



The Expanding Viewpoint

**Jeshua Speaks about: MOVING INTO INTERDIMENSIONAL
CONSCIOUSNESS**

JUNE 2016

MESSAGE FROM TOM

Beloved one, we have spoken previously about the interdimensional You. We spoke about how there is focus, a most wonderful focus, upon this reality and the individuality which you see yourself to be, a focus upon a certain dimension of reality. And we spoke about how you are also expressing and experiencing in other dimensions, all in what you would see as the same slice of time. We spoke also that you are experiencing and expressing in different dimensions which do not even know time, in a reality of non-time, where the concept of past and present and future does not exist, for there is only the present Isness, only the Isness of Creator Being. We spoke about how you as the individuated energy which you see yourself to be has come forth out of Allness, the interdimensionality of You, the Isness which is not focused upon any dimension or any reality—small “r”. We spoke about how wonderful you are as an extension of all that the Father/Mother/One Source is, and how you draw the power to experience any dimension from the place of the interdimensional You. That is truly where you live: in the space between dimensions.

You believe yourself to be having a dimensional experience; you are within a certain reality—small “r”—and you have scripted that there will be certain parameters to the dimension. You have scripted that there will be a collective

consciousness, that there will be the concept of time, that there will be the concept of space, the concept of physicality, and that there will be certain agreed upon laws which govern the physicality.

Now, in Truth, you are beyond any physicality. In Truth, you are the one who is determining moment by moment what the physicality means and what all of the physical “laws” mean. You are the one in a collective mind who is agreeing moment by moment that there will be such a thing as gravity, and you agree that because of gravity there will be certain weight which will hold you upon the ground.

You have also decreed that you will sometimes know weightlessness, that you will know non-gravity, and you will decree what the rules and regulations are that govern non-gravity.

You have felt governed by the “laws” and rules to the point where you have said that you do not have power over these “laws,” that you are but a pawn, a victim sometimes, governed by all of the laws of physicality. And yet, you are the ones collectively who have decreed what the parameters are going to be.

The present reality where you find yourself to be is a dimension of reality based upon a collective belief in duality. Everything has one side and the other side. There is good and there

(Continued on page 2)

Beloved one, do you know how beautiful your natural world is? When ones first release the concise focus on the body and the reality of the life they have been living, there is an opportunity for great peace. One has the opportunity to move into the Allness of All That Is, and rest. Then after what seems to be a space of time (which there is not, as you know it), there is an awareness of what the beloved Brother Jeshua has described as the interdimensional self, an awareness of Allness not focused on any one reality, but aware of realities.

In this space, as I will call it, one (as he sees himself/herself to be a self) can tune into other dimensions, much as you do with the television. One can be aware of loved ones yet incarnate. We can observe the activity and the emotions. I have observed the volcanoes of your emotions. I have seen the cleansing waterflows. Often we are enfolding you with our love, whispering into the inner ear words of encouragement. Often you seek me, but do not hear. Always, as Brother Jeshua has said, I answer if you will but pause and believe. Maybe you do not hear me, but I can be felt as an unexplainable reassurance of hope.

When you want to commune with me, look to the beauty of the natural world you have created. Walk among the flowers, the trees. Watch the dance of the trees as the wind plays upon the branches. Join the birds in their flight. Seek out the simple pleasures of life. Laugh often. There you will find me. There you will feel an expansion of the soul. There I will be waiting for you.

Thomas Coates (1930-2014)

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is non-good; there is light, there is dark. Everything has an opposite. This is a reality which is based upon the collective belief in duality, and yet what you are seeking to know is your wholeness, your Oneness.

It is a most miraculous, wondrous thing which you do as a bridge person, for you know well how to be within this reality—it is not always comfortable, but you know well what the rules and laws are, even down to the “shoulds” and “shouldn’ts” of contemporary arbitrary society—but you also are not content to stay at that place. You read; you discuss; you think; you meditate; you allow yourself to daydream. You allow yourself to go beyond what has been the usual thinking and to go outside the box a bit.

