



The Expanding Viewpoint

Jeshua Speaks About: WELCOME TO THE NEW YEAR

JANUARY 2022

Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. I am the one known as Jeshua ben Joseph, Jesus you have called me, and always when you call me, I answer. Always, in Truth, I am with you. Always I walk with you. Always I put my arm around you and I whisper in your ear, “Remember; come Home.” Always I whisper to you, “You are the Light, come once again into an incarnation where you can play, where you can be the different actors on the stage, where you can look to friends, brothers, sisters, and encourage them—*en courage*, to be in the heart—to come up higher than what the world will speak to you.”

This year in your timing is calling out for healing. You have already felt that. You have already seen that. Even your manifestation of the little thing called Covid is being upon your stage and saying, “Well, what do you think of me?” The little Covid is having a great time running here, running there, appearing when least expected and saying, “Look at what I can do. I can change all my little pieces and bother you a bit.”

But you say to that little thing, “Welcome. It is okay. I will share my reality with you for a short time. You may come, you may go. I welcome you and I bid you adieu.”

With you, it will not come nigh your dwelling place when you remember...aha, there is a caveat: It will not come

nigh your dwelling place when you dwell in the place of the Most High; in other words, when you take that deep breath and say, “I know I am the one creating, and I only create that which is of God.”

The holy Child cannot be extinguished. The holy Child has been from before time began, and when the purpose of time is fulfilled, the holy Child will still be. Now, if you remember nothing else from this message, remember that the holy Child, which is you, will always be. Whether it be with certain form that you are used to or whether it be in another form, a most luminous form, a form that is shifting, changing from time to time, you always will be.

Do not, as they say in your world, sweat the small stuff. And in Truth, it is all small stuff, all details. Play. Play with the details. Smile. You are bringing more radiance, as you would understand it, more Light to this plane. Count it all as good, because it is.

Some ones have been experiencing what seems at first to be a loss. A loved one will say perhaps consciously, perhaps not consciously, “I have finished with this existence. I want to try something different.” Then they allow the body to be a heap to be taken care of somewhere, somehow. They have ordained a new experience. It is what they have asked that they want to know and to experience in joy. For in Truth, you are never pun-

NEW BOOK STUDY CLASS

Beginning Thursday, January 27th, 2022, Eva McGinnis will begin a new book study class on Jeshua’s newest book: *Dissolving the Veil*, Volume 8 in His *Personal Christ* series. The class will meet twice a month on Thursdays from 4:30 to 6:00 p.m. Pacific time and run through until the end of November, taking one chapter at a time. Registration is now open and encouraged. Sign up on our website: <https://oakbridgeuniversity.org/Classes/Book8/>. Those who have experienced Eva’s classes in the past will testify to the mind and spirit development which progresses quietly and steadily—and sometimes not so quietly! Eva’s classes are always fun and *enlightening*. See you in class!

The Administration and teachers here at Oakbridge University wish you a Happy and Encouraging New Year. May each day bring more Light and Peace to you on your Journey to the realization of Oneness.

--Judith

**WE WELCOME
THE NEW YEAR.
FULL OF THINGS
THAT HAVE
NEVER BEEN.**

ANGELS

Gold Angels:

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Silver Angels:

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Toni Crawford, Connie Cummins, Eva McGinnis, Diana Nicholson, Kenna Raymond, Trudi & Don Robinson, Josie Johnson-Rogers, David & Jennifer Pittman, Carl Joseph Sabol, Sa'ed Sadeghi, Alvin Schultz, JoAnn Stender, Judy Sumrell, Mery Valencia, Rena Winfield, Patricia Wisniewski

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ished. Always you are the extension of the GodSelf having the human, or otherwise, experience, whatever you choose and as long as you want it to be.

So do not worry. If you have opportunity to exit and you choose not to, you will not. It is as simple as that. You may come nigh to the door that says you can exit and go into another reality, and if you say "no", then that has to be your reality. That is how powerful the GodSelf of you is. You know this to be a truth, because you have seen friends and loved ones come right to the doorstep of what is called death and giving up the body, trading it in, changing it for new experience, and they have said, "I'm not finished yet."

You have friends who you would say are already past their expiration date and they are having fun walking, swimming, being out in nature, smiling, and you say, "Wow, that's amazing. They're over a hundred years old, and look at that. They're walking okay; they don't even need a walker. That's amazing."

