



Jeshua: The Personal Christ Vol. 7

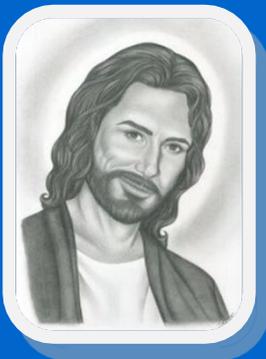
Chapter 5 - The Every-changing Hologram Study Guide

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Volume 7, Chapter 5

“ You are energy; divine energy, conscious energy.

Go with a light step, living and loving everyone who comes into your experience, everyone who comes to mind, whether they are activating a body or not.”
Jeshua



Introduction

Jeshua’s enthusiasm for creation is so very contagious! He clarifies even more the differences in the small realities that are transitory and the One Reality (the unchangeable Christ spirit) from which we inherit the power for creating all the small “r” realities. It is the illusion of the small realities that keeps us in the daily dramas without us realizing that we are in them.

Again he invites us to step out of these dramas and be the Beholder. The key is to stay non-judgmental about our experiences “realize that everything that you bring forth in the hologram is a blessing. It has divine purpose to bring you to the place where you understand that you are the One who is creating.”

The higher understanding in this chapter is that Jeshua reveals that “*change can be quite instantaneous*” because it hinges on the beliefs in *process* and energy. He gives that example of his disappearing from a situation by “knowing I could change my reality where they and I were no long in a shared hologram.” (I’d like to know how to do that!)

He starts the message with statements that seemed to be written especially for this year “You are going to be offered a gift in this year, and maybe it is not going to look like a gift at first.” We all have experienced this statement as true in 2020. But then he suggests that we “stand in our Truth” and say “Even this challenge is a blessing.” It is encouraging that he assures us that we have already experienced challenging situations, in the time when he walked the earth at Jesus. “You were one of the ones who caught my message in that day and knew that you were not controlled by outer circumstances and by other ones who said that they were more powerful than you. You know your power.”

The power principles of “The Ever-changing Hologram”:

- We are “instantaneous beings” and can change our holograms quickly when we let go of the belief in *process*.
- To expand your hologram: Step back. Be the Beholder of the hologram. See the emotions. Get clarity.
- “You are a giver. You are a lover. Live in love with others, even if they don’t accept it. No one can stop you from loving them.”
- “You are now all that you have ever been and all that you will ever

be, because you are divine energy right now.”

Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- Jeshua gives us an expansive picture of who we are and how we can step into creativity at a much bigger level when he says: “You are now all that you have ever been and all that you will ever be, because you are divine energy right now, and you can change the hologram that you are living in and you can expand it to the place where you know that you are divine energy and that you create moment by moment. Change can come easily with a deep breath and a new belief, with the energizing knowing that, **I Am everything, all things, every thought; I Am Divine.**” Are you surprised by Jeshua’s statement? Some have expressed disappointment at how powerless they feel now. Others are excited to use this energy. What do you feel? Journal about your reactions. Talk with your partner about it.
- When speaking of changes, Jeshua says that our beliefs about change involve the belief that it has to involve “upheaval” at least for a while. “But that is not the only way that change can come.” How would you like to see change come? Consider other options or ways that you have already experienced changes? Perhaps they were a gentler process or painless instantaneous changes. (Give examples.) How do you imagine them in the future? Make notes, so you have a record of your “predictions” when they happen. ? Discuss with your partner.
- During our last meditation on expansion, many experienced seeing or experiencing colors. In this chapter, (page 55) Jeshua speaks about colors being related to emotions. “You can see that as you entertain the thought that perhaps this hologram could be different, the colors are going to change. The emotions are going to change.” What colors to you relate to emotions? What if we sent the color of the heart chakra (green) to calm the emotions of the “hot spots” in the world? Think about and experiment with sending colors in your meditations. Reactions?

Affirmation for the Week:

“I will always know happiness, because I choose to know happiness.”

Jeshua

Assignments

- Jeshua gives us a fine assignment: “Allow yourself several times throughout the day to stop, to take a deep breath – even in the midst of

everything else that you are doing and try to see the experience from the place of the Beholder. Watch it as a drama – an ever-changing experience. You can step back from it and begin to realize that everything that you bring forth in the hologram is a blessing. It has divine purpose. You can just stop mid-stream, mid-thought and ask, ‘How can I see this differently?’” Notice how things shift and change in your life when you do this. Write down one of these shifts and discuss with your partner about the difference it makes in your life now.

- Another assignment that he gives us (page 56) is to “get clarity about what you want in your hologram. Take out your notebook paper and write down how you want your hologram to look, what you want the aspects in the hologram to look like. Be very definite, because you can be. Take for yourself the appointment book and put in time for yourself.” This sounds a lot like creating a Vision board that many of us have done over the years. If yours is out of date, or you have received everything on your vision board, make a new one with images, photos and words of what you want in your hologram. Involve your senses, write affirmations on it and get enthusiastic about what you want to create in your life! See your hologram as already done and complete and yourself standing in the midst of it. And let the miracles begin! Bring the Vision Board to the next Book Study and share what you have put on it, so we can add our energy to help with the manifestations.
- “Remind yourself of every challenge that you have come through and all of the successes that you have had. Do not dwell on the other ones where you have been judged or you have judged yourself, **but get into the feeling of positives, the feeling of success, the knowing of success.** Go with a light step, living and loving everyone who comes into your experience.” (page 58) Share your successes with your partner and with the book study group, it will bolster your belief in your divine self and how powerful and loved you are.
- **Affirmations:** Jeshua gave us some beautiful affirmations in the chapter. Choose the ones that feel right for you at this time:
 - “I am eternal.”
 - “I am whole, holy.”
 - “I am being taken care of.”
 - “I will always know love, because I am love.”
 - “I will always have friends, because I am a friend to others.”
 - “I will always know happiness, because I choose to know happiness.”

NOTES: