

JESHUA Q&A

2015-02-07

Now, we continue. Beloved ones, I have read over your papers, your homework from the last time, and I have done what I said I would do. I have given you a grade. I enjoyed reading what you have written, and I remembered what was spoken about when we talked about it the last time. Do you have reports to give on the last assignment, the train meditation? Did you have fun doing it?

Pat: Yes, I had fun doing it. I did it twice. The first time I just wrote down what occurred as I did it here the last time. And so I envisioned that I was in a train, and there were only a few people on the train. It was a passenger car. The cushions were very soft and cushy. It was a luxurious, old-time train. The people looked different, kind of like the Polar Express people—bright colors, kind of half-cartoon, half real people. There were some people outside on the platform, but they didn't want to board that train. They just said they didn't want that experience, or they were going somewhere else.

I knew I was going to San Francisco on the train. Out the window, the grass was green and there were meadows and skies and things like that. Each person had a guide or guides around them. I was excited. Afterwards I knew I was going to do this. I knew it was a meditation, but I also knew I was going to do this, so a couple of days later I actually booked a ticket to take a 22 ½ hour train ride to San Francisco. So I'm doing that on March 12 or 13. I'm going down south of San Francisco to a workshop, and then I'll attend an ordination down there too. I knew there's more. There was a question. So that's what happened when I was here. Then when I re-read the instructions as Ted put in the manuscript; it said, do you have any questions. I said, "Why am I taking this journey now?" It said, "You're about to do more remembering. It is a very joyful, joy-filled time.

I didn't talk to others. We just communicated with our minds with the guides and the people, and we knew each other's thoughts and feelings without words. There were no other stops. I just went to San Francisco, and I said I would come back with more insights and love to share. That was experience number one.

Experience number two, I ran out of paper, so on the back of this is a bunch of notes and figures that I no longer need. The second one, there was a lady in WalMart a couple of days ago who was very challenging to me. She was a customer. So I invited her on the train today. I knew that there was something within her that was upsetting her, so I said to her, "Speak to me." And she said to me, "I am sad, because there's a great heaviness in my heart that I've been carrying for too long."

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And I said, "Can I take it from you? Can I carry it for you?" And she said, "You could do that, yes. Oh, take it. I will get off the train a new person," and she thanked me. Then the heaviness just became a mist that flows into the light, and now it is just a vapor in the light. So that was my experience with that.

Jeshua: Very good. And as you could see, that was her perception of the heaviness. When you took it, it became something else. Very good. And you can do that, as we were speaking earlier in this evening, as you go through life and you are speaking with the brothers and sisters and seeing if they are acting out from some heaviness within themselves or some hurt that they haven't resolved. You can send them the love. You can actually ask them, mind to mind, if you can take it and deal with it. Perhaps they will allow you to, and they will not know really what happened, but they will feel different. Very good.

Did anyone else have an experience that you want to share from the train journey? Yes, Ave.

Eva: I just had a really short one. My destination was to go to Medford, Oregon, because I want to go to the Shakespeare Festival. It was one that I wanted to take with my husband for an anniversary. So it was like this train ride was a renewal of the fun parts of our relationship; also kind of a full circle, because on our honeymoon we went to a Shakespeare Festival in Canada (A good reminder) But it was like a good reminder, and it is something that I really want to do physically too. But it was just a lot of Light and love and also hearkening back to childhood about the idea of trains, even though I don't remember being on a train as a young person. So it was just a short beautiful trip.

Jeshua: Does anyone else have something to share along those lines with the train journey?

Mark: I did not complete the assignment, so I must request a continuance of thirty days (Laughter) (Have you been in the legal profession?) It always works for the lawyers (Yes, and it will work for you as well) I started the visualization. I just haven't committed anything to paper. But I'm all over it now (Laughter)(Okay, I can see your association with the lawyers is definitely having an influence on you; a good one, I hope)

Jeshua: As you had a thought about the train ride, it was indicative of how you view your journey in life. And as you were perhaps finding the seats to be hard or soft, it tells you how you feel about this journey, and the people that were on the train with you, your interaction with them, how you feel about interacting with the brothers and sisters, how you see perhaps your destination, whether the train ride itself was something that you enjoyed or if it was difficult and you didn't want to be on the train.

