. Go up and down the scale. Feel what feels like your tone, where you feel at home. And if you do not want to do this out of doors yet, do it in what is known as your shower.
- 1994-0805-107 Know you why you enjoy singing in the shower? It is because you express the very vibration that you are, and it comes back to you and surrounds you so that you come unto that place of knowing your oneness with the vibrations you are singing.
- 1994-0805-108 All of you, if you will receive it, get up in the morning, yes, at daybreak, my favorite time, before the dawning, or if you wish to lie abed a bit longer, when you do get up, allow yourself to tone, to know your oneness, to become very dynamically connected in experience with the vibration that you are.
- 1994-0805-109 You are Light. You are energy. You are the energy that activates this beautiful body. You are what holds all of the molecules of our Mother together, the dust of the Earth it has been called. You are the energy that holds all of this together in the design pattern that you have chosen at this point of focus, this time.
- 1994-0805-110 Other times you have chosen a design pattern that was different, for you have expressed as the grand whales, as the dinosaurs, as the tiny butterflies. Anything you can imagine you have expressed as. You have chosen that design pattern. The design pattern of the beautiful little kitten and the design pattern of the huge panther. Feel you the power of the panther? Yes. You have been, you have expressed.
- 1994-0805-111 That is why many of you have the little kittens, the cats, in your home. You have expressed as that, yes, and you have expressed as the grand powerful cats as well. But in this point of focus you have chosen the design pattern

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known as the human body, and grand it is. Enjoy it. All of you. It is what you have chosen.

- 1994-0805-112    Therefore, enjoy it. Go about with the bare feet, as you have. Allow yourself the freedom and the joy of the child. Laugh and dance. Allow yourself the freedom of the dance. Allow yourself to feel again with the toning and the vibration of sound. Allow the body to get right into the dance of it.
- 1994-0805-113    The body is made for fluidity. The Light that you are is very fluid. It is not contained. It is not static. Even though you might see the body as sitting upon one chair in one place, the Light that you are changes in every moment. It is very fluid. The Light that you are dances always. Allow the body itself to dance. Get into the feeling of how it feels.
- 1994-0805-114    That is why the ones enjoyed the drumming. They could get into the vibration, the rhythm, and connect with their own oneness with the rhythm.
- 1994-0805-115    **The heartbeat.**
- 1994-0805-116    The heartbeat, exactly. And that is why ones enjoy the dancing. And it need not be in any formal pattern. There is no one to judge the dance. Do whatever feels right, whatever feels fluid. It is most healing unto the body to allow it to flow as the energy that it is.
- 1994-0805-117    {To the Beloved Elder.} Speak this unto my beloved friend and teacher. Allow her, force her, to dance.{Laughter.}
- 1994-0805-118    Allow her to experience the fluidity, for there is constriction from time to time, and it needs to be fluid. Remind her of how she feels when it is fluid.
- 1994-0805-119    All of you, as you are in acknowledgment of the holy Child that you are, laugh and dance and sing. Sing the tones. It does not have to have words, but if you find words to go with it, that is fine. Allow yourself to connect with the vibration that you are, and always play. Always. Express in every moment the Child that you are. Allow yourself to reach out and to touch, to extend unto others the Love, to play with them - especially ones of your brothers and sisters if you would see them going about in the heaviness. Remind them to dance.
- 1994-0805-120    {Laughter.}
- 1994-0805-121    Yes, remind them to laugh. Smile with them, and if they say, "But it's so heavy. I must abide in this place." Say, "Okay, I'll see you later." Or suggest maybe they would come unto an activity with you such as, it is called a movie. Do not take them to a heavy movie. Take them unto one

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that is light-hearted. Or any other activity where there is a change of focus. For many of your brothers and sisters - and you have experienced this yourself - get into a focus of the box, and they feel that what they are doing and what they are seeing goes this far {hand in front of the face}. Have you ever felt that?

1994-0805-122 **Oh, no.**

1994-0805-123 {Laughter.}

1994-0805-124 No, of course not. Not you. Indeed, none of you have ever felt the box. Many, all, have experienced the box, and there were times in my lifetime as a lad that I experienced the box as well, where I felt the constriction, where I felt judgement of myself and wondered who I was and how to express. And those were the times that my teachers reminded me to go and be with our angel the sun, and the flowing water, and to tone and to sing and to dance, to become as fluid as the stream that I would sit by. And very soon, off came the sandals and into the water I was, to be one with the flowing water. And with that, the box dissolved.

1994-0805-125 And there were times when I came out of the water and I would pick up the box again. It is the habit of mankind. But each time you allow the box to dissolve - even for a moment - the walls of the box get thinner and thinner. Indeed.

1994-0805-126 **Please let it disappear.**

1994-0805-127 Hallelujah! That is the Bottom Line. That is what is happening here upon this plane. And even the ones that you would see to be in grand chaos are also searching, to be able to knock down the walls of the box. And they may see that it needs to be done in violence - which it does not - but they may see that as their only alternative at that moment.

1994-0805-128 But all of the brothers and sisters that you see expressing on this plane are desirous of the Bottom Line: to come Home. They will search different ways, different avenues. They will make different choices - choices that perhaps you would not see as being of harmony and of nurturing, of expressing Love - but all of them are choosing what they see in each moment as the way to come Home, for they are wanting to come unto the Bottom Line: they are wanting to know Who they are.

1994-0805-129 And all of you have experienced knocking down the walls of the box with grand violence and anger and frustration, only to find that the walls of the box are still there and perhaps even stronger than what you thought they were before. And as you would choose to abide in the heart, even to come

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unto a place where you have said, "Father, take this from me. I do not know what to do with it. I give up" - that is the most beautiful prayer upon this plane: "I give up. I, of my small self, the ego, give up, and I give it unto you, Father. Take this constriction away." And that prayer will be answered. It cannot help but be answered, for it comes from the heart.

- 1994-0805-130 All of you have prayed that prayer. All of you have called out and you have said, "I do not know how to do it of myself. I have tried everything, and I feel the box." And you have said, "Father, I give it to you." And in that moment the box was given away.
- 1994-0805-131 In the next moment you may have taken it back again, but in that one moment it was given away, and you can do it again and again.
- 1994-0805-132 Beloved one, would you have a question or a sharing?
- 1994-0805-133 **I was going to say something really clever, Jeshua.**
- 1994-0805-134 You always do, beloved one. Always.
- 1994-0805-135 **See, I wanted to have some way of being able to ask you three questions in a sort of apologetic way, but I decided it's better to just come right out with it.**
- 1994-0805-136 Have we ever put a restriction upon you?
- 1994-0805-137 **No, you haven't.**
- 1994-0805-138 No.
- 1994-0805-139 **It's my... it's, when there is a restriction, I put it there.**
- 1994-0805-140 Indeed.
- 1994-0805-141 **However, in your last few sentences you've answered two of them to a great degree.**
- 1994-0805-142 Fantastic.
- 1994-0805-143 **Now, how does that happen?**
- 1994-0805-144 Is this a question?
- 1994-0805-145 **No.**
- 1994-0805-146 Okay, rhetorical.
- 1994-0805-147 **Rhetorical question.**
- 1994-0805-148 Indeed.
- 1994-0805-149 **Okay. I have my daughter, K. C., and my son, Michael, who I know are both very heavy-hearted about things in my life. I'm not even sure that**

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it is important what the specifics are. I have a feeling it probably isn't, but I'm just going to say it. My daughter has come this close to getting a new and better job twice now, only to be cut at the very last minute after three interviews and wonderful feedback, and I know she's terribly discouraged and terribly stressed on the job that she is at. Would there be anything that you would share with her if she was here that might encourage her?

