## Jeshua Teachings

#### **JESHUA Q&A**

#### 2015-06-06

Now, we continue. Most wonderful concoctions of dessert; all of your fresh fruit, cherries, your strawberries; most wonderful time of year; good time of year to have a birthday and to celebrate. Let's see. We will have fun with some questions. We will start over here. Beloved brother, how are you in this evening?

John: I'm better, having heard you talk to me tonight. I think you had content specifically for me (This is true, yes) which means my questions kind of disappeared during your talk (Strange how that happens) Yes, but that doesn't mean I don't have any. First of all, I'll tell the group that I've been for the past many, many years working to bring new clean energy and other technologies into the world, and it's been a door-closing adventure. And the other thing is, I've been working to develop the concept of regionalism, whereby we would have a new socio-economic political experiment here in the Pacific Northwest. So I'm at a choice point, doors having closed, but they're still opening somewhat, so with your help tonight, I've decided I must choose to go on with the open doors to see where they will lead (Right, please) So I gather that you're encouraging me to do that (I am) Okay, I've been thinking about quitting and just doing my writing (You can do both) Yes, I will do both (Good)

The other thing is, there's one...oh, you are with me more than I acknowledge (This is true) I am now studying your book, Love Without End. I'm devoted to it. It has expanded my understanding to the place where it almost brings tears to my eyes to think what it has given me. I just wrote a two-page paper on compression, expansion, and equilibrium, one of the most powerful ideas of the book.

My former wife is struggling with multiple myeloma, although we're doing a good job of keeping that at bay with new technology. And she has dementia that is growing and arthritis and other ailments. We are together with a new form of love (Good) and it's a blessing to both of us (Right) I'm wondering if you have any suggestions or thoughts about how this is going to play out between us, because it's going to increase my need to be there for her (Right, and that is good) Yes, it means I'll need to move, very likely, to be closer to her (Right) So, okay. Is there anything you can suggest I should be preparing myself for in relation to Marion?

Jeshua: No. Indeed, you have already thought ahead, and you have seen what you want to do, what will be necessary to do, and you will take it one day at a time, and yet planning for where you want to be and how you want to be. Oftentimes the emptying out

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of the mind is a blessing. It is for the wife, the mate, to be able to make a gradual releasing, and it is also for ones who love her to watch the gradual releasing and know that truly she has not absented herself right away with it. She is gifting you with some more days and times to share. And as you have discerned, the love that you have for each other, it was forgotten for a while, and now it is coming into full bloom. She will never leave you. It is a bit of the preparation that she is doing with what you call the emptying out of the mind and becoming much more just present, not remembering this, not remembering that, but just being present. And she will never truly leave you, because your memories of her, even in these last days—and you're not there, but when you do get to that place, you will have the memory of love. It will no longer have to be the sharpness of mind. It will be the memory of love.

John: Thank you for that. Just one other comment: I am in the process of correcting some very serious negative habits that you spoke about tonight (Ah, yes) I'm grateful for your presence in a variety of forms in my life to help me do that. I have two other women friends who are suffering from serious ailments, and they give me an opportunity to be there for them in love. So what is all happening? And when I get depressed and unhappy and frightened about what I'm trying to do, I go down to the beach and I see the little children and their parents, and it brings love that's close to me (Right, that is good) I'm grateful to all of you being here and continuing this, and I intend to be back. So anyway, thank you, and I'll be reading about other's questions and answers too (Very good, thank you) I have to catch a ferry. Thank you.

Jeshua: Beloved brother, how are you in this evening?

Mark: I am well. I'm having a good day (Yes, one would hope so on a day of the birth) But I don't have any questions at the present time. Maybe something will bubble up as the mic goes around, but I'm going to pass. (Okay, bless you)

Jeshua: Beloved one, how are you in this evening?

Rob: Wonderful, thanks, and you? (Excellent, thank you for asking. What would you speak of?) Two things. I really want to know—picking up from last month, of course—I really want to know how many human lifetimes I've had.

Jeshua: Okay, you realize that this is a very difficult question to answer, because some of the lifetimes have kind of bled over into other lifetimes; so to look back...oh, my goodness, you have been very busy. You have had many lifetimes, some of them short, so that there are many more experiences. Now, this lifetime it is deviation from the usual, but you were not always the one who lived a long time. You were wanting to know what more you could experience, and where you could experience, so you oftentimes would go

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through what you call the 30 to early 40 years, which in some time frames was old age, but in other time frames it was not that old. So to find you a number, wow. Multitudinous. Many, many, many, many, many, many, many lifetimes. Let me see. I have to get out my mental abacus...oh, my goodness, I'm running out of space. Okay, 36,143,256 and counting. Got that number?

Rob: How can it be that many?

Jeshua: You were very creative. Now, you have asked human lifetimes. Well, you see, the holy Mother Earth has been around for a long, long time. And you were here in the very beginning—as you understand beginnings—and you enjoyed being here, experiencing, using your Light to create more of the forms, so yes, it could be that long.

Rob: Okay, well, the other thing I wanted to ask you about—the spiritual intoxication last weekend, was that from Shawkeebaw [phonetic spelling]?

Jeshua: Yes. You have been leading up to this in other times where you touched on it briefly, but what you experienced in this time that you're referring to was deeper, and it lasted a bit longer than what you expected it to. But yes, you moved into what you call another dimension with it.

Rob: That was so neat, I wouldn't mind doing that every day.

Jeshua: Very good, and you can, except you do want to keep ahold of this reality (What for? I jest) I know. Because truly you have agreed, you have said that you are going to live out this reality to its fullness, and so, yes, you will, but that doesn't mean that you're going to stay there the whole time, because you're going to have other experiences.

