

Jeshua Speaks About: PATIENCE IN A TIME OF CHALLENGES

JUNE 2020

Beloved one, you have made for yourself a most wondrous time, a time out, as I have heard it called, a time of change which has come upon you rapidly. And you have quite wondered, "How could this happen so quickly, from a change of what I thought was 'normal' to a place where seems encapsulated, everything changed, a different view, looking towards things that I have not had time to look at before, and making time now to go deeper and deeper within the self," deeper and deeper to a place where you now have the time to go within.

I have seen some of you most frustrated by having time. It is what you have been wishing for. You have said, "Oh, if only I had time, I would do X, Y, and Z. If only I had time, I would read all of those books that I've wanted to read. If only I had time, I would take up that wondrous hobby that I would love to do."

Well, you have gifted yourself some time, time out to do something different. I see you floundering, wondering, "What should I do? Where should I go? Where can I go? How can I be?" And then I see you—most wondrous magic of all—taking the deep breath and saying, "I Am," and allowing yourself to come to a place of peace within the heart.

That is truly part of the gifting of this time: to know that truly you have made this time out for yourself, and you have made this time a time of change, because you have been *asking* for change. I have heard you. Not only this lifetime, but in preceding lifetimes you have called unto the Father. You have called unto me. You have called unto my mother.

You have said, "I want to have time to delve deeply into the spirit of me. I want to pray. I want to know. But I have to get the crops in. I have to take care of the animals. I have to take care of my brother and sister. I must take care of...." And by evening time you are saying, "I must take care of me." The head goes on the pillow, and you say, "Tomorrow I will do X, Y, and Z."

Now you have made for yourself some time. I have seen some of you adjusting peacefully to it, happily to it, and I have seen many of you adjusting to the place of frustration. "What do I do now? How do I do now? I am tired of having ones say that I have to be self-contained within the dwelling place."

So you have been getting quite creative. I have watched you as you have found a way to expand the energy that you are, to come to a place of knowing how vast you can be, where you can go, what you can do, keeping in mind, of course, the social distancing of the six feet from everyone so you can breathe of your own air, and may it be good for you.

THE ADVANCED INTENSIVE

We are pleased to announce that this summer's Advanced Intensive will be held as planned, (with some slight modifications), the third week of July, beginning on Sunday evening, the 19th, through Wednesday evening, the 22nd, 2020. The theme of this year's gathering is 2020 Vision: The New Beatitudes.

All events will be held via Zoom teleconferencing, brought to your home.

Similar to last October's Intensive, mornings will be open for each individual's meditation/contemplation; afternoons, beginning at 1 p.m. PDT, will be an hour of Jeshua interacting with participants, followed by a workshop (approximately 2 to 3:30 p.m. PDT) by one of our outstanding guest lecturers (to be announced). Evenings from 7 to 9 p.m. PDT with live sharings by Jeshua, Father Joseph, Mother Mary and/or Mary Magdalene: lecture and questions.

Because one of the great gifts of each Jeshua gathering has always been the friendships shared by the Heart Family, there will be a half hour of time for attendees to share with each other before each evening Zoom session. Tune in early to chat with each other! (Sorry; only virtual hugs this year....)

Please see our webpage, www.oak-bridgeuniversity.org, to register. Cost of tuition is on a sliding scale. Workshops are separate. Suggested donations for the workshops: \$25 each or whatever you feel guided to give.

This summer, if you can't go Away, go Within! --Judith

ANGELS

Gold Angels:

\$500 - \$1000 per month

Silver Angels:

\$100 - \$500 per month Gaynel Andrusko, Carmen Grace Blair, Judith Coates, Bill Evans, Darrell Gray; Robert & Shirley Ippolito, Vi Robinson, Benita Woody

Sponsoring Angels:

\$50 - \$100 per month Connie Cummins, Judy Hill, Willie & Josie Johnson-Rogers, Victoria Maunton, Eva McGinnis, Kenna Raymond, Trudi & Don Robinson, Alvin Schultz, Irene Stewart, Judy Sumrell

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Oakbridge Mailing Address: P. O. Box 485 Sequim, WA 98382 Phone: 360-681-5233 Take a deep breath right now. Inhale and hold it. Hold it. Hold it. Hold it. Exhale. If you will do that ten times in the morning, it will transport you to a different place. No, I do not mean back to the bed. It will transport you to a place of energy, because when you are allowing the breath to energize the body, you are inviting much more of the energy.

