Troubled?

April 2006

Beloved one, there is much of possible tragedy and fearsome activity coming to your consciousness in the present time, and in the days to come there will be an increase in the potential for seeing even more. I tell you this, not to disturb you, but to encourage you to shift perception. The days to come, in what you call the next couple of years, will be ones which will test your faith and knowingness. It will be important for you to stay "centered," as you call it, and to remember that everything has a divine purpose.

When the world will speak unto you that there are "wrong" decisions, possible challenges on a worldwide scale, even threatening to the small ego, allow yourself to breathe and take in the peace of the Father. Allow the mind, the awareness to extend even to the place where you would invite unseen ones to be with you and to share their love with you, for they would do so gladly.

Call upon me. Call upon me for my love, which is always yours. Call upon me for my strength, which is always yours. Call upon me for the wisdom that you would seek and always it is yours, for nothing will be held back from the holy Child. All it takes is your willingness to ask and to accept.

It all starts with the deep breath, inviting the peace to be in your awareness. The holy peace is always available to you. It has been called grace. It has been called the gift of God. It is freely given; so freely given that all you have to do is breathe and it is yours. And if you find that you breathe once and there is the peace, and then the activity of the world comes knocking at your door, insisting that you be caught up in it, breathe again. And again. And again. Unto the place where perhaps you feel a bit light-headed. That is okay. It is a good place to be.

Most of you deal all day with so many of the concerns of the world that you forget to breathe. Many of you deal so much with the activities and decisions of the world that you forget momentarily how it feels to be in peace. And yet it is a gift freely given. It is yours for the acceptance, just to breathe.

And when you breathe and you accept the peace of the Father, then the wisdom that you seek has a chance to be heard. The still small Voice always speaks to you. But when the clamor of the world will be too loud, you do not attend to the Voice. As you will allow yourself to abide in peace, even for the smallest amount of

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time, the inner wisdom will speak to you, will guide you, and you will find that you desire it most.

All of my guidance that you would ever ask for is yours. All of the protection is yours. You are the one who is creating the experience that would be looked upon as possibly threatening. You are creating that experience; therefore, you are also creating how you are going to get through it. So you do not need outside protection. First of all, there is nothing outside of you. Secondly, you do not need protection.

But in a time like that, what is most powerful? Breathe, again. As you breathe, you take in the power. You can feel it. Breathe and claim your oneness with me. Claim the love which is yours from before time began.

I love you greatly. I know who you are. I know your mission; it is a grand, divine mission. I love that which you are and I believe in you. Believe yourself in yourself. YourSelf is greater than all troubles.

So be it.