Rob: I wanted to throw out one other thing that has been helping me lately, because maybe it'll help somebody somewhere. I call Love, Source, Energy, God, whatever you want to call it, I refer to it as Wonderful One. Lately I've been expressing, "I love you, Wonderful One," a lot, and it helps me, especially when I get up in the morning, because we want to be positive these days. The old stinker can get going the wrong way sometimes. We can't have that. But me expressing "I love you, Wonderful One," has been helping me, so I just wanted to throw that out (That is a good tip)

Jeshua: Beloved one, how are you in this evening?

Donna: I am great (Yes, you are. It is a pleasure that you have now found your place, moved into it, getting things separated where you want them to be. It is a good decision) Yes, thank you, and I feel that very strongly. I am looking forward to a time of

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peace (Yes, you deserve it. You have put in your time of putting all the pieces together, sometimes having to kind of stretch to get the pieces together. It is time you deserve now) And I am open to doing the next thing (Right, it will not take long. It will come to your doorstep) Thank you, I know that (Yes, you do. Thank you, because you are the one who is doing it)

Jeshua: Do you have a question in this evening?

Anita: Yes; why am I living my life in fear?

Jeshua: Ah, yes. It is old thinking. It is what has been taught to you when you were very small, to watch out for and to fear whatever might come. But as you are asking the question, it shows that you are ready to move beyond your fears and to claim the joy of knowing, "I am above all of my fears. I don't have to worry about them any longer. When I was small, I had to look to someone else to take care of me, but now that I am larger in body and much wiser in the mind, I know how to take care of myself. I know how to go forward."

The fears are old. You do not have to keep them with you. It has been a teaching that ones have handed down from mother to daughter oftentimes, but it could be from mother to son or father to son. But mainly it is more of the female way of looking at things, to say, "Well, in times past there has been this calamity and that calamity, and that which I have valued could be taken from me."

Now, in truth, when you know what you value is eternal—in other words, the divinity of you—then it doesn't matter if the worldly things disappear. Now, in truth, they are not going to, but the mind and the teaching often say that whenever I love something—this has been old teaching—it means that I'm probably going to lose it. Well, you're not. You're going to keep it. And you may thank all of the ones who have gone before you, all of the women who have said they had experiences that were not happy, you can thank them for living what they have understood to be the truth, but you are moving into a new truth of your being, where you can stand in your place of the divinity and say, "I claim now a life that is free of worry."

Because, as you have discerned, it really does you no good to stay in worry. It doesn't solve anything, and it sure doesn't feel good. So now you can say, "Okay, I'm done with that. I have put in my time, my energy, my worry. Now I close that door and I move on." The reason that it has come so strongly to you now is because you are ready, and you can do it. And what you will do then, you will pass this on to the other womenfolk that you know who are also worried about whatever might be happening, or potentially would

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be happening, and you can say to them, "You can close the door on that." And when they see you doing it, they are going to say, "Oh, well, I guess it can be done."

You are a teacher. You have been recognized as a teacher in other lifetimes as well, and this lifetime you are a teacher in the very broad sense of being able to change cultural thinking, feminine thinking that has...because this comes out of a reinforcement of belief that women were possessions, something to be owned, something to be directed one way or another, and if you didn't please the one who "owned" you—and no one truly does own you—then you might suffer consequences. That is old teaching, and you have moved into a geographical location that gives to women almost, but not quite, the equality with the menfolk. They are very slow at giving up their "power," but you can keep the power within you and know that you are strong, and close the door to the old thinking.

Anita: Yes, and then be happy.

Jeshua: Yes, once you close that door, you are going to have a vacuum that you're going to fill, and that vacuum is going to be filled with happiness and tears of joy, tears of freedom that finally you have awakened and you know your worth. If you want to know your worth, ask, and other ones who see you more clearly than you do, they will tell you your value. And you will do the same for them. It is good. Thank you, beloved one. I am glad to see you here. I am glad to see your courage in asking that which is so deeply held within you. It takes courage to move into a new space. It is very good. There are the little tissues back there in the box if you want one.

Beloved beautiful one, how are you in this evening?

Rose: I am very grateful, very happy (Yes, it shows. I think you had a celebration of the day of your birth recently) Yes, we did (And many more you will have) And I did accept the greeting from you, too (Yes, very good. What would you speak of?) I don't have any question, but I just want to let you know, and I'm going to share with my friends, that every day when any question comes in my mind, and the moment this was actually not the whole question, I could not even read my mind, you come and give me the answers. So thank you so much for being with me moment by moment and guiding me. That's why I'm feeling so much blessed (It is my job, and I enjoy it) Thank you.

Jeshua: Beloved young sir who is growing up so fast, how are you in this evening?

Daniyal: I'm good (Yes, you are. Do you have something that you would address, that you would want to speak about?) Yes, but I would also like to thank you for last time I came here and asked you a question to help me. You have helped me, and I feel

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much better. I wanted to ask you...I seek your guidance, more guidance. I would seek guidance to obtain your level of knowledge and power.

Jeshua: Yes, it will come. You have decreed that this will be the lifetime that you will step into your power and your knowing of your divinity and from whence you have come. So it has, as you are putting it forth right now at what seems to be a very young time, you will be garnering new insights as you go along day by day, year by year, and that which you truly desire will come to you. You have made a good beginning, and you can look at the good beginning and know that it is going to continue. For in truth, you have what is called the very keen mind. You have the mind that brings up questions, and then you have the heart that brings the answers to you. You are a very wise one.