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The people who were on the train with you symbolize how you feel about the brothers and sisters who are with you in this journey of this lifetime. So for those of you who weren't here and those of you who want to, play with the meditation. Visualize a train, any kind of train that you want it to be; could be old-fashioned train, cartoon train, could be most luxurious. Are you in the passenger area or are you in the dining car. Are you eating? Do you know where your destination might be? You don't have to. All of this is open-ended.

Are there people on the train car with you? What do they look like? Are they friendly? Do they speak to you? Do you speak to them? What do you see out the window when you are at the station pulling away? Are there a lot of people there who are wishing you well on your journey, or are they not paying attention? They're just there? It symbolized how you feel about interacting with the brothers and sisters and whether they are just watching, and perhaps some are interacting with you.

It can be anything that occurs to you in the meditative state. Just go to that quiet place within and visualize being on a train and what comes to you. What do you see out the window? Do you see mountains, do you see green grass, are you going over a bridge, is it steel construction or is it an old-fashioned wooden bridge, is it going to support your weight, how do you feel about the train weight, what is the number on the front of the train, any details that come to mind about it.

Do not be judgmental about it, because anything that you experience is a good thing; in other words, if you find yourself sitting in the boxcar and there is nothing to sit on and you have to sit on the floor, and if it is a rickety old train, do not judge. Just allow your imagination to take you on a journey. There is never any judgment about what you see or feel. It is quite often...an exercise of this sort can be revealing to the place that even when you are doing it, you say, "Oh, no. I shouldn't put that in. I want everybody to be friendly. I don't want somebody to be sitting in the car and they're turning their back to me because they don't want to interact with me."

But hey, haven't you experienced that in the lifetime? That's quite normal. So do not judge and do not criticize as you are going through it. Just feel free to enjoy it. See what occurs to you, and when it occurs, take note of it. Write it down if you want to, or take notes so that you remember it later. There is no judging.

As you could see by the papers from the last assignment, every one of you got a gold star, because there is no way to judge. I would not judge. It is your experience, and everyone deserves the gold star. So therefore do not play critic as you are having the experience. Just go with it and see what it feels like. And in what you see to be the

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thirty day continuance, we will speak more about it and collect the papers of those who have had the experience, or maybe not yet, and have written about it.

Don: It was very interesting. The very next day at the Unity Center, the speaker was late. The bridge was closed because of high winds, and so Teia did her best to fill in the time of tardiness with different parts of the service. And being the minister that I am, I felt like I had to go to the rescue. So I was allowed the floor. I mentioned the train ride and instruction that we had been given the night before, a metaphor for the journey of our life—where is it going, and so forth. So I got a little bit carried away, didn't I?

It was very directive to the people there about where is their life going? What do you expect to attain by the time you draw your last breath, and so forth. So it was an interesting thing that had happened, because when I asked to have the mic and get up to speak, I didn't know what I was going to talk about, but this just came rolling out. So it was interesting in that regard.

Right away when you were talking about the train ride and using that as a metaphor, I assumed it was the journey in life. So I'm going to share the most personal thing in my whole life. I do it so that maybe you will know the space I'm in. A beautiful journey of twin flames moving toward a beautiful unknown fulfillment is to me one of unprecedented proportion. I have found that nothing in the most beautiful of Earthly relationships can compare or equal the majesty of the unfathomable united love that each of us experiences continually.

The journey moves along steadily in great love without any feeling of demands or requirements that have to be met. As I become ready, expansions take place within my heart that deepen the twin flame relationship, making the journey all the more beautiful feeling-wise. The recent strong unification of our two hearts joined as one on the 13th of last month was of such a high spiritual magnitude that it left me with such beautiful feelings that I can only call it the Isness of God.

As I looked out the train window during the meditation that you led, Jeshua, I saw beautiful rolling countryside with meadows of greenery and trees of natural landscape beauty that to me represents metaphorically the beautiful journey just described. In that respect, the journey becomes more and more delightful and fulfilling as it takes me forward toward a beautiful future of unspecified expectancy. The journey is all love.

