



The Expanding Viewpoint

Jeshua Speaks about: THIS NEXT NEW YEAR

JANUARY 2019

Beloved one, let us speak about the new year which you are walking into now and how it is going to be. Well, you are going to determine how it is going to be, because it is going to be as you decree. If you feel that it will be too heavy and that there are too many challenges and that there is nothing to look forward to, then that is how it will be for you.

But if you write down each evening the little bit of homework, you will have right in front of you, in print—put it in ink, not pencil—one happening in that day that is of joy. Even if it has to be where it is the absence of something that did *not* happen today, write that down, because at least that is a positive way of looking at it. I am sure, as you go through the days, you will find much to write, because you have already trained yourself to look for the good and to live in the space of that which does bring you joy.

You live in love. It does not always look that way at first glance, but as you will not judge, as you will sit with it and begin to understand, “What does this bring up to experience?” and, “Is this where I want to live?” you become clearer and clearer as to the Christ self of you. This is truly what you want to know. That is why you make for yourself the body. That

is why you make the human experience. It is why you walk amongst the brothers and sisters to share experiences.

You want to know, “What is my true nature? What feels Christ-like?” Not in the sense that it comes out of the holy book, but, “How does it feel in my heart? Does it feel expansive? Does it feel loving? Does it feel that I can experience every nuance of that other person as myself, as the Christ self, or does it feel that there is a great chasm between?” If that is how it feels, stop, breathe, and ask of self, “How can I see this differently?”

Then you will pour upon that experience your soothing love of knowing the Truth of your being, the truth of your experiencing that you have had that kind of unloving, judging, questioning lifetime already. Otherwise, you would not understand it, you would not feel it, you would not even see it. You have already been there. And then you will ask of self, “What made it turn around?”

Truly, it was someone looking upon you and smiling, looking upon and seeing that you have worth. You may have been told all of your lifetime that you were not worth anything, and the inside part of you, the Real part of you

HAPPY NEW YEAR

We here at Oakbridge are excited about the upcoming new year. Jeshua has predicted a year of many changes (as usual), changes which will help us realize dreams that we have held for a long time, and some expansion of new dreams. These will be both on the individual level and universal. He is suggesting that we take stock of where we feel we want expansion, what goals we would like to see made manifest, and know that we have already laid the groundwork for the manifestation of these desires. Wow! That feels good!

I am feeling especially charged about the upcoming Summer Jeshua Advance, highlighting our *Spiritual Ancestry*. Where have your spiritual beliefs originated, and what molding and shaping has developed in your recent and not-so-recent past? Who are your ancestors in your belief system? Did they and their beliefs originate with holy Mother Earth? Or another planet? Galaxy? And what about the future: are you the ancestor of a future self? And what is time? Is it linear? Questions such as these begin to open up exciting ideas. We will have speakers and workshops on such questions. So mark your 2019 calendars for the next Jeshua Advance, beginning Sunday, July 14th, through Friday, July 19th.

(Continued on page 4)

ANGELS

Gold Angels:

\$500 - \$1000 per month

Michael Dybicz

Silver Angels:

\$100 - \$500 per month

Judith Coates, Brad Dole, Bill Evans, Darrell Gray; Robert & Shirley Ippolito, Charles & Pat Mawson, Matthew Noonan, Darryl & Dawn Schoenstadt, Benita Woody

Sponsoring Angels:

\$50 - \$100 per month

Victoria Brandon, Connie Cummins, Joyce & Paul Jurgensen, Victoria Maunton, Kenna Raymond, Trudi & Don Robinson, Claire Sue Rose, Alvin Schultz, Irene Stewart, William Weeks II, Cheryl Wrangle

**The Expanding Viewpoint
is a publication of
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said, "That's not true! I have value." But it does not seem to be obvious on the outside to other ones, and that, of course, is where they are looking.

Then someone comes along, looks at you and says, "Wow! I see you for the master that you are! What you just said awakens within me a deeper meaning." And they smile. And the smile conveys value.

