

# The Expanding Viewpoint

## *Jeshua Speaks About: Oneness*

Beloved, and holy, and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is Who you are. Take it deeply within the consciousness and contemplate what that means. Child of the one Source. Divine.

I am the one known as Jeshua ben Joseph. "Jesus," you have called me. And it is in great joy that I come to abide with you as I have agreed to spend some time, your precious time, with you. For, in Truth, we are but One -- seemingly in separate bodies, seemingly in separate geographical locations. But that is all for the drama and the fun of it, for the expression and expansion of the Holy Child.

Now, beloved one, we will speak of the Oneness that we are as expressions and extensions of the one Energy going forth in what seems to be separate streams, separate streams of consciousness. And yet, beloved one, you are -- when you reach out and you do the hug, the hearts are heart to heart,

the energy is as one -- and there is an upliftment which you can feel, even on the physical plane, with the love that you feel.

For, in Truth, you are at all times part of the stream of Divine Consciousness, the stream that goes forth and will renew and nourish every part of the expression and the essence of God. Allness. Oneness.

You are at all times -- and outside of time as well -- the essence of the one Source. Divine, All Knowing, All Powerful, All Loving. When you are in this space of pure love that is your essence. When you are in this space forgetting self but being one with another one, or being one with the idea that brings you up above the human experience -- when you are in that ecstasy of Oneness, all thought of separation dissolves. And you are as the stream of consciousness, the heart of love, Which is going forth touching every one, being the essence of One.

When you come to the place of wanting to express all that you are, you will take in the human expression the deep breath and releasing all constriction of judgments -- not saying how it has to be but just being in the flow of divinity. And there will be a rising up, an increase in what is even being expressed on the human

November 2022

## *Thankful*

In this month when we, those of us in the United States especially, turn our thoughts to thanksgiving for all the blessings we enjoy throughout the year, we here at the central office of Oakbridge University give thanks, first of all, to our divine parts strategically placed all over the world in Remembrance of Who and What we are: the realized Christ, living the human expression: our divine human Family.

It is in great joy that we welcome the Remembrance of the Christ Self. We realize -- and this includes you who are reading this message -- that Jeshua the Christ is us, living the human embodiment in semi-remembrance of Who and What we Are. Jeshua reminds us that There Is No Separation, we are the voice and arms (for hugging) and mouth (for speaking love and all-inclusion) of The Divine on Earth. You/We are the emissaries sent by our Higher Self of the message of Love and Healing/ Wholeness in each and every situation.

J e s h u a   h e a r s   m a n y  
supplications for healing of mind/  
body/situation, and His answer is  
always Wholeness. In other words,  
look for the Big Picture: How is



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## *The Expanding Viewpoint*

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plane or any other plane that you are working on. Allow yourself to know the exquisiteness of One. Allow yourself to forget human cares, human "shoulds." You are surrounded by and can choose at any time a "should." You have had



plenty of them given to you down through time. But be One in the deep breath. Allow even the body to be relaxed and One with the essence of Life.

This can be done at any time, any stage of Life and/or what you call death. It can be done because you are not the body. You are not even the light that you exude. You are the spirit of One -- capitol "O." You are the spirit going forth, having in this day in time the human experience just for the fun of it. And just for, "I'm going to be dramatic about something." And you say, "I'm going to stand up for that one point I made. Nobody listened to me, but I'm going to repeat it. They're going to hear it again from me". So yes, you do, "I am going to be all that I can be." And that will surprise you because there is a whole degree/graduation of beingness.

"Oh, my goodness, is this overwhelming?" It can be to the human expression. And yet, it is

the source of All. So you can express whatever comes to you as the way that you want to be. And you have tried that out from time to time. You have tried out, "Well, how's it gonna feel if I get really mad at that person? And if I say a few words that I shouldn't use? Oh, uhm. Didn't have the desired effect." And then you go back and you say, "Well, I think I'll just love that one. I will just look deep into their eyes and I will see the Christ." And there is a melding that happens -- a Oneness, a feeling that, "Everything is okay. Everything is Divine. And I express the Divinity."

And you do. Indeed, each time you take a deep breath you are expressing as you. And then you breathe out the express, you breathe out the Divinity that you are you. In truth, you are free -- free to express that which you truly are. You get to play various parts,



especially as you have chosen the human form. But in other times you have been the great cat, you have been the butterfly, you have been the lowly worm as it is called. You have been everything that you can imagine. And more. That is where your slogan comes from. "And there is more." And there is.

Everything that can be expressed is and has been and will be. As you get into that creative mode, and you say, "I AM." Even as perhaps the judgment is upon

you and you are upon the cross, the crucifixion. You rise above it. And you say, "I am having a Christ experience." That is what I did. I tried it. And it worked. Much to my satisfaction.

Beloved one, the hardest part of the human life is not the physicality, as you are finding out. It is the judgment and the thought of judgment and the thought that there could be other than love. And when you fall in love, everything else falls into place and is as agreement. Even the very molecules of the body get into agreement, into formation of



Oneness. And so, no matter what you are going through, whether it be physical, or whether it be the emotions -- and they can be even worse than the physical crucifixion -- no matter what you are bringing into your experience, know that you are bringing it in to your experience.

