

# The Joy of AtOneMent

1994-05-21

- 1994-0521-001 Indeed, beloved and holy and only Child of our Heavenly Father, Child of Light divine, I am the one known as Jeshua ben Joseph, and it is in great joy that I come to abide with you this evening in your timing as you have chosen to set aside this time interval, as you see it, to abide with me.
- 1994-0521-002 The joy of atonement: the joy of atonement as it has been called, but it is better understood as atonement. If you will receive it, beloved ones, you have already experienced this evening in your timing the joy of atonement. Do you not still feel ringing in the air the vibration of joy shared by this beautiful servant {Beverly Dexter, soloist} of our Heavenly Father? Have you not all felt lifted by the very vibration of the tones unto a higher place than where you were when you first walked into this room?
- 1994-0521-003 In the last few moments in sharing of your vibrations with the song that was sung and was shared with you, all of you allowed your hearts to open - as with your beautiful singing and playing, beloved one {Clarice Crawford}. All of you in singing allow yourselves to become the instruments of the Love and the Light that you are, opening yourself to the unlimited Self that you are. Thank you, beloved brother {Clive Simpson}, for facilitating this so often with the music and also in the other areas of your life where you do this as well, for it is not just with the microphone and the singing that you allow others to open to their heart.
- 1994-0521-004 The joy of atonement, the joy of coming Home, the joy of opening the heart to the very vibration of Love and aliveness of Life that you are. Does it not feel radiant? It allows you to feel even within the very cells of the body, the cells of this beautiful body, it allows you to experience more of Who you are, to get in touch with the unlimitedness which you are. That is why you enjoy so much the music. You allow yourself to connect with the very vibrations that you are in the beautiful musical tones, the different tones that you hear, the different vibrations, and also in what you would know as the rhythm. For when you would hear the rhythm of the drums, as it would be, you vibrate in what is called syncopation with it. You beat in harmony with it.
- 1994-0521-005 This is why there is certain music that you feel very much in tune with and there are other pieces of music where you feel it is beating and then you are beating and it is beating and then you are beating and it puts you to

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one side and back and forth with it as you do a dance with it. You call this forth in order to experience all of Who you are and it is beautiful.

- 1994-0521-006 Allow yourselves in every moment of your day to feel alive, to feel the vibration of Who you are, for when you do that, you allow the cells of the body to come alive as well and to express the radiance that they are, and you will continue to express for what would be known as eons of time if you choose to. There is nothing that says that the body will only last for a certain number of years and then it must be laid down or traded in on a new model.
- 1994-0521-007 That is just a belief. But know you that there are many of you in this room who have lived what would be known as three hundred years, keeping the body in perfect health as an expression of the vibration of Light that you are. And you did this because you were so in love with life you enjoyed every moment of it and you knew yourself to be one with the very process of Life and there was no need to lay down the cells of the body, the molecules of physicality. You kept expressing because you were in such joy to be alive and to be expressing, and there were times that you allowed the body to rest, to be on what you would call automatic like a pilot light, radiating some of the Light that you are, and you went off unto other dimensions to express and then you came back. You put the body in what you would know as a safe place: in a cave that was not frequented by others so they would not come and find the body and think it to be deceased and to bury you somewhere.
- 1994-0521-008 But you put it in a cave that was not known by others, and you went off and you did what you wanted to do, expressing as the Light blob that you are, and then you came back later and raised up the body and went on expressing within that focus of attention.
- 1994-0521-009 All of you have experienced that. All of you have allowed the body that you were expressing with at that point to be at rest, alive yes, with a pilot light, as we would call it, on and you went off - as you do even now in your time of sleep - and you went off and expressed and experienced in other dimensions and then came back after what would be known as some months time - or even years in some cases - and claimed the body and came out again as the wise sage and taught your students again.
- 1994-0521-010 Beloved ones, did you remember to behold the Light blob of your brothers and sisters today? Did you remember to look upon everyone and to allow yourself to expand the consciousness to see the Light that they are? To go beyond what would be just the confines of what the body appears to be and

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to see what is termed the aura and to see even beyond the aura to see the Light energy that activates the body? And know you - I know that you do - that when you are singing, your Light energy expands. It goes out to the farthest reaches, and then when you are finished, you collect it back in - not completely - but you collect it back in a bit and you come and you sit. But when you are singing, beloved one, your radiance is far reaching - not only with the tones that you allow to go forth but with the very Light that you allow to be emitted. It reaches out and touches everyone in this room and beyond - even the ones that would be known as in the kitchen have felt your radiance when you were singing.

