

Jeshua Speaks About: THE TSUNAMI

Beloved one, recently we spoke about the Ocean of Being and how you are never separate from the Ocean, your Source of Being. Now we are going to talk about how it feels to be the wave coming up off the Ocean. How does it feel to be the spirit of energy, divine Light energy, coming up, expressing for a while—a short while, a long while—expressing the divine nature of you? How does it feel to come truly alive in that spirit?

As the wave of energy that you are, you can be quite peaceful, just lapping at the shore perhaps, or you can be quite tumultuous and feeling the power of the physicality of the wave. You have watched the waves. Perhaps you have gone on a boat and felt the energy of the wave pushing the little boat or the big boat or sometimes what is called the ocean liner which goes on the vast ocean.



There are times when you are out on the vast ocean and you can see the waves being stirred up by the wind. That is happening right now within your countries. It is what is happening in your drama of human life. There is much that is being stirred up to ask of you, "How do you feel about this? Do you feel peaceful within? Can you keep the peace within, and looking out, watch everything else which is going on?"

It takes some breathing. It takes some focus of saying, "I know where my center is. I know the energy of my life, and I *choose* either to ride the waves of energy which are being stirred up into quite a big wave or to come to the place of peace within."

That place of peace is always with you. Anytime you feel the need to be aware of it, take the deep breath, and it will bring you to the place of being more centered. And if the energy of agitation comes at you one more time, breathe and come to the still-point within you, which is always there. That is the spirit of you, and never can you lose it. Never can it be taken from you.

Allow yourself always, when you feel a bit of the tumult which is going on around you and sometimes within you as well, to take the deep breath, to feel the peace which comes with the deep breath. It is something that you have known many lifetimes: how to come apart from the world; coming apart not into pieces, but coming apart from all of the chaos which is swirling around you, and find the deep peace which is you, the spirit of you within.

So whenever you feel that the world is too much with you—and there are times when you feel that way, espe-

APRIL 2021

JESHUA EVENING: NEW TIME AND

NEW BOOK STUDY CLASS

Beginning with the May 1st Jeshua Evening, we will be meeting at a new time. We will be moving to a slightly earlier time, at 5 p.m. Pacific Daylight Time, to accommodate the wide range of time zones across the United States and around the world. So check your time zone to see how this affects the meeting time in your area, and Jeshua will Zoom in!

A new book study class will begin on Wednesday afternoon, April 28th, facilitated by our own Bill Evans. We have been hearing many requests for another book study since the last class finished in December, and now Bill has consented to lead us in reading and enjoying another good book published by Oakbridge University Press: *Jesus and Mastership, The Gospel According to Jesus of Nazareth*.

This book was authored by Jesus through the Rev. James Coyle Morgan by what is known as automatic writing. One Saturday evening in 1970, Jim, a minister in the Unity church in Fresno, California, went upstairs in his home to his office to put together some notes for his talk the next day. The beginning of this book is what came through that evening. This book is the

(Continued on page 6)

ANGELS

Gold Angels:

\$500 - \$1000 per month

Silver Angels:

\$100 - \$500 per month Bronwyn Brock, Judith Coates, Bill Evans, Gateway Community, Darrell Gray; Robert & Shirley Ippolito, Robert Keiffer, Pat & Charles Mawson, Victoria Maunton, Barry Peterson, Timothy West, Benita Woody

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\$50 - \$100 per month Connie Cummins, Eva McGinnis, Diana Nicholson, Kenna Raymond, Trudi & Don Robinson, Josie Johnson-Rogers, Jennifer Pittman, Carl Joseph Sabol, Alvin Schultz, JoAnn Stender, Irene Stewart, Judy Sumrell

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Oakbridge Mailing Address: P. O. Box 485 Sequim, WA 98382 cially if you listen to and look at your square box (the television) a lot—you will feel that there is much of chaos which is happening around you, and if you do not remember to breathe, sometimes you feel yourself caught up in the energy of the world. And that is okay. That is one of the things that you have asked to know so that you can bring yourself back to peace.

Allow yourself to know that always the spirit of you is in charge. Do not feel that you are going to be overtaken by the affairs of the world. That thought can come very strongly to your doorstep, and you can feel that, "Perhaps there are going to be changes that I don't like. Perhaps I am not going to be as powerful as I would like to be."