And do you know what you are doing? You are bringing up those examples to say to you that you have free choice. You can be as they are as long as you are enjoying—being in joy—and allowing yourself to have fun. If it is no fun and you want to change it, change. You have free choice. But if

you are still having fun and you still want to play—and some of you do—and if the body is saying, "Well, at your age you really should be feeling some of the aches and pains and bodily organs that are tired," you say, "Well, tomorrow...." And you know the wonderful secret about tomorrow? It never comes. It is always tomorrow, because you live in the present, and there is a clue in that. You are giving to yourself that gift: a present, right? Okay, so enjoy it. And as I said, when you get finished with it, you can trade it in for a new experience.

There are ones of your friends, loved ones, who have exited, but they are not away from you. One of the things that you are trying to prove to yourself at this time is that there is no separation. So those who have chosen to lay down the body and let it be taken care of somehow, they are still with you. You feel them from time to time. Something comes up and there is a quotation that they always used to say and you get to the place where, "Oh, are they going to say that again?" And yet after they exit and that saying comes up, it is like, "Well, you know, maybe they're still here. I thought I got rid of that one, but no, they are still here." (Smile)

For in Truth, there is nowhere else apart from you. Sometimes you wish that there would be in order to get away from someone. The way you get away from someone is to love them

Upcoming Meetings and Events

- Jan 8 5:00–6:30 p.m. **Saturday Night Live With Jeshua** In person at 101 Emerald Highlands Way, Sequim, WA and via Zoom. Come meet with your friends and Jeshua. Hugs!
- Jan 22 5:00–6:30 p.m. **Diving Deeper With Jeshua**
- Jan 27 4:30–6:00 p.m. **Book Study: Jeshua's Volume 8: Dissolving the Veil: Foreword and Chapter 1: "I Chose You."**
- Feb 5 5:00–6:30 p.m. **SNLWJ**
- Feb 10 4:30–6:00 p.m. **Book Study**
- Feb 19 5:00–6:00 p.m. **Diving Deeper**
- Feb 24 4:30–6:00 p.m. **Book Study**

Oakbridge University Center: 101 Emerald Highlands Way, Sequim, WA

and to look at them with new eyes and say, “You know, I never saw that about him before. I didn’t know that she could be so witty. I thought she was just being critical.” See them in a new light, the light of adventure.

Look to your friends, especially the ones who seem to be pushing your buttons from time to time, and ask of them silently, or perhaps not—perhaps you can put it into words: “Why are you saying what you say? Why have you decided to play this certain scene in this play? And can I join you?” Of course, they are going to say something witty and they are going to say, “No, you can’t join, because this is my act; this is my scene; this is my big scene on stage; and no, I’m going to add it all to myself.” Then they trip and fall, where they say something that is rather humorous looking. It is okay. Life sometimes seems to be a drama. But did you know: really it is a comedy. Allow yourself to play in the comedy. Come Home in the comedy. Make the next chapter in this year Light-hearted.

So be it.

JESHUA Q&A

I CREATED THIS?

You say we create these bodily imperfections, and on God’s green Earth I never would create it if I knew what I was creating. So I have a hard time really accepting that idea. I know I didn’t do it deliberately (Right, not consciously) so I did it by consciousness somehow that I was not aware of. (Right) Now the idea is get above and beyond this need to do that, and I guess that’s what I’m looking for. I’ve done enough of this creating a situation that I have to live with and come out of. I’m really grateful for this past experience, because I’ve gained a lot from it in a number of ways. But still,

all in all, I would never ever do it again, or I hope I won’t. So clue me in. How do we do this unconsciously?



That is how you do it, is by being unconscious, by accepting certain messages that, “Watch out; that person just sneezed. I might get it.” These are messages that are like below the surface of the consciousness, because you have heard these messages for so long, from the time you were small in this lifetime and all of the other lifetimes where it was thought that something could be wrong with the body.

Now, in truth, there is never anything wrong with the body, although you may not like the way it feels or it is acting or it is evidencing. But even in its most uncomfortableness it is not wrong; it is just showing you what you can create and what you have done unconsciously. Always, it’s hardly ever, very small percentage of a percentage, where ones say, “Well, I’m going to set out to create a pain in the chest.” Ones don’t do that. But because there has been something else that has seemed to be more important, you have left a door open that says, “Perhaps something could be wrong with the body.” It’s a message that has been given to you by generational teaching.

