



The Expanding Viewpoint

Jeshua Speaks about: HEALING

SEPTEMBER 2018

Beloved one, I would speak with you now about healing. It is something that your world needs. It is something that every one of you needs. Every one of you is calling out for healing, some on the physical level, some on the emotional level, some on the consciousness level. There are ones who have written to you, ones who have called you, ones who have asked, "Please keep me in your prayers. I need some healing." And even if it is not physical healing that you are asking for or seemingly missing—seemingly—there is healing on the level of acceptance of yourself and of others, of accepting that which you have brought together to express—express: to press out—to bring that divinity into full view.

So even if it is not something physical that you are working with—and I know that there are quite a few people of every age, size, asking for healing of some sort—we will start with the body first, because the body has quite a voice and will scream at you after a while. If you do not listen to it when it is just maybe suggesting something, it will speak a little more loudly, and after a while it will come to the place where you have to pay attention to it.

The best way to do that is to take a deep breath. First and foremost, I rec-

ommend breathing. (Smile) Take a deep breath and come to the place of quiet within self. Yes, the body is going to yell at you. It is going to say, "Well, this isn't doing anything," but it does. In that moment of quiet you allow all of the cells of the body to remember that which they know best how to do, what to do.

The reason that you ask for healing is because you have lost sight of the wholeness of you. Healing comes from the root word of wholeness, being whole, recognizing that you are whole. That is the true healing, coming to the place of recognizing, as some of the small ones do, "How wonderful I am. Look at what I"—you usually say—"have created."

Little ones, if they are, first of all, the awakened master who has come to serve, and if they remember that, and hopefully they might have parents who are really happy to associate with them, you will have the small one who knows Who and What he/she is. Now, you know you have been really happy to welcome your little ones when they came. You hold them in your arms and speak to them in whispers and somewhat more loudly how much they mean to you; how happy you are that they chose to come to you.

EXCITING!

First of all, I want to thank all of you who came together to experience such an Interdimensional Advance! We had six wonderful days together with workshops and Evenings, lunches and social times, making memories to last a lifetime.

Thank you to Tim West and helpers for logistics and lunches, coffees, etc. and cleanup afterwards (not glamorous, but absolutely necessary, including steam cleaning the carpets!) Thank you to Pat and Charles Mawson for enabling us to use the Solana Clubhouse: perfect location, modern and beautiful. Thank you to all the workshop presenters on subjects from meditation, intuition, theta healing, soul remembrance, crystal bowl healing tones, singing/healing with vocal music, and, of course, interdimensionality. Thank you, presenters!

Evenings included visits with and sharings from Jeshua, Father Joseph, Mother Mary and Mary Magdalene. Recorded information (MP3) from the Evenings is available for \$20.00.

Various raffles were held during the Advance, and Jane Keyes from Maple Ridge, Canada, won the beautiful handmade quilt donated by Bill and Kathy Evans. Thank you, Bill and Kathy!

Next Advance is week of July 14, 2019, in Sequim. Be there. --Judith

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Well, yes, I know there are some little ones who come to you and you wonder, "Did I ask for this?" Well, on some level, yes, you did. On some level you said, "I am strong enough, I am loving enough, I want to be awakened enough, and this little one has come to me to help me awaken."

So when any of the little ones come to you—and I may say here that it may be the two-footed ones, but it may also be the four-footed ones who come to push your buttons—they have come to say, "I'm here; what are you going to do about it?" And you give them love, because that is what they are asking for. They want to be recognized. They want to be loved.

Every living being wants to be loved, even the lowly ant that my beloved friend and teacher put outside on the grass earlier and said, "Yes, you're a lovely little being, but you don't belong in the house." So she took the ant and put it outside. The ant is probably getting used to a new environment, wondering, "How did I get here?" Anyway, I digress. I am very good at digressing.

Every living being is to be admired, appreciated, loved; everyone, including yourself. That is often the last one

that you admire, but there is nothing wrong in admiring self, because you have put it together the best you have known how, and you continue day after day putting it together in the best fashion—and I mean that quite literally for those who are interested in fashion.

You put it together in the best way. Take pride in what you can do. Take pride in the love-light in your eyes. Take pride in how you put all of the seeming pieces together, and then look upon your neighbor and see how they have put things together, and admire them as well.

