Jeshua Teachings

The Nature of Reality

2/9/2001

Beloved and holy and only child of our heavenly Father. Child of the one source, child of light divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. For indeed within the realization of that truth lie all of the answers to any of the questions you would ever ask. I am the one known as Jeshua ben Joseph — Jesus, you have called me — and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy. I speak that to you over and over in every greeting for indeed it is your divine birthright. It is your nature, joy. Not as the world knows joy for joy they will say in the world, comes and can be with you or taken away from you. But your divine birthright is the joy of the Father.

Every once and a while you get a glimpse of it and it is most healing. It is most energizing. It is the freedom, the innocence of the holy child and it allows you to come Home in that moment. Home to the Father, Home in remembrance of who you truly are. Great joy.

If you remember nothing else from this evening, remember the greeting of great joy which is your birthright. But in truth I believe you will remember a few other things from this evening as well.

It is great to behold you in this way. To look upon the radiance that activates the bodies. To look upon the radiance of love that shines forth from the eyes. To look upon the radiance that is truly in your heart as you have found yourself one more time alive in love. Yes? Yes.

I would speak to you this evening about the nature of reality. Sounds like a heavy topic but it is not. You have a reality — small "r" — that you share within this room. A reality that says, "I am activating a body, sitting upon a chair. I am listening to a speaker. I am among friends. I am in a certain geographical location. It is a certain time of the evening. It is a certain day of the month." It is a reality which you have agreed upon.

Your reality as you see it and even within the reality that I just described to you, each one of you holds a unique perception of that reality. But your reality — with a small "r" — however you perceive it to be, is based upon belief. Based upon core belief, a collective core belief first of all as to incarnation, what it means to be incarnate within

Jeshua Teachings

2001

this reality and there is a collective consciousness that defines this reality that you have agreed that you will play within.

And the collective consciousness, collective agreement has said that there will be certain physical laws within this incarnation, this time of incarnation. For in truth this reality that you make for yourself and is an incarnation is not the only form of incarnation that you can have, have had, will have. There are many forms of incarnation. This is but one. It is called human and it is most wonderful, it is a miracle what you bring forth in this incarnation to coalesce light, a physical energy of light into a certain density of form which you then perceive with physical receptors known as the eyes, and you see certain form and even as you look upon brothers and sisters all of the forms are different.

Some, even ones that you call the identical siblings, identical twins even those ones the parents can tell apart for there are differences. Much the same as you acknowledge that every snowflake is different. Most wonderful miracle that you do. For you call forth from your creativity within the collective agreement of physicality, you call forth a certain form to play with in a lifetime. And you coalesce light which is physical energy, into a certain density of vibration which allows you movement, allows you sensation, allows you the vibration of spoken word, the vibration of emotions. And you play with this certain form however you perception of it is for a lifetime and then as choice be, you recycle and incarnate again if you want to in human form or in another type of incarnation.

And we have spoken of this in other times, that some of the forms that you activate in other dimensions, other realities are very different from the density of this form. Some are most light as gossamer, much as you would call your certain emanations of the ghosts. Some are quite fluid as you would understand the liquid form to be as it flows, has certain form but is more amorphus than what you see this density of form to be. Many different forms.

Know you the most wonderful miracle you as the holy child has brought forth in your universes, you have many places, fears of realities where there are life forms some similar to what you activate here on our Holy Mother the earth, some that are dissimilar, some forms that live within the planets as you call them. Some within the stars as you call them. Some that live within the non-space between the bodies in the universe.

What has been called the space, the empty space in between the bodies in heaven, the space is not empty. It is very much inhabited and there will come a time when you, if you see yourself yet to be activating human form, will have expanded sensory capability

Jeshua Teachings

2001

that you will know and communicate with the forms that are in the space between and the non-space between bodies.