- 1994-0805-150 I would say unto this one that she is coming unto the place... she is very, very close to accepting her worthiness. She has set up what you would see as various circumstances where she is being told her worthiness up to a certain point. She will see this as coming from the outer to her, and yet she is the one who is calling forth every encounter, every relationship, in what is known as the interviews in order to show her, to say unto her, her worthiness. But she comes unto the place as you have just described of being that close and then she says, "No, I am not worthy of going all of the way with it. I am not worthy of coming Home, yet." And yet what this one is doing for herself is setting in place the steppingstones that will take her to the place of total acknowledgement of Who she is. She is that close.
- 1994-0805-151 This one is most worthy of all that the Father has to share with her - and that is all, everything - and even as she would see it as unlimited abundance and unlimited Love, that is hers for the claiming. And she is that close to allowing herself to claim it.
- 1994-0805-152 **Okay. Now, you know, I'm going to take the tape to her.**
- 1994-0805-153 **Indeed. I am speaking unto her.**
- 1994-0805-154 **I knew that. Now, with Michael, my eldest son, I feel - although he does not express it to me - I feel such heartbreak in him over this situation with Annette and the baby. I think he's going through a grand torment over the whole thing, and what would you say to him if he were here?**
- 1994-0805-155 To allow this one to know that the bond that he feels with the one known as Annette and the baby will never be broken. This is not the first time that they have been together in what would be seen as a family unit. There is much love that has been expressed and experienced in eternity as he would call it and that it matters not whether they are together in what the world would see as a relationship. He can and will and does look upon these with love in his heart and that is all that matters. That is his bottom line. It is for him to know that whatever another chooses, that is their choice. Where they will go, how they will act, it is as they, as the holy

Child, it is their choice of their path to come Home. But it does not inhibit his path. His path is to extend the Love that he is and to look upon this one with the eyes of Love, with the eyes of the Heavenly Father, how our Father looks upon His holy Child/Children, and to be able to see through our Father's eyes to know that there is no separation. As he does this, there will be a transformation in even what he sees as the circumstances, in what he sees in front of him.

- 1994-0805-156 **Is it of any importance for him to know whether the child is his or is the grand learning in not knowing?**
- 1994-0805-157 Ask of this one to abide in his heart - he has already done this - and to come unto a place of decision for himself, and he will know that it matters not.
- 1994-0805-158 **I had a hunch.**
- 1994-0805-159 For this one has been as his child in other lifetimes, biological child as the world would describe it, yes. This one has been his adopted child in other lifetimes, and it matters not the avenue of birth, as it would be.
- 1994-0805-160 **You mean the child that is being carried in Annette has been his child in another lifetime?**
- 1994-0805-161 Indeed. It is not by accident that this one comes again. There is--grand companionship that these have shared and will share again. Do you see how all of the fabric of the tapestry fits together?
- 1994-0805-162 **Yes.**
- 1994-0805-163 It is not just an isolated thread. It is part of the fabric of the whole.
- 1994-0805-164 **It isn't a mistake.**
- 1994-0805-165 It is not a mistake. Indeed, there are no mistakes. There are occurrences that come in order for one to look upon it and to look past what the world appearance would be, past the box of limitation, a limiting view, and to be able to see that it matters not how this one comes with the design pattern of the body and comes, finally, to be able to speak, to express, to exchange. That is what is important.
- 1994-0805-166 Say unto this one known as the son to speak unto the child even yet unborn, to have a dialogue with this one, to ask, "What is going on?" What the feelings are. What has been shared? What is being shared? And he will know that he need not even wait until the body itself is seemingly distinct from the mother. He can carry on the communication, the communion, already.

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- 1994-0805-167 Put this in the words that he will understand, to pray unto the baby, to talk, to speak to this one. There will be a surprise for him. There will be much conversation. It will surprise him.
- 1994-0805-168 **Well, we know that even if we are carrying a child, we can place our hands on our abdomen and speak to that child.**
- 1994-0805-169 Indeed.
- 1994-0805-170 **And that child hears us, right?**
- 1994-0805-171 Yes, indeed. There is no separation.
- 1994-0805-172 **Oh, this is going to be such a blessing for them. I am truly grateful.**
- 1994-0805-173 They are the ones who are calling this forth for themselves to see what Love is all about, that it is not just in the restrictive way that society would speak that it "should" be. But that Love just is, that it knows no boundaries. It knows no restrictions. It knows no "shoulds". They are bringing this forth in order to know the Love that they are and that Love is free flowing, and, in that, it opens their heart to the peace that they are as they allow themselves to abide in Love and say, "It matters not what the world would say." As they allow themselves to abide in that peace, then they come Home. That is what it is all about.
- 1994-0805-174 **That's a great gift.**
- 1994-0805-175 Indeed, it is a grand gift that they are giving unto themselves and to all others who have the eyes to behold. It is not by accident. There are no accidents.
- 1994-0805-176 **Right. Now, my third question....**
- 1994-0805-177 Ah, yes, the third question.
- 1994-0805-178 **It is just totally off the wall.**
- 1994-0805-179 Which wall, beloved one?
- 1994-0805-180 **That one.**
- 1994-0805-181 Okay.
- 1994-0805-182 **I read somewhere that when we are born, we choose the time of our death. At the time of our birth we choose the time of our death. Is that true?**
- 1994-0805-183 It may be seen as a possibility at the time of birth, but as you do what is known as the journey, the experiencing of this life expression, there is unlimited improvisation that goes on.

