



# The Expanding Viewpoint

**Jeshua Speaks About: I CHOSE YOU**

Beloved one, I want to speak with you about what you see to be a long time ago—and yet it is not. I want to go back two thousand years ago when you walked with me, because truly you have walked with me.

I chose you to walk with me. I chose you before you chose incarnation in that lifetime, as you do with a lot of your friends. You make agreement before you take incarnation and say, “I’m going to incarnate in such and such a country at such and such a time,” and even if you are not in the same geographical location to begin with, you make trek to meet up once again.

You come to a new country sometimes and you wonder, “Why? Why did I come?” It was to join with friends whom you have known in other lifetimes, friends who are in love with you, and you want that feeling once again of being in love; not necessarily the romantic love—that is good too, because it takes you out of your small self—but the Love which allows yourself to function in a place that says, “I am valuable, I have worth, and I am sharing that with my friends, with my true family.”

And your family is much larger than just the biological family. You have journeyed with certain other ones in other lifetimes, in other geographical areas, other cultures with other generational teaching. And you have said before the incarnation, “Let’s meet up again. I will recognize you when I see you, and I will be happy, in joy to see

you, because it will feel that one more piece of the wholeness of me has come together to play.”

You live in Love. That is your true nature. You have descended from the space of Love. You have descended into the world, into all of the “what if’s”, and now you are saying, “I want a change, I want something new, I want to feel expansive. In the back of my mind and my being I know that this is not all of me, and I want to experience all of me, the Love of me, the expansiveness that I know I can be.”

If you have chosen ones to journey with who are knowing their Christ Self, then they are going to recognize that in you and can call it forth, and you oftentimes will answer that call because you desire to expand out of the small self.

I have chosen you. I have called to you in times past, as you reckon time. You have called to me because you felt that there was something more that you wanted to know. You wanted to have the feeling of wholeness; to go through life with a smile on the face and the open heart.

It is time now to be happy with self. Be happy with what you have created. Look in your looking glass and behold the miracle that you have brought together. Know you the miracle of the fineness of the hair? What thought went into making the miracle of a single hair? What is the miracle that allows the nails to grow? They do not

**OCTOBER 2021**

## **OCTOBER INTENSIVE: THE INTERMEDIATE INITIATE**

Jeshua is telling us that we are no longer the beginning Initiate. We have studied, listened to our Greater Self, read and asked questions to the point where we stand on the threshold of recognizing and bringing to our Awareness the Intermediate Initiate: one who knows, understands and welcomes the full knowledge of the Graduate Student, Practitioner of Greater Self-awareness.

In the week that we spend together, **October 11<sup>th</sup> through the 15<sup>th</sup>**, we will welcome speakers with messages which invite us to claim “The Joy of Divine Service” (Rev. Eva McGinnis), “The Way of the Open Heart” (Rev. Larry Schellink), “The Music of the Awakened Heart” (BA Huffman), and “The Science of Creating Your Reality” (Rev. Bill Evans). In addition, Jeshua will encourage the Awareness of our Greater One Self with messages each day from 4 till 6 p.m.

All meetings will be held in person at the Unity Church of Port Angeles, Washington, and on Zoom. Check our website [www.oakbridgeuniversity.org](http://www.oakbridgeuniversity.org) for the daily schedule and to register.

See you at the Mountain of Higher Consciousness. --Judith



## ANGELS

### Gold Angels:

\$500 - \$1000 per month

### Silver Angels:

\$100 - \$500 per month

Carmen Grace Blair, Bronwyn Brock, Judith Coates, Bill Evans, Gateway Community, Darrell & Susan Gray; Robert & Shirley Ippolito, Pat & Charles Mawson, Victoria Maunton, Barry Peterson, Benita Woody

### Sponsoring Angels:

\$50 - \$100 per month

Connie Cummins, Eva McGinnis, Diana Nicholson, Kenna Raymond, Trudi & Don Robinson, Josie Johnson-Rogers, David & Jennifer Pittman, Carl Joseph Sabol, Sa'ed Sadeghi, Alvin Schultz, JoAnn Stender, Irene Stewart, Judy Sumrell, Timothy West

**The Expanding Viewpoint  
is a publication of  
Oakbridge University**

### Oakbridge Board of Directors:

William Evans, President  
Bronwyn Brock, Vice President  
Eva McGinnis, Secretary  
Darrell Gray, Treasurer  
Kimberly Marooney  
Josie Johnson-Rogers