So as you can see from this slight introduction there are many realities — with the small "r". This one being one that you have agreed that you will play with. There has been a collective consciousness called human that says there will be certain form of incarnation. There will be certain physical laws that govern how the incarnation bodies works and how everything else that you populate your world with will work in conjunction and in connection with the physical body.

Even such as your chairs that you put the body upon. Your chairs are energy coalesced into form at a different vibratory rate so that you can fit upon them. The same with your dwelling place. You have certain walls and you say if you learn this as a small one from the collective consciousness, as you want to walk through that transparent wall — otherwise known as the sliding glass door — you find that it is difficult within the collective agreement to walk through that transparent wall. Something about vibratory rate is different. And so you learn at a very young age what the physical laws are that govern the human incarnation. And these laws define your reality and your perception of the laws define your reality. — small "r".

You have first of all with the collective consciousness and the collective agreement a broad reality that you function within. But within that broad reality you have other realities, sub-realities defined by culture and society. And agreement within that society and culture as to what the reality will be and you learn this as a small one from the close family, the parents and the siblings as to what the agreed upon reality is as you are growing in the stature and the wisdom, hopefully wisdom of the years of human life.

And there is a reality, a shared reality of family and this varies as you have seen from family to family and when there is the intermarriage of one family with another there is a hopefully, a marriage of realities. Oftentimes requiring a bit of adjustment. Sometimes more adjustment than others of trying to fit two similar but not the same realities together.

You have shared reality of family. You have shared reality with the parents, with the siblings, and with the playmates as you are growing a bit taller. Shared reality in the schooling wherever you take your schooling. Whatever your path is in the schooling. All of this shared reality defines your reality and how you see it and then within your reality, your own individual reality, there is much that defines it according to your perception of what you have experienced within the collective consciousness, within the family group, within the interaction with siblings and playmates, with your interaction with so-called

Jeshua Teachings

2001

authority figures, your perception of how you have functioned and do function in relation to others in this shared reality. So that you individual reality is defined by your perceptions and by your beliefs. The collective beliefs and your beliefs that you have shaped throughout this lifetime and other lifetimes as well.

For when the small one agrees to incarnate, comes as the infant, this one comes already with memories, already with certain issues that they desire to play with, to know intimately and to see in holiness eventually or perhaps sooner in a lifetime.

So every small one as you have witnessed comes with a different set of memories from other lifetimes which shape from the very first moment, the very first breath that reality of that one. Those of you who have witness siblings within a family and have seen the small one at birth and shortly thereafter as they were growing, you see that no two are alike. Even the ones that we spoke of that would be the identical siblings are not the same in appearance, in form. They are not the same and very much they are not the same in personality and in perception of their reality and this as they shape their realities throughout the lifetime you can see even more clearly as time goes on.

So your reality — with a small "r" — has many aspects, components that shape it, define it, your reality. And it is being shaped and defined moment by moment. It is a work in progress. And as we have said many, many times it is open to improv every moment. All of a sudden you get a revelation and what seemed a moment before that to be a very true — small "t" — reality, — small "r" — all of a sudden is seen a bit differently and you have a new reality for yourself. You have found this to be true as you have gone through the days of this lifetime already and it is most miraculous, the improv that you do.

So your reality it is a miracle and it is something that is very much malleable, shapeable as you go along and it changes. That is why you are here in this evening. It is why you are listening to the sound of my voice, those of you that are within the sound of my voice. It is because your reality is not set in concrete. It is not over and done with. Your reality you have said you want to have expanded, you want to know, realize the Christ of you. You want to awaken and come Home in remembrance.

In order to do that, you have already discerned that there are certain beliefs within your reality —small "r" — that are going to need a bit of the shaping and changing. And you have been willing to look at beliefs. Sometimes you have not acknowledged right away that you did ask for those beliefs to be changed or you have said, "Please Jeshua, make it gentle for me." I hear that one quite often. "I want to change because I know I have to change. But make it gentle, please!" Well it is not up to me. It is up to you.

