# Q&A 2014-11-01

Now, we continue. The topic that we were speaking of earlier was very much demonstrated during your break—so much love, so many smiles, so much being shared with people whom you haven't met before as far as this lifetime, but there was a familiarity, a feeling of welcome so that the energy level was quite high. I want to thank you for bringing and sharing your love with each and everyone here. That is the most important element of these evenings.

But when you realize—come to that making real in your awareness, that realization that I Am from before time began—you are love itself, and you've made that incarnate into the body to live a lifetime, to experience and to change, maybe that which you think you need to give forgiveness for or be forgiven for, maybe there was nothing there in the first place except love.

Then it becomes a little easier; that eraser gets to be a little easier to use on the blackboard or the whiteboard. And then in place of it, you write the word "love" (Thank you very much) It is a very good question. It is a very deep subject. It is a subject that you live with all of the time in many, many lifetimes without even thinking about it. And it is a subject that you have decided that you want now to understand the truth of. "What is forgiveness? Why do I need to forgive?" Bottom line—because it feels better. I forgive you. You can take that anywhere you go. You are forgiven (Thank you) You are welcome.

Is there another question? Do you have a question? [Diane] (No) I will tell you something. You have a most wonderful smile, the way it crinkles the eyes and it lets the other person know that it is a really true smile. It's not just a smile that you put on because, "I should smile." It's a smile that comes up from here, and people feel it. Thank you

Diane: I truly believe that, that we all share love and light, and especially just smiling at one another. That's the best way to do it.

Jeshua: Yes, it is. The smile works wonders. Thank you.

Beloved one, how are you in this evening?

Teresa: I am wonderful, thank you (You are a wonder; many of your friends say that about you) Oh, really? (Yes. What would you speak of?) You spoke of time, before

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time, after time. Tell me about before time and about the soul only being love. And what would the soul be if the soul were only love? How would the soul be?

Jeshua: Very peaceful; flowing; energized; vitalized; alive; creating; creating that which is like love. Always you are creating, because you are the extension of the one Creator, the one creative Mind, so always you are going to be creating. Before time began, because time is a concept that you use to measure how long it takes to get from here to my home, how long it takes to get from here to Texas, whatever.

You measure a lot of your activities in time. How long is it going to take me to do my homework? I have a certain deadline to get it in by, and am I going to get it done by that time? You measure. I have lived so many years. I have celebrated so many birthdays in time. But in truth, from one year to another year, if ones did not keep track or tell you, you wouldn't really know.

Many of your ancient ones did not keep track of time. They just were so alive and living that there wasn't any question about how many years they had lived. That is why when I speak to you and have told you my story after the resurrection and after the ascension, how I came back and I lived another six hundred/seven hundred years, beloved holy scribe says, "Well, which was it? Six hundred or seven hundred?" Well, I don't really know. I was just busy living, experiencing, traveling, going places, meeting ones, just being.

I could say that that lifetime did not—and I will say—did not end at the end of six hundred/seven hundred years. It's still going on. I still come any way that you will accept me, and I come in a myriad of different forms. Any time you meet someone and you see the Christ of that one, you are meeting me; not me as one Yeshua, but me as the Christ, as you are, and it comes alive in that moment.

So before time you were very much what you still are—alive, expressing, creating, being. And as I have said earlier in this evening, when we speak of love, it has to do with that expanded state, awareness, that expanded state that you have a clue of when you fall in love with someone or some project or something that takes all of your attention. That is a clue that you have put into this human expression. But in truth, time is a concept. Time is how you measure one point to another point and how you speak about it. But in truth, as you have discovered, all time is Now. Every time you get to a time, it's always Now.

Teresa: Well, if you spin fast enough with the magnetic change and change gravity, can you collapse time?

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Jeshua: There is a belief, yes, but again it is a belief, because time is a concept that you have built in as the creative One to play with. So in truth, time does not exist, but in this reality—lower case "r"—you have built it in as a truth—lower case "t"—to play with. And sometimes—not to have a pun—you run out of time.