You live in a most wondrous world which is calling out for healing, a most wondrous world that is saying, "I hurt." And the world with its relationships amongst your people—and everyone is your people, your tribe—everyone is putting themselves together day by day the best they know how to do. Sometimes they can be a little short-sighted and do not see quite far enough down the road to see that if they made other choices, maybe even if they stopped for a moment and took the deep breath, maybe things would appear differently.

Upcoming Meetings and Events

Sept 1, 7:30 p.m. Evening with Jeshua \$25

Oct 6, 7:30 p.m. Evening with Jeshua \$25

Oct 20, 7:30 p.m. Jeshua at Port Coquitlam, B.C., Canada, at the home of Lynne & Gerry Cox

Nov 10, 7:30 p.m. (**2nd Saturday**) Evening with Jeshua \$25

Dec 1, 7:30 p.m. Evening with Jeshua \$25

Meditation at Unity Church in the Olympics in Port Angeles the 2nd Friday of each month.

All regular events at the Center: 101 Emerald Highlands Way, Sequim, WA

But oftentimes there is pressure by societies to respond very quickly. You have part of that in the psyche of yourself, of knowing lifetimes when you had to respond immediately or else: off goes the head. You had to come up with what was the approved answer to the one who was standing in front of you, so you have learned to become very quick in your responses; not to take the time, for the most part, to breathe, but just to respond, to show your supposed power.

But now you are coming to the place where you are recognizing that it is okay to stop. It is okay to hold your speech for a moment, to think it through and say what is truly in your heart and what is truly in the best part of your mind.

Your awakening consciousness is calling for you to take a bit more time to contemplate, to breathe, to cogitate. Know you that word? Of course you do: to think for a moment or so. Allow yourself to come with your answer from the heart. You do not have to—in this lifetime—be so ready with an answer.

Now, I know that the past experience has said you must come up quickly with an answer; it better be a powerful answer; it better be the answer that they want to hear. Otherwise, it may be a bit difficult. But in truth, you are the creator of your experiences. You are the one who is creating the time. So allow yourself to have a moment of time.

Start to give an answer to someone, and then stop mid-sentence, mid-word, and ask of yourself, “Is this what I truly want to say?” It may be. That is okay. But allow yourself to have a moment of time before you



give the expected answer, and see if that does not heal your own feelings and the other one as well.

Come from the heart. That which you bring forward from the heart is healing. That which you bring forward from the mind can be healing or not, but allow yourself to speak words that are of love, acceptance. It will make you feel better. It will make the other person feel better.

Healing gets back to knowing wholeness, knowing that truly you are the Christ experiencing a human lifetime. Give yourself, first of all, top marks that you have come, because there are many masters who have said, “No, I’m going to sit this one out. I don’t think I want the challenge. It’s too much work. I’m going to sit up on the light-post and just watch what happens.”

Allow yourself the time to respond—even to yourself—from the heart. You are the maker of time. It is a gift that you have built in to this reality. Not every reality knows time. This reality believes in process, believes in time, which gives you the opportunity to re-think some of the decisions that you make in a snap: it gives you the time

to re-evaluate. You do not have to rush about. “Oh, yeah, but you don’t know my boss.” Actually, I do.

Allow yourself to be easy with self. Allow yourself to take the time to know that you are in charge. Allow yourself to breathe to the place of wholeness, of healing. There is—now, hear this well—**there is no thing about the body that cannot and will not be healed by your recognizing its wholeness, its divinity, its perfection.**

Because of an accumulation of past experiences which you carry like a knapsack on the back, because of experiences that say that life has to be hard and the body is going to give up at some point, you believe that if you fall down a flight of stairs, you are at least going to get a headache out of it and probably something more than that. It is all past belief in the knapsack. One of the fun things you might want to do in a moment of quiet is to pull that knapsack around front, open it up and see what is in there.

“Hey, you know, it’s empty. I thought that all of my hurtful experiences, judgments, and learning were in that knapsack. Oh, how heavy it was. I opened it up, and there’s nothing, nothing in there.” Blessed art thou when you get to that place where you say, “That which I have believed has affected me for so many lifetimes is over and done with, finished. It’s no longer in the knapsack. I’m free.”