Daniyal: Thank you (Thank you for asking) I also wanted to ask: Recently in school we've been studying about dystopian societies. I wonder, like, we read this one story where everyone is equal, but it's not equal in how we consider it now, but equal in everything, like appearance—everyone is a clone of each other, basically. And that's where it seems like our world is heading today. I'm surprised; why is this in the interest of our government?

Jeshua: It is very interesting how each one looks at creative ability and creative powers and how to put forth the image that ones will have. Truly, it is the one divine Self awakening, but as you look at the small segments of it, it can look very strange, and it can look like, why would we go in that direction with it. But as you are stepping back from it and beholding more of the whole picture, you can see that it is part of the evolution of thinking and of creating. Yes, there will be some twists and turns that look a bit strange, but that is because you are looking at it from like the inside of it. And when you are far enough out of it to be the beholder, then you can see more of the whole picture, and you can see how even these kind of strange seemingly-detours are helping the evolution. So these are good questions to think about.

Daniyal: So it won't turn out to be a dystopia, though, right?

Jeshua: Not in that way, no. You are moving towards the place of utopia in that ones are understanding the equality and the value of each seeming individual and putting that together into a whole that serves the whole, but that is yet to be, because there is what you see to be completion right now with ones who say, "Well, I haven't really experienced X, Y, and Z to a full extent. So then they are living out their power, as they understand their power, and that is with a lower case "p", because it is not the divine power. So they are completing. They are finishing. But the idea of a utopia is one that truly goes back to understanding the wholeness of every seeming individuality, and yet all

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from the same source. So it is a good idea, but as you have watched, it takes a lot of twists and turns.

Daniyal: One last question that kind of relates to that one: when people work jobs and they are never really happy, you know (Right) and like almost ninety percent of people in America work jobs. I'm kind of sad, seeing our government knows that everyone hates going to a job or college school, and they don't do anything about it. And our president promises great things, but he doesn't really do anything either.

Jeshua: Right. He sees himself with the hands tied. There are things that he promised that he thought he could make happen, but he has accepted, as you have been experiencing, a certain framework of mind that feels that he is controlled by other ones' decisions, and he feels that his hands are tied, not to do all of the things that he wants to do or has seen a vision of what he could do. You will see in his last few days the power of this one, when he is able to do what you call the executive orders. He is going to put a lot in place by the executive orders, but it is too soon right now to do it. But a word of caution there, because as soon as he puts them into a decision and someone else comes along and takes power, they may change not all of them, but a good few. So it is sort of like you take two steps forward and one step holds you back. You hope you make progress, and there is progress, but sometimes it is not visible.

Getting back to ones in the employment that they do not enjoy, it is not the job of ones in Congress, in your political arenas, the ones who seemingly are in power, to change things. It is really up to the individual to take a look at what they are doing and to say, "Perhaps I can actually like this job. Perhaps I am happy to go to it and to look for the good in it." There has been a mindset that has been given to you down through the ages, this generational teaching that I talk about so much, where ones have said that it is cool to find everything wrong with a job, with the coworkers, with the family, with the dog, whatever; that it is cool to always find what is wrong. But when ones are not happy doing that, they may come to a place of realizing, "I can change this. I can look upon this job as creative. I can look upon it as serving in some way." And once they begin to see the value, that it is not just something that they have to do, but something that they have chosen to do, then there is a shift where they might be a little bit happier. It takes a bit of change to work through the generational teaching that says, "Well, this life is really a hard life. You're not going to like it. And just when you think you're getting ahead in something, then there is a power that comes in and takes it away from you." That's old thinking, old generational thinking. But you, the young ones who are full of a vision that things could be better, you will be changing things, so it is good.

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Daniyal: I also hope that people become aware that there are other ways to make money too; not just being an employee. Their ignorance also has really seeped into the minds of everyone else too. A lot of young people are being taught that this is what you do; this is the only thing you can do until you die. And I don't think God put people on Earth to wake up every day to the sound of an alarm clock and just hate getting out of bed and hate doing this same thing over and over. I don't think God put people on Earth for that.

Jeshua: Right. No. You have created a life to enjoy, to be in joy with it. It takes a bit of changing, but when you are dissatisfied enough, then there is impetus and motivation to change it. Sometimes ones will say—they don't say it out loud; they aren't even conscious of it, but when it gets bad enough, then they look around to see what else could be, what new way could be. It is happening. It happens so slowly that it is hard to see it day by day, but it is truly happening (Thank you) Thank you for asking.

Those are very good questions that many struggle with in this time. But it has been prophesied, and it is true, that a New Age, a new time, a new way of looking at things is happening. It's already been birthed. It's already here. You're seeing and feeling some of the birthing pains of it, where ones are being pushed by their own soul to make other choices. But when you're in the middle of it, you don't see much progress. But it is happening. I see progress. Sometimes—play with this, looking at what is going on in the day through my eyes. You have that saying: What Would Jesus Do? What Would Yeshu'a Do? How would he see it? And you say, well, that's just make believe. Ah, but how do new ideas come except by make believe. You're doing well.

Beloved brother, how are you in this evening?

Curt: Great, beloved brother (Yes, good to behold you in this fashion) Last time we spoke, you said the gate is open, and that helped me quite a bit as far as my life goes. I asked about finding my beloved one, and you said, "Don't doubt that it can happen." That helped me tremendously too. At least I feel I found my beloved one, and my question is how to proceed (Oh, day by day) because it doesn't seem to fit into any prescription of reality.

