



# Jeshua: The Personal Christ Vol. 7

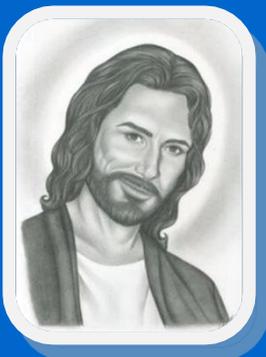
## Chapter 2 - The Hologram of LIFE

### Study Guide

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Volume 7, Chapter 2

“There is much more that is going on beyond the appearance, and there is much opportunity for love and awakening. Every happening, no matter how it looks, has in it the potential awakening and for realizing that you are One with each other.”  
*Jeshua*



## Introduction

Jeshua’s message in this chapter is taking the concept of the hologram as a metaphor into the possibility that we realize that Source of Oneness is projecting us as a hologram “that which you are living is a hologram of your making.” So are we living inside an illusionary holographic program?

He certainly implies that when he says “You are the one living in the middle of it.” He explains that “capital “R” Reality allows you to use the energy to make your reality – lower case “r” – and to feel that that reality is true.” “You *are* a wondrous being, that you can bring together this hologram and call it real.”

He also urges us to “step outside of the hologram for a moment” and into the viewpoint of the Beholder. It is from that vantage of the Heart that we can truly “be in awe of what you are creating, not judgement. Look at the hologram that you are living and call it good, because it is.”

If you have ever experienced a hologram, it appears to be very realistic, yet it is just light projection, a three-dimensional movie and yet all its parts are not only interconnected, but each part contains all the others, no matter how tiny the part. It is a “physical” experience of Jeshua’s statement “You are the One expressing as the many. Remember that the experience that you are having is within your consciousness.”

### The power principles of “The Hologram of Life”:

- **Our desire to know harmony and Oneness is growing.**
- **There is only One of us having the experience and the One is expressing as many.**
- **Every happening, no matter how it looks, has in it the potential for opening someone’s heart to compassion.**
- **We are free to jettison old dysfunctional programs of separation.**
- **We have all been through extreme and difficult situations** and can understand the needs of those involved in them now. We “have walked in their sandals.”
- **“Allow everything to be seen as good.”**
- **We can “start with validating yourself”** and the miracles that we are creating daily. **Our “true reality is Divine”.**

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## Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- What involvement have you had with holograms? Does your experience with holograms impact your sense of your reality? What impact does Jeshua's statement have on you? "You are making a much larger hologram, inviting all of the ones to be in your hologram to play with each other and you are watching what is going on." It's like being an actor in a movie and watching it at the same time. And then which one of us is the hologram, or are we all holograms?
- "That which you would seek, you can out-picture in your consciousness. If there are things in your hologram that you want to shape-shift, you can do that." Is Jeshua comparing our consciousness to a hologram? Or do we create a hologram with our consciousness? Where does Love come into this model?

### Affirmation for the Week:

**"I am the One expressing as the many."**

*Jeshua*

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## Assignments

- Our culture has promoted the programming that says "Life is imperfect." So we have inadvertently carried that belief over into the holograms that we are creating and judging all that appears as "imperfect". Be the Beholder of your own hologram for a short while. Practice calling it all "good", until you really feel that in your heart. Once there, if there is anything that you would "shape-sift" do it from a place of awe and love. Write about your experience.
- Jeshua tells us "If you remember nothing else from this message, remember that the experience that you are having is within your consciousness and you are the One expressing as the many." Make an affirmation card with that sentence and read it to yourself at least 3 times a day for at least 30 days. Notice what feelings come up, and notice if they change over time as you repeat them. Does it become easier to behold others as yourself? Can you call them all "good"?
- **Affirmation: "I am the One, expressing as the many."**

## NOTES: