



# The Expanding Viewpoint

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**Jeshua Speaks about: 2016: YEAR OF LIGHT**

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**FEBRUARY 2016**

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Beloved one, a long, long time ago in a land far, far away, you decided you were going to do something. You, as the one Mind that is always going forward creating and experiencing, wanted to know, “How would it feel to create? How would it feel to experience creation? How would it feel to experience the creations?”

So you brought forth lilies, daffodils, daisies, roses, moonbeams, all of the things of beauty, and you knew yourself to be in a garden, a beautiful garden. You looked around and you wondered, “What else can I create? Can I have someone who will share this with me?” And you did. You created someone like you to enjoy the beauty that you had created and that you kept on creating—the sunrises, the sunsets, everything of nature, everything that you considered to be beautiful, and you were happy.

You knew yourself to be the creator of what you were experiencing, what you were seeing, and you knew the other one was feeling the same as you were. There was a rapport, if you will, a sameness of the one Mind come forth to experience.

Then again there came the thought, “What else can I create?” So you

created the certain life forms that would eat the plants. You experienced being in the creation that you were making, and there came a certain forgetting that you were the one creating, that you were the one who created the tallest trees and the animals which would climb the trees. You created all form, all variations of forms. Then you had another thought. “In the competition, can I create something that is stronger than what my friends—by this time you had created other friends—create, something stronger, more powerful that can run faster, climb higher, see farther, swim faster? Can I come to a place of the competition where my object can overcome the others?”

It was still a game. It was still one Mind playing within the one Mind, and knowing that it was all from the same divinity, the same energy. But as more and more of your attention became fascinated by the creations, there was a forgetting that you were the one who was creating. There was a forgetting that truly there is but one Mind—capital “M”.

Sometimes you know the one Mind even now. There are times when you tune in to each other, and you can tell what the other one is feeling or thinking or planning. You have a feeling, and you

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## NEW CLASS

Have you ever wished that there was a group of like-minded friends who wanted to read and discuss Jeshua’s messages and meanings more deeply? A group who would share how His sharings have touched their lives and shed new Light on the challenges of human life?

Well, there soon will be such an opportunity. Beginning on Wednesday, February 24<sup>th</sup>, from 4 to 6 p.m. (Pacific time) Eva McGinnis, an ordained Oakbridge minister, will be leading a discussion class at our home (41 Windmill Lane, Sequim, for local attendees) and on a teleconference line (phone option for non-local people). The group sessions will meet approximately every other week.

This will be an interactive opportunity to read, discuss and meditate on each chapter, beginning with Jeshua’s Volume I. Please have your book with you, and a journal to record your notes, as we create a sacred space to support each other.

For cost information and to register, please contact Eva McGinnis [eva@mcginnishome.org](mailto:eva@mcginnishome.org)

--Judith

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wonder sometimes, “Where did that feeling come from? Where did that thought come from?” You may think of someone, and then your technology sounds off and you say, “Oh, they are on the telephone calling me.” You knew, before you even picked it up, who it was going to be, because you still live within the one Mind.

You do not focus on it, but it is still there. It is still an intuitive power that you have not lost. You know how the mate is feeling. She may not say a word. He may just have feelings, and you tune in to them. You know when your friends are having a good day, and you know when they may be *trying* to have a good day. You can feel, because you are still in the one Mind, even if you do not focus or attend to it.

Then as the feeling of separation grew—“I am separate from you, my creations are separate from your creations, my creations are better than yours,” etc.—there was a sense of distancing and a sense of competition. You have been living with that feeling for a long, long time, so long that you have almost, but not quite, forgotten that you are creating your reality—lower case “r”—that you are creating your experiences, and you are also

creating your reactions to your creations.

You have taken the “knowing” of separation now to a certain degree quite far out, so that you now feel separate from the chair that you sit on, separate from the dwelling place that you are in, separate from each other. You have certain personality traits. Your friends have other personality traits. Each one would say, “I am unique. I am special,” and you are, but there is always the one Mind which joins you together, and that has been forgotten.

That is what this year is about. There is going to be more Light coming forth in this year. The Light is going to be showing up the places of darkness. That is why you see so much being mirrored back to you by your news media. They bring you a picture of what is seemingly happening, and it looks very dark. That is because there is more Light shining on it.

The world happenings seem to be getting darker and darker with more pockets of suffering. In truth, those pockets of suffering have been there a long time, but now the Light is shining a bit stronger, and it is showing up the dark places in more clarity.

## Upcoming Meetings and Events

Feb 6, 7:30 p.m. Evening with Jeshua \$25

Feb 20, 7:30 p.m. Evening with Jeshua \$25

Mar 5, 7:30 p.m. Evening with Jeshua \$25

Mar 19, 7:30 p.m. Evening with Jeshua \$25

Apr 2, 7:30 p.m. Evening with Jeshua \$25

Apr 16, 7:30 p.m. Evening with Jeshua \$25

**Friday evening Meditations are suspended until further notice. They will resume later.**

Jeshua Summer Advance: August 1 – 5, 2016 in Sequim, Washington.