Jeshua Teachings

2001

And some of you have said, "I am ready. I want to get on with it right now. Therefore I am willing to do whatever it takes and if it means a good shake up in everything," you take the deep breath and you say, "okay. I'll go for it." And then the changes come and with the hindsight you say, "Thank God I am through all of that."

So you have all of you experienced times of upheaval, times of challenge, times when you have wondered, "Why is all of this happening? Did I really ask for this?" Yes, you did. And if you asked for it, which you have, it means that you have the strength, the courage the wherewithal to deal with it. For in truth nothing is ever given to you without your invitation and never are you given more than what you can handle because you have invited it. And if you have invited it you are the one with the power. So you are never given more than what you can handle.

So if the changes come fast and furious and the separated ego begins to bewail and bemoan and say, "What is happening here?" You take the deep breath and you say to separated ego, "Look, I must be really strong or else not all of this would be coming to me." And separated ego has to step back from that because that is the truth.

Your reality — small "r" — is what you make of it. Now you have had that saying that you make your own reality and you do — with a small "r" — and you shape it moment by moment based on your belief. Core beliefs that you share with the collective consciousness with humankind based on core beliefs that you have brought with you throughout many lifetimes about what it means to be human. What it means for you individually to be human. And your reality is based upon beliefs that you hold in a certain lifetime. Perhaps not quite the deep core beliefs but belief nonetheless that influence how you view your reality and how you define your reality.

So when you have something coming up in your reality ask of yourself, "Where is the belief that supports this? Is it a belief that I gained from my parents, from my mother, from my father, from my playmates, from society? Where does this belief come from? Why do I believe it? What is underlying how I see this reality? What is my belief about human life? What is my belief about physicality? What is my belief about the length of time I will activate the body?"

Be very aware of your reality and ask, "What is this perception of my reality based on? What is the underlying belief?" It will give you revelation. It will give you freedom, opportunity for freedom for you will begin to see how your reality — small "r" — has been shaped down through the ages by what you have up to this point in your reality called "outside forces". And yet if you will begin to examine those "outside forces" you will

Jeshua Teachings

2001

see that you have agreed to everyone of them because you have agreed to the incarnation.

And you will see that by that agreement you are part of the collective that has said, "We will play within a certain sandbox together and we will have certain rules about how we play in this sandbox." And you have agreed that you will play for a time just for the fun of it. Just for the creativity of it. Just to see what you can make of the sandbox.

For indeed the boundaries of the sandbox, the reality of the sandbox is not set. It is open to improv by the holy child. Even the sandbox that you have said, "Well this is an incarnation that I have agreed to and there is a collective consciousness that has defined x, y, and z about it, therefore I have to accept it." There is no separation and you "IS" the collective consciousness. I use that wording for emphasis so that you begin to understand. You ARE one. You are the collective consciousness. You are not separate from it.

So even the sandbox as you have agreed to play in, it is open to your definition of what the reality of that sandbox is and it changes moment by moment. You have seen this in your past few months of timing within your geopolitical sandbox. Much of the shifting. Shifting of one set of rulers, I suppose you are going to call them. They think they are making the rules, to others assuming that they now have the power to make certain decisions and there has been must of most interesting dance going on and the reality of what ones have thought was going to be a certain reality, has not been the reality of the next day because of changes of improv. Changes within the collective consciousness. And those of you who are saying, "Well I am not of this geopolitical grouping, you have been watching it. In fact you have a better seat to watch it. You have the non-attachment and you can see it as the most wonderful drama, which it is, and it is fun to behold the various actors. You have the best seats in the house for watching this drama.

But I take that as just one example of reality and how it shifts and changes even when you have thought as a grouping that there would be a certain direction of reality and even within one day, one hour, one of your news media blips, everything has changed. It is most fun to watch the creative holy child at play.

