



# The Expanding Viewpoint

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## Jeshua Speaks About: WHAT TO EXPECT IN THIS YEAR

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Beloved one, there have been questions coming up, ones wanting to know, “What is this year going to bring? How can I prepare for the future?” Well, in truth, you cannot totally prepare, because you are *creating* what you call your “future” moment by moment as you go along according to what you feel reality—lower case “r”—might be. But your possible reality is far greater, and at this point it is wide open.

You are looking at the next several months of the year, and there are certain trends, suggestions, ideas how it might go. You are feeling that you would like to see your brothers and sisters coming together in peace and in value of each other, and that truly is in the works and will be happening.

You have foreordained that you are going to come to a place where you have to evaluate where you stand on the spectrum of love and what is important to you. And when I say that, it is for you as an individual and it is for the whole of mankind, humankind, the brotherhood and sisterhood to examine.

You have been moving quite rapidly recently into a place of having to look at things and evaluate, “How do I feel about what is happening? How do I feel about ones when I speak with

them and they seem to be holding different value?” You have had to breathe deeply and stand back, sometimes physically stand back, and to acknowledge that they have a viewpoint. It may not be your viewpoint, but when you stand back with that deep breath and behold everything against the backdrop of extended time, you see that truly decisions that are made now give you certain trends, but those trends can be altered at any point.

This year is going to give you opportunity, you and the fellow brothers and sisters, to be in love. Your viewpoint is based on past history that you have had, and brothers and sisters have had different experiences which have shaped where they think they are at this moment, so there is a wide variety of choices.

The ones who seem to be opposite are saying, “Well, I don’t see how you can believe that. All of the evidence points to something else.” And yet when you wipe the slate clean and look upon a brother/sister and let all of the minutia fall away, what do you see? You see another the same as you, another Christed being having a human experience.

Especially in this month which has emphasis on Love [*Valentine’s Day*], if you get into a certain bind with

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## FEBRUARY 2020

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### JESHUA GOES WORLDWIDE: PART II

Last month we told you how Jeshua Book Study groups are springing up in many parts of the world, groups coming together to read and share insights from the various volumes of Jeshua material given through me, material dating back to the first volume published in 1995. There are seven volumes to date, with Volume 8 possibly being printed in this year.

Jeshua meets with us, speaking here at my home in Washington state, at least one Evening each month, teaching, encouraging, suggesting new ways of thinking, and supporting our remembrance of the Reality of Oneness. These meetings are open to all who would experience his friendship once again.

Now we are, through the wonderful advancement of technology, able to connect with individuals and groups worldwide on these Evenings on Zoom, a shared computer program which brings Jeshua into your own home via your PC (personal computer). We are hearing from ones in various parts of Canada, Europe, all geographical areas of the United States, and even from as far away as Turkey, that they are tuning in and experiencing him live once again!

If you would like to experience him this way, go to our website, [www.oak-bridge.org](http://www.oak-bridge.org), click on “Activities”, and at the top of that new page select “Activities”, then “Evenings with Jeshua”. It will direct you to how to register to attend one of these Evenings.

See you on ZOOM!

Judith

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someone you are talking with, take the deep breath and say, "You know, you're really cute when you get like that." And see what the reaction is. It can surprise you. It definitely is going to surprise them.

Play with your brothers and sisters. Play at loving them. And after a small bit of time, the more you practice it, the easier it becomes to say (either out loud or silently), "Well, you've had other experiences in your life, and they have molded and shaped you in a certain way. Maybe what you are saying makes sense to you. I will allow you that, because I have not walked in your shoes all of the years of your lifetime. So, therefore, what you believe and what you are saying is true for you. It may not be true for me, and I would ask that you allow me to have my viewpoint."

Then you leave it at that, in love. You do not have to be right. They do not have to be right. You let it go.

This is a year when those of you who are of the Light, those of you who are waking up and feeling that there has to be much more to life—there is love, there is sharing, there is laughter, there is good in the world that yet thinks it is bringing itself to the brink of...and then you step back from it.