- 1994-0521-011 And this is true for all of you when you have been in moments of great joy, when you have been in moments of Love, where you have looked upon a beloved pet, a beloved mate, a beloved friend, even a beloved flower that you have seen, and you have allowed yourself to be as the sunrise and you opened your heart and you felt that the floodgates had opened, and you allowed your radiance to pour forth in Love. It was poured forth upon the one who stood in front of you and it was felt to the farthest reaches of the universes.
- 1994-0521-012 It is as Light. It goes forth, for that is Who you truly are. And as your scientists have proved for you - for you have called them forth in order to prove this to yourself - Light travels and travels and travels and travels. It does not come to a place and say, "Okay, end of the line," turn around and go back. It is forever ongoing, as you are: ever ongoing and ever expressing.
- 1994-0521-013 Know you, beloved one, that you have been in other lifetimes as the great concert pianist? Indeed, for the sheer joy of it.
- 1994-0521-014 All of you, if you will abide in the heart - if you are interested - if you will abide in the heart and ask of yourself, "What have I experienced that is of great joy?" there will come forth moments of remembrance, times of great joy. Not only in this lifetime, for some of you may sit here and think, "Well, there haven't been too many moments of joy in my life as I can count them in this lifetime." And yet, it all depends on how you would judge the moments of joy. For there is joy in simplicity.
- 1994-0521-015 But all of you can call forth moments of joy in other lifetimes as well. This is your treasure, the treasure of the holy Child experiencing Life, being the creative holy Child that you are. You are whole, complete, missing no parts, needing never to go back to school to learn whatever would be missing. You are holy. You are whole.

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- 1994-0521-016      That is what the word holy means. It does not mean some great religious term that if you are good enough some one will come up and they will say, "Now, thou art holy," as they would bestow upon you a great crown or honor. It is an honor, yes, but it is Who you are because you are holy from before time began. You are whole.
- 1994-0521-017      So when ones would ask of you and might question if you say that, "I am holy" - for truly you are - do not let them say unto you, "Ha! Who do you think you are?" You know Who you are. You are the Child of our Heavenly Father and as such you are holy and you are whole.
- 1994-0521-018      We were speaking last evening of the holy Child that you are, desiring to experience creation. With the thought of "What would it feel like to experience creation?" you brought forth all worlds, all adventures. You brought forth what is termed matter. In your thought, you envisioned vibration of different rates, different rates of vibration. All of you in this room are as the great Light that is in the middle of this room {the chandelier} - and even more - and you vibrate. You asked matter to become dense, to form in density. You brought forth our Holy Mother, the Earth. You are a co-creator of our Holy Mother and She in turn is a co-creator with you of the physical design pattern that you are now using to express, the dust of the Earth, the molecules of physicality. You are co-creators, and Mother Earth is very much a Light being, the same as you are, very much alive and vibrating as the Light that She is.
- 1994-0521-019      Many of your brothers and sisters have forgotten this and think that the Earth is just something to run around on and to use with no concern and no awareness of the Life that She is, until She shakes a bit or heaves up a bit and then there is a bit of attention paid, and the brothers and sisters say, "Well, there must be something going on on a deep level here." Your scientists explain it in one way, but know you your Holy Mother, the Earth, is alive and is a Light being, the same as you are, expressing in a different form.
- 1994-0521-020      There is a resurgence upon this plane at this time of Love for our Mother, the Earth. You have seen this as a wave that is going across the planet in what would be known as the last two decades of your timing. I believe it is called a "green" awareness. It has to do with the environment and the ecology and knowing that everything is related. Again, do you see how you are bringing forth from what is seemingly out there the symbolism of the oneness, the oneness of all life and how all life is intertwined? There is no separation, and this is coming into awareness more and more.