As questioned in the meditation, is there an actual destination? Perhaps, but a perception of it is unavailable. The journey has an unknown fulfillment that I believe can only be experienced. It is all beyond my conscious ability to formulate any mental

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pictures of what it might be, yet it is exciting to live in the spiritual wonder of what expansions are yet to be experienced that you, Jeshua, have privately informed me as being in my future.

So I poured my heart into this. I, in all of God's green Earth, never knew there was anything like this. So I bring it and share it. Now you know the secrets of my whole like, so there I am; very naked.

Jeshua: Very good. Thank you for sharing. And thank all of you for sharing your journey. And I speak here not of the meditation, but sharing your journey that we are sharing in this lifetime as we meet every once in a while in this way. I enjoy being on the journey, the train that you are providing for us to move forward. It is a journey of love, as you have recorded. It is a journey of coming to a place of the awakened Christ. And each time we meet this way, you go out as my emissaries to spread love and Light upon the darkened place that still exists in men's and women's minds. Thank you.

Now, in this evening we will see if there are other things that you desire to speak of. Beloved brother, how are you in this evening?

Mark: I'm on with a green light (Good; you may go; yes, the green light; you may go) So this afternoon I attended a meeting in Port Townsend of the Olympic UFO group. It was quite interesting, entertaining, fascinating to hear stories of people's close encounters with entities of a different sort. What struck me was that there were a good many that were negative. There were negative, painful, frightening, terrorizing experiences that people had had or had repeated to them.

The stories seemed to be that there is this huge variety of entities out there, or among us, occupying different dimensions and what have you, and that they're not all kindly. I just wondered...I mean, that just doesn't feel right to me, but you can't deny these people's reports and experiences. I'm just wondering what's going on. Are there really various kinds of consciousnesses running among us that are not kindly disposed toward humankind, or what's going on?

Jeshua: Right. The visitations from ones that seem to be not of holy Mother Earth have been going on since the beginning of the creation of holy Mother Earth. These visitations have sometimes been, as you are now seeing, of not a friendly kind, where ones have been of the variations, the same as you find in humankind. The ones who have the technology and the understanding of consciousness to travel great distances have come many, many times and interacted with ones.

The ones who are coming now, for the most part, are the more elevated in consciousness, so that what you felt, and you said this doesn't feel true to me, is because your experiences have been more with the ones who are of like mind as you are, and have been more friendly, more sharing, more wanting to uplift all of created beings. But in the history, it has not always been thus, and there have been ones who have come in a conquering mode.

There have been ones who looked upon you as you look upon some of your four-footed ones, to be used for experiments and to have no other interest in humankind than some of your brothers and sisters have upon the ones that are used in the laboratories for working with the DNA now to change things. Before that, it was a little more barbaric, because there were and still are the experiments that have to do with changing the physical structure of the four-footed ones.

You and many of the brothers and sisters have changed now to a more elevated view of life in any form, so that there are ones who protest and bring up awareness that truly every living sentient being is of the Christ energy, and therefore it would be needful that ones acknowledge the divine energy that runs through any formed being.

But not all of your brothers and sisters feel that way, as you have observed. And it has been the same with the ones who have come and visited here. There have been ones who wanted to know what makes the human body tick, and how can we experiment with it. So these ones who are speaking now of their experiences truly are bringing from the past a remembrance of what they have experienced and have put into the psyche of them and remembered and brought forward, and they will say that it is something that they have experienced in this lifetime.

But I speak to you from the place of absolute Truth that everything you bring forward is of your making. Everything that you experience with brothers and sisters is, as we have spoken many times, an illusion, a fabrication, a make-believe—although it doesn't feel that way, but it is a creation from the Christ of you bringing forth an expression of the divinity in whatever form, whatever way.

So these ones, when they are saying that they have had experience, they have been truly having that experience in this lifetime, but it has been based on what they have known in other lifetimes, which, in your terminology, has been traumatic. So therefore it has etched itself upon the psyche and has been brought up once again in their experience to be able to move beyond it, which, as you have witnessed, they have not yet done, but they will do.

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So yes, these are real experiences—lower case “r”—and they are based in something they have known in other lifetimes, perhaps what you would see as millennia of years ago, or maybe more recent, because this has come into what you would see as the Common Era, as your timing is now called, and so it does not have to be what you would see as ancient. But yes, it has been in the past, and they are remaking it in order to experience it, and yes, they need to tell it in order to get it outside of themselves, as they understand the bringing up and getting it out and sharing it with other ones.

