



The Expanding Viewpoint

Jeshua Speaks about: BUBBLES IN INFINITY

NOVEMBER 2018

Beloved one, I have called you. I have called you by a name which you recognize from a long, long time ago. The name that you are is Christ. You are the Christ—the living, walking, breathing Christ Light.

Now, when ones use terminology like “Christ”, you think, “Well, that has to be way above me. That has to be something out of history, so long ago that I have forgotten what it would be.” You *are* the Christ; otherwise, you would not be. It is as simple as that. You would not be in a milieu of the others’ Lights. You see and believe in separation into individuality, but in truth, your Light extends as far as you can imagine—and even farther—and blends with the seeming “others”.

People expand as they see one who is giving unconditional love. As you meet one who is loving unconditionally, happy to see you, there is a feeling which resonates, a feeling of joining, and the separation that might be there—and sometimes quite often is, out of habit—dissolves. You become One, for a moment or so, with the one who stands in front of you. And quite often there is the instant hugging of, “Let me feel heart to heart with the hug.”

Now, in several messages recently we have been talking about reality. We have talked about the various realities which you experience and how it feels in the various energy forms. You work within a belief that says, “This is my reality. Some days I seem to be in sync with reality as I am making it. Other days it feels a little more difficult.”

But as you will do what is often told to you—breathe—to take that deep breath and to allow the energy of the body to come to a still-point, the energy then regroups itself and comes out of the eyes and the smile on the face; the energy which says, “No matter if I fall down one thousand times, one thousand and one I will get up again,” and you do.

Do you have help in doing this? Yes, you do. You do not walk the path alone. You do not walk in life all by yourself. You have ones who are in the same resonance with you who are happy to be with you, who uplift you, and often will give you an answer which perhaps you are looking for.

You have a certain resonance which expands as you come up to ones, and you feel the agreement with that one. You see the smile that comes on the face. Even if you feel a bit timid about

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What does your spiritual DNA tell you? Who are your spiritual ancestors and where have they lived, what have they experienced? Who have you been, and what has shaped you to the belief you now hold about yourself? Questions such as these will shape our Advance this next summer, July 14th through the 19th, 2019, to be held here in Sequim, Washington. And what better place to meet than in this geographical area, known ages ago as Lemuria, the out-picturing of the Heart. You probably have roots here in some forgotten, but dimly remembered, past, just as you have remembrances, traces of spiritual DNA from Atlantis, the center of the intellect and technology.

And where have your spiritual ancestors been before Atlantis and Lemuria? Are they from far out (Yes, some friends have said that about me!) From a galaxy far, far away? Do you have outer space genes? How do you know? (We will have a workshop on that.)

Are you the ancestor of a future self? What is time? Does time only go forward or does it bend around on itself? We will discuss, and Jeshua will comment on, questions such as these.

Make your plans *now* to be with other explorers here next July, and Advance with us. Choose your housemates/travelmates for an exciting week in Lemuria (Sequim). Mark it on your calendar! More information to come next month. *--Judith*

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speaking what you really want to talk about, if you will begin, they will meet you, and they allow you to be yourself—the identity that, first of all, you think you are, and then the identity that you really are; it comes forth.

Now, reality...is there just one reality? No. Each of you has a different reality that you work within, that you live within, that you say, "This is reality for me." And is it the only reality at all? No, there are many realities beyond this reality. Every reality that you work within is founded upon a certain collection of beliefs, and the collective consciousness says, "This is reality." This is what you have been taught is reality, and you try to work within the confines of it.

Now, the fun part here is, if you can imagine—and you can—being in a reality that is in a galaxy far, far away, how would that reality feel? You have had the ones who have, because of remembrance, been able to make for you what seems to be fiction: a story, a movie of an alternate type of reality. You have gotten quite caught up in it and said, "Oh, this is fun. I wonder if that could be. Are spaceships a possibility? Well, I guess they are on the wide screen."