Even as you have been reading this, you have been going in and out of this dimension of reality, for as I am speaking you focus upon what I am saying, but there may be an idea which comes and you go off for a nanosecond onto the new idea.

You go in and out, even though it seems to be a continuum of focusing upon this reality. You will think about the ideas, the concepts that we are speaking of, and there is a glimpse of expanded reality, even though you would say that you are attending to the message in a continuous fashion.

As we are speaking of the interdimensional consciousness there is a focusing which you do upon this

reality, this time, this here and now, but there is also a part of you which is the Beholder. Have you experienced the Beholder? Have you felt yourself at times to be just somewhat removed from what was going on? You felt yourself to be in conversation with someone and yet there was a part of you which stood about shoulder-side and was watching everything which was happening?

When you are in the space of the Beholder, you are allowing yourself to expand the consciousness into the interdimensional You. Now, the Beholder is not the interdimensional You, but it is a step in the process of knowing the interdimensional Isness.

When you are taken over by a sense of peace which does not make sense to the world, that is the Beholder of you, the expanded Self of you beckoning to you to stay in that place of peace and allow all of the rest of the activity to be whatever it needs to be.

You have experienced the interdimensional consciousness, and yet it has been your agreement so far that you would focus upon this reality and this dimension. Your agreement has been by divine agreement for a divine purpose. It has not been a mistake. It has been to fulfill a divine purpose: to know intimately this dimension and this reality and to know completion with it.

(Continued on page 3)

Upcoming Meetings and Events

June 4 & 18, 7:30 p.m. Evenings with Jeshua \$25

July 9 & 23, 7:30 p.m. Evenings with Jeshua \$25 (2nd & 4th Saturdays, skipping 4th of July weekend)

Friday evening meditations began April 8th and will continue on the 2nd and 4th Friday evenings of each month at Unity Church in the Olympics, 2917 East Myrtle Street, Port Angeles, from 7:30 to 8:30 p.m. The evenings will feature meditations given by Jeshua over the years.

Jeshua Summer Advance: August 1 – 5, 2016 in Sequim, Washington.

All regular events at the Coates/Knight home: 41 Windmill Ln, Sequim, WA

You and the brothers and sisters, collectively, with whom you now share this reality have agreed that you would focus most intimately upon a certain reality to the place where you would know how it feels to experience all the parameters of the reality. "I know how it feels to be happy; I know how it feels to be sad; I know how it feels to be on the mountaintop; I know how it feels to be in the pits; I know how it feels to love and be loved; I know how it feels to be, as I perceive it, on the outside of love; and I am complete with the belief in duality."

You have decreed that you would focus most intimately upon this reality, and yet all the while the still small Voice has been whispering, "Remember, this too shall pass. Remember, you are more than what you have believed yourself to be. Remember and hope." Have you heard the still small Voice of hope? Of course you have.

You have agreed that you will know this dimension and know it intimately. You will know all of the laws of physicality. You will know how it feels to activate a coalescence of light energy known as a body. You will know how it feels to activate various forms of body—not only the human body, but all forms of life—and you will come to the place of knowing your Oneness with all of life and all of its forms. For indeed, you have been every form of life which you can imagine or think of, and it is time now that you begin to cultivate the remembrance and awareness once again of Oneness with all of Life.

In your process of awakening, which is happening now, it is time and it is imperative that you practice expanding the consciousness beyond just the individuality you have seen yourself to be. You are the one who has agreed to be the bridge person; you are the one who is remembering now that you have agreed to be the light even in the darkness of forgetfulness which is yet upon this plane, this reality. In your agreement,



you have said that there will be a time when you will expand the consciousness beyond the individuality. That time is now. That is why you feel such a driving motivation within yourself to read, to study, to discuss, to contemplate, to seek, to want to know more. You have said, "In the process of awakening, there will come a time when I will know that I am much more than the body, much more than the personality I have seen myself to be, much more than the individuality that I know is most wonderful, and yet I can't quite always be happy with it. There will come a time—and this is now—when I will begin to expand my consciousness to know the interdimensionality, the Reality of me. I will come to know and to touch the space, the matrix, the Isness of me, the extension of the Father."