Judith Coates, Executive Director

Josie J Rogers, Prayer Ministry:  
[ladyhawkeoneone@gmail.com](mailto:ladyhawkeoneone@gmail.com)

Hear Jeshua at  
[www.Oakbridgeuniversity.org](http://www.Oakbridgeuniversity.org)

Webmaster: William Evans

Transcriber: Ted Meske  
[tedmeske@hotmail.com](mailto:tedmeske@hotmail.com)

Oakbridge Mailing Address:  
P. O. Box 485  
Sequim, WA 98382  
Phone: 360-681-5233

stop growing, you know. Even when you release the body, after a while they still have essence of life and keep on growing—strange, but true.

Celebrate the body. Celebrate the four-footed ones who are your companions, the ones who show you how life can be lived, jumping up and down, racing around, being happy in their skin, being happy to race through the house, and if you have let them out one door, they race around and find the other open door and come back in. You see how intelligent they are.

If you were to sit down, take a piece of notebook paper, and start listing all of the creations—all the four-footed ones, the winged ones, the ones that swim in the water, all of the two-footed ones, etc.—you would fill notebooks, and these are all your creations. It is a great miracle that you do, but oftentimes you do not even think about it.

But how did they come to be created in your reality? It is because you have said that you will have them in your reality, a whole variety of shapes and forms, all descended in the one creative Process from which you have come. So when you wonder, “Why am I here?” it is to know that Love has chosen you. Love has chosen you to be in form, to be upon our holy Mother Earth for a period of time and then to come again and again and again to enjoy your creations.

Love has chosen you to be Its extension. Whenever you wake up in the morning and say, “Oh, another day. Why am I still here?” know that you are here because Love has chosen you to be the extension of Love, of divinity, to share it with the brothers and sisters, to live from the Christ Self of you, the Love of you, and to give Love to yourselves, to know that truly you are the most wonderful essence. Love has chosen you.

If you come through experiences in life that do not seem loving, chalk them up to creativity. Do not judge them. Do not judge yourself for saying, “Well, why did I incarnate in this family? I have a father who is too much into drink. I have a father who is very judgmental. I have a mother who does not love me. I have a mother who is into fear about, ‘What will the neighbors think?’ And all of the time that I was growing up, it was always, ‘Be careful what you say and what you do, because ‘they’ are judging you. You have to be perfect.” Well, you are already.

If Love has chosen you—and it is true—Love knows perfection. You are that perfection. Even if you do not see it, you are perfection. So whenever you feel that you are up against a stumbling block or you remember something which happened earlier that did not feel good, I have spoken to you often to live in the place of giving love for—forgiveness—giving

## Upcoming Meetings and Events

Oct 2 5:00–6:30 p.m. **Saturday Night Live With Jeshua** In person at 101 Emerald Highlands Way, Sequim, WA and via Zoom. Come meet with your friends and Jeshua. Hugs!

**Please note:** There will be **No Diving Deeper** meeting in October.

**Oct 11–15** The Jeshua and Family **Intensive**. Unity Church in Port Angeles, WA in person and on Zoom. (See Judith’s article on first page.)

**Nov 6 5:00–6:30 p.m. SNLWJ**

**Nov 20 5:00–6:30 p.m. “Diving Deeper”**

Oakbridge University Center: 101 Emerald Highlands Way, Sequim, WA

love in place of what you feel has been wrong.

Now, if you will receive it, you have invited it. “No, Jeshua, I didn’t invite that abuse. I didn’t, I wouldn’t, I couldn’t.” Yes, you could. Yes, you would. And yes, you did. You did it in order to know the opposite of it and to live from the opposite of it, to live from a place of loving self. It may take a decade, or it may take all of a lifetime, or it may take several lifetimes, because you may repeat the pattern. But eventually you will come to the place where you will say, “Love is Who I am. Love has chosen me to be in this place at this time, so it really does not matter what someone else thinks they are doing. I am Love, and Love is never hurt. Love just keeps on loving.”

If you know that you are loved—and you are—then you can go out and share it with other ones. You have a smile on the face. You have a smile in the heart.

“I am Love. Love has chosen me, so I respond to that Love.” And as you respond to it, you find that others of the brothers and sisters have opportunity to respond in love. Now, they do not always choose to respond in love because, as we have said many times, this is a free choice planet. But when you realize—make real in your awareness—that Love has chosen you, everything changes. It has to, because then you are living in a space that the world does not know, but in a space of your true divinity.

