

JESHUA DISCUSSION GROUP

2015-03-21, Q&A Portion

Now, we continue. Beloved ones, as I have said many times, it is a joy to behold you when you are speaking with one another. It is as you have found old friends, and truly you are. You give them the hugs, you give them the smiles, you begin talking as if you just stopped maybe yesterday, and you pick up again and start speaking. It is very good. It is what I have called the Family of the Heart, the Heart Family, and you are finding your family once again. For truly, you have been family many times, and you know how to Be with one another—to be in love, to be in joy, to feel the laughter; not only to hear it, but to feel it. Very good. It is fun, is it not?

Now I would do with you one of the exercises, a new one, like we have done previously when we spoke of the time when you would walk to the grassy knoll. You would walk up to the top of the grassy knoll, and then you would allow yourself to go to the cloud above, to sit on the cloud, and to see the perceptions from the top of the cloud, and then to go above the cloud into a place of non-dimension where you are able to look at all of this reality and to behold it perhaps in a new way.

Then we did the one that you were having with the train ride. That was most wonderful for most of you, to describe the train ride, how it was, whether the seats were soft or hard, whether you were on the train car by yourself or whether there were other people; were they friendly, did you talk, was there food, what did you see out the train windows on the journey.

And as you have perceived, the first one had to do with the view that you have from the interdimensional Self, the place that is between dimensions; not tied into what you call this reality, but to have the broader view. And the train journey, as you have probably figured out, was the journey of life and how you feel it to be. Was it pleasurable, were the seats hard, were they soft, were the people friendly, etc. And this was not to be done with any forethought as to, "Well, I should say that the seats are soft and the people are friendly, etc., but it was just to write whatever would come to you, and to feel free to write and not to analyze until maybe afterwards you would look at it and you would say, "Oh, I guess that is how I see life," or not, and be able to then draw from that a bit of information.

This evening I invite you to take the deep breath and again to feel comfortable where you are sitting. Feel yourself not attached to any reality, anything that has to be, any should, just to feel comfortable in a very open space. Take yourself up the grassy

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knoll, to the top of the knoll. Then take yourself up to the top of the cloud and sit on the cloud, looking down at the grassy knoll.

Then allow yourself to visualize a house, a dwelling place. Allow yourself to feel how it looks from the outside. Is it a one-story, two-story, three-story house? Is it made of wood? Is it made of brick? Is it made of stone? Does it have a chimney? Does it have a front path walkway up to it? Are there trees? Are there bushes around it? Are there flowers? Is there a garden out in front? Is there a vegetable garden in the back?

Allow yourself to walk up the pathway to the front door. How does the door look? Does it have a very shiny brass knob to turn or a different kind of handle to open the door? Open the door and walk through it. What do you see, first of all? Is there a mirror? Are there stairs? Do you walk directly into a living room, or do you walk into a hallway? How does it appear to you? Are the floors wood? Are they polished? Is there carpet? What color is the carpet? Is there a fireplace? How does it appear to you?

Walking through the house, what's the next room that you come to? Allow yourself to be as the little child going through the house, discovering each room, finding the bedrooms, finding the place of the cooking, the kitchen. Is it a big area? Is it open? Is it closed? Are there windows? How does it appear? Does it have a fireplace in the kitchen, a big open hearth where there are the old-fashioned kettles, or is it a new one with the microwave and the cooktop? How does it appear? What are the various machines that you have in the kitchen? Is there a dishwasher? Is there an oven? Are there two ovens? In other words, just visualize how it looks to you.

Does it feel elegant, or does it feel homey? Are there curtains at the window? Are there blinds, Venetian-type blinds, or shutters that close the window at nighttime? What do the windows look like? Is there an upstairs? Is it all one floor, or do you climb stairs to the upstairs?

What do you like best about the house? Does it feel like a happy house where people are laughing, feeling good, or is it a house where ones want to leave and go out to work, to go to places where they see their friends, or do the friends come to the house? What does it feel like? How big is it? How small is it? Walk through the house taking inventory.

Then when you feel comfortable, bring your consciousness back to this room. And when you have time in the days to follow, allow yourself the quiet time to play with the house, to visualize, to imagine, and then to come back and to write about it. It is your house, whatever, however you make it? If you don't like what you're making in the middle

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of it, you can tear it all down with just a hand wiping over it and start over, because it is your house, however you want to make it.

The next time that we meet in this way, you will have the papers to hand in. I will hand back the ones that we have here from another time. So in a couple of weeks when we meet again, you will hand in the papers, and we will see what you have written about.

These exercises that we do are to allow you to have a different way of getting a handle on your experience in this reality, to see how you feel about various things; not to judge, not to analyze as you go through them, but just to allow yourself in the quiet time to imagine, and then when you come back, to write about it. You write about it so that you put it into a form that you remember, where it goes in a little bit deeper.

