

THE SHORT ROAD HOME

2015-09-19

Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. Child of Light, divine. Always, even if you deny it, you are divine. You are the extension of the one creative Principle come into a reality that is most creative, come into a reality where you can play and take life lightly, always with a smile upon the face. No matter what the struggles may be, you can leave them behind for an hour or so while we speak one to another. Always you are loved.

I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy always. I have spoken to you that truly your birthright is joy, it is happiness, it is simplicity. The world will speak to you of complexity, of shoulds, of things that you have to do, how you have to be. But in truth, you are already perfect as your Father/Mother/God/Goddess/All That Is has made you from before time began, and you will be forever and beyond time that which you have been made to be.

Even though you may deny it, you will always be that which the Father/Mother God has made you to be. You can deny it, you can act as if it did not exist or as if you have been sinful, as some of your religious/philosophical groupings will tell you, but truly you have never sinned, and you have never gone astray.

You have played. You have made choices, and you have lived with the results of those choices. Sometimes it did not feel all that great, but you were exercising your right to make choices, and it is always free will. So you can choose, and then choose again. That is the most wonderful gift that you have built into this reality, is that every choice can be remedied and chosen over again.

You do not have to live a single moment longer, although the world will say that you have to live with your choices, but in truth, you can change it all in a moment's notice just by saying, "I choose to choose again, to choose anew."

Now, beloved ones, what did we speak about last week when we met in this way? Anyone? Do not all speak at once. What did we speak of last week when we met this way? What was the title? That will give you a clue. Yes, what was the title; oh, my goodness. Okay, it doesn't matter what the title was, what did we talk about?

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(Mark: Probably love.) Well, that is a very good guess, because truly that is the bottom line of everything (Mark: I thought it would be a good shot) It's a very good shot, a shot in the dark. And no, it was not quite that, although that is the basic premise of everything.

We talked about The Long Road Home. We talked about how you are very creative, and you often will play with choices, with things that seem to be taking you out and away from Home, taking the long road to reach Home, to come again to that place of recognizing peace within yourself. And as we said last week, there is no judgment in taking the long road. It is okay. It is part of the creative process of what you have said you want to experiment with, what you want to experience, so therefore, seemingly within the context of time, it is the long road Home.

Now, in truth, you have never strayed from Home. You cannot. It is within you. It is your basic birthright nature, Home, the peace and love of Home. So you were right, beloved brother, we did speak of love. And always, as you have made a very good guess, we speak of love. It was right on, a good shot in the dark; in the Light.

We talked about how you make choices to create whatever you think you want to experience or to play with. And all of those choices are okay, they're right, they are not being judged. You are the only one, you and the world, that sits in judgment of choices. Your Father/Mother/God does not sit in judgment of any choice that you make.

You may feel that you have been taking the long road Home and wondering, "Where is Home, and how can I get there? This doesn't feel like Home, and this doesn't feel very good." But that is okay. You will get there. It is from whence you have come—Home, that place of peace and love—and it is a place that truly you always abide, although you may not see it out-pictured.

You may now say, "Well, you know, this doesn't feel like Home. This doesn't feel like peace and acceptance and love. It feels like there are circumstances that don't feel quite right." But that is okay. You are being creative. (Zuvuyah: Yes, there are plenty of humans judging us too, which reinforces our monkey minds) Yes, there are a lot. In this day, one of the things that is practiced from early on as you were the small one growing up, is to judge; judge others, judge yourself, and the parents often will reinforce this by saying, "You can do a little bit better," and they seem to judge you.

And then you say, "Well, I thought I was doing okay." So from the very time that you are small and you are learning about the world, there is reinforcement of judgment, and you get to live with how that feels. Usually it does not feel all that flexible or open. More and more judgment seems to bring you into a place that feels constrictive.

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[Pause for a sip of water] Have you noticed the sweetness of the water? It is very good water, and when you drink of the water, it is refreshing. It nourishes the body. It lubricates everything. It allows you to feel much better with it.

Now, beloved patriarch, beloved brother, last week we spoke of the long road, and truly it is a winding road, is it not? (Don: It winds all over the place) And it gives you perspective? (Yes, wide perspective) Right, and what do you conclude from the winding? What are the fruits? (I really don't like to conclude, except what's feeling is beautiful, and you don't want it to stop. That's about where I'm at. Otherwise, the mind runs on it)

Right. The minds can get very busy, as you have acknowledged it does. But truly, tonight we need to speak, we will speak of The Short Road Home. Okay? Now, how do you do the short road? (Mark: Love) It is love. (Dropping boundaries) Yes, dropping judgments, boundaries, definitions. How does love feel? (Warm, peaceful, welcoming, all-encompassing..My brain stopped) That is good, because love is of the heart.

And you know when you feel love. When you love the mate, when you look upon her, what do you feel? (Mark: Amazement, gratitude, desire to open; I'm brought into the moment; I'm not in the future or the past, but here with her and her being; love is being in the moment; it's the natural expression of my being, is that love) Right, it is. It is expansive. It is not constricted. It is not in judgment. It's in a place where she is okay and you are okay. It is that place of okayness; everything is okay.

