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# **JESHUA Q&A**

#### 2015-04-04

Now, we continue. I feel an energy in the forcefield (Laughter)

Beloved holy scribe, are you ready to ask a question?

Ted: I am. I didn't have any when I came, but you brought something up, the thing about the Light-body and the resurrecting. I think everybody assumes it was your physical body that you resurrected (And it was, yes, as well) As well? (As well, yes) I didn't understand you to say that this evening.

Jeshua: Well, I am saying it now. Yes, it was the physical body, but it was so infused with Light, because truly that is what you are and that is what you bring. There are ones who have the photography even in this day to be able to photograph the Light that is around you. It is termed the aura. So what I had because of the experience was a physical body emanating Light.

Ted: Okay, you talked before, or you didn't have the correct word, but I asked about the Light-body being like a blueprint that was reproduced. What about deficiencies in your physical body? Are those resurrected as the Light-body? (You're speaking of my body?) No, I'm speaking of my body, or anybody's body. I don't think you had any deficiencies.

Jeshua: No, I didn't. That is why I was questioning you.

Ted: Okay, I have a severe overbite which I'm pretty sure came from a long time ago.

Jeshua: Ah, I see, it's part of your evolution, yes. Okay, it would depend on what you wanted to bring with you as you were doing the resurrection. If it was a minor deficiency, as I would evaluate an overbite to be minor...or you can change it. I'm sure some of your female gender would like to have other attributes of the body.

Ted: Okay, that gets rid of my other questions. Thank you.

Jeshua: Beloved brother, how are you in this evening?

Mateen: I'm very blessed, thank you (Yes, you are. There is quite a Light-body around you. It is turned on) Oh, yes, I'm really changed. Your friend Aaron met me last week, and he reminded me about the wonderful life that we had together, and he helped

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me bring back a lot. And obviously your help has been always with me (Always, yes) I have a few questions again tonight. Before I forget, I'm going to ask you to bless the water, because the water you blessed for me a couple weeks ago did amazing things, affected me.

Jeshua: Very good, and you know why that was (What was?) It was because you believed that there was some magic that happened (Oh, there was nothing?)(Laughter) Yes, there was something. Yes, it was very powerful magic.

Mateen: Because magic is normally illusion. I want to make sure that something is there; otherwise, the placebo effect will not happen (Placebo effect actually works, but okay, we will not go there) Well, I am on little bit of a roller coaster. You know, I got this layoff notice, which was a little bit of a shock, but then after I talked to you, I got very excited and I knew this was the reason, and I was ready to start a new journey. Now they might offer me a position which is a little bit up north in Everett. And honestly, I'm not too excited, because I was ready to come do this full time, but last time you said, you know, I need to have the card in the back pocket. So I would like to ask for your advice. I have a little dilemma. Should I accept this, or should I accept my inner feeling, my inner belief that I'm going to be fine. Or for the time being, do I need to take that job.

Jeshua: I do not give advice as to shoulds, because that really depends on your resonance, how you feel about certain things. However, I have heard you ruminating about this and putting on one hand the advantages and on the other hand the disadvantage, which would be the delay, as you see it. But I am saying to you that there does not have to be an either/or. In other words, you do not have to judge what you are seeing to be a delay as hindering from doing that which you want to do. You are quite able to do both of what you want to do—to be here carrying out the project and also earning the golden coins for your family, as you have been weighing the options of things, this on the one hand, this on the other hand. You are quite able to do both of them. So I do not see that it has to be a choice. You may see it, but I don't see it.

Mateen: Well, I have dedicated the rest of my life to you (Well, to the Christ Self; not to me as a person) Okay. This is what I really want to do now. I really want to take this message and spread that to the rest of the world. This golden coin thing, you know, I feel this as a shackle, that it's in my way. How do I remove this so I can concentrate on what I have to?

Jeshua: You don't have to remove it. When I traveled to the various villages and spoke with them, I did not say, "Well, I'm not going to take any of the golden coins; that's

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a deterrent, etc." I had one of the group who kept the money, the coins, and doled them out where they needed to be, and I had much of the golden coins coming in from wealthy ones who wanted to support, as you do, the message, to get it out to my brothers and sisters. So there were always the golden coins coming in.