Ones of you have asked, "Why do I feel so tired? I feel so tired." BREATHE. It is the secret. If you will breathe, first of all, deeply and hold it, as you just did, letting it go, and then rapidly taking some breaths, up to the count of ten, breathing-in, out; in, out; in, out-allowing yourself to come to a place where you feel a bit more energized...now, I have seen you do this, and I have seen you afterwards saying, "Oh, I'm tired." And yet what you have done is take into yourself the energy of the air, the oxygen, and you have allowed each cell of the body to have been called into play; not into work, but into play, allowing yourself to come up higher in understanding the energy that you truly are.

Every morning when you first get out of bed and put your feet upon the floor, breathe deeply. Hold it for ten counts and then let it go. Feel yourself to be energized by that breath. I hear you: "Oh, Yeshua, if I do that, I'm going to want to go back to bed." Well, if you go back to bed, then the

next time you put the feet on the floor, do the deep breathing again. And if you do not even get out of the bedroom all day, because each time you do the cycle you go back to the bed, that is okay too.

Energizing the body is easy to do. The body at first will say, "What is this? This feels different." But when you were in what you call your younger years, you would bound out of bed and breathe as you were bounding, and you would be so excited to see, "What am I going to find out today?"

Then you get a bit older and say, "Ah, I've been there, I've done that." Do it again for the first time. Remember you the times when you played with the football and the exercises that you did? Remember those exercises? In the morning on the morrow, before anything, allow yourself to do a few of those exercises, and you think you will say, "Oh, Yeshua, I have to go back to bed; I'm so tired."

You will not. You will feel energized. That is part of taking in the youth of yourself, remembering that spirit of youth. And yes, the body will respond to it. You have been wondering, "Why do I feel a certain way?" Maybe tired, oppressed; maybe held in because there is certain restriction. The breath is your secret. The breath —first thing you do when you take form is the breath. Last thing you do when you exit the body is to breathe

Upcoming Meetings and Events

June 6 7:00 p.m. Evening with Jeshua \$25 "Miracles" PLEASE NOTE new TIME

July 11 7:00 p.m. Evening with Jeshua \$25 "Freedom" PLEASE NOTE: These Jeshua meetings are available only on ZOOM. No in-person attendance. Thank you.

Book Study: Jeshua's Volume VII: "Absolute Love, Infinite Light"

Begins June 24 3-5 p.m. PDT . See oakbridgeuniversity.org to register.

NO Movie Night in June.

Oakbridge University Center: 101 Emerald Highlands Way, Sequim.

that last breath. Meantime, keep it up. It does the body good.

I have heard you calling. I have heard you calling to me, asking, "How do I get through the fear which is attendant upon this plane? How do I get to the place of feeling safe?" It is, again, through the breath. It is taking that deep breath, and with the exhale letting all of the fear, all of the worries go. Yes, they will come rushing back, but then you breathe again.

This is a time of birthing. When you will speak to the mothers that you know, they will tell you that the breath is most important in birthing. Every breath, every push of the breath helps with the birthing. It is to energize the activity of spirit as it works through you.

If you are of the male body, you are birthing also. You are birthing a new consciousness, and upon the breath comes the awareness of change, the awareness of a shift in consciousness which you have prayed for. Do not say, "I didn't ask for that," because truly you have asked.

