



# The Expanding Viewpoint

Jeshua Speaks About: THE CROWN OF THORNS

MAY 2020

Beloved one, you have asked to know your holiness. You have asked to know your power. You have been caught up in the, “What if there is other than Light? What if there is other than wholeness and healing?” And you have played as children with the toys of fear. But you no longer need to stay in that place. No longer, in truth, need you wear the mask upon the face, hiding the holiness of you.

Allow your holiness, the Light that you are, to come alive. Be happy. Do not go around with the head cast down and with the eyes that are looking for whatever could be fearsome.

Allow yourself to put back the shoulders and walk upright as the one that you have ordained to be the Christ incarnate. Allow yourself to walk forward in courage—*coeur*, of the heart—the courage of being the divine one. This is what I did in my time. There were many who did not understand it, and in this time there are many who will not understand it.

But I say unto you, the joy of the Father is yours as you will claim it. The joy of the Father is yours for the taking, for the acknowledging that, “I am healed.” And all of the brothers and sisters that you love are healed as well.

If, for a moment or so, they know it not, in truth it does not matter, because they *are* healed, and they will go forward as healed. Speak it, claim

it, know it. Allow them to know that they are in your holy thoughts and prayers, and claim that, “My prayers are powerful.” Say this to other ones when you write certain letters and emails, as you call them, that they are held in your prayers in divine knowing that they are healed.

Now, they may accept it in this moment, or not. It is a choice. But I give unto you a commandment to see them as whole and healed. That is how powerful your knowing is.



Now, the week known as Holy Week, the week of my entrance into Jerusalem to celebrate the Passover in the teaching in which I was raised in that lifetime, was not the only religious teaching that I have experienced in my several lifetimes. I partook of many streams of religious consciousness in different incarnations, as you will call them, because I wanted to know. I wanted to be all that I could be. You have a slogan like that.

## FLYING OFF THE SHELVES!

In last month's Expanding Viewpoint we advertised a six-week book sale on all of Jeshua's *Personal Christ* volumes: \$10 per book plus FREE SHIPPING (Game Changer!).

The response has been heart-warming; so much so, we have run out of Volume VII, *Absolute Love, Infinite Light*, and are having to reprint it (it should be available in two to three weeks).

Especially popular have been **Volumes I**, which talks about channeling, Earth changes and predictions, marriage and relationships, plus much more; **Volume III**, messages given on Sundays at the Oakbridge Chapel, discussing various passages in the Bible (the Beatitudes, the Lord's Prayer, the Ten Commandments, and Jesus' life); and **Volumes V and VI** (*You Are the Power of the Future* and *You Are the Power of Now*) which talk about what we are experiencing *now* in our world and politics. How did he know? Or does history repeat itself?

Speaking personally, having heard and read his teachings since we began this partnership in 1993, when I have recently picked up a volume and begun to read it again, I am in awe of how simple, yet how deep each chapter/teaching is, and how beautifully his Love comes through. How comforting his words are.

We will extend the sale through the month of May: \$10 per book plus FREE SHIPPING (even to Ireland; yes, we had a sales request from Ireland). Go to our website [www.oakbridgeuniversity.org](http://www.oakbridgeuniversity.org) to order. Enjoy!

--Judith

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Each time it came to the heart of me as the one truth about any expression of being, that Who and What you are is the divinity of Light, the wholeness, the holiness of Light. That is Who and What you are in any and every incarnation. And I will share with you a secret. When you laugh, when there is what you call the belly laugh and you just cannot contain the feeling of joy, you are the radiant being of Light that you *are*.

When you allow yourself the feeling of being One with joy, feeling the exultation of really knowing the wholeness of yourself, you are the Christ.

Now, you are the Christ at all times, but the realization of it, the feeling and the knowing and the claiming of it comes alive when you allow all of the heaviness...I know there is much heaviness coming at you from time to time... but when you immerse yourself in the wholeness of joy, you connect with your divinity in a space, in a knowing that no one can take from you. It is a knowing that is deep within you, and for a moment, an instant, you make real in your conscious awareness the power of Oneness, the power of joy.