It feels expansive, does it not, when you are in love? You feel like everything is okay with the world, at least for a moment or so. Maybe after a while other ideas or thoughts rush in, but when you are in love, in that space of love, everything is okay, and you allow yourself to expand without judgement of self or the other one.

That is why I always use the human expression of love to try to reach the feeling of the totality of the love that you are. Now, the totality of love that you are cannot be put into words. It is a feeling of the heart. It is a feeling that comes when you are in peace, when you are in that place of meditation where all judgment, all thought is put aside for a while, and you just abide without judgement of spending time, wasting time, just sitting in stillness, as I know the mind often wants to get in the beginning to say, "Why are you sitting here when you could be doing X, Y, & Z? Don't you know there are lots of things that you should be doing?"

The mind gets busy with its judgment, but in truth, you do not need to be active. You can sit in the stillness and allow the body to regenerate, to feed itself in that peace. Because oftentimes when the mind is very busy, the body also tightens up. When you sit in stillness and you allow yourself to relax, to sit for a moment or so with all worries and

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all concerns aside, you let the body breathe. You let the body expand. You don't have to even hold it in as you are supposed to do. You allow the body to just be, and it regenerates itself, and you aren't quite as tired afterwards. You have regenerated the energy level, and you feel yourself to be renewed, which is one of the beautiful gifts of meditation, of stillness, of sitting in that place that feels healing, expansive.

All of you have ones that you admire, ones in your life whom you feel comfortable with. Allow yourself on the morrow to think about them. Let go of previous ideas and just be in love with them, and see how that feels. It will bring you to a place of peace, a place of healing, a place that truly the body desires, because so often you keep it all wrapped up into where you have to be, what you have to be doing, all the judgment of self.

When you sit in that stillness, in the stillness and the quietness, there is a feeling that pervades every cell of the body and renews it. So give yourself the gift of peace. Give yourself the gift of the short road Home. You can do this anytime, anywhere, several times a day, once a day, once a week. I would suggest once a day at least.

As I have been speaking to you for some time now, take at least five minutes of your day and say, "Okay, the world will take care of itself for five minutes. I'm going to sit here in quietness." And then say to the mind, "I'm not going to pay attention to all of the shoulds of what I should be doing. I'm going to have quiet time and peace for myself."

Then you will ask self at the end of five minutes, "How do you feel?" And self will say, "I want more." Then you'll probably say, "Well, I've got to get up and start doing, because that is the way the world is." But when you are in that space of love and you look upon another one and your heart melts, you feel okay with yourself and with the other one, of course. Being in love like that is the greatest give you can give to yourself and to the world that is so caught up in all of the constrictions of what should be and what needs to be and all of the judgments of it that come with the shoulds.

It makes you tired when you're into all of the shoulds. Yes, it does, I know; I have experienced that in my lifetime. But then the Father spoke unto me and said, "Let it all go. You do not have to worry about what your path is. You don't have to worry about your purpose. You do not have to worry about what is going to happen on the morrow. You will take care of that when it comes."

And I said, "Yes, but I have to be prepared." No, you will be prepared. You do not have to cross bridges before you get there. But is that all of you? The mind at least likes to play with, "Oh, oh, there's a bridge coming up, and I need to cross it right now and be

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prepared for it before I get there. Because what happens if I'm not prepared. I'll probably fall into the water." You will not, so you do not have to worry about that.

There are many times also that you try to cross the bridge before you get there, and you think of all the possibilities of what could happen and what you have to do and how you have to think it through. But you don't. Simplicity is your nature. That, again, is the short road Home—simplicity, choosing to be easy, to be simple, to know that you are love, and that every problem that presents itself has a solution; otherwise it's not a problem. And you will be told; you will know the solution.

You don't have to worry, a lot of energy about it. You will know when you get to it what to do. You have already proved that to yourself in past times when there has been something...you thought, "Well, this is coming up, and I have to know exactly what to say, how to choose, what to rehearse. I have to rehearse." No, not really.

You are already perfect, and the realization of that perfection is, again, the short road Home, because you can lay hold of it. You can say, "For five minutes I am going to abide in my perfection. Yes, for five minutes I am going to abide in my perfection and know that I am perfect; not as I see myself oftentimes, but as my Father/God/Mother sees me, my Creator, the creative Principle in whose image and likeness I have been made."

Now, if you are made—and I assure you that you are—in the image and likeness of God/Goddess/All That Is, how are you going to improve upon that? You don't need to. The mind says, "Oh, yes, I have to work with that. I have to improve myself." But if you are already perfect, why spend all the energy trying to perfect that which is already perfect? It doesn't make sense, does it?

It is the mind, and you don't have to go around in circles with the mind unless you want to take the long road Home. But the short road Home accepts it right away and says, "Okay, I am perfect." Then the mind gets in there with questions and says, "Well, remember when you did such and such?" But that, again, is the mind.