When my beloved friend and teacher, the one you know as Judith, says, "But I'm running out of time," to do such and such—and you all know that feeling—I say to her, "That is good. You don't, in truth, need time. You are eternal beyond even the measure of eternity." Take that into the mind and play with it for a moment or so. It's hard to imagine, but you are beyond time. That is why I speak of "from before time began". And ones will say, "Well, what do you mean? Time has always been." No, it hasn't always been. It has always been in certain realities, this reality that you believe that you are living in, yes; it's one of the givens. But outside of this reality there is no time; it's always Now; is, always is, Isness.

I know it boggles the mind, but the mind likes to be boggled (Thank you for playing with me with that concept) And that is what it is good for, is to play with it. Ones sometimes will get very esoteric about certain subjects, many subjects, and yet you bring up all of these subjects in order to play with them.

That is truly what a lifetime is about; it's about a playground, and you put all kinds of experiences into it. Some of those experiences you like and you say, "Oh, those were good experiences," and some of the experiences you don't like and you judge them. And then you say, "Well, you shouldn't really judge." But sometimes they don't feel as good as the other ones. So you are free to judge and to take it back if you want to erase it off. Then you'll have something else you can put up on the blackboard.

You are great creators and you love to play, and the mind loves to play. That is one of its functions, is to play with all the ideas that come to you and that you share with other ones. But where you truly abide is in the [coaxing Charles to fill in the blank; no response, so Jeshua whispers "heart"] (Charles: You thought I was going to say mind, didn't you) No, you have already ascertained that the mind is not where you always abide. Now, the mind wants you to think that, because it has plenty of energy to go around and around. But truly where you abide is in the heart.

Beloved holy sir, how are you in this evening?

Shaheer: Good; how are you? (Excellent, thank you for asking) You're welcome. Today my question is more of an entertainment question. Am I good at humor and riddles?

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(Yes, you are) Would you like to hear a joke? (Yes) Okay, let me think of one. Okay, got it. Why did the whale cross the ocean? (To get to the other side?) To get to the other tide (Laughter) Also a riddle. How do you get out of a box with a mirror and a table? (Sounds like magic; I don't know) You look to the mirror, you thought what you saw, you take the saw, you cut the table in half, so you make a hole with the table, and you climb through the hole and you're out (Very good; it is amazing. Thank you very much, kind sir.

Beautiful one, how are you in this evening?

Rose: I'm good (You are very good. What would you speak of?) I don't have any questions. Since I've been coming here, I'm feeling so much satisfied and I'm inside deep in my heart and so much blessed. I am really letting God and Jeshua and everybody to let the things happen. I'm just walking and helping (You are helping very much, yes. Thank you) You're welcome.

Jeshua: Beloved sir, how are you in this evening?

Mateen: Good, thank you (Yes. What would you speak of?) Well, I have a few questions, but I think first let me start with a complaint (A complaint, heavens. Do we allow such things? Yes, proceed) When I came here about a month and a half ago, I had no idea that I was coming. As I came, when I was here the first night, I felt I was ready for that next push, and that's why you invited me here. But I think I failed the test.

I know after your travels...I read and saw that John the Baptist gave you baptism, but you were gone to the desert for forty days. You had to fight with your lower self, but you were able to come out victorious (Of course) and I feel I have failed. I feel I'm still stuck on that level. Now, I know the difference between spirit and my lower self. The more I know, the more I hate my lower self. But I'm not able to cross that line which I thought I would. All I can ask you, either let me go back or push me on the other side, because I am standing on two worlds and it's very tortuous, very painful, every moment that I have to spend as living pain.

Jeshua: Yes. Now, in truth, beloved one, you are one who feels things very deeply. You are one who also takes those feelings and analyzes them and adds them up. Do they add up to the infinite number that is the most wonderful, or have I failed to reach that infinite love space? You are one who wants to know all of the answers all at once and will judge self if you don't know everything all at once.

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However, you will want to...in hindsight you will look back on this time and you will see how rich it is. You will see how even that part of yourself that you feel has failed, or is very slow and you're having to drag it along, has allowed you to know the fullness and the wholeness of yourself; not just the good parts that are, oh, yes, very spiritual, but to know the human feelings.