- 1994-0805-184 **That makes the most sense to me.**
- 1994-0805-185 Indeed. You are free in every moment to make choices, new choices. There is nothing that is set in concrete, as it would be, except for the Bottom Line, and even the time that you choose the Bottom Line is a free choice.
- 1994-0805-186 So there are ones - all of you - who have come into the expression of collecting the molecules of physicality unto yourself and going through what would be seen as the evolution of the molecules and getting different sizes - sometimes even sizes like this: up and out - and as you do that, because of the shifts in perception in the way that you view what is going on, this changes all other possibility of choices down the line. It is always a free choice. So you may choose, because you are having such fun in the joy of expression, you may choose to live three hundred years with the same design pattern.
- 1994-0805-187 **A little bit improved.**
- 1994-0805-188 Indeed, it can be and is improved moment by moment.
- 1994-0805-189 **This is what I'm asking for. Declaring.**
- 1994-0805-190 Yes, very much so. It has been the habitual way of the world to say - what you would call the collective consciousness - to say that there is the aging process, where the body will have its aches and pains and stiffness and whatever.
- 1994-0805-191 **You begin to fall apart and then restart it.**
- 1994-0805-192 Yes, to the point where one chooses to lay it down and raise up a new one because you feel that the old one has just worn out. It never wears out except as you decree that it is wearing out. All of you have experienced expressing with the molecules of physicality in what you would see as hundreds of years in other lifetimes because you are so caught up in the joy of dancing, the joy of allowing the heart to be open, the joy of the moment that you just kept saying, "I can't be bothered with laying down the body. Not just yet. I have one more thing, one more thing to experience," and on and on you went. So it was not necessary to lay it down until whenever you were finished with it, and you decided you would pick up a new design pattern. It is always a free choice. And the time that you do that is a free choice.
- 1994-0805-193 **How did that idea become so prevalent on this earth that, of the life expectancy, the physical life expectancy shrinking? I know that Biblical accounts; many of the patriarchs lived to seven hundred years or nine hundred years....**

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- 1994-0805-194    Indeed, and you were one of them.
- 1994-0805-195    **Oh, yes. I can accept that. But the idea that little by little it began to shrink down.... Belief systems, then, set in somewhere along the line.**
- 1994-0805-196    Indeed. It was the voice of separation.
- 1994-0805-197    **That's it.**
- 1994-0805-198    The voice of the ego took more and more control, and more and more fear was registered even within the cells of the body.
- 1994-0805-199    **Are those numbers accurate in the Bible?**
- 1994-0805-200    They are indeed, accurate, yes, and even more so - even longer times - for what is time?
- 1994-0805-201    **Yeah.You are the one who is decreeing what time is.**
- 1994-0805-202    **A gift, actually.**
- 1994-0805-203    It is a gift to be enjoyed, indeed.
- 1994-0805-204    **But don't you think it also... well, you don't think; you know. Sorry, Jeshua. You know that a lot of people have really had enough by the time they are seventy-five or eighty-five or whatever. They've just had enough this time around.**
- 1994-0805-205    And what have they had enough of?
- 1994-0805-206    **Their box.**
- 1994-0805-207    Their box. Their restriction, the constriction that has been registered in the body.
- 1994-0805-208    **Their belief system.**
- 1994-0805-209    And even that can be changed in a moment.
- 1994-0805-210    **And it's amazing to me, as I read more and learn more. The most recently I had read about, in some cultures people when they have had enough of living in this body, just prepare to die and sit down and shut down their bodies.**
- 1994-0805-211    Exactly. You have ones in this day and time known as your Native Americans who will go out and sit under a tree and become one with the spirit of that tree, and allow the body to be discarded as you would take off the raiment, the clothing, and the body itself blends and is known as one with the spirit of the tree, with the Great Spirit.

- 1994-0805-212 **Some of us choose these very dramatic ways of letting go of the body - terrible illnesses and so on and so forth.**
- 1994-0805-213 **Yes.**
- 1994-0805-214 **I think a lot of people consciously don't know they have a choice.**
- 1994-0805-215 This is true and it is changing, for ones such as yourself who have had the eyes to look a bit further, and have looked into what would be known as other cultures, are sharing with your brothers and sisters that there are alternatives. There are easier ways of making choices. Not only in laying down the body, yes, that is one of them, but there are easier choices to be made even in the expression upon this plane, for one does not have to go about in heaviness and in emotional stress that brings one to the point where they say, "To heck with it all. I'm getting out of here." And then they find they have gone nowhere. Indeed.
- 1994-0805-216 **A paradox.**
- 1994-0805-217 **And even more so.**
- 1994-0805-218 **I've been recycled.**
- 1994-0805-219 {Laughter.}
- 1994-0805-220 Yes, that is a grand term that you have, a concept that you have, in your world at this time of recycling the materials, and it is what ones do with the molecules of physicality, the dust. From dust you came and to dust it returns. It is the molecules of physicality - these physical molecules - and you pick them up again and you make a new design pattern, and off you go again.
- 1994-0805-221 But it is even more - how will we put this? - more of an experience, a constricting experience, as one lays down the body out of a feeling of frustration and wants to escape. It is more of a frustration to find that the body has been laid down but the frustration and the emotion is still there, that the one has not allowed that to be seen in its wholeness and to be released and dissolved, and that one finds himself in what has been termed "hell" - and it is a very real state if that one is into constriction and into sorrow and confusion and frustration and wants to escape. All that is done, changed, is that the mode of expression - the body - is laid down, but the emotion is still carried forward until that one comes unto a place of acknowledging that there is more to expression.
- 1994-0805-222 Then the ones known as the Light beings - which you are - are allowed access, are allowed into the experience so that they know that there can

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be and is more. But it can be very terrifying and has been for many in that experience, and yet that is not eternity. There is no one who is damned to eternity, to the fires of hell, as it would be, for eternity.

- 1994-0805-223 **Is eternity and forever the same?**
- 1994-0805-224 Yes.
- 1994-0805-225 **Can there not be some clearing or healing of that frustration other than coming unto another body?**
- 1994-0805-226 Oh, indeed. Indeed.
- 1994-0805-227 **That was my understanding, you know, that when you leave this expression and go on to other expressions, that you can do healing on other realms.**
- 1994-0805-228 Indeed, and as the one who has laid down the body in frustration, in constriction, and has gone to what they would see as an escape, as they come unto a place - and there is no time to measure this by, so it is not the tragedy that you would judge it to be in this process of time - as they come unto the place of allowing an expansion of their own mind, we will call it, and yet it is more than that - their own awareness - to see others of what you would term Light beings, ones who are there to help in the Love that they are, then they have the choice to go on to what has been termed a school, yes, that may be their choosing of an experience - the way they would define that experience - or to go on to express in another dimension, another universe, for this is not the only place of expression. Or they may choose to pick up the design pattern of this kind of a body again and to come to what you see as "here" - and yet I would ask you where "here" is - to come here and to express again this way.
- 1994-0805-229 So you are not all recycled immediately and you are not all recycled back into the same design pattern of expression, of tangible expression.
- 1994-0805-230 **Does the near-death experience fit in here?**
- 1994-0805-231 Very much so.
- 1994-0805-232 **Yeah.**
- 1994-0805-233 The experience of the tunnel of Light, yes, that is your own Light that you are beholding.
- 1994-0805-234 **So there is a time lapse or we will call it a time warp to where you go off to someplace and get this schooling very quickly and then choose to move back, and perhaps the molecular structure, it hasn't disintegrated yet so you can move right back into it again?**

