#### DOES YOUR LIFE HAVE MEANING?

#### 2015-10-17

Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, Divine. That is Who you are. Take it deeply within the consciousness and contemplate what that means. I am the one known as Jeshua ben Joseph, Jesus you have called me—and other names as well—and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth.

Great joy to behold you, for you are truly the Father's gift to this reality. You are the Father's gift to everyone as you walk amongst them. Even the very flowers of the field and the grasses feel your presence as you walk by. There is nothing in your reality that does not feel your energy and does not rise up to it. Truly you are the essence of Light and of Love come once again into a reality that does not believe solely in the Light, but does believe that there could be other than the Light. You are here for a Divine purpose. Many times I have heard you call unto me saying, "Why am I here? What is my purpose? What should I be doing? Why, oh, why am I here?"

You are here to example, to show the brothers and sisters the Love of the Father/Mother God/Goddess, All That Is, the one true source of being, the Love, to be that emissary of Love and of Light, to bring that into the reality that the brothers and sisters can understand and can relate to, because they see you as being human and things as they are, and they see you going through your questionings. They see you going through your up days and your down days, and even within one day, the whole span of going from one emotion to another. Know that truly you go through all of your questionings of wondering, "Why? Why have I created (because truly you have) this reality for myself?"

You have created it because, first of all, you are strong, because you know that you can create, that you can live and abide in that space without harm to self—harm sometimes to the body, but that is passing and temporal—but never can you harm the being that you are, the soul that you are, the Love which you are. That abides forever, and that abides in its perfect state all of the time.

Even though sometimes I have seen my beloved friend and teacher, the one you know as Judith, to be down on herself and to say, "But what I am doing; it is not important. What I am feeling, it is not important. I am as the," she says, "the lowly ant that walks," and yet at other times she is up on the cloud somewhere feeling very, very high about it and everything that is happening.

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So I know that you extend yourself in different ways—the highs, the lows, the questionings—and then coming back to the peace of the heart. I know that you work with all of the challenges that you put in front of yourself. You come through them, and you are happy as you come through them, because you know that you are loved with an everlasting Love.

You see it exampled in the friends around you, the mate, the ones who are close to you in the dwelling place. You see it exampled to you by your pets, the small ones and the big ones. You get to know what love feels like; unconditional love; the pets give that to you. They don't ask, (Well, sometimes they do ask) "When are you going to feed me?"But they don't have the conditions upon things that sometimes humans like to play with. They are just pure love.

When you come home from a day of being out somewhere, and they come bounding up to you, they are so happy to see you. They have energy for you, happy energy! They are glad you are there one more time to play with them, to share with them a reality of being. They are pure Love walking on four feet: the furry ones, the other ones that may not be quite so furry, and sometimes the human ones that are also furry, and the other ones not so furry. Each and every one of you is the living, breathing example of Love, and it is why you are here.

Now, in this evening I want to speak with you about your life and if it has meaning, because I know this is a question you ask of yourself from time to time. You wonder, "Why am I here? Where am I going? What is it all about? Is it worth it? And why doesn't it work better?" We will get to that question in a little bit.

You are here because you have chosen to be here. No one has said to you ever at any point that you have to incarnate. But you have chosen to, because it has its good points. It has its not so happy points from time to time, but it has its good points, and you, as the masters that you are—and if you have incarnated, you are a master, because only the masters choose incarnation; it is not the easiest reality; I know; I tried it and I ended up on the cross, so I know human experience—you have said, "I will come one more time into a reality that believes in duality. There can be good and not so good. There can be Light and Darkness. There can be happiness. There can be sorrow."

You have a whole gradation of the emotions from one end of the scale to the other. And because you are so creative, you make it that way so that you can know the contrast between one and the other. And you do. I see you do this even in one day. You may get up in the morning and you think, "Oh my goodness, another day and I have to...." Or, you get

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up and say, "Oh my goodness, look at the stars still in the heavens! And I have to get up at this time of the day! And it's dark out here!"

The stars are like diamonds in your heavens, and you have a new experience of seeing what you have created. You go through that day, and you may have a very "up" experience such as seeing the stars in the heavens in the morning. I know you are accustomed to seeing them probably in the evening, but it's a new experience for some of you to see them in the morning. And there they are: your friends.

Truly, they are places where you have been, where you have left your imprint, because this is not the only place where you have ever incarnated. You have been very creative in all of your lifetimes. You have been everywhere and every-when to experience all that you can experience, all that you can create. So within a day's time, you can go run through the gamut of the emotions of, "This is the most wonderful day of my life! Oh, I'm so happy to be in this day! It's just really, really great!" to, "Oh, my God, I got an F on that exam! I guess I'm not so good after all." And then you bounce back and say to yourself (And I have seen you do this), "Oh, well, tomorrow is another day." And it is.

You create for yourself the most wondrous happenings, and you create for yourself others for you to share it with. And you enjoy it. You enjoy being with other ones where you can share the joy, where you can share the questioning, and you can share the Aha's. "Oh, I figured that out!Hey, I wonder, is that why I'm here?"

