



The Expanding Viewpoint

Jeshua Speaks about: NAVIGATING THE COMING CHANGES

MAY 2019

Beloved one, there are changes coming, and they are ones which, in truth, you have prayed for. They are ones where you have said, "I want to know more peace in my life. I want to know more harmony. I want to know more lightness, more joy, friendship, healing of the body and the mind, and to come to a place which recognizes that I Am That Which I Am. I want to know Who I am."

I have heard you asking. From a time even before the incarnation, you have said, "Let me know Who and What I am. I want to experience human life, and I want to know what more there is beyond that." So you have been reading the books, you have been attending the classes, you have been asking of the friends, "What is life all about? Why does it seem to have problems from time to time? Why is it not perfect?"

And yet it is. It is perfect. There is just a bit of the technical adjustment which needs to be made from time to time, and you are well on your way to making those changes in your perception.

You have requested and you have decreed that life is going to be always changing. You have had perhaps an example where there was an afternoon

when you did not have anything planned and nothing especially to do, and you found that did not feel good. You like to be busy. You like to be creating. You like to have the friends to interact with. You are always creating, even when you have what you term the "boring" afternoon.

You are always creating. That is how you are going to navigate the coming changes: you are going to welcome them as part of a creative process. The coming changes may present themselves at first as not so desirable, not what you have prayed for, but in time you are going to see them differently. You will, in time, be able to say, "Oh, I guess I asked for this; maybe not quite in this form, but this is my desire being made manifest." You accept them, and you know that they will become that which you have prayed for.

You navigate the coming changes by knowing that truly you are creating them, and if you are creating them, they must be a gift; they must be good. You have seen, in the present day, things that you would like to see changed. You would like to see brother being friend to brother, sister being friend to sister, ones smiling at each other, ones working together. This is truly your fondest wish: to see peace and love shared.

THE ONE VOICE

I have been asked, "Why should I come to a Christos Advance?" Or ones have asked, "Why should I come to a Sequim Advance again? I've been to Sequim before and it was great, but I've seen it; been there, done that."

Yes, Sequim is great: the mountains, the sea, the hiking trails, the waterfalls. But that is not all that the Advance week has to offer.

Now when daily we hear of acts of violence, of divisive judgment, brother against brother, sister against sister, where is the Peace, the Love, the comforting words of Truth, of friendship we long to hear? In this now time when our "leaders" speak words of separation, and vulnerable ears hear and follow hate-filled minds, where is the soothing Voice of higher consciousness?

Each time we Advance, we spend a week with people of open minds, wanting to know answers to deep-seated questions of, "Who am I really? Why am I here? What am I supposed to be doing? What does the future hold for me?" And deeper-seated questions of, "Do I have any worth? Any real reason for being? Can anyone see my true being?"

The answer to those questions is, "Yes". Over the days we spend together

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And I say to you a great truth, that as you will look for something, you will find it. Your world as you have created it up to this point has known much of travail, of war, of brother trying to prove to another brother how strong and powerful he is, to put himself above the others so that he will be safe, adored, seen to be powerful. That already has been proven. The change which you have been asking for—which is truly coming—is the place where ones are going to reach out to other ones and in words and in gesture and in gifting are going to say, “I want to be with you as friend. Let us”—much power in those words—“be friends.”

You have so-called leaders in this point in time who are bringing about most wonderfully the changes which you have asked for, ones who are causing for other ones a bit of soul searching, consternation, questioning. And yet the at-One-ment, the atonement, is well on its way to being obvious; not only held as a picture in the mind as something to be desired, but as something that you are going to experience and share with brothers and sisters to work together.

Now, I hear ones saying, “But Yeshua, there’s so much division right now.

There are ones of varying opinions who are clashing with each other. How is that ever going to be healed and come together?” I say unto you, it is well in progress, because ones are going to get tired of fighting each other. It does not feel good, does it? You do not like it when someone raises their voice, their sword to you. Of course not. But you are doing well attempting to smile through it.

Remember the power of a smile. It changes everything. Sometimes, yes, you do not feel like smiling. Sometimes you just feel like taking that one and shaking him and saying, “Shape up.” But the magic and the power is in the smile. You cause them to wonder, “What is he/she smiling at? I thought this was serious.”

You keep on smiling, and then they begin to soften. The softening is well in progress right now. You may not see it. It is a bit like the spring plant which is under the ground and it is sending up a shoot, and perhaps that little green shoot is not too obvious yet, but it is alive and well. And so is the atonement, the at-One-ment, where ones say, “Well, you know, that which we were discussing really does not matter so much, but what really, really matters is how I value you and

Upcoming Meetings and Events

May 4, 7:30 p.m. Evening with Jeshua \$25
June 1, 7:30 p.m. Evening with Jeshua \$25

May 8, 22 Book Study: *The Book of Revelation* with author Bill Evans. In person or on Zoom. 3:00-4:30 p.m. \$15 per session. Call 206-715-5842 to register.