Then you take the deep breath and come Home one more time. You take the deep breath which brings you to the center place. I speak of this to you now because I have felt your energies being drawn one way and another way, even with the so-called work that you do, which is actually a joy. But sometimes it can be, "Oh, I have to get this done. I have to contact so and so. I have to answer that email. I have to...," to the place where the peace which you are seeking seems to be just beyond the reach of the latest email and you are not sure you can reach that far.

But the secret, and you have found the secret, is to breathe the deep breath and allow the peace which it brings you to come within, and abide within that peace.

Now, as we spoke the last time we met in this way about the ocean of Being and how you are as the wave which comes up off of the ocean and expresses for a while, sometimes the wave is very big and very strong and very rapid. Sometimes the wave is smaller and more peaceful. You are, can be, the energy of the wave. You can feel yourself totally and completely energetic, really alive. And at the same time, there is a knowing, a deep feeling of peace. Allow yourself to abide in that peace.

Issues of the world will always be around you, but if they ask you to get upset about something, you do not have to get into that energetic field. But if you do, you know how to come Home: one deep breath; another deep breath; perhaps a third deep breath, and you are Home. However, it does not mean you will stay there.

I have watched you. Sometimes you will touch Home and say, "This feels good; oh, but what about so and so," and there you are in the middle of a bit of the energy again. Then you take the deep breath and say, "Well, it doesn't matter whether this piece fits into that piece or if I've got the right knowledge to put this together. It's all

Upcoming Meetings and Events

April 3 7:00 p.m. Saturday Night Live With Jeshua "Living the Dream Awake" (Via Zoom) No in-person attendance. Thank you.

April 17 3 – 4:30 p.m. "Diving Deeper" On Zoom

May 1 5:00 - 6:30 p.m. **SNLWJ** \$25

May 15 3 – 4:30 p.m. "Diving Deeper" On Zoom

July 18–23 The Jeshua & Family Advance in Port Angeles, WA. In person and on Zoom. Hugs!

Oakbridge University Center: 101 Emerald Highlands Way, Sequim, WA

going to work in divine order and divine timing."

There is something in your world called timing, and you will often get caught up in time. However, as we have spoken many times, you are the maker of time. You are the maker of your reality—lower case "r". You are the maker of, "Oh, my goodness...," and you are the maker of, "Ah, that feels so good." In other words, you create your own reality moment by moment.

So if you want to be stirred up and excited about something, if you want to be in a place of turmoil, try it for a while. When you get tired of it, breathe; breathe as the spirit of you and come Home. I will meet you there.

There were times when as a small one I understood the energy of Being; just being the small one that knew I was alive, I was taking in information. I was making judgment of how that information looked and what I could do with it. But I also knew the energy of spirit, and I knew my Oneness.

You know your Oneness when you are peaceful, when you are in the place which says, "I am okay. I am a divine treasure made in God's image and likeness," which is why we can say that you are the wave coming off of the ocean. You are made in the image and likeness of that vast, vast supply of energy, however you want to use it.

At all times you are vibrating. If you want, you can put it into physicality, on a wavelength of being, as a wave. You express sometimes a very high wave with a lot of power, and later on perhaps in the physical expression you allow the wave to become a little more gentle until finally it blends back into the vast ocean of Being.

Or you get to a place where you say, "I'm not finished yet," and you keep on keeping on. You say, "Okay, I

want to come crashing against the shore." And you do that for the sheer fun of it—fun, amusement, joy, expression—because you can; for no other reason except you can.

So you create in your own image and likeness the energy of the wave, and you go forward creating, perhaps beating against the rocks. Oh, I have seen you do this a few times as the wave that you are, beating against the rocky shore and saying, "I am in charge here. How can these rocks be in my way?" And if you do this long enough, you will wear them down. I have seen you do that. Or you wear yourself down. Yes, you know that feeling.



Now, once you get the knowing, the feeling, the truth of Being that, "I Am the ocean, I Am in potential All That Is, I Am—full stop, period; I Am"—once you quit believing in the world, all power is given unto you. So you create your reality, and if you do not like what it turns out to be, you re-create. You can take that to mean recreation as well, because sometimes, as you have felt, you need a change of scenery in order to change the thinking, the feeling, the creation process. So you re-create something as recreation.