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- 1994-0521-021    With the creation of matter you desired to experience life with your creations, and when we were first upon this planet – and other planets as well, for this is not the only one that you have expressed upon or that you will express upon or that you are expressing upon even as we speak; you have been upon other planets, other heavenly bodies, other universes for you are truly unlimited – we desired to experience interaction with our creations, and we came as the Light beings that we are at first. And we came as what you would know now as angelic beings, as the devas that are around the flowers and the plants, as the fairies. Yes, they are true. They exist and you have expressed as such. And we came as the Light beings that we are and we experienced being upon this planet. We experienced being the Light upon this planet, the iridescence of Light, the color – as is seen in the beautiful raiment that this beloved one is wearing this evening – the iridescence of the colors, a beautiful rainbow of colors, and we came and we expressed – and I include myself in this for I came as well, and enjoyed, in joy.
- 1994-0521-022    And as we would see the process of time evolving, we ourselves collected matter, the molecules of physicality, to ourselves and became more solid. But there was for a long time a connection at the top of the head that was known... it was open and it was known to be our connection with the Light that we are. Even now when your little ones are born there is still what is known as the soft spot on the top of the head that has not closed over. It is a relic, I believe they call it, of other times, of times when it was more open.
- 1994-0521-023    **And what you are doing now is allowing your consciousness to expand and to open again to all of the Light that you are. It will not matter whether this is closed off or not because you are knowing that you are the Light all around the body, knowing that you are the Light that activates the body.**
- 1994-0521-024    This has been termed the descent into matter, and it was intentional. It was not a mistake. It was not a sin. It has been called the Fall-from Grace, but it was not a fall as in a sin. It was intentional to experience creation. The fall from grace has been the temporary forgetting of the Light and of the unlimitedness that you are. And do you see how even that fall is being reversed? It is not and never has been a mistake or a sin. It was very intentional: to experience the density of matter.
- 1994-0521-025    When you and I decided, made the choice to experience how to activate the molecules of physicality, the matter, when we made that decision, knowing ourselves to be connected always with the Light that we are and the other

expressions of Light, the other Light beings, our Light brothers as you would call them - all of the Light that is in this room and more - we said unto our Light brothers, "When we have descended into matter and we have experienced the density of matter, send us what is known as the wakeup call." And this is what you have been hearing - not only in this lifetime but other lifetimes as well. There has been the still small Voice within that has sounded and has called you to come up higher, to remember Who you are.

- 1994-0521-026 You are not separate ever from your Light brothers and sisters. You cannot be. It is as a great ray of Light, and you would see that great ray of Light as going through a prism, coming out from the prism in different vibrations, different colors, seemingly separate expressions and yet, all one great ray of Light.
- 1994-0521-027 You are experiencing now a decision that you set into motion before time began, for truly, time is of this experience. Upon this plane there is a belief in process. There is a belief that there is a beginning and a somewhat longer middle and an end, probably, to something, which gives you what would be known as linear time. It gives you a starting point and a process of ongoingness.
- 1994-0521-028 There is, yes, a process of ongoingness but it is not what you would see as being limited and it is not what you would see as being linear. All time is now. As you bring it forward in your consciousness, it is now and it is experienced now. As you bring forth what you would term remembrances, where are they? They are right now, and all time is related to other what you would call points of time.
- 1994-0521-029 If you would see time, a point in time... say, a point of when there was a great historical event such as... name me an historical event.
- 1994-0521-030 **The birth of Jesus.**
- 1994-0521-031 The birth of Jesus, Jeshua, yes. You would see that point and we will put it right about here, and you would see yourself to be at another point of time now. And there would be other historical events that you would chronicle in different places, and it has been seen that it would go in a linear fashion, such as the birth of Jeshua at this point and then this time now.
- 1994-0521-032 But I say unto you: time is more of what would be a sphere. If you would imagine a great sphere, a ball, and within that are the points of experience as you would see them as different events. They are all within the sphere, so that no matter how you rotate and turn the sphere, they are all connected one to another, but not as you would see as in a linear fashion. They are all very much interconnected. And what we will do with this

sphere even more because it does not have the boundary, we will fuzz the edges and we will fuzz them out to what you would know as infinity, and yet all of experience is within this infinite sphere.