May 11 Archangel Uriel Benediction Activation of Voice, Hands and Feet @ Kimberly Marooney’s home. 1-4 p.m. \$25 Call 206-715-5842 to register. Also on Zoom.

All regular events at the Center, 101 Emerald Highlands Way, Sequim.

how you let me see another side of the topic.” And that changes everything.

When you seem to be in conflict with another one, know you what you do? You hold your breath. But after a while it does not feel comfortable. Breathe, smile. Then go within and ask the inner teacher, “What do I do now? I know what I feel like doing, but no, that’s not going to bring about peace.” So you go within and ask the inner teacher, “How do I navigate these changes?” With ease, with love, with coming together as One: the at-One-ment that you want to see.

You have prayed for it. You have gone down on the knees and prayed, not knowing exactly who and what you were praying to, or how to do it and if it would be answered or even heard. But you have prayed throughout this lifetime and other lifetimes to know heaven on Earth.

Am I saying that you are going to see heaven on Earth? Yes, I am. I am saying that, because already you have seen a glimpse. Already you have seen a moment when it was as heaven on Earth, and the one who stood before you was in Love, and you with them. Maybe it lasted; maybe it did not. But for a moment you knew heaven on Earth.

And then you said, “Was that really true? Did it really happen? Can that be?” Of course it can be. It is your true Self which came forth in that moment. And you are going to have many more of those moments, because you have decreed that you want to know how to walk in love. It is your true birthright, you know, to know love.

You are love at the very core of your being, and it is coming forth. And

when certain sandpapering happens to you, it is in order to allow you to know how polished you are and to add a little more shine to the love and the joy which you are.



You are worthy to know that which you are seeking. You are worthy to feel in the heart, to feel that you can take that deep breath again, that you do not have to hold your breath or just take a little piece. You can take that big breath and know, “I Am That Which I Am.” You have a saying in your world that God does not make junk, and he does not; she does not; it does not; and you do not.

Your inner Teacher will tell you to put forth that which you want to come back to you. Put forth love. Put forth space for other ones to be truly Who they are and to act from that space. You are the teacher. You in your everyday life are teachers. And then sometimes you get the opportunity to actually stand up there and be teacher. And your students teach you. That is the greatest gift of all.

When each one of your friends is allowed to be your teacher, then you come into the divine place of wholeness. You come into the place where

you recognize—and make real in your awareness—the One that you are. That is where all healing comes from: in knowing Oneness; Oneness of relationships, yes, but Oneness with Self—capital “S”.

There are many, many avenues, as you know, and some avenues mean nothing to you while other avenues appeal. And then there is an avenue where you say, “This is true,” and you get really turned on, even to the place where you might say that the body does not matter and you allow it to be discarded momentarily, and then if you wish, you can bring it back.

I have been set upon a pedestal because I connected with my divine Self. I knew the healing of the body. I knew the space of divinity. When I was on the cross, I allowed the body to decrease. I had practiced taking my connection to the body above it, out of the body, so that I watched the body decrease upon the cross.

Now, if I wanted to feel the pain, I could. I went there for a moment; it did not feel too good, so I decided not to stay there, and took my consciousness, my awareness, above it; thanked it for what it had allowed me to do, in walking, in talking, in enjoying the food, etc., all the things you do with the body. And then I knew that the life energy is always accessible.

So I let the body rest, as the story goes. I let it rest for a while, and then I knew it was time to reactivate it, so what did I do? I went to the space, now called theta, connected with Allness, the space of Isness where everything Is, and I said, “Okay, body, let’s put the Light back on and then see what else we can do.”

So I did. I walked with you on the road to Emmaus, made myself look a little bit different, but not on purpose; it was because I was so overjoyed that I was activating a body again. It was not quite the same body, because in my joy of knowing that, “Yes, hey, I did it,”—and you would understand that feeling whenever you achieve something that you really, really, really want, and it happens—at that moment there is a burst of aura energy that is more than your usual self.

This was what happened, so that I looked a bit different. I still felt as myself. I still spoke as I used to. I was recognized, but you scratched your heads and said, “You know, he seems the same, but he seems a little different.” Well, yes, there was more Light, more activation there.

If you will receive it, that which I speak to you now you know, because you have been there and you know how to do it. That is why you have come to visit this plane of existence, to remind ones to go to that space and gather in from that space that which is the true essence of them; to connect with other lifetimes, yes; to have fun with it, yes; but to know the activation and the healing of the body.