When you come to the full realization that the matrix of you, the interdimensionality of You which is not focused upon a dimension or a reality, when you come to the realization that, "I and the Father are One; I am an extension of the Father," when you come to realize that the matrix out of which you function and fashion everything which you experience is of the Isness of the Father, you become transformed. No longer can you look at the happenings in your world, in your life, in the same way. For truly, you begin to look upon all of the activities of the world, all of

your experiences, through the eyes of the Father.

Then there is a sense of having come Home to the realization that, "I am so loved of my Father that never have I left Him, never has He left me. In Truth, I cannot, for I am an extension of the Father. I, in the interdimensionality of me, know my Oneness with the Father. I am the Christ."

Now, how do you begin to expand the consciousness into the interdimensionality of you? You breathe. You allow the expansion of the body, mind, and soul which comes with a single deep breath. If ever you are in a constricted place of worry, breathe. Remind yourself, discipline yourself, do it. It takes a bit of discipline because you have to choose. Now, you know that when you breathe, you are going to have opportunity for peace, and you do not always want to choose for peace. Let's be honest here. Sometimes you want to abide in the drama for a while.

But when you choose to breathe, then you have opportunity to know a moment of peace, a moment of expansion. Breathe now. Take a deep breath. Drink deeply of an easy breath and feel the peace of you which comes with the breath. Then breathe again.

Even though there may be many cares and concerns, decisions that have to be made, allow them to be put aside for the moment of a breath, and breathe again. Feel the expansion which happens even within the body. Feel the very cells themselves expand and speak back to you in gratitude, for you are allowing them to breathe, allowing them to be at peace within themselves.

All of the troubles of the world will be there waiting for you whenever you choose to go back and pick them up. But if you choose to abide in the peace of the breath, they have no power over you. They will wait until you attend to them, and if you choose not to attend to them, they will have to

keep on waiting, and you may breathe and breathe to the place of just being, to the place of deep, deep peace; a healing peace. If the body is giving you a message of constriction known as dis-ease, you can breathe it into health. Throw a little joy in as well.

For indeed, as you breathe and you allow yourself to abide in peace, after a while there will come an idea, a humorous idea. It just comes and tickles the soul. It is a place where you feel a little bit of joy bubbling up, a joy that the world does not know, and it will heal the body if you will allow yourself to stay in that space.

Breathe, beloved one. Breathe and come Home.

The above message is taken from Chapter 2 of Jeshua's Volume IV in The Personal Christ series, The Interdimensional Self: The Way to Peace, available from Oakbridge University Press: www.oakbridge.org



JESHUA Q&A

HUBBLE VERSUS THE DONALD

This afternoon before we left to come here, we were watching a Netflix DVD about the Hubble Space Telescope. What a wondrous machine it is, in that it shows to us these billions of galaxies and it gives us a picture of the immensity, the infinity of the universes as close as we can get right now. It's mind boggling and all of

that, and I just wonder...that is really where we need to be spending our consciousness, is contemplating and abiding in that reality rather than worrying about how we can make America great again. It just seems so frivolous, I mean just dumb. And I don't know what kind of...I guess the question is, why don't we spend more time with what's in front of our noses, the immensity of the universe as shown to us by the Hubble Space Telescope, and a whole lot less time worrying about building walls and all that stuff?

Right. Well, it is moving in that direction. Ones are asking and wanting to know more than just the drama that's right in front of them on the big screen, whatever screen size. People are questioning, and that is why the idea has come for the Hubble Telescope to see more. It was a group consciousness that said, "Hey, let's go and adventure. Let's explore like we've done in other times. Let's see what we can find."

So with that question and that idea was birthed the mechanism. Now, it had to do...had some tweaking to it as it became in the creative process, and it is still being tweaked and added unto. But it came from an idea, a birthing, if you will, of an idea of, "What more is there?" Ones have been asking this now for a long, long time. "What more is there? Are there space brothers? Are there other life forms? Are there life forms that walk amongst us and we don't know it except as we maybe feel it?"