- 1994-0521-033 Now, that is taking an infinite Truth, putting it into a concept that the mind can somehow grasp, but as we explain an infinite sphere, you cannot quite take in what would be an infinite sphere. Right? Yes, you can kind of get a hold of it but not quite. It's slippery. You almost get it and it slips. But that is one of the best ways to explain it. All of experience, as you would see it, is all interrelated but not from a linear point of view where you would say that "This is all finished" and "This hasn't happened yet." This, that you believe hasn't happened yet, has happened. It is within that sphere. And as you would sit here and you would think about what is known as an event in science fiction, as several centuries in the future - I believe you have some television shows that deal with this - and as you sit and you watch what is known as your space exploration and your programs such as "Star Trek" and you see yourself going several centuries into the future, and you sit there and you understand what is going on and you get very excited about it, do you know why? It is because you are experiencing that. It is not something that is off in linear time in the future. It is within the infinite sphere of experience and it is connected. If you would see this to be now, 1994, and you would see this to be 2448 here - or do it this way if you want {turning the sphere upside down} - it is all interconnected.
- 1994-0521-034 That is why you can relate, as they say, to a program such as "Star Trek". It is not in a foreign language to you. It is something that you can relate to and you can understand. You can get very much into it. It is true. You are already into it.
- 1994-0521-035 So what you would see as your future that you are waiting to have happen has already happened and yet you are waiting to experience it in consciousness of what you would call remembrance. And yet, to try to explain that in concepts limits it more than what the Truth is. But it keeps the mind happy. It gives the mind a hook to hold something with.
- 1994-0521-036 The joy of atonement. Now, the word "atonement" you have heard many times in your religious organizations, not only in this lifetime but many other lifetimes when you were associated with religious organizations - the church - and there was much made of atonement. And you were told by your priests - and you also experienced being the priest and the nun, as they are called - you experienced being the ones who were telling the others and you

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also experienced being the ones who were told that you were unworthy, sinners, who must atone for everything that you had done and that your ancestors had done and all the way back to Adam and Eve and what they had done with original sin.

- 1994-0521-037 Original sin was the Fall from Grace that we just talked about, the temporary forgetting that you are the Light and the Love that activates all of matter. That is all that the Fall from Grace is and it can be reversed in an instant. As soon as you understand, you can see. You are no longer falling. You have stopped.
- 1994-0521-038 But you were told that you needed to atone for sins that you couldn't even remember. You had no idea what they were but they must have been terrible because the priest told you that they were terrible. Therefore, you must atone.
- 1994-0521-039 This was a misuse of power and all of you have experienced the misuse of power in your experience of the grand adventure upon this plane. It has been something that you desired to experience. How would it feel like to have power, supposedly, over others? And you experienced being the king, the savage warrior who came in and conquered other tribes. You experienced being the priest who had even more power than the king. For you tried being the king and that was fine, but you found that the religious organization had even more power so you came back in the next lifetime and you were a priest. And you worked your way up to the top where you had more power than the king. For you wanted to see how would it feel to be as God. Forgetting that you are.
- 1994-0521-040 You desired to use the power, supposedly over others, and yet, beloved ones, you do not have power over other ones. You can offer to other ones choices of how they will see what is going on, but it is always their choice as to how they will see a situation, an interaction, how they will see themselves in that situation and how they will see their brothers and sisters and the world.
- 1994-0521-041 You never take the life from another. If a body is laid down, it is laid down by choice and not before that choice is made. This is why you can look with peace upon even your acts of violence of what would be known as warfare, acts of murder. You cannot take the body from another one.
- 1994-0521-042 You can offer unto them the opportunity to lay it down. It is their choice. For you have seen even in what is known as war, there will be one who will be completely injured, very much devastated in the body, and yet there is what has been called the will to live and they will come through, losing a