Then you can start bouncing along life’s path feeling whole, because you are acknowledging from whence you have come—divinity—and that which you make is not junk. You might judge it that way, but it is not. That which you make has a message in it. If you do not like the message—in

other words, if it hurts—bring it around front and look at it. “Do I really need this? Hmm; I’ll try a day without it. Yes, actually, this shoulder feels pretty good without the weight. I guess I’ll leave it out for another day.”

And after a while you begin to feel a bit more whole. That is what healing is: recognizing, acknowledging, accepting your wholeness. Now, I know there are a lot of voices in the world and in your mind that say, “Yeah, but who are you kidding? I mean, this thing really hurts. That hurt is actually my creation. Hmm, I never thought about it that way. I don’t think I need it anymore.”

You are creating moment by moment that which you are experiencing and then judging, and even that is okay. You are creative. Sometimes you create quite a big dust storm. Then you bring in some of the dust and cough, cough, you get rid of it, okay. You can do that.

Allow yourself to feel creative, to know that you create every moment, and maybe you can let go of the pain or the sickness or the unwholeness for just a second or two. Do not put yourself down and say, “Well, you know, that didn’t last.” It did last; it did happen. You cannot deny it. It does not have to stay forever. In fact, you have decreed that you are not going to stay in a certain body, a certain form forever. You have said, “No, I want to try something different.”

The ladies say, “I want to be a certain height and a certain shape; slim, voluptuous, athletic.” And guys are saying, “I want to be really, really strong; whatever.” Well, that is one model. But I will tell you what the most important model is, and you

know this already, so I don’t even have to tell you: it is the person who is in love with life, the person who is happy to be here, happy to have the interaction with friends, happy to have a friend. Know you how valuable it is to have a friend? Of course you do. And how valuable it is to be a friend.



Allow yourself to acknowledge that you are the friend to another one who may be hurting but is not showing it. You come along and have no idea that they are hurting. “They must be fine. Everybody’s fine except me.” But they may need your smile. They may need your good word. They may just need you to stop and see them. Because as you have experienced in this day and time, in this world, everything is speeded up. Everybody has to be somewhere at a certain time. “I have to rush. I’m running late.”

Know you how creative you are? I know you know this. But when you look at your little rectangular piece of technology brain [cell phone]—because it is your brain out there—acknowledge to yourself, “My God”—because that is Who you are talking to and What you are talking about—“My God, how creative I am, and every day I get more creative.” Every day there is a new advertisement, commercial, new piece of information that says ‘new and improved.’”

That which you are doing in this lifetime—as you reckon time—had not even been thought of two thousand years ago. Except I will share with you a secret: we did not even need this [cell phone], because there were those of us who knew how to communicate mind to mind, as you do; you know how to do that. You have done that from time to time with friends, and they say, “How did you know what I was thinking?” “Oh, I just knew.” Did you look on your phone? No.

Healing is as natural as the opposite of being healed. Being healed truly is even more natural, because you have had to get in there and change a few things in order to suffer. This has been the thinking for a long, long time: that “in order to really know that I am creative, I have to make something that is different, and I have to suffer a little bit with it so that I know that it is real.” Maybe you do not. Hmm. “You mean I could be worth just as much if I just sat and gave one good meow?” (The cat) Yes, you are from the beginning as valuable as you will ever be. “Oh, my goodness, he said that I’m never going to be more valuable than I am right now. Woe is me. Woe.”

Take it to heart. You are valuable right now as you sit, as you stand, as you scratch your cheek. You are valuable. You are healed. In Truth, you are healed. You go to other ones who are called healers because you want to play. You join them in the sandbox and say, “Okay, what shall we create today?” And they say this or that or whatever, and you say, “Okay, I’ll play.” You may play for a while, and then you decide, “Okay, I’m going to do something different.” And I say to

you, “Why wait? Why not realize your divinity now?”

All of the healings which are written up in your holy Scripture, I did not do them. The person receiving them was the creative one who caught an idea that, “Yes, I can be done with this. I can be healed. I can be like the small one who runs through the field.” There were many who came to me, and because there was a certain readiness...it was not what I did; it was not even what I said. But I looked into their eyes and said, “You are valuable just the way you are, and if you want to change any of that, feel free, but you do not have to. You are good enough the way you are.”