There was one of the disciples in the group who kept the bag of golden coins and would put them out as need be. But I did not say, "Oh, no, my Father will take care of me." Well, my Father always does take care of me. But it comes in the form of something that the brothers and sisters can understand and relate to, such as the golden coins, such as the paycheck. So you do not disdain what works in the world, the language of the world. And as I have said to you, that is not going to be a hindrance. You are going to be able to do that which you want to do. You are in training already, and it will be no big thing to keep on with what you want to do and with garnering the golden coins that will support the family and some of the other expenses that you want to do.

Mateen: Okay, I take your word for that (You do not see it yet, but you will) Okay. Another question I have: I'm wondering about after-life experiences. You say we all are connected. We are part of the same essence. But I'm a little confused about the spirits and the past life karmas. How do we keep carrying them? There are spirits we have just like personalities? What exactly is the soul? I thought soul was, you know, when we were born, it comes from this bigger pool? But it seems like it folds out like little individual souls that keep coming back to some of the same...

Jeshua: Well, the soul is the repository of all the experiences of all the lifetimes that you have ever had. Now, in truth, you have experienced everything, and you have that as a soul remembrance that you can access, much like your computers in this day and time. You can access everything that is within the memory of the computer and go back and access the various chapters of whatever book you are reading, whatever text you need to bring up that will help you in what you are looking at in that moment.

So it is very much like the compute and the computer memory. It's much greater than that. So as you can understand, the various ones, as they see themselves to be individuated energy, individuals, they will say that they have a lineage or a soul that has, like in the computer, a certain memory of where they have been, what they have done.

In truth, you have been everywhere and everywhen and everyone, because there is no separation. Now, that has yet to be grasped in totality, because you see the bodies, you see personalities, and you say, "Well, this is how it is. It's not all." But when you trace it back far enough, you go back to the Allness from whence you have come. That would get a bit in the way right now, because you have decreed that you need to have focus

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upon one lifetime that you're living. You have brothers and sisters who have been so open to many lifetimes and many experiences that they're not quite sure what channel they are tuned to—and I don't mean a pun there at all, but what source that they want to attend to.

But you have decreed that you are going to have a certain lifetime right now—a certain name, a certain personality, certain characteristics—and that is what you are drawing upon in this reality—lower case "r". But in truth, you come out of a big pool of experiences, all that you can ever imagine and more, and so that you can call the greater soul of One.

Your individual soul, as it is understood, it is a bit of a concept as opposed to a reality. But ones in this experience like to play with concepts and like to see how various concepts will fit with each other. Sometimes they do, and sometimes they don't. But it is all a mental gymnastic. So if you will understand that you are much more than what you have ever taken to yourself, to understand as yourself, the Self of you—capital "S"—is always there to access, the same as your great computer that has all the files that have ever been thought of and experienced. That is who and what you are in the mental. But you are much more than the mental.

You see, what we are getting into is the Truth—capital "T"—of your Being—capital "B". This is vast. In fact, it knows no delineation, no saying that there is a boundary around any of it. It is open ended. It is very elastic, very comprehensive. So when we get into talking about soul, there is an individual soul of what you feel you can access as being "my" soul, but in truth, when you will take it back to the true being of you, you and the brothers and sisters, there is no separation between you, and so therefore you really have access to All.

But that boggles the mind. And you live in the mind in this reality. So don't try to confuse yourself. You can do the mental gymnastics, but then you get a bit tired of it after a while and you say, "Oh, what the heck."

Mateen: Thank you so much. This is really helpful. When I was at John of God, one day I was sitting in the garden and meditating, and this girl was sitting next to me in the next bench who was part of our group. I had a very strong feeling. I had this rosary with a cross on it, beautiful. I had this in my bag, so I took it out and gave it to her and said, "Yeshua said this is for you." I don't know why I said that, but she started to cry.

Right before I was leaving for the states, she came to me and said, "I would like to share something with you." I said, "Sure, share." She said, "I had a wonderful time, but that time, that moment I was sitting on the bench and I was feeling very empty, feeling

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that if there's anything that really cares about me, is if Jesus or somebody else cares about me, if it does, how do I find out? And at the very moment, you gave me this and said Yeshua sent it to you."