Your words are clues. If ever you want to know a deeper meaning, abide with whatever word expresses what

you are feeling, what you are asking, and it will give you a clue. Abide with it for a while and see what else it has as a gift to give you. Look at the derivation, which will give you even more of a clue. See what secrets are within the words. You have put all kinds of information and clues and little signposts in your words.

Now let us take it one step further. There was something that I did, a story which is told of me, when I was a small boy, perhaps three/four/five—we will say five years old perhaps—and there was a bird by the side of the road. My fellow playmates who were walking with me said, "Oh, look at that dead bird." And I knew that the life force never is extinguished. The wave, even if it is not expressing as a wave, has the potential of Being, and it will come to be again even if it has gone back into the vastness of the ocean.

So I knew that the bird still had the potential of life. Where else would that potential go? It was right there with the bird, not being activated at that point. So I took the bird in my hand and said quietly to the small one, "If you want to, come forth." And there was a feeling of energy.

You have this power as well to suggest with your friends. Maybe they are going through a time right now which feels like hell itself. Maybe they are homeless. Maybe they do not know where the next meal is coming from. You can point them in the direction of the food bank. Or you can give to them of the largesse that you have; many answers, many roads. You can suggest.

So I did this, and the bird decided, "Well, perhaps, maybe I'm not finished." And as my playmates would say, it came back to life. In truth, the potential for life was there all the time, the same with you as you are expressing. You have a physicality; sometimes it works and sometimes it is a little bit harder to get it going. But

the life potential is always with you as the wave that you are.

Sometimes if ones looked upon the vast ocean and you were not activating yourself as the wave, they would say, "Well, he/she is gone." But no, you were still there. And the beautiful part of it is, you can be called forth at any time. Hear me well. You as the potential of the wave are unbroken from the wholeness of you.

"But Jeshua, you mean I don't have to let this body decease and have some-body burn it up so it can be smaller and put into a little urn and maybe put it on the mantelpiece so that ones going by can say, 'Oh, that was James. He was a fun guy'?"

One can come—hear this well now—to those ashes and call forth the spirit of that one, and then, if the spirit wants to activate that which has been the bodily form, it can be done. You have the story in your holy writings where I called forth Lazarus from the tomb. The bodily form—any bodily form—is not the be all and end all. You have seen this, because you have said, as you can remember other lifetimes, "I know I had a lifetime where I was not even a human body; I was a bird, and I still have the beak to prove it."

You have expressed in all different shapes and sizes and forms for the sheer fun of it. "Well, Jeshua, I didn't enjoy it very much when I was a tiny little bird and someone came along and decided that they were going to have a bird meal. They hit me over the head and decided to roast me." Were you in that form at that point? "No, but I was watching."

Allow yourself to look past form. Allow yourself to understand that that form—if you want to call it a cow, a pig, a chicken, whatever you are going to say might make a meal—to look past the form of it and know that the energy of life is never extinguished, even though you might take

that chicken and toss it into the oven or boil it on top of the stove, whatever you do. And you might eat of it and say, "Oh, this is very good." And the chicken says, "Well, I'm glad *you're* enjoying it.



Allow yourself to have a wee bit of humor as you go through life. Know always that you are life itself. You are alive, and you will never die.

Now, I am held up as very God because I "came back to life". I was resurrected. Of course. You are also... you have had other lifetimes, other forms. Where are you now? You are resurrected. You have made a new body for yourself. In Truth, part of my scripting was to seem to resurrect the old body. And I said to ocean, "I'm not quite sure I want to do this."

And the ocean just kept on doing its thing. And I said, "Can't we do this another way? And the ocean just kept doing its thing. And I said, "Well, you know, there are other ways that I can make demonstration. I can find another bird that needs to be resurrected and I can bring that to life in front of the multitude." And the ocean just kept doing its thing. So I said, "Well, okay, if you insist. I'm not really keen on this, you know, but I know that I am not the body."

You are not the body either. Yes, I know the body yells at you from time to time. And yes, I know there are times when the body says, "Hey, why don't we just give up on this? You know, life is not much fun, and I feel really like maybe this is one of my last days to have to move this body

around and make some example of it. Maybe I'm finished."