As long as you want to stand with your back to change, you will stand there and wonder, "Why am I feeling so oppressed?" Allow yourself to pick up the energy and go with the flow, as they say. Go with the energy of the flow. Get yourself into the space where you are feeling, "I sense a new season of change coming upon me." You are making for a change of seasons, even in the physical. You are birthing a new time, a time of change.

You may say, "But I didn't know all of this was going to happen. I thought I was just going to keep on keeping on, maybe make a few little changes, and what is happening?"

Well, I have news for you. You are being the mother, and you are birthing a new consciousness. The mother has gone for a number of months growing a most wondrous idea, as you have been doing, and then all of a sudden something happens in the body and she says, "Oh, my goodness, it's happening."

The birthing process comes into being, and it seems to take over the body. It seems to take over that which you have known and been familiar with, that which maybe was not exactly comfortable—as is the nine months of carrying a big weight perhaps—but all of a sudden there is a change and the mother will say, "Oh, my, this is what I have waited for."



This is what consciousness is saying right now. "This is what I have waited for, but I didn't know it was going to be so laborious." I have news for you: birthing involves some labor, and that is what you are going through now. Even when you are doing your social distancing, even when you are putting into play different rules, different ways of being, this is part of the birthing process.

What you are bringing into conscious awareness will be, in time, most obvious to you. It is as you are the mother giving birth, and you do not know what this new being, this new awareness is going to look like. Maybe you have seen a picture of it; maybe what you have seen has been a bit amorphous, and you have said, "Well, I'd like this quality, and I'd

like this quality, and can we bring this all together?"

Well, that is what you are doing in the birthing. No, it has not come to a place of individualized energy, but it is **in process, and you are in labor**. Count it all as good.

I can hear you. You are saying, "Gee, Yeshua, I didn't know this is what I was doing. I thought I was just trying to escape a tiny little virus that was going to attack me." That is just some of the motivation. Always there is motivation, and that which you have feared has come upon you, but not to do you in.

We have spoken of this previously: that no one lays down the body, releases the body, before their time. Bodily life cannot be taken from you. Even on the battlefield it has been proven over and over that one can be standing next to others in a group perhaps, and six out of seven take upon themselves the means to allow the body to decease, and one is left standing. Why? The invitation to mow down everyone in the line has been there, and six out of the seven have responded. This one is perhaps wounded but has not given up the breath.

No one exits without knowing a plan, without being in the order of what they have said they would do. And I will share with you that there are many who are exiting at this time because they have completed what they said they would do, and they are most anxious to come back in the new consciousness. There are many who are deceasing the body for various reasons, this little crown of thorns being a good reason, and others are leaving for other reasons so they have choice to come back in the new awareness that they are giving birth to.

There is much of change upon this plane, and it is change which you have asked for. You have said, "I

want to usher in a new consciousness." You have said, "I will go; send me; I will take form; I will usher in a new consciousness."

Then you have come, there has been the form, and you have played with the form. But then you have said, "But where is the new consciousness?" Rejoice. You are bringing forth the new consciousness, and it is with the birthing pangs, yes. But as is so true with human birthing, it is well worth the labor. There is celebration. Make you the plans for celebrating.

In this time of waiting, make plans for how it will be, how you will be in it, and be patient with the labor. Yes, sometimes it can be painful. Yes, it can be tedious. Yes, it can seem to be a lot longer than you would want it to be.

That is where you are sitting and standing right now. "My God, what is happening?" It is what you have signed up for. Rejoice.

Know that truly that which you do, you do not do alone. You have many of the ones who do not have bodily form—angels, you call them—who are helping. They are singing. And if you listen closely, you can hear the singing. This has happened to some of you in your times of quiet, in your times of meditation, where there has been a feeling which has come, and you have wondered, "What is that about? What was that that I just heard? Oh, I must have been imagining."

Well, I would say to you, what is imagination? It is something that is all around you at all times, and yet it takes your focus to bring it into awareness. Allow yourself to rejoice. Allow yourself to say, "Hey, you know, I didn't know this lifetime was going to be about birthing. One of the reasons I chose the male form was so that I wouldn't have to go through the birthing process," some of the male ones will say.