I have chosen you. Love has chosen you. You are my disciple. You are my friend, and Love is Who and What we are. So be it.

XXXXXXXXXXXXXXXXXXXXXXX

**“I Chose You” is the first chapter in Jeshua’s new book, *Jeshua the Personal Christ, Vol. VIII, Dissolving the Veil*. It is available at Amazon.com or at [www.oakbridgeuniversity.org](http://www.oakbridgeuniversity.org).**

XXXXXXXXXXXXXXXXXXXXXXX



## JESHUA Q&A

### CONTEMPLATING SUICIDE?

*We officiated at a wedding earlier today where there was much happiness. When we arrived home there was a message that our son was in a deep depression and contemplating suicide. Was the happiness from the wedding real or was the depression of our son real, or were both real?*

Even amongst all of the challenges that the world will present to you, there is underlying peace and joy and a confidence that says that there must be something other than struggle, and there is. But sometimes ones will take the long route around to find it.

Often all of you have decided that you want to know everything, you want to experience everything. And because you have decided, way before you remember it, that you are going to experience everything that the world has to offer, everything beyond the world, you go through all of the ups and downs of the roller-coaster; not for judging that one thing is more right than another, but for the experience, the wealth of experience that all of you know: all of the days of happiness

and joy, all of the days of tears and struggle. You wanted to know them. You want yet to know them, to know the depth and the height, because if you know the depth of something, then there must be a corresponding height to it.

What helps most in a time when the darkness seems to be overcoming is to find others of like mind, to call out the love. So ones will ask, “Is there any love in the world?” And then ones such as you step forward and say, “Yes, I love you. I care about you,” which is what you have done.

You experience the wedding first, because of divine order, to feel the love. Then you received the message that said, “I need love.” It was all in order so that you, filled to the brim with love, feeling very much the Light, could then put it forth to allow ones who might be looking at the darker side of things to know that, yes, there is love even in a world that seems to be so confused.

This right now is a shaking out, if you will, of all of the experiences, for ones to be complete with all of those experiences and to come up higher, to come up to a place of being open to accepting love and to feel that truly they can turn a corner and begin to give love. That is what it is all about.

When ones reach bottom, their next step is to begin to give love, to begin to see that there are others “suffering” the same as they, and to be able to move forward into what they have truly volunteered to do—to be love, to give love, to be in that flow of love, because as you give forth love, it has to touch you. As it flows through you, it has to touch you.

So when ones reach bottom—and there are many right now who are

reaching that place of desperation—the answer to it is to begin to give love. And how do they do that? By your reminding them that truly they have chosen to be here. You may not use those words, because that may be a little bit strong at this point yet, but you will say, “There are others going through the same experiences, and if you meet one who is in the same situation of appearance, begin to comfort them.”

If the ones who find themselves at the bottom begin to comfort others, they will find that they are coming up out of the depths. These are not just pretty words. This is truly the formula for turning everything around. And you will be the ones who will be priming the pump, putting the love in there first and showing anyone who is confused that you love them, that love is real.



You will share with them the exalted feeling that you had at the wedding with all of the love surrounding you. Say, “This truly is your birthright as well. You may not feel it at this point, but acknowledge that there are others who also have felt up against the wall where there was nowhere to turn, nothing to ameliorate the situation.”

That is how it has felt for them. But if they will abide in the place of love, to give comfort to other ones, then they begin to feel it themselves. Your world is calling out desperately to know love, to feel comfort, to feel the Oneness with the divinity that at this point they cannot understand, that

they cannot touch. They do not feel that it is anywhere near them so that they can reach out and touch it, to feel it.

But as they will begin that first little step of offering comfort to anyone, even if that one doesn't seem to be suffering—perhaps it would be one who is offending to them—and to speak to that one, “What is going on in your life, in your home life...” Because everyone that you meet has some challenge that they are going through. And if you take a moment to look at them, to really see them, you can love; you can begin to love, and that turns everything around.

Allow ones to know that you love them, that they have meaning, they are not here by accident. Everyone has chosen to be here to give comfort. That is the biggest test and the only test that you are here for, is to give comfort. All of you want comfort. All of you ask for love. And where does it start? With you, with giving comfort to anyone who is near you.