Jeshua: Well, in truth, you are making it yourself, so there is no prescribed way to do it. In other words, you are not going to have a book and say, "Okay, on this day I do such and such; on the next day I do such and such." No, you're making it as you go. You're making your own life, because you have decreed that you want to. So you're having fun with it (Yes, totally) Yes, you're having fun with it, and you are beholding all of the joy of it, and it surprises you from time to time that it can be so joyful, that it can be fun, and

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that this that I thought was far away, far above me, whatever, is right here. And you have been doing well with that in claiming, "Okay, that which I thought was maybe out there, I've been bringing it closer, and it's fun."

Curt: Yes. I wish I could talk about more of it or publicize more of it, but at the moment I can't.

Jeshua: Right. You will take it day by day, and your demeanor will show how you are in love with life and with other ones who share your path. You are doing well with this (Super) Yes, it is super (I guess that's all I need) That's all you need (Thank you so much) Thank you for asking.

Beloved brother, I behold the Christ of you that is alive and well. You are truly allowing your spirit to come forth in the work that you do, in the interaction that you have with other ones, in the encouragement that you give to other ones. I thank you.

Virenda: Thank you. It's been very nice being here. Today the puzzle of life that is there...I think the last piece went in just right (Yes) It's full. I have the answer that I've been trying to put together for a while, and I thank you very much. It's wonderful being here. In the light of this global sort of experience, my next question is very mundane, and that is that it seems to me, and with more and more certainty, that I should be moving from Seattle, where I've lived for nearly thirty years, to go farther for a fairly major project. What is the likelihood of that coming to fruition?

Jeshua: Very likely: 80 percent (It needs to be 100 percent) Oh, but you are working on that. It will come together. And you will make visit back here from time to time, because you have good friends, friends of the heart that you are going to want to keep in touch with. But yes, it is in process already.

Virenda: Thank you. One last question. This is about my daughters—we have two of them. Can you tell us something about how they their lives from here on turn out to be? One is in India. She was born in Florida, and she's been there now for about three years or more. She is a fashion designer. She has ups and downs (Yes) So I'm concerned about these two girls as to how we can help them, and what must they do, and what direction they're taking.

Jeshua: They will go, as you have seen, from one side of the road to another side, because they want to experience what is on this side of the road, and all of a sudden they look across and say, "Okay, I want to try that," and there will be the accompanying mood swings, I suppose, as they trust themselves and as they then don't trust themselves. You will help them the most by your example, by what you are living, and by how the

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mate, the wife, now chooses new life. That will spread to the daughters as well, because they look to you not only for the substance that they needed early on, but they look to you now for seeing, "How can I go in life?" And as they see you being confident, as they see you still alive and creative, not sitting back and saying, "Well, I've already done all the things, etc.," and they see you being in love with life, in joy with it, they will see also the joy that they are striving to find. There may be, as you have seen, the ups and downs with it as they experiment. That is okay. It is part of the learning process in this world, but they are not of this world, and so they will work through it. Love them, cheer them on, and be example (Thank you) Thank you for asking, because many parents feel the same way and have the same questions, because you care about these small ones that you held, first of all, little ones, and you saw them growing up a bit. And now they are seeming individualized persons doing their own life, and you see them sometimes falling over, and you want to pick them up the way you did when they were little. But it is okay, because they are finding their way. You have done well (Thank you)

Beloved brother, how goes it?

Mateen: Very blessed. First of all, I want to say thank you so much. I have a great gratitude for everything you have done for me and the love you brought into my life since I met you. I don't have the words to say thank you to you (I know the words of your heart; thank you) Thank you so much. You really have filled my life full of blessing and joy (Yes, that is my job)(Laughter) It's a good job (I jest with you, but yes)

I recently took the job as a scientist. You know, this is a job I always wanted to do, but you know, honestly, my heart was not there, because my heart is here. I felt...the first day of my job and I was going to work, I decided I need to put myself where I really want to be, and I asked where I want to be. And I knew what I want to be, and you know that (Yes) So I gave myself a timeline, a date. I said that beyond this date, I'm not going to go; this is the date I'm really going to be starting what I really want to do (Right) And I'm going to make it happen (Oh, yes, you will) And it may be earlier than that, because I got news today that for the project my friend is working on, we've both been working on this project for some time, maybe coming to fruition (Right) and if it happens, then probably it will be faster. I just wanted to ask you for your advice. Is that the right way for me to do?

Jeshua: Meantime, yes. It doesn't mean that you are going to always stay with that, because as you have seen, as circumstances change and other people come into your life and other opportunities, you will not change in the overall, but you will change some of the details of it. But it is not something that you need to know at this point. You're going to wait until the opportunities and the questions come up. You're doing well on your

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path with this, so you don't have to second-guess yourself. Day by day, be in joy. Day by day, be in joy with the coworkers. Spread your Light. Encourage them. That is really truly what employment is all about. It is about being together in joy and supporting each other. It really doesn't matter what project seemingly that you're working on, but in truth, it is to support each other and to be happy with each other. So apart from that, nothing else matters. Apart from that, everything else is the small stuff.

Mateen: Okay, thank you. The second question is about the challenges; seemingly challenges about finding the land.

Jeshua: Yes, it makes every day a little more what you call the progress of it, and it also means that when you get to the place that you have found that which is going to gift you with the outcome that you want, the joy is going to be overflowing, because you have had so many days that seemed to be just mundane; looking here, looking there. So when you get to it, it's going to be quite a celebration (It will happen) It will happen, yes. Whenever you start out on something—and you know this very well—whenever you start out on something, you will make it happen. It is true for all of the brothers and sisters, but especially for you; you know it. It is something that is part of when you were planning the incarnation. You said, "Well, I want a little bit out of this jar and a little bit out of that jar, and I want to know that even if I don't see it, I'm going to make it happen." So you've got that in your makeup already. Some of the brothers and sisters passed by that jar, and they said, "Oh, well, it'll work; whatever." But you said, "I want some of that," so you put it into the ingredients that you've got to work with.