And the master, if it was part of the soul agreement, picked up the cloak and walked. But there were ones who checked in and said, “No, there’s still more. There’s still more that I said I would do.” And maybe they said the human thing, like, “Well, why did I ever agree to that?” But maybe there is still more they will teach.

So do not judge. Do not judge self, where you are. Do not judge yourself, except to give yourself top marks, to know that truly you are changing people’s lives, each and every one of you. You are changing people’s lives by what you are willing to do in your own healing.

It has been said that laughter is the best medicine. The greatest of medical people among you are the comedians, the ones who can look at life and find something worth laughing about. That is the greatest healing: coming to the place of wholeness, knowing that truly, “I am already whole.”

There are many in your day and time, in your world right now, who have the

bodies that are strong enough, but they have the minds that are sad, the minds that are calling out for healing, the minds that want to know Who and What they are and what value they have.

Ones in this day and time have forgotten their roots. Not only have they forgotten their divine roots, but they have forgotten the times two thousand years ago when they were the agrarian society, the farmers, the ones who lived a more simple life. They have gotten caught up in all the complexities of...I will call it modern, because that is what they would call it—modern life. They have forgotten Who they are. They have forgotten how good they are. They have forgotten that they have a quality about them that can raise up other ones. They feel themselves to be so far down in the tunnel, the well, whatever you want to call it, so deep that they will never be able to see the sunlight.



I gave an assignment a few years ago or so, to go to your bookstore or online and purchase for yourself a joke book; easy jokes; not real intricate ones that you have to memorize, but easy ones, and have them at the forefront of the mind so that when there is a silence, you say, “You know, I heard this funny story the other day. There was this man going to market....” And off you go. There are a lot of stories with that one.

And for a moment or so, that which felt so heavy to the other person...and that person may have been saying, “I just want out of here. I don’t want to stay here any longer. This is so painful, I don’t want to stay.” And you start telling them this story about the farmer who went to market, and they are thinking, “Where is he coming from? More to the point, where is he going?” And they get caught up in it for a moment and find themselves laughing.

The ripples of laughter go through the body and heal. So buy, rent, borrow the joke book.

Same thing with healing relationships. Oftentimes ones will be feeling really down about something because their relationship is not what they wanted it to be or thought it would be or think that it can be. And they do not know how to heal the relationship. There were ones who came to me two thousand years ago and wanted to know, “How can I heal this relationship with my wife, my best friend, my business partner? How can I heal relationship?”

And I said to them, “First of all, do your homework. Take out your sheet of papyrus or whatever you have to write on and list the qualities that you like in that other one. And do not come back to me and say, ‘But Yeshu’a, I don’t like anything about them.’” Come on, you must like something about them.

You may have to really, really look for it. I am not saying that there are not ones who have all of their good qualities hidden away somewhere. That is often what does happen. But you can find one or two or three. Write them down on your sheet of paper. The next day maybe you will think of another one. And what happens is ... you are

not changing them. That is very hard to do. But you are changing how you see them. After a while you have a few things written down on the paper and you begin to think and to look, “Well, you know, maybe it’s not exactly the relationship that I was looking for, but there’s a lot of good there; maybe not for me, but maybe.” And what you have done is to heal yourself, to heal your perception. You are the only one you can work on—really—as you have noticed. Because as you have gone through life, you have tried changing the other person. It can be done, but usually not in a lasting way and not in a loving way. So value that which they are. Look for the good points.

It does not mean that you have to stay with that relationship. You may find that, “Yes, there are things about that person that I really like, but I’m complete,” and the other one is complete, too, and you move on. But it is not moving on with regret.

You have qualities that you share with each other that are important. You have words that you give to ones. You have smiles. You have hugs that you give. You have a heart that loves. It does not have to gush forth, but it is a quiet heart that is steadfast and true, and people feel that with you, and they feel healed in your presence.

Each and every one of you has signed up for different aspects of life. All of you are masters, and there are different kinds of masters. You play different roles in different lifetimes. The medical people who have come in this lifetime and have said that they want to be of service and help ones get a handle on their healing, they need someone to work on. You maybe have never thought about it that way.

Where would they be if they did not have someone to work on? Where would they be? They would be incomplete.

