The Expanding Viewpoint

Jeshua Speaks About: The Individuated God Self

Beloved One, let us speak now about the individuated God Self. You are that individuated God Self walking on two feet, sometimes walking on four feet, trying to have an experience knowing that you have free choice in every moment. And yes, even if the pussycat does not think that she has free choice, she does. And her choice now is to sit on the sofa by herself. Okay, good, peaceful choice.

You are the pussycat of your life. You are the one who smiles -- sometimes with great love, sometimes with a bit of what they call the Cheshire Cat, where "I know a secret. I'm not going

know a secret."

And you have felt this from time to time

when you

to tell you, but I

knew more about what was going on than what the human self seemed to acquiesce to. You have known, "I know that there is more happening here than what I see, or what I understand."

And that has brought great wisdom and peace to your being. Because in that moment of allowing for peace, the answer to all that you struggle with has an opportunity to run in and say, "But what about...?"

There is great wisdom in the human condition and the lessons, as you call them, that you provide for yourself and for others. Nothing is ever done in isolation. Everything is done in the oneness of the whole -- wholey One (w-h-o-l-e-y).

Look to your language. There are many clues in your language. You know this even from studying what can be called the foreign language and how a subject is approached in different cultures. So, there is much of wisdom, there is much of teaching which is surrounding you if you will stop and breathe and be open to taking in more.

And there is more. That is why some of your slogans are such good reminders of what is going on in your world. To see this (whatever that is) and then to know, to claim, "And there is more." Because everything which you approach, everything which you judge, you see first in a certain way. And then, as you will breathe and be at peace, there will be an idea of further meaning. And if it does not come right away, allow yourself to take the time to ask, to breathe, to be.

Right now, you have a great upheaval in your world. Many have completed the human condition and have exited. And you have wondered, "Why have certain things happened that now so many are taking their leave of the human condition? And where do they go?" Back into the Allness of the One -- to make choice: to experience one more time or to make choice just to be. It is called heaven -- to be in the place of peace and to (if you are interested) observe: to see what the choices are.

There has been a seeming necessity for many lifetimes to make instant decision about something to do. "There is this huge tiger that is running after me and it is going to devour me if

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Happiness Is...

I don't know about you, BUT I am happiest when I am listening in to Jeshua sharing about Who we are, Who He is, What we are, Where we are going/have been on our Journey. It helps me to let go (and let God) of my limiting views of myself and others, and open to the Greater Holy Self. Then even the mundane gets Exciting! With the first breath of waking up in the morning, becoming aware of the miracle of the body/ breath, the first stretch of the body, the first acknowledgement of "Here I am, Lord. What shall We do together today?" I give thanks and I acknowledge the "We" of Life. (I used to feel alone...).

You are the gift in my life. Even the perfectionist (yes, you) and the doubter (one more question?). Wonderful teachers, all. The best of Friends

SCHEDULING UPDATE: The EASTER ADVANCE will begin on Good Friday, April 7th, (instead of the Wednesday) at 5 p.m. Pacific time; Saturday evening at 5 p.m. (Pacific), followed by Sunday morning (Easter) church service (Unity in the Olympics) at 10:30 a.m. Resurrection Sunday. All events in person or on Zoom.

— Judith

The Expanding Viewpoint

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he/she catches me. I have to make instant decision. I have to run." Or, I can breathe and know that it is okay. If that which I have brought forth is changed, it is okay to live with also. And to be at peace with whatever.

Many times there is the feeling that, "I must get out of here. I must save the body, I must find safety. I have to preserve this whatever this is." And it can be the lion. It can be the flea that lives on the lion. It can be the worm in the dust. Or it can be the dinosaur which you have been because you wanted to know, "How does it feel to be powerful in physicality? How does it feel to be huge, larger than the small things, small creatures?" And it was a simile to allow you to feel that you are creating. Then you took from that a message of separation that, "Okay, I am here. I am big and strong. I have power over everything that I see." Or, "I am a small little thing, a cog in the wheel of the existence, but Who am I?"

