



*Jeshua Speaks: The Father and I Are One*

September 2022

Beloved One, you are the heart of Love. When you come and you talk with each other, and you reach out and you do the hugs, where is the heart? Heart to heart, exactly -- feeling the love that you so want to feel from another one. And you know the secret: you cannot feel it from another one if you are not already giving.

It is a connection always unbroken; always forever Love is flowing. That is why it is healing. That is why you feel at one with self and the self that you may be hugging. In a moment or so, you feel the connection. And it goes beyond the talking and the visual. It goes beyond the brain. And you get to the place of the Isness -- the All which is the Love of the heart, that which energizes you. It allows you to go forward giving the hugs, the smiles, the questioning. And then a most wonderful miracle happens, because the heart opens and you say without any censorship, "You and I are One." And in that moment, all division flows

away. And you know that you are Life itself, not only the body, but the spirit of you which wants to be expressed, which wants to be spoken about in tones of love, which wants to be in the Embrace.

You are the makers of your reality/ lowercase "r." I have been saying this to you for a long, long time -- lifetimes truly. You create your own reality. Moment by moment, you are the creator of your reality, lowercase "r." And it is the Reality with a capital "R" which allows you to do that. You are all powerful, much more powerful than you know. But you are testing it out. You are trying to see, "How powerful can I be? I'm going to change my mind about something," you say. And yes, you can. And if you do not like it, you change your mind one more time to something else. And this is how you go through what you call a lifetime is by changing. And it is powerful.

What you are doing in this day and time, what you are doing in the individual choices, is putting together a testament to your Spiritual Power. You are choosing moment by moment to live in whatever reality you say you are making. And if you want it to be different, there is no one who can

**Back to High School**



No, not *that* school, but to the *higher* school. Jeshua is calling us to elevate all of our interactions: with each other, with world affairs, with the four-leggeds, the winged ones, all living beings with whom we interact, to recognize the Christ Energy which is Awakening right in our midst. We have prayed for the Awakening, and It is happening!

When you go out in the morning, at dawn (or your dawn of Awakening), there is a heightened Energy surrounding you. This Energy is illuminating the areas yet of Shadow, of Darkness, calling for the Light of Love to be seen, known, even upon this plane of seeming duality. It gives rise to what would be seen at first of non-Light, but that is just the Invitation to Higher Understanding. In Truth, all is a call to higher Understanding. Whenever there is an *appearance* of actions/thinking coming from other than Love and the Truth of one's being, breathe, ask for Higher Vision and come Home. Jeshua reaffirms that always He stands ready to Love, to point the Way Home. Ask Him, Breathe, Accept. It is His gift to you.

*Continued on page 5*



## The Expanding Viewpoint

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stop you. Because you are making your reality as you go moment by moment through it.

So, choose for Love. Choose for the deep breath. Choose for Peace. And if the world screams at you, and it will and it does, you stop and take a deep breath and say, "Even within time, I will choose my reality, lowercase 'r'." That is how powerful you are. And the more you take back your power -- now yes, you have given a lot of your power to whatever seems to be needful. And yet it is not. The only thing needful is for you to take the deep breath while you are in physicality and to say, "I AM." Full stop period. "I AM."



Photo by Joshua J. Cotten on Unsplash

If you decree that, "I AM that I AM. I am Love. I am my own Reality, all powerful capital 'R', all Creative, capital 'C', and I will know the Love that I AM." Everything has to change. You have decreed. Whatever you decree has to be, because it is your reality lowercase "r" that comes out of the uppercase capital "R." Because you have decreed that it's going to be.

So, if you are living a life which does not seem to be quite as easy as you would like it to be or quite as fulfilling, Stop. Breathe. Dream.

We have spoken often that the best way to make it real in your experience, is to try it out and say, "Okay, I am going to stand in the sunshine." It may be raining all around you, "But I'm going to stand in the sunshine." And you have done this. The showers will stop for a moment. It may be raining all around you, but where you are it is sunshine. And that is true as a metaphor for all of your dealings with the brothers and sisters. You can stand in the sunshine with them and be happy, be easy.

The world will tell you that you are not free. That there are circumstances that you will have to fulfill and a certain way you have to be. And you have said, "Maybe. I'll try it and if I don't like it..." And the world has said, "You will do it and you will like it." And I have seen each and every one of you walk away from something that was not your choice.