It is not so much that they want to influence other ones and say that you need to be fearful, although that message will be taken by some of the ones who hear it. But it is truly for them to get rid of it, to get it out. At some point in time they will understand that everything you experience is of your own making to experience it, and it is no more real than the dreams that you have in the nighttime.

Now, you have dreams in the nighttime, and you wake up from that and you say, “Thank goodness, that was just a dream.” Well, when you release the body, you are going to have a similar experience of, “Oh, I’m finished with the body and its challenges,” and you are going to be in such a state of peace that what you have experienced in the lifetime, yes, it will be registered in what you call the soul, but you are not going to be reliving it at that point when you don’t have the focus upon the body.

So when you go to your own Light, and when you are abiding in that Light, it is a very peaceful place, and you will say, the same as you do when you wake up in the morning and you have had what is called the nightmare—and I’m not quite sure why you call it a mare; you’ll have to explain that one to me sometime—anyway, when you wake up you will say, “Thank goodness, it was just a dream.”

If you have had a lifetime that has been full of hardship and pain, you are going to wake up from that lifetime and you are going to say, “Oh, thank goodness, that was just a dream.” You have experienced in every lifetime the good and the not so good. So you are in a place which has been called heaven, in a place of peace, a place of the vibration of Allness, and you will look upon the human experience as, “Oh, thank goodness, that was just a dream, and I have come out of it;” which is not to downplay the value of each lifetime, because there is much of value in each lifetime as you live in love and you fall in love with someone, and you are so exalted in that feeling, where you are walking on air practically, and you can’t wait until you see that person.

You can’t wait until you text them something, and you get a text back from them, and you decipher what the text is saying. Maybe you read it right, and maybe you don’t, and that can be humorous at times. But anyway, there is much good in a lifetime, so I am

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not naysaying the human experience. I enjoyed my extended lifetime, the lifetime before the crucifixion and resurrection, and the lifetime after that, where I could truly live as the Christ being that I am and that you are as well. But you have brought up a very good point, and what they are sharing is very real—lower case “r”. (That’s very helpful, thank you)

Beloved one, how are you in this evening?

ZuVuYah: Better than a week ago (Yes, you went through quite a narrow part of the hourglass, did you not? A squeezing) It could have been a real hell, but thank you; you were with me the whole time bringing the legions of angels, so it was an amazing, expansive experience (Very good, yes) And I want to thank you for being with me.

Jeshua: Always and forever, yes. It was a very painful experience, and the body, as you all know, can be very painful, and it will shout at you. But you have come through it. You have witnessed the power of help from other ones who have said, “We will give you something that will really help you.” And because they know, you believe them, and it worked.

ZuVuYah: Well, part of it was surrendering, too, because I just had such a resistance to allopathic medicine for decades, and I think because I was where I was, feeling safe, that I just said, “That’s it.” (I trust) Yes (And it worked; amazing) Yes, it did.

Jeshua: Very good. I am proud of you, because it took a shift in consciousness to allow, to go along with it. Yes, you had motivation of the body screaming at you, but other lifetimes you have suffered and you have said, “I am not going to give in to this,” and so it was prolonged for a long time. This time you said, “No, I’m not going to try that route. I am going to go and get help, even if it’s from a certain branch of belief that I don’t always believe in or want to go to.” But you have said, as you spoke, “I surrender,” and it worked (It did; it worked amazingly) Yes, and it is good to see you here this evening looking so bright-eyed and cheerful.

ZuVuYah: Oh, thank you. I still feel a little foggy around the edges yet. I’m moving much more carefully.

Jeshua: Yes, and the body has had a message to you that truly you will want to balance the activity. Now, you may have activity in the body, yes, that you do active. But you may have activity—and you do—in the mind all the time, and you have found that it feels good to sometimes take a small recess from the mind activities (Oh, for goddess’ sake, yes) There is a gift in that.

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ZuVuYah: Well, that was part of it, was that I was so altered by the experience that it was the old ways and games of the mind just like the drunken monkey just taking control. It wasn't going to happen, because there was no energy to feed that and support it (Right) It was like, no, no, no, no, you really need to leave me alone right now, because I have bigger fish to fry.