Mateen: I see; beautiful. One last question. This is a question about my friend here. He's my best friend, and we have so close a relationship. It seems like we had a past life relationship (Yes) What was that?

Jeshua: In truth, you've had many past lives together, but the one that is most coming to the forefront in this lifetime are the lifetimes when this one has been your father. He has guided you, encouraged you, worked with you as you were the son growing older to the place where you were the equals, because you grew up and you learned and you shared with each other. So this one has been your father in many of the incarnations, and that is what is coming through now. It is a friendship, a very deep friendship that you have had many lifetimes when you have been as the brothers together, but the dominant one is when he has been your father.

Mateen: It still feels to me like a father (Ah, there you go, yes) A lot of times when strangers see us, they think he's my father. I think they see this energy (Right,

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that is what it is) Not the age or anything (Yes, it's the energy that you share) Thank you so much (Thank you for asking) Thank you for blessing us (Thank you; that is my job)

Jeshua: Beloved beautiful one, how are you?

Pat: I'm great (Yes, you are) Thank you for this evening. In your lifetime two thousand years ago as Jesus, that person, did you have many different personalities?

Jeshua: Not any more than what you are experiencing. In other words, there were certain days when I would bring to the forefront a certain educator, if I wanted to be teacher, and there were days when I just wanted to be one of the group, one of the guys, and I brought that forward. So I didn't have many different personalities, but the same as you, you play different roles on different days as to what you want to call forth. So you could call that, if you wanted to, different personalities, but no, not really.

Pat: Okay, and the stories that were written in the Bible, some of them are somewhat authentic and some of them were made up (Right) Okay. Did you become angry in the temple? (Oh, I did, yes) I can't see that.

Jeshua: Oh, I felt very, very strongly, and you have this experience as well, where you know that if you went to the money changers and you said, "You know, what you're doing is not right; you're cheating your brothers, you're not really doing the most loving thing," well, they're not going to pay any attention. You have that experience in this day and time, that if you say to ones, "You know, you really should rethink this," they say, "Tomorrow I might get around to it." But if you go up to them and you take them by the coat lapels and you say, "Pay attention; I need you to understand this in any way that it's going to get through to you...." I knew that if I made a big demonstration of overturning what was the most precious thing to them, their golden coins, that would get their attention. It doesn't mean that they liked me. They didn't. I had to make a very quick disappearing act, but I made a point, enough of a point that it has come down in your history in the writings that I did such a thing (Thank you) Thank you for asking. Oftentimes ones have this idealized picture of me being meek and mild and never raising my voice; oh, my goodness. I raise my vice to you, son that you have been. I raised my voice—lovingly, of course—but yes, I was human. I knew emotions, and I knew how to use them. Okay, enough said.

Beloved brother, how are you?

Charles: I'm just fine. My wife is getting very good at reading my mind, because she asked very much the same question I was going to ask, but a slightly different version of it. From what you said earlier this evening, the anger was a learning

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experience, and it actually was a loving thing to do, which to me is a little confusing. I am currently going through a very similar thing in today's world. I belong...in fact, I'm on the board of a national church whose main tenet is forgiveness, whose director at a recent national conference called a sister organization a bunch of liars. It didn't sound very forgiving to me at all. So I was very shocked and confused about how anger ends up being loving, I guess is where I'm going with this. I know I need to forgive this other person for what they have done. I've written to them, but I need to write more. But it's very confusing to me when people who are supposedly spiritual at a very high level maybe get a little too human in what they do. So if you could speak on that.

Jeshua: In truth, everyone that you work with has the different aspects of them. There are times when these ones can be very loving, and there are times when these ones, because of past training, generational belief of things, they may approach what they feel to be necessary by coming out rather strongly sometimes. The forgiveness that needs to be done is for them to forgive themselves for getting hooked one more time.

But in the human life, getting hooked is part of the process of coming to the place of saying, "Okay, I did it again. I forgive myself," because that is truly where the forgiveness needs to be, is with self, and then moving on from it. Sometimes they have to act out the scripting over and over before it dawns on them that there could be another way to do it.

So when you are watching someone acting out, those are good words. This is what they're doing. They're up on stage. They're acting according to what they think the script might be. They're doing some improv on the script, and they're acting out. At some point they may turn the page over and see that the scripting is different, that they could play it differently. And as you will hold in your mind, which does broadcast out there—it doesn't mean they're going to pick it up, but your mind does broadcast—that there could be another way, sooner or later, probably later, they might get the feeling that there might be another way to approach it.

So you hold the good thought, and you broadcast it, and for a while—as you have seen human nature to be—they will surround themselves with, "I am right. I had a right to get angry. I had a right." Now, when I got angry, I wasn't truly angry. I acted in a most demonstrative way, in a way that they would understand. But I wasn't angry with them as persons, as individuated energy of the Christ. I was angry...that is not the right word even, but I was trying to point out that there was another way that they could act with the brothers and sisters, especially the brothers, and I knew that this was a way that would get their attention. Did they change? No, they're still here doing the same thing. But you have a saying, "I tried." (Thank you) Good question.

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Beloved Ave, how are you in this evening?