Many, many lifetimes, including this one, you have asked, "Who am I? What am I? Why am I?" I have heard you. And these are questions that I asked. You have in the writings, the meager amount of writings that you have about me and about my life, the questions that I asked. Why did I spend a long time -- 40 days and 40 nights -- which is another way of saying a long time -- in the wilderness of the world wondering, "What is this all about? Why am I striving to make sense of something that seems to be senseless?" And you came to the one conclusion: love. It is to know the essence of Love I Am that which I

look upon with love. And you are. You are everything and all. You are the divine One bringing forth an experience which you call, in this essence, human.

You are creative. Not only that, but you are the Creator. Take it deeply within the mind that you call your own and know that truly you are the creative One -- capital "O." You are creating this message, right now as we speak. How does it feel? Okay. Joyful. Wonderful and joyful. You are the one who is creating it. You are the one who judges it and puts it out there. For this is how it is according to you. You are writing your own script. Call it joyful.

You are a great inventor. And if there is not enough excitement in it, you will invent something to be excited about. Make it joyful, make it easy, make it happy. This is what I see you doing.



And the body that you are activating thanks you. Because when you are into stress, it does not feel good. The body doesn't like it. The body says, "Can we stop and breathe a while?"

I walk all the time with you, especially as you have the questions. I walk with you. I answer. Sometimes you hear me. Sometimes you do not. But now you are asking to know -- truly claim and know -- I walk with you as you.

You have wanted to know, "Who am I? Why am I? Am I making the right choices?" Yes, beloved one, you are. Your choices have brought you to this place, this place which says, "I Am" And then there is a blank for



you to fill in. "I am the angel on two feet."

Each and every one of you makes the most wondrous lifetime as you go through it. Make it happy. Why not? Exactly. You have garnered to yourself enough of the years' experiences. You have been there, done that with a lot of choices. And you are ready now for the icing on the cake. "I want to know the goodness." And that is why you are here now with friends who also want to know and to exhibit love, to feel the healing vibrations of love, to know that truly the essence of life does not end with a demise of the physical body.

You have found that throughout many lifetimes, as the ant, as the winged bird, as the fish in the sea. As the one who is the furry animal in the wild chasing after and having the experience of "how does it feel to run in the forest? How does it feel to fly as a butterfly? How does it feel?" And when you ask that question, there is a knowing which feels because you have been there. You have done it. And there is a knowing which says, "Yes, I imagine..." and it is a prior knowledge that you are imagining which then brings it to a realization of, "That feels real."

Allow yourself to adventure. It is safe. You will not lose yourself. You want to know the Adventure.

That is truly what you are doing. You have come through so many human experiences, so many lifetimes of form that you know how it feels. You know the Adventure. And now you make for yourself the creative situations where all of this knowledge comes back to you (if you need it) and allows you to revel in an adventure.

You are having a human experience at the same time as you have the angelic experience. And no, you do not have to die in order to be an angel. You are an angel on two feet. You are an angel who flies with the love in the heart. There are times in every day when you feel yourself transported. Where you know, "There am I as the one you look upon -- even if it be what you call the four-footed one. How does it feel to look out through the eyes and you are on the four feet?

Why do you have certain dreams? Because you want to adventure one more time without giving up the body. So, you dream. And you have the adventure in the dream. And then you wake up and you say to some, "I just had the most fantastic dream. Boy, it was really far out." Yes, of course. All of you are very good at fantasy, at fabrication. Making up something so that you could say, "I've been there, done that." And you have, which is how you put together what seems to be a story in this point and focus.

You are most creative. That is why some of you get into writing the stories of things. Because you have been there, done that. And so, you



say, "Okay, I will tell what seems to be a fantasy." And yet, at the moment, when you are in it, it is reality. And it may feel, "Oh my goodness, do I really want to be in this?" And sometimes, as your dreams will show you, you might be better to wake up and smell the roses.



Life. What I am trying to say to you is that life is an adventure. Life is a gift that you give to yourself. A life with form and a life outside of form where you have the imagination, the tool for knowing and making adventure. Allow yourself to say, "Ah! That was a good one."