All regular events at the Coates/Knight home: 41 Windmill Ln, Sequim, WA

The Light that you Are is growing stronger every time you have a thought that says, "I am the Light," every time you have a thought that says, "I believe, I believe that the Light is getting stronger," even if you follow it with that very famous saying, "Help thou mine unbelief." In other words, "I believe, I want to believe, I do believe, but sometimes I need a little bit of help to really believe." That is okay, because you are focusing on the Light, and the Light is going out and is showing up the pockets of darkness.

Whereas before, there was not as much Light, and everything seemed more gray, now you have distinct Light and distinct dark, and that is why I speak so optimistically of this year, because truly you are making changes. You individually have come to a certain point of wanting change, of knowing that you can make change, and collectively that is happening on the broad scale as well.

Ones have suffered enough. Ones are at the place where they want to be relieved of the suffering. As we have mentioned in other times, the ones who seem to be going through suffering are the ones who have volunteered to play that scripting so that there can be a focusing upon what is seemingly happening and what can be changed. They have volunteered to be part of the groupings that seemingly are suffering.

Attend to that word, seemingly, because in truth, that is how you are receiving the information that they are suffering. But are they truly suffering? Not really. They are playing a part that they have volunteered to play, and they are doing a very good job of it so that you can see the difference between



Light and dark, and the Light is growing.

Now, when we have spoken of separation and of the focus upon whatever you are creating, upon your creations, you have chosen to be in a certain grouping of ones who are seeing much of division, much of separation. Why? Because you have wanted to know—and there is no judgment in this, so hear this well—you have wanted to know, "How does it feel to be in an experience unlike love?" Because you know, at the basis of you, the very basic element, the very basic, tiny piece as you might see yourself, that you are Love. This is your essence. You want to love. You want to be loved. You know that truly that is all there is, is Love.

But you have said, "For a while, I want to try out what it feels like to be outside of that." So you and some of the other ones, as you call other aspects of yourself, have said, "We will play on a planet far, far out in space, a warring planet where ones are in competition, where ones have forgotten how to love." And then ones such as you come along and say, "Hey, those aren't the rules. I know different rules. I'm not going to play by those rules."

And you start changing everything. Then the ones who are seemingly your playmates wonder, "What is going on? What has changed? Why has it changed? What page are we on?" In other words, in the scripting, what page? Because you are changing things. You have said, "Okay, I've had enough of this. I have felt unloved long enough. I have felt separate from my whole being. I have felt that long enough. I want to know love. I want to feel love. I want to give love. I want to live in an ocean of love," and you are going to.

In this year you are clearing out a lot of the dark. Why? Because you have had it up to here, above the head, with feeling unloved. You have had it. Some of you have had it in the first few years of your lifetime, enough that would do forever, for eons, and you have said, "Okay, okay, done; I am going to live in love now. I am changing the rules," and you do; you step out of the unloving hologram.

Sometimes you are a little bit hesitant, and you say to yourself, "Well, I want to have a little change, maybe a little change. Okay, I'll do it." And it worked. It was okay. "I went up to that person, and I said to them, 'Hey, I'm really glad to see you,'" and you are thinking on the inside, "I hope it's okay to say that, because I really want to live in love, and I don't want something unlike love coming back at me. But I want to try it. Can I really try it? Yes, I can try it." So you bring both feet together, and you say, "I'm glad you're here. I have missed you. I have missed having you in my life. I really want to play again as we used to play."

At that point, what do you think the Light does? It goes on, yes. It extends, and it grows brighter. If there is any part of darkness, it will show up, and then it will disappear. You have a saying in your world that is very, very true, and it is a very good saying to remember, that the darkness cannot extinguish the light of a single candle.

A candle flame will always be light. You put it in a dark room; the darkness cannot extinguish that light. That is Who and What you are. You are the candle. Remember your Light. Let it shine. Smile. Know that truly you have the courage to come forth and to live in Light.

You have chosen out of great courage to live on a planet far, far away; far, far away, seemingly, from love, in order to bring your Light to it, to play in the darkness and then to be the light of the candle, to shine in love, and to find other ones who want to feel that Light as well. And what happens when you get together with other ones who have that Light, and they want to play with the Light? What happens? It magnifies itself.

This year is going to be a wonderful year for you. You are going to be finding more and more Light, and that is going to show up more and more darkness. I tell you that ahead of time, because when you see the darkness, do not get into an, "Oh, my goodness," place. You do not have to be in that place.