No one else has power over you. No one else controls your thoughts and your belief about those thoughts. You are the One. So, you may freely skip home. You may feel as the little child was skipping along the road, on the way to home, and knowing that, "I am loved, I am love. I am all that there is." And you come up in a certain frequency at that point, where in truth, the boundary of what you say is the body no

longer exists for a moment or so. And even longer, the molecules of the body are free to float.

"Oh, but Jeshua that's a little scary because how can I get them back? I really, I want to live out the human life. And I want to give some hugs. But if I'm given a hug and I lose my boundaries, umm where do I go? How do I get it back?" With one deep breath. There you are. What did you do when you were first born? As you exited the mother, you took a deep breath. What is the last thing that you do in physicality, when you are laying down the body?

You exhale. It is as easy as breathing.

I suggest, in this evening, just before you put the body upon the bed, to take a moment and breathe deeply. Know that you are activating the cells of the body. You are activating everything of memories of what you did that day. How it felt. Who you talked to. Allow yourself to energize in one moment the body. In a good place -- not in a place where it says, "Oh I should have said to her..." Not that place, but in the place where you say, "It was a very good day. I AM." Full stop period. "I AM." And then follow it with, "At Peace." And you will find that the body then takes the hint and allows you the restful sleep. And the next day you are ready to be up and doing and adventuring: because you have decreed that life is going to be an adventure. And it is ongoing.

I decreed that I was going to have an adventure of life. So, I did the human birth and the growing



up as a small one. And I played with the worms of the dust. I played with the flower petals; I played with the bird that sang in the morning. I played with the bird by the roadside. I played with the furry one. And I knew myself to be at One with whatever I was playing with. You see, when you go to that place of innocence -- not knowing yet all of the worldly judgments -- when you are at that place of innocence you are one with whatever you behold. And there is no judgment as to, "I am better" or "This is better." "I AM." Period. "This IS." Period. And you take the bird in your hand and it is as an extension of you. And it is, truly, because you are the one fashioning that which you are looking upon. And you allow yourself to know, "I AM." And you take the deep breath and the smile comes upon the face because the heart knows love.



Life can be dramatic. Life can be hard. Some of your brothers and sisters now will be judging where they are in life and saying, "This is hard. I don't have a roof over my head; I am homeless. I want to be home. I want the physical home." And yet they are finding that ones are providing for them a place to be, a caring place -- if they see it thus -- and to be able to breathe easy. I did not



always and the disciples did not either have the roof over their head. In fact, it was much better, more to our liking to have the stars above. And did we mind the rain because, yes, there was rain. Did we get wet? Yes, we got wet. Did we curse the rain? The snow? The sleet? No.

First of all, we knew it would not do any good. But second of all, we knew -- knowing deep within us -- that we are creating our reality out of the capital "R" Reality. "I am creating out of my true essence." And you are. Right in this moment. Each word that you read. Each word that means something to you -- and this will vary from person to person. You are creating your lowercase "r" reality out of the capital "R." That is how powerful you are.

"Wow. Jeshua, I never thought about it that way." Well, it gives you pause for thought. Think about it. You are creating the ideas that you think you hear in sound, the pictures that we are painting together in words. You are creating as we go along. Some hear them and feel at ease. Some hear them and say, "I don't think that's my reality. I have to suffer some more." They may not choose those words, but it can be true if they say, "I know I have to pay for this. I have to pay in drama somehow." "Nothing," they say, "Nothing is free. There's always a price on everything."

Well, so be it if that is your belief, and you will pay and sometimes pay dearly. But if you feel that your reality is free, your reality is God-given from before time began, then you can go with an easy heart -- physical and as the expression of heart, the Love that you are. Breathe love. Exhale love. Smile. Feel love and loved. For truly you are the extension of the One Source having what you call the human experience. Be at ease with it and come Home to Love.

So be it

## Thank You

We wish to extend a big Welcome and Thank You to the newest member of our *Expanding Viewpoint* team: Carol Januszkeski.

Carol lives in Texas and comes to us via Zoom each month. We send her the recording of Jeshua's Evening message, and she patiently and lovingly transcribes His message (many words!) into written form, which then goes into our newsletter.

Thank you, Carol!

## Thankful

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Love asking to be realized (recognized as Real in its Essence) in every human occurrence? Breathe; know Love. Not just mental, but with your whole Essence, the Godself. Is the Godself available to be known and activated? Yes. Always. In Truth, It is always knocking at the door of your consciousness: Open the door, extend the welcome to the Higher Perspective and Abide in Thankfulness.

Loving you,

I am,

Judith/Jeshua

## Love from Canada

*"I feel so blessed to have been at the Jeshua Advance this year. It was wonderful as always and I just soaked it all in while being with you.*

*The recordings were very good. Bill did an amazing job with the high tech. It was only at the very, very end that we could not hear you; however, it was a pure blessing to see everyone waving at all of us on zoom. I experienced a real feeling of connection with everyone. An inspiration for another time might be: when having zoom and in-person gatherings, to ask the in-person group to crowd together and smile, send hugs, wave, laugh, etc. with the zoom group at various times throughout the event so that everyone can experience an extra boost of joy and feel the heart connection of being together that it brings to us all."*

*Love from Lynne Cox,  
Port Coquitlam, B.C., Canada*