Two thousand years ago I wondered, “Would anyone want to come and listen to what I had to say?” And yet they listened, and they accepted healing for themselves.

The same is true with you. The things that you say go out like the magnet goes out with energy and finds what it connects to. Their experience would not be the same without you. Therefore, go with a happy heart. You are fulfilling a space which would be unfulfilled if you were not here. You are healing yourself and others. As one is healed, all are healed. Go in joy.

So be it.



ADVANCE MEMORIES

Eva McGinnis

The Christos Advances have been the highlight of my summers since the year 2000. I have only missed two since then (for the deaths of my parents). The Advances have been a source of inspiration, growth and sharing of love with the Heart Family. I have also been blessed with opportunities to share my talents and workshops on Breath, Love, Peace and Joy over the years, for which I am so

grateful. The Advance in 2008 included my Ordination, which has been one of the most important ceremonies of my life. The blessings and music bestowed on me that year have carried me on an expanded journey and changed my life.

What is so special about the Advances is that Jeshua is joined by Mother Mary, Joseph and in the last two years Mary Magdalene as well. Their combined energy of love has opened my heart in ways that I could never have imagined. I have felt Jeshua’s brilliant energy and wisdom, laughed at his antics when he enjoyed trying on hats worn by participants, heard Joseph talk about his life, which is not well recorded in the Bible, and cried in the tender arms of Mother Mary as her heart poured compassion on everyone. Every time I have come away inspired and empowered to live more and more in my divine nature. Some years when the challenges of combined work responsibilities and parenthood were intense, the Advances brought me back to my center and granted me the grace to see things in a new way, handle situations with more compassion, and look for the Christ wisdom and gifts in each moment and each person in my life. The messages, whether through Jeshua or others, helped me to remember the gifts in my life and to tap into the power of Love, Peace and Joy. I listened to the recordings from those Advances throughout the year to remember and to stay in that space of Love. Each year Jeshua has taken us progressively into a deeper understanding of God’s plan for our enlightenment, expansion and purpose “to love, serve and remember”. Each year I have received that message in a different and more profound way.

What I have also looked forward to have been the reunions with the Heart Family members from all around the US and Canada. So many good friends and relationships have flourished over the years because of the connections made at the Advances. I had the honor of making music with Tom Coates, writing the lyrics to two of his songs, which we debuted at an Advance in Whistler. So many memories—Laughter Yoga with Lynne from BC, Tom’s Divine Potential class, Jane’s musical workshops and choirs, various healing workshops, silk-painting with Martine, Josie’s fabulous music, even the potlucks and talent shows that we held over the years. The joint Advance in 2008 with our Cathedral of Light community from Dallas was beyond inspiring, as two powerful groups opened their hearts to each other. And there was Josie Johnson-Rogers’ ordination in 2011 that was precious.

There are so many places that I would not have experienced if it was not for the Advances, beginning with Whistler BC, Boulder, Vail, and Keystone, Colorado, and Leavenworth, Washington. And the memorable Advance on the Cruise to Alaska with all the spectacular scenic stops and the fun we had as a group dining experience every night.

Always Tom Coates herded us to take a group photo at the end of the Advances. Each became a cherished memory; even as our beloved elders made their transitions, we still have their smiles.

And throughout it all, the incredible energy of Judith and Tom (until his passing 2014) inspired, organized and presented the Advance! Their vision for this event was to create a sacred

space for Jeshua, Mother Mary and Joseph to speak to us. Love, Peace, Joy, incredible healings, and transformations have flourished in the wake of each unique Advance. Some participants and presenters have come just once, and others have returned for many years, but always hearts have been touched in ways that none could have predicted. My life has been transformed from fear-based to love-centered, and I have been richly blessed because I have said Yes to the call of Spirit throughout the sixteen years that I have attended the Advances.

They and the inspirational books that Judith and Tom published of the recordings of Jeshua’s messages have led me to seek deeper understanding of the books, and now I facilitate the book study group, which I so enjoy. I also lead the meditations that Jeshua has given us. I am so grateful! THANK YOU! THANK YOU! THANK YOU, Divine Spirit!

ADVANCE Q&A

Jeshua: I see that Master Ted has the talking machine, and you look like you will be number one with questions.