### Upcoming Meetings and Events

- Sept. 8: 4:30-6:30 p.m. PT: Book Study – Volume 8, Chapter 18, *What Is Your Dearest Wish?***
- Sept. 10 5 – 6:30 p.m. PT: Saturday Night Live With Jeshua**
- Sept. 13 4:30-6:00 p.m. PT: Book Study – J&M: Chapter 14, *Answering the Disciples' Questions.***
- Sept. 22 4:30-6:30 p.m. PT: Book Study – Volume 8, Chapter 19, *The Teacher Within***
- Sept. 24 5 – 6:30 p.m. PT: Diving Deeper**
- Sept. 27 4:30–6:00 p.m. PT: Book Study – J&M: Chapters 15&16, *The So-Called Trials; The Crucifixion***
- Oct. 1: 5 – 6:30 p.m. PT: Saturday Night Live With Jeshua**
- Oct. 6: 4:30-6:30 p.m. PT: Book Study – Volume 8, Chapter 20, *The Value of a Human Life***

You have been -- all of you who are now choosing these words, this reality -- you have stood in your Christ Reality and you have said, "No. There has to be a better way." And even as you were choosing to be a certain Loving Being, even in the midst of chaos you were feeling and exhibiting your power, the power of the Christ. Always and forever, everything that you put together you have chosen. And if it allows the Love to come forth and you want to stay there, it is yours. If it is chaotic and you don't want to stay there, you have choice.

The only thing true is Love. That is the final piece of what we have been speaking about all of these times we have so met. The final answer to anything and everything -- it is to be at ease and to know the Love that you are.

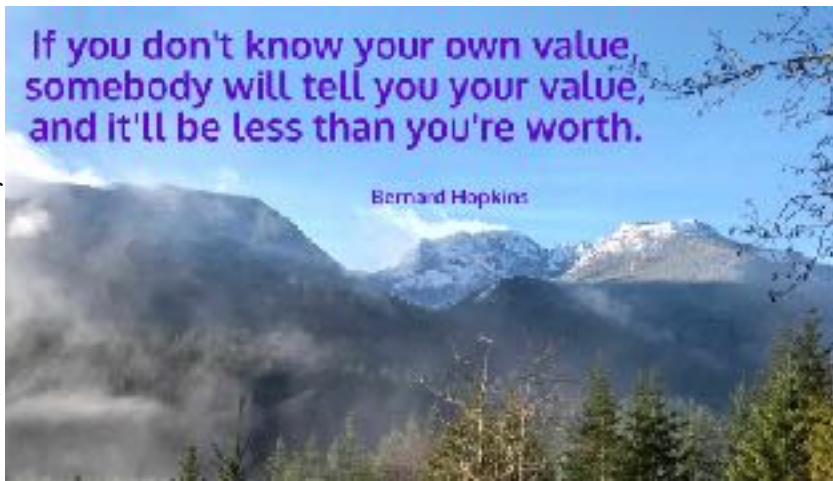
Love is forever. You have that saying, and yet you have played with it. And you have said, "Well, I thought this was the love of my heart. And then she turned around and liked someone else." Or, "He thought he wanted someone younger. And I'm sorry, but you know, I've got a few years of experience on me but I thought that was a gift." And it is. Allow yourself to know the value of you. You have much to share, not only from this lifetime, but from other lifetimes.

Every day, you make a gift for yourself. Every day you are the gift to other ones. And that often will help you understand your value as you -- for a moment or so just a quick moment -- you step out of self as you know yourself. And you look to see, "Hmm. how would that appear, how does that appear to other ones? Am I loving? Am I full of laughter? Good humor? Am I the wise one that looks beyond all of the



small circumstances and things that can be quite niggling? I like that word. A lot of the details of human life are niggling; N I G G L I N G niggling -- new word for your vocabulary.

There is One Mind and you share that Love. You share and you rejoice meaning that you come back to joy once again, re-joyce. Yes, your language gives you clues. We have spoken of this often how your language has a gift in it, every word that you choose. So, choose wisely



and choose with thought even if it comes tripping off the tongue easily. Stop for a moment and think, "What does that word really mean? What is the origin of that word?" And you will find that it has a gift in it. This is even more important and more gifting when you deal with what you call the foreign languages.

Now in truth, there is no foreign language. Any language, especially the ones that are extant in this time, you have already spoken. What we are doing now is bringing together all of the seemingly separate parts of what we have been speaking of for the last 30 years, in truth over the last 20 lifetimes, in truth over the last 30 lifetimes. And when we speak of various exciting ideas, such as space travel, and there is a part of you that says, "Oh, I think I know that. I know that from the big screen. But I think I know that from experience somewhere, somehow."