My instinct was to really utilize that time to go deep inside. And fortunately, where I ended up offered me that opportunity. It was amazing. I mean, it really was in a realm that never in my life would I think that a United States hospital would offer me respite and quiet and regeneration and support. I had such amazing encounters with every CNA, every nurse that came in. We would get in these spiritual talks even.

What was beautiful for me is that I still got to sparkle them. I could see me stating, just being myself, and them lighting up and being curious, people that work in that system. I think it worked, because I was trusting that they were really there to help me, and I perceived that they were respecting me and listening to me, and helping me not in the ooey gooey way at all.

I believe that I encountered people that knew on some level of their people at some point that they were there to serve people and help people in healing, and that's who got sent into my room (Yes), that they really loved their craft. That's how it felt to me (Yes, that is true) So I felt very blessed by that. There wasn't one person who came in that I was like, "Eww, go away." I felt very blessed, considering I was in a United States hospital. I mean, that's not to say hospitals in other places in the world; just a normal hospital. It was amazing, truly amazing. And I know you were with me the entire way, bringing all the helper bees and legions of angels, so I am totally, eternally grateful.

Jeshua: Very good. I am grateful to you, because you did walk through the experience, and you allowed the other ones to serve you, and that is what they desired to do. Other lifetimes perhaps they have been the ones who did not serve, but this lifetime they have come with a mission, and they have wanted to serve. And how could they serve if they did not have someone there to receive (Yes, how true; a couple of them commented on that) Very good, thank you.

ZuVuYah: Thank you. And I do want to say that I kind of misunderstood what the homework was, the previous homework. So I brought a share about it. It wasn't written to hand in to you. I somehow didn't grok that. So I can turn it in to you now. It's going to be a little cuckoo, because it's not written out; it was just notes for me, but I'm sure you'll get it. And I'll do the train homework next time (You will have a thirty-day continuance) (Laughter) Bless you (I am blessed)

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Jeshua: Beloved one, how are you in this evening?

Clara: You really want to know? (Yes, or I wouldn't ask) Pooped (Yes, you have been most busy; not only body, but in the mind you have been most busy) I need some rest, so send me some energy, please (Okay, you have it) Thank you. Bless you (And bless you)

Don: We rejoiced when we heard you [ZuVuYah] were getting relief in the hospital, because we could feel your pain. It was a joy for us. Regarding tonight, "What Is That to Thee?" (Yes) We have politics going on here in our life (Oh, yes, do you ever) and it's really absurd when we watch the antics of so-called professionals. Anyway, are we supposed to say, "What is that to thee?" to ourselves and just allow them to be what they're doing and not have any reaction to it whatsoever?

Jeshua: Yes, unless it comes to your doorstep, and then you deal with it. But if it is just something that is passing, you just let it pass.

Don: Okay, if it's not affecting us, the person. We're seeing it miles away, so it really has no bearing on us whatsoever, unless we absorb it (Except as you want to send your love and healing to any area that seems to be open for it) Okay. So we've got a lot of that stuff going on all the time (Of course) and it's spread all over YouTube and everywhere.

Jeshua: And when it comes to your attention, it is asking for you to say, "This is not all of the picture. This is only part of the picture," and that there are many working within the system that seems to be horrendous, perhaps, as the system, but there are many who are of good mind and heart who are working, so you send to them, just in a thought, that you support them. And even the ones who are giving you the reports of such machinations that are going on, you see that they are as children in the sandbox, and they are throwing the sand up and then wondering why it comes down on top of them.

Don: Okay, the other question is, the one that I'm so closely associated with that I read about, what is your perspective of what's going on right now with the healing that has taken place after the second surgery?

Jeshua: The healing is truly proceeding, and the healing, as you have discerned, is on the internal as well, in the self-image and the way of accepting healing. There is much that is being moved around and changed in the thinking. This one has always felt that she needed to be in charge, and therefore she would make all decisions with the aid of spirit, as she calls it, and that then all of the ducks would fall into alignment.