Other males have said, "Well, you know, really I have that feeling of birthing something, but I'm not sure how to do it." I will share with you that all of the mothers ask that question at one time or another. "I asked for this. I prayed for this. I wanted the small one. I wanted to give birth. But I don't know how to do it."

Do not worry; it happens. Once the process gets started, it follows through. So rejoice; you are in the process of birthing.



Now, it does take a bit of patience and a bit of willingness to look past what is right in front of the face; in other words, all of the tumult which is happening around. Your square box tells you almost every minute the new numbers. Everything is in numbers.

It is all agreed to and has been arranged so that nothing is happening out of order. Take that to heart. Know that as you hear those numbers, they are telling you that that which you have put into motion is well and truly happening. And allow yourself to thank the ones who are being part of the growing numbers. Say, "Thank you for playing your part." Your part is to support by your belief in knowing the goodness of what is happening: the beneficial awakening which is happening.

You are the ones who get to watch and record in your memory that which you have asked to come about, to be evident. Count it all as good. That helps a bit with the patience. If you know that everything is in order, as with the human birthing; if you know that, yes, this is part of the birthing process and it is in order, then you do not get into a place of fighting against it and saying how bad it is. You get into a place of waiting to see, "I can't wait to see what is going to come out of this."

And that is how new mothers feel. "I cannot wait to see what this new one is going to look like"—or the two or three that are coming out of it. Because in truth, what you are birthing upon this plane, the new consciousness, is going to have various facets of itself. You are indeed birthing a multi-faceted new awareness on all levels. So get ready to welcome the twins, the triplets, the quadruplets, quintuplets, sextuplets, and much, much more.

There are going to be many, many gifts in this surprising one that you are birthing. What, in Truth, you are doing is birthing love, where ones, when they have the awareness and they will stop long enough, they will be aware that at the heart of everyone —no matter what they look like, the color of the skin, the way the hair grows, the way the body shape is, the names, the language, whatever seems to be different— is the Christ being which wants to express, which wants to activate the form so that you can go up to one and hug, you can shake hands, you can smile. The best gift that you can give, even to the newborn, is love and the smile and the holding of that one and saying, "I love you. I feel you. I welcome you."

You are the ones who are going to have the opportunity to do that. You are going to say to them, as you have said to the newborn, "You are much more than what I imagined you could be." All new parents look at the newborn and say, "I didn't know this is what it was going to be. I didn't know the feeling of love." Love grows over time, but it is there from the very first moment, with connection.

This is what you have signed up for. This is why you said, "Send me, Father, I will go." You have come many lifetimes where you have said that, and you have wondered, "Why is it not happening?" I will share with you, it is as the small one that grows day by day by day by day, and it seems like not much is happening, perhaps, and yet after a while the mother, which is you, looks down and says, "Oh, my goodness, look at the size of me. This is happening."

This is happening right now, the time of almost birthing. You are going through the birthing pangs now, the labor as they call it, and yes, it is labor. And yes, if you have loved ones who have seemingly fallen to the little virus, it is all in its order. "Why am I here in this form? I used to have a form that was actually seemingly solid, but now I kind of float; I go easy; I'm aware."

Because once you let go of the form, you do not lose consciousness. You do not lose the knowing, the awareness of being. And you get to a certain point where you are most happy about it, because you do not have to drag the form around. You do not have to feed the form, you do not have to brush the teeth of the form, you do not have to brush the teeth of the form, you do not have to go to the little room, you do not have to take care of all of the things that go with physicality, and yet there is consciousness.

If you will remember that you are in the process of birthing, it gives more meaning to this time of waiting, this time of struggle, this time of supposed sorrow. And yet the ones who have given up form, after they have come through a certain recognition of Who and What they are, there is a freedom and a rejoicing and a choice.