So I felt I had a very clear channel with you at that time (Right) But I'm wondering, how could I become a very clear channel, that I can connect with you more often in moments like this, where a little act can really help somebody and, you know, change somebody's perspective.

Jeshua: As you abide in the heart, you will feel others questioning their hopes, their dreams, their feelings of abandonment, their feelings of wondering what is happening, what can happen. And you tune in to them, because at that point, the veil of separation is very thin. And the molecules going through like osmosis from one seemingly separate being to another being...the molecules get to flow back and forth, such as you have in your science—the osmosis, where they go through a very thin membrane.

That is what the veil of separation is doing. It is getting thinner, and at times you can feel an instruction, a feeling of being One with the other person. You may not consciously understand it, to make a definition of it, but there is a feeling that I will reach in and I will get this—as it was a rosary—and I will give it to the other one with my love.

Now truly what turned the tide for her, turned it all around, was your love. You said that it came from me, and it did, because there is no separation, but it came from you. You were the one who acted. This will be happening more and more for you, because you have decreed that this is what you want to have happen. You want to know non-separation. You want to be of love and service for other ones, and that which you have decreed, it will be done unto you as you have decreed your desire.

But it happens for all of you. You may not know why you open the mouth and you say something at a certain moment, and yet it is what the other person has been inviting you to say. That is why I say to you, do not question when you get the feeling to share with someone. Follow through, if it is in love. Now, I am not saying to share judgment. That is to step upon their very delicate soul, as we've been speaking of a soul; but to share love, because love heals. Thank you, beloved brother.

Beloved beautiful one, how are you in this evening?

ZuVuYah: Hello, beloved. I'm so glad to see you (Yes, it is a joy to behold you. What would you speak of in this evening?) For me, what's up is my impending surgery. So I was thinking that I might like to have a word or a something if I remember it on Thursday,

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before I go under the anesthesia, to bring myself to the greatest center that I possibly can. And I am being very proactive with some fabulous suggestions from the beloveds here. So I am bringing all that I can to have it be the most expansive, amazing experience rather than hitting a surgery that's like oooooo to heal from. So I'm turning that around. Yet I was called, when I got here this evening, to ask for something, and I don't exactly know what that is. So if you have anything, I would appreciate it.

Jeshua: Well, let's see. Aha. As you are preparing yourself and you are quieting the mind, say to yourself over and over, "I am the Light."

ZuVuYah: Oh, I know that mantra. I love it. Okay, I will do that.

Jeshua: It will keep you in good stead. And I will be with you.

ZuVuYah: Thank you. I know that you're with me whenever I call for you (Yes, and other times as well) When I'm like oooooo, I know you're watching. And I have my homework with me.

Jeshua: Oh, very good, yes, I will collect that (Okay, thank you)

Beloved beautiful one, how are you in this evening?

Pat: I can't believe I didn't do my homework. I did it; I just didn't write it down.

We are One (Yes) So I am you, and you are me (Very good, yes) And it's really exciting (It is. You are going to have such fun with it) Yes.

Jeshua: You have a saying that your brothers and sisters have already cottoned onto: What would Jesus do? So you are already playing with, "How would it be if I am"—I won't say, if I were, because you are, "everything that I am, everything that you are, everything that you accept right now and more." You will have fun with it (I will; thank you)

Beloved brother, how are you in this evening?

Charles: I'm doing wonderfully (I know) I believe that all of the people in this room are good people (This is true) and there are many good people in the world (Right) and yet at times it would appear that bad things happen to good people (It would appear) and so my question is, is it really true that bad things can happen to good people, and if so, why? What is the purpose?

Jeshua: It can be perceived as being bad. You have been through a lifetime where you can look back on certain circumstances and situations and you could say, "This was not loving. This was bad." And yet you have proved that you can survive past it. You have

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become molded and shaped by it, yes, but it has been for the purpose of other ones being able to approach you, because they see that you have been through certain molding and shaping, and perhaps you've got a kernel of truth that you can share with them.