So here we are again celebrating the entrance into Holy Week. You have on the morrow in this timing what has been called Palm Sunday, which is called that because of the palm fronds

which were laid in front of me as I rode the donkey into Jerusalem. Now, the roads in that day and time—you remember; you were there—could be quite dusty. So it was a way of paying homage and respect to allow some of the dust to be laid down with the palm fronds in front of me as I went along.

Now, I will share with you that the donkey was not altogether keen on trying to walk on these palm fronds. It was a bit hazardous from time to time as the foot would get caught up in a frond or so, and there were times when there was actually a sound from the donkey, a frustration. However, that has not been recorded.

The story has been told of the Passover and how certain homes had a symbol at the entrance which would say to the evil forces—of which there seemed to be many, but yet not true—to leave this holy household in health. Now, in truth, any household that wanted to claim it could claim it, the same as you can claim that your house is a holy house.

Your house, wherever you are, is a holy place. Why? Because you, the Light that you are, dwell there. It is yours for the accepting. So know, in Truth—capital “T”—in Truth, no outside power can come to you and devastate you, harm you, make you feel other than or less than the holiness which you are.

## Upcoming Meetings and Events

May 2 7:00 p.m. Evening with Jeshua \$25 “Patience in a Time of Challenges: The Mothering Quality”  
PLEASE NOTE new TIME

June 6 7:00 p.m. Evening with Jeshua \$25 “Miracles”  
PLEASE NOTE: These Jeshua meetings are available only on ZOOM. No in-person attendance. Thank you.

Book Study: Jeshua’s Volume VI: “*You Are the Power of Now*”  
May 6, May 20: 3 – 5 p.m. PDT

NO Movie Night in May.

Oakbridge University Center: 101 Emerald Highlands Way, Sequim.

But you have circumscribed around yourself certain conditions in the religious teachings that you have to be of a certain grouping. You have to believe certain teachings. You have to have a heritage of holiness, etc.

Well, I say to you, “Balderdash.” Any time you want to stop and claim your holiness, it is there for you. Whenever you look at another one and see the love-light in their eyes and you come alive in the humor of something silly that has happened, and you come to a place that is other-worldly...in other words, you feel the Christ of yourself and the Christ of the other one and for an instant you are outside of time, you feel yourself to be whole, and you can claim the Christ that you are.

So as I went through the outward rituals of the Passover meal and having what has come to be known as the Last Supper...now, in truth, that was not my last supper. After I reactivated a body, there were many suppers after that, sometimes sumptuous, the table groaning with all of the dishes of things good to eat, and sometimes only the stalk of celery.

You say, “Well, I guess you were on a diet at that point.” I was. It was a diet of sunshine and vibrancy that that stalk of celery had brought into itself to share with me. Every piece of food that you take within the mouth and the body is divine. Every piece of food that you eat, as you will be in a place of blessing it...now, you say, “Well, I have to know the right words. I have to know and recite the right formula for all of this.”

No. You merely have to make yourself be aware of the life force that you are and that it is and how you are joining the life force in gratitude. That helps the taste buds. I will share with you that I have eaten of certain dishes that you would not want to eat, and yet as you will bless them with your consciousness of wholeness, each one is a gift to the body.

Some, yes, your taste buds will like a little bit better than others, but as you will be in the place of Oneness, everything serves the remembrance of Who and What you are, and in that space the body is served, the spirit comes alive, and there is much joy around the eating table. It is good when you have laughter.



It is the practice of some to eat in silence. Well, that is okay if you feel yourself to be One with the rest of the grouping and you are at ease with that, but if it is something that you *should* do, and you do not want to, and you have certain feeling of antagonism, better that you should throw out the “rules” and just be happy. The coming together and sharing of the food is a time of holiness, wholeness, not a time of strict “have to”, that you have to eat with a certain implement; the fork goes on the left, the knife on the right, or vice versa. Or you eat with the fingers. Chopsticks, yes. That is a bit of a challenge at first.