You are going to be showing forth great example of healing. Is it too much to ask of you? No, it is not, because you have done it before. What you will do is to go to the space within which you know well. You know the healing space. It is not a strange land. It is strange to the world, yes, but it is not strange to you, because you have been there already.

So, the changes which are coming may look a bit difficult. But to you who know and trust the out-working

of divine Spirit—which is you—you are going to see the good in it. And I ask of you, please, speak to the brothers and sisters the good that is coming from all of what seems to be an upheaval where brother may be against brother and sister against sister. Because, yes, there is going to be a bit of the sorting out that will be done. Choices will be made. It is the way of the world. It is not your way, but it is the way of the world.



So there are times when it is going to appear not all that great, maybe. But to you it is going to be good, because you are going to say, “Okay, that is one more issue which is being taken care of, one more thing which has been healed.” You have in your history books all of the wars and conflicts, but you have also in soul memory the times of conflict, brother against brother and sister against sister. And there is the cell memory in the body, but that is all it is: a memory. It is not the Truth of your being. It does not have to be carried like a heavy knapsack on your back any longer. I give you permission to take that knapsack off the back and let it be gone. You have my permission; not that you needed it.

The changes...some of them may look unhealed. As you look at them, I say to you to take a step back and look at them from the place of divine atonement, that place of at-One-ment where

you know that the Christ is at work and that which you have prayed for is coming into fruition. You have prayed, “Please let heaven come to Earth.”

Well, I have good news for you: Heaven is already here. Right here with the smile. Right here where you say, “Oh, I love to hear that; that makes me feel so good inside.” It is true: that which you have asked for and prayed for cannot be denied you.

So when you feel that you are up on the cross, take yourself a wee bit away from it. You can do this, even with the body. You have done this, where if you have cut your finger, for example, yes, it hurt, but you have looked at it and said, “Okay, I’ll put a little bandage on it, and in a few days it will be okay.”

The healing that you are asking for is as easy as allowing the finger to heal. The process which is happening is the allowance and the recognition that that which you are asking for is already in process. It has to be. It cannot be denied you. You can hold it at a distance for a while, and sometimes I have seen you do that, but what is time?

Suffering? You do not need that. You can choose it, but you do not need it. So, allow that which you are creating to be perfect, as your Father in heaven is perfect, as you in that place of at-One-ment are perfect. The space from which you draw your Being is perfect.

Navigating the changes? It can be easy. Go in hope, go in Truth, go in joy, because your Father would, because I would, because you will, divine holy Child, beautiful Child of the one Source. So be it.

THE ONE VOICE (Continued)

there is a growing experience, subtle and perhaps not-so-subtle, of acceptance and friendship, of sharing from the Heart. You become part of the Heart Family, with enduring friends. You have an opportunity to listen to the One Voice, the voice of Love.

Come renew old friendships. Come make new friends who will be with you throughout the coming years. Our first Retreat/Advance was in **1996 in Vail, Colorado**, and many of the friendships made there in that year are still alive and flourishing. Your friends, new and old, are waiting to see you, including **Jeshua, Mother Mary, Joseph, and Mary Magdalene**.

Come Advance with us. Make lasting friendships. The registration form for the Advance is on the back of the Advance flyer. Scholarships available. See you at the Mountain of Higher Consciousness! --Judith

JESHUA Q&A

VACCINATIONS AND 5G

I'm conflicted between ignoring issues, praying about issues, and taking action about issues, the two issues being vaccinations being forced on people who should not have vaccinations, and 5G being forced on all of us, which is a real problem for every living thing on the planet. And I'm not sure what to do about all of that stuff. I feel like there's a time for prayer, but I also feel like it's time for action, like you in the temple (Right; this is true) You spoke to that today, which felt very directed to me (Yes) but it's still not easy, let's just put it that way. So any words of wisdom, direction, insights would be lovely.

First of all, this is a gift that is coming to you, to recognize that others are making their reality. They are responsible for their reality. They are creating it moment by moment. And you have seen ones who have been very steadfast in a belief, and then all of a sudden there has been a change and they have decided something different. So at any moment there is opportunity for change. But it is up to the individual, as they see themselves to be individual, to choose. You do not choose for other ones. You do not have that responsibility. They have the responsibility for themselves.



Do I choose to go ahead and say, "Yes, I will sign for you not to have to have vaccinations, even though I might go to jail?"

If that is your belief and very strong feeling for it. But in truth, beloved one, it is good to acknowledge each one's sovereignty, and you are not responsible for other ones' choices. In truth, each one is creating his/her own reality moment by moment, which means that it is always open to information that comes to them. That is the road that you want to take, is to give information, and then allow them what is right and proper for them; the same as you would not say to one that they should eat a lot of sweets. You would say, "Well, the sweets are not good for you," and for most ones, the over-indulgence in sweets is not good for the body. However, there are ones,

because of hereditary proclivity, they have to have a certain amount of certain chemicals—I will call them that. So it varies from person to person, and they are the ones who make decisions. What you do is, you say, "From what I have read, what my experience is, what my belief is..." and you share that, and then you do not take upon your shoulders the heavy responsibility of having to make choice for them.