Because you have wanted to know all. You have asked to know all of self, which includes that feeling of, "I have failed. I'm not as good as I would like to be. It hurts." Well, yes, it hurts, because you are judging self, and whenever you get into judgment, it's going to hurt. Why does it hurt? It's the same as when you put the hand on a hot stove and it hurts. It means let's change things. Take the hand off the hot stove.

You are in process right now of growing rapidly. It can be likened unto one who is going through the teenage years and is growing so fast that one pair of sandals fits you for maybe a few months and then you have outgrown those sandals and they pinch; they hurt. That is what you are doing. You are growing so fast that you are outgrowing the old sandals and they are pinching you, and then you are blaming self because you are growing.

Acknowledge all parts of yourself and love all parts of yourself. And when you feel that you have failed, know that that is only because the sandals are too tight, that you have outgrown them, and you now need to move on to a larger pair of sandals. You need to move on to loving even that part that judges. That is where the forgiveness comes in that we were speaking about earlier—giving love in place of, giving love for the judgment, in place of the judgment, and realizing that everything works together for the realization of wholeness.

You are growing so fast that, yes, there is much that is pinching and too tight. You are looking at old ways of thinking, and you are seeing this with other ones and how they are stuck in the old way of thinking and judging and having to grasp. And you are saying, "I don't want to be with that anymore." You don't have to be with that anymore. Get yourself a new pair of sandals. Get yourself a new pair of loving yourself and accepting even the part that pinches, even the part that you now recognize that you don't want to have that part as part of yourself.

You have already grown past it, and yet you have not allowed yourself to know that you've grown past it. But that is what the pinching is all about and what the pain is all about. You've outgrown so much that was "you", you as you thought yourself to be, that you no longer really know who you are, and that is good. That means that you have given space to grow into the larger Self of you. It is okay to be in that place.

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As you have written in the holy Scriptures, "I took myself apart, away into the wilderness to find myself," which is what you are doing now. And you don't like the wilderness. It doesn't feel good. But that is okay. You are not going to stay there forever. It doesn't feel good. You're going to come out of it.

Hold onto the Light. Hold onto the Light and the love that is all around you. You have many in physicality who know you and love you. Even more than that, you have masters and teachers and guides who are working with you because you have said, "I am ready," and now you are in a place where you want to take it all back because it hurts. But you can't take it all back, because you've already grown. Rejoice.

Whenever it hurts and you see things that you don't agree with any longer, rejoice, because you have grown and no longer can you go back to that. You can't go back to the old way of thinking; there is no way. And whenever you even contemplate going back and saying, "Well, I felt more peaceful when I didn't know," you can't go back. You've already grown past it, and that is good; rejoice (Thank you)

I believe in you. You have many in physicality who believe in you. They are right here with you in this room. They support you, and they know that you are coming through a very squeezing time like the narrow part of the hourglass. Before that you were in a place where everything seemed to be okay. Maybe it wasn't perfect, but it was okay, and now all of a sudden you have said, "But I want to know more. I want to be the fullness of who I am." And so you are coming through that very narrow place. And yes, it pinches, squeezes, hurts. Rejoice. It allows you to know that you are alive and moving and growing.

Mateen: Thank you, Jeshua. I think part of that...I'm very in love with you, and you know that. And many times I find myself sitting in the park and crying for you. And I failed you that time (Yes) sitting next to me. But what really hurts me is that many times you are with me but I don't feel you. I want to feel you all the time. That's the way I want to be.

Jeshua: You have asked and you have chosen to live a human life. Now, we have spoken many times that the human life is not the easiest life to live. You have chosen a reality—lower case "r"—that has many challenges, many twists and turns to it, because you have said at a soul level— not the conscious level, but it is becoming conscious—"I can do this. I can come through all of the human twists and turns."

Always the world and the humanness will present you with opportunity to judge self, to judge others, to be in a place of not feeling all of the love that you are. Human

life, I know, is a challenge. To come up over it and to live in love, that is the greatest task and the greatest reward.