So your reality — small "r" — is based on beliefs. And as you get in touch with what those beliefs are, you begin to see you have choice as to what you feel your reality is, how you perceive your reality and if you want to change it, it begins to show you opportunity when you look at the underlying beliefs.

Jeshua Teachings

2001

Now some of the core beliefs, you say, "Well I can't change those. As long as I am going to be incarnate there are certain core beliefs about what it means to be incarnate that I have agreed to." And this is true momentarily, but there is also an evolution of the reality that is going on so that in time and it will not be that long a time, the ones incarnating will look at what you call reality now and will have a different view of it. You will have a different view of reality as to what human incarnation means.

You see this already the evolution that is happening with your children that are coming to incarnate now. Many of the ones called the indigo children, many of the ones who will not accept what they are being given as agreed upon core beliefs. Now there are some core beliefs as to physicality, physical laws. But as to how society goes and how they go with this society they are doing much of the improv. Sometimes not too the harmony of the family unit but they are doing much of the evolution, changing the reality of even humankind and that is but a small example.

If you will allow your mind to go back in time as far back as linear time allows you in your imagination, you can trace back life forms to what are known as the dinosaurs, what are known as the great mammals that live in the sea, the ocean. You can trace it back according to evolutionary teaching to a cell of life which divided and from that you now have what you see as the multi celled body and certain form of it.

But even before the one cell there was life, consciousness upon the waters, upon the firmament within the waters and within the firmament. There was consciousness. A reality — small "r" —but not that separate from your true Reality — capital "R". In other words, the consciousness of life that was and still is within your vast oceans and the firmament and the heavens knows itself to be from an extension of the one Reality. Capital "R". You because of the very close identification with the creations, with the forms, with what you have created, they collective consciousness in this point of time has said that there is separation from the one Reality. And many of the brothers and sisters are sincere of heart wanting to know the one true Reality and find many pathways to worship the one true Reality.

And all of these pathways are most beneficial catalysts for remembrance. There is a sincere seeking within the hearts of the brothers and sisters to come Home to the Father's love once again. To know that one true Reality where they are loved unconditionally, where they connect once again with their Source and they desire to redefine reality — small "r" — so that it can accommodate their remembrance of the capital "R" Reality. That is what is afoot and it is most wonderful. It is called the awakening and it is in process.

Jeshua Teachings

2001

You in your times of quiet have opportunity to touch upon the remembrance of your Reality—capital "R"—your times of deep peace. Your times when you are one with that which you behold whether it be a sunset, whether it be a most wonderful piece of music, whether it be a painting, a flower, a tree, whether it be a friend. Whatever, when you become one with that which you behold you have opportunity to connect with your one Reality. You are not separate from it and you never can be. You are an extension of it. A point of consciousness come into this focus that says, "I will play for a time within a sandbox that says it is separate from the one Reality."

But you can never be separate from your one true Reality because you are that Reality come into point of consciousness whatever you make that point of consciousness be as a reality — small "r". That is how wonderful you are. You use who you are from the one true Reality to fashion all of the other realities that you play with and play within. That is how wonderful you are. Even to the point where you make a reality that says, and there are brothers and sisters who say this, "There is no reality outside of me. There is no God. There is no power. There is no one source to worship." And they are right as far as they go in their perception because there is not a power outside of them to be worshiped but there is a power within them that gives them the power to say that there is nothing. They are most wonderful. You see they are on their way to their remembrance of who they are the same as others.

Your one true Reality has been characterized as Love. It has been used, love has been used as a most wonderful symbol of your one true Reality because when you are in love you forget small self. You begin to connect in a moment of love, you connect with the one holy Self. When you are in love you are in communion with the one true Reality of You. That is why it feels so good to fall in love. It is addictive even. You have a holiday, a holy day that is coming up in this next week of your timing, where you celebrate love and you give to others the token of your love. You say, "Here is my heart. I give it to you because you are my one true love." And that is a great Truth.