(Mark: So we don't need to spend any time worrying about whether anybody loves us) No; that is a very good point, because truly it doesn't matter if the other one doesn't seem to love you or if you meet ones who find fault with you; that is their perception. The only one is your creative Principle, what I have called Father/Mother, and you are created in perfection—in, not im—but in perfection you are created. Therefore, it is only the mind that is going to pick it apart and send you on a long goose chase to have to go take the longer road Home.

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Now, as we spoke last week, there is no judgment in taking the long road. But there is a bit of judgment that you do, because you say, "Well, that takes a lot of energy. It doesn't feel so good. I like the short road Home. I like to be in that space where I know I am loved and I am okay."

That is truly what you are searching for all of the time. When you are first born as the small one, unless you bring in the memories of past lifetimes, you are already knowing your perfection. But then as you are trained, growing up, the parents say to you, "Well, that's good, but..." There's that "but". Those are what I have called the goat thoughts, the butts, and you don't have to abide with those. They come up. You get to play with them, but remember that is what you are doing, is playing.

(Don: Along the idea of perfection, higher Self told me before the Advance to affinitize with perfection) Exactly (And of course I'm thinking about getting rid of this concern. When Linda arrived on the scene, we talked a couple days maybe, and I saw a bigger picture that if I think of perfection just for myself, there are great numbers of my brothers and sisters out there who are also perfect, so I have to see everyone as perfect, that they're already perfect. So what I have learned to do, more than ever before, is to see past appearances. You said, how can I take the short road Home? Go past the appearances)

Exactly, that is the way to take the short road Home, is to live in the perfection of yourself, to be happy with self. Say, "Self, are we happy?" And if you don't feel happy at that moment, say, "Okay, how can I make it that I will feel happy? Well, I would be happy if my mate looked with favor upon everything I do."

That is looking to another one, and oftentimes, as you have experienced, the other one is making choices that maybe don't make you happy. But you can be happy within yourself. Is this not true? Yes, that is where true happiness lies. It is within self, seeing the perfection of yourself, and then you are going to see it out-pictured in the world more and more.

That is what this new time is all about: energy of perfection, seeing perfection in everything. Even though the world may come to you and say, "Oh, what do you feel about this? Is this perfect?" Sometimes you will say, "No, it doesn't feel perfect. I want to know Home. I want to take the short road Home."

And what have I told you many times that will take you immediately to the heart, to that place of Home? The deep breath. It is the first thing you do as the infant as you choose this individuated life, and it is the last thing you do with the body, is to let go of the breath. The breath will take you Home.

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I would suggest that you get a copy of what we have talked about and you make a list of the attributes and avenues to the short road Home that we speak of this evening, because I know, as you sit here, everything sounds really good, but it goes right over the head. Then I come to you next week and I say, what did we talk about? Ah, um, mm ah.

I would suggest that you get a copy, or perhaps beloved holy scribe, you will transcribe and send this out. This evening will not be a long evening as far as discourse. We will speak with ones as to concerns. We will do that in the latter half of this evening. But the message itself, the short road Home, is not going to be a long discourse. I would suggest that you get a copy of it and you make a list of what we have talked about and the clues, because there have been clues. If you will use even one of the clues, you will find yourself on The Short Road Home. And I do advise that you take that once in a while. Even in the middle of The Long Road Home, you can do a Short Road Home, and then come back and choose a longer road, which is what you do anyway.

(Don: You talk about the beautiful value of love. I would like to share that pure love is pure happiness) This is true (It is so simple) It is as simple as that. Pure love brings forth pure happiness, being okay with self. Because you are taught, directly and indirectly, that you are not perfect, and yet you are. You are taught that you have to live up to certain principles and ideas.

You are already perfect. You can take for yourself the happiness of it and put the smile on the face. There you go, beautiful smile; it lights up the whole room when you do that. It is good energy. Each and every one of you, I suggest...I know that you won't do it, but I'm putting it out there for you, that before you put the head on the pillow this evening, you stand in front of your looking glass and you keep the straight face, and then you smile. Eek! You will have fun with it, and that is the bottom line, to have fun. The Short Road Home is fun.

(Zuvuyah: When you say the short road Home, you mean bringing that all-loving, all-knowing presence, etc. in this incarnation. It doesn't mean that we're checking out, right?) Oh, heavens, no. You can check out if you want to, but I'm not suggesting that (I mean leaving the body) No (So it's a tool and a practice so that we can be fully ourselves here while still in the human body) Oh, yes, for sure, because once you leave the focus of the body, you are not going to be concerned with all the little things that you find concerning on this planet. But yes, it is while you are still moving the body around, having to clothe it, having to feed it, having to take care of it. It can be a bit of a drag. And yet at the same time, it can be fun. So I am suggesting the short road to the place of fun.

Time for a break, time to give hugs, and then we will meet again.