Well, I have news for you. Yes, they are a possibility and a reality. You, as you are sitting in meditation sometime, when you are just allowing the mind to wander, you can be in the spaceship. You can be in what seems to be a bit different reality. You even go there sometimes in your dreams.

You are creating—all of the time—that which you call the reality that you function within. Then you wake up one day and say, "You know, I'm tired of being the person that everybody thinks I am. I'm going to be different today," and you have made another reality for yourself in that day.

Is it as real as the day before? Sure, because how real is reality—with a lower case "r"? It is all a creation. That is why I say to you often enough that you are the extension of the one creative Principle. You are creative. You are creating this message that we are having together, and I will share with you that not everyone who reads this message experiences the same reality. Each one interprets a slightly different twist to what they read, how they take it in, how it compares with other things they have read, what they have studied, what others have said reality has to be.

Upcoming Meetings and Events

Nov 10, 7:30 p.m. (2nd Saturday) Evening with Jeshua \$25

Dec 1, 6:30 p.m. Christmas Party and Evening with Jeshua at Solana Parkway Clubhouse, Sequim \$25

Jeshua meditations at Unity Church in the Olympics in Port Angeles have been put on hold for the winter months. Recordings of past meditations are available on the Oakbridge website www.oakbridge.org. Click on "Activities". When you get to the Activities page, click on "Activities" again (at the very top of the page). That will take you to the Meditations.

All regular events at the Center: 101 Emerald Highlands Way, Sequim, WA

You make your own reality. If you do not like the reality that you are living in, stop, breathe, change it. You have done that at some point in this lifetime. You have stopped, you have breathed, and then you have changed it. You said, “No, I’m not going to go to that university. I’m going to go somewhere else. I’m not going to be the scientist. I’m going to be the artist,” or vice versa. You have made choices and changes which have brought you to where you are right now.

Now, with a collective sharing, called a reality, we can liken it to a bubble. It is a collective agreement with ones whom you interact with, but that reality, any reality that you are functioning in, is an agreed upon reality that is finite in its own way, because it is a collective agreement.

At the same time, there are other collections of what someone would say is their reality, and, as you can understand, the realities—plural—are infinite, because you are creating all the time. Being the extension of the one creative Principle, you create each day, you create each interaction that you have with ones, and you do this within a certain timeframe, a certain agreed upon collection of beliefs: the belief that there is gravity that holds you to the ground, a belief that you have to keep breathing to keep the body alive, etc. You could list all of the collective beliefs, all within a sphere of belief.

Now, is there just one reality? No. Within the Allness of Reality—created and uncreated—there is an infinite number of realities—lower case “r”—as many as you want to create. You can have a variety of realities;

you can have a lifetime which may be as quick as the butterfly that lives for perhaps a month, or the little gnat that lives for half a day, etc., or the one who lives a thousand years—and you have been known to do that. You have the legends of ones who have lived long, long years.



So beyond what you acknowledge as your history within this collective agreement, there are other bubbles, other spheres that you do not interact with at this time, but you can remember. At a certain depth of being, you can remember that there are other realities which you have known. Sometimes they come through in dreams. Sometimes they come through in meditations. And you say, “Well, where did that belief, that idea, come from? It felt so familiar. I know that I’ve been there, done that. I know that I’ve been on a spaceship. I know that I have fought battles somewhere else. I’m fighting battles, yes, in this reality from time to time, but this is different. I know that I’ve been the warrior. I know that I have been twelve feet tall. I’ve been....”

Fill in the sentence any way you want to because, yes, you have worked within another sphere of reality. Now,

if you can imagine—and you can, because that is where it lives, is in imagination—many, many, many, too-many-to-count, bubbles, from one lifetime to another lifetime, to an experience, even an experience in meditation that lasts for two seconds, you have been in another bubble; all within the creative Allness.