I was not exactly as is portrayed in the holy book. I was friend, first and foremost—friend, equal—to everyone. Then ones put me on this great pedestal. I do not like being on the pedestal; one can fall off of it. And this happens, because ones say, "Well, he should be such and such." And if I do not seem to be that, ones do not understand, and they think that I am no longer being Christ.

One is always Christ. However, one teaches by whatever means one can teach. So I did a lot of different kinds of teaching two thousand years ago in that lifetime, and I continue in this day and time teaching, as you do; quietly, for the most part, although it is written—and it was true—that I did have a bit of what I would term righteous anger when I overturned the tables of the money changers. Because,

as you have experienced in this lifetime, when the bottom line is important, there is a certain element of energy which comes forth. I wanted to make demonstration by overturning the tables, and then the money-changers were scrambling on the ground to pick up the most wondrous value, as they thought, in the golden coins. It made a lesson for them to see what in their value judgment was most important. It did awaken some. It has been a teaching point down through the ages. So there were times that I was not meek and mild and gentle. Sometimes one teaches by different methods.

So I say to you in this new year to be aware of your value. Be aware of the value of brothers and sisters. Reach out to ones who may have a different viewpoint than you do, or have different language as to how they express their philosophy. Do not be quick to judge and to say there is separation and that they are wrong. No one truly is wrong. They are experiencing and creating that which looks to be different. But when you will stop and when they will stop to take a deep breath—and I know sometimes that is a bit difficult—you will find that you have more in common than was apparent in

Upcoming Meetings and Events

Jan 12, 7:30 p.m. Evening with Jeshua \$25 (2nd Saturday)

Jan 12, 1-4 p.m. Angel Workshop \$25 Call 206-715-5842 to register

Feb 2, 7:30 p.m. Evening with Jeshua \$25

Mar 2, 7:30 p.m. Evening with Jeshua \$25

Jeshua meditations at Unity Church in the Olympics in Port Angeles have been put on hold for the winter months. Recordings of past meditations are available on the Oakbridge website www.oakbridge.org. Click on "Activities". When you get to the Activities page, click on "Activities" again (at the very top of the page). That will take you to the Meditations.

All regular events at the Center, 101 Emerald Highlands Way, Sequim,

the beginning. Look for the common values; ones that are shared.

Be as the teacher who has patience to allow the one who is learning to go through the different avenues of learning; live in love. Work on that way. But if that method does not seem to work, as a last resort use a little energy. It is okay. It does make impact. But try the other methods first. Speak from the heart. Love each and every one as an example of the Christ which they are, even if what they put into words seems to be diametrically opposed to what you feel about this.

See them as the small infant—innocent. Now, I know that each one comes with some disposition. Each of us before an incarnation meets with what you would call the soul group and decides on what wants to be experienced in a lifetime. The details are left up to timing as to what to choose, but the salient points of what you want to experience are pretty well set before the incarnation with lots of room as to how you are going to do it. It leaves lots of room for the impromptu choice, because you may have a certain viewpoint of something that you are going to defend to the death. And then all of a sudden a new idea comes to you and you decide, “Hmmm, I have to think about that one for a while.”

I have seen you do this. I have seen you come right up against what you thought you knew, and then you said, “But perhaps....” You have taken the deep breath, and things have appeared differently. In other words, you have made a shift in perception.

This new year is going to be fun for you. It is going to be challenging. It is going to give you opportunity to make

a decision, “This is how I feel about it.” Then it is going to be a year of re-evaluation—living in the heart, loving, finding value in self and in others.

Each and every one of you has value, and it is to be used to allow others to see their value, to be able to give forth the gift of love. That is your true mission. That is why you are here. It is to give love—to others and to self.



Come to the place where you say, “You know, it is not being conceited to say that I have value.” Because you do have value. Know that there are many times in the day when I reach out to other ones and suggest a word of encouragement, a hug, a place of comfort for them, a place where they can stop and know that truly they are healed.