Always I am with you, but it is not important that you know and feel me all of the time. There are times when you need to be with the loving mate. There are times when you need to have the attention on the loving offspring, the most beautiful ones. See you the Light around the beautiful ones? Yes, and that light is encouraged by your Light.

So allow yourself to recognize that what you are coming through is quite normal in a human life. You are one of the ones who is choosing to come through the old thinking that keeps you limited. Many of the brothers and sisters would not go there. Many of the ones who have not chosen physicality would not go there. There are many ones who hang about listening to the words of the discussion, but they do not yet have the courage to take physicality and to live the questions and answers that you are asking. They are saying, "No, I'll watch for a while longer. I'm not going to choose the human life. I think it's too difficult, but it certainly is fun to watch it."

But you have said out of great courage, "I will come and accept a human life with all of its ups and downs and question marks, pain, sorrow—possible—but I will come past all of that. I will come to the place of all-abiding love."

And that is true for all of you in this room. That is true for everyone within the sound of my voice. The ones who have chosen the physical life, it is not the easiest. I can attest to that. But it is a very adventuresome rewarding experiment (Experiment, yes) Exactly. So I admire you. I thank all of you for what you have chosen to do, because it takes great courage to come and live with the brothers and sisters with their thinking, with their way of being, and to hold different views and wonder, "When are they going to wake up?"

Well, I will share with you that there have been lifetimes before this when ones have wondered that about you. "When is he going to wake up to all of the love that he is?" And now you are (Thank you) No judgment; only admiration (I will try) Very good.

Beloved one, how are you in this evening?

Mark: I'm doing well this evening (Yes, you are. You're doing very well with the dissemination of the information of more life in different places) Yes, and I brought this card to have you take a look at. There's a picture there of a place called Silbury Hill, which is the largest man-made mound in Europe. Crop circles seem to be attracted to that mound. It's estimated that it took 500 people fifteen years with baskets of chalk

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rubble to make it. So I'm wondering, who were those people? Why did they make that? What is it? What kind of social organization did they have that made it possible? Were they slaves or not? Or were they all in a joint venture?

Jeshua: They were not slaves. It is, as you have recognized, a vortex of energy. Ones have felt that from a long time ago. In order to make it more prominent, they wanted to make it a bit taller, bigger. They were ones who were organized by telepathic mind and shared with each other the vision of building something that could not be missed. They felt the energy vortex there and then they wanted to make it even more prominent.

Were they already from what you would call other space places? Were they space beings? (Yes) Yes, good answer. Yes, they were. And they built this as a landing spot for craft as they would come in other times. Already they are preparing for the landing of spacecraft in a time when there will be more welcome. So they are already putting their energy on top of the vortex that they feel, that they see, that they are attuned to.

It is most beautiful, the artistic work that they do. Even the humans who look upon it cannot deny the beauty. Now, I know the farmers sometimes have a bit of a problem with their crops being turned into most beautiful show places. But even in time again we get back to the concept of time—they will come around and understand that these are markers and that they serve a purpose.

Right now most of the humans are not ready to welcome the space brothers. Most of the humans are questioning, "Can there be intelligence beyond what I know here?" And because of the very large ego—separated ego—ones think that this is all the intelligence there is, and when something like this most beautiful design is made, then they get confused. They say, "How can that be? It must have been made by humans somehow." And yet the research has gone into it to show that, "No, this cannot be just made overnight by humans."

Mark: So was it made with labor, baskets of rubble, or was there different technology employed?

Jeshua: Because humans only know how to do things bit by bit, slow by slow, they have put forth the story that it was many baskets. In truth, it was made as you see the crop circles being made—overnight, quickly, by mind. Now, when you use mind energy, you go outside of time and you don't have to worry about how long it's going to take, how many slaves it will take to put this together.

When you go into mind energy and mind manifestation...the space brothers know how to do this; and it does not mean that they are better than humans, because you are living challenges that the space brothers would not even go near. But there are things that they can do, that they understand to do, and so they do what they understand to do.