This is what they feel, because they look upon you and they say, "Well, you know, he looks like he's a normal human being, and he looks like he's had the experience of whatever," and so they speak with you. You become teacher to them, because you have had those experiences that you have labeled bad, but you have survived them, and you now use them as tools for a language so that others can speak to you and you can speak to them, and you can say, "I have been there. I understand. And boy, it was hell, as I understood it. It was bad. But you know, here I am. I'm full of love. I love you. I love my life. I love my mate. I love my pet"—Precious, you have named her—and there is much love in your life.

And even though there are things that you would label as having been bad at the time, you can look at them and say they were actually blessings in disguise. I didn't know it at the time, and I would have certainly traded them in for something else, but now I can look back and I can see how strong I am because I have come through them. So it is true that what can be perceived as bad turns out later to have been a stepping stone to a bigger understanding. There is a blessing in everything. But you knew the answer before I spoke it.

Charles: Yes (Laughter)(I love your candor) I asked it for the bigger audience.

Jeshua: I see. The teacher in you comes out once again. Very good (Thank you)

Beloved brother, how are you in this day and time?

Don: I'm amazed (What are you amazed about?) Well, over 4 ½ years and the outcome. I won't call it an ending, but the outcome. I'm positively amazed. I live in wonder in that regard. It's beautiful. But I loved your message tonight, and all I have to do is find that switch (Right) Because I can see that it's very simple to do, but I've gotta find the switch, I guess.

Jeshua: Right. Well, when you get fired up about something, you will find the switch. It is truly not hidden from you. You will find it (Good)

Don: Entering a new period right now? (Yes, very much so) I guess I can't see anything before me that gives me any clue as to the nature of what will develop (Right) except it's spiritual.

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Jeshua: Right, very true. You will enjoy it. There will be some humps and bumps in it, but that is what human life often has in it. But they will not be big ones. And for the most part, there's going to be much love and joy; love from corners that you haven't yet looked into, and there is much love, much joy (Good) You have been, as you would understand it, a bit focused in the last 4 ½ years, and that has been good, because it has been a clue as to what there can be. But now you are going to find even more in the other corners, and it is not just four corners; many, many corners (Alright, I'll buy that) It is free (Thank you very much)

Beloved beautiful one, I do admire what you are wearing on your feet (Thank you) You have your heart on your feet.

Ellen: I have my heart on my feet. I carry my heart everywhere (Everywhere, yes. I have seen the little heart on your hand. Yes, you wear your heart everywhere that it can be seen. What would you speak of in this evening?) I have two questions that were brought up as we went around the circle (Strange how that happens) The humps and the bumps. I understand how they happen. Can they be avoided?

Jeshua: They can, but they are part of the wealth that you carry with you, experiences that you can share with others when they come sorrowing, wanting to know why this has happened to me, what good is there in it. And they are very desperate and desolate, wanting to know what good. And you can say, "Well, I went over some of the lumps and bumps, and I'm right here and I'm smiling."

Ellen: Okay. Back to the resurrection. So I think I understood you to say that we can resurrect our bodies. Did I understand that right? (You understood that, yes) Okay, now, would that be here in this lifetime or in another lifetime?

Jeshua: It depends on when you decree that you want it.

Ellen: Okay, so what if you don't want it? (You don't have to do it) You just want to come in with a whole new body (Right, and I did speak of that, that most times ones will say, "Well, I've already used this body, and it's been good; I've had fun with it, but I want to try something new) Okay, I just wanted to make sure.

Jeshua: Yes, you do not have to. And also, it is important to remember that by resurrecting the body, it does not mean that you are greater than another one who perhaps hasn't done that experience. It's just an experience. It can be done if you want to do it. That is why I made demonstration to show that as you are human, you have a body, you have brought the energy into the molecules of our holy Mother Earth, the

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energy, to serve you for a while. And after a while, if you want to trade it in, you trade it in. It is okay (Good) Good (Thank you) You are free.

Beloved beautiful one, how are you in this evening?

Teia: I'm very good (You are, indeed) Thank you for everything, always and in all ways. What's been great is I've been having lots of conversations with you, and it's been really inspiring. When I do prayer, I always end it with "I love me, through you, and I love you, through me" (Yes) and we are One (Yes) That's helped me in many ways, because it makes me embrace all things.