Yes, that is why you are here. You are here to show love. You are here to receive love. Because know you if there is someone who is wanting to give love, it helps if there is someone to receive it. Now, you do not have to have one to receive; you can just be love and you can give it. But it is so much nicer if there is someone to receive it, and so you do this with ones. You play. Even as the small ones, you play with giving and receiving. Some are better at giving. Some are better at receiving. But what you truly want to do is to be in the energy of love and to play in it.

Oftentimes, many lifetimes, you have been the playful one. You have known how it feels to play, which is not to say that you have not known the other side of it where you wondered, "Is there anything good?" and, "Am I going to be taken care of?" You have had that, all of you in the human experience. But for the most part, you have the childlike person of you, deep within you, that is just waiting for someone to look to find it and to say, "Do you want to play? Do you want to come out and play?"

"Yes, we will play!" Because truly that is what life is for. Ones get very much caught up into "having to" be a certain role, "having to" play a certain way, "having to" portray a certain image. And that is okay. It is well and good. But truly life is to be

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enjoyed. It is to play, to go places to see new things, to say new things, to have new "Aha's" about things, and to be (as you have a saying in your world) "turned on" about things, to feel really happy about yourself and about life.

Does your life have meaning? Yes. You are here because you have chosen to be here. No one said to you that you had to be here. But you have said, "I am ready. I want to play again. I want to see what I can experience. I want to have all of the experiences, from top to bottom and bottom to top. And I want to go out and play, to run as the wind, to be free as the wind. I want to climb a tree."

How many of you have ever climbed a tree? Sure you have; exactly! That is one of the reasons for trees. There are many reasons for trees. But it is for ones to climb a tree, to play with a tree. The tree has spirit, as you know. The tree is a living entity. It is not just dead wood, but very much alive. If you go up to it and say, "Hey, let's play! (You may not say it in those words) I want to be in your branches!" and you start climbing up, your energy blends with the tree's energy, and you come alive in the energy. That is what is so important for you and for the tree: to share that aliveness.

I know that your world says to you that you must do X, Y, and Z. I know that your world says, "Don't get too carried away. Don't get too exuberant. Don't be too joyful. Keep yourself in moderation. Do what you need to do, but don't be so out there about things!"

And yet when you look at what really brings you joy, the times when you have been really happy are the times when you have forgotten all of the "shoulds" (all of the images of what you should be and what you should do). It has been when you have forgotten that self of you and you have just been extemporaneous about everything. Just Happy...Joyful...Running in the Wind!

When I say that, there is a relatedness that you feel within yourself; you can feel how it feels to run with the wind, to be as the wind, to be free as the wind. Allow yourself on the morrow to take a few steps of running. It does not have to be running a mile. It does not have to be running twenty paces. But allow yourself to run a wee bit. Even if you have had the knee surgery, yes. Even if you think, "Oh, well, I don't know if I can do this...." Take a couple of steps, whatever is easy, and feel yourself to be totally alive in that step.

This is my message to you this evening: to come totally alive in your life; not to live it according to the world, because the world will give you many, many "shoulds" and will judge you at every step. And that judgment does not feel good. But allow yourself to run, either physically, and definitely emotionally, as free as the wind does blow. You remember

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a long time ago, when you were in my family and you ran with the wind? There is a knowing deep within you when you remember that. It is true. Allow yourself in this day and time to feel that freedom.

Yes, do all that the employment says you have to do, all of the duties of the family that you have to do, but do it in a way that is different. Do it, one day, in a way that you are running happily and freely coming alive. How does that feel? It feels good, yes. And that's what life is for: to enjoy it; to be in joy. That is your birthright—to be in joy.

Even from the time you are the very little one, you begin to understand that there are certain things that you have to do, and you get a bit molded and shaped into what is acceptable. As you get a bit bigger, taller, you learn more of the "shoulds" as to what is acceptable and what might not be acceptable, and you get the hard knocks of the families that say, "I don't know why you are here. I don't want you around."

Have any of you ever had mothers that have said that to you? Yes, of course. All of you have had lifetimes where you were the unwanted child who was not understood, not desired. "Get out of my sight; I don't want to see you. I never asked for you." Have any of you ever heard that? Of course.

And yet there was a soul contract that you would come and be together. There was a soul contract, an agreement, that you would be born into a certain family in order to rub the rough edges off of each other, even if that friction hurts, and it does hurt. But there was agreement that you would come through it and that you would polish each other; maybe a little bit, maybe a lot, depending. And to come to a place where you say, "Hey, you know, I am really the polished one." Because you are. You have come through much of the polishing, and the rough edges that were around, they are not there any longer. They have been rubbed off of you, or beaten off of you.

But look at you. You are still the Light, you are still the Love, you are still the little one who wants to be loved and to give love. You know that little one inside you. It is the joy of your being, to be alive, to care, to smile, to cry so many times, to be in a place of knowing of the emotions. And it is okay. The emotions will never take you over.