Because, truly, ones in human form love the rush of energy that comes from standing on the brink, suppos-

edly. Ones like knowing that they are alive, because they feel something happening, and even in the body... "Ah! I can't believe you said that!" What happens at a time like that? You get a rush of energy and the body says, "Hey, I didn't know I could feel like that. You know, I'm really alive." Okay. Then the body says, "Uh, but I'm tired. You know, that took a lot of energy. I think I'll rest a bit."

This year is going to bring you opportunities every day to practice being in love. Remember when you first fell in love with someone? They were so wonderful. They could do no wrong. They were just wonderful. Everything they did was of Light. Everything they said brought the heart alive. You could not wait to see them. You could not wait to reach out and touch them, hold hands perhaps, hold them in a hug. You could not wait to be with them.

It is still there. Sometimes you feel that, "Well, many years have gone by, and I can't capture that again." Sure you can; it is right there. It is within you where it always was; within you, just waiting for you to call it forth and say, "You know, I'm really in love with you, and you, and you," because it does not have to be just one person.

Allow yourself to fall in love with everyone that you meet. Allow yourself to be in love, to look for and to find all of their good points. "Well, I don't

## Upcoming Meetings and Events

Feb 1 7:30 p.m. Evening with Jeshua \$25

March 7 7:30 p.m. Evening with Jeshua \$25 "Origin & Future of Planet Earth", "The Basic Question of Life", "God's Telephone Number"

Movie Night Feb 15 7:30 p.m. "Don't Worry, He Won't Get Far on Foot." Based on a true story set in Portland, Oregon, this is the story of John Callahan, irreverent newspaper cartoonist. No fees. 101 Emerald Highlands Way, Sequim.

Book Study: Jeshua's Volume VI: "You Are the Power of Now"

Wednesdays, Feb 5 & 19, March 4 & 18, 3 - 5 p.m. See [www.oakbridge.org](http://www.oakbridge.org)/Activities for registration and information.

All regular events at the Center. 101 Emerald Highlands Wav. Sequim.

know, Jeshua. I've looked at this person, and I can't find much."

There is at least one point of something that you can value. It could be the way they comb their hair; or not, depending on how the hair is. Even if it is a small point, find something that you can admire about them. There is no one on planet Earth who does not have some point that you can admire and say, "Well, they're doing that okay," in your estimation. Look for it, and you will find it. Do not look for it, and you will not find it, and that is where many of the brothers and sisters stand in this time. They are looking for the things that they can complain about or find a difference with, and those can be found as well. But look for the things that you can see that you admire, that you like about them. Even if it is a very small point, you can find something.

This year is going to bring you in every day something which is going to tell you of the upcoming disasters. Every day you have some action which is happening out there or some action that may come that you can get yourself into a big knot of worrying about if you want to live in that knot. Some of you have practiced that really well so that at this place in time you can say, "Been there, done that; didn't feel very good. I actually got a pain in the tummy from it. I don't think I'll do that again. I'm finished with that. I am going to look upon everything with eyes that value what I am seeing." If you look hard enough, you will find something you can value.

It is a choice. This is what the brothers and sisters do not understand sometimes. They get quite caught up in their box. They do not realize that they have choice in every moment to look either with the blinders on and say, "Well, this is how it has to be," or they can open up the blinders and say, "Wow, what a vista! I had no clue that all this was out there."

You have miracles around you in every day, and you get very caught up in the mind sometimes so that you miss the miracle which is right in front of you; even the miracle of someone who believes differently than you do, the miracle of the mind that can invent different belief systems.

There has been a prediction, and it is very true, that this year is going to be a year of healing. Now, sometimes it is not going to look like healing, but it *is* going to be a year of healing, a year of coming together and a year of clarity, because you have foreordained that this is what you want to experience.



You and many of the brothers and sisters do not feel happy—right here in the solar plexus, that place of the sun, a place of Light, the Light-being that you are—you do not feel happy and at ease. And you have said, "I want to feel happy again. I want to feel healed, whole."

I say unto you, there is nothing outside of you which is going to make you do anything. But that which you *are* is going to suggest; the still small voice is going to be whispering in your ear, "You could see what is happening differently." That is going to come back to remind you. That little inner voice is going to be saying, "You could see differently than what you are seeing, or think you are see-

ing. You can see something more whole."