Eva: In much joy and gratitude (Very good. It is a joy to behold you) It is a joy to be in your presence always (What would you speak of?) Just love and gratitude; grateful for my daughter coming back to her childhood home and the experience of gratitude that she let us know about. It felt like a big shift for her to do that acknowledgment (It was very healing, yes) And I'm ready to let go of the home, so please help us bring the next loving family that can enjoy the love and blessings of our home (That is already in process) Oh, fantastic! I'm just so excited to make this next move.

Jeshua: Right, and what you have done to prepare a most loving place for the new ones. They will enjoy being in the new home, the new energy for them. It is energy that you are leaving there as a blessing, and it will feel new for them and intermingle with the excitement (And very soon) And very soon; for what is time? (Yes) Yes, I know. When it is day by day, it seems longer, but there is going to come a very soon time when you are going to look back on this and say, "Wow! That happened really fast."

Eva: Great. Thank you, thank you, thank you for always being together and answering my questions (Any time you call, I am there. You have tested that. You know it to be true. "Jeshua! Mother Mary!) Exactly (I have heard you)

The other piece that is...I think you have already answered it. A very dear colleague of mine's coworker is going through some withdrawal from medication for depression, and I'm doing my best to support her and just send her love. But she's convinced that this is a very physical debilitating suffering kind of experience that she has to go through. So one part, just your energy to help her heal faster, because that's what she's desiring. And helping me to understand this...well, I think I do, actually, about mental illness being both a gift that people who choose it give to this lifetime of healing it (Yes) but it's also a choice in the thinking (Right) Any words that you could give me that I could pass on to her that would be helpful?

Jeshua: Truly, what you have already discerned is true. There is the physical element to it of what the body has gotten used to, and the hormonal changes that have been happening. But your example and your support go a long way to allowing her to be confident enough to pick up that there could be a new way to look at something. So keep on keeping on, believing in her, speaking the words of believing in her. Tell her that you know that, yes, this is something that she sees as difficult, and the joy of overcoming is going to be great, because she has made it difficult. But it is going to come, and so you are going to hold her in that new vision. And from time to time you are going to speak the words that give her a new image of herself. It doesn't mean that she's going to step

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into it right away, but it will hold it as a possible vision, because she looks to you as an authority. And if you say something, even if she doesn't feel it, she's going to tuck it away somewhere and come back to it.

Eva: I see her as an Earth angel, that she's coming, and her high sensitivity, that's because she is a recent angel.

Jeshua: Yes, this is true, and you may tell her that. And also tell her that she has a very great cheering section of the other angels around her. Give her the exercise to visualize one on this shoulder, one on this shoulder, one on the head, one speaking to her, because she has many who are very much with her and giving her messages that she doesn't always hear. But let her know that she has these angels—because she does—and there are many of them around her. We have spoken other times of the point of the soul group, and she is definitely the point who has said out of great courage that she would come and be incarnate. And the other ones are standing, cheering her on, because she has agreed that she would be the point of the soul group. So you may share that with her (I will; thank you so very much) Thank you for caring.

Eva: What you spoke about tonight and other times, there's no accident that we meet the people, and we work with the people who are in there. So even if the job is not always rewarding, the people that we meet, we have appointments with (This is true) And I look at that for every person that is in there. I say, "What is it that I'm interacting with them? Where is our point of coming together? And I always find that one interest, that right spot that we can join together on or we have in common, and that love can grow from there (Very good, yes) Thank you.

Jeshua: Beloved brother, how are you in this evening?

Don: A little sleepy, I guess (But that is good) I'm very happy with your talk, sharing this evening, that we're always creating. I got that message. So the first thing I'd like to know is for our friend, Milt, in Paradise. Out of the corner of my eye, I saw him sitting in this chair (Right) Was he mentally projecting in at that time?

Jeshua: Yes. It was not a conscious thought, but it was part of his travels that he does. He spends much time not with the physical body, but in travels, yes, and he was here. He checked in.

Don: Okay, he'll be glad to know that, because I thought that's who I saw, and I thought it was possibly true (Right; he does much travel) The other thought that comes to me right now, because I find this vitally important: is there a difference between affirming and decreeing.

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Jeshua: They are two aspects of the same thing. You will decree something as it might be a new thought or a new project or a new way of looking at something or something that you want to have in your life. The affirming is what you know already to be in your life, and you are affirming it. Oftentimes the decreeing will come first, because you want to call it into your life, and then you have the affirmation that says, "I know it's in my life." So they are very related.

Don: I'm concerned with my health. You spoke to Eva here last January, and you said that some months in the future you were going to talk about renewing the body (Oh, yes) You may have touched on it tonight, but you didn't really specify. So I want to know when are you going to do this so that we can have a handle or something to work with?

Jeshua: Okay. Well, as you have discerned, I have touched on it many times. I haven't actually said to you, "Now we are going to talk about renewing the body." But if there is request, we will do it next time. We will put a label on it, and I will say, "Behold...." (Discussion meeting?) Yes (Okay) "Behold, I am now speaking about renewing the body." You see? (Okay, yes) But as you have discerned, I have touched on it many times as it came up about other things perhaps.

Don: The other thing is, I'm very grateful that my mind is resting in the truth of who I am (Very good) a long time coming (Yes) A long time coming (It is a good place to be) It is definitely the only place to be. I still feel there is still a reverting to old habits (Yes) When you were talking tonight about creating the situations that we go through, either unconsciously or perhaps more consciously, I just guess I have to remark about my friend in Florida that it flashed in my mind that this was a necessary experience (Right) Okay. I can let it be.