I know there have been ones who have said, "I can't really get into my grief. I can't get into my anger, or I'll lose myself." You will never lose yourself. Sometimes it is important to feel the energy of grief, of anger, of all of the emotions that sometimes seem to be too violent. And yet, you are stronger than any of the emotions. You are stronger than anything that anyone can dish out to you. And here you are!

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You have come through a lot of tests and trials, and you look really good! You will always be the favored one. I say that to you because it is true. But I say it to you, and you, and you, and you, and you (all the way around the room), because you are all the favored ones. Each and every one of you is the favorite of the Father/Mother/God/Goddess/All That Is energy.

I see your strengths. I see the true being of you. And I applaud you for the courage that it has taken to come once again into a world that does not believe completely in love, into a world that is going to give you the hard knocks. And yet, you have come through all of the hard knocks. You have rolled a bit with the punches, and that is good. You know how to do it. It is good.

All of you have suffered the slings and arrows of a world that is not the most loving, but here you are. You have smiles on your faces. Smile...smile...there you go...hey, you look beautiful, like sunshine. That is wonderful. That is so great! Yes, you are good at that. Very good. Feel you the change in energy? All it takes is a smile. It is amazing!

And the love that you feel in your heart, it is a love that the world is crying out for. It is a love that truly you have said you would come to give to the world, because the world is ready for it now. The world is hurting enough that it is ready and asking for a change. You have had prophecy to say that this is a time of change, and it is. These days that you are living and walking through, these days are times of change. They are times when ones are finished with the old way of being, and you do have new energy that is coming to you. We have spoken some time ago about the opening to your central sun and how there is no other planet or solar system in the way. It has opened up so that you can feel the radiance of the central sun in the outer.

It is also true about the inner, because you are also opening to your own central sun that is in the center of you. You are saying, "Long enough have I walked through each lifetime with my head down. Long enough have I worried about everything. Now it is a time of change." And it is. Now it is a time when you are taking back your power, the power of love, the power of being, the power that says, "I don't care about how much you don't like me. I like me!" And that is powerful. Once you start saying that to yourself and you own it, everything else in your world has to shift and change to acknowledge that you are that power.

So I say unto you, see yourself the way I see you. See yourself as the radiant light in a place of darkness that is now becoming lighter. You are the flame of love. You are the flame that has said, "I will come into the darkness, and I will be as the flame of the candle."

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And know you, there is a saying, that no matter how dark the night, it cannot put out the light of a single candle. No one can extinguish your light, not even you. And that is important for you to take home for your knowing. No one can extinguish your Light.

Mothers in their unknowing can be really rough to live with, but they cannot extinguish your light. You can try to deny it. You deny it to yourself. I have seen you do this when you say, "No, not me, not really, no...."You cannot extinguish your Light.It is Who and What you are—capital "W's"—the divinity of What you are, always going forth, moving forward, always the Light that you are.

Believe in the Light. Believe in yourself. Know that truly life is worth living; otherwise, you would not be here. Otherwise, you would not have chosen to be here. Yes, I know you have your ups and downs. Yes, I know that life can be a bit challenging from time to time. "How am I going to get everything done in this day? How am I going to get where I am supposed to go? How am I going to come up with the golden coins to pay for whatever it is? How am I going to...."

But then, miracle of miracles, everything seems to fall into place, and somehow the sun comes up the next day. Wonderful gift that you give to yourself each day. Every day you can count on it. It may be a bit hidden by the clouds, but still you know that it is up there. You have your mechanical birds where you can fly above the clouds, and if you cannot see the sun from down here, you can get on one of your mechanical birds and go up above the clouds, and there is the sun! Wow! You can count on it. Every day it comes up. Every night it goes down and the moon comes up. Know you the most wonderful miracle of the moon, how it changes shape? And it does this without thinking about how to do it. The moon does not say, "Oh, well, this is the first quarter, so I should be looking in such a way." It does not do that. It just is! And there are other shapes that happen. You have beheld recently the most wonderful full moon. And who could have created that? Yes, you did. You put out the call and it appeared. You are great creators.

Every day you create. You are creating this right now that we are sharing. You are creating the words that you hear. And I would share with you that you do not hear the same words that the other ones in the room are hearing. (Cell phone rings) Aha, is that for me?

Now, you know that you can choose: it is a free choice to be happy. And you are so beautiful, each and every one of you as you choose to be in love and joy. You are so beautiful. You are the light of a thousand suns. Your poet has said that for you. You are the light of a thousand suns come once again into a place of darkness to play. And if you do not have anyone to play with right now, call on me. I like to play. I like to run. I like

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to laugh. I like to be in joy. So if you do not have anyone to share with, call on me. I will be there. I hear you. I hear you when you whisper. I hear you when you have a thought. I hear you when you shout to the heavens. Always I am with you, and always I answer.

So be it.