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- 1994-0805-235 For you are the one, beloved one, who is calling together the design pattern, the molecules of physicality, yes. You have in other lifetimes been the master who allowed the body to be in a state that others would have called dead and you have gone off for a month, a year, several years in your timing, to experience something else, and you have put the body into what would be seen as a safe place - a cave, perhaps, where others would not come across it and to bury you - and you have come back at a later "time" and claimed it again.
- 1994-0805-236 **It is very familiar.**
- 1994-0805-237 Indeed, you have done this many times.
- 1994-0805-238 **It is a shifting of frequency then?**
- 1994-0805-239 Yes, that is what it is, and you, as the energy that you are, collect at all times the molecules, the body. That is why your body is your perfect servant: because you are the one that is decreeing how you will express.
- 1994-0805-240 So, when you come unto a place - which you will - a place that can be perhaps only imagined now, you can change in a moment the design pattern with which you are expressing. You have already accepted that the design pattern can be altered in time. Ones can grow younger in years, stronger of body - not aged and infirm, but stronger and younger. You have come to the place of accepting this as a possibility. But you will come unto a place where you will know and you will experience what has been termed, I believe, the shape-shifters, who in a moment can change the design pattern to express with another shape, another design.
- 1994-0805-241 After all, what is your science fiction, as you would call it? Where does it come from?
- 1994-0805-242 **When you talk about people, I hear you so often saying that you or a person has been with another person in a different lifetime.**
- 1994-0805-243 Yes.
- 1994-0805-244 **Is that because... I'm wondering if we choose the same people because there are more lessons or if we've been around so many times that we have experienced everyone?**
- 1994-0805-245 It is because, beloved one, bottom line, there is no separation. So you have experienced, in what you would see as other lifetimes, you have experienced relationship with all others of your brothers and sisters and yet the Truth, the Bottom Line of it, is there have been no other lifetimes and you are One.

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- 1994-0805-246 **But that is yet a bit beyond the process of belief in this day and time. You are coming unto it, to the place where you know your oneness and you can look upon one and say, "Oh, yes. I know you. I know with a familiarity - because we are of the same Family - a familiarity of Who you are. You are the Self that I am. You are the Christ that I am." And you - I am not speaking just to this seeming individual; I am speaking to you as well, all of you - you come unto that place of knowing the Truth, with a capital "T," of your being. So that is why you can look upon anyone and say, "I know I have been with you as brother/ sister," and it is a truth - small "t". "I know I have been with you in the same family. I have been with you in the same monastery. I have been with you in the same star system. I have been with you on the same spaceship. I have been with you everywhere that you can imagine."That's why you were quoted as saying, "Lo, I am with you always"?**
- 1994-0805-247 **Indeed. There is no separation. Not even by what you would see as time or what you would call dimensions.**
- 1994-0805-248 **Would you care to address the idea of where this belief system of separateness came from? Was it a belief in the idea that human beings on this planet saw others come from the sky and thought that they were separate, and reaching out to that God?**
- 1994-0805-249 **That has been part if it, yes.**
- 1994-0805-250 **...and that those beings, the extraterrestrials, if you will, or beings from other planets, would have been considered more holy and more wise and more able than the ones on lowly planet Earth?**
- 1994-0805-251 **That has been a commonly accepted belief, yes, over what you would see as history.**
- 1994-0805-252 **Do you say it was a commonly accepted belief... but was it a truth?**
- 1994-0805-253 **No.**
- 1994-0805-254 **Thank you.**
- 1994-0805-255 **Not a Truth. All of you are the holy Child.**
- 1994-0805-256 **Yes, I can subscribe to that, but I was just curious how this wonderful expression and experience of feeling separate came about, that we had to work our way all through this?**
- 1994-0805-257 **The holy Child - which is Who you are - desired to know Its creativity. The holy Child, being the Child of our Heavenly Father, Who is the Creator, the**

One Source, the holy Child desired to know creativity, and asked of Itself, "What can I create?"

- 1994-0805-258    **To make it more interesting, more of a challenge?**
- 1994-0805-259    Yes. The holy Child, as one of the experiences upon the journey, desired to know, "How does it feel to express in matter?" That is what you are doing now: experiencing what it feels like to express with the molecules of physicality, of matter. How does it feel to sit upon the chair? How does it feel to move the muscles? How does it feel to activate your technology? How does it feel in imagination - and I would ask of you, what is imagination? How does it feel to be a piece of metal? Imagine yourself inside a piece of brass. How does it feel? What does it look like? What does it smell like? This is one of the things that Beloved Elder asks of his classes from time to time.
- 1994-0805-260    And in your imagination - which is not separate from you; it is you - you go inside a piece of metal and, miracle of miracles, you experience what it feels like to be a piece of metal - for you have been and have expressed as that matter. You are the one who is calling it forth.
- 1994-0805-261    But in the seeming journey of experience, of creativity, the holy Child has said unto Itself, "Look at what I have experienced. I must be far from my Father's Kingdom for look at what I have experienced. Look where I've gone. It's a far journey, and I don't quite remember my Father's Kingdom. I don't quite remember Home. I know that there is Home. There is a Homesickness that I feel within me," and always, there is this bond that is calling you Home. But the holy Child accepted the belief in separation and has said, "I must be far from the Kingdom." And with that belief in separation the voice of the ego, which is the voice of separation, began to call out with more constriction, more narrowing of the focus. When you first came upon this plane - and this is not the only plane of expression - when you first came upon this plane, you remembered that you are a Light being, that you are Light, and your very first experiences and expressions were as Light beings, very fluid beings. And as you desired to experience more of matter, you identified more and more closely with matter till you came unto a place of saying, "I must be the matter. I must be the body," and the body has called out in such grand intensity that you have felt that this was all there was and you have accepted a limitation of your powers. And when others who were in a belief system of accepting more of their unlimited powers - which are the same as your powers - when they would come in what would be seen as a spaceship or another way of materializing a body upon this plane, you and they, for you have experienced being the one who came as a great

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god here as well; you haven't always been the worm of the dust, as you would see this experience. You have been the ones who have come in the spaceships. You have been the ones who have come and awed the ones who were already here with your powers. But as you have seen ones come from seemingly afar off who could do things that you thought you had forgotten how to do, you saw them as gods apart from you.