And then later, in time, if you want to go back to it and revise it, rewrite it, try it again, it will surprise you, because some of the elements will be the same and some will be different. Have fun with it. And if you are not here in two weeks, you can send your homework with someone else. I will accept it that way.

Now, beloved ones, we will have the certain questions and see what the answers might be. I see there is a talking stick over in this corner. Beloved brother, how are you this evening?

Mateen: I am fine, thank you (It is good to see you in this way, to welcome you back. You have been on far travels since we last spoke, yes?) Yes, Brazil and then Pakistan (Which one did you enjoy the most?) I enjoyed both. In Pakistan it was the family and gathering and running through. It was fun. There was good and bad at both, you know.

Jeshua: Okay, that sounds like the usual for this reality, and it is definitely what you do see in this reality. There are times when you see much of good, much of laughter, much of love. In other times you say, "Well, perhaps this could be improved." What would you speak of in this evening?

Mateen: I have a few questions. Since I was gone for a long time, I have to catch up with all the questions. First, you know, I went to see John of God. I know you said it was okay for me to go (Oh, yes) I went there, and I had a very good time. I met with great people. Energy was wonderful. I really enjoyed it, and I think I learned a few things.

But on the other hand, it has really shaken my reality. I just didn't buy anything, what they were selling there, in terms of spirituality, although a lot of people who were there, they were being healed and they were being spiritually enlightened. My experience was totally opposite. Before I went there, I was feeling I was in the 9th heaven or 9th

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cloud, feeling really spiritual, very sparked. But somehow, going there, and then right after that going to Pakistan, the energy was very low. It kind of caused some kind of... where I feel like I'm back on the ground; not starting again [beyond that]. But the ecstasy and the joy that I was feeling has somewhat evaporated. I'm wondering what experience caused that, and why am I feeling this way? How could I go back where I was in terms of having this joyful experience?

Jeshua: Well, in truth, beloved brother, you have not gone back to where you were. You have approached some familiar feelings of what is good about life. You went to the certain healer with very high expectations, hoping that it was going to be on a par with what you had known before. What you found was something different. But that is why it was good for you to go, to have a point of reference to judge other things as they will resonate, or not, with you.

And as you have learned from it, as you have had the perspective, for certain people it was a very high experience for them. You will find this, and you have found this all throughout many lifetimes, where someone has said to you, "Oh, there is a certain teacher speaking in the next village. You must go and hear him. He has pearls of wisdom to share with you." And you have gone, because everyone else was making trek to the next village. You have listened, and you have said, "Well, I already knew that. This is nothing new to me." But it was new for them. And so it is again in this lifetime.

You are reminding yourself that you have had experiences that you have even brought from other lifetimes to this lifetime, where you have had a certain resonance with the teachings, with the seeking and what you have found. Others have not had those experiences, so what they then find has been very enlightening—true sense of the word—for them. But for you, you have already experienced much of the awe, much of the heightened awareness. You have already experienced that, and so for you, it didn't surpass what you had already felt. So there was a feeling of, "Have I wasted my time? Have I wasted my golden coins?" No, you have not.

It is a wealth of experience that you put into the knapsack on your back, and you carry that experience with you. It makes you a wiser person. Because the ones that you met there, they were seeking, and you could see how they were touched by what they had found. For you, it didn't especially touch you where you expected it to, but it was as a learning experience for you. It was worthwhile.

Mateen: Yes, I think that answer resonates with me. You're right.

Jeshua: Yes. As you go further into the work that you want to do, the healing work, you are going to find all kinds of people coming to you. The language—and I don't

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mean here just the sounds of the voice, but the modalities are sometimes going to work with them, or maybe another modality will be needed. So you will have much in the knapsack of experience that you will then bring forward to use in a different interchange with different ones as to what they need.

Mateen: So the entities who work there, are they some real entities, or this is a lot of hype?

Jeshua: Oh, there are definitely the entities there, yes, that can be tuned in to.

Mateen: Back to this area, the house is still up for sale. We haven't got any offer yet. Looking for some word of wisdom from you.

Jeshua: Everything will be in its divine right timing, even though you will need some patience about it. That is one of the, you will say, hindrances perhaps with the concept of time, in that you have to have a bit of allowance for the time to run its course, and to have other pieces that you cannot see fall into place. There are many pieces that are coming together in that there are ones who want the house, the dwelling place that you have, and they have not come to a decision; they have not come to the outer to say they're here for it, but they will. They are making other things ready for when they do come and see the dwelling place, and then they will note that it is their place, it is a right place for them.

Mateen: Okay. Well, one last quick question, and then I have some water for you to bless. The May 25th date is coming [job termination]. In my heart, I really don't want to look for something else. I have a very strong feeling that there is no need for me. But the world is telling me otherwise (Right) Should I listen to my heart?