And more and more of the collective consciousness, although you can't quite see it, and it certainly isn't in your newspapers and your news media, are asking this question. What more is there? What idea can I play

with? You know, those ideas come. So it is happening. This is part of what has been called the awakening, ones waking up to the power of Being, the creative power as the extension of the one creative Source. It is happening, and it feels good, doesn't it?

Oh, absolutely. Yes, it's very affirming.



EXTRATERRESTRIALS?

When I first started attending these meetings a couple years ago and people started asking questions about extraterrestrials, I thought they were very curious questions. Like, why would anyone ask Yeshua a question about an extraterrestrial, and I sure as heck would never ask such a question. Well, tonight I have such a question, because in the last few weeks I've been experiencing a rather odd occurrence. I will be looking at someone, and all of a sudden their skin will become translucent. I can see their muscles under the skin. I can see their bones; they take on sort of a silvery gray color. You know, you can see right through their...you can almost see right through them. It's like, what is going on here? What are these creatures? It's sort of like being in the movie, "The Body Snatchers," or something. Somebody has jumped into this human form, and what is it? So I guess I'm asking...I'm presuming that is a lot more frequent than I've ever presumed. I mean, do these... when I'm seeing these people as

extraterrestrials, do they know that they are?

Some do, and some don't. Now, if you will receive it, all of you have been having lifetimes on other planets, other solar systems. You are, in truth, the ETs come to have the experience here. So when you see another one and they appear as the idea has been presented to you that that's what an ET might look like, what you are acknowledging is an expansion of acceptance of what might be, and in truth, what is. Because this is not your first lifetime.

There are ones of the religious/philosophical order that will say, "Oh, no, you only get one lifetime; you'd better make the most of it and this is all you get." But you can sit with that for a while and you can say, "Why would one creative God only give me one lifetime?" That has been a question that sages down through the years have pondered. "Why would an all-knowing creative God only give me one lifetime? What if I mess up? Well, I guess that's too bad. I'll go to a very hot place."

Well, that's not true. You have had many, many lifetimes, more than what we can count, because you have wanted for the experience of it to have lifetimes on holy Mother Earth and also on other planets. You have come here as an ET many lifetimes ago, so many lifetimes ago that you can't remember it. But you have known. At the soul level, there is memory of other places you have been and other beings that you have been. So you are now, by the miracle of expansion, allowing yourself to see that maybe there's more to this than what I have thought. And you get top marks for not running from it.

I wasn't frightened, no, not at all.

Good. There are ones of the brothers and sisters who, if they saw what you have seen, would run away for a while. They probably would come back to it, but they would be scared out of their you-know-whats to see this.

No, I'm just curious is all.

Right. Good. Yes, there is much more than what you have been taught about life and about the expression of life, in form and outside of form.



CROP CIRCLES IN THE U.S.?

I wonder why there aren't more crop circles in this country than there are?

Why isn't that stimulus poking at this country which needs it so much?

Well, there has to be an opening, an invitation, an acceptance, if you will. The collective consciousness in this geopolitical grouping...(sigh)...is pretty much in a place of...I will not say kindergarten, but it is maybe first or second grade. It is growing, it has promise, but it's not there yet. It is still caught up in the old thinking of drama, the feeling of the body when the adrenaline rushes, and the feeling of the body when, "Oh, my goodness, what will happen?" comes to the person. So they are not yet opening to

some of the more expanded questions. That will come.

But you have some of them—I will call them old souls—who group together in certain geopolitical groupings. Now, in truth, all souls are the same age, but there are some souls who have followed a different pathway of asking questions. They are interested in certain phenomena, and they have found others of like mind so that they have grouped together, and then they have unconsciously, and sometimes consciously, invited, "Let me see proof of what I am thinking could be." And then you get the writings in the grass, the wheat; you get the writings that are there in most artistic form...whether ones understand what is being said or not—and they do, at a deeper level. At least on the surface they know that something beyond me is happening. It will happen for this geopolitical grouping as it grows. Right now it's pretty much in an infancy of just dealing with the here and now, what's right in front of my face and how I feel about the adrenaline.

That's very helpful, yes.