Now she is finding that it's working a wee bit differently. There is a larger pond that she is dealing with, not just the small pond that she thought she was dealing with, but there are other factors in it. Part of it has to do with the ones that she is interacting with for also their rearranging of how they see things too. So there is much of rearrangement that is going on, much of a humbling experience that is happening for one who saw herself as the Christ, which she is, but was using the Christ energy in a way that didn't allow for the interactions of others.

There is much, as you have discerned, going on; therefore, there has been a time of quiet, a time...you have called it internalizing, and this is true, a time of going within and asking, "Why has this happened? What does this mean to me? How is it going to be in the future?" Many questions that before, with the first surgery and the recuperation from that, a healing, she felt that she was in charge of.

Now she is having a slightly different view of the Christ power, which is all to the good because of ones that also have been rearranging their thinking, because this, as you have discerned, has seemingly come out of the blue, just happened all of a sudden. Well, in truth, it didn't happen all of a sudden. It was in process for a while, and so she is still in the process of healing; not only physical, but also in the emotional and the spiritual understanding.

Don: Well, that's why I wanted to not push my interest in making contact, so that the privacy would be there. I didn't want to interfere with that (You will hear, in time) Well, yes, when it's right, so I don't have any qualms about when. I thank you very much for the enlargement of what you've just given me, because we're sitting here and we're wondering, you know. We don't really know, because we haven't heard. But thank you.

Jeshua: And in truth, you really did know at a very deep level. Very good. (Thank you)

Beloved angel, how are you?

Teia: I'm good, how are you (Excellent, thank you for asking. Yes, she is definitely sassy. What would you speak of?) I'm not sure. Most of the time when I come here, I hear what I already know. But sometimes being in reality—the lower case "r"—you get kind of caught up in the other people's lower case "r". So, you know, what I've been doing lately is asking myself—and I didn't think of it being that I was going up on a cloud, but I think I have been going up on a cloud, because every time something comes up, I say, "Well, how can I see that differently?" And every time I ask that question, a whole new answer comes.

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And so it's really made—I don't even know if it's decisions, but it's really about letting go, I think, of the lower case "r" of just letting go of certain things, because the answer becomes so clear, there's no way of denying it. And it just makes it easy to let go. So that's helping me, I guess, the mind that obsesses about stuff. And I see where people make their own decisions with their own limited lower "r's", in that they're in their dream, and they can't get out of it until they want out of it, and I don't need to help them and I don't need to rescue them, because they're looking for their own answer.

You just kind of wait, or not really wait; I guess you just go on with your own life until they ask to participate at a different level, and sometimes they don't. I don't know. I think that's been kind of a relief in a lot of ways of my own, because I think in my past that I've beat myself up a lot by not being you, or God. But I think sometimes when you...you know, we talk about how we are the Christ Light and all that kind of stuff that you have, that ability to do those things that really...I think that you just have the Christ Light to have the ability to just be it, but there is no power in it really, except whatever power you have for yourself (Right) In a way, that's kind of magical, because it relieves you of a lot of pressures. I think it's kind of hard though too, sometimes, to participate in this reality when you know the other reality (Yes) But I'm learning, I guess, to be more joyful with it instead of so many problems. So anyway, I thank you.

Jeshua: This is something that I had to work with in my lifetime as well, because I could see, as you can see, the answers. I could see how all they had to do was shift their thinking, and then everything would fall into place and would be seen as okay. I tried to put this across to them, and they couldn't see it. And I have spoken often with all of you... this is where I cried out to the Father and I said, "What is wrong with me that I can't get this image across to them. I can't make them see, because I can see how wonderful they are. I can see the Christ of them. I can see how they are just making this illusion, this dream for themselves, and it doesn't have to be this way," but no matter what words I tried to find, they didn't seem to get it.

So I said to the Father, "What is wrong with me?" And when I finally stopped with all my agonizing, the feeling, the knowing came: "There is nothing wrong with you, and there is nothing wrong with them. They are living out the drama as they understand it to be, and at some point, like the small ones playing in the sandbox, they are going to be finished with it. So therefore go on being who and what you are and allow them their timing, because in time, even in the world of time, they are going to 'get it'," and they will.