Long, long time ago in what your historians would call pre-history, you did not worry about the body. The body was always perfect; it was always your servant. You had your sight out there for something that you wanted to experience, to see, to do, and you knew that the body would serve you. It had to. And if it didn’t, you’d remake it. See, you knew your power of the creativity of energy, and you didn’t worry about the body failing.

Now that idea has crept into the collective consciousness that the body could fail; something will go wrong with it. Well, if there is that belief, even if it is unconscious and it’s below the surface, the body is going to respond to you. It’s going to give you what you are believing about it, even if it isn’t conscious, and for the most part, always, it’s not conscious. It isn’t that you go to the store and say, “I want that thing off the shelf there, and I want to experience that.”

Well, two thousand years ago you said, “You must be perfect as your heavenly Father is perfect.” (Right) And the idea of picking up on that perfection...I guess the whole world comes in and says, “No, you’re not perfect,” and so you have a hard time.

Right. It has been an old belief handed down that many of the brothers and sisters have accepted. Not everyone accepts it, but it is the pretty generalized idea that the body is going to go through challenges, and eventually it is going to be finished. Now, in truth, the body is never finished until the soul is finished with it, until the soul says, “Okay, we’ve done everything we wanted to do in this incarnation.”

So you have seen examples of that, where ones should not by all evidence

be still activating the body, and yet they are. And you've seen evidence where ones seem to be in perfect good health, and they're finished. You create the body moment by moment. This body right now is not what it was a minute ago. The energy, if you could see it—and your scientists are getting to the place where they can see it—is forever moving, fluctuating, changing. The vibrational frequency of it is always changing, and the molecules are changing.

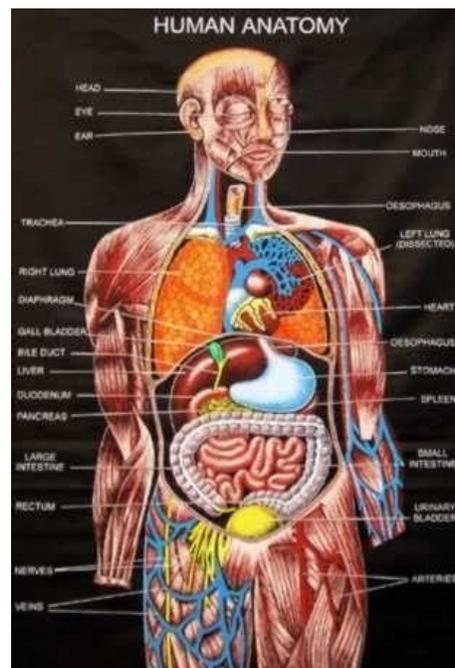
There is much about the body that is such a miracle. It takes care of all of the inner workings without you having to consciously think, "Okay, time for the heart to beat, have to breathe, have to do the stomach, okay, have to..." You don't have to think of those things. It is a miracle that you create. And each moment—hear this well—each moment you re-create the body.

But you are re-creating it according to what you have accepted as a belief—that the body is going to mature, and at a certain time you are going to evidence such and such, and you are going to feel sometimes the stiffness in the body, whatever. That's an old message that has been passed down, and you have unconsciously accepted it. That is not a judgment. It's only just pointing out to you what is a truth.

Moment by moment you change the body. Ones could take a video of you and focus in on the molecules that are moving around in the body and swirling as energy around all of the body, and you could see that moment to moment it changes. Your scientists have already what they term the aura reading, where you can see the colors around you that evidence the energy and how the energy is swirling and changing. Already they have that as

the proof of showing that something is changing around the body.

It is also changing within the body. So the body that we were speaking of five minutes ago is not the same as what you are right now activating. It changes. So at some point in time yet, humankind is going to remember that which you have known a long, long time ago and remember how to re-fashion the body into a comfortable form, an ease of form, where you are truly going to walk out of the body as it has been into a place of comfort where the body serves you. But it does not have to take long. It can be this lifetime.



I know your thoughts. You were thinking, "Well, okay, I'll program that for my next lifetime." You don't have to wait. You can have that in *this* lifetime. When I shared with you my lifetime, the very long lifetime after the resurrection, I shared with you how we traveled and reactivated the body so that we had to go and be with friends, relatives somewhere else because we were not aging, but the villagers were, and they wondered why we were not aging the same as they were. So then we had to make trek

and visit some other relatives somewhere else, at least to make an excuse to travel from that village.