Jeshua: You will listen to your heart, and you will also use a little bit of the worldly wisdom, to have something that they call "in your back pocket." It doesn't mean that that's the way you are going to go, but you are going to have something in your back pocket, that if there is a temporary period where you need it, you can pull it out of the back pocket and say, "Okay, here it is for a certain time period, a short period that will see me through what I need."

It was the same in our day and time when we walked from village to village. We often had the extra loaf of bread in our cloak in case we needed it. If we didn't need it, then we pulled it out and we shared it with other ones. So you will have something in your back pocket. You may not need it, and it is not something that takes away from the energy of the heart. You will be following that as well. But it is good to have something in the back pocket, an extra loaf of bread.

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Mateen: Would you mind to please bless this water for me?

Jeshua: Let me take one, and the other one. Here we go. [Deep breath] Can you see the energy rising from the bottom up to the top? (Yes) It is moving. It is blessed. Thank you, beloved one. You see, it does not take long for the blessing. It comes with the idea of the intent, and in a moment it is blessed (Thank you) Thank you for being open to it.

Mateen: Thank you so much. I really appreciate it. I am so happy to be here. I needed this energy back, and I finally got it.

Jeshua: You have it back. You, in truth, have not lost it. You have just put it away for the time being. Now you are calling it forth again.

Mateen: You can touch my beard, if you like.

Jeshua: I have been admiring this, yes. How long have you been growing this? (A couple weeks) Very good. Are you going to allow it to grow down? (No, maybe not that long. Would you like me to?) Whatever you like. It is your beard (How long was it in a past lifetime?) Ah, well, it depends on the lifetime (In your lifetime) In the lifetime that we shared, you had a bit of the full beard...well, it was a bit longer than that [As seen in Jeshua's painting on the wall] That's a bit scrubbly. I don't know if that is a word, but it was a bit scrubbly. That is a bit scrubbly. I had a much better beard than that (Laughter) (Yes, I remember that) So it was what you would call the medium length. Other lifetimes you had it down to the...do I dare say belly button? (Laughter)

Mateen: My family is here, my daughter and my son (Yes, it is good to welcome you)

Shaheer: Hello (Hello, wise one, how are you in this evening?) Good, how are you? (I am excellent; I'm glad you asked me) I should believe that he sent me something, because I remember we are in the car, and my dad said your name. And then this came up to me, that we can help, we heal people (Yes) And you have this global warming. We could heal the Earth (Yes) So I thought of that, because I feel like you said that to me (Yes. And how do you heal the Earth?) We sit down and meditate.

Jeshua: That is a good way. And then you will receive instruction. But underlying how you heal anything is to touch that space of love, to work with the brothers and sisters to allow them to know that they are love. And then as they will accept that...some of them will be open to it and other ones will be what you call the hard nuts to crack—it may not happen in this lifetime, but at least you share the love with them to show them that there is something such as love. In time, their outlook will change, and they will find

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themselves to be stewards of all of nature, and they will want it to grow and to be healthy.

You are starting the first wave—let's put it that way—of awareness of the ones who walk on holy Mother Earth; not just to walk on it and take it for granted, but to understand it as living energy. You will spread that to the friends, and it will be an idea perhaps for some who have not thought about it. They have just thought, "Well, it's just dirt, it's just stones, it's just pavement," but it is living energy. You are doing very well with this. Keep on thinking. Keep on meditating. Keep on loving (Thank you for the answer) Thank you for asking.

Beloved brother, it is a joy to behold you. Thank you for coming.

Morgan: Thank you. So on a family trip a very long time ago, I was sleeping in the family's motorhome, and we were traveling. I could see myself sleeping there, and then I saw the top of the motor home. And then I came back and I woke up really fast, suddenly. What was I trying to do? Where was I going? What was happening?

Jeshua: You were proving to yourself that which you know when you are not focusing upon the body, that you are truly the energy that activates the body. You were doing what is called in this day and time the out-of-body experience, and you were above the body; you were watching the motorhome, and then all of a sudden there was the feeling of, "Oh, I'd better get back there."

And then you slammed back into the body and woke up very quickly, because the energy of the body is accustomed to having you be in charge of it. And when you seemed to be wandering off somewhere, there was a call to come back to the body, and you responded. But it was what you would understand as the out-of-body experience, and to be able to understand that, for the most part, you are activating everything that you see as the body and the energy of what is termed the aura around you. You are activating all of that through the divine energy that has been given to you from before time began (Thank you) Good experience. A little scary sometimes.

Beloved beautiful one, how are you in this evening?

Sarah: I'm fine, thank you.

Jeshua: Know you that you have the most beautiful eyes? You have the eyes that can look deep into another person and see their soul, to see their being, and to be able to speak with them, eyes to eyes. You know the power of eyes. It is something that you have practiced in other lifetimes, to be able to send the messages, and you do that in this lifetime with the eyes. Did you have a question or a statement?

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Sarah: Yes. I was talking to my dad last week about not feeling whole a lot of the time, feeling almost not even all there. It's always a constant. I think I'm learning to live with it, but I know that's not authentic. I just don't feel like I'm complete most of the time.