Now, it takes a bit of practice, and it takes a bit of choice to choose to see something in wholeness; not to be with the blinders on and to say, "This is the truth, and that's all." It takes choice to open up the blinders and, in fact, throw them away. And sometimes separated ego runs onstage and says, "Hey, but there's only one way to see this: I'm right, and they're wrong."

Now, you have put into your belief system a most wonderful tool, a creative divine tool: imagination. Imagine how they must feel when they are saying things that you do not agree with. Where are they coming from? You have that saying in your world, "Where are you coming from?"

Oftentimes the energy will start out not too happy, but if you can breathe and allow them to explain a little bit, you will see how what they have read, what they have heard, what they have been told and taught in their growing-up years has fashioned them in a certain way to have a belief system that certain things seem to stick or magnetize, and that is the first step in opening up the possibilities of understanding each other.

You of the Light are the ones who are going to be teaching by your doing, by saying, "Tell me why you believe that."

"Well, it's perfectly plain. So and so told me...etc." And then they will repeat whatever they have heard. You stand and listen. You do not judge. You just listen. And after a while the energy which has been so strong, because, "I have to defend myself; I have to be right," the reason that belief comes forward is because so many lifetimes it has been off with the head if you did not agree with someone. It has had meaning for you, because you wanted to keep on activating the body that you had.

Allow yourself to breathe, and allow them to get through whatever they want to tell you. If you are so moved, you may ask, “Can I share with you what I have heard?” They may say, “Whatever you’ve heard, that’s all lies; it’s all wrong.”

But after a while, if you stay with that person in friendship, there will be a time when you can hear and they can hear where you are coming from and where they are coming from. And you begin to see that that which you thought to be so far apart is truly coming from the same place of wanting to be loved, wanting to be understood and accepted—maybe not explained in those words, but that is the basis of it. So you breathe, and you allow.

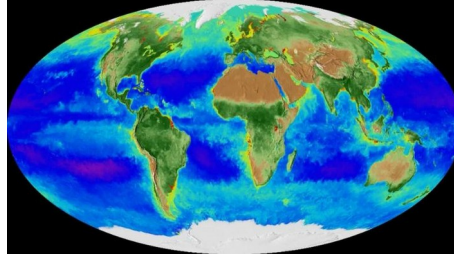
I have news for you. You are the ones who have chosen to be here at this time. You are the souls who have said, “I will go, Father. Let me go and be the presence of Love. Send me.” And with that request, the answer is always yes, so here you are, and everything that comes in front of you is Love.

Sometimes it does not feel like Love, and sometimes you get hurt. You say, “Oh, but you’re attacking everything I’ve ever believed. You must think that I am wrong, stupid, not of value.” You see, that is the bottom line: if another one does not believe you and that you have value, it is probably off with the head and start over again. And you do not want to do that again, because you have been there, done that enough times. Breathe; allow.

Now, you are not alone—a very important point to remember. We are going to talk about something that you have agreed to and have forgotten that you agreed to it. You have agreed to global positioning. Now, what is global positioning? You have said before the soul has incarnated in body, “Send me, Father, I will go. Wherever there needs to be Light, send me.”

And then you have said when you got there, “Oh, my God, did I really ask

for this?” Yes, you did. You volunteered for it. I know this, because I asked of the Father the same thing. “You want me to do what?” It is the same for you. You have said, as the collection of *soul being* that you are, “Send me where there needs to be love and understanding.” And you have followed the *feeling* that you have had.



I have heard you ask, “Why did I come here? Not only just to Earth, but to this specific place on Earth? To this specific city—*or* this place so far out in the country, away from the big city? I felt really drawn to be here, and I don’t know why.” But you did choose. You volunteered. There has been a calling to be in the specific place where you are.

All of you in this year are going to come to the realization that, “I am in the place where I said I would serve. Oh, my God, did I really agree to that?” Yes, you did. And the beautiful part about it is, you have found soul sisters/brothers. You have found ones of like heart, ones who want to see the good in life, ones who want to live in peace. You have come from distances. All of you have come from somewhere. Maybe you have moved away, but then you have come back. And if this has not happened yet, you will find yourself moving.