Know that truly you are the flame of the candle. You are the flashlight that is beaming your Light onto everything that may be seemingly dark. It really is not dark. It is just missing its Light. So

you come along and you shine your Light. You do that in the marketplace, and people find what they are looking for. They are looking for love, for acceptance.

Go forth in this year. Let your Light shine.

So be it.



## JESHUA Q&A

### RELATIONSHIP COMPLETION

*I need to speak here. I do seem fragile. It's so embarrassing, but I know I must ask. You said earlier that if you want something, just ask; it'll come to you. So what I've been asking for for many, many—what seems like forever—many years, is a relationship with a man. I've had some that just didn't really work out in this world a lot, and I'm okay with that. I feel like I'm nutty. I ask and I ask and I ask, and know there should be hope. And I pray, and I cry, and I call out to God and I call out to all my angels. At times I feel so discouraged, so how can it happen? I don't know what to do with that. I don't know if I'm gaining anything by it (No) What should I do? Is my yearning for it so strongly getting in the way?*

In a way, yes. What you will want to do is to begin sharing with other ones your love, the way that you are seeing things, not worrying about whether

it's going to be a relationship that lasts or not, but just be so out there with your love, with your joy, your happiness. You are beautiful. Your physical face, you are beautiful. Your angelic face, you are beautiful. What you need to share at this point is not to be just with *one*. You understand that the world says, "Well, you should be soulmates, and I'm still waiting for my soulmate, and I expect him to come walking around the corner, and it's just going to be wonderful." Which is not to say that there won't be that one who is going to turn to you and say, "I really come alive in your presence. I long to be with you." This will happen. In the meantime, you are going to share with everyone, and that is okay.

*So basically I can say to my children...*

Your children do not need to judge you. They do not see the whole picture. You will do what feels right, for you.

*Well, every time I meet somebody, do I...I mean, I can't help but look at them and say, "Is he the one? Is he going to be my relationship?" Because I do. I hope for that. I don't want a whole bunch. I just want one.*

Okay. So whichever, one can do. It's up to you. You at least be the one. Completely and truly be irrevocably in love with that one. If it only lasts for a day, or longer, it doesn't really matter.

I will say to all of you—this is important—that what you are doing in this lifetime is a completion, the things that you have started in other lifetimes. A few times this means in relationships. Sometimes it means that you're going to fall head over heels in

love with someone, and you're going to spend time with that one, whether it be an hour or it be thirty years. And you're going to complete something that you haven't completed in another lifetime. This is true for all of you. You are completing in this lifetime issues that you have not felt completely complete with, if you'll pardon that way of saying it. You are doing completion; no judgment in it.

No judgment if you have a relationship that is for a day, for a week, for a month. Maybe in a short time you say, "What now? I think we are complete with each other. Gosh, maybe he's thinking he's One with me, because the world says I should make just one relationship and stick with it."

But you are now complete with this one. You are, and it is okay. All of you are doing completion, with relationships and with issues and with self-image—all of you. So there is no judgment in any of it. I do not look upon you and say, "Well, gosh, you know, there's this thing, this issue."

I see all of you traveling a path of completion, of picking what bleeds you dry and focusing upon that meantime. This can mean going up to certain ones and saying to yourself or maybe out loud, "Are you the one?" Yes; in that moment they *are* the one, and that is okay.

*But I don't feel peaceful with that at all; I really don't. I don't want to just be. I don't want to just see somebody for an evening or a couple weeks or something. I want to share a life with somebody. I know that takes time and sharing and connection. I don't know...I'm just not meeting that type of person so that can even begin. It isn't happening for me. I don't know*

*what to do.*

I will say to you something that on the surface is going to sound harsh. Do not think about self. Think about the other one. Think about loving the other one, looking for the good in them and loving that in them. Do not think about self—will he measure up? Are these of my images? Either this, either that? You choose and love them.

Forget self, because self is rooted in separated ego at this point. What you will want to do is to open the windows, the doors, forget about self, and see the other person as to what they need. When you do that, you are going to have many who want to be with you because it feels so good for them, and it feels good for you.

Forget about how it *should* be, and just look at the one who stands in front of you and say, in your mind, "Tell me who you are. Tell me your hurts, your worries. I will not judge. I will only love." Then you will find that you have many with whom you *have* relationship, and out of all of those, you may have the one who wants to be with you forever. But meantime, maybe you could give your love to those who are hurting.

You forgive yourself. You forget your desires. You forget your conditions—because you do have conditions—and you really say, "I need you. Tell me about yourself? It doesn't matter who I am. I want to know *you*." You do survive when you do that. You want to do more. Really do that to the place where you've forgotten yourself.

You store your checklist in the back of your mind—right back here, the checklist. Throw that out the window. You don't like to, but you keep it, but

then you told me you tried, and see where that has taken you. Throw it out the window and say, "That doesn't matter. I forget that. I want to know who you are. I want to love *you*. I love all of you. I don't even have to love you. I just really like you."