I've been going through some struggles with others, and you know, when you have these...I guess misperceptions or different perceptions of the same situation, you can feel like you want to control it, because you get into a fearful state. And one of the things...I mean, I kind of wanted to do that, but I asked myself, "Do I really?" I hesitated. Do I really want to do that? And I started praying, and basically, you know, it said I had to embrace all things, everything and everybody that's in the situation in love and respect, and even if I didn't agree. And that actually the prayers that I've been asking for, this might be the answer to the prayer, and I don't even know that (Right)

So you have to allow it to happen instead of being fearful and trying to control it and dominate it and make it be something that it's not. So it was very eye-opening, you know, as far as...I guess, stepping out of, in a way, being human, because that's what you do when you're human. You always argue or you try to be right and that kind of thing, or you're in fear and reacting to fear or somebody else's fear. And it's actually kind of helping me feel like, almost like a theme park ride. Because instead of being like all the things are up and down and what life is, and the verse that comes up for me during this whole thing is that no matter what...in all things, whether they're good or bad, God is there, period, and you just turn to him. You trust him.

And if you do that, then life is not just a negative ride. It's like a roller coaster ride, because it's more of an adventure, to be open to what a possibility could be instead of what you are fearful of what it could be (Right) And in that, my heart has been open to more adventures by being invited to things that I haven't experienced or that I don't know about. And so I look at those like the university of life and the education of knowing more. So I've really been liking that (Good) So I really am grateful. It's very comforting, kind of. It's like I've been in this peaceful, comforting place, and I'm not in a hurry to go anywhere, but I'm willing to go anywhere (That is good) Thank you.

Jeshua: Yes. And when you speak of God, where is he?

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Teia: He's with me; he's always in me (Yes) And He's in everything. And when you want to react...at least, how I'm seeing myself, is like when I do want to react, I know that I'm not with God. I'm trying to separate myself from him, and I'm trying to separate everybody else from him too. So I realize that I just really want to practice more of being that, even if I struggle with not wanting to. And I try to hesitate and not react.

And on the inside, I kind of smile, because I just actually had a person get really upset with me, and they did it in front of everybody. And when this person left, all the people in the room turned around and said, "Wow, she just really humiliated you right in front of us," and I said, "No, she didn't. She didn't humiliate me at all." I said she perceived things in a different way, and I said that's her stuff. And I said, actually in my head I was telling her that I love her, even though she was doing that, and so I said I don't have to react to her, because she doesn't see that she's lovable (Right) And I said, but that's okay, and if she needs to attack me for it, it's okay. So hopefully it will help her (Exactly) So anyway, it was just very amazing.

Jeshua: Very good. She allowed you to be the spokesperson for the truth to the other ones who were perceiving part of it, perhaps not the whole, and you were able to fill in the missing parts. Very good (Thank you for showing me)

Beloved brother, how are you in this evening?

Mark: I'm doing the best I can (And how is that?) And for that I'm grateful (Very good) I've been in the past two or three days been going through old boxes of happy memories and old photographs, and I just realized what an extraordinary life this has been (How rich you are, yes) Striving to be grateful for every day.

And so my question has to do with this little meditation group that I am participating in that's led by my yoga teacher. Our little group is meeting once every three months, doing reading on preparing to die, and we're reading a book called Preparing to Die. It's written by a fellow who is a Tibetan Buddhist. In Tibetan Buddhism they talk about Bardo. Are you familiar with that? (Yes)

I have a difficult time getting my mind around this concept of Bardo and 49 days and what all is happening, and why it is that the Tibetan Buddhists seem to be the only ones, as far as I know, that have this concept of Bardo. They also seem to be the ones who've really focused the most on being prepared for making an evolutionary leap at the time of death, and being conscious at the time of death. So I was wondering if you could lend me a hand in grasping what a Bardo is.

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Jeshua: It is, as you have already spoken, a concept. And it has been devised in order to explain to the mind what next stage one moves into as there is the thought and the activity of releasing the body. It is a concept. It tries to explain where you go, where the energy goes, how it is—I can not say embodied, because it is not embodied—as the next interval. But it is yet a concept.