You, as the soul that you are, have agreed at the time of the soul incarnation that you would go where you were needed to be, but that you would not feel so alone, because you would collect unto yourself others of same heart. So you find each other, and you say, “Ah, I’m glad I found you.” Maybe you say it in words; maybe you just think it. But you are in the place of the soul, where the soul has directed you to be. I know that many

have asked, “Why was I drawn to this place?” And you were. You were drawn by the little bread crumbs of friendship, of love; the little bread crumbs—friends, they are called—to come to be with them, to play with them, to adventure with them, to serve with them.

The important thing to remember is that the year that you are moving into—already you have stepped into it—you have agreed that you will be in the world, but you are not of the world. The world is of your making. And as soon as you learn to take that deep breath and stand back—even if you have to take the physical step backwards just to have elbow room, just to breathe—you will find that the activities of this year, through one lens, are going to look really dramatic, but through another lens they are going to be seen as divine out-picturing of the source of Love.

You as a soul have agreed to a certain out-picturing of the Light that you are. This year is going to be a roller coaster. Enjoy it.

So be it.

## JESHUA Q&A

### THE BURNING TIME

*I would like to ask you about a specific time and hear from your perspective what was going on there. It’s referred to sometimes as the burning time, and this is three hundred years where over nine million people worldwide were put to death. I know that we probably have all had lifetimes during that time and that that time and the fear and so much going on has affected us in a way that we are still healing from today. (Yes, there is a memory) I know that I’ve been letting go of a lot from that time of persecution. I just wanted to hear what you’d like to say about it, and about healing.*

Right, and that is what it was all about, about healing, about allowing the old perceptions to be burned away. There was perception that, “I am the body, and if something happens to the body, that’s the end of me.” But you individually and collectively went through this time, and several lifetimes within this time period you gave up the body through the process of the burning because you wanted to know, “If this body is burned to an ash, where am I?” And you found that you were still alive.

The spirit of you is always and forever on-going. So you experienced the burning times, as you have called it. Sometimes for some of you, once was enough. For some of you, you absented yourself and went to another galaxy and said, “I’m just going to watch that.” And then for some of you, you went through it several times in order to know completion with it, to know truly that, “I am not the body. I thought I was the body.”

You think that the body is in control, but in truth, you are in control always. The decision is always yours. Sometimes the body can come to the place, as with the incineration, where you want to be finished with it, and you allow the spirit to ascend out of the body.

So it was a time of completion; I will not say cleansing, because there was nothing that needed to be cleansed. But ones oftentimes need example, so reincarnate several lifetimes in order to go through the same process to truly prove to themselves that, “I am not the body. Hey, I’m still alive. I am still feeling, thinking, expressing in a different way, but still alive.”

The body is not you. The body is your covering. It is what you use to express, but it is not you. You are forever on-going, but sometimes it takes more than one example of it, and for some, they were willing to go through

it several times in order to prove that the spirit is mightier than the body.



*Do you have any advice for people today?*

Love, trust, be. I make you a promise that always you will be taken care of. If the body be thrown into hell, there am I with you. If the body be cut up in pieces, there am I with you. If the body suffer in any way, there am I with you, always and forever, past the knowing of time that is forever. So, yes, as ones will make for themselves a reality that seems most horrendous, always I am with you. So if there is a physical sensation that you go through, and ones go through much of sorrow in giving up the body no matter how it is done, remember that I am there. Call upon me, and it will not feel so horrendous. Call upon me, and instantly I am there and I will offer you my help; not to extinguish the physical, but my help as my love. Thank you for asking.

This is something that you get into very deeply as you identify with the physical. You make for yourself a body, and then you make for yourself all kinds of challenges with the body. It is to prove to you that you are not the body, that the body is your creation. Some of you will allow parts of the body to be excised and taken

away, and you find, “I am still. I Am, bottom line finished; I Am.” Some of you will allow the body to be cut up into little pieces, devoured by the huge animals, thrown to the lions. Some of you were quite courageous or didn’t feel like you had a choice as you were thrown to the hungry lions. Some of the other ones you made friends with and treated them as a small pet, although they were bigger than you.