Ted: Yes. I’m usually last (Well, the last shall be first) and I hardly ever ask a question at the Advances, but I have to make an exception this time, because something blew my mind here last night (Oh, my goodness, you have no mind left?) ☺ I must not.

When Judi got through channeling last night, she took the battery pack and earpiece off and placed it back there on the laptop. Then she walked over here to talk to somebody. Then she re-

alized that she was missing an earring. This earring is for her pierced ears. It has a spring clip on it so it can’t come loose.

So she was looking around on the floor and didn’t see it. A short time later I went over to pick up the mic, and this earring was attached to the earpiece. Impossible.



So this morning, lying in bed, I thought there was only one explanation: Jeshua is playing games. ☺ The theme for this week is “The Interdimensional You”. I’m thinking that Jeshua teleported that earring out of her ear without undoing the clasp and put it on the earpiece over there without undoing the clasp to clip it on—interdimensional. Is this true, or am I going crazy? ☺

Jeshua: What you are asking illustrates a very good point. All things are possible. All answers to what seems to be beyond logic are possible. You have been wanting to know—you, individual, and also as a group, you have been wanting to know, “How creative can I be? Can I do things that I don’t even know I’m doing?”

Well, yes, you do a lot of that un-awares. Did the earring start out on the ear? How did it end up on top of your laptop? (Clipped to the earpiece) Clipped to the earpiece, exactly, without her knowing that she was pulling it off. In other words, would she not feel something happening? But she did not, because when she reached up and realized it wasn’t there, she

thought it was on the floor somewhere, and she was looking all over on the floor for it, because she must have dropped it. And then you found it. She looked when she put the audio pack down, and she did not see it. Was it there, and she didn't see it?

Ted: How could you not see this big bauble? ☺

Jeshua: Easy. It was not within her reference point at that time. She knew that she was giving you back the battery pack. That she understood consciously. She didn't know at that point that the earring wasn't still on her ear...until she reached up and felt it wasn't there; therefore, it must have dropped on the floor, according to her thinking.

So your question is, "What happened in the meantime?" Well, it went to outer space, and it came back. ☺ More to the point, it went to inner space and came back. In other words, that which you feel to be concrete, to be of substance, is energy. And sometimes the energy is coalesced into something that you can see, touch, feel, understand.

You have an image in your mind that, "This looks like it might be an earring bauble of some sort; it could be something else." In some other cultures it would be known as currency, as money; it could be traded. So it has meaning in different circumstances, and you are the ones who give it meaning.

So to answer your question, "Where did it go meantime?" Truly, it went out of this reality; otherwise, other ones would have noticed it, because you had plenty of people walking by and plenty of people in the room, and if it was visible, tangible, they would

have seen it [*on the laptop*]. Maybe they did see it and didn't actually focus on it. Where did it go? Out of sight, out of mind. Did the ETs take it?

Ted: I think you took it. ☺ Without opening the clasp. It wouldn't come off of her ear even if she pulled on it. (It would hurt) Yes, and it's rather difficult to open that clasp—it's spring-loaded—to put it back on the earpiece. So I think it went from Judi's ear onto the mic earpiece without opening the clasp. Is that true?

Jeshua: It is true. (Okay, thank you) That is a small example of what you do in changing your reality from moment to moment. I wanted to see **if** and **who** would find it, notice it, what explanation they would come up with, and to play, truly play, as the creative one that you are, to play with, "Well, perhaps this happened. Perhaps something else happened."

You do this all the time without knowing. You dissolve something that seems to be hard and fast and real—keys, especially, yes. I hear that quite often: "Where are my keys? They were right here. I know they were right here. I put them on the desk. I know..." And then later on, they turn up right on the desk, right where you said they were going to be. Where did they go in the meantime? Out of your reality—lower case "r". How do you do that? You are all magicians with what you create. It takes a magician to create what you do create. Sometimes you wish that you didn't create.

Ted: Would you call that interdimensional?

Jeshua: Yes, it went interdimensional, meantime, and came back.

Ted: So it fit in with the theme this week.

Jeshua: Well, of course. Everything fits together.



Jeshua: Beloved beautiful one, thank you for gracing us each evening with your music.