As my beautiful mate, Mary of Magdala, and I traveled the various countries after the crucifixion, we imbibed much of the drink that was strange. We ate various morsels that were different. But the thing that we found to be common was the enjoyment—being in joy—with the people surrounding.

Now, the Passover meal that I had with my disciples—and also with

many others—you have a most famous depiction of the “Last Supper”. It was not my last supper, but okay, the Last Supper with my beloved disciples. Was that all who were there? Of course, not.

You were there as well. Where do you think the food came from? Who do you think served the food, prepared the food? There were many women who were there; not in the painting, of course, but in the background somewhere. But the food would not be on the table if you did not have the men and women...there were men also—you might call them servants. They were not servants; they were friends preparing and serving the food. It was quite a gathering.

So when you come unto your meal on the holy day, allow yourself to remember me. I like to be remembered, but then you feel that way as well. You want to be remembered. That is why—again I digress—you put up the stone with the names on it on your gravesite where you allow the body to rest. You put up a headstone with your name and dates and maybe something you did that was outstanding, whatever.

You want to be remembered. You will be remembered for as long as it is important. However, what is important is the feeling of Oneness and of love that you share, whether the meal be of many dishes or of a simple stalk of celery.

The next day was a bit of a turn-around, because that was the day I was taken to Golgotha, to the hill to be placed upon the wooden cross until the body would expire. And they gave me, because I had the appellation, the calling, the name of being King of the Jews—which the Jews did not like, because they said, “He’s not our king.” But the Romans said, “He is king of the Jews.”

They put upon my head a crown of thorns. You have a painting of that,

with the crown of thorns upon my head. And they did not just put it on gently. They put it on to stay. But I tell you true that I did not feel the pain of the thorns.

You do not need to feel the pain of the crown of thorns which has come to bother you a bit [*the corona virus*]. It has come to ignite a choice, a choice between fear—and much of that is rampant—and love, of knowing of wholeness. You have the virus, as it is called, of thorn, of the crown of thorns.

You have been praying for a long time, even beyond this lifetime, for an awakening, for ones of the friends, the brothers and sisters, to come to a place of acknowledging that, “I am everything. Even as I stand here, I am All as I want to embody it, as I call it forth.” And to come to a place not of individual human pride, but to come to a place of Truth—capital “T”—that, “I am creating as I go along moment by moment that which I call to be my reality”—lower case “r”.

I call forth the lower case “r” out of the capital “R” Reality that has been forever and has been before time. Goodness, you mean there is something before time? Yes. And is there something after time? Yes, and you can thank God for that, the God of you.

But meantime—a play on words; it is a mean time right now—you have opportunity to abide in safety and in love and knowing that this crown of thorns is going to pass. This, too, shall pass, and it will pass very quickly as you dismiss it.

Now, there is a belief in time in this reality—lower case “r”. There is a belief in the slowness of time and how everything has to work in process. Your job, if you should choose to accept it, is to see this process going rapidly. Allow it to be seen as here today and gone tomorrow. So be it.

Now, there are others of the brothers and sisters who are going to say, “But there is process. I have been taught since the time I was little that everything has to go in process.” Well, if that is their belief, they are going to make that into their reality—lower case “r”. But I share with you that in another incarnation they will say, “Time be gone. I want to know the holiness, my holiness, right here, right now. I want to know and embody the divinity of me.” And that will come to be.



I see your holiness. I see how wondrous you are. And I know that this crown of thorns is a no-thing. It is going to come, has come, and is going to pass.

Allow yourself to come through the crucifixion. You have come to the place where you have crucified yourself on the world views and the world beliefs in things. That is your crucifixion.

You need not in this day and time be nailed to a wooden cross, although I will share with you that all of you have experienced that. Look at your hands. Right in the center of your hands there is an impression that you carry with you from lifetime to lifetime.