Mariam and I knew how to always activate the body at its prime level. We knew the energy. We know the energy. That is why there are times when I will reactivate a form and come and sit next to you or come and stand in front of you. I love to go to your shopping malls, and I love to have the discourse with ones. Sometimes there will be a mate whose feminine half is in there shopping and she's shopping and she's shopping and she's shopping, and the male form is getting tired of waiting for her. So I go and strike up a conversation for a time to ask, "How are things going? What is your main concern? What are you thinking about?"

I don't put it in those words, but just, "How is it going today?" We get into conversation, and then finally the female form of the twosome comes out from the store. Then he is free to pick up and go with her. I say my good-byes and go around a corner and I'm gone, as far as the form. It is fun to go to your shopping malls. I don't even have to purchase anything.

Beloved brother, keep on knowing the spirit of you. It is truly the spirit that you have acknowledged that has brought you through the latest time of contemplation. That's truly what you were doing. When you allowed the body to be at its lowest and to sit and meditate and sleep, you were allowing a time of contemplation, and that is what brought you through it. Finally you came to a place where you said, "Okay, enough already." And the body said, "Oh, okay. He has spoken." And now you are getting on with the vitality of the body. It feels good, does it not?

It feels really great, yes. Well, I thank you for the idea of holding to the pattern of perfection, and I can see that there's no reason to drop that guard or that knowing, and not to let anything else slip in there.

Exactly, and that is why I said, as it is written in your holy Scriptures, "Be ye therefore perfect as your Father is." I did not say "Be". I said "Is"; in other words, you are, but as it was written and as it came across, it came as rather a command to be perfect, as if you weren't already. But what I made as a statement, it was a statement of truth. You *are* perfect, as your Father/God/Goddess/All That Is, is perfect. You come from that perfection; how could you be less? You are not less.

So there's really only one reality, and that's the Christ consciousness (Right) Everything else...call it duality or whatever you want to call it, but it's non-existent stuff. (Right; it is a story. You're doing very well.) Thank you.

STAYING CONNECTED

How do we stay connected to the higher Self, to Source?

By taking five minutes every day to sit in peace and to breathe. I gave you three very short words that work in every situation; magic words: Stop, Breathe, and Love.

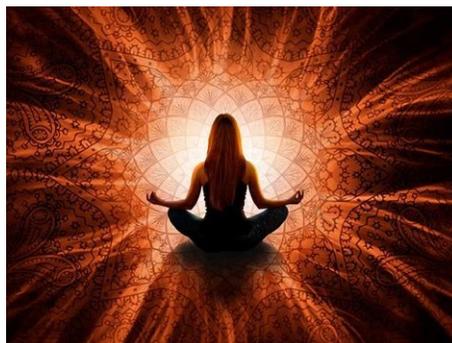
In any situation, stop, breathe, love. That will give you the peace that then will allow whatever answer you need, that will allow whatever change in thinking that you need to stay connected to your Source. Stop, breathe, and love. It is as simple as that.

Now, the world will say to you that there are other ways to do this, very

complicated ways, and many of your religious/philosophical teachings have come up with most wondrous rituals. (Convoluting) Yes, and oftentimes when I am pulling your leg about something, I will say to you that in order to do this correctly, you must face the East, you must stand on one foot, hold the other one behind you; you have to close one nostril, breathe through only one, and close one eye—most difficult to do—etc. And if you can do that without falling over, you have mastered balance, the physical balance.



But in truth, all you need do is to stop; allow the mind to stop. Mind, as you have experienced, gets very, very busy, and comes up with all kinds of questions, all kinds of solutions. And sometimes the solution has been from other ones telling you, "Well, you've got to stand on that one foot... whoops, wrong foot, got to stand on the left foot, okay. Now, if you are right-footed, it may be more difficult. Ah, if it's more difficult, then it means it's more divine."



Stop the mind. Stop and breathe. Now, why do you breathe? Well, first of all, it keeps the body going. It is the first thing that you do as you take incarna-

tion, independently. It is the first, and it is the last. As you exit the body and release the body, the breath is the last. In between, hopefully, you keep on breathing, because it allows the activation of the body.

It can be, as your masters have found, slowed down to a very low rate, and to put the body into a very slow rate of activation, but at the same time, there is enough of the breath that keeps the body activated.