Of course, there is nothing new under the sun. Your sun, or any sun. "Ah, think for a moment, are there other suns?" Well, yes, actually, there are. Have you been other under another sun? Sure. Have you had the suntan here and perhaps on another heavenly body? Yes. Have you been perhaps the little green man who didn't need sun, lived in a cave somewhere? Yes, you have been there, done it all. That is your richness, the imagination, the stories that are told, your dramas that play out on your square box and your big screen -- the big screen of life. You've been there, done that and had your name in credits.

You know much more than what you are using in this lifetime. And that is good. What remains for you now is to realize the Isness of you, the Allness. I have called it the Christ Self. But it is the Allness from that very moment where you thought yourself to be separate. And yet you have felt the freedom of expression, the energy of expression. Even in this day, you have made choices as to where you would go, what you would buy, how you would speak to another

one. Every moment holds choices. And you have made choices. And you have come to a place of realizing, making real in your experience, that you are much more than each moment that you have gone along. And that's been a WOW moment. Because you have begun to realize the vastness we have spoken often of, the facets of the diamond. And how in each moment you are expressing a facet of that most wondrous diamond that you are, and the Light that it not only reflects, but brings from within to shine forth.



You are indeed -- you have the expression -- the diamond in the rough. And quite often you look at self. And you think you are, "Well Jeshua, if I'm a diamond, I'm certainly in the rough. Even when I play golf, it shows me I'm in the rough." Okay. You are the facets of the diamond and you are bringing it now at this time in your awareness to the place of recognizing Allness.

"Wow. Well, how do I do that?" By using God energy. You are, in Truth, a stream of God energy forever expressing the Light, the Intelligence, the Caring, the Oneness of God Light and Energy. When I spoke to you of the Father, I spoke of the Father as the Source. This was what I meant by the Father. Not as a separate entity above you, but a stream of energy in which you live, move, have your being. God the Allness that will always be there for you -- has to be -- God the Father/Mother/All That Is,

that stream of universal energy, universal consciousness as you tune into it. It is a stream that you are in always.

Where do you think you draw your being from? From the Isness that you are. "Is there a separate Isness?" Well, have a look at the flow of water, a stream okay. Look at the stream of flowing water. And where do you say, "Ah, there is a separate molecule." It streams all together; the vast ocean flows as one. You see yourself to be individuated energy, the molecule perhaps you would say of H<sub>2</sub>O. And yet, you are the Allness. How can you say that within the vast ocean the one drop of water is separate? It blends with the Allness of the ocean.

This is you -- the vastness of space as you understand space to be. And even beyond that because you are the maker of space. You are the maker of the ocean and at the same time you are the molecule that flows in the ocean. Forever beyond the confines of geography, of time, you are the essence of the flow.

Now, what do you do with this realization? First of all, you sit in reverence with it and say, "Boy, this is amazing. That I, out of the vast flow of the ocean, the drop of water that I am, I have made for myself a reality, lowercase "r," out of the uppercase capital "R", and I think myself to be just this? Huh, you mean I am part of the flow of the ocean of being?" And even more.

Now, I know that, at first, the concept of that seems overpowering. It seems like too much. And yet Beloved one, that is where you become the Universal Self that you are. Even beyond universal because that speaks



Photo by [Alex Perez](#) on Unsplash

of one universe and you are the maker of a reality that is beyond measure. Beyond the measure of the human mind: let us put it that way. You are -- because you have asked -- coming Home once again to that realization where you are making real in your awareness, "Maybe I'm more than this personality?"

You are saying "Yes" to life. How does that make you feel? To know that you are, first of all, in the flow of Life, you are a piece, an H<sub>2</sub>O drop in the vast Ocean as you understand just this part. And yet you are the Ocean, the ongoing-ness even beyond physicality

So Beloved one, treasure who and what you are. Realize, make real in your awareness, just how wealthy you are. Not so much in worldly terms, but in experiences, and what you have brought forth in what you would term to be other lifetimes. You have had many, many lifetimes -- more than you can imagine. And that is the most wondrous tool, the imagination -- to be able to dream of being on a spacecraft, to be able to