Jeshua: Yes, it is something that is in process. And as you have discerned, when it is held in a place of unconscious, there is some progress that is made. But then it moves to the place where it is more conscious, and then you will see a rapid understanding and a claiming (Whoopee) Yes. It has not, you see, come to that place yet, but it is in the works (Well, that's good. I'm glad it's not in perpetuity in the next lifetime) Oh, no (Well, might even see it before I leave this plane, kick off these shoes) Yes (Great, wonderful) Very good (Thank you very much)

Beloved beautiful one, how are you in this evening?

ZuVuYah: Hello, beloved Yeshua. I'm much better than when I came in the door [Late] (Yes, this is true) Furious to miss the beginning of this. Oh, well, old experience. I have a question about a healing incantation that a friend of mine channeled for me. One of his shamanic names is Alatar. I really, really love it. It's just, oh, yes. I say yes when I

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state it. And it seems like a combination of star language, Tibetan, Middle Eastern, and Central European. It's such an amazing...the four lines have so many different words, and I just wanted to ask you about that, if there's a particular reason I got the blending of the languages.

Jeshua: Yes, and there is. Because what you are doing is collecting the wisdom from other incarnations where you have been in those cultures, and you are bringing it to remind yourself of the truth of your being and the truth that works for you now as you bring it into this reality. So yes, it is going to strike a very responsive chord, and so it is the truth for you, and it is good.

ZuVuYah: I'll be curious to decipher what it is, too, because he didn't give a meaning. It's just what the incantation is. I have no idea what the exact translation is, and maybe there isn't. This is where...I think that my mind is sort of interfering with what does it mean in English (Right) It may not be necessary (It isn't) I love the energetics of it, and maybe that's enough (And that is) It just feels good.

Jeshua: In fact, if you try to put it into pigeon holes, it's going to lose some of the energy (Oh, okay) So just go with the flow of the feeling of it (Okay, great; fabulous. I'm doing so much better than I was a few weeks ago) Yes, you are (Yes, I found an amazing healer to work with) Good (So I'm progressing very well) And the most wonderful healer that you work with is right here (I forget that) I know. But then you have ones to remind you (I do. Bless you. Thank you)

Beloved one, how are you in this evening?

Kathleen: Oh, I'm fine, thank you (You've had many changes, yes) I have had many changes, and thank you. My question this evening is...first of all, let me ask...I know that what happened this week was orchestrated by my father on the other side and others that are there (Yes) because I even got a birthday card from him, even though he's on the other side. So I'd like to thank all my friends on the other side.

My question tonight is on love of Self. The theme tonight has been love of Self. This is a really hard thing for just about everybody walking this planet; not just me, but it is a hard lesson for me. My understanding is that love of Self, or the lack of love of Self begins very early with the raising of children (Right) and that our wanting different things and then being told no begins the process of saying, "Well, I'm not good enough."

How would you raise children in this day and age so that they do have love of Self, so that they don't have to go through this process of releasing and letting go of all the past issues. We're talking about generational teaching here, definitely, and church

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teaching. The Catholic mass tells you that you are unworthy, and you say it three times (Yes) So how do you go about reversing this process? What is the key to love of Self?

Jeshua: You can use this with any age, and it is to look upon the good qualities that they have and to bring forth the Light of your countenance upon all of the good qualities. They will find themselves living in that space of the Light of the good qualities. And if it is a bit of a challenge to find something good about them, you'll find it, the parents will find it, the friends will find it. In other words, you don't have to be a parent to look upon the young one and to say characteristics they have that are good that will help them through life.

Kathleen: So we send them to school, and immediately when you get in school, you're quashed. We really wreck them at a young age. I'm a school teacher; I was a school teacher. So how do we do this, because they do have to be disciplined. They do have to behave. But I don't want to quash and hurt whatever it is. I want them to come out with love of Self. How would you do that?

Jeshua: By, again, looking at the good qualities. If you can find that one moment when they are behaving and praise them for that one moment—and it may be only one moment in the day—instead of landing on them for times when they didn't live up to being loving, and then there will be more and more times when you see qualities that you can encourage. You start by doing this with your colleagues, with the other teachers, looking to their strengths and praising them for their strengths. And then if they are at all awake, they may be able to then turn it to the children and realize that they want to encourage the good parts of the children.

It is a very thorny question. It has a lot of thorns in it, and it is difficult. Sometimes the small one will misbehave, testing you. Will they still love me if I'm just the nastiest little brat that ever lived? You have seen this, and they do. They want to push the envelope as far as they can until it falls off the table. So yes, you may have to look for that one instant when they were behaving and say, "You're doing a good job with this."

What do I do when I go around and I speak with ones? I often end it by saying, "You're doing a good job. You're coming through this." Because that is what I see. But I always try to leave a bit of the encouragement. You can do this with the colleagues, you can do this with the friends, you can do this with the small ones. Look to the good qualities. Because in even the most miserly, grumpy example, you can find something good about them.

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Kathleen: Okay, but while they're...you can't exactly find the good in that moment in time, and they're screaming in the middle of the supermarket, and we can't quite find the good at that point. What do you do? Do you let them scream until you can find something good?

Jeshua: What my Mary found to work was to change the focus of attention. She would give them something that would change their focus, and they would stop crying, wondering what's going on here; why did she give me this whatever. And then in that moment, there is a change of energy. It is a bit difficult sometimes when the screamers are not your children; they are somebody else's, and they may not like it if you're trying this with the other one. But you can always smile at them, and sometimes they will stop long enough to take a breath and wonder, "What is she smiling at?"