leg, an arm, part of the face, part of the body all over, but they will remain alive for it is their choice to keep on expressing and to experience what it feels like to express with only part of the body and to experience how this will be in interaction with their brothers and sisters. There is a treasure in that. It is no tragedy. There is much of treasure to be experienced in it. Others, upon the same battleground, will hear the cannon go off and will die of fright, having suffered nothing to the body. Again, a choice. {Talking to one in the group whose friend was murdered that morning.} You cannot take the body from another. Your beloved friend made the choice to lay down the body and to go on to another experience. In conscious awareness he was not aware that this was going to happen quite that soon, and he has come and is with me and with others of the Light, already. He has been a bit surprised to be here for he had within his focus of attention other things that he planned to do in this day and in this week. But that is all right. They will be taken care of by others.

- 1994-0521-043 Allow the ones who are concerned about him to know that he is alive and well, as they always are as well, that life does not cease with the laying down of the body. It goes on to another experience and another expression, and he is very much with us right now even in this room as you would see it.
- 1994-0521-044 If you would call him forth in your mind, know him to be sitting right next to you. This one is at peace. This one has much of love around him that is allowing him to adjust, for truly there is not the time in the other dimensions and he has already adjusted to the Love that he is, and he would send unto the ones who are still caught in the belief in time and the process of time, he would send unto those ones his love and the healing balm of knowing that he is okay and that they are, as well. He is very much with them.
- 1994-0521-045 All of us desired to experience how it feels to be expressing with the vehicle of the body, to speak this language - not the language of words, but the language of expression in physical form - with our brothers and sisters. All of us came and have experienced many of what you would call incarnations, expressions, upon this plane. A vast treasure. And what you are calling forth in this lifetime as remembrances are the peak experiences, the peak lifetimes where you came to that place of taking unto yourself within, in the knowingness within, of aspects of expression of yourSelf - one of yours, beloved one, being what you are very much in right now, of the aspects of vibration and of tone and of the joy of being at one with the tones. You have experienced this in many other lifetimes as well, and you are bringing that experience in as it would be as threads from other

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lifetimes. And it is not the only quality that you are calling in in this lifetime. There are many.

- 1994-0521-046 All of you are bringing in, in this lifetime, what you would see as remembrances of other experiences, other lifetimes, where you have gained the knowingness of the joy of atonement, and you are bringing it all together, now. This is a lifetime of integration, if you will: a quantum leap lifetime.
- 1994-0521-047 I am the one who is in charge of the atonement upon this plane. I am the one who welcomes you Home. I am the one who is in charge of the atonement - not the atonement that you have heard of in so many lifetimes, for you have never sinned. You have chosen in all of the lifetimes what you would experience and you have never sinned. It has always been a choice to experience.
- 1994-0521-048 Your religious organizations, the organizations that you would set up above you as authorities outside of you - and yet, there is no authority outside of you, for you are the very one who is calling it forth in your experience, in your consciousness - your governing authorities have often used this to get you to do whatever they thought was beneficial for them, so that they could experience being in power, and all of you have done this. And all of you have come unto a place of saying, "That's not it. I have experienced being the queen. I have experienced being the priestess who had even more power than the priest. For there was a priest who was head of the whole nation and he loved me. And although many others did not see it as such, I knew that I ruled the priest who ruled the people." And you experienced that. And you said, "This must be it. This must be what it feels like to be God." And yet, there was something missing, and you came back in another lifetime and you said, "No, that wasn't it. I'll try another way."
- 1994-0521-049 And you had great fun with it and you have tried another way. All for the joy of expression. All for the joy of experiencing, as you are doing now. And in this lifetime you have chosen to bring it all together, as they say, to put it all together and to come Home.
- 1994-0521-050 That is what atonement means: coming Home. And it is not that you will lay down the body and ascend unto Heaven in order to come Home. That can be done and will be chosen by some to be experienced, but it is not necessary.
- 1994-0521-051 Coming Home happens instantly as you allow yourself to expand into the unlimited Self that you are. Even with what you have experienced in this evening with the beautiful tones of singing, there was a vibration in this room that lifted you - if you could have seen the Light that you are - it

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lifted you off of the very chair that you thought yourself to be sitting upon and lifted you to the heights above where you would see the body to be. There was such a joy. Such an ongoingness of Light to be lived in the splendor that it is.