It is moving in the right direction, but it's rather slow. But then ones such as you come along. You ask questions and you watch the videos, and you say, "Give me more. I want to know more. And as you ask, it will be provided.

ASCENSION VERSUS TRANSFIGURATION

What's the difference between transfiguration that you had done earlier and ascension?

The ascension lasted longer; in other

words, I stayed away longer. The transfiguration...I was trying it out—let's put it that way—I was trying it out. I knew it could be done. The disciples wanted to have positive proof of the energy of the body, because they were still thinking what a miracle that I resurrected the body. Now, in truth—listen to this well—I did not resurrect the body. I re-formed a body. The body that emerged from the tomb was not the same body that was brought into the tomb and wrapped in the anointed cloth. I re-formed a body. It looked very much the same, but not quite the same. That is why Mary did not recognize me. I hadn't got it down quite right, you see; close, but, as they say, no cigar. Anyway...

What happened to the other body?

It disintegrated into the Light that it is. I used that energy and re-formed the body that I could then stand up with and walk with. I was a bit cognizant of the fact that the body they had wrapped in the anointing cloths did not have the outdoor clothing, so I had to re-form some of the clothing to emerge, to go out. And so I did that, because...because why?

Because you wanted to try it out.

Exactly. Because I knew I could do it, and I knew it would be expected, so I did not just pop out of the cave in all of the Light and frighten everyone. I tried to form it the best I could. I did a bit of the tweaking on the road to Emmaus, and I was still working on the fashioning of the body, so ones did not quite recognize me. I was still doing what you called a tweaking.

And you were floating.

Well, yes, I did some of that too. But the difference that you are asking

about, the transfiguration was to show in its brilliance the Light that you are, you are, you are, everyone is—that I was to show in great example the Light. The ascension...then I allowed the Light particles to arise up and to be, as they say, taken to the Father. Now, I always ask this question. I ascended unto the Father. Did I stay there? (*Apparently not*) Apparently not (*Not if you lived another seven hundred years*) Exactly. I come and I go and I take form. As I have shared with you many times, in your malls, on the park benches where ones may be sitting and feeling very despondent, I take a form and I sit there and talk with ones in sounds that they can understand.

You've done that with me once or twice, haven't you?

I have, thank you. You recognized. And sometimes I come in quite a good disguise, but you can feel the energy (*Especially when I was younger, much younger*) Yes. Especially when ones have some indoctrination, yes, that happens. But ones are still open. I speak with them.

So transfiguration...that just sounds like what I would love to be able to see about you and myself and about all our family and our friends.

That day is coming very soon, because it is something that you have acknowledged that you want to see, that you want to feel, that you want to do.

I mean, I see a little bit more and more of the auras, especially when you're here with Judith. Or I saw when Donna was speaking on Easter, around her. But it feels like...when it happens, it's like, "Oh, there it is!" and then it's gone. It's like, aargh.

And I've tried looking at the light of my hand, but I fall asleep before it happens. But I know you said that you used to light up the caves with your own Light, and you didn't need any outside light.

Right. Yes, you have known how to do that. You have done that (*I have?*) You have.

It feels like it's just right there, if I could just...well, I'd appreciate your help with that.

It will come. When it is necessary, it will come. Before that, it is more of an exercise.

BLESSING OF THE CHAKRA

I don't have any questions, but I will always ask for a blessing.

You are definitely blessed. You are definitely a blessing to other ones. Beloved holy one, I would give unto you what you understand to be the blessing, the blessing of the chakra (*Oh, God, it's beautiful*) There; it is love. Ones say that the heart is the chakra of love, but truly there is a chakra here behind the head at the base of the skull that is the first place as the infant where you understand, where you feel love. Blessed art thou (*Thank you so much*) You are blessed. But as the infant, the first place that the infant feels love is at the base of the skull as the mother will hold the small one and put the hand behind the skull. It is not that she puts the hand on the heart. She puts the hand behind the head at the base of the skull. So whenever you are feeling unloved, whenever anyone comes to you and they are feeling sorrowful, if you can—because not everyone wants to be touched—but if you can, hold the base of the skull just lightly. Feels good, yes? It is a very powerful chakra.