- 1994-0805-262 It is because you have done such a grand job of narrowing the point of focus to experience matter that you have forgotten the big picture of Who you are. And yet that is being born again. That is what is happening upon this plane now. That is why it is such a grand time of joy, of excitement, of acceleration. That is why you feel such an acceleration. It is because the very vibration of the Light that you are, you are allowing it to be speeded up, and it is seemingly out-pictured in events and activities where you have in one evening of your timing many choices of where to go, of what to do, many things that you feel you should do and, "How can I get them all done in the time that is allotted?" Well, that is for you to decree, because you are the one who is calling it all forth. But it is grand time of acceleration that is allowing you to get in touch with the unlimited Light that you are, the unlimited energy that you are.
- 1994-0805-263 You are, if you will receive it, allowing yourself to know that you are the very vibration of Light and yes, it is accelerating. It cannot help but accelerate.
- 1994-0805-264 **Was our planet Earth created out of separation, the feeling of separation?**
- 1994-0805-265 Our Holy Mother, the Earth, no, beloved one. This is a creation that you as the holy Child have called forth. And our Holy Mother, the Earth, is very much the energy that you are as well. It is from the One creative Source. The world, which is the world of activity, of shoulds, of constraint, constriction, that has come from the voice of separation.
- 1994-0805-266 **Yes, because my question leads to other things like, you know, people of like consciousness could... can we create, recreate, the Garden of Eden?**
- 1994-0805-267 **Indeed.**
- 1994-0805-268 **With all of us of like consciousness?**
- 1994-0805-269 That is what is coming to be manifest upon this plane.
- 1994-0805-270 **And we could be fluid again?**
- 1994-0805-271 **Indeed. That is exactly....**

- 1994-0805-272 **On Earth?**
- 1994-0805-273 Yes, that is exactly what is coming to pass in the days to come, and I say advisedly "coming to pass," for it is something that you will experience and then you will experience something else as well. But yes, there will be the recreation of the Garden of Eden if you so choose, and there will be many of your brothers and sisters who will choose that. There will be a time of grand Light upon this plane, for you will go as the Light beings that you remember yourselves to be/ we remember ourselves to be.
- 1994-0805-274 **In this lifetime?**
- 1994-0805-275 That is what you are decreeing, yes.
- 1994-0805-276 **And there will be no time. I think we could come to a place where there is no time. This was all happening at once, even in the Thirteenth Century or the Tenth.**
- 1994-0805-277 Indeed, it is as this one has spoken of the time warp, yes. Time is the creation of the holy Child in separation, in the belief in process: of a beginning, of a middle and an end, the belief in process. So time, when you know yourself totally to be the Light energy that you are, time will be whatever you decree it to be. An instant... ten thousand years, it will be as an instant. You have heard that joke. Yes, that is what you are calling forth, and that is why it is such a time of excitement, of joy, upon this plane. Yes, it is the time of polarities. It is the time of violence and of suffering, as ones would decree that that is how they must come Home. But it is also a time of great happiness, too, for you are coming unto the place of saying, "I am the whole. I am the One. I and my Father are one. I and my Mother are one. I am one with the Divine Source," which is the Truth of your being. You are claiming that, and that is what the dance is all about.
- 1994-0805-278 Beloved one, do you have a question?
- 1994-0805-279 **Yes. You know the question has been brought up that there has never been any evidence that a person such as Jesus ever existed, right?**
- 1994-0805-280 There have been ones who have said that, yes.
- 1994-0805-281 **And there are others at the same time, they said there was no evidence that there was ever anyone such as God.**
- 1994-0805-282 Yes.
- 1994-0805-283 **No evidence.**
- 1994-0805-284 **Indeed, for ones who would have the blinders right in front of the eyes, they will not even see the sunshine. Yes, and it matters not. It matters**

not whether one known as Jeshua ben Joseph, if there is any evidence - and I would ask of you, what is evidence? For one will call forth something that they will call as evidence and another will look upon it and say, "That's not evidence. That doesn't prove anything to me." You have seen this in your judicial system. You are seeing it in your judicial system. But it matters not whether there is evidence that all believe to be true that one known as Jeshua ben Joseph collected the molecules of physicality and went about as a man upon this plane. I assure you that I did, for I enjoy expression upon this plane. I enjoyed my time interval as Jeshua ben Joseph upon this plane. And it is not the only expression that I have experienced upon this plane, for I have come many times and I have shared with you many times.

- 1994-0805-285 This time I come and I borrow a body for a time being. It is a good arrangement. I let my beloved teacher take care of it the rest of the time.
- 1994-0805-286 {Laughter.}
- 1994-0805-287 But I enjoyed my expression as a man upon this plane. I enjoyed the feeling of being with the angels of our Holy Mother, the Earth. I enjoyed the feeling of the muscles of the body, the fluidity of the body. I enjoyed working out of doors. I enjoyed riding a camel. I enjoyed the sand of the desert. I enjoyed the caress of the wind. I enjoyed the flowing water. I enjoyed the majesty of the mountains and climbing unto the mountaintop to survey all that I could see, and I enjoyed the green of the valley.
- 1994-0805-288 **And the little children.**
- 1994-0805-289 And the little children.
- 1994-0805-290 **And working with the wood.**
- 1994-0805-291 Indeed. Indeed, always. There is much joy in the expression of Life upon this plane if ones have the eyes to see and the heart of a child.
- 1994-0805-292 Are you desirous of having a break? Yes. This would be a good time for a break, and then we will come back in ten minutes of your timing and we will have more of the questions, if there be more of the questions.
- 1994-0805-293 So be it.
- 1994-0805-294 {Break.}
- 1994-0805-295 **Are you ready?**
- 1994-0805-296 We are always ready, indeed. Know that in the way of the world there are always the activities and things that must be put together, as it would be, but always the Christ is ready.

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- 1994-0805-297 Did you enjoy what is known as your break?
- 1994-0805-298 **Yes.**
- 1994-0805-299 And again I do not know why it is called a break. What did you break?
- 1994-0805-300 **Time.**
- 1994-0805-301 Very good, beloved one. Very good. This one is right on.
- 1994-0805-302 Beloved one, would you have a question or a sharing this evening?
- 1994-0805-303 **Yes. I have a peeve.**
- 1994-0805-304 A peeve. A pet one?
- 1994-0805-305 **A pet peeve. I'm going through this exploration right now and I know in Truth, Spirit, like there are no tragedies. There is no... nothing that is evil or anything, and yet it's my experience in human experience that people can use that statement of Truth, like if something happens that is not in positive expression for expansion, like somebody is raped or molested or gone through physical torture, that people will say, "Well, look at what it brought to you."**
- 1994-0805-306 **Indeed.**
- 1994-0805-307 **It seems that is true in the highest sense, but that's also a real great way to bang somebody over the head.**
- 1994-0805-308 It can be, and it can be perceived that way, yes.
- 1994-0805-309 **And I just have a real problem with it in that it seems to condone behavior that, I mean, I wouldn't want to leave here tonight and have somebody hit me over the head with a baseball bat and just say, "Look at what good it will do you."**
- 1994-0805-310 **Indeed.**
- 1994-0805-311 **So, it's like I talk with other people... it's the power of paradox, and yet I think I do okay on looking beyond appearances, you know, like you talk about, but I think somewhere on this earth plane... it's not like you condone things but you also do not dismiss things.**
- 1994-0805-312 **Indeed, you have discerned well, beloved one: that always in interrelationship there is the exchange of energy, one unto another as servant unto another, always offering to another the opportunity to see whatever transpires in a new light with new eyes. That is the Bottom Line. That is the absolute Truth, as it has been called, and that is what it is.**