And it does work; not always, but sometimes. Because truly they are screaming because they want attention. If one is passing by and doesn't like it, then you can do the smile, or you can say something to them. Now, they won't hear it, because they're screaming, but the curiosity gets in there. What did she say to me? And they stop for a moment, hoping that you'll repeat it, because they get curious and they don't want to miss anything. So they stop, and then you smile and you say something that changes the energy completely. It takes a bit of practice. It takes a lot of practice. It is a very good question, because what you want to do is to encourage the good. And sometimes ones tall and small don't always give you much opportunity.

Kathleen: Well, that's true, and then when you're judged in teaching, you're judged (I know) and if you're not controlling, then you're not going to have that job for very long. They're not going to allow you to just allow them to be, you know, just the way it is right now.

Jeshua: Well, as you have discerned, it is to praise the good times. And if you start out...if you have a year, and you start out the year praising the good behavior, after a while—it doesn't happen right away, but after a while they will get the message that the encouragement, the reinforcement comes for behaving. They may not do it right away. They may have resentment, but that is because of how they are raised at home. But if you see the good in them, and you will, you do, and praise that, it does grow. It's an uphill job (A very important job) and a very important one, yes.

Kathleen: Parenting is one of the hardest jobs on the planet (Well, yes) good parenting anyway (Yes) Okay.

Jeshua: Yes, beloved holy scribe.

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Ted: You spoke earlier this evening about the mosquito (You want to claim that?) No. And you refused to give us the names of the people on the committee who created the mosquito, for their own protection, I take it. My question is, why didn't Noah swat those two mosquitos when he had the chance? (Laughter)

Jeshua: In truth, he didn't have the chance. They didn't stop long enough (Oh, okay)

Ted: A little over a year ago we spoke a little bit about all of the stone circles in South Africa which date back to the time of Enki. They are not all circular. They are the exact shape needed to tap the energy of the Earth (Right) You said that we put the energy into the stones and that that energy is still there (Yes) How did we do that?

Jeshua: It was a knowing that is almost remembered. It is kind of a very faint foggy remembrance, but remembering that you can, as ones have done the blessing of the water. How does one bless the water? How does one put energy into the stones? It is by knowing, believing, and then affirming that it is true. So it was done.

Ted: This energy we put into the stones, did that enable them to float into place (Yes) in the circles (Yes) one at a time or all together? (One at a time) One at a time (Yes) This guy in Coral Gables, Florida, who created this castle, did it all by himself, and there are these huge stones, and he unloaded them and put them in place all by himself (Right) and nobody knew the secret until some kids saw him out there one time with these stone implements that looked like ice cream cones (Okay, yes) Now, in Africa they're finding those implements all over the place, so I take it that that's what they used to float the stones into place (Right) Is there something besides those ice cream cone stones, that and the mind? Or...

Jeshua: You've got it. It is the mind, and then because there is belief that there needs to be an outer evidence of something, then ice cream cones are made. But in truth, it doesn't need that. In truth, what you have done other times is to know the energy of the mind and then to put it into place with the hand. But if you want to make it one degree a little more outside of yourself, ice cream cones work.

Ted: I don't know the number, but it's over a million of these stone circles, and they're all connected together (Yes) They needed all that before they could start their project of using that energy to send the gold back to their planet or whatever they used it for. Is that what they used it for?

Jeshua: Yes, that is what they used it for, and it wasn't only gold. It was some other of the minerals that are not found on the planet where you were living [Niburu],

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and so the scouts were sent out early, and they knew already how to do this. It was something that they were instructed and learned, experimented with.

Ted: So how long would it take them to create over a million stone circles?

Jeshua: Not very long, actually, as you would visualize. And there were quite a few who had come in the space ship, and they came out...

Ted: But it wasn't like more than a thousand, was it; or was it?

Jeshua: Yes, it was. It was several thousand. And the ones who came out were of form different than what you understand human form to be. They were much smaller, so that they fit into the space ship easily. You would call them large ants, I suppose; not a form that you would recognize as human (Oh) Yes, so they kind of packed themselves in.

Ted: How big were they then; how tall?

Jeshua: They would have been about three feet tall.

Ted: Michael Tellinger is one who is investigating this, has been for years, and still is at it. Was he...he must have been there at the same time as Enki? (Yes) And did he have a hand in manipulating the DNA to create the slave race to help them mine gold?

Jeshua: Well, in truth, it wasn't actually a slave race. It was ones who were of that planet, and because there was a heavier density of what you call gravity, they didn't grow big and tall. They were more compact. You have had all kinds of shapes.

Ted: Didn't they mix their own DNA with the hominids that were here already, though, to create this? (There was some of that, yes, that happened) Okay, did these beings that came...they didn't look like ants; they looked like people, didn't they? (Oh, they looked like people, yes) Okay. Is the reason Michael Tellinger is back now and working on this Contributionism thing, Ubuntu, to make up for...since he helped create the slave race, now he wants to free them (Right) Is his movement going to come to fruition?

Jeshua: In small measure now; in larger measure later, yes.

Ted: Good. I might have more later, next time, we'll see (To be continued) Right; thank you.

Jeshua: Very good. We have most interesting questions from time to time. It touches on everything you can imagine and more about the being. Most wonderful, the questions that come up. Most wonderful as you look back to history, way back sometimes, to before recorded history, and yet there is a knowing deep within you that this is not all that you have ever been, but it is very good.

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Now, beloved ones, it has been my great joy, my honor, to be with you and to look at the questions and to take them back to the divine Self of you; to encourage; to laugh with you; to look at every nuance of what can be; and to leave it wide open for the next time. Go in love. I chose you. You chose me. And love has sent you forth. So be it.