Humans look at it, and because there is already that little kernel of inferiority that separated ego likes to dwell upon, they say, "Well, it must be some other intelligence greater than mine, and if that intelligence is greater than mine, maybe I have to defend myself." Always it goes to that kernel of fear first. But you are changing that. You as the collective consciousness, you are changing that first reaction of having to go to fear first and are going to love first. Therefore, what you are doing, you are teaching.

You know that you are teaching to ones who are already ready to hear a broader message. They're not quite sure if they're going to actually walk over the threshold into it, but they're curious. They want to know, and that is good. And you are having fun with it (More and more; thank you)

Beloved one, how are you in this evening?

ZuVuYah: Oh, greetings, beloved. I'm very glad to be home (Yes, welcome home after being busy) After being on all of the treks. I don't actually have a question. I just want to appreciate you (And be in the good energy) and be with the community, my Heart Family (Very good, thank you)

Jeshua: Beloved one, how are you in this evening?

Eva: I am doing well (Yes, you are, in many ways) Yes, survived the week (Yes, very good) I would love a hug from you (Well, of course) Thank you (Love always feels good) Very much so. I know that we can send love to the places in the world that need it, that are at war, and to the people who want to trade in fear to do wars. My concern is about the leader of Russia and his role in trying to foment war in Ukraine and that whole area there. What is his purpose? It doesn't look like, from my point of view, that things are changing. But how can we affect that to be more loving and more life for our brothers and sisters there?

Jeshua: It is to trust the process even if it doesn't look pretty. Even if ego that is so accustomed to going first to the place of fear says that this cannot be changed, it cannot easily be changed, everything can change overnight. In truth, you are going to see

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some of that happening, the changes overnight, seemingly, that will happen quickly and rapidly. It is to trust the process, to send love and Light, yes, and to believe in the best of all possible outcomes, because the outcome is going to be the best. It may take a few twists and turns to get there, and then there can be the judgment that happens because time seems to move slowly, but in truth it is working according to what ones will allow themselves to create.

So you can send the love and picture them—all of the people who live in all of the regions that are being assaulted right now by fear—send them peace. Send them love. For as we have said, there are no barriers to love and to peace. When ones are ready to accept, they will accept. You cannot force it upon them, as you know, but you can always send it out there and offer it. And when they have come to a place of knowing that this is something that can be changed—and they are approaching that point—they will accept it.

Eva: I know you are always there working with them too (Yes, I am) Thank you.

Jeshua: Thank you for being concerned. Thank you for asking the question. Trust.

Eva: They are my brothers and sisters and ancestors from that region too.

Jeshua: Of course. It is true for all of you. These ones that you see suffering a bit, they are truly your brothers and sisters. If you trace your ancestry back far enough, you will find that you are related.

Beloved one, how are you in this evening?

Chris: Great, thank you. I just wanted to ask, why was the ego created?

Jeshua: Oh, you created the ego because you wanted to play with something that would be exciting, adventuresome, that would get the adrenaline in the body in a rush. You created the animals that would want to feast upon the human body a long, long, long time ago in order to have that adrenaline rush, because you had to run away from them. You had to be swift of foot and crafty of mind to survive with the human form.

After you came out of the woods, but yet not out of all of the woods, you then didn't have the animal forms that you had to run away from, but the ego still created things to be afraid of and to be in fear of so that you would have to protect the body, to keep this that you had created. And so you created the boss.

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You have created all of the things that could possibly attack the body, and the ego, the separated ego that doesn't know that it is all of the I Am, the separated ego said, "There is much to fear. I have to save this body. What am I going to do if I don't have a body?" Well, you know the answer to that. You're going to be free. And then what do you do? You often turn around and reincarnate, because the adrenaline rush is so powerful, because you enjoy the adventure. You enjoy being in love. You enjoy playing with ideas, allowing the mind until finally it gets tired and you go and you rest in the heart. That's where it came from (Thank you) You probably got a longer answer than you bargained for (Laughter)

Beloved one, how are you in this evening?

Terri: I'm wonderful, thank you (Yes, you are) I want to thank you for speaking through Judith (It is my pleasure) I just want to ask you to help us to hear you more; not only through Judith, but through everything we do, and help us. You are the way-shower.