Jeshua: Right. Now, I would ask of the rest of you, have you ever felt that way, that there was more of you somewhere, and you were trying to get ahold of the rest of you, not quite complete in the way that the world understands completeness? It is a good blessing, truly, because it means you are seeking. It means that you want to know, "What is the whole of me? Who am I? Not just in the name that I am called in this lifetime and how people seem to know me, not just as the personality that I have developed over some years, but what more is there? Why am I here? What am I supposed to be doing?"

Well, truly, you are supposed to be living from the place of joy. That is the only "supposed to." The world then piles a whole lot of other things on top and says, "Well, you're supposed to do this, do that, make yourself achieve whatever." But in truth, the bottom line is to be happy, is to be in joy, to be in love, and to share love with the brothers and sisters.

So where you are is a most wonderful threshold of walking into a new room, a new understanding of self. So bless it, know that it is truly a gift, for you are walking into that new room to discover what is there. What does it look like? What is the furniture like? Are there other people in this room? Who am I, and why am I?

You are being blessed by your seeking. So do not put yourself down and say, "Well, I 'should' know all of the answers." You have all of the rest of this life, and probably some other lifetimes as well, to discover the wholeness of you. You are doing well with it, because you are in love. You find that you love other ones who are in your world. You love your father, you love your brothers, you love the mate that you have chosen.

You have lots of love to give. Give it to them, and receive it back from them, and know that truly they find you worthwhile. See the smile on this one? He knows who you are, and he loves that which you are. And he sees you developing and claiming more of the love that you are. You are doing well with it, and it is a blessing.

The world always is 180 degrees opposite of the truth of your being. So whenever the world will speak to you and say that you're not doing very well, and you should, etc., know that truly you are doing very well, because the world and its voice is always 180 degrees opposite to the truth of your being. That is sometimes how you can judge it, you can evaluate it. You are whole, and you will feel it. Practice.

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I will set you a piece of homework. Every day I want you to get a joke book full of happy stories, anecdotes, whatever you call them, and memorize. When the mate comes and you have something to share, tell him a joke. Tell him a funny story (Okay) It will do for you what you have just done. It will bring a smile to the face.

Sarah: I'm curious about one more thing, about reincarnation, past lives. I've always wondered what I might have been, what I hoped who I was, and I'm curious about that.

Jeshua: Well, do you want the high one or do you want the low one to start with? (Whichever is most entertaining) Ah, very good, very good answer. Truly, you have been that which you do recognize. You have been the princess. You have been the most beautiful one in the whole of the village. You lived that lifetime, and you thought, "Well, this is good, but there must be something more."

Then you had a lifetime where you were the one who just served others. You cooked the meals, you cleaned, and you were pretty invisible to the rest of the people. They didn't care about you. But you served them, because you loved them, because you knew that this was something that they needed. So you found for yourself, in that lifetime, purpose. And that was a great treasure for yourself. It was not valued by the rest of the family that you lived with, but it didn't matter, because you felt the value of it.

So you have been all of everything in between the servant girl and the princess, and you have lived those lifetimes as you are living this one: to rediscover and remember that which you truly are, the love that only wants to serve others and to be happy in that serving

Sarah: You mean a real princess?

Jeshua: Yes, a real princess. Your father was king, and he was very happy to see you born as a princess. You had the most lovely gowns. You had everyone to wait on you, and you wondered, "But what am I doing?"

Sarah: I remember, I went on a trip to Turkey with my mom, and there's a palace there called Topkapi Palace. I went there, and I felt so sad for no reason. I looked at all the rooms and everything, and it felt like I had been there before (Yes) Does that make sense then?

Jeshua: Yes, that is where you were princess. And yes, you did feel sad, because you didn't feel that you were giving back anything besides your beauty. You wanted to know more. You wanted to know, "What worth am I?" and there was sadness.

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Sarah: It's almost as if I missed it (Yes, this is true) I could almost...some of the rooms I looked at looked familiar almost, and I could...it was strange; I felt like it was going back to someplace I had been before, but I couldn't explain it really.

Jeshua: Yes, you have acknowledged that was a lifetime, that is where you did live, and yes, there was sadness. I have touched upon one aspect of it, but there were also other aspects that reinforced the sadness, because there were family members who went off to battle and did not come back, and you missed them. As the princess, you were not allowed to go out to fight the battles and to be by your brothers. When they didn't come back, you missed them.

You were given in marriage to a most handsome son of a very wealthy person, and you felt this was a prize that you were being given, but you didn't feel entirely happy with the choice, and he didn't either. So it was a sadness in that respect as well. So there was much of sadness that you felt in that lifetime, and there was much of questioning, much of wondering why is this happening to me. Why am I here? What should I be doing? Why can't I be doing it? Because you wanted to go to battle. If your brothers were going out and having to fight, and they didn't come back again, you didn't want to be in the palace waiting for them to come back, and not having them come back, so there was a deep sadness. And being princess didn't hold everything that you thought it might hold. Good questions (Thank you) Thank you for asking. Thank you for having the courage.