You are only finished when you declare you are finished. And I have news for you: even the finishing is not the finish. And very soon after, you let go of your focus upon the body and say, "Oh, thank goodness, that's all over. Now I can go to heaven and just be the ocean, the water, etc." And as you sink back into the vast ocean of Being, there may come a feeling, "I wonder how it would feel to be one of the stars in the heavens. Can I try doing that?" Life, and its expression, continues.

So, now that we have talked of the vast ocean of Being and how you are an expression—we will call it the wave, an extension perhaps—of the vastness of All That Is, what happens when there is an idea that you really get excited about? You tell it to a friend and they say, "Wow, do you think we could really do that? Do you think there'd be any point in trying to do that? You know, that's a great idea, but I don't think anybody's going to have the courage to do that."

And then you meet another person and say, "You know, I've been thinking about...." And they say, "Well, gosh, that would be really...oh, it would be a miracle if we could do that." You say, "Let's think about it." And after a while you get a group together that has a certain new way of thinking, a new avenue, a possibility of something, and you speak to another one and you speak to another one, and they catch onto this idea. And before you know it, there is which is what is happening now—an awakening; people catching a glimpse of the ocean and the non-separation from the ocean of Being and the power of the ocean to express.

This is happening now. Ones are interested in angels. "What are angels? How do they have discourse and interplay with me? How can I think of other realms? And what happens

when I look out to the evening sky and there are these pinpoints of light, these beautiful, vibrant lights up in the heavens? There are so many of them. I tried one night to count them, but I couldn't think of numbers that went that high.

"All of this beautiful, radiant light out there, where is it coming from? Why is it out there? What is the meaning of life? Why am I breathing? Okay, I tried holding my breath, but that didn't feel very good. Why? Who? Why am I? Who am I? Where am I going? What am I going to create? What have I created? Who are you? You're in my life. What are we...you know, we might be...I heard this crazy, off-the-wall idea that we're all an extension of God. I don't feel very divine. I don't even make divine decisions. How can I be an extension of God? How can I...but you know, I could be...well, I'm alive, and I get ideas from time to time.

"And there are times when I meet someone and I feel completely, radiantly alive with them. They get an idea; I get an idea. And it's like, Oh, I feel alive in that moment. I feel like... turned on. I love that feeling. I'm turned on. Okay."



And this spreads. This is happening now. It is called the Awakening, and it is the tsunami. It is building. It is happening, and you are in the midst of the beginning of the vast wave of the tsunami, because you are listening to these ideas, and these ideas are turning you on to a vastness that you do not always think about day to day, but, "Hm, you know, I heard this idea. It really was exciting. I don't know if it can be true. I don't think it can be true, you know. Is it true? What do you think? You've heard of this idea, you know, that we're part of the vast ocean of Being. That kind of struck a chord within me, and I really felt... well, maybe like something like that could be true."

One by one by one by another one; pretty soon you are going to be the tsunami. It is happening. It is happening, and you are part of it, because you have said, "I am willing to think about things that a lot of people don't have any time for. They would say, 'Well, what's that worth? How many dollars am I going to get with that one?"

Well, try it and see. And maybe there is something worth more than the dollars, the money, the pesos. Maybe it is worth coming alive. It is worth coming alive and realizing—making real in your knowing—that you are more than just the individual wave.

That individual wave looks around and says, "You know, if we join forces we can probably roll that log that is up on the beach a little farther. And next time we'll roll it a little farther. And the next time we'll push it until it's up into the tree line. Huh, what power."

That is the power of the tsunami. That is the power that you are. It is called the Awakening to your being, the whole being of you awakening. It is a tsunami that is gathering, and you are part of it. And you do not have to do anything except perhaps to muse about it and say, "How would that be if I were part of the vast ocean? How would that feel? You mean, Jeshua, that when I get finished with this expression, I still am part of the ocean of Being? I still have the potential to ex-

press? I want to come back as an angel or perhaps as a snail. I could try the life of a flea. Fleas have a lot of power. Did you know that? A flea can get on an animal and drive it to run wild; a little tiny thing like a flea; the power of being; a miracle."