The body is your creation. There is no guilt attached to it if later on the body seems to have a life of its own and seems to go through a deterioration. There is no guilt in it. Oftentimes ones, if they suffer a debilitating physical problem, they think, “Well, if this is my creation, why am I so stupid? Why am I creating this? I have heard you say that with many circumstances. “Why, if I am creating this, why am I creating it this way?”

In truth, to know your power as the spirit that creates. You can look at it and say, “Well, this is just one more way that I am creating something,” and say, “Wow, I didn’t know I was this versatile,” and take a bit of truth from all if it, proving to you that, yes, you do create from time to time certain seeming impediments to come through. It is not always pleasant if the body is screaming at you, but you are above and beyond the screams and the body.

Hard to remember, I know, when the body is screaming at you. But if you allow yourself to rise above the body, then it is a bit easier to tolerate. It usually doesn’t happen on the first try, though. Sometimes it is more difficult.

The body is a challenge. Oftentimes there is something in the body that feels like it used to be better. “What’s the matter? Can I reverse course and

be at the place where everything is working in order, or do I see the blessing that is in it?" Or both. It is up to you. You are the powerful one.

### WHAT ABOUT WEATHER?

*I'm curious about the weather patterning. It just seems like everything is chaos with the weather. It seems like it's changed so much from when I was a child. (It has changed, yes.) Can you speak more about it or tell us, is it the reason that everything is in chaos and the weather is just mirroring that, or...*



All of the above. And in truth, you have only seen the beginning of changes. You are in the midst of, yes, climate change. Is it manmade? No. It has been helped along by some of the things that man has willfully gone ahead with, but your weather over the eons of time on holy Mother Earth has had a cyclical effect. It changes, and the various parts of the world will change with the energy of the weather.

You are in process now of seeing some of the changes happening. But what you have seen so far is nothing compared to what you *will* see or your children will see, because this is going to grow upon itself. It is a natural cycle that can be softened as ones will take their power, as ones will understand that they are creating, as you go along, the changes in the weather.

You can command the very waves of the sea to be calm. You can command

the climate, as it seems to be changing and getting more drastic. You can speak to it, knowing that you create your reality, knowing that you create your reality, knowing that you create your reality, and you can calm the effects.

If left to itself, it is going to be quite to the extreme, as the pendulum swings. But there are more and more of you who are waking up to a power "outside and yet inside of me, a power that is greater than what I have recognized up to this point. I do create my own reality. I create that which I experience."

Now, there's a clue in that. "I experience that which I am creating, as it seems to be." But as you will take charge and command the waves of the sea, the climate that seems to be getting more drastic, command it to be softer, easier, steadier, it will. *(Thank you)* Thank you for asking that, because you are seeing many climate changes, and yes, they are a bit drastic in some places, and you have already remarked on how more places are warmer than they used to be, more places are colder than they used to be, and the climate seems to be changing. But it does not have to go to extremes. You can change it, if you want to; you don't have to; but you probably want to soften it a bit.

*Following up on the question about climate change and our ability to change it, it seems, at least to the human mind, that something as big as a fire in California would take more than one person's focusing on it to change it (Yes) so are you recommending that we come together and focus on...*

Peace, yes. And make sure, as you are focusing on peace and the natural order of growth, that you clean your floors.

*Clean my floors? You've been around my house lately?*

I am quoting one of your leaders who said to take care of the floors of the forest. I was making a joke. But there is truth in it, because as ones will tend the forest and give it loving care and attention, then you clear out the old debris, and when a fire starts in such case, you do not have the devastation.



*Well, now it's also in the urban areas too, in the canyons and homes that people are living in, so that is even a bigger problem, especially with evacuations and very crowded areas. Maybe we can start a prayer circle dedicated to those.*

Yes, it would be wise. There is much that is happening with your so-called climate that you feel you don't have any power over, but in truth you do, because it is part of your reality. And as I have said, to the place of almost boredom, you make your own reality. So when you think of your forests, think of them as green and fresh and growing, and it will make a difference.

*Okay, maybe that's something that as the Heart Family we can put on our list to do for the planet.*

Yes, throw it into your morning meditation. It only takes a moment to visualize everything green.