Beloved beautiful one, how are you in this evening?

Pat: I'm great, I love to say, as I love you.

Jeshua: And I you. And the body is healing. As you have acknowledged, it is working its magic. Very good.

And beloved brother, how are you in this evening?

Charles: I'm doing better (Yes, you are) I don't have a question, but I was hoping that you would comment on what I'm about to share. It started with the last time we got together, which was probably the most unpleasant experience I've had with you (Yes) at least in this lifetime (Well, yes; we won't go into the other ones) I came here in a very good mood, thinking things would be wonderful as they normally are, but there was a young couple who came and brought their 14-month-old boy with them, and he was being just a lovely little kid. He was playing and talking and searching out things and doing all of that.

And I very quickly became extremely uncomfortable being in the same room with this kid, because what happened was that in my seventy years, all of a sudden I became

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14 months old and remembered that in my family, if I were to be just a normal little playful boy, that I'd be screamed at and beaten by my mother. So I became very frightened in that session here and, in fact, had to leave at the break. I couldn't stand being here. I went asking myself, "How could a loving God ever put me in that situation that I just experienced or that I experienced as a young child?" So I left here with that rather negative question.

Well, the next day I went to my local Unity church, and it turns out there was a rabbi as a speaker, and the rabbi started sharing his family of origin, where when he was a little boy, he was screamed at and beaten by his parents. And how he had to learn over the years to forgive them and to realize that they had no skills in raising children. They were frightened by the experience themselves. They had probably been beaten themselves when they were little children (Yes) and so I was able to look at things in a different way and start realizing that although I came away thinking that God didn't love me, the truth is that he wanted to heal me (Right) So I'm not totally healed, but a great deal more than when I first started.

Jeshua: I can see that. And if you will receive it, you invited the small one last time to be here to allow you to work through the very painful experience of going back to that time and what had happened to you, to be able to move through it to a place of healing. So you have blessed yourself. Very good.

You have much of love that you give to the brothers and sisters. You try to bring them along to the place of love. You even teach a course in love. You call them to know by your very behavior that you see the best of them and that you love them as much as humans can love another one. And then you have taken it even a step further than that. You have begun to understand the divine love that is always there, but that sometimes, because of circumstances, ones put up a wall, a protective wall, and yet it protects and keeps in, but it also doesn't allow any love from outside. So you have garnered to yourself a great wisdom, and I will say that I am very happy for you (Thank you) Very good.

Beloved brother, how are you in this evening?

Don: I'm very well, very well (You are; there is a certain joy in the eyes) Yes, I come to really appreciate the truth, one of the best that you shared two thousand years ago: know the truth, and the truth shall set you free (This is true) free of the unknowing (Right) Beautiful (It is) And many times in my heart, you know, I've thought how wonderful your one-liners are, so again I thank you very much (I have had a good script writer) Yes, done very well. I have one question. Two weeks ago you said that when

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we meet again, you might have a rather enticing bit of news for us (Right...you are still waiting) Still waiting, yes (Oh, did it slip by?) Did it slip by? I guess it did.

Jeshua: Well, my enticing bit of news, I have not come to it yet (I'm pushing) You are pushing, yes, but it did not slip by you, very eagle of mind and eye. You have been watching for it. The bit of enticing news that I am to share with you this evening, I was saving it for last, but now that there has been an introduction, it is that truly you are standing upon new energy that has been prophesied, yes, that right now you are standing at a time of the equinox, as your calendar is figured, and you are also into a place of the eclipses that are happening and will continue to happen in the next couple of weeks. There is an energy that you can feel that is coming in as a new energy; not that it hasn't ever happened before, because it has, but it is coming because you are inviting it.

You have asked for signs. Have you ever asked for signs? Well, of course, you have asked for signs. You have said, "I know something is happening, but I want a sign. Is this really true?" Okay, I say unto you, Yes, the signs are all around you—and of course they always are everyday—but you are making the bigger signs so that you cannot miss them.

There is an energy that you are already feeling. Those of you whose body is feeling a certain change, you are cleansing. You are letting go of old energy. Some of you have equated it with, "Oh, I just have congestion." Well, you have congestion because you are getting rid of and allowing old energy to be gone.

There is an energy that is right now in your midst and has been for the last few days, and you could feel it, but you described it in a different way. It is an energy that says, "Take me. Live me. Use me to open up my heart; and not only my heart, but others as well, so that there can be a change of consciousness," that which you have prayed for.

I have heard you as you prayed, "Please let there be a change in consciousness, where ones will not be so in separation, brother to brother, sister to sister, and human to the four-legged ones; to recognize and to value life in all of its forms." You have asked, and it has been duly noted and is in process of changing.