So you just go on being joyful and believing in the best of them, sort of like when you are a fisherman, you sort of let out the line. Well, you do that with these ones. You

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keep letting them have the line for as long and as far as they want to swim, and after a while, then you'll start reeling it back in, because they will be coming back in (Good analogy) Yes, I will make you fishers of men (Thank you. Okay. Love you) Thank you.

Beloved Ave, how are you in this evening?

Eva: I am much better now. I am in your presence again (Very good; I will welcome you back) Thank you. This is so apropos of all of our discussion and what you said earlier too, being in the reality where judgment is actually part of my job description. I have to do performance evaluations, and I have to come up with things that need to be improved in people who work for me or with me. So it's always a challenge for me, because I see the best of them. I see their potential. I see the good things that they do, and I don't want to focus on anything that's not going to be helpful to them.

There's a difference between feedback, where you're working together to improve something, and where you're just fishing to put something that's negative. And I feel the same way that that's happening from my boss to me too, just looking for little things to say it's not perfect, you know. You can be perfect. So it's very frustrating to be in this kind of reality with having to be doing judgment of other people when that's not in my... (Right, it's not in your nature) not in my reality to want to do that. So anyway, thank you for affirming that, the perfection of everyone, because I can really see it.

Jeshua: Right, and they are all doing the best that they know how to do. If they knew any differently, and they knew that it was going to bring them what they desire, which is love and approval, they would do it. But they don't.

Eva: But do you know how radical that statement is, when I say that to other people? They think I'm crazy. What do you mean, they're doing the best they can? Of course, they're not doing the best they can. They should be doing....

Jeshua: But if you don't teach them, who will? If you don't say the truth, who will? And it is okay, because you have seen that you are going to live your truth, you are going to speak your truth, and after a while, you are going to be walking from that place, and what are you going to leave as your legacy? You have already thought about that, and you are going to write up the report saying that they are doing the best that they know how (Exactly, and I hope my legacy is that of gratitude and appreciation and learning that you can love, even in the workplace) Right, and you may write that. If you cannot love in the workplace, where can you love? It calls forth needing, wanting, screaming, begging for love.

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Eva: Yes, and two people have come into that workplace who apparently need a lot of love (Laughter)

Jeshua: Ah, this is so true. This is so true.

Eva: Especially that one young woman who seems to have a lot of insecurities and is bumping her energy around to everyone, the negativity. I'm trying to teach her the best I can.

Jeshua: Right, and if you can't love her, who can? You can.

Eva: She's one of those, when I try to give her a hug, she just jerks up. But recently she came up and wanted one, or allowed a little bit of a tree hug. Progress sometimes feels like inches, but inch by inch (But at least, it's progress, and it's in this lifetime, not in some other lifetime, so you may count it all as good) Thank you for your answers when I ask of them (Yes, I do hear you) I appreciate that. One request, with it coming around now for a year since Tom's transition, is there anything that he wants to say to Judith about this past year or any message to her?

Jeshua: He says to tell her that he is very proud of her, that she has not skipped a beat. She has kept up with the work. Yes, there are times she has been the volcano and she has shouted and she has complained and she has collapsed, and there have been ones who have been there to pick her up and to help her along, and she is most grateful for the help of all of the friends and all of you who have come out every time she has been willing to allow me to speak through her.

She has said, and you will understand this, that truly if you were not here and she were speaking to the furniture, it's not the same. So she thanks you for your love and for your very presence in coming and being here to uplift everything that is going on and to be the presence of the Christ, and to example that back to her so that she knows that what she is doing is worthwhile, that what she is believing in and what he has set the example for is truly attainable, that ones can live as the Christ, to be as the easy-going person, that everything matters, but not very much.

The only thing that matters is the Christ love, and to example that, and he wants her to remember that that is what she is doing and that he is always with her. She knows that, because as he has been giving to her the messages in song, she has been thanking him, and she has been saying, "I like the songs. Please keep them up." And so he will (Wonderful, thank you) Thank you for asking that for her.

Eva: I know she is not necessarily looking forward to that day as an anniversary, but at the same time, she knows that love is there.

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Jeshua: Yes, she does know that. And it will be for her a day as any other. She has already said that to herself. That one day, it's no more than another day, and that truly it is always ongoing. And he would say to her, the desire that she has to be with him once again in fullness will be granted. She has asked, "Please wait for me," and he says, "Yes, he is waiting for her." Thank you for asking.