The one who is great master right now, who is making many decisions which seem to be quite opposed to the Christ nature, is a great teacher. He said before the incarnation that he would be a great teacher by decisions that he would make and, in being teacher, he would come to a place where he would understand his true nature. He is still working on that. As

you are. You will come to the place of knowing your true value as the Christ which you are. So have patience with him and with yourself.

This year is going to be fun. “Oh, yes, yeah, Jeshua, I’m sure it’s going to be fun! I’m sure it’s going to be really full of all kinds of questions; not that I’m going to have all the answers.” Ah! Yes, you are! Any time something comes up right in front of you and it seems to be opposed to what you would know, what you would want to go forward with, breathe, and then breathe again.

I have seen ones say, “Okay, I took a breath.” [He takes a quick, short breath.] That is not going to do it. Allow yourself to relax into the breath. Take a deep breath and allow all of the cells of the body to relax. Take another deep breath, and feel yourself expanding. Feel the body to be at ease. Then if you have to make decision, make decision. If it does not feel quite complete, or does not feel loving, breathe again.

Yes, I know you are saying, “But Jeshua, I will hyperventilate!” No, you will not. And if you breathe over and over and over and you fall on the floor, rest. It is not difficult. Sometimes I see you and I have to smile because you will take something that you have been chewing on for a while—some idea, some judgment—you think it is so difficult, and then you get a shift which happens and you begin to laugh. I see you do this: you laugh at self and say, “Ha! There, I did it again!”

Beloved one, this new year which you are making for yourself is a gift. It is truly unwritten, even as there will be certain stimuli which will allow you

to make new choices. But it is not written in stone. You are going to be creating the new year. Allow it to be new. Allow new choices. Ask, "How can I see this anew?"

Know your value. Do not judge self harshly. This year we are going to be writing a Course of Study. This first month has to do with Value. Do your small bit of homework each evening/morning, review the previous homework and see the value in each day. See how it grows upon itself as you note the goodness, the worth of each happening. Value self, and then it is easier to value other ones.

Know that truly I walk with you into your new year. There is no place where you are that I am not. Everywhere, every time, every circumstance, I am with you. I *value* That Which you are. So be it.

HAPPY NEW YEAR (Continued from page 1)

Jeshua suggestion for the new year: Take a piece of paper and write on it your desire(s) for manifesting in 2019. Be as specific as you want (you are in charge). Put it on your mirror where you see it every day, and witness the manifestations.

Happy New Year from all of us at Oakbridge! --Judith

JESHUA Q&A

SPIRIT GUIDES

You spoke of angels and guides and people around us, and we're part of this soul group. So when we give up the body, do the angels need to still be with us?

It is more that you meld into their group. So yes, they are still with you, but it is not like they need to be with you.

So they're not around one individual soul, because you're going back to a soul group (Right) So these imaginary friends that we might have had when we were little, was that an angel?

Yes, and that does not rule out loved ones that you have known who have moved over, because they become angels.

So angels are not...what are they, really?



They are truly essences of love. They may or may not have expressed with a form. Most have, because they are drawn to this reality, this dimension, to experience it and to know what the point of the soul group, you, is going through. So they have most likely had at least one incarnation so that they know how it feels to be somewhat limited, because as you work with form, you do feel its limitations from time to time. Yes, you may get a new joint at some point, different bodily parts to help out, but basically, you know what you can and can't do with the form. You try to keep it as limber as possible, but it is not always as limber as you would like it to be or as strong or as tall.

So they most likely had at least one incarnation.

Yes. And in between the incarnations, you oftentimes will serve as a guide,

teacher, angel to other ones of the soul group. Now, the soul group, when I speak of that, it is quite vast. It isn't just three, four, five, but it can be what you would see to be quite a number (*Thousands?*) Yes, it could be. So you will say, "Well, how could I be in touch with, say, 1,536? How could I know and be in touch with...?"