- 1994-0521-052 That is what atonement is. It is coming Home again, and I am in charge of that. But, beloved one, do you know what that means? Since you and I are the holy Child and there is no separation, for I am with you always - as you have said as a grand Truth - that makes you in charge of the atonement, as well.
- 1994-0521-053 All of you in this room are charged with the atonement. You are all my disciples. You are all my co-facilitators in this. For I cannot do it without you. I do not want to be at Home alone. I think you have heard of that - I think there is a movie, as they call it, by that name. I do not want to be at Home alone - and I am not. But all of you are in charge of the atonement as well.
- 1994-0521-054 I speak through all of you at various times as you allow your own consciousness, your own image of what you have thought yourself to be, as you allow that to be expanded, I speak through you. All of you.
- 1994-0521-055 Have you ever been with a sister who has been in sorrow and in confusion and asking of you, "What should I do? Where can I go? What decision shall I make?" And you have thought to yourself, "Well, I certainly don't know the solution myself, but I will share with you my Love, because I love you and I care about you," and you have put the arm around that one and you have said unto that one, "It is going to be all right." And you have spoken words of comfort and you have spoken words of wisdom unto that one, and afterwards you have said to yourself, "Where did those words come from?" It was not something that you consciously planned out ahead of time. But they just came forth and I spoke through you.
- 1994-0521-056 All of you have experienced this: of wanting to comfort someone, wanting to help them and knowing that of your own self - the small self with a small "s" - you did not know what would be the answer for that one, but you cared and you were willing to open the shutters of the heart, the shutters that have been closed tightly in other lifetimes, and you allowed those shutters to be flung wide open and you said unto that one, "I love you and I care about you. Know that you are not alone in this. We will find the answers together." And you started talking and there was comfort given and there was wisdom shared, and I spoke through you. All of you.

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- 1994-0521-057    You do not need to be what is seen as the minister on a Sunday morning. You do not need to be seen as the priest, the rabbi, whatever other term you would choose. You need only to be willing, as this one is, to open your heart and to allow the Love to come forth, and the words, as you have found, beloved one, come forth – the beautiful words of Truth.
- 1994-0521-058    Know you I was speaking through you earlier this evening. You know that to be a grand Truth. And I do this with all of you when you allow me the stage of your heart. I enjoy being upon the stage. I enjoy singing with you.
- 1994-0521-059    That is what joy is all about: allowing the shutters of the heart to be flung wide open and to say, "Yes, I will live life to its fullest, and if it be asked of me to lay down the body in the next moment, so be it. I have lived to the full limit of life and I have enjoyed every moment." That is what life is about – as you know, beloved one. It is to put the joy that you are into every moment, and then, if you choose – it is a choice; it is not taken from you – and then if you choose to lay down the body in the next moment and go on to more joy, more expression, so be it.
- 1994-0521-060    You may choose to incarnate again, either manifesting instantly a body or being born of a woman, for there are various ways to form a body. You will come back, as they say, and express again or you will go on to another universe and express as the beautiful harmony that you are in another universe. That is how unlimited you are.
- 1994-0521-061    The joy of atonement is at hand. It is not something that you need wait for. It is not something that you need to purify yourself in many lifetimes for or to study the grand Scriptures or the ancient texts. You have done that. You have been the very one who studied the heavens and who wrote the grand Scriptures about the heavens, and you have taught your students what you have allowed to come forth from you and to be revealed, and then you have laid down the body, and you have come back with another body and you have rediscovered the text that you wrote and you have read it again and said, "What wisdom." And you are the one who wrote it in the first place.
- 1994-0521-062    So it is not necessary that you spend lifetimes purifying yourself, for truly you have already done that. And it is not necessary to lay down the body and to ascend unto Heaven in order to come Home. What is necessary is that you make the choice to experience joy in every moment and to experience being the Spirit that you are, expressing in matter.
- 1994-0521-063    You have heard it said that you have expressed with many incarnations and that you are Spirit incarnate – and this is true – but for the most part there is only a percentage you that is expressing incarnate. The joy of