So don't speak at the city council and the planning commission and all those kinds of things?

Yes, go and speak; speak your truth. But do not feel responsibility that you have to force them into choosing to believe as you do. That's a heavy, heavy responsibility, and it is a false responsibility, because you cannot know what they need in this lifetime. It changes from lifetime to lifetime. You will acknowledge that. They say they want to experience different things in different lifetimes, and if they are okay with 5G energy around them...

But they don't have that choice. None of us do, if it goes in. We can choose to be above it and beyond it, is that what you are saying?

Yes, yes. You have seen in what you would term fiction, the moving fiction, where you can have a being who will walk through the rain shower, and that being is not affected by the rain. It does not feel it, it does not come on them, because the belief is not there about it. It is the same with the vaccinations. It is the same with the 5G. There are ones who, because there has been in the stream of consciousness a certain fear that will feel certain differences that you would say are not the best. But there are other ones who are unaware of it, and it does not affect them until perhaps someone

comes along with fear information and says, “Oh, that’s bad for you.” And they say, “Oh, I never thought about it.” So you do what you are led to do. You speak your truth, and then you walk on. This is what I did. I spoke my truth, and then it was up to the other ones to choose how this would be out-picturing in their life. In other words, it’s an easier way to sleep at night.

Don’t be attached to the outcome.

You’ve got it, exactly. Just do what you are led to do. Speak your truth, and then allow them their sovereignty. This was something that I had to come to terms with, because I thought being tuned in, as I was, I thought I knew what was best for them. And I found out that, no, I did not actually have that power or right. So I would speak my truth, put it out there, dust the dust off my sandals and walk on, and sleep well at night. *(Thank you)* Thank you for asking, because there are many ones at this time who are struggling, working with the same questions. “When do I speak my truth? How can I make them see things the way I see things?” Well, in truth, you can’t. You can only put it out in front of them and then breathe easy.



WHAT ABOUT 5G?

Recently somebody asked about 5G and how bad that was going to be. You said it will be harmful for some, but not for us. Why not for us?

Because you have moved the intensity of your energy into a place where it can be not affected—let’s put it that way. There is a knowing, a very small

awareness that is growing, that you are not the body, that you are not the energy of the physicality, that you are spirit creating. And as energies will play upon the Earth and beyond, you either say yes to it or you say no. You know that you have choice.

Many of the brothers and sisters are not aware. They are still sleeping, and they don’t know that there is choice. They are going to be affected by changes in energy, and they’re going to feel a lot of chaos, because they are not knowing how to move with it. They are going to feel battered by it and unsure of where they are standing; not so much physical, although that is going to happen, the physical, but more with the emotions, so that you’re going to see ones not happy with the out-picturing of their life as to how things are going.

You and the grouping of friends—and it is a widespread grouping; it is more than what you see here and more than you see with the physical eyes—this grouping is calling upon ancient memory of how it feels to be energy that flows; not energy that has to be affected by outside forces, but it is energy that flows through them as creative One—capital “O”. So you are going to ride it out. Many changes have happened with gravity, with 5G, 4G, 2G, all the way up to 12...I stand corrected—20. Okay, it is infinite, alright. I am being instructed as we go.

And you know how to flow with it. Others are going to say, “I am planted here,” and when 5G comes and it feels like you’re being hit by some outside force, they are not going to know that they can move and flow as energy themselves. It’s an ancient memory.

The experts are trying to push this off on us as increasing the speed of downloading on our internet, but really it’s a weapon to do us in, as many

as they can. Just this morning I heard, though, that in the U.S. it is going to be dampened down compared to the rest of the world, so it wouldn’t have as much effect on us. But I would still think they would use it in individual cases if they want to get rid of somebody (Yes)

And the power is not outside of the individuals.



SOLAR FLASH UPDATE

There is one source that says the mini solar nova is not going to happen. It would cause too many deaths. I would think that this is a regularly scheduled event, and it will happen, but when it does, is there a possibility that ET’s will shield us from it?

Yes, that is true. That plan is in the works. There is, in truth, as you know, much more of that happening than is reported and is consciously known.

A NEW QUESTION

I think I have a question no one has ever asked before (Wow, okay) Why have you never told us your middle name? I’ve only heard a few people use the middle initial—Jesus H. Christ! (Laughter) What does the “H” stand for?

Heaven (Heaven; okay, good thinking) Well, it’s better than the other one (Laughter)