- 1994-0805-313 But there is also within this plane the need for – and it is a need – for compassion, for one to come from a place of yes, seeing the grander vision – and truly seeing the grander vision; not just spouting the great words – and to say unto one who has come through that, "I love you and I honor you for what you have experienced and for what you are sharing with me through your experience, and I support you as the holy Child that you are, for I know myself to be you, and I thank you for what you are allowing me to experience with you."
- 1994-0805-314 Then there is not the separation. What you are feeling and having a problem with, we will say – and that is not a good way to say it – but what you are picking up here is the feeling of separation, where one would speak the grand words unto another but not have the connection of Love.
- 1994-0805-315 **Exactly.**
- 1994-0805-316 Exactly. It is very important and very needful that the compassion be there, the understanding, the oneness, the allowing of the connection to be understood and felt. For no one goes through any of the experiences alone – even though they may feel alone – and each of your brothers and sisters gains from your insights. Every time you be lifted up, you lift up all other creation, all other brothers and sisters with you. It is as you would see the spider web and, if you would take one point on that spider web and lift it up, what happens to the rest of the spider web?
- 1994-0805-317 **It goes up.**
- 1994-0805-318 It goes up as well. It feels the vibrations. This is what happens with all in the experience of life upon this plane. There is nothing that is done in separation, but there are ones who may look upon it and hold it at bay and feel themselves to be separate from it, and yet what has been offered unto them is the grand opportunity to see that they are not separate. But as you have discerned, there is a great need – and it is the need of the holy Child to come unto the place of extending Love in order to experience that they are Love – there is a great need for compassion.
- 1994-0805-319 **So when I hear that, it rather provokes me because it sounds to me somewhat arrogant, like they know more and are separate, like they have something to tell me that I don't know.**
- 1994-0805-320 But where they are coming from, beloved one, is a place of fear. For if they were coming from a place of Love, they would welcome all of the sharing and all of the insights for they would know that it touches them not in a fearful way. The ones who would keep it at a distance, seemingly, by using the beautiful words are coming from a place of fear: "If I can say unto

another that this is the truth of what has happened, if I can keep it at a distance from myself, then I will be safe." It is coming from a place of fear. Grand Love, unconditional unlimited Love says, "Yes, you have experienced that and I honor you for that experience, and I honor and thank you for sharing with me your experience, your insights, of what has come from this." And then there is no longer the voice of separation.

- 1994-0805-321 So when ones speak unto you the grand Truth, you will say, as you have said, "Yes, that is the Truth, the absolute Truth of it. There have been many blessings in the experience" - as there have been blessings in the falling down as a child, when the child is learning to walk and has fallen down and scraped the knees. There has been the blessing of learning how to balance, how to walk, how to shift the weight, but that does not say that there has not been the scrape upon the knee.
- 1994-0805-322 **Perhaps that knee needed a bandaid and a touch of love.**
- 1994-0805-323 There you go.
- 1994-0805-324 Beloved Amara, how are you this evening?
- 1994-0805-325 **Well.**
- 1994-0805-326 You are. Would you have a question or a sharing?
- 1994-0805-327 **Yeah, a question I think and a sharing. A couple, two or three things.**
- 1994-0805-328 Ah, we are into abundance again, yes.
- 1994-0805-329 **I notice when you are saying wholeness, I'm hearing a tone.**
- 1994-0805-330 It is.
- 1994-0805-331 **Yeah, so I'm asking, why do we put the "w" on it and where did the "ness" come from, and yet into language, I know that this means something in English but it's putting me in touch with what the Native American does with "whole," which is symbolically the same.**
- 1994-0805-332 Much fluidity, yes.
- 1994-0805-333 **Which is the same as the One, the Spirit, the whole Spirit, but they also say, "Ah ha hoe," which also has another. So I want to ask you, why am I hearing in vowels lately? Because I am. And what's a double vowel, the "ho hole"?**
- 1994-0805-334 It is the vibration that you are, and it is no accident that you are finding your focus upon the tones in the recent months, years, of your timing here.

- 1994-0805-335 The double vowel, as you have called it, is the expression of the One in the wholeness with what you would call upon this plane, emphasis, repetition, to bring about again the awareness of Oneness, all of it.
- 1994-0805-336 **A double frequency?**
- 1994-0805-337 Yes. For you are one who has studied harmonics, as they are known, and again there is no vibration that is in its isolation by itself. For this would go against the whole. There is no separation. So even a tone, as you would see, is made up of other harmonics that go with it.
- 1994-0805-338 **Oh, okay. Overtones.**
- 1994-0805-339 Overtones, undertones, yes.
- 1994-0805-340 **Okay. Kind of a double whammy?**
- 1994-0805-341 You may take it as such.
- 1994-0805-342 **So it's... okay. All right. That's my question. We come to this point of... is this why we are acting out the tone then: because we are at a time or a frequency when the more we put out to the universe, the more it is going to resound and bring things into a different octave?**
- 1994-0805-343 That is very true. For as you tone, you will feel your very connection as oneness with that tone, with that vibration, and by acknowledging and experiencing the tone that you are, you will call forth more integration of the harmonics, more of the wholeness, for, as you have discerned, what you put out comes back instantly.
- 1994-0805-344 **Is it different than the thought? The tone? Or is it the same?**
- 1994-0805-345 It is the same.
- 1994-0805-346 **So the thought can accompany the picture? I mean the tone. If you send a picture with the tone, then that can come back.**
- 1994-0805-347 Indeed, it will and it will transform everything that you see, for you are allowing within yourself the transformation. That is why it has been suggested that you tone in the morning and in the evening. Not as a grand ritual that must be done, but for the sheer joy of experiencing your oneness with the vibration.
- 1994-0805-348 **I notice the birds do that, too. They awaken with a different sound than they do at night.**
- 1994-0805-349 They do. It is not by accident. These are ones that are very much tuned in to their Life expression.