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atonement is coming unto the place of knowing that you are Spirit expressing in matter and knowing that one hundred percent, remembering in every moment that you are Spirit, very much alive and well, expressing in matter.

- 1994-0521-064 That's what it means to be incarnate. Not to be incarnate just this much {indicating a tiny space between thumb and forefinger} as many of the brothers and sisters are, going through life this much turned on, this much alive. The joy of atonement is coming unto the place of knowing that you are one hundred percent Spirit, activating matter.
- 1994-0521-065 You are in charge, and if you would ask of the body to keep on expressing for what you would see as another two hundred years, it will do so as long as you are in joy with it. Sounds like a miracle?
- 1994-0521-066 **It is.**
- 1994-0521-067 Indeed, and yet you have all done that. The body will serve you as long as you desire it to serve you, and it will serve you perfectly as you allow it to be in the joy and in the Light that you are and that it is. If you send unto it messages of constriction, it will very much, as the servant that it is, it will very much reflect any constriction that you have about yourself. If you feel a tension in any part of the body, sit and abide with that tension, that constriction, that pain, and ask of it to reveal what message you are sending unto the body, that part of the body, and it will reveal unto you your image of yourself and your image of what you think is going on.
- 1994-0521-068 The body is your perfect servant and your perfect mirror - even down to the foot, beloved one {speaking to one with an injured foot}. It has a message for you. All of you are beautiful as you express the Light and the Love that you are. Allow yourself to be in joy about what you are doing, for you are Light. You are as the electricity that you would see in your wall sockets, I believe they are called, where you plug in and there is electrical current, power, that comes through to be used. This is what you are. You are very much current. Very much flowing. And as you would see, electricity does not suffer disease. It just is. And that is the same with you. You are the same as electricity - and even more so. And you do not need to suffer disease, constriction, pain, even aging of the body.
- 1994-0521-069 Know you that the masters, when we choose to manifest a body and come and sit next to you, as we do sometimes - be very vigilant; you will find me sitting next to you sometimes. Look into the eyes of the one that sits next to you and see the Love that is in those eyes. See the Light that is in those eyes. I will be with you - even in what you would know as your grocery

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stores. I love to go in the grocery stores. I love to go in your shopping malls and to behold my brothers and sisters, and once in a while one will pause long enough to meet me eye-to-eye and there is an exchange of Love. Be very vigilant for you know not when I will come and I will look at you through the eyes of seemingly another brother.

1994-0521-070 But when we as masters want to manifest a body, we manifest a beautiful body in what you would see as the prime of life. Why not? We come and we express health, as you are expressing. You, beloved one. Every one of you.

1994-0521-071 Or if it suits a purpose, we will take upon ourselves another disguise as it would be, another form. If it would be more readily accepted by the one that we wish to speak with, we will come in the form of a grandmother or as a child or as a grandfather or as one that might be lame in order to converse with one who needs to bring forth an insight from themselves. You will do and you have done the same. You also.

1994-0521-072 There is much that all of you in this room are allowing yourself to entertain about yourself, about the image that you hold of yourself. There is much that we have shared in the past two evenings and this evening, as well. There have been many seeds that have been planted, many ideas that you will take and you will cultivate. You will allow them to grow and to come into fruition. Many seeds. Many shifts in perception that have happened over the last three evenings.

1994-0521-073 I have desired to come and be amongst you so that I could share in this manner the ideas that are mind expanding, yes. And as you allow the mind to expand, you allow the heart to open. So allow yourself to entertain an idea of an image that is truly unlimited that expresses, yes, upon this plane, utilizing all of the faculties of expression on this plane, and even more: to allow yourself to soar in consciousness - as you allow yourself to soar with the music and to know that you are totally unlimited.