Lauren: I am so honored to be here in so many ways, and I am so honored to be **here**. (Yes)

[*Long Pause*] [*Emotionally:*] I have been asking questions and following directives (Right) from changing the way illness looks and feels. I've been moving very deliberately, following every protocol I am led to and believe it will help, and I've learned so, so much. And the first time through, the book I wrote eventually I know will be a best-seller, because it will help so many people, as all the ideas are the transformations that have helped me.

The second time through, here we grow again. There are no unknowns; I can do this again. I can do it even better.

Then I get to walk my mommy Home, and I knew that she took it from me, that I wasn't going to have to go through this again. And I was told by so many seers and knowers that I was free, that there was no more cancer

there. And then my husband had a heart attack and survived and is wonderful.

My daddy crossed over, and I danced and sang for him. I've learned to wrap my arms around grief, to embrace my eventual death.

The third time is the charm. I was led to really reach out to my community and ask for assistance in ways that I hadn't before, and it was glorious. And each time I went bald. I didn't get physically sick, but I was weak, but I slept a lot and I didn't do my work. I couldn't go out in public. And I knew the third time was the charm. And again I was told by so many people, and again I believed. I knew, I knew. I was led to more healing and more protocols, but it came back again. So I started looking forward to crossing over and embracing that, thinking maybe my two best friends on the other side are waiting for me, and I've got two here; my husband and my sister are my two best friends here. And my heart's deepest desire is another twenty or thirty years. I've got so much work to do. I've got so much love to share. And every time I claim my perfect health, the cancer comes back again. I'm tired of it. I want out of my body for good. I don't mind crossing over, but I want to wait another twenty or thirty years. I've got so much to give here on this planet in this healthy body. What else can I do to help myself heal so I don't have to worry about this anymore? Six years is **enough**; we're done. What do I do?

Jeshua: So be it. You **are** done with it. You need not recreate it again. Know you what a miracle it is that you have recreated it several times over? Know you that not everyone can do what you have done to recreate it? But you

have finished your stories. You do not need to tell it any longer. You accepted a task. You have said, "I will come and be teacher," and you have taught. Now it is time for you to be in joy. It is not there. It is not there. It is here, right here [*pointing to the head*] that says, "I have belief that it is still with me," but it is not. You may leave this room this evening cancer-free. (Praise God) Thank you. Yes, I accept that. And praise yourself. (I am so ready) Yes, you are. And you will not be passing on early. You have made your peace with it. That is all it was about, was making your peace with it. As you have said, you have work to do. You have more teaching to do, but joyful teaching now. You have to show other ones that, "Hey, this can go on, and boy oh boy, it was really a travail, but I am finished with that." And you say to them, "You can be too." (So the numbers will drop, now that it's gone) Yes, yes, yes, they are only numbers (*A sobbing* "Thank you") My child; my child (Thank you)

Now, I will tell you something that is going to blow the mind, which is good. In the lifetime that I spent on holy Mother Earth, the lifetime that is so famous, you were my daughter. Now, my daughter does not have disease—dis-ease—any longer. Take that to heart. (You've got it, ha, ha, ha) Very good. You have been and will always be my beloved. I knew you as a babe in arms. I loved you. I love you now. It is finished. As I was crucified upon the cross, you have been crucifying yourself with the so-called cancer. And I say that advisedly—so-called—because truly it has only been a story, and the story is finished. My daughter has served well, but that part is finished. (Thank you) Now I expect you to make that real; in other words, to live it. If I could come back from this, if I could resurrect the body, if I could

understand reality, you can do the same, and you can change your reality. As of this moment, it is changed. (Thank you) Do you know how loved you are, how precious you are? (That is why I want to stay here) Yes, you have much love to share. (I love it here) Yes, you have much love to give. (There's so much I love) Yes. Then begin to act like you know you will be here for a good long time. You are going to grow into the very wise old woman. (Oh, goody) Yes. (Oh, goody, goody, goody) Exactly. There are many who are waiting to share life with you, ones who have not even been born yet. So you will stay here. (Goody, goody, goody) Enough said; so be it. (So be it) Very good.



Jeshua: Beloved brother, what would you speak?