That impression is your reminder of your cross. But did it really do you in? No, you are right back here having a lifetime, a lifetime when you celebrate one Yeshu’a from two thousand years ago who let the body expire, but so have you. Every time you have breathed your last breath, you have expired. Your time has expired. But what did you do? You rested, and you reincarnated and came back because it

was so much fun. Well, some of the lifetimes were more fun than others.

Make for yourself this lifetime a lifetime of joy. Love greatly. Live happily. Express joy in every moment. Know that truly the Christ is alive and well, and no crown of thorns is going to hurt you. Perhaps, for a moment or so, painful as the idea and the possibility may be as fear runs onstage and says, “Hey, but what about me? Don’t I have a part in this?” No; not this time.

Same with the crown of thorns, your little virus. Off to the wings. It has done its part, and it is playing out and exiting the stage; off to stage right; or left; to the great applause of everyone saying, “Good, be gone. Do not come back.”

You are powerful beings. The love that you give to ones enables the other ones to accept their power of being, their power of joy, their power of life. That is what the holy week and the crown of thorns is all about: to put up side by side whether you want to live in darkness and fear, because the form, the body, may be having a problem. Or, you may have said, “Okay, this lifetime I’m going to experience it, but it’s not going to do me in,” so you have ones who experience it and then come out the other side and are okay.

I give unto you my word. It is up to you to accept it. But I give unto you my word that you have already been there, done that, experienced the sweepingness of the consciousness of unhealedness, a lot of other what-were-called plagues. You have experienced and allowed the body to expire. You do not need to experience it again. It is a choice; you can accept your health, the holiness of the body, the strength of the body, the joy of the body, and go forth in the strength of the Christ. That is Who and What you are.

So be it.

**A POST EASTER MESSAGE BY  
THE REV. BILL EVANS,  
RETIRED MINISTER AND  
PRESIDENT OF OAKBRIDGE  
UNIVERSITY**

This has been a most wonderful Easter season. You may question my use of the word “wonderful” because of the Corona Virus “epic-demic”, but wait until you have read to what I will share with you in the next few paragraphs. See if you, too, may change your outlook toward what is happening. To begin with, let’s look at that very first Easter.

Jesus was loved by many people, and they felt he was the answer to their prayers. He helped people. He brought people back to life—from a young son of a widow, to a small girl, and most famously to Lazarus who was dead for up to three days and even placed in a tomb. Jesus could work miracles, and people believed he would perform the greatest miracle of all: save his people, the Jews, from the tyranny of Roman rule.

Of course, not everyone agreed with that belief. The Pharisees and the Sadducees—the Jewish rulers—saw Jesus as an outsider who was not one of their group. To them he was trespassing on *their* territory. So like any *power-hungry* ruler, they decided that Jesus had to be eliminated. At the very height of his popularity among the common people, Jesus was crucified. Now imagine how the people of that time felt.

The people who had believed in Jesus were in shock. Their world was turned upside down overnight. The person in whom they had placed their hope was suddenly gone. If this could happen to someone like Jesus, then what was to prevent the authorities from coming after *them*! They were living in fear.

On that first Easter afternoon, we read about the sadness of two men traveling from Jerusalem to Emmaus. They were depressed, not knowing any hope now that Jesus, the one in whom they had hoped, had died. We also read where at least one of the disciples, Thomas, sometimes called “the twin”, was so filled with fear—he was afraid the authorities would come and take him away and he would be killed simply because he was associated with Jesus—he was so afraid that he hid away, not even gathering with the other disciples. Not until a week later did he appear with them and come to believe what they were telling him.



But now let’s fast forward to today. Like the people of the time of Jesus, our world has been turned upside down overnight; not just our personal world, but the collective world, the global community. Life has changed. For many, their hope in the economy has been shattered as the Dow Jones and NASDAQ averages plunged. For others, their loved ones have suddenly been taken from them as the hungry virus seems to consume more and more people. We all have had to distance ourselves from one another in fear of catching Covid-19. Even I found myself in fear when I went to COSTCO. Wearing a mask and gloves, I looked upon everyone as “the enemy” who might be out to infect me! Even the item I purchased had to be dis-infected before being brought into the house.