You are a miracle. You are the miracle. You are part of the growing tsunami that is going to push all of the dead wood, all of the old thinking out of the way and come truly, completely alive as the energy of the wave, the energy of the tsunami

Think you upon that for a moment or so: the power of a tsunami. "Well, I don't want to be destructive." A tsunami has been judged to be bad, destructive. But in truth, no, the tsunami is making way for something new; it is clearing that which has been, and served its purpose, for newness; newness of life; a new way of looking at things; a new way of expressing. There is a vastness of untapped expression.

You think that this is all there is and that perhaps like with the spaceships you send to another planet to dig in the surface of the planet to see what history it has.... You have been the history of that place. You have been. You have within you that history, if you want it.

You can go back and draw from the adventure of being on what is termed Mars. You have been there, done that. You have it within the knowing of you. What they are going to bring back as evidence of history, you are going to say, "Well, I knew that very deep within me." It is exciting to go back and revisit, but it is a re-visit.

The tsunami is in one term, as you look at it, destructive, because it is wiping away that which has been, but it is also exciting because it is clearing a path for new being, new creation. And being the extension of the ocean —or as we have said sometimes the

one Creator—you are creative, and you are creating all the time.

That is why I prophesy that there is going to be a tsunami in the thinking because we have done it before, because we are creative as the little wave which becomes the big wave which allows for new expression. You have seen the waves on the shore, and you have seen how they make way for new expression; and the tsunami of ones coming together to make way for new.

It is exciting. And it is not going to do away with you, because you are part of it; you are part of the vast ocean of Being. Never will you be extinguished. Always you will be going forth creating and re-creating. And I join with you in the joy of the tsunami. "Behold, I make all things new."

So be it.



NINE DAYS IN THE HOSPITAL

Irene Stewart

I was in the hospital for nine days. It sure has been an interesting experience...to say the least! Diagnosis: Cat-Bite Fever. My cat bit me. I've had many cats and dogs over time, so I gave no thought to it. It turned out to be big time serious. I'm home from the hospital (since 2/27) with a stent in my arm delivering an antibiotic one time a day.

I learned a lot about myself and how I relate to people and to life challenges. From talking with the hospital staff, I learned about the stress they are under (from the pandemic and even before it). Walking into my hospital room, I could feel the tension heavy in the air. Few people are smiling or happy

anymore. They are simply there... short-staffed and overworked. Doing what they are called to. They seldom get a thank you or any appreciation, the nurses told me. It shows. My heart went out to them.

One morning I woke up about 2 a.m. with a great idea—to cheer-up the staff. (I believe I was being instructed by Jesus or Mother Mary, because earlier that day I had asked them what I could do to help the staff feel better.)

This is what I was told to do: Tear up strips of paper and write on each one a Loving or Positive short statement. Give one to every person who came into my room. Instead, I had each person pick one. I told them that whichever one they picked was right for them. It seemed to be so! After reading the statement, they each said yes, and smiled....

Maybe because hospital people do as they are told, everyone but one young lady took one. The young lady who said no to me was an angel, I believe. Really, that was how I saw her. Everyone else answered yes to my question: "Would you like a positive statement for the day?"

WORD SPREAD. People who would not normally come into my room came in and asked for one.

Most interesting thing, I did not hesitate to tell the hospital staff what to do. When Mother Mary and/or Jesus are telling you what to do, you just do it!

NEW BOOK STUDY CLASS (Continued from page 1)

story of Jesus' life from age 18 through the Resurrection, written by his own hand and in his words.

Tom, my minister husband now deceased, and I knew Jim and his wife, Audre. *Jesus and Mastership* is the first book Oakbridge University Press published.

The study classes will begin Wednesday, April 28th from 3 to 5 p.m. PDT on Zoom. See our website to register. (You'll be glad you did!)

--Judith

JESHUA Q&A

PROBLEMS WITH TEETH?

What is the meaning of problems with teeth? Are there any golden tips, advice, or blessings from you?

Yes. This is, as you have discerned, a time of decisions. Ones are putting themselves into various groups. They are doing this by their own accord, and there are decisions that are being made daily as to, "Who am I? Where do I belong?" Ones are wanting to know the Christ of themselves; that is what it comes down to.

So, teeth often allow you to bite off more than you can chew. Sometimes you get a whole mouthful of stuff and you say, "What do I do with all of this?" Well, there is no law that says you can't spit it out and start over, but that's a bit drastic. There's no law that says you have to keep chewing. You deal with whatever you're going through in the most healing way for yourself, and I say that with lower case "s", for the self that is activating the body.

In other words, be kind to the body. If there is certain healing that is needed, allow time and the expertise of ones who have made this their specialty to aid you, help you through a time of healing. It is true with any part of the body, any part of life. There are ones who have been there, done that, and they know techniques, they know ways of coming through that which needs to be healed.

So you go to your "experts" and say, "Help me. Give me a little bit of guidance. Tell me what is going on and what I can do." Now, it is most interesting. When you go to some of your "experts", you know that there is an answer. You know that there is going to be healing. The outcome, you trust, is going to be wholeness. So that is why you go to your experts and ask them, "How do I get from here to there?" And they, because of their studies, because of previous lifetimes, because of what they have read recently that seemed helpful, they will suggest to you whatever modality seems to be needed.

Patience is a big part of healing. There can be instantaneous healing, and I recommend it, allowing yourself to go from that place of saying, "Oh, how I suffer," to, "Oh, I'm healed!" And it can be that fast. But usually there is a time interval of healing. For some it's longer, for some it's shorter, and there is no judgment in that.

If it takes you a lifetime, or several lifetimes to work with a physical condition, you do not need to judge yourself and say, "Well, there are others who got over this much faster than I have; there are others who know their healing much faster," and to keep yourself in a place of, "Oh, I'm not good enough." But whatever you are working with, know that truly you have a goal, you can visualize it, and you will reach it. And do not judge the time interval in between.

Yes, some heal faster than others. Yes, some know instantaneous healing, and you say, "Oh, why can't I do that? I've been working with this problem my whole lifetime." Yes, but there are others who are working with it for the

tenth lifetime. They haven't yet come to that, "Aha!" place where they know their wholeness. And that is not said in judgment. It is just said that that's the drama of human life.

If ones stay in that drama for a while, okay. Because what is time? It is something that you have created to play with, to play *in*. So if all of the parts of the body seem to be in a place of non-movement—and I'm speaking of healing, but I'm mostly speaking of the body—allow yourself to focus on that which is working right, and say, "Wow, you know, out of the multitudinous number of systems within this physical package, there are so many that are working right. Thank you."

You thank the Christ being of yourself that, "Hey, I can breathe. Hey, I can see. Hey, I even have my sense of taste back again. I may not be able to move the body, but I have the sense of taste." Whatever. Focus on that which is working. The same is true for any system of government; focus on that which is working, and working with the people for the wholeness of the whole.

You have much that is in upheaval, but that is very much like the plant that has to upheave all of the grass and earth above it to come to the sunshine. So do your part. Rejoice in your part. Know that truly this is one more day when you have upheaved some of the stuff that seems to be keeping you down. Say, "Aha, another upheavement." I know, I make up the words, but that is okay.

So do not judge the Christ of one, including yourself, as to time limits. Be as this one right here says every morning, "I'm alive. Hey, miracle of miracles, I am still here." It is true for all of you, no matter how many days or

months or years you have put together this lifetime. Acknowledge the Christ.

SERVICE TO OTHERS

Where did the idea of service come in? Service to others.

It came from a truth of your being, that there is no separation between you and all of the other examples of Godhood. And it was to be expressing in energetic form as the One that we are.

If another seemingly separate part of you/us/the One seems to be going through a dark time, it was to say, "Hey, lighten up," to be of service, to bring other ones up. Or, when sometimes you've been feeling down, it is to ask of another one, "Will you be there for me? Will you help me get through this time?"

Well, of course, because there is no separation, so they are going to help you. And then that has been termed "service". It is not necessary; in other words, it's not something that, "I have to do because I'm here, and that's what I should do." You do it because it brings you up as you are allowing others to know healing for themselves.

And when I use the word "healing", I'm not speaking just of the body. I'm speaking of the spirit that sometimes feels a bit put down; to allow it to become healed or whole again.

"PEACE AMIDST CHAOS", a two-part interactive PLAYShop, will be presented by Bill Evans and Darrell Gray at 3 pm on Saturdays—April 24th and May 8th—from 3-5 p.m. PT. Be prepared to experiment and try new ways of creating Peace amidst the chaos of our life. Cost is \$44. To register, go to https://oakbridgeuniversity.org/Classes/Peace/.