You will find that after the certain number of ones have released the body, and you come to a certain point where there is peace upon this plane, there is going to be a great increase in the small ones coming. Welcome them as old friends, because they are. Ones now say, "What is happening to the population of the Earth? There are not as many people, not as many ones going out to buy the certain supplies of this, that, and whatever. What is happening to the economy? There are not as many people to buy my goods and services."

There *will* be. There is going to be what you call a population explosion after a certain number of years—not many—and your friends, your relatives, your loved ones will be back with new form and new energy. They will come into a world that has more compassion and more understanding of Oneness. Why? Because you will be speaking it. You will be showing it. You will be so happy to love each other.

Already you do that. Already you have been chafing against not giving and getting the hugs. I have heard many of you say, "I miss the hugs. I really like the feeling of being One." Very soon the hugs will be back. Very soon you will keep on practicing the open arms, the welcome.



In the awakening, in the time that you are birthing, there is going to be much of openness of love, much of being able to look past the outer appearances. Maybe two males come together and they love. You are now approaching the point where it is okay. Some still do not understand it, but it does not need to be understood. It just needs to be.

Or some of different coloring coming together and you say, "Oh, that shouldn't be. It's a mixing of races; that shouldn't be." What matters is the heart. What matters is the love, companionship, friendship that is shared. You are recognizing that. You have grown through the years of this lifetime where there were certain rules, certain regulations, certain categories that were not supposed to mix.



And then there has been a breaking down of barriers, not without some effort and some pain, but there has been a relaxing of judgment where ones can say, "Well, you look a bit different than I look. Your eyes are a bit different shape than mine. But you have a heart that cares and a smile that warms the heart. Maybe that is what is important."

You have come with different forms in different lifetimes; different color of skin, different form, whether it be male or female, or perhaps male feeling to express as female and vice versa, all different ways. You wanted to try it out. What would it feel like to be in a male body and be attracted to another male body?

It is the heart, the feeling of love, compassion, comradery of two souls finding each other again. Hear that word, "again", because you have expressed upon this plane many times in many different forms. Sometimes you have been forbidden to love the one that you recognized and yet could not say from whence, what time, where, circumstances you have loved that one in another lifetime.

You are bringing about an awaited time of celebration. It is the first thing,

when you have a child. The pain of birthing, of labor, is forgotten afterwards. You take care of the little form by loving it, always and forever. There is always that bond, even if it is a child that you did not want, and maybe you gave it to someone else to take care of. There will always be a special knowing within you that somewhere there is a form that shares experience and even physicality with you; a gift, if you will.

That is what this time is about: birthing. So when it seems difficult to wait, when it seems difficult to do the distancing and to stay in the dwelling place or to walk out and not be able to give hugs and not to be within a certain familiarity of space with another one, count it all as good. These days that are upon you are calling for patience which goes beyond the usual. It is the patience of the heart, the patience which knows, "This is worth waiting for; this is truly why I have come." So be it.

OAKBRIDGE UNIVERSITY MAY BOOK SALES

Thank you to everyone who ordered/bought Jeshua books in our May Book Sale. Books sold for \$10 each, plus FREE SHIPPING!

In total, we had 47 individual orders and sold 132 individual books. (That's a lot of packaging and trips to the Post Office!) Books were purchased for delivery to addresses in the United States, Canada, England and Ireland. Happy reading, Everyone!

THANK YOU to all our donors who so faithfully continue to support the work of Oakbridge University during these challenging times. Your financial and loving support enables us to continue spreading Jeshua's messages of Truth and encouragement around the world. You are powerful! --Judith

Conditions —cause and blame— are of our own making.

When cure is more important than finding cause,

We will be healed.

When feeling thankful is more important than placing blame, **We will be healed.**

When we understand Love and commit to it,

We will be healed.

Irene Stewart 5/3/2020

JESHUA Q&A

TIME TO HUG

How long before we can hug our children and grandchildren?