All of our activities are curtailed. We cannot enjoy going to a restaurant or hiking the trails or even hugging one another. Students cannot attend school (although they might see that as a blessing—at least until they have to return to school!). People are out of work, and some are freaking out and losing it because of the stress.

In comparing the two times, one 2000 years ago and the other right now, I notice something very similar. The followers of Jesus no doubt felt that the world had come crashing down around them. It was a time of great sadness and depression. But then after the darkness of Black Saturday (which for them was a Sabbath and a time of rest from their activities), what had seemed to be the worst that could happen turned into the greatest gift mankind had known. Jesus demonstrated to all of his followers who would accept it that he, and we, are more than we ever dreamed. We are not some insignificant body which lives for a short time and then dies, but rather we are life itself, which does not die, but continues to live always. What initially seemed to be horrible turned out to be a great gift—A Blessing!

What we have experienced forced us into a time of rest from our normal activities. The whole world slowed down. By being forced to take time off and to be by ourselves, we are given the time to stop looking to the outside and to turn inward. Our mother—holy Mother Earth—sent us to our room (not as punishment, but as an opportunity) to think about what we have been doing with our lives; not just our individual lives, but our collective life as humanity. We feel that there is something wrong with the world, i.e. humanity on the Earth, and we want to change it. But to do so, we

first had to quit our daily busy-ness and go within. How else could this be accomplished but in the way it has turned out? A wonderful blessing! To go within and examine ourselves!

Yet what were we to think about during this time of going within? If we continue on the path of the time before, we think about how to survive. This is the path of fear. It is the path chosen by the religious rulers 2000 years ago and those who were keeping to the status quo. The other path leads to a new world, a world not of fear and survival, but a world of cooperation with each other and with holy Mother Earth herself, a world where we are in alignment with nature and cooperate rather than compete.



The Covid-19 virus is not an agent of death. Instead, it is an agent of change, an opportunity to transform ourselves and the world. It is a gift, not a curse.

We have been quarantined. The Latin derivation of the word “quarantine” means 40 days. It began as a Venetian policy (first enforced in 1377) of keeping ships from plague-stricken countries, waiting off port for 40 days to assure that no latent cases were aboard.

40 days—sound familiar to you biblical readers and scholars out there? 40 days for change to come about. 40 days of Jesus’ self-isolation in the wilderness, after which he earnestly

began his active ministry. 40 days (or more) to

1. Examine our lives, what we can do for our body (health, eating, exercise, strengthen good habits, eliminate bad habits).
2. Examine our emotions, our feelings, and eliminate those emotions which no longer serve us because they come from out of the past and not our present situation.
3. Examine our thoughts, our beliefs, and set aside those which are not ours any longer—the ideas and beliefs of our parents, our society, our peers.
4. Examine our relationship to society. What can we do with our particular set of skills, no matter how small or insignificant they may seem, to help others?

A 40-day time to discover who we are physically, emotionally, mentally, and socially.

The Covid-19 virus is not just a physical disease. It is a spiritual tool which allows us to create a new reality—a new world. We have the opportunity to discover who we are physically, emotionally, mentally, and socially, and by knowing who we are, we are stronger for all humanity. Who but Spirit could have found a way to stop the whole world and give us this opportunity to participate in the New Earth—and the new Heaven mentioned in the Revelation prophecy?

We have been asking Spirit for world peace, for an end to humanity’s cruelty to one another. We have been asking for a long time for a change. Spirit heard our call and responded in the best possible way. We could have had earthquakes, slippage of the earth’s crust, great world changes and devastation, or another world-wide war

with weapons of mass destruction. Instead, we received a virus, a virus which allows those who so choose to quietly leave this physical plane and return to spirit. Who are we to question the methods of Spirit?