- 1994-0805-350 **Does that include howling?**
- 1994-0805-351 Yes, it does.
- 1994-0805-352 **Yeah, it would.**
- 1994-0805-353 Very much so. Each design pattern has its own way of expression, its own way of connecting with its oneness.
- 1994-0805-354 **Did you say howling?**
- 1994-0805-355 **Yeah, like a wolf. You know how wolves howl.**
- 1994-0805-356 **There was one that came in the tunneling time a couple of weeks ago, about a week ago, and why I ask this is because never have I had this, not ever. But I hadn't been gone that long, and it was in a window and I was curious as to why I would {jumping} go like that. I immediately got up out of bed and went and closed my windows. But I have not felt that before, and I was curious if you could give me some insight on that, some help?**
- 1994-0805-357 This is something that you have carried with you from what you would see as another lifetime. There has been an experience that is knocking upon the door of your remembrance from another lifetime, and it is important that you connect with this lifetime for there is much, not just in this experience, but there is much that has happened in that lifetime that will aid your wholing in this lifetime, the acknowledgement of the wholeness that you are in this lifetime.
- 1994-0805-358 **Is that related to the same that has been occurring since Egypt? All the healing that has come up from that? Is it related to that?**
- 1994-0805-359 It is, yes. It is not what you would see as that lifetime, but it is related in that it has the same message for you.
- 1994-0805-360 **Which is producing the fear?**
- 1994-0805-361 Yes. And it is not a fear of this lifetime. It is a fear from another lifetime that seemed a very real fear. In this lifetime you will see it for the drama that it is.
- 1994-0805-362 **And I don't have to do anything, I guess. It will be?**
- 1994-0805-363 It will come.
- 1994-0805-364 **Oh, great.**
- 1994-0805-365 **Indeed. It will be as one of your videos that just plays on the screen, and you will say, "Oh, that is what that was about."**

- 1994-0805-366 **Okay.**
- 1994-0805-367 No biggie, as they say.
- 1994-0805-368 **So that will open up more here?**
- 1994-0805-369 Yes, and also the toning. That will open up.
- 1994-0805-370 **Okay.**
- 1994-0805-371 You, beloved one, how are you this evening?
- 1994-0805-372 **I would like to ask you something. I might have asked you a long, long time ago. When you step aside and let yourself be taken over by the only One, then when you step aside again and you are like the rest of us, can you tell what you have said in that space of time?**
- 1994-0805-373 You are asking this of my beloved friend and teacher. Yes, she can remember certain concepts, certain ideas that come to her in a visual form. She does not remember the flow of words, the specific words, but she remembers the concepts, the ideas, which she will have because she is participating in this as well. She will have the insights revealed unto her where she has the experience of "Ah ha. So that is how that fits together, that is what that means," and there are shifts in perception that happen for her as well. But she does not remember the specific words or the flow of the words. She remembers the feeling of the flow.
- 1994-0805-374 **She doesn't know this until she sees it in print?**
- 1994-0805-375 Indeed. When she sees it in print, then she remembers more.
- 1994-0805-376 **But your eyes seem to be somewhat the same.**
- 1994-0805-377 Yes.
- 1994-0805-378 **The .... of your eyes. At one time I thought your eyes had a sort of far-off look, but no, that's not true.**
- 1994-0805-379 I am very much here and present with you, and I use what you see as the physical eyes of my beloved friend and teacher to look upon you. But I also see more than just the body.
- 1994-0805-380 **You are here though in the personage of the Only One, right?**
- 1994-0805-381 **Indeed. That's where you are now?**
- 1994-0805-382 That is where I am now and always, and that is where you abide, beloved one, as the One, always and forever.
- 1994-0805-383 **Okay.**

- 1994-0805-384 **Can I just ask you something?**
- 1994-0805-385 Always, beloved one.
- 1994-0805-386 **What did you just describe, how Judi remembers things... so she kind of like remembers them in her heart and she doesn't remember the words until she sees them?**
- 1994-0805-387 Yes.
- 1994-0805-388 **Is that how we as people remember things?**
- 1994-0805-389 It is indeed, yes, and how you have had what would be the experience of the dream and you have come back with scenes of the dream or remembrances of the dream, and perhaps bits and pieces of the conversation you may have had in the dream. Not so much, but some. This is similar also to what you have remembered from what you would see as other lifetimes. They will come as instant video pictures for you.
- 1994-0805-390 **Right.**
- 1994-0805-391 Concepts, revelations, remembrances.
- 1994-0805-392 **Okay. That's what that's all about when we see something like maybe in print or here, as a flash, that's what happens?**
- 1994-0805-393 Yes, what you see in print is as a catalyst for remembrance. What is in print is as a code that says unto you a meaning that you give to what is in code. For there can be the same written page that this one will read and you will read, and then the pages would be put away and you would be asked to give back what has been upon that page, and this one will give back what has been upon that page, and there will be the third one hearing this and they will say, "But you both read the same, yet they are different."
- 1994-0805-394 It is because what is upon the page is as catalyst for remembrance. It brings forth from you the inner wisdom, and it may be - and always is - slightly different than what another one sees at this point of focus. Now, when you are in your Oneness, there will be no difference.
- 1994-0805-395 **But this is just specific to where we are in our process?**
- 1994-0805-396 Indeed.
- 1994-0805-397 **Is there no differentiation then, when we are in Oneness, of color?**
- 1994-0805-398 What is color, beloved one?

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- 1994-0805-399 **The chakras. Do they not emanate a different color at that point? Is Oneness... do we still have the etheric?**
- 1994-0805-400 When you are coming from your place of acknowledging your Oneness, you will see everything. You will see all as the Light that it is. You will see how everything interrelates to come to what we have been speaking of this evening as the Bottom Line: how everything is the Allness, the whole, the Home, what I have termed coming Home.
- 1994-0805-401 Then if you choose to look upon it with the eyes of physical perception, you will see different shades of light, yes.
- 1994-0805-402 **Okay, so that can come any time? You can bring that back at any given moment?**
- 1994-0805-403 Yes.
- 1994-0805-404 **Okay.**
- 1994-0805-405 See how wonderful you are?
- 1994-0805-406 You, beloved one who have made trek unto this location so that we may meet in this way, how are you, beloved one?
- 1994-0805-407 **Very good.**
- 1994-0805-408 You are indeed very good, and I thank you for honoring me in this way: in taking the molecules of physicality on what you would see as your big bird and your wheels to get here and to put it all together so that we could hold the tangible form of energy that we are. Would you have a question or a sharing this evening?
- 1994-0805-409 **Oh, more than one.**
- 1994-0805-410 Ah, the abundance reigns tonight, yes.
- 1994-0805-411 **Well, my heart feels very full. It's very full and I'm having physical sensations. Tell me about that, would you, please?**
- 1994-0805-412 You are allowing yourself to connect with the energy that you are, the energy flow, for your energy is not static and you can be very much tuned into the shifts of the energy. If you were able to see - and your scientists now are getting to the place of being able to photograph and to put on paper what is termed the aura - if you were able to see with the physical eyes - and you will - the change in your energy, you would quite understand the flow and the physical sensations you have had this evening, for your energy as Light is not static. It does not sit in just in one place. It bursts from place to place. There is a burst here and a burst there, and there is a

flow that you allow, an opening you would call it, yes. Very much activity this evening.