They don't have to be outwardly showing that they are suffering, but every one of your brothers and sisters at this time is going through a challenge, is going through either a physical, mental, or emotional challenge of some sort that they don't know really how to handle. And they don't have to know how to handle it. They only have to know comfort. I will not even call it love, because that is too abstract, but to know comfort, to know that there is truly love and comfort for them, that they deserve it.

Ones often get so caught up in appearance that they feel that they don't deserve to know anything better, and yet they are crying out desperately and expecting that perhaps if they end the physical experience, then they will know comfort. But I say unto you, and

you must pass this message along, that truly as they will offer comfort to another one, they will feel it and know it themselves, and they will come to understand why they are here.

Beloved one, be of great joy. This one that you worry about, you have abandoned the worry; you have swept it away. You have said, “The human part of me, yes, has worry, but the other part of me knows that there is purpose in this, and it is okay.” And it is. It is a turning point for this one if he will accept it. And as it is seen now, he will accept it.

He has been calling out desperately to know why he is here. Is there any goodness to life? Is there any purpose to life? And not seeing purpose, he thought, “I might as well leave now as to leave later.”

But you are turning that around for him, because you will be talking from the heart to him and telling him he does have purpose. And this is a turning point, a most important turning point, as all of you have experienced.

## MIND VERSUS HEART

A Course in Miracles *talks about being a course in mind training, about a big “M” Mind, sort of a universal Mind. The Way of Mastery is a re-statement, you might say, of the concepts of the Course, but in an easier-to-understand form. And just recently there is another book called The Course of Love.*

*The confusion I have is that at one time I thought that we were to evolve into the universal Mind, but I was never totally comfortable with that. And now the Course of Love talks about going beyond that and evolving into sort of a universal Heart or Love.*

*For some reason I feel a little bit more comfortable with the concept of big Heart as opposed to big Mind, and I was hoping that you could make some comments as to where really we are evolving. Are we evolving into a universal Mind or a universal Heart?*

Truly I had great fun dictating the *Course in Miracles*. It was, as you have discovered, a way to confuse the mind. Mind loves to be busy. That is its greatest function, is to get into complexities and to wrestle with complexities and to try to get to the essence of All That Is by going through the mind.



I have given many words to allow the mind to play, to wrestle with, to chew on ideas. Then when the mind gets tired—for some it comes sooner; for others, they may go lifetimes dwelling in the mind and trying to make it all make sense—they stop for a deep breath. Then there is a chance for the heart to come forth, the heart that is expansive, the heart that knows feeling, that knows true divinity and does not have to dissect it and put it into order that then the next moment may fall out of order.

It goes to the place of the Allness; not of mind, although oftentimes when it is spoken of as capital “M” Mind it means the Allness. But the way it is written is to truly keep the mind busy until it gets tired. Then when the mind gets tired, there is a chance for the heart to speak.

So you have been correct in following the bread crumbs, in following all of

the teachings, dissecting, putting back together again, seeing how everything may fit together, and then finding sometimes, “Oh, I have to redo this; that didn’t really fit together; a new piece has come along.” Then after a certain interval of time, there has come a question, “Is there not something more simple than this?”

And you have discerned correctly that there is. It is the heart. It is the love. Ones often like to play with ideas. Ones often like to give definitions and to have questions of how everything fits together and to spend much time in the mind.

The mind loves it; the mind likes attention. But then after the mind has exhausted itself even just a little bit, there is a chance for that question of, “What more is there? There must be something that is all-encompassing beyond mind,” and there is, and it is the heart, it is the love, it is the all-knowing feeling that washes over one, and you know that all you have ever done, all you have ever been, all you will ever be is love.

It is a very freeing feeling. You don’t have to work with trying to fit all the concepts together, although it has been fun to play with the concepts. You don’t have to worry, “Is it going to fit?” There is just a feeling of peace, a feeling of love, a feeling of expansiveness.

When you have fallen in love with someone—human love—that is but the tip of the iceberg, but it is a big clue. When you have fallen in love with someone, they occupy most of your attention, your thoughts, your feelings, and you lose your sense of small self. You want to be with them, you want to know what they are thinking, you want to know everything about them and to be with them all the

time, and you forget the small ego of yourself.

In human life, oftentimes there are challenges that then arise. But the feeling of love, of losing yourself in loving someone else is a clue, a very big clue as to the true divinity of you. So you come then to that place where you love Self. And once you allow the feeling of love of Self—capital “S”—you can start with love of self as you see the individual. That is good. It is a good place to start and to sometimes make a list to enumerate all of your good qualities, and then to rest.