You can, because what you do is you expand the consciousness. Right now, the consciousness is pretty much around here, right around the bodily form. But when you release the focus upon the body, which is what it is, a focus upon the body, and you release that and let the body do its thing and you just be, then you can intersperse your consciousness with others in the conscious pool and know what is going on with each one, and they can know what is going on with you. It is not that there are any secrets that have to be held, because everything is known, which, in truth, it is already. Even as you focus upon this form and say, "Okay, I have a thought, but I'm not going to let it go anywhere," it's already out.

So it's an old generational teaching that when we leave the body, we're going to get answers or ask questions, or that whole thing doesn't make sense, because we'll know. Oh, we know now.

Yes, and if there's a question that comes to mind or consciousness afterwards, immediately, right on the tail of the question is the answer, which is true even now.

MEMORY LOSS

Concerning my memory, my grandmother had memory loss, and sometimes I experience not remembering the words that I want to use. I'm won-

dering if that's something hereditary or something else.

It is truly something else. There is much that is going on in the airwaves in this reality here. There is much that is bombarding the mind all of the time. You have the most wonderful "improvements" of technology, but at the same time, there is much that is being put out onto the airwaves that is invisible to the eyes, but it is there. There are energy waves, and there are a lot of them, as to what you would see perhaps competing with each other. They manage to slip through each other so you don't have a head-on collision, but there is much that is in the atmosphere that was not there two thousand years ago. So with the mind sometimes being open, it will feel a bit of an overload, and you have to kind of sort through to find what you are looking for. It may take a little while. It is nothing to worry about.

RESULT OF STRESS

Concerning my shoulder and two kidneys and maybe even liver or bladder, do you have any advice for me?

Yes. As to the kidneys, a bit of stress. You will want to work with the hands on the back and send love to that part of the back to relax it. You have carried...everyone has a favorite place to carry the tension and stress. You have put it on your back. It has been from lifetimes when you *had* to carry the heavy weight upon the shoulder and back. It was just the way the physical life was.

So there has been a habitual carrying of tension. Many ones of the brothers and sisters feel this, because it has been something that has come up from the past. Okay, the kidneys are doing fine. It is truly the muscles of the back, so you will allow some of

the massage that you do and some of the sending love to that area, Light to that area, some of the movement to release. Liver is doing very well. The rest of you is in order. You are doing well with it (*Even the right shoulder?*) Even the right shoulder. Again, that is tied in to what you are feeling in the back.

So what you will do is to give thanks to the body for what it has done in the past lifetimes and still remembers as some of the heavy loads that truly were too heavy to carry, too heavy for the body, and yet you were made to do it. You did your best with it, but the body remembers. There is what they call the cell memory, and there can be a trigger point very quick that will come up, and a certain part of the body will react, and it will say, you know, "This doesn't feel good; hey, pay attention to me." So you do. You talk to it and you forgive it, and you say, "I'm sorry that you ever felt that way. I didn't mean for you..." And then you do a bit of the limbering exercises that just allow the body to be quite fluid movement. You are doing okay with it. Thank you for your questions. Others benefit from questions such as this.



JOSEPH THE CARPENTER

Was Joseph a carpenter as we understand it today, or was that a mistranslation of the word which meant "master of his craft"?

It was both. Because he truly was a master of his craft, and he had been

taught by his father and grandfathers how to be the carpenter that would work with wood to bring out the soul of the wood. He was the one who.....Yes, I was the one who made the doors of the temple in Jerusalem. I asked of the wood how it would like to be fashioned. And I sat with my intuition and was taught by the tuition of the inner self to fashion something beautiful in the outer. Thank you, beloved one, friend of many ages, for asking that question (*Thank you, Joseph*) You are welcome.