For you, it is not that important that you have the signs of the eclipse and the spring equinox, or the autumn equinox if you are in the southern hemisphere. Well, it's nice, but for others, they need something big to look at. Always it has been thus. You have looked to the heavens, and you have said, "If something happens in the heavens, I'd better pay attention to that. That must be something big."

Well, something big is happening, but it is happening within you. It is happening within you, because you are ready to open the hearts, to step forward into the new

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energy, and to acknowledge , “I am the new energy,” and you are, each and every one of you. “I am the new energy. I have a new consciousness. I have the feeling that I want to know all of life, all of love. I want to know, how do I put together all of these symbols to make a whole, to make something new, a program that can work for everyone.”

That is truly what you are doing on what you would see as a micro example. But what you are really asking is, “I want to know, how do I put things together to make a world that loves itself?” It’s a big undertaking, and yet it can be done. You are seeing and proving to yourself on one level of it how things fit in and how they either work or they don’t work. And if they don’t work, then you try something else. You don’t give up.

And that is a very good remembrance for all of you. If it doesn’t work the first time, try, try again. And so you do. But the enticing idea that I was going to use in closing is that there is new energy to be used. You don’t have to be hit over the head in order to see the signs. You feel them. You sit in meditation, and two hearts come together. You sit in meditation, and you get the feeling that all is One. It is. And very soon the circle of family begins to grow. And as one touches another one, touches another one, touches another one, the consciousness of the whole changes

Don: Music to my ears (Yes) I thank you for the explanation, because eclipses and whatever don’t do anything for me, because it’s shutting out some of the energies during that time, and it doesn’t seem to make any sense. So I thank you for the new awareness of that which is happening, and I see it happening on a very grand scale. Because when you’re in meditation and you can feel it, you know that it’s very, very real, and nothing can duplicate it. Thanks for the augmentation of feeling. Thank you.

Jeshua: Thank you for asking, because you are ready. And when I say “you,” it is the plural you; it is all One.

Beloved Ave, how are you in this evening now?

Eva: I’m still wonderful (You are still wonderful. That is what your coworkers and friends say about you, “She is a wonder.”) Well, piggybacking on this consciousness, the rising of the consciousness, I’m very thrilled to hear that. And I wonder if you would still feel the same way as you had mentioned earlier of looking at Jerusalem and still weeping, as even in light of what happened in this past week [Netanyahu says no state for Palestinians if he is re-elected]

Jeshua: Yes, there is much that I would see differently. There is much of consciousness that still is calling out for love. But I am encouraged, because I see a process. I see a change in the offing. I see something that is happening. [Cell phone rings]

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Beloved one, is that for me? (Laughter) Yes, there is much I can see of process and much of progress that is happening. So I take heart from that. I know that it's coming to its completion. Yes, good question.

Eva: So there is a possibility of a two-state reality and a joining together of those brothers that have been warring for eons of time?

Jeshua: Yes, there is a possibility. They are moving towards a completion of the old thinking. It has still a ways to go, but they are moving towards that acknowledgment of completion.

Eva: Great. I'm so glad, because the news did not feel that good this week, although I always try to filter it, and I know that only the sensational parts get recognized. Another request that I have is that a while back you said that, when I mentioned how oftentimes when I'm sleeping, I will get really intense heat, and that you told me at that time my body is being worked on? (Right) I'd like to make a request that that happen on weekends instead of when I have to get up in the morning and I can't get back to sleep.

Jeshua: Well, beloved one, as we have said many times, you are the one in charge of the body. So when you lay the head upon the pillow, you will set a visualization of the thermostat, where you would like it to stay all night.

Eva: Okay. I don't want to hinder any kinds of healings that happen, because I do invite the healing and the rejuvenation of my body and the youthening process during that time. I just would like to augment the timing a little bit (You can do that) Okay, I would like to request that. Thank you (I will work with you) Alright, thank you very much. I love you so much. Thank you for all the messages, and especially the messages of hope and the consciousness really changing, because it is difficult to see for those of us who are sensitive, the daily kinds of non-Oneness, not love, or the love that is being pushed aside.

Jeshua: Know that it is all in its process of completion, of coming to that place of stopping hitting the head against the brick wall and saying, "Oh, this hurts, this hurts," and then stopping and saying, "Oh, how good this feels." Ones are coming to that place where they are acknowledging that maybe there is another way.

Eva: I sure hope so. Any progress report for me?

Jeshua: Personal or world-wide (Personal) Okay, truly you are coming to a place of completion as well, and you are doing well, because you are leaving a great loving legacy, a very organized and loving teaching outline for others to follow. It doesn't mean that they will follow it, because sometimes they think they know better. But you have set it

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out for them, and there are ones who are open to it and will be following it, because you have lovingly given it to them. You have tried to see what would work, and you have found ways that do work. And you are leaving that as your legacy for other ones. You have done well. Enjoy.