- 1994-0805-413 **Uh huh. Yes.**
- 1994-0805-414 **It is one of the reasons that you desired to come and to be in contact this way. You desired to experience the changes in the physical mechanism.**
- 1994-0805-415 **Yes. For sure, for sure. You have mentioned in tapes I have, in individual sessions, about coming Home and you have said at times, "This one is also coming Home," and then there is also the thought of, everyone does. I mean, all of these focuses do at some point, and if you were saying that this one is coming Home in this lifetime - I'm muddling this - but does that mean that indeed many of us will in this particular incarnation, and others will go on, say accept the death and go on and do their coming Home in other lifetimes or other dimensions or something of that nature?**
- 1994-0805-416 **Yes. They will make their own choices as to what they will experience, yes. It is a grand time of Love. Not only this instant that we share, but also what you would see as the days to come. For you have said that you decree and you desire to experience joy upon this plane, an acceleration of the joy, and to know it, to express it with the molecules of physicality, to see even this body as radiant in Light, with every cell of the body emitting the Light that you are, and to behold others doing the same, and this will happen for you. And my beloved daughter, Wendy?**
- 1994-0805-417 **Yes.**
- 1994-0805-418 **And her, too?**
- 1994-0805-419 **As she desires. There is a grand awakening upon this plane. It is what I have called coming Home, and there are many of the brothers and sisters who are choosing to come Home and not to lay down the body and to go unto what would be seen as a far off place called Heaven in order to come Home. For truly, when one lays down the body, that is all that happens. The consciousness, as it has been called, is still the same whether you are expressing with a body or you have laid it down.**
- 1994-0805-420 **You will be experiencing many of your brothers and sisters coming Home, for there is an alignment of like attracting like. There will be many of the brothers and sisters who will choose to come Home in what you would see as another lifetime but you will not be so much in connection with them. The ones that you are with, it will be as a family for truly it is a Family.**

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- 1994-0805-421 **Uh huh.**
- 1994-0805-422 **A community, yes. And I welcome you Home.**
- 1994-0805-423 **And you, beloved one who has also made trek unto this place. It is my grand joy to welcome you and to say, I bid you the Love that I am unto the Love that you are. I bid you welcome.**
- 1994-0805-424 **Thank you very much.**
- 1994-0805-425 **How are you, beloved one?**
- 1994-0805-426 **Good.**
- 1994-0805-427 **You are indeed good. Would you have a question this evening?**
- 1994-0805-428 **I can't think of any questions, but I just feel like a sponge. I've absorbed so much.**
- 1994-0805-429 **Indeed you have. There have been many shifts in perception this evening, for you have allowed yourself to come and to be open and to say, "I will just behold what is going on here, and I will take it in and I will see what resonates with me, what resonates in the heart." And you have made what you would see as a grand journey even in a short time interval this evening.**
- 1994-0805-430 **Very short.**
- 1994-0805-431 **Indeed. I welcome conversing with you more in this manner in the days to come. We will play.**
- 1994-0805-432 **Thank you.**
- 1994-0805-433 **Thank you.**
- 1994-0805-434 **Beloved Songbird, have you thought of a question? It is not necessary.**
- 1994-0805-435 **No.**
- 1994-0805-436 **No. We did not want to leave you out, in case there had been a question.**
- 1994-0805-437 **And now, beloved ones... did you have a question, beloved one, or did we cover it?**
- 1994-0805-438 **Well, yes, I think I have just a sharing, that I just really see the vision of coming together in consciousness so that we are all of one mind, so that there is no need for forgiveness anymore because we have no judgment.**
- 1994-0805-439 **Exactly, for even forgiveness itself speaks of separation. Yes, and I would like to see us working, and I look forward to a time when our group is coming together in this kind of consciousness.**

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- 1994-0805-440 Yes, and this will happen, beloved one. And it comes rapidly, for there is a desire within the hearts of many. It is as I have spoken unto this one, that there is a Family, and the Family is remembering and will have a grand reunion, a large, large Family picnic. And you will see this even within the expression upon this plane, even with the bodies. There will be a geographical location where many will be called to be, and there will be much sharing of the Love that you are and that they are, much coming Home even in tangible expression.
- 1994-0805-441 {To a young girl in the group}: You, beloved one, you are a delight to behold. Look upon that smile. You are beautiful. Look at the way the hair frames the face. You are as a beautiful bird, a beautiful bird that is free to fly. And you have a heart that expresses much Love. You are a blessing, beloved one, to many, and you will come unto a place in the days to come when you will know the blessing that you are unto yourself. For in many lifetimes you have been one who helped others who did not know their strength, and you helped them through times when they questioned what they could do. You will be doing that again - you already have done that in this lifetime.
- 1994-0805-442 Share with others freely the smile because that is a grand gift that you give unto others. It is allowing the heart that you are to be seen by others when you smile, and, when you do that, it helps them know that they have a heart inside of them as well. It is a grand gift. Thank you, beloved one.
- 1994-0805-443 What an evening, yes? It is my grand joy to come in this manner and to be able to share by reaching out and touching, to be able to share the Love that we are in tangible form. That is what this expression is all about: being able to express, ex-press, the Love that we are, a very dynamic quality of the tones, yes: of the smile, of the questions that bring out the inner wisdom, that bring out the still, small Voice that speaks of Love and shares with others the opportunity for them to know the Love they are.
- 1994-0805-444 It is a grand service that you are.
- 1994-0805-445 **It is my service.**
- 1994-0805-446 Indeed, and I honor you for that.
- 1994-0805-447 Remember the toning. Remember to play with it in the morning of your morrow and at sunset. If you remember nothing else - and I assure you that you will - remember to tone at least one day, morning and evening, and you may so enjoy it that you find yourself doing it on the second day. You may do it in your out of doors as one of your famous sisters has done, the one known as Shirley MacLaine, who has gone to the ocean and has cried out in her tones, "I am God!" - as you are - or you may do it within the confines

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of your shower. Wherever it feels right for you. Have fun with it. Play with it. Play with the joy of the holy Child and sing. For that is why you gift unto yourself the very expression known as the throat chakra. It is to use it to tone, to know your own vibration. Play around with the vibrations and see what feels to be your vibration. Each of you has an at-Home vibration. So, play with it. Have fun with it. And as you allow yourself to expand in that joy, guess what? I join you in that, for I love to play. And in that joy, beloved ones, we reach what is known as the Bottom Line. And we come Home.

1994-0805-448    So be it.