It stretches the separated mind to experience and to play in what you would term your imagination; to know just how many facets of you are functioning; how many facets of the one Christ Being. It would be as if we had the whiteboard here and we are writing out the formula for everything. It would take up a multitudinous number of chalkboards, as you have seen in some of your fiction—which is truly not fiction—professors doing this, writing out that reality—lower case “r”—equals...and then it fills up the whiteboard, the chalkboard, as far as you can imagine and even farther.

When you are playing with the soap bubbles, blowing them through the little wand with the hole at the end of it, and they all go out and mingle with each other, some touching each other, some going independently, some going a short distance and some going far, those are your realities; not all in one slice of time. In fact, time is not in all of those bubbles. Some of the bubbles function in what is believed to be process: there is something which happens in the seeming beginning, there is a middle—maybe short, maybe long—and then there is an end of the process. That is a collective belief within quite a few bubbles, but truly not all of them.

So when you put the head upon the pillow in this evening, you will think back to a lot of things which happened in this day. Then right before you go

to slumber, imagine yourself to be out there somewhere in another bubble, another reality, and say to the “you” that is in that reality, “Hello. Tell me; tell me what you know.” And if you wake up in the morning and say, “I had the strangest dream last night,” write it down. As quickly as it comes, it probably will leave, so write it down.

Now, beloved one, this is as much as we are going to say about acknowledging—making possible in the belief system—the idea that this is not the only reality you live in, have lived in, will live in. Later, we will go further with it, but this is enough for now. Keep in your mind the visualization of the numerous floating soap bubbles, and realize you are living in and creating as many realities as you can and will imagine—and more.

So be it.

JESHUA Q&A

ARE YOU BACK IN PHYSICAL FORM?

Two thousand years ago you lived in a physical body form, and we’ve been told before that you lived in that form for six hundred years or so before you transitioned to a different dimension (Right) We’ve also been told that you currently are sort of a starship captain above the Earth (Right) So I guess the question is, are you back in a physical form? Is the starship a physical starship? Or what is that all about?

It can be. Now, you create everything that you experience. You are a great creator. You have specific focus upon this moment, this physical moment with the physical body that you’re expressing with, with the voice, with the eyes, what you see. You are creating

this moment as we are speaking. But you are also able to tune in to other realities, other frequencies I guess is a good way to put it, where you can be what seems to be, to this focus right here, strange and unbelievable.

And yet as you return to the place from whence you have come, the great energy, you can be and focus upon any reality—lower case “i”—that you want to. And you, because you are the creator, can be with that focus for a while, say half an hour, say five minutes, say twenty years, whatever.

I am able to express as the Intelligence—it’s a good way to put it—as the being that I am, the Intelligence—capital “I”—anywhere I want to be.



So ones have tuned in to me as being in the starship. Now, for the rest of you focusing upon *this* physicality here in this reality, that seems very strange. But when you remove yourself from the very specific focus upon this reality, you understand how you can express in other realities in seemingly the same slice of time, because time is of your making. All, truly, is of your making. I would suggest that you don’t try to confuse yourself too much. Just say, “Well, it could be,” and leave it at that.

Another Comment: *So as you say, all of the things that we view on television, the movies, the programs, all of the books that we read, we are creating that (Yes) And so we just want to be in those stories for a while (Right, that is why you can be on the edge of your seat as you are watching a*

movie: Is he going to love her, or isn’t he? Is he going to survive, or isn’t he?) But we’re a part of that story, too (Yes, in that moment) So we’re a part of everything that we think about, everything we choose to see, as much as we’re a part of snails and frogs or whatever we’re into at the moment (Right) So we’ve created everything on television (Yes) and all those stories. We’re really good (Yes) I mean, that’s a lot of things. And it’s so much more than that. It’s much bigger than that (Much bigger) I mean, it’s all of the things on TV and the whole world and all the languages and everything, just for our entertainment (Exactly, and all of the languages that you’ve forgotten) Wow!