But the real question remains: Have we used our quarantine to do the inner work? Have we taken advantage of the opportunity? In the time of Jesus, many people did take advantage of the time of change, and they chose to become followers of The Way, the new way of life demonstrated by Jesus; a way of life which has taken humanity almost 2000 years to finally embrace.



It will not take 2000 more years to embrace the new Way of Life. We have already experienced the Joy from living in a bubble of love, sharing real love with one another. Now we must make a concentrated effort to bring this way of life to others by continually enlarging our bubbles of love to include all others. We refuse to live in fear! That is the old reality! We now live in a world which has been rebooted—Humanity 2.0!

What a Wonderful Easter season this has been! It is the dawning of a new age, a new age of love and cooperation between each other and holy Mother Earth.

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**NEED A FRIEND? BE a friend.**  
It is as simple as that.

# JESHUA Q&A

## INNER EARTH

*Who colonized inner Earth and how did we live there, and anything that you'd be willing to share with us about the inner Earth.*

Good question, a very big question, and the answer is very big. You personally have lived in inner Earth, and it's true of...actually, all of you who are in this room. When we first came to holy Mother Earth, we lived within her, because she was amorphous at that time, not hardened, not with surface like it is now, but very much open as energy. So we did not stop with the crust, as it is called now.

We morphed—I guess is the word—in the energy of it into what is now called inner Earth. The heat, the moltenness that you know now was not there as that. It was an energy very much as a frequency. And we came as a frequency that was in harmony with it, so there was not a clash, but very much of coming together and being in it and directing its formation.

We thought as an idea, what if we had certain energy pockets coming from inner Earth that would build up energy and would come to the surface. And we did that. You have still the remnants of it; you call them volcanoes, where the energy would build up within holy Mother Earth where we were and would then at some point erupt, and it would leave remnants called mountains, mountain peaks that are there, some of which were open to the energy of inner Earth coming out, and every once in a while even yet the energy comes forth.

So it was very much a partnership of our energy, seeing ourselves as individuated energy so that we were as the

explorers. We knew ourselves to be separate and yet the same as the energy of inner Earth. We want to do that even in this day and time. When you will sit in meditation and, “How does it feel to be a tree? How does it feel to be the vibration of a leaf taking in the vibration of the sun energy?” And there is the knowing of Allness, the dissolution of boundaries into the Allness that truly we are.



We come and put together what you call the form, the body, but that is, in truth, an illusion, because the energy that we are is much more; does not stop right here. It is a ball of energy, if you will, and it is a *huge* ball of energy. There are times when we get to a place where we are afraid—and you have all felt this—where you draw in your energy, “Because I have to keep it; I might lose it, whatever,” and you don't want to lose it. You know that feeling: don't want to lose it. I jest with you.

But back to inner Earth. When we first came we had that experience of knowing Oneness with what we were creating, and that is fun even now. That is why we think up various adventures, why we think of a certain trip that we want to take somewhere. What would it feel like to get in the vehicle and take another vehicle perhaps that will fly up in the air, go somewhere far and see something that we say is new? But in truth, it's not new, because you've already been there and done that; oth-

erwise, you wouldn't be imagining it, but that's beside the point.

For the excitement of it. So you devise inner Earth. Even now as you sit here supposedly on the surface, you can imagine your so-called I'm-going-to-call-it know-it-all's, your scientists who know certain things. They would not like me saying that. But they put themselves forward as the experts. They will tell you what they know of inner Earth, but when you are at a quiet place and you ask of yourself, “What would it feel like to be in inner Earth?” there is a remembrance that you can remember. There is a remembrance of what your scientists are telling you now, but also a remembrance of being One with a frequency, so that you would not feel as is the idea with the physicality here on the surface, the heat; you would not feel that.

But you would feel a blending of energy, of Allness, of Oneness, and that is what you are always seeking, is to know Oneness; not to be afraid that there is something out there bigger, stronger, tougher that is going to do you in, take care of the destruction of your form, but to know Oneness of vibration. That is inner Earth as we knew it, as we were putting it together. And that is why, with your meditations, your quiet times, if you get a certain feeling of, “Everything is Light,” yes, it is. Allow yourself to feel immersed in that Light and at One with the Light.