Beloved one, how are you in this evening?

Pat: I'm wonderful (Yes, you are. Your friends say that about you. That Patricia, she is a wonder) Thank you for tonight, and thank you for every night.

Jeshua: It is my pleasure, always to be with you in love, to hold the hand of the Christ and to know that truly you are the Christ, walking, exemplifying it, speaking my words to ones who would only accept it in that way. Thank you. I did enjoy your homework.

Beloved brother, how are you in this evening?

Charles: I'm actually very, very tired this evening, so I think I will wait for another time to have any questions.

Jeshua: It is very good. We have been joining you in that place of peace. Go home shortly. Allow the body to be at rest.

Beloved one, it is a joy to behold you.

Ellen: Thank you. I'm so grateful to be here (Yes) I have an interesting question, listening to everything that everybody has been saying. It's been on my mind for a while that I have been studying and learning for a very long time and still have much studying and learning to do. So every once in a while I say to myself, next time wouldn't it be nice if I could know this or be born into a family that knows this, and save myself a couple of decades to get to a point. Is that a possibility with an intention? How do we do that?

Jeshua: By setting the intention, knowing that truly it is possible, that it is probable, and that you will make it a reality (Good)

Ellen: And then I can just start from where I left off (Yes, and you will. You will come in as the small one knowing everything that you have garnered to yourself in this lifetime) I know that most small ones do know, but forget, and a lot of that forgetting is because the parents don't know and the teachers don't know, and I would just like to be in an environment where everybody does know (So be it) Good, thank you (You have asked, and you will receive) Great. Thank you very much, and thank you for this evening.

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Clara: Well, I am back (You have revived!) When Don was talking about the politics...I've been kind of really swamped with all these e-mails, you know. Sign this, sign that, da da da da, all of these wonderful, wonderful causes. And now I get to the point... first, I was like I felt like maybe this is the only thing I can do besides sending Light and love to them, but now I am getting to the point where I don't want to do it (And you don't have to) I don't know how else I can be of help.

Jeshua: With a single instant of thought, beholding the Christ in every situation. You do not even have to sit there and to fill in the name, date, whatever, all that they are asking for. With a single thought you can send your love and the truth of any circumstance to the ones who are receptive to it. Now, having said that, as you have witnessed, there are many who are not receptive to it, because they are so with the blinders on, only looking in a certain box area. But if you keep doing it, after a while these blinders are going to fall off, and they are going to see much more of the whole vista in front of them, because you do; you see it.

You know that there is much more going on than just the one issue that they are so focused on. So if you hold the good thoughts, it will after a while be accepted by other ones if you keep knowing the Truth—capital "T"—of any situation, that everyone truly is doing the best that they can, and that everyone truly is awakening, even if it is just a bit of stirring in their sleep, like ones do before they wake up from the dream. They may be moving around in the bed or wiggling the toes or doing some small activity of just moving...they are waking up. And these ones are also waking up.

Clara: So it's like _____ kind of chewing gum. Which one do I sign? Which one I do this? I just forget the whole thing and just send love and Light and hold them in the Light (Yes, that is all you have to do) I was doing it, but I wasn't sure if that was enough (It is enough, yes. It is the most energetic of anything that you could do) Thanks.

Jeshua: Because truly when you do sign the name and all the other information that they ask for, you are holding that thought even as you are typing out whatever, and it does not have to be any length of time. Only an instant of thought will do it (Thanks. Now I don't have to feel guilty) Right. Never did you have to feel guilty.

Beloved holy scribe...No? Nothing this evening. Thank you for doing the work that you do. It is most appreciated by many; ones that you will probably never ever lay the physical eyes upon to see them, and yet you are affecting many lives. Thank you.

Now, beloved ones, it has been my great joy to abide with you in this timing, your timing of the evening. Allow now the bodies to go home to rest, to recharge, because truly, the heart is already recharged. But sometimes the bodies are a bit needing the

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peace and the bed to rest. Even those who are the night owls sometimes will come and nest and rest. Know that always I walk with you. Know that always I am where you are and as you are, the Christ. Know that it is my great joy to abide with you now and forever. So be it.