Sometimes there have been chapters in your life, where you have wondered, "Am I going to come through this?" Are they (whoever they are) going to chop off my head? And you have been there, done that. And now where are you? Right back doing the adventure again -- with perhaps a different ending.

I was of the same thinking for a while. And I thought the worst thing that could happen would be the crucifixion. That would be a slow and painful death. "I don't think I'd like to do that to the body." But I found, as you understand now, that that experience is only an experience. It is what you call it. And I found that I (and this is true for you) I am not tied to the body. I am the God having a human experience.

Take that to heart. Even after you are finished with this physicality, you are still the Christ, the essence of being, the Godhood, the God Self that knows human experience. Or knows the experience of the lion, the fish, the whale, the bird, anything that you can call upon to ask how would if feel to be? The worm of the dust --you might get stepped on, or there might be a bird that will come by and say, "Oh, dinner." It could be that complete. What would you do next? You would create another body, another form. What have you done in the past? That is what you have done in the past.

If you were the worm in the dust, and a winged one came by and said, "Oh, dinner," you have then created something else to experience. And if you were not finished with knowing the worm of the dust and how it feels to go quite gradually, you would recreate another worm form. That is how creative you are. You can always have a "do-over". What are you doing now? You are doing a "do-over". You said, "I want to be the big tall, strong manly form. I want to be in charge." And then the smaller one has come along and has said, "Okay, you can be in charge as long as I make the decisions."

I have seen how it works. All of you are the great demonstrators. All of you are the Love on two feet, fourfeet, winged, however. All of you are having a life experience. And if you want to have the angelic experience, that is a choice for a while. Try it. You might like it. And then you choose a new one because you want to try something else.

It is a choice, a free choice. And it is the angelic one, the one who knows "I Am" and chooses to live as if everything is free. Everything is as it is. Everything is the Christ nature. I Am.

There is coming a time, outside of time, when you will know the Christ of you. You are Love and loved.

So be it.

Comments on Time

from "The Age of Remembrance Q&A, 1995-08-11:

Jeshua: And as you have been discerning, time is changing. The collapse of time where you come to the place of remembering that you are the energy that has called forth time, because you desired to play with the belief in process which says that there is a beginning, a middle part, and perhaps you get to the ending, the goal. You achieve the goal, so there is a process which defines time. That is your belief, but now you are saying, "I desire to remember that I am the energy that manifests everything, that calls forth everything. Therefore what you are doing is collapsing time to the place where you know that it is not.

Now the other dimensions of you, what do they believe?

Questioner: They are in different places.

Jeshua: Yes, they are with their own beliefs, their own playthings as they make choice, every choice.

Questioner: So it really doesn't matter what choices I make because I get them all?

Jeshua: Indeed, you do. Indeed. That is why anything that you can imagine, any one that you imagine you have been, you have been.

Questioner: So many people have been the same person?

Jeshua: Yes, as it is understood in this point of focus. Yes, for you go and you express different qualities because you want to know, what does it feel like to be the great conqueror? What does it feel like to be the mad scientist who is not mad at all, but who is just perhaps a bit ahead of the rest of them. Who is playing with unlimited ideas. What does it feel like? What does it feel like to have society look upon you and judge you as mad?...

Questioner: So does that mean that that mad scientist for example, there are many parallel mad scientists, they are all happening?

Jeshua: Yes.

Questioner: And I have all been that person simultaneously, or there isn't any such thing? So....

Jeshua: All time is now. So when you ask the question, yes it is simultaneously because it is all within the sphere of the now. But how you would perceive their expression as that person depends upon your perception of who you are and what you believe time to be in that space. It depends upon the point of focus and the perception that is held within that point of focus, and that varies from time to time and belief to belief.

Questioner: I hope I understand all of this sometime.

Beyond the Tomb -The Creative Experience: Easter Intensive April 7-9, 2023

Join us this Easter as Jeshua shares with us what he created during the tomb experience. With sessions on both Friday and Saturday evenings, we will explore with Jeshua (and others?) the events of that most famous event.

Cost is \$100 per person or household over Zoom. For more information and, to register, go to:

https://oakbridgeuniversity.org/Activities/2023EasterIntensive.php