



Jeshua: The Personal Christ Vol. 7

Chapter 1 - Preparation for the Shift

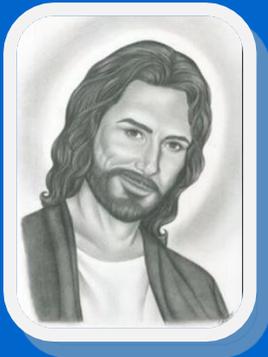
Study Guide

June 26, 2020

Volume 7, Chapter 1

“It’s time now to know the one Self, the one creative Energy, the One that is expressing yet as the many, the We of us.”

Jeshua



Introduction

This beautiful first chapter serves as a review of many of the messages that Jeshua has given us in the last six books. He reminds us that we are the masters that have agreed to be here in the times of great changes in world consciousness. We do this by shifting from the heaviness of human life into seeing the miracles of every day and being grateful for them. It is our time to see ourselves as powerful creators “You are projecting what you believe is possible.”

There is also a prediction, which he rarely makes, that “there will be much change happening as has happened in the last five decades. So hold onto your hats, because there are going to be day-by-day great leaps of understanding. Ones are ready to shed their heaviness. Ones are ready for peace.”

Power Principles of Preparation for the Shift

- **Expect to see miracles and live in gratitude.**
- **Everything works together for the realization of at-One-ment.**
- **You are projecting what you believe is possible.**
- **Be aware that very often that which you have asked for comes to you.**
- **There is truly only One, expressing as the many. “See how powerful you are.”**
- **“Work with loving everything that comes into your experience every day. Love it, thank it, and know that you have put it there as a gift.” We “create everything that we experience.”**
- **“Play with being the future self of you.”**
- **We are creating friends to “have a bit of feedback”.**
Eventually we will only draw to us the “ones who are in the same resonance to show you only harmony.”
- **“Love is all around you all the time.”**
- **“There is no separation. You are the flow of Divine Beingness from before time began.”**

Discussion Questions

- What passage in this chapter touches your heart? Your mind? Your imagination?
- Jeshua challenges us to realize that “we” are the “One” expressing as many because “it is all a projection of the One”. How does it feel to “start working on the word WE, because you are joined to all of the ones that you yet see because of the belief in the many”?
- “Change your thoughts and you change your reality.” Have you experienced this in your life? Please give an example and the impact of practicing being the master of your reality.

Assignment

1. Jeshua’s assignment “Say, when you first wake up, ‘I am going to see miracles in this day. I am going to see happiness, lightness. I am going to see friends who want to be in the same light space.’ You will notice how things fall into place miraculously, how things just happen to time themselves perfectly.” Make a space in your journal for MIRACLES and write down the many synchronistic events that happen each day like a friend you were thinking of calling you. Or a passage in a book being the answer you were seeking or manifesting what you desire. All miracles are equal, count them and be grateful. “They come because you **expect** them.”
2. Work on thinking and expressing “We” as in “We feel peace.” “We are happy.” “We are enlightened.” How does that affect how you feel about yourself? How does that shift your thinking and feeling about others as yourself. Write about how this shifts your relationship with everyone around you. Or discuss this with a trusted friend, who you know is a part of you. Contemplate Jeshua’s words in the New Testament Matthew 25:37-40 “Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? 38 When did we see you a stranger and invite you in, or needing clothes and clothe you? 39 When did we see you sick or in prison and go to visit you?’

Affirmation for the Week:

“I expect to see miracles in this day. I expect to see Light in this day. I expect to hear laughter and to feel joyful.” Jeshua

He replied 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' Is this any different from what Jeshua is telling us now in this chapter?

3. Practice seeing everything that happens to you as a gift that you created. "Love it. Thank it." What happened in your life this month that you might want to turn around in your thinking as a gift? Can you thank it and welcome the learning from it? Contemplate how this kind of thinking could change your life from now on. Imagine it and write about it. Own your power of choice and creation.
4. "Play with **being the future self of you**. Look forward to the future self and say, 'Self, how do you see what I am going through now?' Put it forward twelve months. Where are you going to be in twelve months? Separated ego says, 'Well, I don't know.' Separated ego does not know. But the future self of you does know and does exist even in this moment, and you can access it by expecting to access it." Try this exercise by first projecting yourself into the next day and looking at the consequences of an action you take today, with something simple like not doing a chore and gradually make your future self a "consultant" to your actions today. See if it makes a difference in the quality of your decisions and actions.
5. Use the following affirmation for at least a week "I expect to see miracles in this day. I expect to see Light in this day. I expect to hear laughter and to feel joyful." Note how that feels to say this and/or write it out and to be aware of how the miracles appear all around you.
6. Talk on Creating Joy that Eva McGinnis gave on June 7, 2020 for Unity Church in Port Angeles is available on **YouTube**.
<https://www.youtube.com/channel/UCNP-ZvkDfjrU183uTMZsOzw>

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