For you and for many, there is the understanding, because you have passed through this experience many times, that truly there is not a time for this concept to be realized, made into a reality—lower case "r". But it is something that ones have devised to explain what they feel must be a delay in going into the Allness. For you, you don't need that explanation. You have found for yourself, and there is a knowing that it is perhaps not quite conscious, but an unconscious knowing that truly when you decease the body, you go to the Light, which is your own Light, and it is instantaneous.

It does not need to be 49 days or for a lifetime, as you would imagine it. If there is a belief of one, a very strongly held belief in this concept, that is what they will experience for a short time. And then they will be finished with it. You have lived lifetimes where you believed in this concept. That is why it is coming up for you again. But you have seen that it is not necessary.

You went to this concept, and there was the understanding that you would have to spend some time in this in-between place until you were ready to see the Light. But you have said, "I see the Light. I don't have to stay here for a month." And then you passed into the Light. So for ones who feel that it cannot be that easy, and you know how human life and the mind likes to come up with all kinds of concepts and say, "It cannot be that easy. There must be steps to it," that is what has come from this kind of thinking.

But the experience of it is very short-lived. You know that, because you have experienced it. Because you have been, as you are understanding, you have been the Buddhist monk many lifetimes, because you wanted to know how it felt to be so absorbed in the spiritual life that you didn't want to have anything to do with the trappings of physical life; only enough to keep the body working and keep the mind working. You didn't really care that much about the body, but you wanted to keep the mind thinking, and so you've come up with concepts and ideas that then kept the mind working.

But then you deceased the body and you said, "Okay, now I have to wait a certain number of days and hours...what's that Light over there?" And immediately you were into the Light. So you play with it.

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Mark: So the Tibetan Buddhists are just exemplars of structures, but it's just all mind stuff (Right, and you can go there if you want to) Thank you. I look forward to reading these words after they're transcribed.

Jeshua: Very good, yes. You can do what is called the studying. But already you know it. That is why you asked the question.

Sheyann: My question is about history. You know what the Mongol Empire is, right? (Yes, of course) I wanted to ask, why were the Mongols able to capture Russia, but Napoleon and Hitler did not?

Jeshua: Again, it came down to generational belief as to what could be done. The Mongols had a very strong focus. They knew, and this was their thinking—it wasn't actually true, but their "thinking" was power. Their thinking was "I am the decision maker; I am the one, as a group, to go in and use my energy to have other ones subjugated under me. They will look to me as a God, because I will subjugate them."

And this was their complete focus. So therefore they were not distracted by other activities, other thinking, whereas other ones such as Napoleon had other things coming into his thinking. Yes, he was a great general, and yes, he did conquer. Yes, he did use power, but it was not with the same intensified focus, and so that made the difference. Good question. But I have a clue that probably you knew that already. It had to do with a matter of degree.

Now, beloved ones, is there anything that has not been addressed in this evening? Anything remaining?

Mateen: I have one quick question. Lately I have been feeling a great air of optimism. I'm feeling that something really nice is about to happen to me spiritually (Right) Is that just my own inner thinking, or is this something I should be expecting?

Jeshua: It is something you should be expecting, because it is always good to expect the best. You cannot go wrong with that. But there is energy that is, as a collective, very much here for your use now, a positive energy. Ones have had the head up against the brick wall long enough, and it has not felt good. And finally there is a collective belief that perhaps we should stop banging the head against the brick wall. Let's see what happens when we stop hitting the head against the brick wall. And when ones have done that, and it has been happening as an experiment, ones have been able to take hold of a positive feeling, that hey, this feels good.

Maybe something good is right around the corner. And it is—for you and for others of the brothers and sisters as well. It is a shared optimism that has to be born out of

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the ashes of all the negativity, all the abuse, all of the things that have been unlike love; time for a change; time to stop hitting the head against the brick wall, and to feel the peace that comes. So yes, for you and you firthright.

Now, beloved ones, it has been my great joy to be with you in this manner, to be able to speak with the words of a language that you understand, the tones of the voice, and to give to you my love. You are doing very well. You are having fun with all of the what if's. You are having fun going amongst the brothers and sisters and saying, "I love you. I want to understand you. And in understanding you, perhaps I will begin to understand me, myself." I give to you all my love, which is yours. There is no separation. Go now in that love and celebrate the resurrection out of the old thinking. So be it.