It is enough to blow the mind, and at the same time, you have agreed that you are going to focus upon this reality, for the most part. It’s enough to handle. You can be, from time to time, superman. You can live in the other realities and play with them, but your main focus is who and what you see yourself to be in this lifetime right now and to interact with the brothers and sisters in a compassionate, understanding way, a way that moves more Light into the dark. Allow yourself to be blown away from time to time, because it is the truth of your being, and it is what you need to acknowledge; not to the point of confusion, but to the point of saying, “Wow, how wonderful God/Goddess is.” Thank you for grasping that.

ACCESSING VARIOUS INCARNATIONS

Thank you for reminding us to be at peace and to be a presence of peace to others around us. That’s the most immediate thing that we can do for ourselves and for others around us (That is true) So I’ve been reading

Book IV (Jeshua the Personal Christ) and there is something that I'm curious about related to timelines and our different incarnations through life. On the one hand it seems kind of silly, but it's been pestering me (Okay, so out with it) Out with it, yes. So your father Joseph had the life as Joseph, and he was just here speaking with us, and he had other lives after that. So with my human linear brain, I'm wondering, "Well, how do you dial Joseph or the other one?" And Mary Magdalene was also telling us that she had other lifetimes after Mary, so we often connect with her as Mary, but we don't often connect with her as the other lifetimes. So I just...(It's mind boggling) It's boggling my mind, yes, and I just would love to hear you say some more about how, as we transit through our different lifetimes, how are those accessible to us?

Well, first of all, all time is Now. All time is within the concept of time. We will liken it unto a sphere. At one point would be two thousand years ago when I was alive. At another point it would be 2012, okay? And that seems to be that you can go from my lifetime to 2012 in a linear fashion, but that is only because between this point and this point, what connects them is the line. Now, in truth, these points of being are in what you might see to be a soup. Say it is a round pot of soup with all these points of experience, of being what you feel to be a certain personality and taking unto yourself certain traits that would go with that personality. And then there is the writing down of history that says, "Well, this happened in this time, this happened in this time, and this is the progression in between."

But it is not quite so clean as that, because it is very much like you would have a pot of vegetable stew, and you have a carrot here and you have a carrot there, and ones will say, "Oh, this carrot is the evolution of this carrot or vice versa, however you want it to be, and then this bean, it doesn't belong in there. It's out of its place, etc. But as you zero in on the focus of the bean or the carrot or the celery or whatever you're looking at, then that is the focus of attention in that point and all of the attributes that seem to go with that point, so that you can, and you do, pull up certain ones as you beam your light onto a certain one, your attention, and you say, "Well, I want to know, how was it in Cleopatra's time, etc."



Well, she is a point of extension of the holy One in that point, and you zero in on that, and there is a feeling of intuition as to qualities. And you say, "Well, she was such and such and she had this quality and so forth." After a while this becomes in your language, in your understanding of what is called history, this is what she looked like, this is how she ruled, this is what she taught, etc. So if you want to have

conversation with this one, you go in your intuition, your mind, and you contact this one. How can you do that? You can do that because you are creating moment by moment that which you call truth—lower case "t". So it's no mystery, and yet it is the greatest mystery of all, how you create. So yes, my father Joseph, he was my father in that lifetime, he was a carpenter, a most well-designed one; he made beautiful designs, because he asked of the wood—and he has talked with you about this—how do you see yourself in a form (speaking to the wood) and it would show him in his mind, and then he would put it into the physical.

But he also had other lifetimes where he was St Germain, and he was, and is, on the Council of One, so you can tune in to that lifetime, that expression and ask of that expression or that point in time, which is of your making...time truly does not exist except in the mind. But it works, you know. It explains certain things, and it gives you a neat package.

Thank you. So you're also known as Sananda (Right) So what is difference between Jeshua and Sananda?