And, you know, if you go forward a few days, months, or whatever, and forget about the checklist, days go by and you say, "I really need to check the checklist. Hey, I wonder if he measures up. Well, you know, it doesn't really matter." Then you are free.

#### 40 DAYS IN THE WILDERNESS



*I've been reading this wonderful book, American Veda. On the back cover it says, "In February of 1968 the Beatles went to India for an extended stay with their new guru, Maharishi Mahesh Yogi. It may have been the most momentous spiritual retreat since Jesus spent those forty days in the wilderness." That makes me wonder what happened during those forty days in the wilderness that might be akin to time that the Beatles spent with the yogi.*

Well, as you can see and have seen, the songs that they wrote and sang, many of the songs went much deeper than what some of their brothers and sisters at the time were thinking and feeling. There was a change that happened within them, and much of their later music reflected this change.

When I went into the wilderness for forty days and forty nights...well, first of all, the number forty was in that time not taken literally as forty days. It wasn't that I counted up the days and I got to 39 ½ and it was like, "Oh, thank goodness, tomorrow's the last day." It was just indicating that it was a long time. When I was in the wilderness—and there *was* an area of geography that was known as the wilderness—I very much had opportunity to go deeper within myself and feel the flow of energy; not with the "should", that okay, here I am; I'm going to stay as long as it takes in order to feel something spiritual, but to be able to free myself even from the Essene teachings and even from some of the teachings of the masters, to find myself what resonated with me, what came out of my using my thinking, not formed by someone else. So it was a time of freeing myself, and it takes a while to leave civilization and to have the effects of civilization recede.

And then after that...it is very much like you have some customs even in this day and time, the term the Native Americans have for the journey that they make: the vision quest. It was very much like that for me, to find the vision of my true Self; not what had been taught to me, but to have inspiration from within and to know. There were times when I questioned and I thought, "This is weird," because I would perhaps be looking at the sunset and I would no longer be just looking at the sunset, but I would be part of the sunset, and experiences such as that where all of even what I had been taught to be spiritual faded away.

So when I came out of the wilderness, there was a knowing that could not be shaken by anyone else's questioning, anyone else's teaching, anyone else even if they were a master in their own right. They had their own truth—sometimes lower case "t"; most often they would have found Truth with a

capital "T". But I had found my truth. So that is what happened in that long time.

Now, actually it wasn't forty days and forty nights, as I have said. It was more like about eighteen days, because I already had some preparation for it. But it takes at least what you would call the fortnight to rid yourself of residual memories of civilization and teachings and ones you have known, to the place where you feel whole, complete within yourself. After that it is a free ride; no price, no ticket, just free.

*Were you sitting in meditation?*

Oh, not always. Walking; quite often walking in what you now call nature, being out away from any of the outer influences of civilization.

*Any hallucinogenic substances?*

Didn't need them. No, not since the 1970's (Laughter)(*Okay, thank you*) Thank you for asking. It was a very deep experience.

## **IS IT REALLY YOU ANSWERING MY QUESTIONS?**

*As you know, I talk to you all the time.*

All the time, yes; you are a bit of a chatterbox.

*I'm sorry.*

Oh, I am not sorry.

*What I want to know, I just want to make sure it's not just my imagination sometimes when I hear the answers. How can I know for sure?*

In the beginning you must trust, but I will say unto you that what you do hear as the answer does come from me. It is my voice. It is

my love that is expressing to you, so you may trust it. For in truth, there is no separation between us. I walk with you *as* you many times—true for everyone here—I walk with you *as* you. Other times when you think yourself to be just an individuality apart from me, I am sitting on your shoulder whispering in your ear. So sometimes you have asked questions and you get an answer, and you think, "Well, could that be?" Yes, that could be. It is true. Why else would it come to you? So yes, I do answer you.

Anytime people call on me, I answer. But oftentimes they say, "Oh, that can't be," and they go off, and then they question again and again. They do that with me and they do that with my mother. Oftentimes they will be very earnest in prayer, asking for an answer to something that's going on, and when we answer, they say, "Well, it can't be. I've been told by the authorities that this can't be. One Yeshua, one Jesus, he's not going to pay attention to just me. I've got questions, but..."

Yes, I do pay attention to you. I cannot be apart from you. So there are sometimes it feels like it is you answering the question, and that is because there is no separation. When you come to the place of accepting that and feeling happy about it, then truly you will know the peace that the world does not know, but you will know the peace everlasting. Is it a deal?

*It is a deal. So if I hear the answer, it's from you (Yes) I don't need to worry (You do not need to worry) And it's not coming from me or my ego or anything like that?*

It is coming from you, but at a higher level (*Okay, thank you*) Write that down. It is coming from you, but at a higher level.