Ah, how long, oh Lord; how long? I give you permission to start on the morrow. Share with them the love.

Love overcomes all fear, all suspicion that there could be something outside of you that is going to do harm. There is nothing truly outside of you. The thing that does the most harm is living in fear, because it does not feel good,



and you do not need to be in a place of not feeling happy about your life.

So that which feels of love, do it. Hug the small one. Hug the big tall one. They are not going to do you in. There is nothing that is more powerful than you as you stand in love. So hug.

To all of you, my love. To all of you, my hug. Be brave. This too shall pass; hopefully, very soon, because I know that you value your time. I know that it is a bit of a struggle to have to hold back. But allow yourself to live in joy, enjoyment; that is what life is for. If you want to struggle, if you want to suffer, go ahead, suffer. Really get into it and suffer. Put aside one day; "I am going to suffer, and then that's going to be the end of it. I'm going to suffer this day. This is my day of suffering, doggone it. And the next day is my day of releasement and joy. And all the days of my life are lived in iov."

So be it.



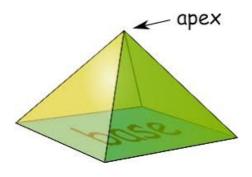
PYRAMID INSIGHT

A question about your past. I've read that you were the great Atlantean architect, Hermes, the architect of great pyramids. Do you confirm that?

Yes. It was fun.

I am planning to build a pyramid as my home and want to know everything about them, the science and principles of pyramids. Can you guide me, suggest books that are best on the topic or give insight?

There are many books that talk about the energy of pyramids, and it will be important for you to want to read some of the books. But the most important part will by your own inspiration as you sit with some of the ideas of the pyramids and go back in time and know that you were there. Know that you came from a galaxy far, far away with idea of knowing the energy of pyramids and bringing in the energy from the stars, from the heavens, and anchoring that energy on holy Mother Earth or on any of the other heavenly bodies that you have lived upon. So it will be fun for you to feel the energy within the pyramid, to feel how you can bring it in, focus it, and then feel energized to the place where you begin to see new I-will-call-them inventions, but new ways of being. You will enjoy the extra lift to the energy. So yes, go forward in the pyramid.



THE ORIGINAL PYRAMIDS OF GIZA

How old are the pyramids in Giza, because there is a lot of discrepancy about whether they were just built a few thousand years ago, or they're much more ancient than that.

They are much more ancient than that. What has happened is that the original pyramids—there were pyramids before the pyramids that you see now—

there was in the beginning a form energetic before there was solid, and out of that energetic pattern/blueprint the solid was made. But as is true for most forms, there comes first the idea and the pattern, the blueprint, and then comes the solid, and then comes the erasing of the solid to the place where there is the energetic, only the energetic. But I speak of future.

PROBLEMS WITH TRANSLATIONS

In a recent message you mentioned that you spoke in the Aramaic language, what we now know as the ancient Eastern Semitic tongue. I learned as a student of foreign languages that when we venture from one language to another, often the nuance of the word being translated loses its deeper sense. Can you comment on that and on one example of the loss of the true meaning in the translation of the Aramaic word "blissful" into "blessed" in the Gospel of Matthew as in the Beatitudes. What was the true meaning?

The true meaning was "blissful" or "happy". Happy are those who.... And if you have the translation, it is easier to understand the Beatitudes. Happy are the ones who...whatever follows that. You're very wise to understand that words oftentimes go a certain distance in explaining something, but not the whole distance; not explaining in fullness what was meant by that. The same is true with "Our Father", the prayer that often is called The Lord's Prayer, as if I would own it. I don't own it. But the words that were used in it and then translated and re-translated have a wider meaning than what you have been given and learned throughout lifetimes to recite it back, not understanding that, Blessed are those, happy are those who...etc.

Well, you did believe in happiness.

I even believed in joy. The truth of your being is joy. It is the truth of your energy. It is out of which you make everything that you would celebrate, and yet you always find something to find fault with. It's either too big, too small, too whatever, instead of saying, "What a gift this is."