Only by the attributes that one will give to that name. Ones say, "Well, Sananda was a commander of a great spaceship. Yes, okay, I have done everything, truly, because I know myself to be unlimited. And for you, you would say, "Well, some of the characteristics or job descriptions haven't been invented yet," and I will say, "Yes, in your knowing they have not been invented yet, but in my sphere of time, it has been." And that is why you can have ones writing what is known as science fiction. They go to another place within the sphere of

time and say, “Okay, what’s going on right over here in this corner, whatever?” And they write about it. Is it true? Yes, it’s true—lower case “t”—but it is as true as another point in time that has been more researched and written about. It is fascinating. It is the creative One—capital “O”—creating, expressing, and then going back on itself and saying, “Oh, how wonderful,” not knowing that they have already just created that. *(Thank you)* Ha ha. It brings up probably more questions than it answers *(It does)* Yes, but that is the way of the mind *(Thank you)* Very good, thank you for asking.

HOW MANY REALMS?

Previously I asked a question about what happens if someone who is not so nice on this realm transitions to the next realm, and you said that there would be yourself and others to work with that person (Oh, yes) So the obvious implication is that we don't become instantly enlightened just because we transition (Right) But I guess sort of the follow-up question to that is, how many realms are there? Are there realms above that realm? And are there entities working with you to make you more enlightened? I mean, where does this all end?

It does not. You have discerned well, that it keeps on going, going forward, creating, experiencing. There are realms beyond anything you can imagine, and it is good. We have decreed that whatever we create has a blessing in it, and even if it feels like manure, it just makes a stronger plant or tree out of you. So you are doing well with it.

And yes, when ones transition, what they held to be as a belief system at that moment continues on, because

they are holding it, until at some point, which is outside of time, there is a feeling that seeps in like warm bathwater. It flows over them; a place of peace, a place of healing, and then they are able to hear the voices of loved ones who have gone and said, “I know things are different now, the voices of masters, because each and every one of you is a master, but each and every one of you has several masters working with you even on this plane. And when you leave the focus of the body, they are still working with you, they are still speaking to the one that you have asked about, and at some point, very soon, she is going to feel the peace, that she can let it all go.

All of the self-hatred can be let go, the self-judgment, all of the times that she has felt she failed and therefore she had to act out. And then she will know that she is made of good stuff and that truly she is loved. The masters are working with her. *(Thank you)* Thank you for asking.

CONTINUING AFTER TRANSITION

You spoke of when we transition. I would imagine that when I no longer have the body...I can imagine...we still have memories (Yes) We still have memories of our human life here. And those memories would include wonderful things and challenges perhaps that we haven't worked out. So we could rewrite our stories when we are there too (This is true; anytime, anywhere) And there's only One of us, and it's really about us and not someone else. But could I help other people rewrite their stories...because we can transfer thoughts to people (Right) so we could introduce that thought perhaps to someone who is struggling (Right)

Because I do believe that the spirit of who we are, once we no longer have a body, we are still very enmeshed in people's lives, people we know and people we don't know (Right, this is true; because you care) So we can do that. I just thought that would be a nice thing to still be able to do that, and because we can create whatever we want. If we envision that, then we can continue to do that (This is true, yes) Very good.

And ones quite often when they first transition, as you have said, still keep an individualized understanding of themselves; in other words, they still feel that, “I am whatever-their-name-had-been-in-the-lifetime.” Or sometimes they will go to what seems to be a long way back and bring forward a seeming personality and enjoy it once again. This is why I have said to you, you can speak with any of the masters, ones who have been exalted and have given forth helpful messages. You can speak to them even now, of course, because they’ve gone nowhere away from you. So when you no longer have the body to drag around or to skip around, you can talk with anyone. And yes, you can give them an idea much more easily than you can do right now, because now you have to find the right words and the right nuance of words. There, as you have already discerned, you give the idea, thought. You will be most busy.