Eva: Thank you, Jeshua, for being always at my side (It is my great pleasure. Thank you. How about the hug?) Thank you.

Jeshua: Beloved beautiful one, I am going to speak to you.

Teia: Hello (How are you in this evening, besides being beautiful) Thank you. Very good. I usually don't have any questions, because they get answered (Yes, it is strange how that happens, but there is truly only one Mind) I don't even think it's strange, because it happens every time, so I guess I'm just not supposed to ask questions.

Jeshua: Next time we can start with you. You won't have to just say, well, everybody's asked my question. You are doing very well, because you are juggling a lot of different activities with the one same underlying message, the message of love and acceptance. Everyone you interact with, you give them the message either in words, or definitely with the eyes, of love and acceptance.

You meet them where they are; not in judgment, but you meet them, you listen to their story, you sometimes interject ideas that they haven't thought about. You just throw it out there. Whether they accept it or not, that's up to them. Sometimes they'll come back to you with the same old story, and you say to yourself, "I've heard this before." But that is okay, and you don't judge them. You just sometimes say the same thing that you've said maybe a week or two ago, and one of these days they hear it.

You are doing very well in the non-directive directions; in other words, you don't say, "This is what you should be doing. This is what you should be thinking." Well, once in a while you move into that space, but not too often, because you allow. And you are accepting; you are saying to them, "I believe in you. I know that you are going to find your way. I know that which you are made of, the stuff you are made of, and I know that it is good (Yes, because I have a good teacher) Very good, and you are a teacher in your own right. Thank you (Thank you) Now, I will move on and pester someone else.

Beloved beautiful one who holds the most soft bear in your hands, how are you in this evening?

Clara: Well, do you really want to know? (Yes, I wouldn't ask if I really didn't want to know) I have a challenge which I got myself into. I'm pretty good at resentment, and

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I'm paying for it (Oh, yes) So I'm going to have an operation in a couple of weeks, and I'm just asking your help with it.

Jeshua: Yes, I will be with you (And just help me to catch myself sooner and faster and faster when I feel resentment against somebody) Ah, yes (And I have to learn to speak up; I know that—a little bit; not much) Yes, you do know. I will be with you. You have chosen wisely. It is a good avenue to follow, what you are doing, what you have chosen, decided to do; it is good, and I will be with you, and there will be healing.

Clara: Thank you. One more question. One of my nieces is in a very strange place, and I am keeping my mouth shut pretty good, but I wonder if there is anything I can do more than just send her love and Light, because the situation is not too good.

Jeshua: Yes. Unless you are asked, there is nothing that you say outwardly. But inwardly you do pray for this one and for other ones who are stumbling along the way. You pray that they are going to awaken to their own worth, and that they are going to ask of the universe and of others that they value her, and to take in the understanding that this is a blessing, that it is a learning experience, even though it may cover many years, maybe even a lifetime; to know that truly it is a blessing.

So you don't insert yourself into it in a place of judgment, but you do pray and you do hold the highest and best picture/image of this one and see her awakening. That is what it is all about. You always put in front of yourself the very lessons, the very stumbling blocks that allow you to have to stop and re-evaluate from time to time (Thank you) Thank you, and know that always I walk with you.

Beloved brother, how are you?

Mark: I'm golden (You are golden, yes; very good) Four for four (I like that) Four stars, four out of four; I'm just making this up, but I'm feeling good.

Jeshua: He is very clever. Even your train ride was most clever, most different. Not too many have written about the train ride where they were in the gondola as opposed to being in the inside passenger car (Or a box car. A gondola is half as expensive as box car) I see, so you were getting your money's worth (Right, and there's no place to sit, so you have to stand) But you do have a good view (Right, unobstructed view of the sky) Yes, exactly, all around. What would you speak of in this evening?

Mark: Well, the answer is love and acceptance (That is true) Unconditional love, which is the only kind there is, because if it's conditional, it's not love (Exactly) But there's a troubling matter that I've learned about that has to do with drought in California. So I heard on the news that a senior NASA scientist with Jet Propulsion Laboratories has been

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published in the Los Angeles Times with the news that California has a year's worth of water left in their reservoirs, at which time nobody knows what. But it looks like a pretty panicky situation is brewing, and I'm just wondering how to approach that, how to deal with it, with that news, other than come to it with love and acceptance, but...I don't know what else to add to this, but that's on my mind.

Jeshua: Well, you approach it with love and acceptance, and then you get very busy trying to figure out how to change it. There are techniques that are not being developed, but will have to be, to take the salt out of the abundance of ocean water. There is an abundance of water. It is not that there is no water, but it is not usable in the ordinary way. So ones are going to wake up and realize that there are golden coins—it takes some to get started with, but ones who worship the golden coins can see that there is something in it for them. There have to be perhaps the voices that speak up and say, "Have you looked at what can be done?" And not to wait until finally everyone is parched, but to start now. But there is plenty of water. It's just not in usable form.