JUST BE

I was thinking earlier today about my favorite quote by Heraclitus. He is quoted in a book by Annie Dillard called Pilgrim at Tinker Creek, and it goes, "It was and is and ever shall be ever-living fire in measures being kindled and in measures going out." It seems like that's our context. That's what we're all in (Yes) So here and there and everywhere throughout the Cosmos are these little specks of Light like us that are being kindled or going out in various measures. And so are we. Everything is changing. But we don't know if we are being kindled or if we're going out. It feels like we're going out, but that may be a new kindling; we don't really know (Right) So the game is to just love, regardless of which direction we're riding this camel. So I guess...well, of course, the question is, "Well, where are we?" But you're not going to say, because it's up to us (Right) It's up to collective humanity where we go (Right) whether we manage to destroy the planet and the human species and everybody else, all the other organisms, or somehow or other turn it

around. So is there a question there? That's my observation, that's what's going on in my head right now. I have the question, but I know it can't really be answered. It's up to me to do what I can do with my Beingness.

Right, I think you've got it. You are the ever-renewing spark of divinity, ever-renewing, on-going, and it behooves you not to judge, just to Be. Thank you.

Alright, thank you.

TSUNAMI TO AFFECT SOME, BUT NOT OTHERS?

Several months ago we spoke about the possibility of a tsunami hitting our shore here [western shore of Olympic Peninsula]. We have the tribe that lives right on the water that is in the process of moving to higher ground. You said that it could happen that many people here would be affected, but others would not be affected. Are you talking about physical bodies of people who are here right now?

Right. Some are going to be affected in the physical body and the dwelling places, but not to a great big degree, not a great number. Ones are getting the message, as you have seen, to move to higher ground, a little bit of what they see as common sense. So there are ones who will move, not so much out of fear, but out of common sense.

So that's the ones who are not going to be affected. It's not like certain people are going to raise their vibrations and won't even see it.

There will be ones such as that, yes, but they will not even know about it. It has always been thus.

YOUTHING

Thank you for talking about youthing. It's so refreshing to hear after all the

cultural norms that say the opposite. So thank you for that message and continuing to support that our thoughts create our reality; our feelings create our reality, and we can see it as blessed. So that is all I have to say today, thank you.

And that is everything and Oneness all rolled into the same nutshell. Joy keeps you happy in life, but it keeps you young, and then the body says, "Okay, I'll go for that." (*Let's keep on living.*) Exactly; there's one more day of adventure to come.

SPARKS FLYING

Some people have sparks of divinity, and then some have like fireplace sparks that you just want to beat'em with the little fireplace shovel until they go out. That's how I've been feeling at work lately. Everything's going along great, and then a co-worker will make me just go, "That is not the divine spark in them. I need to put that out." Is that normal?

Yes, it is normal. It may not be beneficial, but it is normal.

I mean, what am I recognizing in them? First I see them as being okay, and then it's like, where did that come from?

There is much that is going on right now in the collective consciousness. You have probably felt this with the energies, and they will be continuing to build up through your holy days that are not all that holy. Ones forget the reason for the holidays, and ones get caught up in all of the have to's and shoulds and the stress that all of that brings. For yourself, remember how it feels not to have to; just to

choose to do that which is in front of you and to allow that feeling of ease to be as the oil that lubricates everything that has to be done. It is part of, yes, the season, but it is also part of the awakening, because parts that have not been fully examined and seen as the beneficial that they are, are going to be rubbing against each other, and a lot of the sparks are going to be flying off, and some of those sparks, that is what you are seeing. You are going to feel that you want to put them out before they have to call the firefighter to come and fight the fire (*or fight, period*) or fight, period, yes, and there is some of that that is going on with ones, because there is a feeling of have to. "I have to get everything done between now and the time of the holy holiday." Each year they pile more on themselves to do, and it is part of the perverseness of the awakening that allows ones to do this until finally they say, "I can't handle it anymore." And they sit down and begin to take stock of who and what they are, and realize that the holidays are going to be celebrated one way or the other, and therefore they can choose. But meantime, before they get there, there is a lot of the sparks that are flying, and that is what you are seeing.

So not actually the divinity spark, but their chaos. (Oh, yes)