## JUDAS ISCARIOT

*In the Scriptures Judas Iscariot did not get very good press. Could you share some of your relationship with Judas and a few intimate details there?*

Well, we will not get too intimate. Judas was and is a very close friend. We knew each other as being from the same Source, very supportive of each other. He believed in what I was sharing with the people who were interested and came. And as has been noted, I had very good press, so that we had multitudes coming, and they managed to be friendly with each other, which was in itself a miracle, a healing.

He believed in my message of the Godhood of each seemingly separate manifestation of life. I use those words advisedly. And he wanted everyone to get it. He wanted everyone to hear this message and take it deeply within themselves and understand that they did not have to toil and suffer and put themselves down or to hear from seemingly someone separate how bad they were or how stupid they were or how they didn't do their job right; you know, the whole nine yards.

So he wanted to speed up the process, and he thought that if I would go through what I had shared about how I needed to release the body and then resurrect it, ones would understand; they would see with their own eyes that the body is not all that there is. It is the spirit that is activating the body; that is the miracle of being. So he thought, okay, let's go on with, "I know that Yeshua can do this. Yeshua knows he can do it, so let's speed up the process."

Have you ever felt like that, where you're going to say, "Let's speed things up? I'm going to tell somebody something, and they will think about it and act on it." So I love him, because he caught the idea, he caught the vision, and his intention was to speed up the process.

What happened after was the old human feeling of guilt, wanting to take it back, and knowing that he could not take it back. Now, in truth, he knows now that it was all part of the divine process, yes, to speed it up, because I was in that lifetime—before the resurrection, before the crucifixion—I was quite enamored of humanhood. I liked my body. I knew that it was the out-picturing of spirit, and I knew that I did not have to feel pain. I had studied with the masters in what you now term the Far East, and I knew how to allow the body to debase without feeling pain. You just put yourself in what you would now call the altered state. You can do this, and you have friends who do this. I knew that this was in the process, but I wasn't in a big hurry to get there.

So it was a bit of a surprise when the centurions turned up and decided that, okay, they were going to arrest me and that I would have my trial, but I would probably be acquitted and they would choose someone else to do the crucifixion. Well, as you know, that wasn't in the divine plan. The divine plan was, okay, let's get on with it, and so we did. He and I go everywhere together. He is a best friend. He is me. *(There is no separation.)* Doggone, I think we've got it. Very good.

### INTEGRATION OF SPIRIT AND FLESH

*What is the purpose of the integration of spirit and flesh?*

Actually, it's for fun, for joy, for using the flesh as creative joy; to know that you can create and have fun with it, have joy with it, share it in all of its various ways; the smile that you give, the spoken word where you lift someone up, the eyes that see and behold

the truth of another one; all of the incarnate qualities you use to express love. That is what it is for.

*We are God. (Yes) How did we start?*

As an idea of what can I create? *(So I created myself.)* Yes, but that is not all you have created. In the beginning—you have that saying—in the beginning we thought to create. What can we create? Being the Light that we are as physical energy, light, we brought together, coalescent...*(Like an energy ball)* Yes, exactly. We did this, and we sprinkled it throughout everywhere you can imagine; the galaxies. In a galaxy far, far away...*(Laughter)* She has the experience of, "How does it feel to laugh, how does it feel to think that I could help in the creation of various things?" Think about the flowers that you enjoy. Which flower committee were you on? You were on a flower committee. *(The one that made crocuses.)* There you go, you see; right.



### ENLIGHTENMENT IS A CHOICE

*Regarding the progression of enlightenment and free choice, are there people on the planet who maybe don't want to progress? (Oh, this is true.) But that's not going to prevent the rest of the planet from...*

No. What happens is, they move into what you would call a different reality, side by side, and they do not impede the ones who are looking up and

wanting the awakening and wanting to  
be totally alive. You don't have to  
worry. They will not hold you back.