Mark: So we'll rely on our cleverness in the end at the last minute to...

Jeshua: Well, sometimes, yes, it has been that way, and you have a saying that necessity is the mother of invention. I am just advising that perhaps it would be good to put a little bit of information into someones' ears that maybe they could start now. However, sometimes they have to wait until necessity is there (Alright, thank you)

Beloved one, how are you in this evening?

ZuVuYah: I'm doing deep healing (Yes, you are) The question I have is, with the pain that I'm experiencing...I mean, part of it on a physical level, I understand, is the side effects of my discontinuing the steroid drugs that I was taking. I think it's part of the sludge leaving physically.

But metaphysically today it occurred to me that it is a lot of painful attitudes that I've held this lifetime, of which I have held countless ones in the last 66 years. I got this hit that some of this is really me releasing that stored pain, so I was really happy to hear you speak about releasing things and the possibilities that are happening now, which I've read about and heard about in a couple of e-mails, and I'm utilizing the energies of the supermoon, the whole energies we're in in these few weeks.

Yet what occurred to me is that in these times now, it's going to become more apparent that when I revert to old painful thinking, I'm going to get a direct experience of how that's affecting my body (Right) So I'm thinking like, "Oh, man, I've gotta clean up

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this attitude quick, because I can be very nasty, as you know.” (I’ve never seen that) That’s because you’re such a love bug.

Anyway, it just occurred to me, and I thought, “Oh, man, I am in the deep one right now, because it’s going to be really a huge shift; either that, or feel the pain.” (Right) So I just wanted to check in with you on that and see. What occurred to me today, actually, was the idea that...because I was starting to feel scared about it. It was like, “Oh, no, this is pain, I’m not used to being pain.”

And then it occurred to me that this really is a lot of painful thoughts, words, and actions that I’ve embraced, I guess, in the last 66 years—well, probably 64. The first two, I was probably pretty happy. But after that, two is when I started getting mad. I’ve been body tested on that, so I’m sure I started with a bad temper then.

Anyway, it’s good to know. So it brings me peace to have that confirmation and to... it’s going to help me be a little bit more pristine about choosing again, choosing again when I watch myself going to that whole place of like...bodily place, because I’m going to feel it right away in my physical body.

Jeshua: Yes. That is very good, and all of you are moving into that space of knowing that truly the body is your barometer. It’s going to tell you what is going on with your thoughts, with your feelings, with your self-acceptance, your love of self or not, and it’s going to be quite instant. It used to be in the old thinking that perhaps it wouldn’t surface, you wouldn’t feel it or be aware of it until maybe years later. But now it is becoming most apparent right away.

Yes, beloved one, you are right, and thank you for sharing that lesson. It is a lesson not only for yourself, but for all of the rest of us, the ones who are listening and the ones who will read it, as beloved holy scribe sends it out to ones.

Ted: Your beloved friend and teacher has indicated she wants a partner. Is she ready for a partner, or does she need more practice on becoming independent?

Jeshua: She can become independent even with a partner. She has started the process, the avenue. She has already gone quite a ways down that avenue, and it will not stop. But what she desires is the companionship, the company of someone who sees life through the eyes of love, through the eyes of joy and adventure. She has much that she wants to share with someone who would be open to it, receptive to it, but she will not lose what she has gained in the independence (Good) Very good. You have been most helpful to her in pushing her.

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Ted: I've got ideas, yes. Perhaps you have better ideas. How long is this going to take?

Jeshua: What? The independence or the finding of a companion? (Finding the partner) It will be within this year (Oh, wow, alright, good news) And you will like the companion (Alright, thank you) Thank you for asking. We have the most interesting questions.

Eva: One comment you were sharing with us, the metaphors that each of your exercises represented. I want to take a guess that the house is our inner self?

Jeshua: That is a very good answer, yes. It also can be construed, if you want to, to be your body, that which you live within. But do not get into a place of analyzing it before you have experienced it, because it will do you no good to say, "Well, I should have a beautiful mansion. I should have three or four stories tall and a beautiful garden outside, etc." Just enter into it easily and allow the imagination to run freely. It will be fun. As you have seen, I do not judge the papers that you turn in. I am very interested to see how you see things. It helps me understand the whole of us, but there is truly no judgment, as you have seen by the gold stars on your papers.

Now, beloved ones, the hour is growing a little bit late, therefore I will say to you that I have enjoyed being amongst you in this way. Always I see the Light and the love of you. I know that truly you are on the threshold of moving into a new chapter, into a new room within your consciousness, and it is exciting. Do not judge self. Do not try to give the report card before you have finished the semester; in other words, be patient, allow.

Always and forever I am in love with you. It is the only place to be. It is a most wonderful place to be. Know that truly I walk with you as you, and if I am you, everything happens for the best. Allow yourself to be in love. So be it.