Jeshua: And you also. You are the way-shower for your brothers and sisters as you discover the peace of living and the love of extending your smile. To other ones, you are the way-shower. As you discover a book that has an idea in it and you say, "Look at this! Look at this idea. Where does it take us when we think about this idea?" then you are the way-shower as well. All of you are my voice. All of you are my hands to reach out and hug. All of you are my feet that walk somewhere to be in concert with another person to help them through their sorrow or their confusion. I work through you and anyone who is open and receptive and wants to be in love. I work through you. The Christ works through you, and one Yeshua, from time to time, as I take identification.

Terri: But I've read that you performed many miracles and you've cured the ill and awakened the dead, and I know that I am your sister (Yes) and that what you do, we can do, and I really would like to be able to take away my very dear friend's disease through a miracle.

Jeshua: Right, and it will seem to be a miracle, but it will be the natural outpicturing of what her soul—not only the conscious; it isn't always conscious; in fact, most of the time it isn't—has chosen. But I must say that I only "cured" the ones who were ready and willing to accept it. There were many who went away sorrowful because they didn't get cured. But those aren't written about in your holy Scriptures. Your holy Scriptures are a bit biased in one way of recording only the most miraculous wondrous things. There were many who came to me and were not healed in that instant. Maybe

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they went home and spent a month, a year hoping, trying the different herbs, whatever, and then there was a healing because they were ready to accept it. It varied from person to person, as it does in this day and time. You can only work a miracle if the other one is ready to accept it (Thank you) Thank you for asking.

Thank you, kind sir [George] Blessings upon you.

Beloved sir with the toes, how are you?

Charles: Oh, wonderful. It's very wonderful to be in your presence this evening. You've already dealt quite a bit with the subject that I was going to ask a question about, which is love, but I have a more focused question. There have been thousands of songs written about love, but somehow or other they've never fully defined it, because they keep writing the songs.

There have been thousands of books written and, again, they have not fully defined what love is, because they keep writing the books. There's an essence that seems to be missing, and I know if you look at the Course in Miracles, it says that it cannot teach you what love is. All it can do is help you to find the barriers to your awareness to love's presence (Right) So that's getting a little closer.

Then some years back, there was a book called The Road Less Traveled that talks about love being the extension of your will so that you are helping another extend their spiritual growth. That had a lot of appeal to me as to what the essence of love was. But I know when I tell Pat, my wife, that I love her, as much as I mean that, I think that there's something more. There's something that I'm not quite getting. And so I guess my question is, what is that essence, that divine essence that I'm not getting?

Jeshua: Truly you are getting it, but it is not defined in terms that the world would put forth; in other words, you cannot really define the love that you have for Pat or for anyone. You can feel it. You can express it. You can tell her, and she can feel it and she can accept it. And there is more, yes, because it is your whole being. And that, at this point, is too much to take into the human conception. But you are doing very well with the clue that we spoke of earlier, the human love, of feeling love; not only for Pat, but for all of the ones that you meet and you talk with, all of the ones that you share ideas with. You are feeling love with them as well. And at some point, when you have moved from this reality and the understanding of this reality into the place of the extended peace of Allness, you won't even need to express it, because you will be it. But meantime, enjoy her

baking. Meantime, enjoy her beauty (I do very much) Very good (Thank you so much) You are doing well.

Beloved beautiful one who is much loved, how are you in this evening?

Pat: I'm wonderful (You are wonderful) Thank you. Do you believe—you, Jeshua—do you believe in angels and guides, or are we the angels and guides for each other?

Jeshua: Yes, all of the above (So both) Both, yes. I do very much believe in angels and guides and teachers and ones who are discarnate and living in love. I very much believe in the ones who are living in love and yet activating a body and going through all of the challenges of the human experiment. So yes, angels do exist, and you are one of them.

And I may repeat that for each and every one of you. Angels do exist, and you are one of them, each and every one of you. But meantime, you have said, "I will put that aside, because I will focus upon human life, and I sure have enough to focus upon with all of the daily activities that the world presents." But every once in a while it creeps in, does it not? And it is great (Yes, it is; thank you) Thank you for asking. Very good question.