1994-0521-074 You express with the molecules of matter incarnate, yes. And you express at the same time as the Light that you are. That is the joy of atonement and it is yours in any moment for the claiming. It is not that I gift it to you, for truly I would and do gift it unto you. But I cannot give unto you anything that you do not already have, for you already have everything. For you are all.

1994-0521-075 But I would come and I would remind you. I would step upon the foot and I would say, "Hey, remember Who you are," and I would play with you with the beautiful toes that you have, and I would be in touch, very much in touch with each and every one of you, to allow you to know that you are so

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beautiful. You are beauty walking and expressing in physical form, each and every one of you. Some of you well developed {in the muscles}, yes, as I used to be. It is a joy is it not? Yes. Yes, I enjoyed being a man. I enjoyed the physical expression upon this plane. I enjoy it even now when I come sometimes and I manifest my own body or when I come in this form and I am allowed to borrow the body of one who allows me to use it. It is a good arrangement. I allow her to take care of it. She allows me to borrow it for a time. It is a good arrangement.

- 1994-0521-076 All of you are beautiful as you are expressing in matter. Remember to bring together all of the Spirit that you are in expression in matter. Be truly incarnate. Be truly awake. Yes, you will find yourself still expressing with the body. You will not lay it down and instantly ascend - although you can if you want to. But you will find yourself still expressing with the molecules of physicality, still talking with the brothers and sisters, but you will be seeing new eyes.
- 1994-0521-077 That is what the joy of atonement is all about: seeing with new eyes, enjoying every moment as the holy Child that you are. For truly our Heavenly Father has given unto us Life to express, to be ever ongoing and to be in the joy that we are in every moment. So if there comes a time in the days to come when you find yourself heavy with doubt, with decisions, stop and pause for a moment and ask yourself, "How would the holy Child see this? How would my brother Jeshua see this?" And step back just a degree from what is going on and see it for the drama that it is. See it for the experience that it is, and allow yourself a good laugh.
- 1994-0521-078 Tomorrow in your timing we will meet again and we will entertain the questions, for I know that over the past evenings there have been many seeds planted, many shifts in perception that have allowed other questions to come up, for, "If I entertain this as a Truth, then what happens to..." whatever the question is. And so I know that many questions come up. We will, in the afternoon of your morrow, meet again and we will entertain the questions. They may be personal questions for all questions, yes, are personal, but we will take them from the place of being specific to the place of understanding the whole. They may be questions of what you would call a universal nature, yes. All questions are of a universal nature, and we will have fun with them.
- 1994-0521-079 Again, I thank you for calling me forth in this manner. I thank you for inviting me to come and be part of your joyous celebration. Thank you for hearing me, for I very much desire to be here in this manner, to share my

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Love and my Light and my dynamic aliveness with the dynamic aliveness of you.

- 1994-0521-080 I have seen in the last evenings... I have seen your radiance grow. I have seen an allowance that all of you are permitting to happen, an allowance that at first said, "Could it be? Could it be true? Perhaps." And I have seen it grow with the questions, yes, but with a flicker of Light, and you have allowed yourself to become even grander transmitters of the Light that you are - even in what you would see as a very short time interval. It has been a grand reunion, and it will continue even after what you would see as the final session tomorrow - and no session is ever final. It cannot be.
- 1994-0521-081 Even after tomorrow's session, the seeds that have been well planted will grow and will come unto fruition, and you will come Home, for you are that close. See. {Indicating a small space between thumb and forefinger.} Yes. All of you are that close. That is why you have invited me to come and to speak with you. You have remembered at a very deep level our association in what you would see as years past. You have remembered our association before time was and you remember our association that is ever ongoing. For lo, I am with you always.
- 1994-0521-082 We are the holy Child of our Heavenly Father. I and the Father are one as the Life that He is and you, beloved ones, are the Life of the Heavenly Father. You are ever-ongoing, unlimited, holy - and joyous.
- 1994-0521-083 So be it.