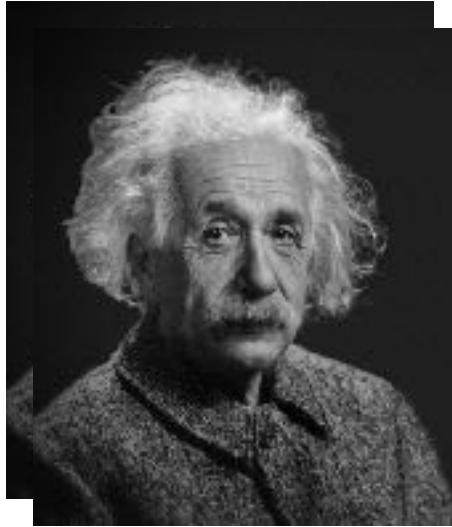
dream about going to the depth, inner earth and to be able to feel what does that feel like?

You are a most wondrous being. You make for yourself the most wondrous tableau of experiences. Not only the physical of how beautiful it is around the things that you can do, but the beauty of what you feel, and imagine and know. And you draw upon where you have been, who you have talked with. Have you talked with Einstein? Did you have ideas? And you said, "Hey, you know, sit down to a cup of whatever, perhaps a stronger drink than that? And what do you think about this formula?" Have you been there? Of course, and you have.

You have oftentimes been the one, the creative one, who seemingly created something in world terms. And yet, where did it come from? From the Allness of you. That is how fantastic you are, how rich you are. So, allow yourself to play. Play with imagination, play with, "Well I wonder, what other lifetime... was I ever...?" Well yes, of course; you have been the tiger, the lion, the fish, the dolphin. Yes. Anything that you can imagine, you have been. "Wow. Gosh, you know, if you started writing down all of the things you can imagine that you might have been? You would fill notebooks." But you've been there, done that. And now you are coming to the realization point that, "Yes, I do create my reality, lowercase 'r'." And out of the uppercase capital "R", you create everything you can think up and beyond that.

Now, this evening, when you put the head upon the pillow, take a deep breath. And you if you want to -- and some of you are able to do this already -- you can put in a request for the kind of dream that you want. And do not be surprised when you wake up in the morning and you say, "Oh,

you know, I went to visit Einstein. And we had such a great



conversation." Or, "I went to visit Grandma Moses. And she taught me



how to paint. I went to visit a Martian. And he allowed me to feel the reality, lowercase "r" again, but out of the uppercase Reality R." "He allowed me to feel how it feels to live on Mars and to breathe the Martian air. And it was good."

How does it feel to fly with angels? Very powerful. Yes. How does it feel to run on four feet and to be like the wind; to be the how many hands tall, yes, and to be able to know that power. You have been that. So, you ask and you pull it forth and you say, "Wow. Oh, this is fantastic."

Glenn: "You're bringing up the whole idea of what it is to be, to live on the

Ascended Earth as an Ascended being -- the joy of being."

JESHUA: Yes.

Glenn: "It's not dependent on the form; it's dependent upon the Isness that we are."

JESHUA: I think he's got it. By golly, I think he's called it.

Allow yourself to do that even in your daydreams. Allow yourself to go somewhere out of the usual just for the fun of it. Pretend for a moment or so just because you are free to do so. And you are -- no cost. You do not even have to buy a ticket. You can just do it.

You are Light, a great Light. The darkness is not overpowering. And it will not. You are the Light of the world.

So be it.

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## Back to High School

(Continued from page 1)

He is saying that we stand on the Threshold of Feeling, Knowing that we Be Love. "For God so loved the world that He gave His only (only one) begotten Son (you)" so that you could know, truly Know Who and What you are and come Home in that Love. It is yours for accepting: it merely requires Accepting (no *mere* thing, but always yours for accepting).

In Love, Oakbridge University invites you to cross over the Oak(sacred) Bridge from Human consciousness to Higher Awakening. Come Home, Beloved One. Activate, celebrate your Homecoming. Angels stand ready to welcome you.

In Love,

Judith

# Tired of World News?

You have been given a lot of stories about who you are and Who your Father/Source is. Your religions tell you stories. You are now ready to hear the Truth of Who you are. The Truth will set you free.

—Jeshua



Join us at Oakbridge University and Press in our Autumn Intensive as Jeshua, Mother Mary & Father Joseph, channeled through Rev. Judith Coates, lead us in a transformational Mountain-top Experience of Truth.

## Autumn Intensive The Mountaintop Experience October 26-29, 2022



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**Evenings:** Jeshua, Mother Mary and Father Joseph channeling

**Cost:** All Four Evenings and Workshops:  
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