What will wash over you is a feeling of acceptance, a feeling of true Beingness, a feeling of peace, a feeling of being One with everything—everyone and everything—and being able to be in communication on the plane of feeling, on the plane of knowing. It doesn’t have to be dissected at that point. The mind doesn’t have to understand it. In fact, the mind cannot understand it, because the mind will want to dissect and then see if it can be put back together again.



But in truth, that feeling of love is all-encompassing. At first, sometimes it will come upon you and it is for a moment or so, and then you want more. Then it will come upon you again and you will say, “This is truly where I live and move and have my being is in the heart, that great heart that does not have to be explained, does not have to be dissected and put back together again, but the heart that loves; loves me just as I am, loves me and knows

me better than I know myself as an individual self, and the heart that understands all of the brothers and sisters no matter how they come to me, no matter what questions they bring to me; the heart that loves.”

So you have discerned well, beloved brother, that the mind is but an avenue that takes you to the heart. Abide in the heart. Love Self. Love everyone else as Self. I believe I gave that as a commandment to you many years ago, to love your brother as yourself, because truly he/she *is* yourself.



## RELATIONSHIP BREAKUP

*Can it be Jesus-like to break up with someone to end a relationship, and how do you do that in a loving way?*

You see this one as yourself, and you see this one in love, as you have already discerned. You also see journeys and pathways on the journey. Sometimes ones will come together and share the pathway for a while and then there is a knowing, not always a conscious knowing, on both parts. Usually one gets it before the other one does, and that’s what seemingly makes for a problem, where the pathways will diverge.

You can do this by saying, “I love you. I still care about you, but I see that there are things you want to experience—whether you know it or not—and there are things that I want to experience, and I don’t know what all of those are. I just know that I need to go on my own pathway, my own journey. It does not mean that I don’t care about you. I’m always going to be

checking in on you, either directly or indirectly.” There will be other words that come, but basically one never cuts off a relationship. Always there is the love and the caring that extends, whether it is expressed or not.

## IT’S ABOUT TIME

*Is time limited to 3D? 4D?*

As you understand it, yes, it is, because when you reach fifth dimension you are in a place of peace, a place of allowance, a place that does not have need to have segments and all of the value judgments as to, is this a good time, etc. So yes, to answer your question.

*Okay, just this afternoon I was listening to a gray-human hybrid who didn’t really want to be here, but is stuck here, and didn’t really understand our concept of time. It didn’t make sense to him. But you have said before that we created time. (Oh, yes) Who is we? The One?*

Aspects of the One as you see yourself to be individuated energy.

*Was there time for us before there were people on Earth, when we were here as, say, dolphins. Was there time then?*

Yes, there was time then, because the dolphins would go through their process of birthing and living, swimming, doing their thing, and at some point, as you even do in this day and time, there would be thought to release the physical form and to be as the Light and the energy; so yes, there was time.

*So go back a little further when there weren’t any dolphins, when there were only bacteria. There was time then?*

Oh, yes. If you commune with the bacteria, they will tell you they have quite a history.

*So there has always been time on Earth, in 3D at least. (In 3D, yes) And the same on other 3D planets, there’s time there?*

Right. It may be measured a wee bit differently, but yes, there will be a measurement. Now, would that be true of space brothers and how they understand time? You have space brothers/sisters now that you are acknowledging who have come here and are here and have made their presence known. They have come what you would understand to be a far distance. Now, would that equate with a long time? (Not necessarily, no.) Why? (Because they are not traveling in time, I guess) Right, they are not traveling in 3D time. They are experiencing their own understanding of passage.

*How do the ET’s living on spaceships reckon time? There’s no sunrise each morning like we have.*

In truth, they do not reckon it. They do not measure it. This varies, because some of the off-planet beings understand life differently, and so there is an evolution of permissiveness; in other words, an allowance that allows them to just be, and not to go through what has been generational teaching here, that the body goes through certain phases and you get to a certain place where there is a decision—not always conscious—to release the body and start over. They have a different understanding and a different understanding of energy and form, which then will play on their understanding of what you would now understand to be time. So in other words, their time does not equate to what you understand time to be.

**It’s time now to order your copy of Jeshua’s new book, *Dissolving the Veil*.**