Stop, breathe. Feel the peace that comes with the breath. It is very easy to do, and it allows you that break in between all of the mind activity to come to the place of peace, where if you are asking a question right before that, the mind being quieted will allow the answer to come in. If it does not come on the first breath, you take another breath; keep breathing. It is definitely recommended.

And then love. Feel yourself in that place of self-love, first of all. Know that truly you are a most creative work of being. You are a wondrous being. Know you how many cells there are in the body? A lot; trillions; almost past counting.

Know you the organs in the body and how well they function, even without you—especially without you trying to get in there and coordinate everything. The body in the small one who is just born, the body knows how to be, how to breathe, how to take in, how to eliminate. All of the organs of the body can work, and do, in perfection, without conscious thought.

So you are a work of love when you will stop for a moment and realize—make real in your awareness—what a tremendous miracle you are, that you have brought together this creation so that you can walk amongst the brothers and sisters. You can love them.

You can discuss with them. You can laugh with them, walk with them, be with them. You have brought this creation of the body so that you can function in concert with them. For the most part, you don't even stop to think about it.

Now, sometimes the body will scream at you so that you have to pay attention to it, or a certain part of the body may scream at you and say it wants attention, and then you do have to stop and breathe and send love to it and wait to see if there is another answer of something more to do for it.

WEST COAST TSUNAMI?

I was in Newport, Oregon recently and stayed with a friend who is a very aware person. She's very enlightened and I just love her, but in the course of our conversation she shared that she was becoming really concerned about the potential for an earthquake off the coast of Oregon and what the impact would be on the coast and people living there, that there would be a tsunami. She said that she kept getting messages from spirit that she needed to prepare for that. Her first reaction is fear. What do you say to people when they are concerned about these things that are potentially going to happen and change the way that we live?

First of all, you will ask them just to go inside for a moment and to ask why the fear—it has to do with preserving the physical—and to get them in touch with the spirit of them that is forever ongoing and will reactivate a new body in a time whenever. So the bottom line base of everything that the mind wants to play with has to do with fear and with the physical. Now, is this going to happen? Well, as it is seen now, it could, because ones have

been thinking that we are kind of due for a big shakeup. So when ones are holding that—if there are enough of the collective consciousness that wants to hold that—then there may be the out-picturing of that.



However, along with that there is a discipline that can be brought to bear on this, that even if there is enough of the energy of the collective consciousness to bring such occurrence about, it can be modified. This is where she will want to put her energy and her focus, that yes, this will happen in some time. It doesn't mean that it's going to be even in her lifetime, but it could be. But for her to work with seeing it to be not the big thing that has to be feared, but to be a little wave that comes onshore, so that she can visualize perhaps the energy of it being offshore, but by the time it reaches the shore, it is a little wave. Suggest to her that she work with that. *(The peace, be still, story)* Yes, exactly.

What I said to her was, it doesn't matter whether it happens or not, because that's not what you're about. (Right) Wherever you are, you are about being in connection, in the flow of spirit. And if you have work to do, then spirit will tell you what you need to do and what to do to accomplish that. (Exactly)

Yes, you are always in your right place at the right time. Because if she is not meant to be in what she is out-picturing right now, then she will be told to make a visit somewhere else.

But meantime, work with the little wave, because that will be helping the brothers and sisters. The earthquake can happen, but it does not need to be the big devastation...small wave.

PREVIOUS RESURRECTIONS

Were you a master who had previously come in and done resurrections in other lifetimes?

Yes, but I do not tell it too much *(Laughter)* *(Are there others who had done it before?)* Yes, this is true, and so have you. Because, in truth, the holy Child is One. The holy extension of the Father is One, There is no separation, in truth. Bodies speak of separation, but that is not true. You are spirit, you are energy, you are the energy that activates the body all the time. You are the energy of love. It feels so good.

So I leave the story of one Yeshu'a having the resurrection, because it seems to have impact. But yes, I had done this before. And all of you, as you understand the story of the resurrection, as you can relate it, you can kind of get a feeling for it; maybe not exactly that you would step out and do it, but you can kind of have a place that you can relate to it, understand it; it makes a little bit of sense that one could be energy and could reactivate a body and come back again.

So for you, you understand the unlimitedness of yourSelf. You are coming to remember it once again. For others who want to read the holy book and believe that only one Jesus could do this, then I let that stand. So I do not go around telling it too much, but it is true.