Jason: I'm very moved (*by Lauren's Q&A*)

Jeshua: Yes, it is very moving, but this one is healed. You, truly, are healed, even if the body doesn't seem to be as other people. [*In a wheelchair, paralyzed from the neck down for 27 years*] You are healed where it matters most, and you are encouraging others to look beyond the body, to say, "This is not all that I am." (Yes) And it is not

all that they are. So when you give your encouraging talks to ones, you do much good. You are the master teacher that we have spoken of. You are the teacher who has said, “I will come. I will serve in a way that looks like I can’t do much,” and yet you heal parts, and you do much.

Jason: I feel that. (Yes, you do feel that) People cross my path...(Right; and you see the change in them, because they have seen a change in you) I’ve felt this coming for a while, that my time of the twenty-seven years that I’ve been paralyzed from the neck down...that I’d rise up out of this chair. And sometimes I don’t know if I stop it or not, but I’ve been feeling this time coming so close, and it’s approaching. (Yes)

Little Lazarus...you commanded to resurrect him. (Right) I ask that of you, with my body. I want to walk. I want to touch my son. (Right) I want to chase him around the house. (Oh, watch out) Yes; I still do it right now, just a different way. Sometimes I run him over a little bit [*with the wheelchair*] (That’s okay) Sorry about that (He looks quite resilient)

And I’ve had different healers come along my way, and I’ve woken up parts of my body to where I couldn’t breathe before, and now I can breathe on my own. Now I can move my arm a little. (Right) And I want to do it all; I want to show people that it’s possible. (Right) And when you have enough love and enough faith, (Right) just like I have tattooed on my arms here: Keeper of the Way, Keeper of the Language. (Yes) Because I know it’s the language that we speak, and our minds that repeat to ourselves and our body. (Yes) What more can I do? Because I know it’s in me. (Yes)

Jeshua: There will come a day when I will reach out my hands to you, and you will take your hands and place them on top of mine, and you will stand up. There will come a day when that will happen. And it will not be too long from now. I say that, because your inventiveness—yours and others who are working in the field of what you are creating—you are going to bring that all together, and there is going to be a most wondrous light that goes on, that activates the whole body.

This body is not dead. It doesn’t move a whole lot yet, but it’s not dead, and you know that; you feel that. So it can be more easily reactivated than when I was allowing the body to be completely deceased. Now, if I can resurrect the body that was completely out, and yours is still pumping around and doing something, you will do it. When your time has been finished as teacher in a certain form...this has been the soul choice to come and be teacher that they can see, that they understand, and it proves to them how they would feel, and how they do feel.

When you come to the point where you are moving the body out of the chair, it is going to be very much like my resurrection; in other words, some people will believe it, and other people will say, “That couldn’t happen,” and that is their soul choice at that point. It is all a matter of timing—their timing and your timing.

You have kept the candle lit for what seems to be a very long time. In truth, it is a very short time. But the day is coming when you will get up and look at what has been, and you will say, “Okay, that was quite a good act, and now I am in the second act of the play, of the reality—lower case “r”. It is coming.

Jason: I feel it’s coming, yes.

Jeshua: Yes, and that is most important. And for you [*Lauren*] as well; the feeling, the knowing that you are finished with these stages of what you have said you will experience so that others don’t have to. Others see that you’ve come through it. It gives them not only hope, but knowing that they can come through it and be well.

Both of you are teachers in certain physical realms. You and you have the hearts that are wide open. And what you want to do now for yourself is to turn that love to yourself and say, “I played that part really well. Now the applause. I’m finished. I walk off that stage.”

And for you as well, “I walk off that stage,” literally. It is happening. Sometimes in this reality, time can be very slow. That which you want to manifest just like that [*snap of the fingers*] takes a bit longer, but only a bit. Go ahead.

Jason: I am very thankful for this journey, though, and when I share that with people, they have this big question in their head: How can I be thankful for this? But it’s taught me so much. (Right) I’m so thankful for the eyes that I see it through, the glass that I look through, and I want to keep sharing that with people too. (Right) My son has learned a lot, and my wife, and myself too. (Exactly)

Jeshua: There is not much more of the journey to make. Take heart, quite literally. Know that in your heart, this is temporal and passing. It is. (Thank you) If I could do it, you can do it. (I feel that, yes) Very good. We will speak more. (Thank you very much) I know. Thank you.