Beloved kind sir, how are you in this evening?

Rick: Doing fine (Yes, you are doing fine) I don't have any answers right now, so I'm just going to pass it on to the next person.

Jeshua: Well spoken. You do not have any answer right now. That's great.

Beloved one, beautiful one, how are you in this evening?

Sharon: Wonderful, thank you (Yes, you are) I'm just grateful to be here (It is fun, is it not? I enjoy these evenings. I'm learning a tremendous amount in a rapid period of time. Thank you very much (Thank you for being open and willing)

Jeshua: Beloved angel who works as the angel for many people, how are you in this evening?

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Teia: Very good (Yes, what would you speak of?) I think the only thing...the thing I learned this week was that thoughts are either positive or negative, and it doesn't matter if it's in humor or not in humor (This is true) And I was like, wow! A lot of people do negative humor, and they don't even know the power of what they say. Even if it's in humor, it's not (Right)

So I realized that the universe or you or us, we only recognize positive or negative, period (At this place, yes) And that you feel the difference when it's done (Yes) I wanted to react to the negative humor. It was put upon me, and I decided not to accept it. All I said was, "Wow, I didn't see it that way. This is how I saw it." And I just made it positive (Right) without making the person feel bad; I was trying not to, anyway, because I don't think that they realize that's what they do or what they learned.

They came back and apologized and didn't realize that that's what they were doing. And so instead of making them...I told them that they didn't owe me an apology, because they didn't intentionally mean to do that (Exactly) I just told them my thoughts about what I did, and that I was affectionately...it was about a picture I posted. I said I was affectionately posting this picture because this is what I remember, and it was a more positive thing about strength of character and what was actually really going on in our lives at that time, which was not good.

But we were being normal, for being children. We were still being normal, and people didn't know what was really going on. So I was just recognizing the strength of just keep moving forward, keep going, and still be loving and kind and participating. Anyway, that was just a very wonderful acknowledgment for my spirit, is to just know that there's positive or negative, and that's all I have to remember, and that all I have to do is positive on anything and everything, even if someone is being negative, because I don't think a lot of people know that that's what they are being.

Jeshua: Right; no. They've been brought up to believe that any kind of humor is okay. But there is, as you have discerned, an underlying statement that is being made, and it is good that you point it out.

Teia: I think it was a growing place. I'm hoping that it's a growing place, because we don't communicate very well with one another because of that. But it's not even just in the humor, but in all things, very judgmental. And so it's helping me. It's really like a key that I needed to help me to better communicate with them and not have that kind of dance (Good) So thank you

# **Jeshua Teachings**

#### 2014

Jeshua: Thank you for the discernment and for being kind to the other one; not to jump on them; not to react in that kind of way. Thank you.

Beloved holy scribe, do you have a question in this evening? Ted: I'll wait until next time (If that is your choice) That's my choice (Okay)

Jeshua: Beloved ones, it has been my great joy to be amongst you in this way. Truly always it is my wish to love you and have you know that I love you. Always I am with you. Never can we be apart. We are the One, the one holy One having an experience as individuals, having the experience to be human and to come through the challenges and to come up over what has been taught to us even subconsciously by the culture, by the peers, by the parents, by the friends; to come to that place of knowing that there is only love, and no matter what experience you come through, do not judge it, because you are too close to it to judge it.

Allow the perception to be of a process and to give great thanks to yourself for the process, because you are the one creating it, and know that truly everything serves the realization of at-One-ment, the atonement. They got that mixed up when they wrote the holy Scriptures. They forgot to put the dashes in between—at-One-ment. Know that truly I enjoy, I live in joy with you as we interact, as I walk with you throughout the daily living. I give to you my love always.

My love to you, beloved brother. Have you a question (Don: No) Good. Blessings upon you. Blessings upon all of you. So be it.

Judi: He's always so funny. He does something that's going to look very funny, but this is the way it felt when he was taking his leave. He went [shaking the head and shoulders like a wet dog shaking himself] "I just enjoy these evenings" (Laughter) He does. He just so much enjoys being with you and being in your love and your life and all of the ups and downs that seem to be downs, and making light of them