Whoever stands before you is your own true love. They are you. As a point of consciousness come into certain form and certain reality to play with you by agreement and they are your one true love in a certain appearance that may be a bit of a disguise. In other words, you may not recognize your one true love right away. Often times the ones who do you the most service are the ones that you do not recognize as a true love right away. They sometimes sandpaper the rough edges off of you and you aren't too happy about it at the time. But they are your own true love.

Jeshua Teachings

2001

Your own one true Reality has been symbolized, characterized by love and even in the human form of love there is opportunity to remember the love of the Father, the love of the Allness of You.

Your one true Reality is such a love that cannot be truly fathomed in this point of reality — small "r". It is as you know human love when you have a beloved pet, when you have a beloved infant, child, mate, friend, a lover, a teacher but that is but a small bit of the reality of love which in truth you have come forth from. You are loved with an everlasting love that cannot in truth be fathomed, cannot be defined, conceptualized within this point of focus. It cannot be limited by any definition of mind and yet it can be known. It is known by the heart that has just taken the deep breath. It is known by the heart that finds deep peace. It is known by the heart that trusts all things. It is known by the heart that is willing to give all things. It is known by the heart that abides forever in the Isness that is before and beyond time.

(Meditation begins)

Most wonderful extension of the Father you are. Most beloved of the Father you are. Allow yourself to breathe. Take in some of the love that always around you. Feel the Father's love supporting you, guiding you for you are never without guidance. You are never without encouragement.

Those that you would connect with who have assumed another reality, in other words they have laid down the physical bodies. Allow yourself to connect with them in love for they have gone nowhere away from you. There is a clarity of love that is known when the focus upon the body no longer is required. There is a clarity of love and a clarity of understanding that goes beyond what was known and expressed in a lifetime. It is as a love that is distilled and all of the impurities are released when no longer is there focus upon a certain incarnation.

What is left is love. True love. The love that was there as an agreement before the incarnation. A love that you said you would share, that you would grow together with and that will not leave you. That love cannot leave you.

So allow yourself to breathe of the love. Of loved ones who have released the body and yet are not gone from you. Picture in the mind's eye a loved one who has released the body and breathe. Breathe in their love and exhale love to them. For they are here with you in this room as you understand a reality of room to be for even this room in truth does not exist. All that exists is love and even beyond the concept of love.

Jeshua Teachings

2001

All that exists is the Isness of you that is forever going forward, creating, shaping, defining, expressing, playing, agreeing and then doing it all over again.

Begin to feel the love that is always around you. Hold it no longer from you. Many lifetimes you have said, "I must earn a parent's love. I must earn the mate's love. I must earn the authority figures' love. I must earn God's love." But that has been a reality — small "r" — that you have played with. All the time your true Reality — capital "R" — is the sea, the ocean of love in which you have your being. In which you play. Which surrounds you, supports you.

Begin to allow that love into your consciousness. Allow that love which is human love and more to begin to redefine your reality — small "r". Begin to feel my love for you. For my love abides with you from before time and when the purpose of time has been fulfilled my love will still abide with you and for you and as you for we are one.

For yet a little while you play with the agreement that you could be separate, that you could have a separate reality and that perhaps within that reality there could be some love and that there could be some lack of love. For yet a little while you play in that reality — small "r".

Always I love you. Always the Father loves you. Always you are at Home in the ocean of love, true love. Unconditional, unlimited, unbounded, undefined love and it is all yours.

Breathe deeply of that love. It is here with you right now. Breathe deeply of that love take it with you wherever you go. Give it forth freely for freely it has been given to you.

Breathe deeply of that love and feel how it heals the small reality, how it transforms, how it answers. Never are you without love. Call upon it accept it for I give it to you freely. It is a gift which I suggest that you receive. You do not have to but I suggest that you might want to receive for I love you greatly beyond all measure. In that Reality — capital R' — we live, and move and have our being and so it is.

So be it.