NEW ENERGY COMING SOON

Are we now at the point where these old forms of having the politics of energy be the oil-based ones, or are we now going to move into newer forms of energy that are more compatible with Mother Earth, and how are they going to come into being?

That is already in process. There are ones who want to stick with the old. There are ones who have invested the golden coins in the old way, which they would say, of course, "Well, it was good enough for my grandfather. Why is it not good enough now? Besides, I like the golden coins that are coming in." But that is in process of change already. So you are moving to the place where there is going to be thought; that which you think, you will not even need to make solid form of. As yet, that is just a thought, but it is something that you are working towards, where you do not have to spend the time and energy of making

it solid, only to see it supplanted by something "new and better". It is fun. It is creative. It is changing.

And these times that we are in, helping to accelerate that.

Yes, very much so. You are seeing within your own lifetime many changes in the form of energy, many changes in the form of communication, many changes in the form of transportation, many forms in the foodstuffs that you eat that are then transformed into the energetic being of the body. Even the body is moving to the place where it is not going to need to ingest the solid food. But I speak of the future.

Ah, I like to be in that future, and will be.

And you will be, yes. You are the architects of the future. I like that as a slogan, do you not? You are the architects of the future.

Sounds like the title of another book, Jeshua.

Could be. This one gets ahead of me from time to time.

YOUTHING

Recently I came across the idea that even as we are in this body, all the other bodies that we have been in other ages are like templates around us, and they are still within our aura within one of our bodies (Yes) and that one of the ways to head towards youthing is to pick one of those templates and to breathe into it and be that right now if we want to go back.

Right. Picture yourself as the slender, youthful, free-flowing energy, and it will out-picture even in the physical. As you know it to be true, it will hap-

pen. (Beautiful) Exactly (Thank you) You are beautiful with any form that you take, because it is your creation. But some forms feel better, more natural, more fluid. So choose you what you want, and if on the morrow you want it to be different, you are at the place of speeding up time, so that what seems to be, "Well, I can probably reach that in maybe two years' time with dieting and exercise," you are the maker of time; make it to be in the morrow when you awaken. Wow!

USES OF MASKS

I was just curious; how many times have we used masks to handle a pandemic? Or veils, or whatever.



More to the point, how many times have you used a veil to hide the true self? (Yes, that was the question.) That is the answer as well. Because truly, you still in this day and time have the useful maidens in many societies, where they are to be veiled to hide behind, to seem to be the virgin that does not know life experience. Now, these virgins are more knowledgeable than they are given credit for, but it is a fashion of society.

Now you are wearing the mask upon the face in order to keep your own "germs" to yourself so that you will not be spreading them to other ones. In truth, spread love. What you put on the face is going to come and go. There is going to be a time period when it's not going to be seen as necessary, of course. It is a bit of a nuisance right now. If you wear the spectacles, the mask lets all the steam come up from the warm mouth. It

steams up your glasses and you can't see where you're going, what you're doing, etc.

It does not keep you from bringing in anything; in other words, it's not going to be filtering out, but it does keep what you have had for lunch to yourself. And blessed be, your friends thank you for that. But it is an attempt to keep to oneself that which could be harmful. It cannot be, because anyone who is going to breathe in that which they believe to be harmful, they could breathe of the fresh air by the flowing water, and if it was of their thinking that there was something to harm them, then their thinking would prove it to them, whether they wore the mask or not. But you go with what is...it is truly a fashion. You go with what the fashion is. And it is interesting to see various remarks that ones will make from time to time.

VARIOUS LIFE FORMS

What would you consider the most interesting life form in our line of evolution?

It is a form that you do not know here on Earth, but it is a form most creative —like liquid crystal; moving like you can imagine liquid crystal, moving with thought.

Ha! Perhaps I can dream about that tonight. (Good idea; and come back and tell us about it) *Okay* (I will look forward to that) *Thank you*.

